

Contents

1	Cyclic Inequalities	1
1.1	Applications	1
1.2	Solutions	41
2	Noncyclic Inequalities	371
2.1	Applications	371
2.2	Solutions	391
A	Glosar	513
B	Bibliography	523

Chapter 1

Cyclic Inequalities

1.1 Applications

1.1. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$ab^2 + bc^2 + ca^2 \leq 4.$$

1.2. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$(ab + bc + ca)(ab^2 + bc^2 + ca^2) \leq 9.$$

1.3. If a, b, c are nonnegative real numbers such that $a^2 + b^2 + c^2 = 3$, then

(a)
$$ab^2 + bc^2 + ca^2 \leq abc + 2;$$

(b)
$$\frac{a}{b+2} + \frac{b}{c+2} + \frac{c}{a+2} \leq 1.$$

1.4. If $a, b, c \geq 1$, then

(a)
$$2(ab^2 + bc^2 + ca^2) + 3 \geq 3(ab + bc + ca);$$

(b)
$$ab^2 + bc^2 + ca^2 + 6 \geq 3(a + b + c).$$

1.5. If a, b, c are nonnegative real numbers such that

$$a + b + c = 3, \quad a \geq b \geq c,$$

then

$$(a) \quad a^2b + b^2c + c^2a \geq ab + bc + ca;$$

$$(b) \quad 8(ab^2 + bc^2 + ca^2) + 3abc \leq 27;$$

$$(c) \quad \frac{18}{a^2b + b^2c + c^2a} \leq \frac{1}{abc} + 5.$$

1.6. If a, b, c are nonnegative real numbers such that

$$a^2 + b^2 + c^2 = 3, \quad a \geq b \geq c,$$

then

$$ab^2 + bc^2 + ca^2 \leq \frac{3}{4}(ab + bc + ca + 1).$$

1.7. If a, b, c are nonnegative real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$a^2b^3 + b^2c^3 + c^2a^3 \leq 3.$$

1.8. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$a^4b^2 + b^4c^2 + c^4a^2 + 4 \geq a^3b^3 + b^3c^3 + c^3a^3.$$

1.9. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$(a) \quad ab^2 + bc^2 + ca^2 + abc \leq 4;$$

$$(b) \quad \frac{a}{4-b} + \frac{b}{4-c} + \frac{c}{4-a} \leq 1;$$

$$(c) \quad ab^3 + bc^3 + ca^3 + (ab + bc + ca)^2 \leq 12;$$

$$(d) \quad \frac{ab^2}{1+a+b} + \frac{bc^2}{1+b+c} + \frac{ca^2}{1+c+a} \leq 1.$$

1.10. If a, b, c are positive real numbers, then

$$\frac{1}{a(a+2b)} + \frac{1}{b(b+2c)} + \frac{1}{c(c+2a)} \geq \frac{3}{ab + bc + ca}.$$

1.11. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a}{b^2 + 2c} + \frac{b}{c^2 + 2a} + \frac{c}{a^2 + 2b} \geq 1.$$

1.12. If a, b, c are positive real numbers such that $a + b + c \geq 3$, then

$$\frac{a-1}{b+1} + \frac{b-1}{c+1} + \frac{c-1}{a+1} \geq 0.$$

1.13. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$(a) \quad \frac{1}{a^2b + 2} + \frac{1}{b^2c + 2} + \frac{1}{c^2a + 2} \geq 1;$$

$$(b) \quad \frac{1}{a^3b + 2} + \frac{1}{b^3c + 2} + \frac{1}{c^3a + 2} \geq 1.$$

1.14. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{ab}{9 - 4bc} + \frac{bc}{9 - 4ca} + \frac{ca}{9 - 4ab} \leq \frac{3}{5}.$$

1.15. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$(a) \quad \frac{a^2}{2a + b^2} + \frac{b^2}{2b + c^2} + \frac{c^2}{2c + a^2} \geq 1;$$

$$(b) \quad \frac{a^2}{a + 2b^2} + \frac{b^2}{b + 2c^2} + \frac{c^2}{c + 2a^2} \geq 1.$$

1.16. Let a, b, c be positive real numbers such that $a + b + c = 3$. Then,

$$\frac{1}{a + b^2 + c^3} + \frac{1}{b + c^2 + a^3} + \frac{1}{c + a^2 + b^3} \leq 1.$$

1.17. If a, b, c are positive real numbers, then

$$\frac{1 + a^2}{1 + b + c^2} + \frac{1 + b^2}{1 + c + a^2} + \frac{1 + c^2}{1 + a + b^2} \geq 2.$$

1.18. If a, b, c are nonnegative real numbers, then

$$\frac{a}{4a+4b+c} + \frac{b}{4b+4c+a} + \frac{c}{4c+4a+b} \leq \frac{1}{3}.$$

1.19. If a, b, c are positive real numbers, then

$$\frac{a+b}{a+7b+c} + \frac{b+c}{b+7c+a} + \frac{c+a}{c+7a+b} \geq \frac{2}{3}.$$

1.20. If a, b, c are positive real numbers, then

$$\frac{a+b}{a+3b+c} + \frac{b+c}{b+3c+a} + \frac{c+a}{c+3a+b} \geq \frac{6}{5}.$$

1.21. If a, b, c are positive real numbers, then

$$\frac{2a+b}{2a+c} + \frac{2b+c}{2b+a} + \frac{2c+a}{2c+b} \geq 3.$$

1.22. If a, b, c are positive real numbers, then

$$\frac{a(a+b)}{a+c} + \frac{b(b+c)}{b+a} + \frac{c(c+a)}{c+b} \leq \frac{3(a^2+b^2+c^2)}{a+b+c}.$$

1.23. If a, b, c are real numbers, then

$$\frac{a^2-bc}{4a^2+b^2+4c^2} + \frac{b^2-ca}{4b^2+c^2+4a^2} + \frac{c^2-ab}{4c^2+a^2+4b^2} \geq 0.$$

1.24. If a, b, c are real numbers, then

$$(a) \quad a(a+b)^3 + b(b+c)^3 + c(c+a)^3 \geq 0;$$

$$(b) \quad a(a+b)^5 + b(b+c)^5 + c(c+a)^5 \geq 0.$$

1.25. If a, b, c are real numbers, then

$$3(a^4+b^4+c^4) + 4(a^3b+b^3c+c^3a) \geq 0.$$

1.26. If a, b, c are positive real numbers, then

$$\frac{(a-b)(2a+b)}{(a+b)^2} + \frac{(b-c)(2b+c)}{(b+c)^2} + \frac{(c-a)(2c+a)}{(c+a)^2} \geq 0.$$

1.27. If a, b, c are positive real numbers, then

$$\frac{(a-b)(2a+b)}{a^2+ab+b^2} + \frac{(b-c)(2b+c)}{b^2+bc+c^2} + \frac{(c-a)(2c+a)}{c^2+ca+a^2} \geq 0.$$

1.28. If a, b, c are positive real numbers, then

$$\frac{(a-b)(3a+b)}{a^2+b^2} + \frac{(b-c)(3b+c)}{b^2+c^2} + \frac{(c-a)(3c+a)}{c^2+a^2} \geq 0.$$

1.29. Let a, b, c be positive real numbers such that $abc = 1$. Then,

$$\frac{1}{1+a+b^2} + \frac{1}{1+b+c^2} + \frac{1}{1+c+a^2} \leq 1.$$

1.30. Let a, b, c be positive real numbers such that $abc = 1$. Then,

$$\frac{a}{(a+1)(b+2)} + \frac{b}{(b+1)(c+2)} + \frac{c}{(c+1)(a+2)} \geq \frac{1}{2}.$$

1.31. If a, b, c are positive real numbers such that $ab+bc+ca=3$, then

$$(a+2b)(b+2c)(c+2a) \geq 27.$$

1.32. If a, b, c are positive real numbers such that $ab+bc+ca=3$, then

$$\frac{a}{a+a^3+b} + \frac{b}{b+b^3+c} + \frac{c}{c+c^3+a} \leq 1.$$

1.33. If a, b, c are positive real numbers such that $a \geq b \geq c$ and $ab+bc+ca=3$, then

$$\frac{1}{a+2b} + \frac{1}{b+2c} + \frac{1}{c+2a} \geq 1.$$

1.34. If $a, b, c \in [0, 1]$, then

$$\frac{a}{4b^2 + 5} + \frac{b}{4c^2 + 5} + \frac{c}{4a^2 + 5} \geq \frac{1}{3}.$$

1.35. If $a, b, c \in \left[\frac{1}{3}, 3\right]$, then

$$\frac{a}{a+b} + \frac{b}{b+c} + \frac{c}{c+a} \geq \frac{7}{5}.$$

1.36. If $a, b, c \in \left[\frac{1}{\sqrt{2}}, \sqrt{2}\right]$, then

$$\frac{3}{a+2b} + \frac{3}{b+2c} + \frac{3}{c+2a} \geq \frac{2}{a+b} + \frac{2}{b+c} + \frac{2}{c+a}.$$

1.37. If a, b, c are nonnegative real numbers, no two of which are zero, then

$$\frac{4abc}{ab^2 + bc^2 + ca^2 + abc} + \frac{a^2 + b^2 + c^2}{ab + bc + ca} \geq 2.$$

1.38. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$\frac{1}{ab^2 + 8} + \frac{1}{bc^2 + 8} + \frac{1}{ca^2 + 8} \geq \frac{1}{3}.$$

1.39. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$\frac{ab}{bc+3} + \frac{bc}{ca+3} + \frac{ca}{ab+3} \leq \frac{3}{4}.$$

1.40. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$(a) \quad \frac{a}{b^2 + 3} + \frac{b}{c^2 + 3} + \frac{c}{a^2 + 3} \geq \frac{3}{4};$$

$$(b) \quad \frac{a}{b^3 + 1} + \frac{b}{c^3 + 1} + \frac{c}{a^3 + 1} \geq \frac{3}{2}.$$

1.41. Let a, b, c be positive real numbers, and let

$$x = a + \frac{1}{b} - 1, \quad y = b + \frac{1}{c} - 1, \quad z = c + \frac{1}{a} - 1.$$

Prove that

$$xy + yz + zx \geq 3.$$

1.42. Let a, b, c be positive real numbers such that $abc = 1$. Prove that

$$\left(a - \frac{1}{b} - \sqrt{2}\right)^2 + \left(b - \frac{1}{c} - \sqrt{2}\right)^2 + \left(c - \frac{1}{a} - \sqrt{2}\right)^2 \geq 6.$$

1.43. Let a, b, c be positive real numbers such that $abc = 1$. Prove that

$$\left|1 + a - \frac{1}{b}\right| + \left|1 + b - \frac{1}{c}\right| + \left|1 + c - \frac{1}{a}\right| > 2.$$

1.44. If a, b, c are different positive real numbers, then

$$\left|1 + \frac{a}{b-c}\right| + \left|1 + \frac{b}{c-a}\right| + \left|1 + \frac{c}{a-b}\right| > 2.$$

1.45. Let a, b, c be positive real numbers such that $abc = 1$. Prove that

$$\left(2a - \frac{1}{b} - \frac{1}{2}\right)^2 + \left(2b - \frac{1}{c} - \frac{1}{2}\right)^2 + \left(2c - \frac{1}{a} - \frac{1}{2}\right)^2 \geq \frac{3}{4}.$$

1.46. Let

$$x = a + \frac{1}{b} - \frac{5}{4}, \quad y = b + \frac{1}{c} - \frac{5}{4}, \quad z = c + \frac{1}{a} - \frac{5}{4},$$

where $a \geq b \geq c > 0$. Prove that

$$xy + yz + zx \geq \frac{27}{16}.$$

1.47. Let a, b, c be positive real numbers, and let

$$E = \left(a + \frac{1}{a} - \sqrt{3}\right) \left(b + \frac{1}{b} - \sqrt{3}\right) \left(c + \frac{1}{c} - \sqrt{3}\right);$$

$$F = \left(a + \frac{1}{b} - \sqrt{3}\right) \left(b + \frac{1}{c} - \sqrt{3}\right) \left(c + \frac{1}{a} - \sqrt{3}\right).$$

Prove that $E \geq F$.

1.48. If a, b, c are positive real numbers such that $\frac{a}{b} + \frac{b}{c} + \frac{c}{a} = 5$, then

$$\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \geq \frac{17}{4}.$$

1.49. If a, b, c are positive real numbers, then

$$(a) \quad 1 + \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 2\sqrt{1 + \frac{b}{a} + \frac{c}{b} + \frac{a}{c}};$$

$$(b) \quad 1 + 2\left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a}\right) \geq \sqrt{1 + 16\left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c}\right)};$$

$$(c) \quad 3 + \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 2\sqrt{(a+b+c)\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right)}.$$

1.50. If a, b, c are positive real numbers, then

$$\frac{a^2}{b^2} + \frac{b^2}{c^2} + \frac{c^2}{a^2} + 15\left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c}\right) \geq 16\left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a}\right).$$

1.51. If a, b, c are positive real numbers such that $abc = 1$, then

$$(a) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq a + b + c;$$

$$(b) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{3}{2}(a + b + c - 1);$$

$$(c) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} + 2 \geq \frac{5}{3}(a + b + c).$$

1.52. If a, b, c are positive real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$(a) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 2 + \frac{3}{ab + bc + ca};$$

$$(b) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{9}{a + b + c}.$$

1.53. If a, b, c are positive real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$6\left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a}\right) + 5(ab + bc + ca) \geq 33.$$

1.54. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$(a) \quad 6 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) + 3 \geq 7(a^2 + b^2 + c^2);$$

$$(b) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq a^2 + b^2 + c^2.$$

1.55. If a, b, c are positive real numbers, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + 2 \geq \frac{14(a^2 + b^2 + c^2)}{(a + b + c)^2}.$$

1.56. Let a, b, c be positive real numbers such that $a + b + c = 3$, and let

$$x = 3a + \frac{1}{b}, \quad y = 3b + \frac{1}{c}, \quad z = 3c + \frac{1}{a}.$$

Prove that

$$xy + yz + zx \geq 48.$$

1.57. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a+1}{b} + \frac{b+1}{c} + \frac{c+1}{a} \geq 2(a^2 + b^2 + c^2).$$

1.58. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} + 3 \geq 2(a^2 + b^2 + c^2).$$

1.59. If a, b, c are positive real numbers, then

$$\frac{a^3}{b} + \frac{b^3}{c} + \frac{c^3}{a} + 2(ab + bc + ca) \geq 3(a^2 + b^2 + c^2).$$

1.60. If a, b, c are positive real numbers such that $a^4 + b^4 + c^4 = 3$, then

$$(a) \quad \frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq 3;$$

$$(b) \quad \frac{a^2}{b+c} + \frac{b^2}{c+a} + \frac{c^2}{a+b} \geq \frac{3}{2}.$$

1.61. If a, b, c are positive real numbers, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq \frac{3(a^3 + b^3 + c^3)}{a^2 + b^2 + c^2}.$$

1.62. If a, b, c are positive real numbers, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} + a + b + c \geq 2\sqrt{(a^2 + b^2 + c^2) \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right)}.$$

1.63. If a, b, c are positive real numbers, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + 32 \left(\frac{a}{a+b} + \frac{b}{b+c} + \frac{c}{c+a} \right) \geq 51.$$

1.64. Find the largest positive real number K such that the inequalities below hold for any positive real numbers a, b, c :

$$\begin{aligned} \text{(a)} \quad & \frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 \geq K \left(\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} - \frac{3}{2} \right); \\ \text{(b)} \quad & \frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 + K \left(\frac{a}{2a+b} + \frac{b}{2b+c} + \frac{c}{2c+a} - 1 \right) \geq 0. \end{aligned}$$

1.65. If $a, b, c \in \left[\frac{1}{2}, 2 \right]$, then

$$\begin{aligned} \text{(a)} \quad & 8 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) \geq 5 \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right) + 9; \\ \text{(b)} \quad & 20 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) \geq 17 \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right). \end{aligned}$$

1.66. If a, b, c are positive real numbers such that $a \leq b \leq c$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{2a}{b+c} + \frac{2b}{c+a} + \frac{2c}{a+b}.$$

1.67. Let a, b, c be positive real numbers such that $abc = 1$.

(a) If $a \leq b \leq c$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq a^{3/2} + b^{3/2} + c^{3/2};$$

(b) If $a \leq 1 \leq b \leq c$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq a^{\sqrt{3}} + b^{\sqrt{3}} + c^{\sqrt{3}}.$$

1.68. If k and a, b, c are positive real numbers, then

$$\frac{1}{(k+1)a+b} + \frac{1}{(k+1)b+c} + \frac{1}{(k+1)c+a} \geq \frac{1}{ka+b+c} + \frac{1}{kb+c+a} + \frac{1}{kc+a+b}.$$

1.69. If a, b, c are positive real numbers, then

$$(a) \quad \frac{a}{\sqrt{2a+b}} + \frac{b}{\sqrt{2b+c}} + \frac{c}{\sqrt{2c+a}} \leq \sqrt{a+b+c};$$

$$(b) \quad \frac{a}{\sqrt{a+2b}} + \frac{b}{\sqrt{b+2c}} + \frac{c}{\sqrt{c+2a}} \geq \sqrt{a+b+c}.$$

1.70. Let a, b, c be nonnegative real numbers such that $a+b+c=3$. Prove that

$$a\sqrt{\frac{a+2b}{3}} + b\sqrt{\frac{b+2c}{3}} + c\sqrt{\frac{c+2a}{3}} \leq 3.$$

1.71. If a, b, c are nonnegative real numbers such that $a+b+c=3$, then

$$a\sqrt{1+b^3} + b\sqrt{1+c^3} + c\sqrt{1+a^3} \leq 5.$$

1.72. If a, b, c are positive real numbers such that $abc = 1$, then

$$(a) \quad \sqrt{\frac{a}{b+3}} + \sqrt{\frac{b}{c+3}} + \sqrt{\frac{c}{a+3}} \geq \frac{3}{2};$$

$$(b) \quad \sqrt[3]{\frac{a}{b+7}} + \sqrt[3]{\frac{b}{c+7}} + \sqrt[3]{\frac{c}{a+7}} \geq \frac{3}{2}.$$

1.73. If a, b, c are positive real numbers, then

$$\left(1 + \frac{4a}{a+b}\right)^2 + \left(1 + \frac{4b}{b+c}\right)^2 + \left(1 + \frac{4c}{c+a}\right)^2 \geq 27.$$

1.74. If a, b, c are positive real numbers, then

$$\sqrt{\frac{2a}{a+b}} + \sqrt{\frac{2b}{b+c}} + \sqrt{\frac{2c}{c+a}} \leq 3.$$

1.75. If a, b, c are nonnegative real numbers, then

$$\sqrt{\frac{a}{4a+5b}} + \sqrt{\frac{b}{4b+5c}} + \sqrt{\frac{c}{4c+5a}} \leq 1.$$

1.76. If a, b, c are positive real numbers, then

$$\frac{a}{\sqrt{4a^2 + ab + 4b^2}} + \frac{b}{\sqrt{4b^2 + bc + 4c^2}} + \frac{c}{\sqrt{4c^2 + ca + 4a^2}} \leq 1.$$

1.77. If a, b, c are positive real numbers, then

$$\sqrt{\frac{a}{a+b+7c}} + \sqrt{\frac{b}{b+c+7a}} + \sqrt{\frac{c}{c+a+7b}} \geq 1.$$

1.78. If a, b, c are nonnegative real numbers, no two of which are zero, then

$$(a) \quad \sqrt{\frac{a}{3b+c}} + \sqrt{\frac{b}{3c+a}} + \sqrt{\frac{c}{3a+b}} \geq \frac{3}{2};$$

$$(b) \quad \sqrt{\frac{a}{2b+c}} + \sqrt{\frac{b}{2c+a}} + \sqrt{\frac{c}{2a+b}} \geq \sqrt[4]{8}.$$

1.79. If a, b, c are positive real numbers such that $ab + bc + ca = 3$, then

$$(a) \quad \frac{1}{(a+b)(3a+b)} + \frac{1}{(b+c)(3b+c)} + \frac{1}{(c+a)(3c+a)} \geq \frac{3}{8};$$

$$(b) \quad \frac{1}{(2a+b)^2} + \frac{1}{(2b+c)^2} + \frac{1}{(2c+a)^2} \geq \frac{1}{3}.$$

1.80. If a, b, c are nonnegative real numbers, then

$$a^4 + b^4 + c^4 + 15(a^3b + b^3c + c^3a) \geq \frac{47}{4}(a^2b^2 + b^2c^2 + c^2a^2).$$

1.81. If a, b, c are nonnegative real numbers such that $a + b + c = 4$, then

$$a^3b + b^3c + c^3a \leq 27.$$

1.82. Let a, b, c be nonnegative real numbers such that

$$a^2 + b^2 + c^2 = \frac{10}{3}(ab + bc + ca).$$

Prove that

$$a^4 + b^4 + c^4 \geq \frac{82}{27}(a^3b + b^3c + c^3a).$$

1.83. If a, b, c are positive real numbers, then

$$\frac{a^3}{2a^2 + b^2} + \frac{b^3}{2b^2 + c^2} + \frac{c^3}{2c^2 + a^2} \geq \frac{a + b + c}{3}.$$

1.84. If a, b, c are positive real numbers, then

$$\frac{a^4}{a^3 + b^3} + \frac{b^4}{b^3 + c^3} + \frac{c^4}{c^3 + a^3} \geq \frac{a + b + c}{2}.$$

1.85. If a, b, c are positive real numbers such that $abc = 1$, then

$$(a) \quad 3 \left(\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \right) + 4 \left(\frac{b}{a^2} + \frac{c}{b^2} + \frac{a}{c^2} \right) \geq 7(a^2 + b^2 + c^2);$$

$$(b) \quad 8 \left(\frac{a^3}{b} + \frac{b^3}{c} + \frac{c^3}{a} \right) + 5 \left(\frac{b}{a^3} + \frac{c}{b^3} + \frac{a}{c^3} \right) \geq 13(a^3 + b^3 + c^3).$$

1.86. If a, b, c are positive real numbers, then

$$\frac{ab}{b^2 + bc + c^2} + \frac{bc}{c^2 + ca + a^2} + \frac{ca}{a^2 + ab + b^2} \leq \frac{a^2 + b^2 + c^2}{ab + bc + ca}.$$

1.87. If a, b, c are positive real numbers, then

$$\frac{a-b}{b(2b+c)} + \frac{b-c}{c(2c+a)} + \frac{c-a}{a(2a+b)} \geq 0.$$

1.88. If a, b, c are positive real numbers, then

$$(a) \quad \frac{a^2 + 6bc}{ab + 2bc} + \frac{b^2 + 6ca}{bc + 2ca} + \frac{c^2 + 6ab}{ca + 2ab} \geq 7;$$

$$(b) \quad \frac{a^2 + 7bc}{ab + bc} + \frac{b^2 + 7ca}{bc + ca} + \frac{c^2 + 7ab}{ca + ab} \geq 12.$$

1.89. If a, b, c are positive real numbers, then

$$(a) \quad \frac{ab}{2b+c} + \frac{bc}{2c+a} + \frac{ca}{2a+b} \leq \frac{a^2 + b^2 + c^2}{a+b+c};$$

$$(b) \quad \frac{ab}{b+c} + \frac{bc}{c+a} + \frac{ca}{a+b} \leq \frac{3(a^2 + b^2 + c^2)}{2(a+b+c)};$$

$$(c) \quad \frac{ab}{4b+5c} + \frac{bc}{4c+5a} + \frac{ca}{4a+5b} \leq \frac{a^2 + b^2 + c^2}{3(a+b+c)}.$$

1.90. If a, b, c are positive real numbers, then

$$(a) \quad a\sqrt{b^2 + 8c^2} + b\sqrt{c^2 + 8a^2} + c\sqrt{a^2 + 8b^2} \leq (a+b+c)^2;$$

$$(b) \quad a\sqrt{b^2 + 3c^2} + b\sqrt{c^2 + 3a^2} + c\sqrt{a^2 + 3b^2} \leq a^2 + b^2 + c^2 + ab + bc + ca.$$

1.91. If a, b, c are positive real numbers, then

$$(a) \quad \frac{1}{a\sqrt{a+2b}} + \frac{1}{b\sqrt{b+2c}} + \frac{1}{c\sqrt{c+2a}} \geq \sqrt{\frac{3}{abc}};$$

$$(b) \quad \frac{1}{a\sqrt{a+8b}} + \frac{1}{b\sqrt{b+8c}} + \frac{1}{c\sqrt{c+8a}} \geq \sqrt{\frac{1}{abc}}.$$

1.92. If a, b, c are positive real numbers, then

$$\frac{a}{\sqrt{5a+4b}} + \frac{b}{\sqrt{5b+4c}} + \frac{c}{\sqrt{5c+4a}} \leq \sqrt{\frac{a+b+c}{3}}.$$

1.93. If a, b, c are positive real numbers, then

$$(a) \quad \frac{a}{\sqrt{a+b}} + \frac{b}{\sqrt{b+c}} + \frac{c}{\sqrt{c+a}} \geq \frac{\sqrt{a} + \sqrt{b} + \sqrt{c}}{\sqrt{2}};$$

$$(b) \quad \frac{a}{\sqrt{a+b}} + \frac{b}{\sqrt{b+c}} + \frac{c}{\sqrt{c+a}} \geq \sqrt[4]{\frac{27(ab+bc+ca)}{4}}.$$

1.94. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$\sqrt{3a+b^2} + \sqrt{3b+c^2} + \sqrt{3c+a^2} \geq 6.$$

1.95. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$\sqrt{a^2+b^2+2bc} + \sqrt{b^2+c^2+2ca} + \sqrt{c^2+a^2+2ab} \geq 2(a+b+c).$$

1.96. If a, b, c are nonnegative real numbers, then

$$\sqrt{a^2+b^2+7bc} + \sqrt{b^2+c^2+7ca} + \sqrt{c^2+a^2+7ab} \geq 3\sqrt{3(ab+bc+ca)}.$$

1.97. If a, b, c are positive real numbers, then

$$\frac{a^2+3ab}{(b+c)^2} + \frac{b^2+3bc}{(c+a)^2} + \frac{c^2+3ca}{(a+b)^2} \geq 3.$$

1.98. If a, b, c are positive real numbers, then

$$\frac{a^2b+1}{a(b+1)} + \frac{b^2c+1}{b(c+1)} + \frac{c^2a+1}{c(a+1)} \geq 3.$$

1.99. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\sqrt{a^3+3b} + \sqrt{b^3+3c} + \sqrt{c^3+3a} \geq 6.$$

1.100. If a, b, c are positive real numbers such that $abc = 1$, then

$$\sqrt{\frac{a}{a+6b+2bc}} + \sqrt{\frac{b}{b+6c+2ca}} + \sqrt{\frac{c}{c+6a+2ab}} \geq 1.$$

1.101. If a, b, c are positive real numbers such that $abc = 1$, then

$$\left(a + \frac{1}{b}\right)^2 + \left(b + \frac{1}{c}\right)^2 + \left(c + \frac{1}{a}\right)^2 \geq 6(a + b + c - 1).$$

1.102. If a, b, c are positive real numbers, then

$$\frac{a}{a+b} + \frac{b}{b+c} + \frac{c}{c+a} \geq \frac{a+b+c}{a+b+c-\sqrt[3]{abc}}.$$

1.103. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$a\sqrt{b^2 + b + 1} + b\sqrt{c^2 + c + 1} + c\sqrt{a^2 + a + 1} \leq 3\sqrt{3}.$$

1.104. If a, b, c are positive real numbers, then

$$\frac{1}{b(a+2b+3c)^2} + \frac{1}{c(b+2c+3a)^2} + \frac{1}{a(c+2a+3b)^2} \leq \frac{1}{12abc}.$$

1.105. Let a, b, c be positive real numbers such that $a + b + c = 3$. Prove that

$$(a) \quad \frac{a^2 + 9b}{b + c} + \frac{b^2 + 9c}{c + a} + \frac{c^2 + 9a}{a + b} \geq 15;$$

$$(b) \quad \frac{a^2 + 3b}{a + b} + \frac{b^2 + 3c}{b + c} + \frac{c^2 + 3a}{c + a} \geq 6.$$

1.106. If $a, b, c \in [0, 1]$, then

$$(a) \quad \frac{bc}{2ab+1} + \frac{ca}{2bc+1} + \frac{ab}{2ca+1} \leq 1.$$

$$(b) \quad \frac{a}{ab+1} + \frac{b}{bc+1} + \frac{c}{ca+1} \leq \frac{3}{2}.$$

1.107. If a, b, c are nonnegative real numbers, then

$$a^4 + b^4 + c^4 + 5(a^3b + b^3c + c^3a) \geq 6(a^2b^2 + b^2c^2 + c^2a^2).$$

1.108. If a, b, c are positive real numbers, then

$$a^5 + b^5 + c^5 - a^4b - b^4c - c^4a \geq 2abc(a^2 + b^2 + c^2 - ab - bc - ca).$$

1.109. If a, b, c are positive real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$\frac{a}{1+b} + \frac{b}{1+c} + \frac{c}{1+a} \geq \frac{3}{2}.$$

1.110. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$a\sqrt{a+b} + b\sqrt{b+c} + c\sqrt{c+a} \geq 3\sqrt{2}.$$

1.111. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a}{2b^2 + c} + \frac{b}{2c^2 + a} + \frac{c}{2a^2 + b} \geq 1.$$

1.112. If a, b, c are positive real numbers such that $a + b + c = ab + bc + ca$, then

$$\frac{1}{a^2 + b + 1} + \frac{1}{b^2 + c + 1} + \frac{1}{c^2 + a + 1} \leq 1.$$

1.113. If a, b, c are positive real numbers, then

$$\frac{1}{(a + 2b + 3c)^2} + \frac{1}{(b + 2c + 3a)^2} + \frac{1}{(c + 2a + 3b)^2} \leq \frac{1}{4(ab + bc + ca)}.$$

1.114. If a, b, c are positive real numbers, then

$$\sqrt{\frac{a}{a+b+2c}} + \sqrt{\frac{b}{b+c+2a}} + \sqrt{\frac{c}{c+a+2b}} \leq \frac{3}{2}.$$

1.115. If a, b, c are positive real numbers, then

$$\sqrt{\frac{5a}{a+b+3c}} + \sqrt{\frac{5b}{b+c+3a}} + \sqrt{\frac{5c}{c+a+3b}} \leq 3.$$

1.116. If $a, b, c \in [0, 1]$, then

$$ab^2 + bc^2 + ca^2 + \frac{5}{4} \geq a + b + c.$$

1.117. If a, b, c are nonnegative real numbers such that

$$a + b + c = 3, \quad a \leq b \leq 1 \leq c,$$

then

$$a^2b + b^2c + c^2a \leq 3.$$

1.118. Let a, b, c be nonnegative real numbers such that

$$a + b + c = 3, \quad a \leq 1 \leq b \leq c.$$

Prove that

- (a) $a^2b + b^2c + c^2a \geq ab + bc + ca;$
- (b) $a^2b + b^2c + c^2a \geq abc + 2;$
- (c) $\frac{1}{abc} + 2 \geq \frac{9}{a^2b + b^2c + c^2a};$
- (d) $ab^2 + bc^2 + ca^2 \geq 3.$

1.119. If a, b, c are nonnegative real numbers such that

$$a + b + c = 3, \quad a \leq 1 \leq b \leq c,$$

then

- (a) $\frac{5-2a}{1+b} + \frac{5-2b}{1+c} + \frac{5-2c}{1+a} \geq \frac{9}{2};$
- (b) $\frac{3-2b}{1+a} + \frac{3-2c}{1+b} + \frac{3-2a}{1+c} \leq \frac{3}{2}.$

1.120. If a, b, c are nonnegative real numbers such that

$$ab + bc + ca = 3, \quad a \leq 1 \leq b \leq c,$$

then

- (a) $a^2b + b^2c + c^2a \geq 3;$
- (b) $ab^2 + bc^2 + ca^2 + 3(\sqrt{3} - 1)abc \geq 3\sqrt{3}.$

1.121. If a, b, c are nonnegative real numbers such that

$$a^2 + b^2 + c^2 = 3, \quad a \leq 1 \leq b \leq c,$$

then

$$(a) \quad a^2b + b^2c + c^2a \geq 2abc + 1;$$

$$(b) \quad 2(ab^2 + bc^2 + ca^2) \geq 3abc + 3.$$

1.122. If a, b, c are nonnegative real numbers such that

$$ab + bc + ca = 3, \quad a \leq b \leq 1 \leq c,$$

then

$$ab^2 + bc^2 + ca^2 + 3abc \geq 6.$$

1.123. If a, b, c are nonnegative real numbers such that

$$a^2 + b^2 + c^2 = 3, \quad a \leq b \leq 1 \leq c,$$

then

$$2(a^2b + b^2c + c^2a) \leq 3abc + 3.$$

1.124. If a, b, c are nonnegative real numbers such that

$$a^2 + b^2 + c^2 = 3, \quad a \leq b \leq 1 \leq c,$$

then

$$2(a^3b + b^3c + c^3a) \leq abc + 5.$$

1.125. If a, b, c are real numbers, then

$$(a^2 + b^2 + c^2)^2 \geq 3(a^3b + b^3c + c^3a).$$

1.126. If a, b, c are real numbers, then

$$a^4 + b^4 + c^4 + ab^3 + bc^3 + ca^3 \geq 2(a^3b + b^3c + c^3a).$$

1.127. If a, b, c are positive real numbers, then

$$(a) \quad \frac{a^2}{ab + 2c^2} + \frac{b^2}{bc + 2a^2} + \frac{c^2}{ca + 2b^2} \geq 1;$$

$$(b) \quad \frac{a^3}{a^2b + 2c^3} + \frac{b^3}{b^2c + 2a^3} + \frac{c^3}{c^2a + 2b^3} \geq 1.$$

1.128. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a}{ab + 1} + \frac{b}{bc + 1} + \frac{c}{ca + 1} \geq \frac{3}{2}.$$

1.129. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a}{3a + b^2} + \frac{b}{3b + c^2} + \frac{c}{3c + a^2} \leq \frac{3}{2}.$$

1.130. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a}{b^2 + c} + \frac{b}{c^2 + a} + \frac{c}{a^2 + b} \geq \frac{3}{2}.$$

1.131. If a, b, c are positive real numbers such that $abc = 1$, then

$$\frac{a}{b^3 + 2} + \frac{b}{c^3 + 2} + \frac{c}{a^3 + 2} \geq 1.$$

1.132. Let a, b, c be positive real numbers such that

$$a^m + b^m + c^m = 3,$$

where $m > 0$. Prove that

$$\frac{a^{m-1}}{b} + \frac{b^{m-1}}{c} + \frac{c^{m-1}}{a} \geq 3.$$

1.133. If a, b, c are positive real numbers, then

$$(a) \quad \frac{1}{4a} + \frac{1}{4b} + \frac{1}{4c} + \frac{1}{a+b} + \frac{1}{b+c} + \frac{1}{c+a} \geq 3 \left(\frac{1}{3a+b} + \frac{1}{3b+c} + \frac{1}{3c+a} \right);$$

$$(b) \quad \frac{1}{4a} + \frac{1}{4b} + \frac{1}{4c} + \frac{1}{a+3b} + \frac{1}{b+3c} + \frac{1}{c+3a} \geq 2 \left(\frac{1}{3a+b} + \frac{1}{3b+c} + \frac{1}{3c+a} \right).$$

1.134. If a, b, c are positive real numbers such that $a^6 + b^6 + c^6 = 3$, then

$$\frac{a^5}{b} + \frac{b^5}{c} + \frac{c^5}{a} \geq 3.$$

1.135. If a, b, c are positive real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$\frac{a^3}{a+b^5} + \frac{b^3}{b+c^5} + \frac{c^3}{c+a^5} \geq \frac{3}{2}.$$

1.136. If a, b, c are real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$a^2b + b^2c + c^2a + 3 \geq a + b + c + ab + bc + ca.$$

1.137. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{12}{a^2b + b^2c + c^2a} \leq 3 + \frac{1}{abc}.$$

1.138. If a, b, c are positive real numbers such that $ab + bc + ca = 3$, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq a^2 + b^2 + c^2.$$

1.139. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{24}{a^2b + b^2c + c^2a} + \frac{1}{abc} \geq 9.$$

1.140. Let a, b, c be nonnegative real numbers such that

$$2(a^2 + b^2 + c^2) = 5(ab + bc + ca).$$

Prove that

$$(a) \quad 8(a^4 + b^4 + c^4) \geq 17(a^3b + b^3c + c^3a);$$

$$(b) \quad 16(a^4 + b^4 + c^4) \geq 34(a^3b + b^3c + c^3a) + 81abc(a + b + c).$$

1.141. Let a, b, c be nonnegative real numbers such that

$$2(a^2 + b^2 + c^2) = 5(ab + bc + ca).$$

Prove that

- (a) $2(a^3b + b^3c + c^3a) \geq a^2b^2 + b^2c^2 + c^2a^2 + abc(a + b + c);$
- (b) $11(a^4 + b^4 + c^4) \geq 17(a^3b + b^3c + c^3a) + 129abc(a + b + c);$
- (c) $a^3b + b^3c + c^3a \leq \frac{14 + \sqrt{102}}{8}(a^2b^2 + b^2c^2 + c^2a^2).$

1.142. If a, b, c are real numbers such that

$$a^3b + b^3c + c^3a \leq 0,$$

then

$$a^2 + b^2 + c^2 \geq k(ab + bc + ca),$$

where

$$k = \frac{1 + \sqrt{21 + 8\sqrt{7}}}{2} \approx 3.7468.$$

1.143. If a, b, c are real numbers such that

$$a^3b + b^3c + c^3a \geq 0,$$

then

$$a^2 + b^2 + c^2 + k(ab + bc + ca) \geq 0,$$

where

$$k = \frac{-1 + \sqrt{21 + 8\sqrt{7}}}{2} \approx 2.7468.$$

1.144. If a, b, c are real numbers such that

$$k(a^2 + b^2 + c^2) = ab + bc + ca, \quad k \in \left(\frac{-1}{2}, 1\right),$$

then

$$\alpha_k \leq \frac{a^3b + b^3c + c^3}{(a^2 + b^2 + c^2)^2} \leq \beta_k,$$

where

$$27\alpha_k = 1 + 13k - 5k^2 - 2(1 - k)(1 + 2k)\sqrt{\frac{7(1 - k)}{1 + 2k}},$$

$$27\beta_k = 1 + 13k - 5k^2 + 2(1 - k)(1 + 2k)\sqrt{\frac{7(1 - k)}{1 + 2k}}.$$

1.145. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a^2}{4a + b^2} + \frac{b^2}{4b + c^2} + \frac{c^2}{4c + a^2} \geq \frac{3}{5}.$$

1.146. If a, b, c are positive real numbers, then

$$\frac{a^2 + bc}{a + b} + \frac{b^2 + ca}{b + c} + \frac{c^2 + ab}{c + a} \leq \frac{(a + b + c)^3}{3(ab + bc + ca)}.$$

1.147. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\sqrt{ab^2 + bc^2} + \sqrt{bc^2 + ca^2} + \sqrt{ca^2 + ab^2} \leq 3\sqrt{2}.$$

1.148. If a, b, c are positive real numbers such that $a^5 + b^5 + c^5 = 3$, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq 3.$$

1.149. Let $P(a, b, c)$ be a cyclic homogeneous polynomial of degree three. The inequality

$$P(a, b, c) \geq 0$$

holds for all $a, b, c \geq 0$ if and only if the following two conditions are fulfilled:

- (a) $P(1, 1, 1) \geq 0$;
- (b) $P(0, b, c) \geq 0$ for all $b, c \geq 0$.

1.150. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$8(a^2b + b^2c + c^2a) + 9 \geq 11(ab + bc + ca).$$

1.151. If a, b, c are nonnegative real numbers such that $a + b + c = 6$, then

$$a^3 + b^3 + c^3 + 8(a^2b + b^2c + c^2a) \geq 166.$$

1.152. If a, b, c are positive real numbers such that $abc \geq 1$, then

$$a^{\frac{a}{b}} b^{\frac{b}{c}} c^{\frac{c}{a}} \geq 1.$$

1.153. If a, b, c are nonnegative real numbers, no two of which are zero, then

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} + 7 \geq \frac{17}{3} \left(\frac{a}{a+b} + \frac{b}{b+c} + \frac{c}{c+a} \right).$$

1.154. Let a, b, c be nonnegative real numbers, no two of which are zero. If $0 \leq k \leq 5$, then

$$\frac{ka+b}{a+c} + \frac{kb+c}{b+a} + \frac{kc+a}{c+b} \geq \frac{3}{2}(k+1).$$

1.155. Let a, b, c be nonnegative real numbers, no two of which are zero. If $k \leq \frac{23}{8}$, then

$$\frac{ka+b}{2a+c} + \frac{kb+c}{2b+a} + \frac{kc+a}{2c+b} \geq k+1.$$

1.156. Let a, b, c be nonnegative real numbers. Prove that

(a) if $k \leq 1 - \frac{2}{5\sqrt{5}}$, then

$$\frac{ka+b}{2a+b+c} + \frac{kb+c}{a+2b+c} + \frac{kc+a}{a+b+2c} \geq \frac{3}{4}(k+1).$$

(b) if $k \geq 1 + \frac{2}{5\sqrt{5}}$, then

$$\frac{ka+b}{2a+b+c} + \frac{kb+c}{a+2b+c} + \frac{kc+a}{a+b+2c} \leq \frac{3}{4}(k+1).$$

1.157. If a, b, c are positive real numbers such that $a \leq b \leq c$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + 3 \geq 2 \left(\frac{a+b}{b+c} + \frac{b+c}{c+a} + \frac{c+a}{a+b} \right).$$

1.158. If $a \geq b \geq c \geq 0$, then

$$\frac{3a+b}{2a+c} + \frac{3b+c}{2b+a} + \frac{3c+a}{2c+b} \geq 4.$$

1.159. If $a \geq b \geq c \geq 0$ and $ab + bc + ca = 2$, then

$$\sqrt{a + ab} + \sqrt{b + bc} + \sqrt{c + ca} \geq 3.$$

1.160. If $a \geq b \geq c$ are nonnegative numbers such that $ab + bc + ca = 3$, then

$$\sqrt{a + 2ab} + \sqrt{b + 2bc} + \sqrt{c + 2ca} \geq 4.$$

1.161. If a, b, c are nonnegative real numbers such that $ab + bc + ca = 3$, then

$$\sqrt{a + 3b} + \sqrt{b + 3c} + \sqrt{c + 3a} \geq 6.$$

1.162. If a, b, c are the lengths of the sides of a triangle, then

$$10 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) > 9 \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right).$$

1.163. If a, b, c are the lengths of the sides of a triangle, then

$$\frac{a}{3a + b - c} + \frac{b}{3b + c - a} + \frac{c}{3c + a - b} \geq 1.$$

1.164. If a, b, c are the lengths of the sides of a triangle, then

$$\frac{a^2 - b^2}{a^2 + bc} + \frac{b^2 - c^2}{b^2 + ca} + \frac{c^2 - a^2}{c^2 + ab} \leq 0.$$

1.165. If a, b, c are the lengths of the sides of a triangle, then

$$a^2(a + b)(b - c) + b^2(b + c)(c - a) + c^2(c + a)(a - b) \geq 0.$$

1.166. If a, b, c are the lengths of the sides of a triangle, then

$$a^2b + b^2c + c^2a \geq \sqrt{abc(a + b + c)(a^2 + b^2 + c^2)}.$$

1.167. If a, b, c are the lengths of the sides of a triangle, then

$$a^2 \left(\frac{b}{c} - 1 \right) + b^2 \left(\frac{c}{a} - 1 \right) + c^2 \left(\frac{a}{b} - 1 \right) \geq 0.$$

1.168. If a, b, c are the lengths of the sides of a triangle, then

$$\begin{aligned} \text{(a)} \quad & a^3b + b^3c + c^3a \geq a^2b^2 + b^2c^2 + c^2a^2; \\ \text{(b)} \quad & 3(a^3b + b^3c + c^3a) \geq (ab + bc + ca)(a^2 + b^2 + c^2); \\ \text{(c)} \quad & \frac{a^3b + b^3c + c^3}{3} \geq \left(\frac{a + b + c}{3} \right)^4. \end{aligned}$$

1.169. If a, b, c are the lengths of the sides of a triangle, then

$$2 \left(\frac{a^2}{b^2} + \frac{b^2}{c^2} + \frac{c^2}{a^2} \right) \geq \frac{b^2}{a^2} + \frac{c^2}{b^2} + \frac{a^2}{c^2} + 3.$$

1.170. If a, b, c are the lengths of the sides of a triangle such that $a < b < c$, then

$$\frac{a^2}{a^2 - b^2} + \frac{b^2}{b^2 - c^2} + \frac{c^2}{c^2 - a^2} \leq 0.$$

1.171. If a, b, c are the lengths of the sides of a triangle, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + 3 \geq 2 \left(\frac{a+b}{b+c} + \frac{b+c}{c+a} + \frac{c+a}{a+b} \right).$$

1.172. Let a, b, c be the lengths of the sides of a triangle. If $k \geq 2$, then

$$a^kb(a-b) + b^kc(b-c) + c^ka(c-a) \geq 0.$$

1.173. Let a, b, c be the lengths of the sides of a triangle. If $k \geq 1$, then

$$3(a^{k+1}b + b^{k+1}c + c^{k+1}a) \geq (a+b+c)(a^kb + b^kc + c^ka).$$

1.174. Let a, b, c, d be positive real numbers such that $a + b + c + d = 4$. Prove that

$$\frac{a}{3+b} + \frac{b}{3+c} + \frac{c}{3+d} + \frac{d}{3+a} \geq 1.$$

1.175. Let a, b, c, d be positive real numbers such that $a + b + c + d = 4$. Prove that

$$\frac{a}{1+b^2} + \frac{b}{1+c^2} + \frac{c}{1+d^2} + \frac{d}{1+a^2} \geq 2.$$

1.176. If a, b, c, d are nonnegative real numbers such that $a + b + c + d = 4$, then

$$a^2bc + b^2cd + c^2da + d^2ab \leq 4.$$

1.177. If a, b, c, d are nonnegative real numbers such that $a + b + c + d = 4$, then

$$a(b+c)^2 + b(c+d)^2 + c(d+a)^2 + d(a+b)^2 \leq 16.$$

1.178. If a, b, c, d are positive real numbers, then

$$\frac{a-b}{b+c} + \frac{b-c}{c+d} + \frac{c-d}{d+a} + \frac{d-a}{a+b} \geq 0.$$

1.179. If a, b, c, d are positive real numbers, then

$$(a) \quad \frac{a-b}{a+2b+c} + \frac{b-c}{b+2c+d} + \frac{c-d}{c+2d+a} + \frac{d-a}{d+2a+b} \geq 0;$$

$$(b) \quad \frac{a}{2a+b+c} + \frac{b}{2b+c+d} + \frac{c}{2c+d+a} + \frac{d}{2d+a+b} \leq 1.$$

1.180. If a, b, c, d are positive real numbers such that $abcd = 1$, then

$$\frac{1}{a(a+b)} + \frac{1}{b(b+c)} + \frac{1}{c(c+d)} + \frac{1}{d(d+a)} \geq 2.$$

1.181. If a, b, c, d are positive real numbers, then

$$\frac{1}{a(1+b)} + \frac{1}{b(1+c)} + \frac{1}{c(1+d)} + \frac{1}{d(1+a)} \geq \frac{16}{1+8\sqrt{abcd}}.$$

1.182. If a, b, c, d are nonnegative real numbers such that $a^2 + b^2 + c^2 + d^2 = 4$, then

$$(a) \quad 3(a + b + c + d) \geq 2(ab + bc + cd + da) + 4;$$

$$(b) \quad a + b + c + d - 4 \geq (2 - \sqrt{2})(ab + bc + cd + da - 4).$$

1.183. Let a, b, c, d be positive real numbers.

(a) If $a, b, c, d \geq 1$, then

$$\left(a + \frac{1}{b}\right) \left(b + \frac{1}{c}\right) \left(c + \frac{1}{d}\right) \left(d + \frac{1}{a}\right) \geq (a + b + c + d) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d}\right);$$

(b) If $abcd = 1$, then

$$\left(a + \frac{1}{b}\right) \left(b + \frac{1}{c}\right) \left(c + \frac{1}{d}\right) \left(d + \frac{1}{a}\right) \geq (a + b + c + d) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d}\right).$$

1.184. If a, b, c, d are positive real numbers, then

$$\left(1 + \frac{a}{a+b}\right)^2 + \left(1 + \frac{b}{b+c}\right)^2 + \left(1 + \frac{c}{c+d}\right)^2 + \left(1 + \frac{d}{d+a}\right)^2 > 7.$$

1.185. If a, b, c, d are positive real numbers, then

$$\frac{a^2 - bd}{b + 2c + d} + \frac{b^2 - ca}{c + 2d + a} + \frac{c^2 - db}{d + 2a + b} + \frac{d^2 - ac}{a + 2b + c} \geq 0.$$

1.186. If a, b, c, d are positive real numbers such that $a \leq b \leq c \leq d$, then

$$\sqrt{\frac{2a}{a+b}} + \sqrt{\frac{2b}{b+c}} + \sqrt{\frac{2c}{c+d}} + \sqrt{\frac{2d}{d+a}} \leq 4.$$

1.187. Let a, b, c, d be nonnegative real numbers, and let

$$x = \frac{a}{b+c}, \quad y = \frac{b}{c+d}, \quad z = \frac{c}{d+a}, \quad t = \frac{d}{a+b}.$$

Prove that

$$(a) \quad \sqrt{xz} + \sqrt{yt} \leq 1;$$

$$(b) \quad x + y + z + t + 4(xz + yt) \geq 4.$$

1.188. If a, b, c, d are nonnegative real numbers, then

$$\left(1 + \frac{2a}{b+c}\right) \left(1 + \frac{2b}{c+d}\right) \left(1 + \frac{2c}{d+a}\right) \left(1 + \frac{2d}{a+b}\right) \geq 9.$$

1.189. Let a, b, c, d be nonnegative real numbers. If $k > 0$, then

$$\left(1 + \frac{ka}{b+c}\right) \left(1 + \frac{kb}{c+d}\right) \left(1 + \frac{kc}{d+a}\right) \left(1 + \frac{kd}{a+b}\right) \geq (1+k)^2.$$

1.190. If a, b, c, d are positive real numbers such that $a + b + c + d = 4$, then

$$\frac{1}{ab} + \frac{1}{bc} + \frac{1}{cd} + \frac{1}{da} \geq a^2 + b^2 + c^2 + d^2.$$

1.191. If a, b, c, d are positive real numbers, then

$$\frac{a^2}{(a+b+c)^2} + \frac{b^2}{(b+c+d)^2} + \frac{c^2}{(c+d+a)^2} + \frac{d^2}{(d+a+b)^2} \geq \frac{4}{9}.$$

1.192. If a, b, c, d are positive real numbers such that $a + b + c + d = 3$, then

$$ab(b+c) + bc(c+d) + cd(d+a) + da(a+b) \leq 4.$$

1.193. If $a \geq b \geq c \geq d \geq 0$ and $a + b + c + d = 2$, then

$$ab(b+c) + bc(c+d) + cd(d+a) + da(a+b) \leq 1.$$

1.194. Let a, b, c, d be nonnegative real numbers such that $a + b + c + d = 4$. If $k \geq \frac{37}{27}$, then

$$ab(b+kc) + bc(c+kd) + cd(d+ka) + da(a+kb) \leq 4(1+k).$$

1.195. If a, b, c, d are nonnegative real numbers such that $a + b + c + d = 4$, then

$$\sqrt{\frac{3a}{b+2}} + \sqrt{\frac{3b}{c+2}} + \sqrt{\frac{3c}{d+2}} + \sqrt{\frac{3d}{a+2}} \leq 4.$$

1.196. Let a, b, c, d be positive real numbers such that $a \leq b \leq c \leq d$. Prove that

$$2 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{d} + \frac{d}{a} \right) \geq 4 + \frac{a}{c} + \frac{c}{a} + \frac{b}{d} + \frac{d}{b}.$$

1.197. Let a, b, c, d be positive real numbers such that

$$a \leq b \leq c \leq d, \quad abcd = 1.$$

Prove that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{d} + \frac{d}{a} \geq ab + bc + cd + da.$$

1.198. Let a, b, c, d be positive real numbers such that

$$a \leq b \leq c \leq d, \quad abcd = 1.$$

Prove that

$$4 + \frac{a}{b} + \frac{b}{c} + \frac{c}{d} + \frac{d}{a} \geq 2(a + b + c + d).$$

1.199. Let $A = \{a_1, a_2, a_3, a_4\}$ be a set of real numbers such that

$$a_1 + a_2 + a_3 + a_4 = 0.$$

Prove that there exists a permutation $\{a, b, c, d\}$ of A such that

$$a^2 + b^2 + c^2 + d^2 + 3(ab + bc + cd + da) \geq 0.$$

1.200. If a, b, c, d, e are positive real numbers, then

$$\frac{a}{a + 2b + 2c} + \frac{b}{b + 2c + 2d} + \frac{c}{c + 2d + 2e} + \frac{d}{d + 2e + 2a} + \frac{e}{e + 2a + 2b} \geq 1.$$

1.201. Let a, b, c, d, e be positive real numbers such that $a + b + c + d + e = 5$. Prove that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{d} + \frac{d}{e} + \frac{e}{a} \leq 1 + \frac{4}{abcde}.$$

1.202. If a, b, c, d, e are real numbers such that $a + b + c + d + e = 0$, then

$$\frac{-\sqrt{5} - 1}{4} \leq \frac{ab + bc + cd + de + ea}{a^2 + b^2 + c^2 + d^2 + e^2} \leq \frac{\sqrt{5} - 1}{4}.$$

1.203. Let a, b, c, d, e be positive real numbers such that

$$a^2 + b^2 + c^2 + d^2 + e^2 = 5.$$

Prove that

$$\frac{a^2}{b+c+d} + \frac{b^2}{c+d+e} + \frac{c^2}{d+e+a} + \frac{d^2}{e+a+b} + \frac{e^2}{a+b+c} \geq \frac{5}{3}.$$

1.204. Let a, b, c, d, e be nonnegative real numbers such that $a + b + c + d + e = 5$. Prove that

$$(a^2 + b^2)(b^2 + c^2)(c^2 + d^2)(d^2 + e^2)(e^2 + a^2) \leq \frac{729}{2}.$$

1.205. If $a, b, c, d, e \in [1, 5]$, then

$$\frac{a-b}{b+c} + \frac{b-c}{c+d} + \frac{c-d}{d+e} + \frac{d-e}{e+a} + \frac{e-a}{a+b} \geq 0.$$

1.206. If $a, b, c, d, e, f \in [1, 3]$, then

$$\frac{a-b}{b+c} + \frac{b-c}{c+d} + \frac{c-d}{d+e} + \frac{d-e}{e+f} + \frac{e-f}{f+a} + \frac{f-a}{a+b} \geq 0.$$

1.207. If a_1, a_2, \dots, a_n ($n \geq 3$) are positive real numbers, then

$$\sum_{i=1}^n \frac{a_i}{a_{i-1} + 2a_i + a_{i+1}} \leq \frac{n}{4},$$

where $a_0 = a_n$ and $a_{n+1} = a_1$.

1.208. Let a_1, a_2, \dots, a_n ($n \geq 3$) be positive real numbers such that $a_1 a_2 \cdots a_n = 1$. Prove that

$$\frac{1}{n-2+a_1+a_2} + \frac{1}{n-2+a_2+a_3} + \cdots + \frac{1}{n-2+a_n+a_1} \leq 1.$$

1.209. If $a_1, a_2, \dots, a_n \geq 1$, then

$$\prod \left(a_1 + \frac{1}{a_2} + n - 2 \right) \geq n^{n-2} (a_1 + a_2 + \cdots + a_n) \left(\frac{1}{a_1} + \frac{1}{a_2} + \cdots + \frac{1}{a_n} \right);$$

1.210. If $a_1, a_2, \dots, a_n \geq 1$, then

$$\left(a_1 + \frac{1}{a_1}\right) \left(a_2 + \frac{1}{a_2}\right) \cdots \left(a_n + \frac{1}{a_n}\right) + 2^n \geq 2 \left(1 + \frac{a_1}{a_2}\right) \left(1 + \frac{a_2}{a_3}\right) \cdots \left(1 + \frac{a_n}{a_1}\right).$$

1.211. Let k and n be positive integers with $k < n$, and let a_1, a_2, \dots, a_n be real numbers such that $a_1 \leq a_2 \leq \cdots \leq a_n$. Then

$$(a_1 + a_2 + \cdots + a_n)^2 \geq n(a_1 a_{k+1} + a_2 a_{k+2} + \cdots + a_n a_{n+k})$$

(where $a_{n+i} = a_i$ for any positive integer i) in the following cases:

- (a) $n = 2k$;
- (b) $n = 4k$.

1.212. If $a_1, a_2, \dots, a_n \in [1, 2]$, then

$$\sum_{i=1}^n \frac{3}{a_i + 2a_{i+1}} \geq \sum_{i=1}^n \frac{2}{a_i + a_{i+1}},$$

where $a_{n+1} = a_1$.

1.213. If a_1, a_2, \dots, a_n ($n \geq 3$) are real numbers such that $a_1 \geq a_2 \geq \cdots \geq a_n$ and

$$a_1 a_2 + a_2 a_3 + \cdots + a_n a_1 = n,$$

then

$$(3 - a_1)^2 + (3 - a_2)^2 + \cdots + (3 - a_n)^2 \geq 4n.$$

1.214. Let a, b, c, d be positive real numbers such that $ab + bc + cd + da = 4$.

- (a) If $a \geq b \geq 1 \geq c \geq d$, then

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + 8 \geq 3(a + b + c + d).$$

- (b) If $a \geq b \geq c \geq 1 \geq d$, then the inequality above holds true.

1.215. If a, b, c, d are nonnegative real numbers such that

$$ab + bc + cd + da = 4, \quad a \geq b \geq c \geq d,$$

then

$$\frac{4}{3} \leq \frac{1}{a+2} + \frac{1}{b+2} + \frac{1}{c+2} + \frac{1}{d+2} \leq \frac{3}{2}.$$

1.216. If $n \geq 6$ and $a_1 \geq 1 \geq a_2 \geq \cdots \geq a_n$ such that $a_1a_2 + a_2a_3 + \cdots + a_na_1 = n$, then

$$\frac{1}{a_1+3} + \frac{1}{a_2+3} + \cdots + \frac{1}{a_n+3} \geq \frac{n}{4}.$$

1.217. If x_1, x_2, x_3, x_4, x_5 are nonnegative real numbers such that

$$x_1x_2 + x_2x_3 + x_3x_4 + x_4x_5 + x_5x_1 = 5,$$

then

$$\frac{1}{5x_1+4} + \frac{1}{5x_2+4} + \frac{1}{5x_3+4} + \frac{1}{5x_4+4} + \frac{1}{5x_5+4} \geq \frac{5}{9}.$$

1.218. If a, b, c, d, e are nonnegative real numbers such that

$$ab + bc + cd + de + ea = 5,$$

then

$$\frac{1}{a+1} + \frac{1}{b+1} + \frac{1}{c+1} + \frac{1}{d+1} + \frac{1}{e+1} \geq \frac{5}{2}.$$

1.219. If a_1, a_2, \dots, a_8 are nonnegative real numbers such that $a_1a_2 + a_2a_3 + \cdots + a_8a_1 = 8$, then

$$\frac{1}{5a_1+3} + \frac{1}{5a_2+3} + \cdots + \frac{1}{5a_8+3} \geq 1.$$

1.220. If a, b, c, d, e are nonnegative real numbers such that

$$ab + bc + cd + de + ea = 5, \quad a \geq b \geq c \geq 1 \geq d \geq e,$$

then

$$\frac{1}{a+3} + \frac{1}{b+3} + \frac{1}{c+3} + \frac{1}{d+3} + \frac{1}{e+3} \geq \frac{5}{4}.$$

1.221. Prove that 3 is the largest positive value of the constant k such that

$$\frac{1}{a+k} + \frac{1}{b+k} + \frac{1}{c+k} + \frac{1}{d+k} + \frac{1}{e+k} \geq \frac{5}{1+k}$$

for any $a \geq b \geq c \geq d \geq 1 \geq e \geq 0$ satisfying $ab + bc + cd + de + ea = 5$.

1.222. If a, b, c, d are nonnegative real numbers such that

$$ab + ac + ad + bc + bd + cd = 6,$$

then

$$\frac{1}{ab+3} + \frac{1}{bc+3} + \frac{1}{cd+3} + \frac{1}{da+3} \geq 1.$$

1.223. If a, b, c, d are nonnegative real numbers such that

$$ab + ac + ad + bc + bd + cd = 6, \quad a \geq b \geq c \geq d,$$

then

$$\frac{1}{ab+5} + \frac{1}{bc+5} + \frac{1}{cd+5} + \frac{1}{da+5} \geq \frac{2}{3}.$$

1.224. If a, b, c, d are nonnegative real numbers such that

$$ab + bc + cd + da = 4, \quad a \geq b \geq c \geq d,$$

then

$$\frac{1}{ab+4} + \frac{1}{ac+4} + \frac{1}{ad+4} + \frac{1}{bc+4} + \frac{1}{bd+4} + \frac{1}{cd+4} \geq \frac{6}{5}.$$

1.225. If a, b, c, d are nonnegative real numbers such that

$$ab + bc + cd + da = 4, \quad a \geq b \geq c \geq d,$$

then

$$\frac{1}{ab+7} + \frac{1}{ac+7} + \frac{1}{ad+7} + \frac{1}{bc+7} + \frac{1}{bd+7} + \frac{1}{cd+7} \geq \frac{3}{4}.$$

1.226. If a, b, c, d are nonnegative real numbers such that

$$ab + bc + cd + da = 4,$$

then

$$\frac{4\sqrt{2}}{3} \leq \frac{1}{a^2+1} + \frac{1}{b^2+1} + \frac{1}{c^2+1} + \frac{1}{d^2+1} < 3.$$

1.227. If a, b, c, d are nonnegative real numbers such that

$$ab + bc + cd + da = 4, \quad a \geq b \geq 1 \geq c \geq d,$$

then

$$\frac{1}{a^2+1} + \frac{1}{b^2+1} + \frac{1}{c^2+1} + \frac{1}{d^2+1} \geq 2.$$

1.228. If a, b, c, d are nonnegative real numbers such that

$$ab + bc + cd + da = 4,$$

then

$$2 \leq \frac{1}{a+1} + \frac{1}{b+1} + \frac{1}{c+1} + \frac{1}{d+1} \leq 3.$$

1.229. If a, b, c, d, e are nonnegative real numbers such that $ab + bc + cd + de + ea = 1$, then

$$3 < \frac{1}{a+1} + \frac{1}{b+1} + \frac{1}{c+1} + \frac{1}{d+1} + \frac{1}{e+1} \leq 4.$$

1.230. If a, b, c, d, e, f are nonnegative real numbers such that

$$ab + bc + cd + de + ef + fa = 6,$$

then

$$(2a+1)^2 + (2b+1)^2 + (2c+1)^2 + (2d+1)^2 + (2e+1)^2 + (2f+1)^2 \geq 54.$$

1.231. Prove that 4 is the largest positive value of the constant k such that

$$a_1^2 + a_2^2 + \cdots + a_n^2 - n \geq k(a_1 + a_2 + \cdots + a_n - n)$$

for all odd integers $n \geq 3$ and nonnegative real numbers a_i which satisfy $a_1a_2 + a_2a_3 + \cdots + a_na_1 = n$.

1.232. If a, b, c, d, e are positive real numbers such that

$$ab + bc + cd + de + ea = 5,$$

then

$$5 \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + \frac{1}{e} \right) \geq 4(a + b + c + d + e) + 5.$$

1.233. If a, b, c, d, e are positive real numbers such that

$$ab + bc + cd + de + ea = 5, \quad a \geq b \geq c \geq 1 \geq d \geq e,$$

then

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + \frac{1}{e} + 10 \geq 3(a + b + c + d + e).$$

1.234. For given $n \geq 3$, prove that 3 is the largest positive value of the constant k such that

$$\frac{1}{a_1} + \frac{1}{a_2} + \cdots + \frac{1}{a_n} - n \geq k(a_1 + a_2 + \cdots + a_n - n)$$

for any $a_1 \geq a_2 \geq \cdots \geq a_{n-1} \geq 1 \geq a_n > 0$ with $a_1a_2 + a_2a_3 + \cdots + a_{n-1}a_n + a_na_1 = n$.

1.235. If a, b, c, d, e, f are nonnegative real numbers such that

$$ab + bc + cd + de + ef + fa = 6, \quad a \geq b \geq c \geq d \geq e \geq f,$$

then

$$\frac{1}{a+3} + \frac{1}{b+3} + \frac{1}{c+3} + \frac{1}{d+3} + \frac{1}{e+3} + \frac{1}{f+3} \geq \frac{3}{2}.$$

1.236. Let a_1, a_2, \dots, a_n be positive real numbers such that

$$a_1a_2 + a_2a_3 + \cdots + a_na_1 = n, \quad a_1 \geq a_2 \geq \cdots \geq a_n.$$

Prove that:

$$\frac{1}{a_1} + \frac{1}{a_2} + \cdots + \frac{1}{a_n} \geq a_1 + a_2 + \cdots + a_n.$$

1.237. If $n \geq 3$ and $a_1 \geq a_2 \geq \cdots \geq a_n \geq 0$, then

$$\sqrt{\frac{1}{n} \sum_{cyclic} a_1a_2} \geq \sqrt[n-1]{\frac{1}{n} \sum_{cyclic} a_1a_2 \cdots a_{n-1}}.$$

1.238. Let a, b, c, d, e be nonnegative real numbers satisfying $ab + bc + cd + de + ea = 5$. Prove that:

$$(a) \quad (a+2)^2 + (b+2)^2 + (c+2)^2 + (d+2)^2 + (e+2)^2 \geq 45.$$

$$(b) \quad a^{3/2} + b^{3/2} + c^{3/2} + d^{3/2} + e^{3/2} \geq 5.$$

1.239. If a, b, c, d are nonnegative real numbers such that $ab + bc + cd + da \geq 4$, then

$$(a^2 + 1)(b^2 + 1)(c^2 + 1)(d^2 + 1) \geq (a + b + c + d)^2.$$

1.240. Let a, b, c, d, e be real numbers such that $a \geq b \geq c \geq d \geq e \geq 0$ and $ab + bc + cd + de + ea = 5$. Prove that

$$a^{5/4} + b^{5/4} + c^{5/4} + d^{5/4} + e^{5/4} \geq 5.$$

1.241. If $a_1 \geq 1 \geq a_2 \geq \cdots \geq a_n \geq 0$ such that $a_1 + a_2 + \cdots + a_n = n$, then

$$a_1a_2 + a_2a_3 + \cdots + a_na_1 \leq n.$$

1.242. If $0 \leq a_1 \leq 1 \leq a_2 \leq \cdots \leq a_n$ such that $a_1 + a_2 + \cdots + a_n = n$, then

$$a_1a_2 + a_2a_3 + \cdots + a_na_1 \leq n.$$

1.243. Suppose $n \geq 4$ and $a_1 \geq a_2 \geq \cdots \geq a_n \geq 0$. If $a_1 = a_2$ and $a_{n-1} = a_n$, then

$$n(a_1a_2 + a_2a_3 + \cdots + a_na_1) \geq (a_1 + a_2 + \cdots + a_n)^2.$$

1.244. If a, b, c, d, e are positive real numbers such that $a \geq b \geq c \geq d \geq e$ and $ab + bc + cd + de + ea = 5$, then

$$a^2 + b^2 + c^2 + d^2 + e^2 + 5(a + b + c + d + e) \geq 30.$$

1.245. If $a \geq b \geq 1 \geq c \geq d \geq e \geq f \geq 0$ such that $ab + bc + cd + de + ef + fa = 6$, then

$$(2a + 3)^2 + (2b + 3)^2 + (2c + 3)^2 + (2d + 3)^2 + (2e + 3)^2 + (2f + 3)^2 \geq 150.$$

1.246. If $a \geq b \geq c \geq d \geq e \geq 0$, then

$$\sqrt{\frac{ab + bc + cd + de + ea}{5}} \geq \sqrt[3]{\frac{abc + bcd + cde + dea + eab}{5}}.$$

1.247. Let a, b, c, d be nonnegative real numbers such that

$$\frac{1}{a+3} + \frac{1}{b+3} + \frac{1}{c+3} + \frac{1}{d+3} = 1.$$

Prove that there is a permutation (x_1, x_2, x_3, x_4) of the sequence (a, b, c, d) such that

$$x_1x_2 + x_2x_3 + x_3x_4 + x_4x_1 \geq 4.$$

1.248. Let $a_1 \geq a_2 \geq \cdots \geq a_9 \geq 0$ such that $a_1 + a_2 + \cdots + a_9 = 2$. Prove that

$$a_1a_2 + a_2a_3 + \cdots + a_9a_1 \leq 1.$$

1.249. Let n be a natural number, $n \geq 3$. Prove that there is a real number $q_n > 1$ such that

$$\frac{a_1}{a_2 + a_3} + \frac{a_2}{a_3 + a_4} + \cdots + \frac{a_n}{a_1 + a_2} \geq \frac{n}{2}$$

for any real numbers $a_1, a_2, \dots, a_n \in [1/q_n, q_n]$.

1.250. If a, b, c, d are positive real numbers and $0 \leq x \leq 1$, then

$$\sum_{cyclic} \frac{a}{a + (3-x)b + xc} \geq 1.$$

1.251. Prove that 18 is the largest positive value of the constant k such that

$$\frac{1}{ab^2 + k} + \frac{1}{bc^2 + k} + \frac{1}{ca^2 + k} \geq \frac{3}{1+k}$$

for all $a \geq b \geq c \geq 0$ such that $a + b + c = 3$.

1.252. Let $a = b \geq c \geq d \geq 0$ such that $ab + bc + cd + da = 4$. Prove that

$$a^2 + b^2 + c^2 + d^2 + 28 \geq 8(a + b + c + d).$$

1.253. If x_1, x_2, x_3, x_4, x_5 are positive real numbers such that

$$x_1x_2 + x_2x_3 + x_3x_4 + x_4x_5 + x_5x_1 = 5,$$

then

$$\frac{1}{x_1} + \frac{1}{x_2} + \frac{1}{x_3} + \frac{1}{x_4} + \frac{1}{x_5} + \frac{25}{x_1 + x_2 + x_3 + x_4 + x_5} \geq 10.$$

1.254. Prove that $\frac{7}{6}$ is the least positive value of the power exponent k such that

$$x_1^k + x_2^k + x_3^k + x_4^k + x_5^k \geq 5$$

for any nonnegative real numbers x_i with at most one $x_i < 1$ and $x_1x_2 + x_2x_3 + x_3x_4 + x_4x_5 + x_5x_1 = 5$.

1.255. Let a, b, c, d be nonnegative real numbers such that at most one of them is larger than 1 and $ab + bc + cd + da \leq 4$. Prove that

$$a^2 + b^2 + c^2 + d^2 + 16 \geq 5(a + b + c + d).$$

1.256. Prove that $[-32, 17]$ is the range of values of the real constant k such that

$$(a + b + c + d)^4 + 4k(a + b + c + d) \geq (16 + k)(a + b)^2(c + d)^2$$

for all nonnegative real numbers a, b, c, d with $a \geq b \geq c \geq d$ and $abc + bcd + cda + dab = 4$.

1.2 Solutions

P 1.1. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$ab^2 + bc^2 + ca^2 \leq 4.$$

(Canada, 1999)

First Solution. Assume that $a = \max\{a, b, c\}$. Since

$$ab^2 + bc^2 + ca^2 \leq ab \cdot \frac{a+b}{2} + abc + ca^2 = \frac{a(a+b)(b+2c)}{2},$$

it suffices to show that

$$a(a+b)(b+2c) \leq 8.$$

By the AM-GM inequality, we have

$$a(a+b)(b+2c) \leq \left[\frac{a + (a+b) + (b+2c)}{3} \right]^3 = 8 \left(\frac{a+b+c}{3} \right)^3 = 8.$$

The equality holds for $a = 2, b = 0, c = 1$ (and any cyclic permutation).

Second Solution. Let (x, y, z) be a permutation of (a, b, c) such that

$$x \geq y \geq z.$$

Since

$$xy \geq zx \geq yz,$$

by the rearrangement inequality, we have

$$\begin{aligned} ab^2 + bc^2 + ca^2 &= b \cdot ab + c \cdot bc + a \cdot ca \\ &\leq x \cdot xy + y \cdot zx + z \cdot yz \\ &= y(x^2 + xz + z^2). \end{aligned}$$

Using this result and the AM-GM inequality, we get

$$\begin{aligned} ab^2 + bc^2 + ca^2 &\leq y(x+z)^2 = 4y \cdot \frac{x+z}{2} \cdot \frac{x+z}{2} \\ &\leq 4 \left(\frac{y + \frac{x+z}{2} + \frac{x+z}{2}}{3} \right)^3 \\ &= 4 \left(\frac{x+y+z}{3} \right)^3 = 4. \end{aligned}$$

Third Solution. Without loss of generality, assume that b is between a and c ; that is,

$$(b-a)(b-c) \leq 0, \quad b^2 + ac \leq b(a+c).$$

Since

$$\begin{aligned} ab^2 + bc^2 + ca^2 &= a(b^2 + ac) + bc^2 \leq ab(a + c) + bc^2 = b(a^2 + ac + c^2) \\ &\leq b(a + c)^2 = b(3 - b)^2, \end{aligned}$$

it suffices to show that

$$b(3 - b)^2 \leq 4.$$

Indeed,

$$b(3 - b)^2 - 4 = (b - 1)^2(b - 4) \leq (b - 1)^2(b - 3) = -(b - 1)^2(a + c) \leq 0.$$

Fourth Solution. Write the inequality in the homogeneous form

$$4(a + b + c)^3 \geq 27(ab^2 + bc^2 + ca^2),$$

which is equivalent to

$$4(a^3 + b^3 + c^3) + 12(a + b)(b + c)(c + a) \geq 27(ab^2 + bc^2 + ca^2),$$

$$4 \sum a^3 + 12 \left(\sum a^2b + \sum ab^2 + 2abc \right) \geq 27 \sum ab^2,$$

$$4 \sum a^3 + 12 \sum a^2b + 24abc \geq 15 \sum ab^2.$$

On the other hand, the obvious inequality

$$\sum a(2a - pb - qc)^2 \geq 0$$

is equivalent to

$$4 \sum a^3 + (q^2 - 4p) \sum a^2b + 6pqabc \geq (4q - p^2) \sum ab^2.$$

Setting $p = 1$ and $q = 4$ leads to the desired inequality; in addition,

$$4(a + b + c)^3 - 27(ab^2 + bc^2 + ca^2) = \sum a(2a - b - 4c)^2 \geq 0.$$

□

P 1.2. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$(ab + bc + ca)(ab^2 + bc^2 + ca^2) \leq 9.$$

Solution. Let (x, y, z) be a permutation of (a, b, c) such that $x \geq y \geq z$. As shown in the second solution of P 1.1,

$$ab^2 + bc^2 + ca^2 \leq y(x^2 + xz + z^2).$$

Consequently, it suffices to show that

$$y(xy + yz + zx)(x^2 + xz + z^2) \leq 9.$$

By the AM-GM inequality, we get

$$\begin{aligned} 4(xy + yz + zx)(x^2 + xz + z^2) &\leq (xy + yz + zx + x^2 + xz + z^2)^2 \\ &= (x + z)^2(x + y + z)^2 = 9(x + z)^2. \end{aligned}$$

Thus, we still have to show that

$$y(x + z)^2 \leq 4.$$

This follows from the AM-GM inequality, as follows:

$$2y(x + z)^2 \leq \left[\frac{2y + (x + z) + (x + z)}{3} \right]^3 = 8.$$

The equality holds for $a = b = c = 1$.

□

P 1.3. If a, b, c are nonnegative real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$(a) \quad ab^2 + bc^2 + ca^2 \leq abc + 2;$$

$$(b) \quad \frac{a}{b+2} + \frac{b}{c+2} + \frac{c}{a+2} \leq 1.$$

(Vasile Cîrtoaje, 2005)

Solution. (a) **First Solution.** Without loss of generality, assume that b is between a and c ; that is,

$$(b - a)(b - c) \leq 0, \quad b^2 + ac \leq b(a + c).$$

Since

$$ab^2 + bc^2 + ca^2 = a(b^2 + ac) + bc^2 \leq ab(a + c) + bc^2 = b(a^2 + c^2) + abc,$$

it suffices to show that

$$b(a^2 + c^2) \leq 2.$$

We have

$$2 - b(a^2 + c^2) = 2 - b(3 - b^2) = (b - 1)^2(b + 2) \geq 0.$$

The equality holds for $a = b = c = 1$, and also for $a = 0, b = 1, c = \sqrt{2}$ (or any cyclic permutation).

Second Solution. Let (x, y, z) be a permutation of (a, b, c) such that $x \geq y \geq z$. As shown in the second solution of P 1.1,

$$ab^2 + bc^2 + ca^2 \leq y(x^2 + xz + z^2).$$

Therefore, it suffices to show that

$$y(x^2 + xz + z^2) \leq xyz + 2,$$

which can be written as

$$y(x^2 + z^2) \leq 2.$$

Indeed,

$$2 - y(x^2 + z^2) = 2 - y(3 - y^2) = (y - 1)^2(y + 2) \geq 0.$$

(b) Write the inequality as follows:

$$\sum a(a+2)(c+2) \leq (a+2)(b+2)(c+2),$$

$$ab^2 + bc^2 + ca^2 + 2(a^2 + b^2 + c^2) \leq abc + 8,$$

$$ab^2 + bc^2 + ca^2 \leq abc + 2.$$

The last inequality is just the inequality in (a). □

P 1.4. If $a, b, c \geq 1$, then

$$(a) \quad 2(ab^2 + bc^2 + ca^2) + 3 \geq 3(ab + bc + ca);$$

$$(b) \quad ab^2 + bc^2 + ca^2 + 6 \geq 3(a + b + c).$$

Solution. (a) **First Solution.** From

$$a(b-1)^2 + b(c-1)^2 + c(a-1)^2 \geq 0,$$

we get

$$ab^2 + bc^2 + ca^2 \geq 2(ab + bc + ca) - (a + b + c).$$

Using this inequality gives

$$\begin{aligned} 2(ab^2 + bc^2 + ca^2) + 3 - 3(ab + bc + ca) &\geq (ab + bc + ca) - 2(a + b + c) + 3 \\ &= (a-1)(b-1) + (b-1)(c-1) + (c-1)(a-1) \geq 0. \end{aligned}$$

The equality holds for $a = b = c = 1$.

Second Solution. From

$$\sum b(a-1)(b-1) \geq 0,$$

we get

$$ab^2 + bc^2 + ca^2 \geq a^2 + b^2 + c^2 + ab + bc + ca - (a + b + c).$$

Thus, it suffices to show that

$$2(a^2 + b^2 + c^2) + 2(ab + bc + ca) - 2(a + b + c) + 3 \geq 3(ab + bc + ca),$$

which is equivalent to

$$2(a^2 + b^2 + c^2) - 2(a + b + c) + 3 \geq ab + bc + ca,$$

$$(a - 1)^2 + (b - 1)^2 + (c - 1)^2 + (a^2 + b^2 + c^2 - ab - bc - ca) \geq 0,$$

$$2(a - 1)^2 + 2(b - 1)^2 + 2(c - 1)^2 + (a - b)^2 + (b - c)^2 + (c - a)^2 \geq 0.$$

(b) The inequality in (b) follows by summing the inequality in (a) and the obvious inequality

$$3(a - 1)(b - 1) + 3(b - 1)(c - 1) + 3(c - 1)(a - 1) \geq 0.$$

The equality holds for $a = b = c = 1$.

□

P 1.5. If a, b, c are nonnegative real numbers such that

$$a + b + c = 3, \quad a \geq b \geq c,$$

then

$$(a) \quad a^2b + b^2c + c^2a \geq ab + bc + ca;$$

$$(b) \quad 8(ab^2 + bc^2 + ca^2) + 3abc \leq 27;$$

$$(c) \quad \frac{18}{a^2b + b^2c + c^2a} \leq \frac{1}{abc} + 5.$$

Solution. (a) Write the inequality in the homogeneous form

$$3(a^2b + b^2c + c^2a) \geq (a + b + c)(ab + bc + ca),$$

which is equivalent to

$$a^2b + b^2c + c^2a - 3abc \geq ab^2 + bc^2 + ca^2 - a^2b - b^2c - c^2a.$$

This inequality is true because

$$a^2b + b^2c + c^2a - 3abc \geq 0$$

(by the AM-GM inequality) and

$$ab^2 + bc^2 + ca^2 - a^2b - b^2c - c^2a = (a - b)(b - c)(c - a) \leq 0.$$

The equality holds for $a = b = c = 1$, and also for $a = 3$ and $b = c = 0$.

(b) Write the inequality in the homogeneous form

$$\begin{aligned} (a + b + c)^3 &\geq 8(ab^2 + bc^2 + ca^2) + 3abc, \\ \sum a^3 + 3abc + 3 \sum a^2b &\geq 5 \sum ab^2, \\ \sum a^3 + 3abc - \left(\sum ab^2 + \sum a^2b \right) &\geq 4 \left(\sum ab^2 - \sum a^2b \right), \\ \sum a^3 + 3abc - \sum ab(a + b) &\geq 4(a - b)(b - c)(c - a). \end{aligned}$$

The inequality is true since

$$(a - b)(b - c)(c - a) \leq 0$$

and, by Schur's inequality of degree three,

$$\sum a^3 + 3abc - \sum ab(a + b) \geq 0.$$

The equality holds for $a = b = c = 1$, and also for $a = b = 3/2$ and $c = 0$.

(c) Since

$$ab^2 + bc^2 + ca^2 - a^2b - b^2c - c^2a = (a - b)(b - c)(c - a) \leq 0,$$

it suffices to prove the symmetric inequality

$$\frac{36}{(a^2b + b^2c + c^2a) + (ab^2 + bc^2 + ca^2)} \leq \frac{1}{abc} + 5,$$

which is equivalent to

$$\frac{36}{(a + b + c)(ab + bc + ca) - 3abc} \leq \frac{1}{abc} + 5,$$

$$\frac{12}{ab + bc + ca - abc} \leq \frac{1}{abc} + 5,$$

$$\frac{12}{a(b + c) - (a - 1)bc} \leq \frac{1}{a \cdot bc} + 5,$$

$$\frac{12}{a(3 - a) - (a - 1)bc} \leq \frac{1}{a \cdot bc} + 5.$$

Since $a - 1 \geq 0$ and

$$4bc \leq (b + c)^2 = (3 - a)^2,$$

it suffices to show that

$$\frac{48}{4a(3 - a) - (a - 1)(3 - a)^2} \leq \frac{4}{a(3 - a)^2} + 5,$$

which is equivalent to

$$\begin{aligned}\frac{48}{(3-a)(3+a^2)} &\leq \frac{4}{a(3-a)^2} + 5, \\ 5a^5 - 30a^4 + 60a^3 - 38a^2 - 9a + 12 &\geq 0, \\ (a-1)^2(5a^3 - 20a^2 + 15a + 12) &\geq 9.\end{aligned}$$

We need to show that $1 \leq a \leq 3$ involves

$$5a^3 - 20a^2 + 15a + 12 \geq 0.$$

If $1 \leq a \leq 2$, then

$$5a^3 - 20a^2 + 15a + 12 = 5a(a-2)^2 + (12-5a) > 0.$$

If $2 \leq a \leq 3$, then

$$\begin{aligned}5a^3 - 20a^2 + 15a + 12 &= 5(a-2)^3 + 10a^2 - 45a + 52 \geq 10a^2 - 45a + 52 > 0 \\ &= 10\left(a - \frac{9}{4}\right)^2 + \frac{11}{8} > 0.\end{aligned}$$

The equality holds for $a = b = c = 1$.

□

P 1.6. If a, b, c are nonnegative real numbers such that

$$a^2 + b^2 + c^2 = 3, \quad a \geq b \geq c,$$

then

$$ab^2 + bc^2 + ca^2 \leq \frac{3}{4}(ab + bc + ca + 1).$$

Solution. Let us denote

$$p = a + b + c, \quad q = ab + bc + ca.$$

From $a^2 + b^2 + c^2 = 3$, it follows that

$$2q = p^2 - 3.$$

In addition, from the known inequalities

$$(a + b + c)^2 \geq a^2 + b^2 + c^2$$

and

$$3(a^2 + b^2 + c^2) \geq (a + b + c)^2,$$

we get

$$\sqrt{3} \leq p \leq 3.$$

Since

$$ab^2 + bc^2 + ca^2 - a^2b - b^2c - c^2a = (a-b)(b-c)(c-a) \leq 0,$$

it suffices to show that

$$ab^2 + bc^2 + ca^2 + (a^2b + b^2c + c^2a) \leq \frac{3}{2}(ab + bc + ca + 1).$$

which is equivalent to

$$\begin{aligned} pq &\leq 3abc + \frac{3}{2}(q+1), \\ 6abc + 3(q+1) &\geq 2pq. \end{aligned}$$

Consider two cases: $\sqrt{3} \leq p \leq \frac{12}{5}$ and $\frac{12}{5} \leq p \leq 3$.

Case 1: $\sqrt{3} \leq p \leq \frac{12}{5}$. Since

$$6abc + 3(q+1) - 2pq \geq 3(q+1) - 2pq = 3 - (2p-3)q = \frac{1}{2}[6 - (2p-3)(p^2-3)],$$

it suffices to show that

$$(2p-3)(p^2-3) \leq 6.$$

Indeed, we have

$$(2p-3)(p^2-3) \leq \left(\frac{24}{5} - 3\right) \left(\frac{144}{25} - 3\right) = \frac{621}{125} < 6.$$

Case 2: $\frac{12}{5} \leq p \leq 3$. According to Schur's inequality of degree three, we have

$$p^3 + 9abc \geq 4pq.$$

Thus, it suffices to prove that

$$2(4pq - p^3) + 9(q+1) \geq 6pq,$$

which is equivalent to

$$\begin{aligned} (2p+9)q - 2p^3 + 9 &\geq 0, \\ (2p+9)(p^2-3) - 4p^3 + 18 &\geq 0, \\ -2p^3 + 9p^2 - 6p - 9 &\geq 0, \\ (3-p)(2p^2 - 3p - 3) &\geq 0. \end{aligned}$$

This inequality is true since $3-p \geq 0$ and

$$2p^2 - 3p - 3 \geq \frac{24}{5}p - 3p - 3 = \frac{9}{5}p - 3 \geq \frac{9}{5} \cdot \frac{12}{5} - 3 > 0.$$

The equality holds for $a = b = c = 1$.

□

P 1.7. If a, b, c are nonnegative real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$a^2b^3 + b^2c^3 + c^2a^3 \leq 3.$$

(Vasile Cîrtoaje, 2005)

Solution. Let (x, y, z) be a permutation of (a, b, c) such that

$$x \geq y \geq z.$$

Since

$$x^2y^2 \geq z^2x^2 \geq y^2z^2,$$

the rearrangement inequality yields

$$\begin{aligned} a^2b^3 + b^2c^3 + c^2a^3 &= b \cdot a^2b^2 + c \cdot b^2c^2 + a \cdot c^2a^2 \leq x \cdot x^2y^2 + y \cdot z^2x^2 + z \cdot y^2z^2 \\ &= y(x^3y + z^2x^2 + yz^3) \leq y \left(x^2 \cdot \frac{x^2 + y^2}{2} + z^2x^2 + z^2 \cdot \frac{y^2 + z^2}{2} \right) \\ &= \frac{y(x^2 + z^2)(x^2 + y^2 + z^2)}{2} = \frac{3y(x^2 + z^2)}{2}. \end{aligned}$$

Thus, it suffices to show that

$$y(x^2 + z^2) \leq 2$$

for $x^2 + y^2 + z^2 = 3$. By the AM-GM inequality, we get

$$6 = 2y^2 + (x^2 + z^2) + (x^2 + z^2) \geq 3\sqrt[3]{2y^2(x^2 + z^2)^2}.$$

The equality holds for $a = b = c = 1$.

□

P 1.8. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$a^4b^2 + b^4c^2 + c^4a^2 + 4 \geq a^3b^3 + b^3c^3 + c^3a^3.$$

Solution. Write the inequality as

$$a^2(a^2b^2 + c^4 - ab^3 - ac^3) + 4 \geq b^2c^2(bc - b^2).$$

Since

$$\begin{aligned} 2 \sum (a^2b^2 + c^4 - ab^3 - ac^3) &= \sum [a^4 + b^4 + 2a^2b^2 - 2ab(a^2 + b^2)] \\ &= \sum (a^2 + b^2)(a - b)^2 \geq 0, \end{aligned}$$

we may assume (without loss of generality) that

$$a^2b^2 + c^4 - ab^3 - ac^3 \geq 0.$$

Thus, it suffices to show that

$$4 \geq b^2c^2(bc - b^2).$$

Since

$$bc - b^2 \leq \frac{c^2}{4},$$

it is enough to prove that

$$16 \geq b^2c^4.$$

From

$$3 = a + b + c \geq b + \frac{c}{2} + \frac{c}{2} \geq 3\sqrt[3]{b\left(\frac{c}{2}\right)^2},$$

the conclusion follows. The equality holds for $a = 0, b = 1, c = 2$ (or any cyclic permutation). \square

P 1.9. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$\begin{aligned} (a) \quad & ab^2 + bc^2 + ca^2 + abc \leq 4; \\ (b) \quad & \frac{a}{4-b} + \frac{b}{4-c} + \frac{c}{4-a} \leq 1; \\ (c) \quad & ab^3 + bc^3 + ca^3 + (ab + bc + ca)^2 \leq 12; \\ (d) \quad & \frac{ab^2}{1+a+b} + \frac{bc^2}{1+b+c} + \frac{ca^2}{1+c+a} \leq 1. \end{aligned}$$

Solution. (a) **First Solution.** Without loss of generality, assume that b is between a and c ; that is,

$$(b-a)(b-c) \leq 0, \quad b^2 + ca \leq b(c+a).$$

Using this result and the AM-GM inequality, we have

$$\begin{aligned} ab^2 + bc^2 + ca^2 + abc &= a(b^2 + ca) + bc^2 + abc \leq ab(c+a) + bc^2 + abc \\ &= b(a+c)^2 = \frac{1}{2} \cdot 2b \cdot (a+c) \cdot (a+c) \leq \frac{1}{2} \left[\frac{2b + (a+c) + (a+c)}{3} \right]^3 = 4. \end{aligned}$$

The equality holds for $a = b = c = 1$, and also for $a = 0, b = 1, c = 2$ (or any cyclic permutation).

Second Solution. Let (x, y, z) be a permutation of (a, b, c) such that

$$x \geq y \geq z.$$

As shown in the second solution of P 1.1,

$$ab^2 + bc^2 + ca^2 \leq y(x^2 + xz + z^2);$$

hence

$$ab^2 + bc^2 + ca^2 + abc \leq y(x + z)^2.$$

Thus, it suffices to show that $x + y + z = 3$ involves

$$y(x + z)^2 \leq 4.$$

According to the AM-GM inequality, we have

$$\frac{1}{4}y(x + z)^2 = y \cdot \frac{x + z}{2} \cdot \frac{x + z}{2} \leq \left(\frac{y + \frac{x + z}{2} + \frac{x + z}{2}}{3} \right)^3 = 1.$$

Third Solution. Write the inequality in the homogeneous form

$$4(a + b + c)^3 \geq 27(ab^2 + bc^2 + ca^2 + abc).$$

Without loss of generality, suppose that $a = \min\{a, b, c\}$. Putting $b = a + x$ and $c = a + y$, where $x, y \geq 0$, the inequality can be restated as

$$9(x^2 - xy + y^2)a + (2x - y)^2(x + 4y) \geq 0,$$

which is obviously true.

(b) **First Solution.** Write the inequality in the homogeneous form

$$\sum \frac{a}{4a + b + 4c} \leq \frac{1}{3}.$$

Multiplying by $a + b + c$, the inequality becomes as follows:

$$\begin{aligned} \sum \frac{a^2 + ab + ac}{4a + b + 4c} &\leq \frac{a + b + c}{3}, \\ \sum \left(\frac{a^2 + ab + ac}{4a + b + 4c} - \frac{a}{4} \right) &\leq \frac{a + b + c}{12}, \\ \sum \frac{9ab}{4a + b + 4c} &\leq a + b + c. \end{aligned}$$

Since

$$\begin{aligned} \frac{9}{4a + b + 4c} &= \frac{9}{(2a + c) + (2a + c) + (2c + b)} \leq \frac{1}{2a + c} + \frac{1}{2a + c} + \frac{1}{2c + b} \\ &= \frac{2}{2a + c} + \frac{1}{2c + b}, \end{aligned}$$

we have

$$\begin{aligned}\sum \frac{9ab}{4a+b+4c} &\leq \sum \frac{2ab}{2a+c} + \sum \frac{ab}{2c+b} = \sum \frac{2ab}{2a+c} + \sum \frac{bc}{2a+c} \\ &= \sum \frac{2ab+bc}{2a+c} = \sum b = a+b+c.\end{aligned}$$

The equality holds for $a = b = c = 1$, and also for $a = 0, b = 1, c = 2$ (or any cyclic permutation).

Second Solution. Write the inequality as follows:

$$\begin{aligned}\sum a(4-a)(4-c) &\leq (4-a)(4-b)(4-c), \\ 32 + \sum ab^2 + abc &\leq 4 \left(\sum a^2 + 2 \sum ab \right), \\ 32 + \sum ab^2 + abc &\leq 4 \left(\sum a \right)^2, \\ ab^2 + bc^2 + ca^2 + abc &\leq 4.\end{aligned}$$

The last inequality is just the inequality in (a).

(c) Using the inequality in (a), we get

$$(a+b+c)(ab^2 + bc^2 + ca^2 + abc) \leq 12,$$

which is equivalent to the desired inequality

$$ab^3 + bc^3 + ca^3 + (ab + bc + ca)^2 \leq 12.$$

(d) Let $q = ab + bc + ca$. Since

$$\sum ab^2(1+b+c)(1+c+a) = \sum ab^2(4+q+c+c^2) = (4+q) \sum ab^2 + (3+q)abc$$

and

$$\begin{aligned}\prod(1+a+b) &= 1 + \sum(a+b) + \sum(b+c)(c+a) + \prod(a+b) \\ &= 7 + 3q + \sum c^2 + (3q - abc) = 16 + 4q - abc,\end{aligned}$$

the inequality is equivalent to

$$(4+q) \sum ab^2 + (3+q)abc \leq 16 + 4q - abc,$$

$$(4+q) \left(\sum ab^2 + abc - 4 \right) \leq 0.$$

According to (a), the desired inequality is clearly true.

Remark. The following statement is also valid:

- If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$ab^2 + bc^2 + ca^2 + abc + (a-1)^2(b-1)^2(c-1)^2 \leq 4,$$

with equality for $a = b = c = 1$, and also for $a = 0, b = 1, c = 2$ (or any cyclic permutation).

Having in view the second solution of (a), it is enough to show that

$$(a-1)^2(b-1)^2(c-1)^2 \leq (4-b)(1-b)^2,$$

where b is between a and c . This is true if

$$|(a-1)(c-1)| \leq \sqrt{4-b}.$$

Assuming that $a \leq c$ (hence $a \leq b \leq c$, $a \leq 1$, $c \geq 1$), the inequality can be written as follows:

$$(1-a)(c-1) \leq \sqrt{4-b},$$

$$a + c - 1 \leq ac + \sqrt{4-b},$$

$$2 - b \leq ac + \sqrt{4-b}.$$

This is true if

$$2 - b \leq \sqrt{4-b}.$$

Indeed,

$$\begin{aligned} \sqrt{4-b} - (2-b) &= \frac{4-b - (2-b)^2}{\sqrt{4-b} + 2-b} = \frac{b(3-b)}{\sqrt{4-b} + 2-b} \\ &= \frac{b(a+c)}{\sqrt{4-b} + 2-b} \geq 0. \end{aligned}$$

□

P 1.10. If a, b, c are positive real numbers, then

$$\frac{1}{a(a+2b)} + \frac{1}{b(b+2c)} + \frac{1}{c(c+2a)} \geq \frac{3}{ab+bc+ca}.$$

First Solution. Write the inequality as

$$\begin{aligned} \sum \frac{a(b+c) + bc}{a(a+2b)} &\geq 3, \\ \sum \frac{b+c}{a+2b} + \sum \frac{bc}{a(a+2b)} &\geq 3. \end{aligned}$$

It suffices to show that

$$\sum \frac{b+c}{a+2b} \geq 2$$

and

$$\sum \frac{bc}{a(a+2b)} \geq 1.$$

By the Cauchy-Schwarz inequality, we have

$$\sum \frac{b+c}{a+2b} \geq \frac{[\sum(b+c)]^2}{\sum(b+c)(a+2b)} = \frac{4(\sum a)^2}{2\sum a^2 + 4\sum ab} = 2$$

and

$$\sum \frac{bc}{a(a+2b)} \geq \frac{(\sum bc)^2}{abc \sum(a+2b)} = \frac{(\sum bc)^2}{3abc \sum a} = 1 + \frac{\sum a^2(b-c)^2}{6abc \sum a} \geq 1.$$

The equality holds for $a = b = c$.

Second Solution. We apply the Cauchy-Schwarz inequality in the following way

$$\sum \frac{1}{a(a+2b)} \geq \frac{(\sum c)^2}{\sum ac^2(a+2b)} = \frac{(\sum a)^2}{\sum a^2b^2 + 2abc \sum a}.$$

Thus, it suffices to show that

$$\frac{(\sum a)^2}{\sum a^2b^2 + 2abc \sum a} \geq \frac{3}{\sum ab},$$

which is equivalent to

$$\left(\sum ab\right) \left(\sum a^2 + 2 \sum ab\right) \geq 3 \sum a^2b^2 + 6abc \sum a,$$

$$\sum ab(a^2 + b^2) \geq \sum a^2b^2 + abc \sum a.$$

The latter inequality follows by summing the obvious inequalities

$$\sum ab(a^2 + b^2) \geq 2 \sum a^2b^2$$

and

$$\sum a^2b^2 \geq abc \sum a.$$

□

P 1.11. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a}{b^2 + 2c} + \frac{b}{c^2 + 2a} + \frac{c}{a^2 + 2b} \geq 1.$$

Solution. Using the Cauchy-Schwarz inequality, we get

$$\sum \frac{a}{b^2 + 2c} \geq \frac{(\sum a)^2}{\sum a(b^2 + 2c)} = 1 + \frac{\sum a^2 - \sum ab^2}{\sum ab^2 + 2\sum ab}.$$

Thus, it suffices to show that

$$\sum a^2 - \sum ab^2 \geq 0.$$

Write this inequality in the homogeneous form

$$(a + b + c)(a^2 + b^2 + c^2) \geq 3(ab^2 + bc^2 + ca^2),$$

which is equivalent to the obvious inequality

$$a(a - c)^2 + b(b - a)^2 + c(c - b)^2 \geq 0.$$

The equality holds for $a = b = c = 1$.

□

P 1.12. If a, b, c are positive real numbers such that $a + b + c \geq 3$, then

$$\frac{a-1}{b+1} + \frac{b-1}{c+1} + \frac{c-1}{a+1} \geq 0.$$

Solution. Write the inequality as

$$(a^2 - 1)(c + 1) + (b^2 - 1)(a + 1) + (c^2 - 1)(b + 1) \geq 0,$$

$$ab^2 + bc^2 + ca^2 + a^2 + b^2 + c^2 \geq a + b + c + 3.$$

From

$$a(b - 1)^2 + b(c - 1)^2 + c(a - 1)^2 \geq 0,$$

we get

$$ab^2 + bc^2 + ca^2 \geq 2(ab + bc + ca) - (a + b + c).$$

Using this inequality yields

$$\begin{aligned} ab^2 + bc^2 + ca^2 + a^2 + b^2 + c^2 - a - b - c - 3 &\geq (a + b + c)^2 - 2(a + b + c) - 3 \\ &= (a + b + c - 3)(a + b + c + 1) \geq 0. \end{aligned}$$

The equality holds for $a = b = c = 1$.

□

P 1.13. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$(a) \quad \frac{1}{a^2b+2} + \frac{1}{b^2c+2} + \frac{1}{c^2a+2} \geq 1;$$

$$(b) \quad \frac{1}{a^3b+2} + \frac{1}{b^3c+2} + \frac{1}{c^3a+2} \geq 1.$$

Solution. By the AM-GM inequality, we have

$$1 = \left(\frac{a+b+c}{3} \right)^3 \geq abc.$$

On the other hand, according to the inequality in P 1.9-(a):

$$ab^2 + bc^2 + ca^2 \leq 4 - abc.$$

(a) By expanding, the inequality can be restated as

$$a^3b^3c^3 + abc(ab^2 + bc^2 + ca^2) \leq 4.$$

It is true if

$$a^3b^3c^3 + abc(4 - abc) \leq 4,$$

which is equivalent to

$$(abc - 1)(a^2b^2c^2 + 4) \geq 0.$$

The equality occurs for $a = b = c = 1$.

(b) By expanding, the inequality becomes

$$a^4b^4c^4 + abc(a^2b^3 + b^2c^3 + c^2a^3) \leq 4.$$

Let $p = a + b + c$, $q = ab + bc + ca$ and $r = abc$. Using the inequality from P 1.9-(a), we have

$$\begin{aligned} a^2b^3 + b^2c^3 + c^2a^3 &= (ab^2 + bc^2 + ca^2)(ab + bc + ca) - abc(a^2 + b^2 + c^2 + ab + bc + ca) \\ &\leq (4 - r)q - r(9 - q) = 4q - 9r. \end{aligned}$$

Thus, it suffices to show that

$$r^4 + r(4q - 9r) \leq 4.$$

By Schur's inequality, we have

$$4q \leq \frac{p^3 + 9r}{p} = 9 + 3r.$$

Therefore,

$$r^4 + r(4q - 9r) - 4 \leq r^4 + r(9 - 6r) - 4 = r^4 - 6r^2 + 9r - 4 = (r - 1)(r^3 + r^2 - 5r + 4)$$

$$= (r-1)[r^3 + (1-r)(4-r)] \leq 0.$$

The equality occurs for $a = b = c = 1$.

Remark 1. We can generalize the inequality in (a) as follows (see P 1.38):

- If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then the inequality

$$\frac{1}{a^2b+k} + \frac{1}{b^2c+k} + \frac{1}{c^2a+k} \geq \frac{3}{1+k}$$

holds for $0 \leq k \leq 8$, with equality for $a = b = c = 1$. If $k = 8$, then the equality occurs again for $a = 0, b = 1, c = 2$ (or any cyclic permutation).

Remark 2. We claim that the following open generalization of the inequality in (b) is true:

- If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then the inequality

$$\frac{1}{a^3b+k} + \frac{1}{b^3c+k} + \frac{1}{c^3a+k} \geq \frac{3}{1+k}$$

holds for $0 \leq k \leq k_0$, where $k_0 = \frac{1458}{473} \approx 3.08245$. For $k = k_0$, the equality occurs when $a = b = c = 1$, and also when $a = \frac{9}{4}, b = \frac{3}{4}$ and $c = 0$ (or any cyclic permutation). □

P 1.14. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{ab}{9-4bc} + \frac{bc}{9-4ca} + \frac{ca}{9-4ab} \leq \frac{3}{5}.$$

Solution. We have

$$\begin{aligned} \sum \frac{ab}{9-4bc} &\leq \sum \frac{ab}{9-(b+c)^2} = \sum \frac{b}{3+b+c} = \sum \frac{b}{a+2b+2c} \\ &= \frac{1}{2} \sum \left[1 - \frac{a+2c}{a+2b+2c} \right] = \frac{3}{2} - \frac{1}{2} \sum \frac{a+2c}{a+2b+2c}. \end{aligned}$$

Thus, it suffices to show that

$$\sum \frac{a+2c}{a+2b+2c} \geq \frac{9}{5}.$$

Using the Cauchy-Schwarz inequality, we get

$$\sum \frac{a+2c}{a+2b+2c} \geq \frac{[\sum(a+2c)]^2}{\sum(a+2c)(a+2b+2c)} = \frac{9(a+b+c)^2}{5(a+b+c)^2} = \frac{9}{5}.$$

The equality holds for $a = b = c = 1$. □

P 1.15. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$(a) \quad \frac{a^2}{2a + b^2} + \frac{b^2}{2b + c^2} + \frac{c^2}{2c + a^2} \geq 1;$$

$$(b) \quad \frac{a^2}{a + 2b^2} + \frac{b^2}{b + 2c^2} + \frac{c^2}{c + 2a^2} \geq 1.$$

Solution. (a) By the Cauchy-Schwarz inequality, we have

$$\sum \frac{a^2}{2a + b^2} \geq \frac{(\sum a^2)^2}{\sum a^2(2a + b^2)} = \frac{\sum a^4 + 2 \sum a^2 b^2}{2 \sum a^3 + \sum a^2 b^2}.$$

Thus, it suffices to prove that

$$\sum a^4 + \sum a^2 b^2 \geq 2 \sum a^3,$$

which is equivalent to the homogeneous inequalities

$$3 \sum a^4 + 3 \sum a^2 b^2 \geq 2 \left(\sum a \right) \left(\sum a^3 \right),$$

$$\sum a^4 + 3 \sum a^2 b^2 - 2 \sum ab(a^2 + b^2) \geq 0,$$

$$\sum (a - b)^4 \geq 0.$$

The equality holds for $a = b = c = 1$.

(b) By the Cauchy-Schwarz inequality, we get

$$\sum \frac{a^2}{a + 2b^2} \geq \frac{(\sum a^2)^2}{\sum a^2(a + 2b^2)} = \frac{\sum a^4 + 2 \sum a^2 b^2}{\sum a^3 + 2 \sum a^2 b^2}.$$

Thus, it suffices to prove that

$$\sum a^4 \geq \sum a^3.$$

We have

$$\sum a^4 - \sum a^3 = \sum (a^4 - a^3 - a + 1) = \sum (a - 1)(a^3 - 1) \geq 0.$$

The equality holds for $a = b = c = 1$.

□

P 1.16. Let a, b, c be positive real numbers such that $a + b + c = 3$. Then,

$$\frac{1}{a + b^2 + c^3} + \frac{1}{b + c^2 + a^3} + \frac{1}{c + a^2 + b^3} \leq 1.$$

(Vasile Cîrtoaje, 2009)

Solution (by Vo Quoc Ba Can). By the Cauchy-Schwarz inequality, we have

$$\sum \frac{1}{a+b^2+c^3} \leq \sum \frac{a^3+b^2+c}{(a^2+b^2+c^2)^2} = \frac{\sum a^3 + \sum a^2 + 3}{(a^2+b^2+c^2)^2}.$$

Therefore, it suffices to show that

$$(a^2+b^2+c^2)^2 \geq a^3+b^3+c^3 + (a^2+b^2+c^2) + 3,$$

or, equivalently,

$$(a^2+b^2+c^2)^2 + \sum a^2(3-a) \geq 4(a^2+b^2+c^2) + 3.$$

Let us denote $t = a^2 + b^2 + c^2$. Applying again the Cauchy-Schwarz inequality, we get

$$\sum a^2(3-a) \geq \frac{[\sum a(3-a)]^2}{\sum (3-a)} = \frac{(9-a^2-b^2-c^2)^2}{6}.$$

Thus, it is enough to show that

$$t^2 + \frac{(9-t)^2}{6} \geq 4t + 3.$$

This inequality reduces to $(t-3)^2 \geq 0$. The equality occurs for $a = b = c = 1$.

□

P 1.17. If a, b, c are positive real numbers, then

$$\frac{1+a^2}{1+b+c^2} + \frac{1+b^2}{1+c+a^2} + \frac{1+c^2}{1+a+b^2} \geq 2.$$

Solution. From

$$1+b+c^2 \leq 1 + \frac{1+b^2}{2} + c^2,$$

we have

$$\frac{1+a^2}{1+b+c^2} \geq \frac{2(1+a^2)}{1+b^2+2(1+c^2)}.$$

Thus, it suffices to show that

$$\frac{x}{y+2z} + \frac{y}{z+2x} + \frac{z}{x+2y} \geq 1,$$

where

$$x = 1+a^2, \quad y = 1+b^2, \quad z = 1+c^2.$$

Using the Cauchy-Schwarz inequality gives

$$\begin{aligned} \frac{x}{y+2z} + \frac{y}{z+2x} + \frac{z}{x+2y} &\geq \frac{(x+y+z)^2}{x(y+2z) + y(z+2x) + z(x+2y)} \\ &= \frac{(x+y+z)^2}{3(xy+yz+zx)} \geq 1. \end{aligned}$$

The equality occurs for $a = b = c = 1$.

□

P 1.18. If a, b, c are nonnegative real numbers, then

$$\frac{a}{4a+4b+c} + \frac{b}{4b+4c+a} + \frac{c}{4c+4a+b} \leq \frac{1}{3}.$$

(Pham Kim Hung, 2007)

Solution. If two of a, b, c are zero, then the inequality is trivial. Otherwise, multiplying by $4(a+b+c)$, the inequality becomes as follows:

$$\begin{aligned} \sum \frac{4a(a+b+c)}{4a+4b+c} &\leq \frac{4}{3}(a+b+c), \\ \sum \left[\frac{4a(a+b+c)}{4a+4b+c} - a \right] &\leq \frac{1}{3}(a+b+c), \\ \sum \frac{ca}{4a+4b+c} &\leq \frac{1}{9}(a+b+c). \end{aligned}$$

By the AM-HM inequality, we get

$$\frac{9}{4a+4b+c} = \frac{9}{(2b+c) + 2(2a+b)} \leq \frac{1}{2b+c} + \frac{2}{2a+b}.$$

Therefore,

$$\begin{aligned} \sum \frac{ca}{4a+4b+c} &\leq \frac{1}{9} \sum ca \left(\frac{1}{2b+c} + \frac{2}{2a+b} \right) \\ &= \frac{1}{9} \left(\sum \frac{ca}{2b+c} + \sum \frac{2ab}{2b+c} \right) = \frac{1}{9} \sum a, \end{aligned}$$

as desired. The equality occurs for $a = b = c$, and also for $a = 2b$ and $c = 0$ (or any cyclic permutation).

□

P 1.19. If a, b, c are positive real numbers, then

$$\frac{a+b}{a+7b+c} + \frac{b+c}{b+7c+a} + \frac{c+a}{c+7a+b} \geq \frac{2}{3}.$$

Solution. Write the inequality as

$$\sum \left(\frac{a+b}{a+7b+c} - \frac{1}{k} \right) \geq \frac{2}{3} - \frac{3}{k}, \quad k > 0,$$

$$\sum \frac{(k-1)a + (k-7)b - c}{a+7b+c} \geq \frac{2k-9}{3}.$$

Consider that all fractions in the left hand side are nonnegative and apply the Cauchy-Schwarz inequality, as follows:

$$\begin{aligned} \sum \frac{(k-1)a + (k-7)b - c}{a+7b+c} &\geq \frac{[(k-1)\sum a + (k-7)\sum b - \sum c]^2}{\sum(a+7b+c)[(k-1)a + (k-7)b - c]} \\ &= \frac{(2k-9)^2 (\sum a)^2}{(8k-51)\sum a^2 + 2(5k-15)\sum ab}. \end{aligned}$$

We choose $k = 12$ to have $8k - 51 = 5k - 15$, hence

$$(8k-51)\sum a^2 + 2(5k-15)\sum ab = 45 \left(\sum a \right)^2.$$

For this value of k , the desired inequality

$$\sum \frac{(k-1)a + (k-7)b - c}{a+7b+c} \geq \frac{2k-9}{3}$$

can be restated as

$$\sum \frac{11a + 5b - c}{a+7b+c} \geq 5.$$

Without loss of generality, assume that $a = \max\{a, b, c\}$. Consider further two cases.

Case 1: $11b + 5c - a \geq 0$. By the Cauchy-Schwarz inequality, we have

$$\sum \frac{11a + 5b - c}{a+7b+c} \geq \frac{[\sum(11a + 5b - c)]^2}{\sum(a+7b+c)(11a + 5b - c)} = \frac{225 (\sum a)^2}{45 (\sum a)^2} = 5.$$

Case 2: $11b + 5c - a < 0$. We have

$$\sum \frac{a+b}{a+7b+c} > \frac{a+b}{a+7b+c} = \frac{2}{3} + \frac{a-11b-2c}{3(a+7b+c)} > \frac{2}{3}.$$

Thus, the proof is completed. The equality holds for $a = b = c$.

□

P 1.20. If a, b, c are positive real numbers, then

$$\frac{a+b}{a+3b+c} + \frac{b+c}{b+3c+a} + \frac{c+a}{c+3a+b} \geq \frac{6}{5}.$$

(Vasile Cîrtoaje, 2007)

Solution. Due to homogeneity, we may assume that

$$a + b + c = 1,$$

when the inequality becomes

$$\sum \frac{1-c}{1+2b} \geq \frac{6}{5},$$

$$5 \sum (1-c)(1+2c)(1+2a) \geq 6(2a+1)(2b+1)(2c+1),$$

$$5 \left(4 + 6 \sum ab - 4 \sum a^2b \right) = 6 \left(3 + 4 \sum ab + 8abc \right),$$

$$1 + 3 \sum ab \geq 10 \sum a^2b + 24abc,$$

$$(a+b+c)^3 + 3(a+b+c)(ab+bc+ca) \geq 10(a^2b+b^2c+c^2a) + 24abc,$$

$$\sum a^3 + 6 \sum ab^2 \geq 4 \sum a^2b + 9abc,$$

$$\left[2 \sum a^3 - \sum ab(a+b) \right] + 3 \left[\sum ab(a+b) - 6abc \right] + 10 \left(\sum ab^2 - \sum a^2b \right) \geq 0,$$

$$\sum (a+b)(a-b)^2 + 3 \sum c(a-b)^2 + 10 \left(\sum ab^2 - \sum a^2b \right) \geq 0,$$

$$\sum (a+b+3c)(a-b)^2 + 10(a-b)(b-c)(c-a) \geq 0.$$

Assume that

$$a = \min\{a, b, c\},$$

and use the substitution

$$b = a + x, \quad c = a + y, \quad x, y \geq 0.$$

The inequality becomes

$$(5a+x+3y)x^2 + (5a+x+y)(x-y)^2 + (5a+3x+y)y^2 - 10xy(x-y) \geq 0.$$

Clearly, it suffices to consider the case $a = 0$, when the inequality becomes

$$x^3 - 4x^2y + 6xy^2 + y^3 \geq 0.$$

Indeed, we have

$$x^3 - 4x^2y + 6xy^2 + y^3 = x(x-2y)^2 + 2xy^2 + y^3 \geq 0.$$

The equality holds for $a = b = c$.

□

P 1.21. If a, b, c are positive real numbers, then

$$\frac{2a+b}{2a+c} + \frac{2b+c}{2b+a} + \frac{2c+a}{2c+b} \geq 3.$$

(Pham Kim Hung, 2007)

Solution. Without loss of generality, assume that $a = \max\{a, b, c\}$. There are two cases to consider.

Case 1: $a \leq 2b + 2c$. Write the inequality as

$$\sum \left(\frac{2a+b}{2a+c} - \frac{1}{2} \right) \geq \frac{3}{2},$$

$$\sum \frac{2a+2b-c}{2a+c} \geq 3.$$

Since

$$2a+2b-c > 0, \quad 2b+2c-a \geq 0, \quad 2c+2a-b > 0,$$

we may apply the Cauchy-Schwarz inequality to get

$$\sum \frac{2a+2b-c}{2a+c} \geq \frac{[\sum(2a+2b-c)]^2}{\sum(2a+2b-c)(2a+c)} = \frac{9(\sum a)^2}{3(\sum a)^2} = 3.$$

Case 2: $a > 2b + 2c$. Since

$$2a+c-(2b+a) = (a-2b-2c)+3c > 0,$$

we have

$$\frac{2a+b}{2a+c} + \frac{2b+c}{2b+a} > \frac{2a+b}{2a+c} + \frac{2b+c}{2a+c} = 1 + \frac{3b}{2a+c} > 1.$$

Therefore, it suffices to show that

$$\frac{2c+a}{2c+b} \geq 2.$$

Indeed,

$$\frac{2c+a}{2c+b} > \frac{2c+2b+2c}{2c+b} = 2.$$

Thus, the proof is completed. The equality holds for $a = b = c$.

□

P 1.22. If a, b, c are positive real numbers, then

$$\frac{a(a+b)}{a+c} + \frac{b(b+c)}{b+a} + \frac{c(c+a)}{c+b} \leq \frac{3(a^2+b^2+c^2)}{a+b+c}.$$

(Pham Huu Duc, 2007)

Solution. Write the inequality as

$$\begin{aligned}\sum \frac{a(a+b)(a+b+c)}{a+c} &\leq 3(a^2+b^2+c^2), \\ \sum \frac{ab(a+b) + a(a+b)(a+c)}{a+c} &\leq 3(a^2+b^2+c^2), \\ \sum \frac{ab(a+b)}{a+c} &\leq 2(a^2+b^2+c^2) - (ab+bc+ca).\end{aligned}$$

Let (x, y, z) be a permutation of (a, b, c) such that $x \geq y \geq z$. Since

$$x+y \geq z+x \geq y+z$$

and

$$xy(x+y) \geq zx(z+x) \geq yz(y+z),$$

by the rearrangement inequality, we have

$$\sum \frac{ab(a+b)}{a+c} \leq \frac{xy(x+y)}{y+z} + \frac{zx(z+x)}{z+x} + \frac{yz(y+z)}{x+y}.$$

Consequently, it suffices to show that

$$\frac{xy(x+y)}{y+z} + \frac{yz(y+z)}{x+y} \leq 2(x^2+y^2+z^2) - xy - yz - 2zx.$$

Write this inequality as follows:

$$\begin{aligned}xy \left(\frac{x+y}{y+z} - 1 \right) + yz \left(\frac{y+z}{x+y} - 1 \right) &\leq 2(x^2+y^2+z^2) - xy - yz - zx, \\ \frac{xy(x-z)}{y+z} + \frac{yz(z-x)}{x+y} &\leq (x-y)^2 + (y-z)^2 + (z-x)^2, \\ \frac{y(x+y+z)(z-x)^2}{(x+y)(y+z)} &\leq (x-y)^2 + (y-z)^2 + (z-x)^2.\end{aligned}$$

Since

$$y(x+y+z) < (x+y)(y+z),$$

the last inequality is clearly true. The equality holds for $a = b = c$.

□

P 1.23. If a, b, c are real numbers, then

$$\frac{a^2 - bc}{4a^2 + b^2 + 4c^2} + \frac{b^2 - ca}{4b^2 + c^2 + 4a^2} + \frac{c^2 - ab}{4c^2 + a^2 + 4b^2} \geq 0.$$

(Vasile Cîrtoaje, 2006)

Solution. Since

$$\frac{4(a^2 - bc)}{4a^2 + b^2 + 4c^2} = 1 - \frac{(b + 2c)^2}{4a^2 + b^2 + 4c^2},$$

we may rewrite the inequality as

$$\frac{(b + 2c)^2}{4a^2 + b^2 + 4c^2} + \frac{(c + 2a)^2}{4b^2 + c^2 + 4a^2} + \frac{(a + 2b)^2}{4c^2 + a^2 + 4b^2} \leq 3.$$

Using the Cauchy-Schwarz inequality gives

$$\frac{(b + 2c)^2}{4a^2 + b^2 + 4c^2} = \frac{(b + 2c)^2}{(2a^2 + b^2) + 2(2c^2 + a^2)} \leq \frac{b^2}{2a^2 + b^2} + \frac{2c^2}{2c^2 + a^2}.$$

Therefore,

$$\sum \frac{(b + 2c)^2}{4a^2 + b^2 + 4c^2} \leq \sum \frac{b^2}{2a^2 + b^2} + \sum \frac{2c^2}{2c^2 + a^2} = \sum \frac{b^2}{2a^2 + b^2} + \sum \frac{2a^2}{2a^2 + b^2} = 3.$$

The equality occurs when

$$a(2b^2 + c^2) = b(2c^2 + a^2) = c(2a^2 + b^2);$$

that is, when $a = b = c$, and also when $a = 2b = 4c$ (or any cyclic permutation).

Remark. Similarly, we can prove the following generalization:

- Let a, b, c be real numbers. If $k > 0$, then

$$\frac{a^2 - bc}{2ka^2 + b^2 + k^2c^2} + \frac{b^2 - ca}{2kb^2 + c^2 + k^2a^2} + \frac{c^2 - ab}{2kc^2 + a^2 + k^2b^2} \geq 0,$$

with equality for $a = b = c$, and also for $a = kb = k^2c$ (or any cyclic permutation).

□

P 1.24. If a, b, c are real numbers, then

$$(a) \quad a(a + b)^3 + b(b + c)^3 + c(c + a)^3 \geq 0;$$

$$(b) \quad a(a + b)^5 + b(b + c)^5 + c(c + a)^5 \geq 0.$$

(Vasile Cîrtoaje, 1989)

Solution. (a) Using the substitution

$$b + c = 2x, \quad c + a = 2y, \quad a + b = 2z,$$

which are equivalent to

$$a = y + z - x, \quad b = z + x - y, \quad c = x + y - z,$$

the inequality becomes in succession

$$x^4 + y^4 + z^4 + xy^3 + yz^3 + zx^3 \geq x^3y + y^3z + z^3x,$$

$$\sum (x^4 + 2xy^3 - 2x^3y + y^4) \geq 0,$$

$$\sum (x^2 - xy - y^2)^2 + \sum x^2y^2 \geq 0,$$

the last being clearly true. The equality occurs for $a = b = c = 0$.

(b) Using the same substitution, the inequality turns into

$$x^6 + y^6 + z^6 + xy^5 + yz^5 + zx^5 \geq x^5y + y^5z + z^5x,$$

which is equivalent to

$$\sum [x^6 + y^6 - 2xy(x^4 - y^4)] \geq 0,$$

$$\sum [(x^2 + y^2)(x^4 - x^2y^2 + y^4) - 2xy(x^2 + y^2)(x^2 - y^2)] \geq 0,$$

$$\sum (x^2 + y^2)(x^2 - xy - y^2)^2 \geq 0.$$

The equality occurs for $a = b = c = 0$.

□

P 1.25. If a, b, c are real numbers, then

$$3(a^4 + b^4 + c^4) + 4(a^3b + b^3c + c^3a) \geq 0.$$

(Vasile Cîrtoaje, 2005)

Solution. If a, b, c are nonnegative, then the inequality is trivial. Since the inequality remains unchanged by replacing a, b, c with $-a, -b, -c$, respectively, it suffices to consider the case when only one of a, b, c is negative; let $c < 0$. Replacing now c with $-c$, the inequality can be restated as

$$3(a^4 + b^4 + c^4) + 4a^3b \geq 4(b^3c + c^3a),$$

where $a, b, c \geq 0$. It is enough to prove that

$$3(a^4 + b^4 + c^4 + a^3b) \geq 4(b^3c + c^3a).$$

Case 1: $a \leq b$. Since $a^3b \geq a^4$, it suffices to show that

$$6a^4 + 3b^4 + 3c^4 \geq 4(b^3c + ac^3).$$

Using the AM-GM inequality yields

$$3b^4 + c^4 \geq 4\sqrt[4]{b^{12}c^4} = 4b^3c.$$

Therefore, it suffices to show that

$$6a^4 + 2c^4 \geq 4ac^3.$$

Indeed, we have

$$3a^4 + c^4 = 3a^4 + \frac{1}{3}c^4 + \frac{1}{3}c^4 + \frac{1}{3}c^4 \geq 4\sqrt[4]{\frac{a^4c^{12}}{9}} = \frac{4}{\sqrt{3}}ac^3 \geq 2ac^3.$$

Case 2: $a \geq b$. Since $3a^3b \geq 3b^4$, it suffices to show that

$$3a^4 + 6b^4 + 3c^4 \geq 4(b^3c + ac^3).$$

By the AM-GM inequality, we get

$$6b^4 + \frac{c^4}{8} = 2b^4 + 2b^4 + 2b^4 + \frac{c^4}{8} \geq 4\sqrt[4]{b^{12}c^4} = 4b^3c.$$

Thus, we still have to show that

$$3a^4 + \frac{23}{8}c^4 \geq 4ac^3.$$

We will prove the sharper inequality

$$3a^4 + \frac{5}{2}c^4 \geq 4ac^3.$$

Indeed, we have

$$3a^4 + \frac{5}{2}c^4 = 3a^4 + \frac{5}{6}c^4 + \frac{5}{6}c^4 + \frac{5}{6}c^4 \geq 4\sqrt[4]{\frac{125a^4c^{12}}{72}} \geq 4ac^3.$$

The equality occurs for $a = b = c = 0$.

□

P 1.26. If a, b, c are positive real numbers, then

$$\frac{(a-b)(2a+b)}{(a+b)^2} + \frac{(b-c)(2b+c)}{(b+c)^2} + \frac{(c-a)(2c+a)}{(c+a)^2} \geq 0.$$

(Vasile Cîrtoaje, 2006)

Solution. Since

$$\frac{(a-b)(2a+b)}{(a+b)^2} = \frac{2a^2 - b(a+b)}{(a+b)^2} = \frac{2a^2}{(a+b)^2} - \frac{b}{a+b},$$

we can write the inequality as

$$2 \sum \left(\frac{a}{a+b} \right)^2 - \sum \frac{b}{a+b} \geq 0.$$

According to P 1.1 in Volume 2, we have

$$\begin{aligned} 2 \sum \left(\frac{a}{a+b} \right)^2 &= \sum \left(\frac{a}{a+b} \right)^2 + \sum \left(\frac{b}{b+c} \right)^2 \\ &= \sum \left[\frac{1}{(1+b/a)^2} + \frac{1}{(1+c/b)^2} \right] \\ &\geq \sum \frac{1}{1+c/a} = \sum \frac{a}{a+c} = \sum \frac{b}{b+a}. \end{aligned}$$

Therefore,

$$2 \sum \left(\frac{a}{a+b} \right)^2 - \sum \frac{b}{a+b} \geq \sum \frac{b}{b+a} - \sum \frac{b}{a+b} = 0.$$

The equality holds for $a = b = c$.

□

P 1.27. If a, b, c are positive real numbers, then

$$\frac{(a-b)(2a+b)}{a^2+ab+b^2} + \frac{(b-c)(2b+c)}{b^2+bc+c^2} + \frac{(c-a)(2c+a)}{c^2+ca+a^2} \geq 0.$$

(Vasile Cîrtoaje, 2006)

Solution. Since

$$\frac{(a-b)(2a+b)}{a^2+ab+b^2} = \frac{3a^2 - (a^2+ab+b^2)}{a^2+ab+b^2} = \frac{3a^2}{a^2+ab+b^2} - 1,$$

we can write the inequality as

$$\begin{aligned} \sum \frac{a^2}{a^2+ab+b^2} &\geq 1, \\ \sum \frac{1}{1+b/a+(b/a)^2} &\geq 1. \end{aligned}$$

Clearly, this inequality follows immediately from P 1.45 in Volume 2. The equality holds for $a = b = c$.

□

P 1.28. If a, b, c are positive real numbers, then

$$\frac{(a-b)(3a+b)}{a^2+b^2} + \frac{(b-c)(3b+c)}{b^2+c^2} + \frac{(c-a)(3c+a)}{c^2+a^2} \geq 0.$$

(Vasile Cîrtoaje, 2006)

Solution. Since

$$(a-b)(3a+b) = (a-b)^2 + 2(a^2 - b^2),$$

we can write the inequality as

$$\sum \frac{(a-b)^2}{a^2+b^2} + 2 \sum \frac{a^2-b^2}{a^2+b^2} \geq 0.$$

Using the identity

$$\sum \frac{a^2-b^2}{a^2+b^2} + \prod \frac{a^2-b^2}{a^2+b^2} = 0,$$

the inequality becomes

$$\sum \frac{(a-b)^2}{a^2+b^2} \geq 2 \prod \frac{a^2-b^2}{a^2+b^2}.$$

By the AM-GM inequality, we have

$$\sum \frac{(a-b)^2}{a^2+b^2} \geq 3 \sqrt[3]{\prod \frac{(a-b)^2}{a^2+b^2}}.$$

Thus, it suffices to show that

$$3 \sqrt[3]{\prod \frac{(a-b)^2}{a^2+b^2}} \geq 2 \prod \frac{a^2-b^2}{a^2+b^2},$$

which is equivalent to

$$27 \prod \frac{(a-b)^2}{a^2+b^2} \geq 8 \prod \frac{(a^2-b^2)^3}{(a^2+b^2)^3}.$$

This inequality is true if

$$27 \prod (a^2+b^2)^2 \geq \prod (a-b)(a+b)^3.$$

Assume that $a = \max\{a, b, c\}$. For the nontrivial case $a > c > b$, we can get this inequality by multiplying the inequalities

$$3(a^2+b^2)^2 \geq 2(a-b)(a+b)^3,$$

$$3(c^2+b^2)^2 \geq 2(c-b)(c+b)^3,$$

$$3(a^2+c^2)^2 \geq 2(a-c)(a+c)^3.$$

These inequalities are true because

$$3(a^2+b^2)^2 - 2(a-b)(a+b)^3 = a^2(a-2b)^2 + b^2(2a^2+4ab+5b^2) > 0.$$

The equality holds for $a = b = c$.

□

P 1.29. Let a, b, c be positive real numbers such that $abc = 1$. Then,

$$\frac{1}{1+a+b^2} + \frac{1}{1+b+c^2} + \frac{1}{1+c+a^2} \leq 1.$$

(Vasile Cîrtoaje, 2005)

Solution. Using the substitution

$$a = x^3, \quad b = y^3, \quad c = z^3,$$

we have to show that $xyz = 1$ involves

$$\frac{1}{1+x^3+y^6} + \frac{1}{1+y^3+z^6} + \frac{1}{1+z^3+x^6} \leq 1.$$

By the Cauchy-Schwarz inequality, we have

$$\sum \frac{1}{1+x^3+y^6} \leq \sum \frac{z^4+x+y^{-2}}{(z^2+x^2+y^2)^2} = \frac{\sum(z^4+x^2yz+x^2z^2)}{(x^2+y^2+z^2)^2}.$$

So, it remains to show that

$$(x^2+y^2+z^2)^2 \geq \sum x^4 + xyz \sum x + \sum x^2y^2,$$

which is equivalent to the known inequality

$$\sum x^2y^2 \geq xyz \sum x.$$

The equality occurs for $a = b = c = 1$.

Remark. Actually, the following generalization holds:

- Let a, b, c be positive real numbers such that $abc = 1$. If $k \geq 0$, then

$$\frac{1}{1+a+b^k} + \frac{1}{1+b+c^k} + \frac{1}{1+c+a^k} \leq 1.$$

□

P 1.30. Let a, b, c be positive real numbers such that $abc = 1$. Then,

$$\frac{a}{(a+1)(b+2)} + \frac{b}{(b+1)(c+2)} + \frac{c}{(c+1)(a+2)} \geq \frac{1}{2}.$$

Solution. Using the substitution

$$a = \frac{x}{y}, \quad b = \frac{y}{z}, \quad c = \frac{z}{x},$$

where x, y, z are positive real numbers, the inequality can be restated as

$$\frac{zx}{(x+y)(y+2z)} + \frac{xy}{(y+z)(z+2x)} + \frac{yz}{(z+x)(x+2y)} \geq \frac{1}{2}.$$

By the Cauchy-Schwarz inequality, we have

$$\sum \frac{zx}{(x+y)(y+2z)} \geq \frac{(\sum zx)^2}{\sum zx(x+y)(y+2z)} = \frac{1}{2}.$$

The equality occurs for $a = b = c = 1$.

□

P 1.31. If a, b, c are positive real numbers such that $ab + bc + ca = 3$, then

$$(a+2b)(b+2c)(c+2a) \geq 27.$$

(Michael Rozenberg, 2007)

Solution. Write the inequality in the homogeneous form

$$A + B \geq 0,$$

where

$$\begin{aligned} A &= (a+2b)(b+2c)(c+2a) - 3(a+b+c)(ab+bc+ca) \\ &= (a-b)(b-c)(c-a) \end{aligned}$$

and

$$B = 3(ab+bc+ca)[a+b+c - \sqrt{3(ab+bc+ca)}].$$

Since

$$\begin{aligned} B &= \frac{3(ab+bc+ca)[(a-b)^2 + (b-c)^2 + (c-a)^2]}{2(a+b+c + \sqrt{3(ab+bc+ca)})} \\ &\geq \frac{3(ab+bc+ca)[(a-b)^2 + (b-c)^2 + (c-a)^2]}{4(a+b+c)}, \end{aligned}$$

it suffices to show that

$$4(a+b+c)(a-b)(b-c)(c-a) + 3(ab+bc+ca)[(a-b)^2 + (b-c)^2 + (c-a)^2] \geq 0.$$

Consider $c = \min\{a, b, c\}$, and use the substitution

$$a = c + x, \quad b = c + y, \quad x, y \geq 0.$$

The inequality becomes

$$-4xy(x - y)(3c + x + y) + 6(x^2 - xy + y^2)[3c^2 + 2(x + y)c + xy] \geq 0,$$

which is equivalent to

$$9(x^2 - xy + y^2)c^2 + 6Cc + D \geq 0,$$

where

$$C = x^3 - x^2y + xy^2 + y^3 \geq x(x^2 - xy + y^2),$$

$$D = xy(x^2 + 5y^2 - 3xy) \geq (2\sqrt{5} - 3)x^2y^2.$$

Since $C \geq 0$ and $D \geq 0$, the inequality is obvious. The equality holds for $a = b = c = 1$.

□

P 1.32. If a, b, c are positive real numbers such that $ab + bc + ca = 3$, then

$$\frac{a}{a + a^3 + b} + \frac{b}{b + b^3 + c} + \frac{c}{c + c^3 + a} \leq 1.$$

(Andrei Ciupan, 2005)

Solution. Write the inequality as

$$\frac{1}{1 + a^2 + b/a} + \frac{1}{1 + b^2 + c/b} + \frac{1}{1 + c^2 + a/c} \leq 1.$$

By the Cauchy-Schwarz inequality, we have

$$\sum \frac{1}{1 + a^2 + b/a} \leq \sum \frac{c^2 + 1 + ab}{(c + a + b)^2} = 1.$$

The equality holds for $a = b = c = 1$.

□

P 1.33. If a, b, c are positive real numbers such that $a \geq b \geq c$ and $ab + bc + ca = 3$, then

$$\frac{1}{a + 2b} + \frac{1}{b + 2c} + \frac{1}{c + 2a} \geq 1.$$

Solution. According to the well known inequality

$$x + y + z \geq \sqrt{3(xy + yz + zx)},$$

where x, y, z are positive real numbers, it suffices to prove that

$$\frac{1}{(a+2b)(b+2c)} + \frac{1}{(b+2c)(c+2a)} + \frac{1}{(c+2a)(a+2b)} \geq \frac{1}{3}.$$

This is equivalent to the following inequalities

$$\begin{aligned} 9(a+b+c) &\geq (a+2b)(b+2c)(c+2a), \\ 3(a+b+c)(ab+bc+ca) &\geq (a+2b)(b+2c)(c+2a), \\ a^2b + b^2c + c^2a &\geq ab^2 + bc^2 + ca^2, \\ (a-b)(b-c)(a-c) &\geq 0. \end{aligned}$$

The last inequality is clearly true for $a \geq b \geq c$. The equality occurs for $a = b = c = 1$. □

P 1.34. If $a, b, c \in [0, 1]$, then

$$\frac{a}{4b^2 + 5} + \frac{b}{4c^2 + 5} + \frac{c}{4a^2 + 5} \leq \frac{1}{3}.$$

Solution. Let

$$E(a, b, c) = \frac{a}{4b^2 + 5} + \frac{b}{4c^2 + 5} + \frac{c}{4a^2 + 5}.$$

We have

$$\begin{aligned} E(a, b, c) - E(1, b, c) &= \frac{a-1}{4b^2 + 5} + c \left(\frac{1}{4a^2 + 5} - \frac{1}{9} \right) \\ &= (1-a) \left[\frac{4c(1+a)}{9(4a^2 + 5)} - \frac{1}{4b^2 + 5} \right] \\ &\leq (1-a) \left[\frac{4(1+a)}{9(4a^2 + 5)} - \frac{1}{9} \right] \\ &= \frac{-(1-a)(1-2a)^2}{9(4a^2 + 5)} \leq 0, \end{aligned}$$

and, similarly,

$$E(a, b, c) - E(a, 1, c) \leq 0, \quad E(a, b, c) - E(a, b, 1) \leq 0.$$

Therefore,

$$E(a, b, c) \leq E(1, b, c) \leq E(1, 1, c) \leq E(1, 1, 1) = \frac{1}{3}.$$

The equality occurs for $a = b = c = 1$, and also for $a = \frac{1}{2}$ and $b = c = 1$ (or any cyclic permutation). □

P 1.35. If $a, b, c \in \left[\frac{1}{3}, 3\right]$, then

$$\frac{a}{a+b} + \frac{b}{b+c} + \frac{c}{c+a} \geq \frac{7}{5}.$$

Solution. Assume that $a = \max\{a, b, c\}$ and show that

$$E(a, b, c) \geq E(a, b, \sqrt{ab}) \geq \frac{7}{5},$$

where

$$E(a, b, c) = \frac{a}{a+b} + \frac{b}{b+c} + \frac{c}{c+a}.$$

We have

$$\begin{aligned} E(a, b, c) - E(a, b, \sqrt{ab}) &= \frac{b}{b+c} + \frac{c}{c+a} - \frac{2\sqrt{b}}{\sqrt{a} + \sqrt{b}} \\ &= \frac{(\sqrt{a} - \sqrt{b})(\sqrt{ab} - c)^2}{(b+c)(c+a)(\sqrt{a} + \sqrt{b})} \geq 0. \end{aligned}$$

Substituting $x = \sqrt{\frac{a}{b}}$, the hypothesis $a, b, c \in \left[\frac{1}{3}, 3\right]$ involves $x \in \left[\frac{1}{3}, 3\right]$. Then,

$$\begin{aligned} E(a, b, \sqrt{ab}) - \frac{7}{5} &= \frac{a}{a+b} + \frac{2\sqrt{b}}{\sqrt{a} + \sqrt{b}} - \frac{7}{5} \\ &= \frac{x^2}{x^2+1} + \frac{2}{x+1} - \frac{7}{5} \\ &= \frac{3-7x+8x^2-2x^3}{5(x+1)(x^2+1)} \\ &= \frac{(3-x)[x^2+(1-x)^2]}{5(x+1)(x^2+1)} \geq 0. \end{aligned}$$

The equality holds for $a = 3$, $b = \frac{1}{3}$ and $c = 1$ (or any cyclic permutation).

□

P 1.36. If $a, b, c \in \left[\frac{1}{\sqrt{2}}, \sqrt{2}\right]$, then

$$\frac{3}{a+2b} + \frac{3}{b+2c} + \frac{3}{c+2a} \geq \frac{2}{a+b} + \frac{2}{b+c} + \frac{2}{c+a}.$$

Solution. Write the inequality as

$$\sum \left(\frac{3}{a+2b} - \frac{2}{a+b} + \frac{1}{ka} - \frac{1}{kb} \right) \geq 0, \quad k > 0,$$

$$\sum \frac{-(a-b)[a^2 - (k-3)ab + 2b^2]}{kab(a+2b)(a+b)} \geq 0.$$

Choosing $k = 6$, the inequality becomes

$$\sum \frac{(a-b)^2(2b-a)}{6ab(a+2b)(a+b)} \geq 0.$$

Since

$$2b - a \geq \frac{2}{\sqrt{2}} - \sqrt{2} = 0,$$

the conclusion follows. The equality holds for $a = b = c$.

□

P 1.37. If a, b, c are nonnegative real numbers, no two of which are zero, then

$$\frac{4abc}{ab^2 + bc^2 + ca^2 + abc} + \frac{a^2 + b^2 + c^2}{ab + bc + ca} \geq 2.$$

(Vo Quoc Ba Can, 2009)

First Solution. Without loss of generality, assume that b is between a and c ; that is,

$$b^2 + ca \leq b(c + a).$$

Then,

$$\begin{aligned} ab^2 + bc^2 + ca^2 + abc &= a(b^2 + ca) + bc^2 + abc \\ &\leq ab(c + a) + bc^2 + abc \\ &= b(a + c)^2, \end{aligned}$$

and it suffices to prove that

$$\frac{4ac}{(a+c)^2} + \frac{a^2 + b^2 + c^2}{ab + bc + ca} \geq 2.$$

This inequality is equivalent to

$$[a^2 + c^2 - b(a + c)]^2 \geq 0.$$

The equality holds for $a = b = c$, and also for $a = 0$ and $b = c$ (or any cyclic permutation).

Second Solution. Let (x, y, z) be a permutation of (a, b, c) such that $x \geq y \geq z$. As we have shown in the second solution of P 1.1,

$$ab^2 + bc^2 + ca^2 \leq y(x^2 + xz + z^2);$$

hence

$$ab^2 + bc^2 + ca^2 + abc \leq y(x + z)^2.$$

Thus, it suffices to prove that

$$\frac{4xyz}{y(x + z)^2} + \frac{x^2 + y^2 + z^2}{xy + yz + zx} \geq 2,$$

which is equivalent to

$$\begin{aligned} \frac{x^2 + y^2 + z^2}{xy + yz + zx} &\geq \frac{2(x^2 + z^2)}{(x + z)^2}, \\ (x^2 + z^2)^2 - 2y(x + z)(x^2 + z^2) + y^2(x + z)^2 &\geq 0, \\ (x^2 + z^2 - xy - yz)^2 &\geq 0. \end{aligned}$$

□

P 1.38. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$\frac{1}{ab^2 + 8} + \frac{1}{bc^2 + 8} + \frac{1}{ca^2 + 8} \geq \frac{1}{3}.$$

(Vasile Cîrtoaje, 2007)

Solution. By expanding, we can write the inequality as

$$64 \geq r^3 + 16A + 5rB,$$

$$64 \geq r^3 + (16 - 5r)A + 5r(A + B),$$

where

$$r = abc, \quad A = ab^2 + bc^2 + ca^2, \quad B = a^2b + b^2c + c^2a.$$

By the AM-GM inequality, we have

$$r \leq \left(\frac{a + b + c}{3} \right)^3 = 1.$$

On the other hand, by the inequality (a) in P 1.9, we get

$$A \leq 4 - r,$$

and by Schur's inequality, we have

$$(a + b + c)^3 + 9abc \geq 4(a + b + c)(ab + bc + ca),$$

which is equivalent to

$$A + B \leq \frac{27 - 3r}{4}.$$

Therefore, it suffices to prove that

$$64 \geq r^3 + (16 - 5r)(4 - r) + \frac{5r(27 - 3r)}{4}.$$

We can write this inequality in the obvious form

$$r(1 - r)(9 + 4r) \geq 0.$$

The equality holds for $a = b = c = 1$, and also for $a = 0, b = 1, c = 2$ (or any cyclic permutation). □

P 1.39. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$\frac{ab}{bc + 3} + \frac{bc}{ca + 3} + \frac{ca}{ab + 3} \leq \frac{3}{4}.$$

(Vasile Cîrtoaje, 2008)

Solution. Using the inequality (a) in P 1.9, namely

$$a^2b + b^2c + c^2a \leq 4 - abc,$$

we have

$$\begin{aligned} \sum ab(ca + 3)(ab + 3) &= abc \sum a^2b + 9abc + 3 \sum a^2b^2 + 9 \sum ab \\ &\leq 13abc - a^2b^2c^2 + 3 \sum a^2b^2 + 9 \sum ab. \end{aligned}$$

On the other hand,

$$(ab + 3)(bc + 3)(ca + 3) = a^2b^2c^2 + 9abc + 9 \sum ab + 27.$$

Therefore, it suffices to prove that

$$4 \left(13abc - a^2b^2c^2 + 3 \sum a^2b^2 + 9 \sum ab \right) \leq 3 \left(a^2b^2c^2 + 9abc + 9 \sum ab + 27 \right),$$

which is equivalent to

$$7a^2b^2c^2 + 81 \geq 25abc + 12 \sum a^2b^2 + 9 \sum ab,$$

$$7r^2 + 47r \geq 3(q + 3)(4q - 9),$$

where

$$q = ab + bc + ca, \quad r = abc, \quad q \leq 3, \quad r \leq 1.$$

Since

$$7r^2 + 47r \geq 9r^2 + 45r,$$

it suffices to show that

$$3r^2 + 15r \geq (q + 3)(4q - 9).$$

Consider the non-trivial case

$$\frac{9}{4} < q \leq 3,$$

and apply the fourth degree Schur's inequality

$$r \geq \frac{(p^2 - q)(4q - p^2)}{6p} = \frac{(9 - q)(4q - 9)}{18}.$$

It remains to show that

$$\frac{(9 - q)^2(4q - 9)^2}{108} + \frac{5(9 - q)(4q - 9)}{6} \geq (q + 3)(4q - 9),$$

which is equivalent to

$$(4q - 9)(3 - q)(69q - 4q^2 - 81) \geq 0.$$

This is true because

$$69q - 4q^2 - 81 = (3 - q)(4q - 9) + 6(8q - 9) > 0.$$

The equality holds for $a = b = c = 1$, and also for $a = 0$ and $b = c = \frac{3}{2}$ (or any cyclic permutation).

□

P 1.40. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$(a) \quad \frac{a}{b^2 + 3} + \frac{b}{c^2 + 3} + \frac{c}{a^2 + 3} \geq \frac{3}{4};$$

$$(b) \quad \frac{a}{b^3 + 1} + \frac{b}{c^3 + 1} + \frac{c}{a^3 + 1} \geq \frac{3}{2}.$$

(Vasile Cîrtoaje and Bin Zhao, 2005)

Solution. (a) By the AM-GM inequality, we have

$$b^2 + 3 = b^2 + 1 + 1 + 1 \geq 4\sqrt[4]{b^2 \cdot 1^3} = 4\sqrt{b}.$$

Therefore,

$$\frac{3a}{b^2 + 3} = a - \frac{ab^2}{b^2 + 3} \geq a - \frac{ab^2}{4\sqrt{b}} = a - \frac{1}{4}ab\sqrt{b}.$$

Taking account of this inequality and the similar ones, it suffices to prove that

$$ab\sqrt{b} + bc\sqrt{c} + ca\sqrt{a} \leq 3.$$

This inequality follows immediately by replacing a, b, c with $\sqrt{a}, \sqrt{b}, \sqrt{c}$ in the inequality in P 1.7. The equality holds for $a = b = c = 1$.

(b) Using the AM-GM Inequality gives

$$\frac{a}{b^3 + 1} = a - \frac{ab^3}{b^3 + 1} \geq a - \frac{ab^3}{2b\sqrt{b}} = a - \frac{1}{2}ab\sqrt{b},$$

and, similarly,

$$\frac{b}{c^3 + 1} \geq b - \frac{1}{2}bc\sqrt{c}, \quad \frac{c}{a^3 + 1} \geq c - \frac{1}{2}ca\sqrt{a}.$$

Thus, it suffices to show that

$$ab\sqrt{b} + bc\sqrt{c} + ca\sqrt{a} \leq 3,$$

which follows from the inequality in P 1.7. The equality holds for $a = b = c = 1$.

Open problem. Let a, b, c be nonnegative real numbers such that $a + b + c = 3$. If

$$0 < k \leq 3 + 2\sqrt{3},$$

then

$$\frac{a}{b^2 + k} + \frac{b}{c^2 + k} + \frac{c}{a^2 + k} \geq \frac{3}{1 + k}.$$

For $k = 3 + 2\sqrt{3}$, the equality occurs when $a = b = c = 1$, and again when $a = 0$, $b = 3 - \sqrt{3}$ and $c = \sqrt{3}$ (or any cyclic permutation thereof).

□

P 1.41. Let a, b, c be positive real numbers, and let

$$x = a + \frac{1}{b} - 1, \quad y = b + \frac{1}{c} - 1, \quad z = c + \frac{1}{a} - 1.$$

Prove that

$$xy + yz + zx \geq 3.$$

(Vasile Cîrtoaje, 1991)

First Solution. Among x, y, z , there are two numbers either less than or equal to 1, or larger than or equal to 1. Let y and z be these numbers; that is,

$$(y - 1)(z - 1) \geq 0.$$

Since

$$xy + yz + zx - 3 = (y - 1)(z - 1) + (x + 1)(y + z) - 4,$$

it suffices to show that

$$(x+1)(y+z) \geq 4.$$

Since

$$y+z = b + \frac{1}{a} + c + \frac{1}{c} - 2 \geq b + \frac{1}{a},$$

we have

$$(x+1)(y+z) - 4 \geq (x+1) \left(b + \frac{1}{a} \right) - 4 = ab + \frac{1}{ab} - 2 \geq 0.$$

The equality holds for $a = b = c = 1$.

Second Solution. Without loss of generality, assume that $x = \max\{x, y, z\}$. Then,

$$\begin{aligned} x &\geq \frac{1}{3}(x+y+z) = \frac{1}{3} \left[\left(a + \frac{1}{a} \right) + \left(b + \frac{1}{b} \right) + \left(c + \frac{1}{c} \right) - 3 \right] \\ &\geq \frac{1}{3}(2+2+2-3) = 1. \end{aligned}$$

On the other hand, from

$$\begin{aligned} (x+1)(y+1)(z+1) &= abc + \frac{1}{abc} + a + b + c + \frac{1}{a} + \frac{1}{b} + \frac{1}{c} \\ &\geq 2 + a + b + c + \frac{1}{a} + \frac{1}{b} + \frac{1}{c} \\ &= 5 + x + y + z, \end{aligned}$$

we get

$$xyz + xy + yz + zx \geq 4.$$

Since

$$y+z = \frac{1}{a} + b + \frac{(c-1)^2}{c} > 0,$$

two cases are possible: $yz \leq 0$ and $y, z > 0$.

Case 1: $yz \leq 0$. Since $xyz \leq 0$, it follows that

$$xy + yz + zx \geq 4 - xyz \geq 4 > 3.$$

Case 2: $y, z > 0$. We need to show that $d \geq 1$, where

$$d = \sqrt{\frac{xy + yz + zx}{3}}.$$

By the AM-GM inequality, we have $d^3 \geq xyz$. Thus, from $xyz + xy + yz + zx \geq 4$, we get

$$d^3 + 3d^2 \geq 4,$$

$$(d-1)(d+2)^2 \geq 0,$$

hence $d \geq 1$.

□

P 1.42. Let a, b, c be positive real numbers such that $abc = 1$. Prove that

$$\left(a - \frac{1}{b} - \sqrt{2}\right)^2 + \left(b - \frac{1}{c} - \sqrt{2}\right)^2 + \left(c - \frac{1}{a} - \sqrt{2}\right)^2 \geq 6.$$

Solution (by Nguyen Van Quy). Using the substitution

$$a = \frac{y}{x}, \quad b = \frac{x}{z}, \quad c = \frac{z}{y}, \quad x, y, z > 0,$$

the inequality becomes as follows:

$$\begin{aligned} &\left(\frac{y-z}{x} - \sqrt{2}\right)^2 + \left(\frac{z-x}{y} - \sqrt{2}\right)^2 + \left(\frac{x-y}{z} - \sqrt{2}\right)^2 \geq 6, \\ &\left(\frac{y-z}{x}\right)^2 + \left(\frac{z-x}{y}\right)^2 + \left(\frac{x-y}{z}\right)^2 - 2\sqrt{2}\left(\frac{y-z}{x} + \frac{z-x}{y} + \frac{x-y}{z}\right) \geq 0, \\ &\left(\frac{y-z}{x}\right)^2 + \left(\frac{z-x}{y}\right)^2 + \left(\frac{x-y}{z}\right)^2 + \frac{2\sqrt{2}(y-z)(z-x)(x-y)}{xyz} \geq 0. \end{aligned}$$

Assume that $x = \max\{x, y, z\}$. For $x \geq z \geq y$, the inequality is clearly true. Consider further that $x \geq y \geq z$ and write the desired inequality as

$$u^2 + v^2 + w^2 \geq 2\sqrt{2} uvw,$$

where

$$u = \frac{y-z}{x} \geq 0, \quad v = \frac{x-z}{y} \geq 0, \quad w = \frac{x-y}{z} \geq 0.$$

In addition, we have

$$uv = \left(1 - \frac{z}{y}\right) \left(1 - \frac{z}{x}\right) < 1 \cdot 1 = 1.$$

According to the AM-GM inequality, we get

$$u^2 + v^2 + w^2 \geq 2uv + w^2 \geq 2u^2v^2 + w^2 \geq 2\sqrt{2} uvw.$$

This completes the proof. The equality holds for $a = b = c$.

□

P 1.43. Let a, b, c be positive real numbers such that $abc = 1$. Prove that

$$\left|1 + a - \frac{1}{b}\right| + \left|1 + b - \frac{1}{c}\right| + \left|1 + c - \frac{1}{a}\right| > 2.$$

Solution. Using the substitution

$$a = \frac{y}{x}, \quad b = \frac{x}{z}, \quad c = \frac{z}{y}, \quad x, y, z > 0,$$

the inequality can be restated as

$$\left|1 + \frac{y-z}{x}\right| + \left|1 + \frac{x-y}{z}\right| + \left|1 + \frac{z-x}{y}\right| > 2.$$

Without loss of generality, assume that $x = \max\{x, y, z\}$. We have

$$\begin{aligned} & \left|1 + \frac{y-z}{x}\right| + \left|1 + \frac{x-y}{z}\right| + \left|1 + \frac{z-x}{y}\right| - 2 \geq \left|1 + \frac{y-z}{x}\right| + \left|1 + \frac{x-y}{z}\right| - 2 \\ &= \frac{x+y-z}{x} + \frac{z+x-y}{z} - 2 = \frac{y-z}{x} + \frac{x-y}{z} \geq \frac{y-z}{x} + \frac{x-y}{x} = \frac{x-z}{x} \geq 0. \end{aligned}$$

□

P 1.44. If a, b, c are different positive real numbers, then

$$\left|1 + \frac{a}{b-c}\right| + \left|1 + \frac{b}{c-a}\right| + \left|1 + \frac{c}{a-b}\right| > 2.$$

(Vasile Cîrtoaje, 2012)

Solution. Without loss of generality, assume that $a = \max\{a, b, c\}$. It suffices to show that

$$\left|1 + \frac{a}{b-c}\right| + \left|1 + \frac{c}{a-b}\right| > 2,$$

which is equivalent to

$$\frac{a+b-c}{|b-c|} + \frac{a-b+c}{a-b} > 2.$$

For $b > c$, this inequality is true since

$$\frac{a+b-c}{|b-c|} + \frac{a-b+c}{a-b} > \frac{a+b-c}{|b-c|} = \frac{a}{b-c} + 1 > 1 + 1 = 2.$$

Also, for $b < c$, we have

$$\begin{aligned} & \frac{a+b-c}{|b-c|} + \frac{a-b+c}{a-b} = \frac{a+b-c}{c-b} + \frac{a-b+c}{a-b} \\ &= \frac{a}{c-b} + \frac{c}{a-b} > \frac{a}{c-b} + \frac{c-b}{a-b} \geq 2\sqrt{\frac{a}{a-b}} > 2. \end{aligned}$$

□

P 1.45. Let a, b, c be positive real numbers such that $abc = 1$. Prove that

$$\left(2a - \frac{1}{b} - \frac{1}{2}\right)^2 + \left(2b - \frac{1}{c} - \frac{1}{2}\right)^2 + \left(2c - \frac{1}{a} - \frac{1}{2}\right)^2 \geq \frac{3}{4}.$$

(Vasile Cîrtoaje, 2012)

Solution. Using the substitution

$$x = 2a - \frac{1}{b}, \quad y = 2b - \frac{1}{c}, \quad z = 2c - \frac{1}{a},$$

we can write the inequality as

$$x^2 + y^2 + z^2 \geq x + y + z.$$

From

$$x + y + z = 2 \sum a - \sum \frac{1}{a}$$

and

$$xyz = 7 - 4 \sum a + 2 \sum \frac{1}{a},$$

it follows that

$$2(x + y + z) + xyz = 7.$$

In addition, from

$$\begin{aligned} 2(|x| + |y| + |z|) + \left(\frac{|x| + |y| + |z|}{3}\right)^3 &\geq 2(|x| + |y| + |z|) + |xyz| \\ &\geq 2(x + y + z) + xyz = 7, \end{aligned}$$

we get

$$|x| + |y| + |z| \geq 3.$$

Therefore, we have

$$x^2 + y^2 + z^2 \geq \frac{1}{3}(|x| + |y| + |z|)^2 \geq |x| + |y| + |z| \geq x + y + z.$$

The equality holds for $a = b = c = 1$.

□

P 1.46. Let

$$x = a + \frac{1}{b} - \frac{5}{4}, \quad y = b + \frac{1}{c} - \frac{5}{4}, \quad z = c + \frac{1}{a} - \frac{5}{4},$$

where $a \geq b \geq c > 0$. Prove that

$$xy + yz + zx \geq \frac{27}{16}.$$

(Vasile Cîrtoaje, 2011)

Solution. Write the inequality as

$$\sum \left(ab + \frac{1}{ab} \right) + \sum \frac{b}{a} - \frac{5}{2} \sum \left(a + \frac{1}{a} \right) + 6 \geq 0.$$

Since

$$\sum \frac{b}{a} - \sum \frac{a}{b} = \frac{(a-b)(b-c)(a-c)}{abc} \geq 0,$$

we have

$$2 \sum \frac{b}{a} \geq \sum \frac{b}{a} + \sum \frac{a}{b} = \left(\sum a \right) \left(\sum \frac{1}{a} \right) - 3.$$

Thus, it suffices to prove the symmetric inequality

$$2 \sum \left(ab + \frac{1}{ab} \right) + \left(\sum a \right) \left(\sum \frac{1}{a} \right) - 5 \sum \left(a + \frac{1}{a} \right) + 9 \geq 0.$$

Setting

$$p = a + b + c, \quad q = ab + bc + ca, \quad r = abc,$$

we need to show that

$$(2q - 5p + 9)r + pq - 5q + 2p \geq 0$$

for all $a, b, c > 0$. For fixed p and q , the linear function

$$f(r) = (2q - 5p + 9)r + pq - 5q + 2p$$

is minimum when r is either minimum or maximum. Thus, according to P 3.57 in Volume 1, it suffices to prove that $f(r) \geq 0$ for $a = 0$ and for $b = c$.

For $a = 0$, we need to show that

$$(b + c)bc - 5bc + 2(b + c) \geq 0.$$

Indeed, putting $x = \sqrt{bc}$, we have

$$(b + c)bc - 5bc + 2(b + c) \geq 2x^3 - 5x^2 + 4x > 0.$$

For $b = c$, since

$$p = a + 2b, \quad q = 2ab + b^2, \quad r = ab^2,$$

the inequality $f(r) \geq 0$ becomes

$$(4ab + 2b^2 - 5a - 10b + 9)ab^2 + (a + 2b)(2ab + b^2) - 10ab - 5b^2 + 2a + 4b \geq 0;$$

that is,

$$Aa^2 + 2Ba + C \geq 0,$$

where

$$A = b(4b^2 - 5b + 2) > 0, \quad B = b^4 - 5b^3 + 7b^2 - 5b + 1, \quad C = b(2b^2 - 5b + 4) > 0.$$

Let

$$x = b + \frac{1}{b}, \quad x \geq 2.$$

The inequality $B \geq 0$ is equivalent to

$$b^2 + \frac{1}{b^2} - 5 \left(b + \frac{1}{b} \right) + 7 \geq 0,$$

$$x^2 - 5x + 5 \geq 0,$$

$$x \geq \frac{5 + \sqrt{5}}{2}.$$

Consider two cases.

Case 1: $x \geq \frac{5 + \sqrt{5}}{2}$. Since $A > 0$, $B \geq 0$, $C > 0$, we have $Aa^2 + 2Ba + C > 0$.

Case 2: $2 \leq x < \frac{5 + \sqrt{5}}{2}$. Since $A > 0$, $B < 0$, $C > 0$ and

$$Aa^2 + 2Ba + C = (Aa^2 + C) + 2Ba \geq 2a(\sqrt{AC} + B),$$

we need to show that $AC \geq B^2$, which is equivalent to

$$8 \left(b^2 + \frac{1}{b^2} \right) - 30 \left(b + \frac{1}{b} \right) + 45 \geq \left[b^2 + \frac{1}{b^2} - 5 \left(b + \frac{1}{b} \right) + 7 \right]^2,$$

$$8x^2 - 30x + 29 \geq (x^2 - 5x + 5)^2,$$

$$(x - 2)^2(x^2 - 6x - 1) \leq 0.$$

This inequality is true for $x \leq 3 + \sqrt{10}$, therefore for $x < (5 + \sqrt{5})/2$. Thus, the proof is completed. The equality holds for $a = b = c = 1$. □

P 1.47. Let a, b, c be positive real numbers, and let

$$E = \left(a + \frac{1}{a} - \sqrt{3} \right) \left(b + \frac{1}{b} - \sqrt{3} \right) \left(c + \frac{1}{c} - \sqrt{3} \right);$$

$$F = \left(a + \frac{1}{b} - \sqrt{3} \right) \left(b + \frac{1}{c} - \sqrt{3} \right) \left(c + \frac{1}{a} - \sqrt{3} \right).$$

Prove that $E \geq F$.

(Vasile Cîrtoaje, 2011)

Solution. By expanding, the inequality becomes

$$\sum (a^2 - bc) + \sum bc(bc - a^2) \geq \sqrt{3} \sum ab(b - c).$$

Since

$$\sum (a^2 - bc) = \sum a^2 - \sum ab \geq 0$$

and

$$\sum bc(bc - a^2) = \sum a^2b^2 - abc \sum a \geq 0,$$

by the AM-GM inequality, we have

$$\sum (a^2 - bc) + \sum bc(bc - a^2) \geq 2\sqrt{\left[\sum (a^2 - bc)\right] \left[\sum bc(bc - a^2)\right]}.$$

Thus, it suffices to show that

$$2\sqrt{\left[\sum (a^2 - bc)\right] \left[\sum bc(bc - a^2)\right]} \geq \sqrt{3} \sum ab(b - c),$$

which is equivalent to

$$\begin{aligned} 2\sqrt{\left[\sum (a^2 - bc)\right] \left[\sum \left(\frac{1}{a^2} - \frac{1}{bc}\right)\right]} &\geq \sqrt{3} \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3\right), \\ \sqrt{[(a + c - 2b)^2 + 3(c - a)^2] \left[3\left(\frac{1}{b} - \frac{1}{c}\right)^2 + \left(\frac{2}{a} - \frac{1}{b} - \frac{1}{c}\right)^2\right]} &\geq \\ &\geq 2\sqrt{3} \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3\right). \end{aligned}$$

Applying the Cauchy-Schwarz inequality, it suffices to show that

$$(a + c - 2b) \left(\frac{1}{b} - \frac{1}{c}\right) + (c - a) \left(\frac{2}{a} - \frac{1}{b} - \frac{1}{c}\right) \geq 2 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3\right),$$

which is an identity. Thus, the proof is completed. The equality holds when the following two equations are satisfied:

$$a^2 + b^2 + c^2 - ab - bc - ca = a^2b^2 + b^2c^2 + c^2a^2 - abc(a + b + c)$$

and

$$3 + \frac{a}{b} + \frac{b}{c} + \frac{c}{a} = 2 \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c}\right).$$

□

P 1.48. If a, b, c are positive real numbers such that $\frac{a}{b} + \frac{b}{c} + \frac{c}{a} = 5$, then

$$\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \geq \frac{17}{4}.$$

(Vasile Cîrtoaje, 2007)

Solution. Making the substitution

$$x = \frac{a}{b}, \quad y = \frac{b}{c}, \quad z = \frac{c}{a},$$

we need to show that if x, y, z are positive real numbers satisfying

$$xyz = 1, \quad x + y + z = 5,$$

then

$$\frac{1}{x} + \frac{1}{y} + \frac{1}{z} \geq \frac{17}{4}.$$

From $(y + z)^2 \geq 4yz$, we get

$$(5 - x)^2 \geq \frac{4}{x};$$

therefore,

$$(5 - x) + (5 - x) + \frac{x}{4} \geq 3\sqrt[3]{(5 - x)^2 \frac{x}{4}} \geq 3,$$

which involves $x \leq 4$. We have

$$\begin{aligned} \frac{1}{x} + \frac{1}{y} + \frac{1}{z} - \frac{17}{4} &= \frac{1}{x} + \frac{y+z}{yz} - \frac{17}{4} = \frac{1}{x} + x(5-x) - \frac{17}{4} \\ &= \frac{4 - 17x + 20x^2 - 4x^3}{4x} = \frac{(4-x)(1-2x)^2}{4x} \geq 4. \end{aligned}$$

The equality holds when one of x, y, z is 4 and the others are $\frac{1}{2}$; that is, when

$$a = 4b = 2c$$

(or any cyclic permutation).

□

P 1.49. If a, b, c are positive real numbers, then

$$(a) \quad 1 + \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 2\sqrt{1 + \frac{b}{a} + \frac{c}{b} + \frac{a}{c}};$$

$$(b) \quad 1 + 2\left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a}\right) \geq \sqrt{1 + 16\left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c}\right)};$$

$$(c) \quad 3 + \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 2\sqrt{(a+b+c)\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right)}.$$

(Vasile Cîrtoaje, 2007)

Solution. Let

$$x = \frac{a}{b}, \quad y = \frac{b}{c}, \quad z = \frac{c}{a}$$

and

$$p = x + y + z, \quad q = xy + yz + zx.$$

By the AM-GM inequality, we have

$$p \geq 3\sqrt[3]{xyz} = 3.$$

(a) We need to show that $xyz = 1$ involves

$$1 + x + y + z \geq 2\sqrt{1 + xy + yz + zx},$$

which is equivalent to

$$(1 + p)^2 \geq 4 + 4q$$

or

$$p + 3 \geq 2\sqrt{p + q + 3}.$$

First Solution. By Schur's inequality of degree three, we have

$$p^3 + 9 \geq 4pq.$$

Thus,

$$(1 + p)^2 - 4 - 4q \geq (1 + p)^2 - 4 - \left(p^2 + \frac{9}{p}\right) = \frac{(p - 3)(2p + 3)}{p} \geq 0.$$

The equality holds for $a = b = c$.

Second Solution. Without loss of generality, assume that b is between a and c . By the AM-GM inequality, we have

$$2\sqrt{p + q + 3} = 2\sqrt{(a + b + c)\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right)} \leq \frac{a + b + c}{b} + b\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right).$$

Therefore,

$$\begin{aligned} p + 3 - 2\sqrt{p + q + 3} &\geq \frac{a}{b} + \frac{b}{c} + \frac{c}{a} + 3 - \frac{a + b + c}{b} - b\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right) \\ &= \frac{(a - b)(b - c)}{ab} \geq 0. \end{aligned}$$

(b) We have to show that $xyz = 1$ involves

$$1 + 2(x + y + z) \geq \sqrt{1 + 16(xy + yz + zx)},$$

which is equivalent to

$$p^2 + p \geq 4q.$$

By Schur's inequality of degree three, we have

$$p^3 + 9 \geq 4pq.$$

Thus,

$$p^2 + p - 4q \geq p^2 + p - \left(p^2 + \frac{9}{p}\right) = \frac{(p-3)(p+3)}{9} \geq 0.$$

The equality holds for $a = b = c$.

(c) Write the inequality as follows:

$$(3 + x + y + z)^2 \geq 4(3 + x + y + z + xy + yz + zx),$$

$$(x + y + z)^2 + 2(x + y + z) \geq 3 + 4(xy + yz + zx),$$

$$(1 + x + y + z)^2 \geq 4(1 + xy + yz + zx),$$

$$1 + x + y + z \geq 2\sqrt{1 + xy + yz + zx},$$

$$1 + \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 2\sqrt{1 + \frac{b}{a} + \frac{c}{b} + \frac{a}{c}}.$$

Thus, the inequality is equivalent to the inequality in (a). □

P 1.50. If a, b, c are positive real numbers, then

$$\frac{a^2}{b^2} + \frac{b^2}{c^2} + \frac{c^2}{a^2} + 15 \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right) \geq 16 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right).$$

Solution. Making the substitution

$$x = \frac{a}{b}, \quad y = \frac{b}{c}, \quad z = \frac{c}{a},$$

we have to show that $xyz = 1$ involves

$$x^2 + y^2 + z^2 + 15(xy + yz + zx) \geq 16(x + y + z),$$

which is equivalent to

$$(x + y + z)^2 - 16(x + y + z) + 13(xy + yz + zx) \geq 0.$$

According to P 3.58 in Volume 1, for fixed $x + y + z$ and $xyz = 1$, the expression

$$xy + yz + zx$$

is minimum when two of x, y, z are equal. Therefore, due to symmetry, it suffices to consider that $x = y$. We need to show that

$$(2x + z)^2 - 16(2x + z) + 13(x^2 + 2xz) \geq 0$$

for $x^2z = 1$. Write this inequality as

$$17x^6 - 32x^5 + 30x^3 - 16x^2 + 1 \geq 0,$$

or

$$(x - 1)^2 g(x) \geq 0, \quad g(x) = 17x^4 + 2x^3 - 13x^2 + 2x + 1.$$

Since

$$g(x) = (2x - 1)^4 + x(x^3 + 34x^2 - 37x + 10),$$

it suffices to show that

$$x^3 + 34x^2 - 37x + 10 \geq 0.$$

There are two cases to consider.

Case 1: $x \in \left(0, \frac{1}{2}\right] \cup \left[\frac{10}{17}, \infty\right)$. We have

$$x^3 + 34x^2 - 37x + 10 > 34x^2 - 37x + 10 = (2x - 1)(17x - 10) \geq 0.$$

Case 2: $x \in \left(\frac{1}{2}, \frac{10}{17}\right)$. We have

$$2(x^3 + 34x^2 - 37x + 10) > 2\left(\frac{1}{2}x^2 + 34x^2 - 37x + 10\right) = 69x^2 - 74x + 20.$$

Since $69x^2 - 74x + 20 > 0$ for all real x , the proof is completed. The equality holds for $a = b = c$.

□

P 1.51. If a, b, c are positive real numbers such that $abc = 1$, then

$$\begin{aligned} (a) \quad & \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq a + b + c; \\ (b) \quad & \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{3}{2}(a + b + c - 1); \\ (c) \quad & \frac{a}{b} + \frac{b}{c} + \frac{c}{a} + 2 \geq \frac{5}{3}(a + b + c). \end{aligned}$$

Solution. (a) We write the inequality as

$$\left(2\frac{a}{b} + \frac{b}{c}\right) + \left(2\frac{b}{c} + \frac{c}{a}\right) + \left(2\frac{c}{a} + \frac{a}{b}\right) \geq 3(a + b + c).$$

In virtue of the AM-GM inequality, we get

$$\left(2\frac{a}{b} + \frac{b}{c}\right) + \left(2\frac{b}{c} + \frac{c}{a}\right) + \left(2\frac{c}{a} + \frac{a}{b}\right) \geq 3\sqrt[3]{\frac{a^2}{bc}} + 3\sqrt[3]{\frac{b^2}{ca}} + 3\sqrt[3]{\frac{c^2}{ab}} = 3(a + b + c).$$

The equality holds for $a = b = c = 1$.

(b) Using the substitution

$$a = \frac{y}{x}, \quad b = \frac{z}{y}, \quad c = \frac{x}{z},$$

where $x, y, z > 0$, the inequality can be restated as

$$2(x^3 + y^3 + z^3) + 3xyz \geq 3(x^2y + y^2z + z^2x).$$

First Solution. We get the desired inequality by summing Schur's inequality of degree three

$$x^3 + y^3 + z^3 + 3xyz \geq (x^2y + y^2z + z^2x) + (xy^2 + yz^2 + zx^2)$$

and

$$x^3 + y^3 + z^3 + xy^2 + yz^2 + zx^2 \geq 2(x^2y + y^2z + z^2x).$$

The latter inequality is equivalent to

$$x(x - y)^2 + y(y - z)^2 + z(z - x)^2 \geq 0.$$

The equality holds for $a = b = c = 1$.

Second Solution. Multiplying by $x + y + z$, the desired inequality in x, y, z turns into

$$2 \sum x^4 - \sum x^3y - 3 \sum x^2y^2 + 2 \sum xy^3 \geq 0.$$

Write this inequality as

$$\sum [(1 + k)x^4 - x^3y - 3x^2y^2 + 2xy^3 + (1 - k)y^4] \geq 0,$$

$$\sum (x - y)[x^3 - 3xy^2 - y^3 + k(x^3 + x^2y + xy^2 + y^3)] \geq 0.$$

Choosing $k = \frac{3}{4}$, we get the obvious inequality

$$\sum (x - y)^2(7x^2 + 10xy + y^2) \geq 0.$$

(c) Making the substitution

$$a = \frac{y}{x}, \quad b = \frac{z}{y}, \quad c = \frac{x}{z}, \quad x, y, z > 0,$$

we need to show that

$$3(x^3 + y^3 + z^3) + 6xyz \geq 5(x^2y + y^2z + z^2x).$$

Assuming that $x = \min\{x, y, z\}$ and substituting

$$y = x + p, \quad z = x + q, \quad p, q \geq 0,$$

the inequality turns into

$$(p^2 - pq + q^2)x + 3p^3 + 3q^3 - 5p^2q \geq 0.$$

This is true since, by the AM-GM inequality, we get

$$6p^3 + 6q^3 = 3p^3 + 3p^3 + 6q^3 \geq 3\sqrt[3]{3p^3 \cdot 3p^3 \cdot 6q^3} = 9\sqrt[3]{2} p^2q \geq 10p^2q.$$

The equality holds for $a = b = c = 1$.

Remark. The following stronger inequality holds for $abc = 1$:

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \sqrt{3(a^2 + b^2 + c^2)}.$$

By squaring, the inequality becomes

$$\frac{a^2}{b^2} + \frac{b^2}{c^2} + \frac{c^2}{a^2} + 2\left(\frac{a}{c} + \frac{b}{a} + \frac{c}{b}\right) \geq 3(a^2 + b^2 + c^2).$$

By the AM-GM inequality, we have

$$\frac{a^2}{b^2} + 2\frac{a}{c} \geq 3\sqrt[3]{\frac{a^4}{b^2c^2}} = 3a^2,$$

$$\frac{b^2}{c^2} + 2\frac{b}{a} \geq 3b^2,$$

$$\frac{c^2}{a^2} + 2\frac{c}{b} \geq 3c^2.$$

Summing this inequalities, the conclusion follows. □

P 1.52. If a, b, c are positive real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$(a) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 2 + \frac{3}{ab + bc + ca};$$

$$(b) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{9}{a + b + c}.$$

Solution. (a) By the Cauchy-Schwarz inequality, we have

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{(a+b+c)^2}{ab+bc+ca} = 2 + \frac{3}{ab+bc+ca}.$$

The equality holds for $a = b = c = 1$.

(b) Using the inequality in (a), it suffices to show that

$$2 + \frac{3}{ab+bc+ca} \geq \frac{9}{a+b+c}.$$

Let

$$t = \frac{a+b+c}{3}, \quad t \leq 1.$$

Since

$$2(ab+bc+ca) = (a+b+c)^2 - (a^2+b^2+c^2) = 9t^2 - 3,$$

the inequality becomes

$$2 + \frac{2}{3t^2 - 1} \geq \frac{3}{t},$$

$$(t-1)^2(2t+1) \geq 0.$$

The equality holds for $a = b = c = 1$.

□

P 1.53. If a, b, c are positive real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$6 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) + 5(ab+bc+ca) \geq 33.$$

Solution. Write the inequality in the homogeneous form

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 \geq \frac{5}{2} \left(1 - \frac{ab+bc+ca}{a^2+b^2+c^2} \right).$$

We will prove the sharper inequality

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 \geq m \left(1 - \frac{ab+bc+ca}{a^2+b^2+c^2} \right),$$

where

$$m = 4\sqrt{2} - 3 > \frac{5}{2}.$$

Write this inequality as follows:

$$\left(\sum a^2 \right) \left(\sum ab^2 \right) + mabc \sum ab - (m+3)abc \sum a^2 \geq 0,$$

$$\begin{aligned} \sum ab^4 + \sum a^3b^2 + (m+1)abc \sum ab - (m+3)abc \sum a^2 &\geq 0, \\ \sum ab^4 + \sum a^3b^2 + 2(2\sqrt{2}-1)abc \sum ab - 4\sqrt{2} abc \sum a^2 &\geq 0, \end{aligned}$$

On the other hand, from

$$\sum a(a-b)^2(b-kc)^2 \geq 0,$$

we get

$$\sum ab^4 + \sum a^3b^2 + (k^2-2) \sum a^2b^3 + k(4-k)abc \sum ab - 4kabc \sum a^2 \geq 0.$$

Choosing $k = \sqrt{2}$, we get the desired inequality. The equality holds for $a = b = c = 1$. □

P 1.54. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\begin{aligned} (a) \quad & 6 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) + 3 \geq 7(a^2 + b^2 + c^2); \\ (b) \quad & \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq a^2 + b^2 + c^2. \end{aligned}$$

Solution. (a) Write the inequality in the homogeneous form

$$2 \left(\sum a \right)^2 \left(\sum ab^2 \right) + abc \left(\sum a \right)^2 \geq 21abc \sum a^2,$$

which is equivalent to

$$\sum ab^4 + \sum a^3b^2 + 2 \sum a^2b^3 + 4abc \sum ab - 8abc \sum a^2 \geq 0.$$

On the other hand, from

$$\sum a(a-b)^2(b-kc)^2 \geq 0,$$

we get

$$\sum ab^4 + \sum a^3b^2 + (k^2-2) \sum a^2b^3 + k(4-k)abc \sum ab - 4kabc \sum a^2 \geq 0.$$

Choosing $k = 2$, we get the desired inequality. The equality holds for $a = b = c = 1$.

(b) We get the desired inequality by adding the inequality in (a) and the obvious inequality

$$a^2 + b^2 + c^2 \geq 3.$$

The equality holds for $a = b = c = 1$. □

P 1.55. If a, b, c are positive real numbers, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + 2 \geq \frac{14(a^2 + b^2 + c^2)}{(a + b + c)^2}.$$

(Vo Quoc Ba Can, 2010)

Solution. By expanding, the inequality becomes as follows:

$$\begin{aligned} \left(\sum \frac{a}{b}\right) \left(\sum a^2 + 2 \sum ab\right) + 4 \sum ab &\geq 12 \sum a^2, \\ \sum \frac{a^3}{b} + \sum \frac{a^2b}{c} + 2 \sum \frac{ab^2}{c} + 7 \sum ab &\geq 10 \sum a^2, \\ A + B &\geq 10 \sum a^2 - 10 \sum ab, \end{aligned}$$

where

$$A = \sum \frac{a^3}{b} + \sum \frac{a^2b}{c} - 2 \sum \frac{ab^2}{c}, \quad B = 4 \sum \frac{ab^2}{c} - 3 \sum ab.$$

Since

$$A = \sum \left(\frac{b^3}{c} + \frac{a^2b}{c} - \frac{2ab^2}{c} \right) = \sum \frac{b(a-b)^2}{c}$$

and

$$B = \sum \left(\frac{4ca^2}{b} - 12ca + 9bc \right) = \sum \frac{c(2a-3b)^2}{b},$$

we get

$$\begin{aligned} A + B &= \sum \left[\frac{b(a-b)^2}{c} + \frac{c(2a-3b)^2}{b} \right] \\ &\geq 2 \sum (a-b)(2a-3b) = 10 \sum a^2 - 10 \sum ab. \end{aligned}$$

Thus, the proof is completed. For $a \geq b \geq c$, the equality holds for

$$b(a-b) = c(2a-3b), \quad c(b-c) = a(2b-3c), \quad a(c-a) = b(2c-3a),$$

which are equivalent to

$$\frac{a}{\sqrt{7} - \tan \frac{\pi}{7}} = \frac{b}{\sqrt{7} - \tan \frac{2\pi}{7}} = \frac{c}{\sqrt{7} - \tan \frac{4\pi}{7}}.$$

Notice that the equality conditions involve

$$a^2 + b^2 + c^2 = 2ab + 2bc + 2ca,$$

hence

$$\sqrt{a} = \sqrt{b} + \sqrt{c}.$$

Remark. Using the inequality in P 1.55, we can prove the weaker inequality

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + \frac{7(ab + bc + ca)}{a^2 + b^2 + c^2} \geq \frac{17}{2},$$

with equality for the same conditions. It suffices to show that

$$\frac{14(a^2 + b^2 + c^2)}{(a + b + c)^2} - 2 \geq \frac{17}{2} - \frac{7(ab + bc + ca)}{a^2 + b^2 + c^2}$$

which is equivalent to

$$(a^2 + b^2 + c^2 - 2ab - 2bc - 2ca)^2 \geq 0.$$

Actually, the following statement is valid.

If a, b, c are positive real numbers, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{19(a^2 + b^2 + c^2) + 2(ab + bc + ca)}{a^2 + b^2 + c^2 + 6(ab + bc + ca)},$$

with equality for $a = b = c$, and also for

$$\frac{a}{\sqrt{7} - \tan \frac{\pi}{7}} = \frac{b}{\sqrt{7} - \tan \frac{2\pi}{7}} = \frac{c}{\sqrt{7} - \tan \frac{4\pi}{7}}$$

(or any cyclic permutation).

This inequality is stronger than the inequality in P 1.55.

□

P 1.56. *Let a, b, c be positive real numbers such that $a + b + c = 3$, and let*

$$x = 3a + \frac{1}{b}, \quad y = 3b + \frac{1}{c}, \quad z = 3c + \frac{1}{a}.$$

Prove that

$$xy + yz + zx \geq 48.$$

(Vasile Cîrtoaje, 2007)

Solution. Write the inequality as follows:

$$3(ab + bc + ca) + \frac{1}{abc} + \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right) \geq 13.$$

We get this inequality by adding the inequality P 1.54-(a), namely

$$6 \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right) + 3 \geq 7(a^2 + b^2 + c^2),$$

and the inequality

$$18(ab + bc + ca) + \frac{6}{abc} + 7(a^2 + b^2 + c^2) \geq 81.$$

Since

$$a^2 + b^2 + c^2 = 9 - 2(ab + bc + ca),$$

the latter inequality is equivalent to

$$2(ab + bc + ca) + \frac{3}{abc} \geq 9.$$

By the known inequality

$$(ab + bc + ca)^2 \geq 3abc(a + b + c),$$

we get

$$\frac{1}{abc} \geq \frac{9}{(ab + bc + ca)^2}.$$

Thus, it suffices to show that

$$2q + \frac{27}{q^2} \geq 9,$$

where $q = ab + bc + ca$. Indeed, by the AM-GM inequality, we have

$$2q + \frac{27}{q^2} = q + q + \frac{27}{q^2} \geq 3\sqrt[3]{q \cdot q \cdot \frac{27}{q^2}} = 9.$$

The equality holds for $a = b = c = 1$.

□

P 1.57. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a+1}{b} + \frac{b+1}{c} + \frac{c+1}{a} \geq 2(a^2 + b^2 + c^2).$$

Solution. We get the desired inequality by summing the inequality in P 1.54-(a), namely

$$6\left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a}\right) + 3 \geq 7(a^2 + b^2 + c^2),$$

and the inequality

$$6\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right) \geq 5(a^2 + b^2 + c^2) + 3.$$

Write the latter inequality as $F(a, b, c) \geq 0$, where

$$F(a, b, c) = 6\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right) - 5(a^2 + b^2 + c^2) - 3,$$

then assume that

$$a = \max\{a, b, c\}, \quad b + c \leq 2.$$

and show that

$$F(a, b, c) \geq F\left(a, \frac{b+c}{2}, \frac{b+c}{2}\right) \geq 0.$$

Indeed, we have

$$\begin{aligned} F(a, b, c) - F\left(a, \frac{b+c}{2}, \frac{b+c}{2}\right) &= 6\left(\frac{b+c}{bc} - \frac{4}{b+c}\right) - 5\left[b^2 + c^2 - \frac{1}{2}(b+c)^2\right] \\ &= (b-c)^2 \left[\frac{6}{bc(b+c)} - \frac{5}{2}\right] \geq (b-c)^2 \left[\frac{24}{(b+c)^3} - \frac{5}{2}\right] \geq 0. \end{aligned}$$

Also,

$$F\left(a, \frac{b+c}{2}, \frac{b+c}{2}\right) = F\left(a, \frac{3-a}{2}, \frac{3-a}{2}\right) = \frac{3(a-1)^2(12-15a+5a^2)}{2a(3-a)} \geq 0.$$

The equality holds for $a = b = c = 1$.

□

P 1.58. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} + 3 \geq 2(a^2 + b^2 + c^2).$$

(Pham Huu Duc, 2007)

First Solution. Assume that

$$a = \max\{a, b, c\},$$

then homogenize the inequality and write it as follows:

$$\begin{aligned} \frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} + a + b + c &\geq \frac{6(a^2 + b^2 + c^2)}{a + b + c}, \\ \sum \left(\frac{b^2}{c} - 2b + c \right) &\geq 6 \left(\frac{a^2 + b^2 + c^2}{a + b + c} - \frac{a + b + c}{3} \right), \\ \sum \frac{(b-c)^2}{c} &\geq \frac{2}{a + b + c} \sum (b-c)^2, \\ (b-c)^2 A + (c-a)^2 B + (a-b)^2 C &\geq 0, \end{aligned}$$

where

$$A = \frac{a+b}{c} - 1 > 0, \quad B = \frac{b+c}{a} - 1, \quad C = \frac{c+a}{b} - 1 > 0.$$

By the Cauchy-Schwarz inequality, we have

$$(b-c)^2A + (a-b)^2C \geq \frac{[(b-c) + (a-b)]^2}{\frac{1}{A} + \frac{1}{C}} = \frac{AC}{A+C}(a-c)^2.$$

Therefore, it suffices to show that

$$\frac{AC}{A+C} + B \geq 0.$$

Indeed, by the third degree Schur's inequality, we get

$$AB + BC + CA = 3 + \frac{a^3 + b^3 + c^3 + 3abc - ab(a+b) - bc(b+c) - ca(c+a)}{abc} \geq 3.$$

The equality holds for $a = b = c = 1$.

Second Solution (by Michael Rozenberg). Write the inequality in the homogeneous form

$$\left(\sum a\right) \left(\sum ab^3\right) + abc \left(\sum a\right)^2 \geq 6abc \sum a^2.$$

By expanding, we get

$$\sum (ab^4 + a^2b^3 + 2ab^2c^2 - 4a^3bc) \geq 0,$$

which is equivalent to

$$\sum a(b^2 - 2bc + ac)^2 \geq 0.$$

□

P 1.59. If a, b, c are positive real numbers, then

$$\frac{a^3}{b} + \frac{b^3}{c} + \frac{c^3}{a} + 2(ab + bc + ca) \geq 3(a^2 + b^2 + c^2).$$

(Michael Rozenberg, 2010)

Solution. Write the inequality as

$$\sum \left(\frac{a^3}{b} + ab - 2a^2 \right) \geq a^2 + b^2 + c^2 - ab - bc - ca,$$

$$\frac{a(a-b)^2}{b} + \frac{b(b-c)^2}{c} + \frac{c(c-a)^2}{a} \geq a^2 + b^2 + c^2 - ab - bc - ca.$$

Assume that $a = \max\{a, b, c\}$.

Case 1: $a \geq b \geq c$. By the Cauchy-Schwarz inequality, we have

$$\frac{a(a-b)^2}{b} + \frac{b(b-c)^2}{c} \geq \frac{[(a-b) + (b-c)]^2}{\frac{b}{a} + \frac{c}{b}} = \frac{ab(a-c)^2}{b^2 + ac}.$$

On the other hand,

$$a^2 + b^2 + c^2 - ab - bc - ca = (a - c)^2 + (b - a)(b - c) \leq (a - c)^2.$$

Therefore, it suffice to show that

$$\frac{ab(a - c)^2}{b^2 + ac} + \frac{c(a - c)^2}{a} \geq (a - c)^2,$$

which is true if

$$\frac{ab}{b^2 + ac} + \frac{c}{a} \geq 1.$$

This inequality is equivalent to

$$a^2b + b^2c + c^2a - ab^2 - ca^2 \geq 0,$$

$$bc^2 - (a - b)(b - c)(c - a) \geq 0.$$

Case 2: $a \geq c \geq b$. By the Cauchy-Schwarz inequality, we have

$$\frac{b(b - c)^2}{c} + \frac{c(c - a)^2}{a} \geq \frac{[(b - c) + (c - a)]^2}{\frac{c}{b} + \frac{a}{c}} = \frac{bc(a - b)^2}{c^2 + ab}.$$

On the other hand,

$$a^2 + b^2 + c^2 - ab - bc - ca = (a - b)^2 + (c - a)(c - b) \leq (a - b)^2.$$

Therefore, it suffice to show that

$$\frac{a(a - b)^2}{b} + \frac{bc(a - b)^2}{c^2 + ab} \geq (a - b)^2,$$

which is equivalent to

$$(a - b)^2(a^2b + b^2c + c^2a - ab^2 - bc^2) \geq 0,$$

$$(a - b)^2[ab(a - b) + b^2c + c^2(a - b)] \geq 0.$$

The equality holds for $a = b = c$.

□

P 1.60. If a, b, c are positive real numbers such that $a^4 + b^4 + c^4 = 3$, then

$$(a) \quad \frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq 3;$$

$$(b) \quad \frac{a^2}{b + c} + \frac{b^2}{c + a} + \frac{c^2}{a + b} \geq \frac{3}{2}.$$

(Alexey Gladkich, 2005)

Solution. (a) By Hölder's inequality, we have

$$\left(\sum \frac{a^2}{b}\right) \left(\sum \frac{a^2}{b}\right) \left(\sum a^2 b^2\right) \geq \left(\sum a^2\right)^3.$$

Therefore, it suffices to show that

$$\left(\sum a^2\right)^3 \geq 9 \sum a^2 b^2,$$

which has the homogeneous form

$$\left(\sum a^2\right)^3 \geq 3 \left(\sum a^2 b^2\right) \sqrt{3 \sum a^4}.$$

Using the notation

$$x = \sum a^2, \quad y = \sum a^2 b^2,$$

the inequality can be restated as

$$x^3 \geq 3y\sqrt{3(x^2 - 2y)}.$$

By squaring, the inequality becomes

$$x^6 - 27x^2y^2 + 54y^3 \geq 0,$$

which is true because

$$x^6 - 27x^2y^2 + 54y^3 = (x^2 - 3y)^2(x^2 + 6y) \geq 0.$$

The equality holds for $a = b = c = 1$.

(b) By Hölder's inequality, we have

$$\left(\sum \frac{a^2}{b+c}\right) \left(\sum \frac{a^2}{b+c}\right) \left[\sum a^2(b+c)^2\right] \geq \left(\sum a^2\right)^3.$$

Thus, it suffices to prove that

$$\left(\sum a^2\right)^3 \geq \frac{9}{4} \sum a^2(b+c)^2.$$

Using the inequality from the proof of (a), namely

$$\left(\sum a^2\right)^3 \geq 9 \sum a^2 b^2,$$

we still have to show that

$$\sum a^2 b^2 \geq \frac{1}{4} \sum a^2(b+c)^2.$$

This inequality is equivalent to

$$\sum a^2(b-c)^2 \geq 0.$$

The equality holds for $a = b = c = 1$.

□

P 1.61. If a, b, c are positive real numbers, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq \frac{3(a^3 + b^3 + c^3)}{a^2 + b^2 + c^2}.$$

(Vo Quoc Ba Can, 2010)

Solution (by Ta Minh Hoang). Assume that

$$a = \max\{a, b, c\},$$

and write the inequality as follows:

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} - a - b - c \geq \frac{3(a^3 + b^3 + c^3)}{a^2 + b^2 + c^2} - a - b - c,$$

$$\sum \frac{(a-b)^2}{b} \geq \frac{1}{a^2 + b^2 + c^2} \sum (a+b)(a-b)^2,$$

$$(b-c)^2 A + (c-a)^2 B + (a-b)^2 C \geq 0,$$

where

$$A = \frac{a^2 + b^2 - bc}{c} > 0, \quad B = \frac{b^2 + c^2 - ca}{a}, \quad C = \frac{c^2 + a^2 - ab}{b} > 0.$$

Consider the nontrivial case $B < 0$; that is,

$$ac - b^2 - c^2 > 0.$$

From

$$ac - b^2 - c^2 = c(a - 2b) - (b - c)^2,$$

it follows that

$$c(a - 2b) > (b - c)^2 \geq 0,$$

hence

$$a > 2b.$$

By the Cauchy-Schwarz inequality, we have

$$(b-c)^2 A + (a-b)^2 C \geq \frac{[(b-c) + (a-b)]^2}{\frac{1}{A} + \frac{1}{C}} = \frac{AC}{A+C} (a-c)^2.$$

Therefore, it suffices to show that $\frac{AC}{A+C} + B \geq 0$; that is, $\frac{1}{A} + \frac{1}{B} + \frac{1}{C} \leq 0$, or

$$\frac{c}{a^2 + b^2 - bc} + \frac{b}{c^2 + a^2 - ab} \leq \frac{a}{ca - b^2 - c^2}.$$

Case 1: $a \geq b \geq c$. Since

$$\begin{aligned} a^2 + b^2 - bc - (ca - b^2 - c^2) &> a^2 + b^2 - bc - ca \\ &= a(a - c) + b(b - c) \geq 0, \end{aligned}$$

and

$$\begin{aligned} c^2 + a^2 - ab - (ca - b^2 - c^2) &> a^2 + b^2 - a(b + c) \\ &\geq a^2 + bc - a(b + c) \\ &= (a - b)(a - c) \geq 0, \end{aligned}$$

it suffices to show that $c + b \leq a$. Indeed, we have $a > 2b \geq b + c$.

Case 2: $a \geq c \geq b$. Replacing b and c by c and b , respectively, we need to show that $a \geq b \geq c$ involves

$$\frac{a^2}{c} + \frac{c^2}{b} + \frac{b^2}{a} \geq \frac{3(a^3 + b^3 + c^3)}{a^2 + b^2 + c^2}.$$

According to the previous case, we have

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq \frac{3(a^3 + b^3 + c^3)}{a^2 + b^2 + c^2}.$$

Therefore, it suffices to show that

$$\frac{a^2}{c} + \frac{c^2}{b} + \frac{b^2}{a} \geq \frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a}.$$

This inequality is equivalent to

$$(a + b + c)(a - b)(b - c)(a - c) \geq 0,$$

which is clearly true for $a \geq b \geq c$.

The proof is completed. The equality holds for $a = b = c = 1$.

Remark. A similar inequality is the following:

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq \frac{(a + b + c)(a^2 + b^2 + c^2)}{ab + bc + ca}.$$

By expanding, the inequality becomes

$$\begin{aligned} \frac{ab^3}{c} + \frac{bc^3}{a} + \frac{ca^3}{b} &\geq a^2b + b^2c + c^2a. \\ a^2(b^2 - ca)^2 + b^2(c^2 - ab)^2 + c^2(a^2 - bc)^2 &\geq 0. \end{aligned}$$

□

P 1.62. If a, b, c are positive real numbers, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} + a + b + c \geq 2\sqrt{(a^2 + b^2 + c^2) \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right)}.$$

(Pham Huu Duc, 2006)

Solution. Without loss of generality, we may assume that b is between a and c ; that is,

$$(b - a)(b - c) \leq 0.$$

Since

$$\begin{aligned} 2\sqrt{(a^2 + b^2 + c^2) \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right)} &= 2\sqrt{\frac{a^2 + b^2 + c^2}{b} \left(a + \frac{b^2}{c} + \frac{bc}{a} \right)} \\ &\leq \frac{a^2 + b^2 + c^2}{b} + a + \frac{b^2}{c} + \frac{bc}{a} \\ &= \frac{a^2}{b} + \frac{b^2}{c} + a + b + \frac{bc}{a} + \frac{c^2}{b}, \end{aligned}$$

it suffices to prove that

$$\frac{c^2}{a} + c \geq \frac{bc}{a} + \frac{c^2}{b}.$$

This is true because

$$\frac{c^2}{a} + c - \frac{bc}{a} - \frac{c^2}{b} = \frac{c(a - b)(b - c)}{ab} \geq 0.$$

The proof is completed. The equality holds for $a = b = c$.

□

P 1.63. If a, b, c are positive real numbers, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + 32 \left(\frac{a}{a+b} + \frac{b}{b+c} + \frac{c}{c+a} \right) \geq 51.$$

(Vasile Cîrtoaje, 2009)

Solution. Write the inequality as

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + 45 \geq 32 \left(\frac{b}{a+b} + \frac{c}{b+c} + \frac{a}{c+a} \right).$$

Using the substitution

$$x = \frac{a}{b}, \quad y = \frac{b}{c}, \quad z = \frac{c}{a},$$

which involves $xyz = 1$, the inequality becomes

$$x + y + z + 45 - 32 \left(\frac{1}{x+1} + \frac{1}{y+1} + \frac{1}{z+1} \right) \geq 0.$$

We get this inequality by summing the inequalities

$$x - \frac{32}{x+1} + 15 \geq 9 \ln x,$$

$$y - \frac{32}{y+1} + 15 \geq 9 \ln y,$$

$$z - \frac{32}{z+1} + 15 \geq 9 \ln z.$$

Let

$$f(x) = x - \frac{32}{x+1} + 15 - 9 \ln x, \quad x > 0.$$

From the derivative

$$f'(x) = 1 + \frac{32}{(x+1)^2} - \frac{9}{x} = \frac{(x-1)(x-3)^2}{x(x+1)^2},$$

it follows that $f(x)$ is decreasing for $0 < x \leq 1$ and increasing for $x \geq 1$. Therefore, we have $f(x) \geq f(1) = 0$. The equality holds for $a = b = c$.

□

P 1.64. Find the largest positive real number K such that the inequalities below hold for any positive real numbers a, b, c :

$$(a) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 \geq K \left(\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} - \frac{3}{2} \right);$$

$$(b) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 + K \left(\frac{a}{2a+b} + \frac{b}{2b+c} + \frac{c}{2c+a} - 1 \right) \geq 0.$$

(Vasile Cîrtoaje, 2008)

Solution. (a) For

$$a = x^3, \quad b = x, \quad c = 1,$$

the inequality becomes

$$x^2 + x + \frac{1}{x^3} - 3 \geq K \left(\frac{x^3}{x+1} + \frac{x}{1+x^3} + \frac{1}{x^3+x} - \frac{3}{2} \right),$$

$$\frac{(1-K)x^3}{x+1} + \frac{x^2}{x+1} + x + \frac{1}{x^3} - 3 - K \left(\frac{x}{1+x^3} + \frac{1}{x^3+x} - \frac{3}{2} \right) \geq 0.$$

For $x \rightarrow \infty$, we get the necessary condition $1 - K \geq 0$. We will show that the original inequality is true for $K = 1$; that is,

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{3}{2} + \frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b}.$$

Write the inequality as

$$\begin{aligned} \left(\frac{c}{a} - \frac{c}{a+b}\right) + \left(\frac{a}{b} - \frac{a}{b+c}\right) + \left(\frac{b}{c} - \frac{b}{c+a}\right) &\geq \frac{3}{2}, \\ \frac{bc}{a(a+b)} + \frac{ca}{b(b+c)} + \frac{ab}{c(c+a)} &\geq \frac{3}{2}. \end{aligned}$$

By the Cauchy-Schwarz inequality, we have

$$\begin{aligned} \frac{bc}{a(a+b)} + \frac{ca}{b(b+c)} + \frac{ab}{c(c+a)} &\geq \frac{(bc+ca+ab)^2}{abc(a+b) + abc(b+c) + abc(c+a)} \\ &= \frac{(bc+ca+ab)^2}{2abc(a+b+c)} \geq \frac{3}{2}. \end{aligned}$$

The equality holds for $a = b = c$.

(b) For $b = 1$ and $c = a^2$, the inequality becomes

$$\begin{aligned} 2a + \frac{1}{a^2} - 3 + K \left(\frac{2a}{2a+1} + \frac{1}{a^2+2} - 1 \right) &\geq 0, \\ \frac{(a-1)^2(2a+1)}{a^2} - \frac{K(a-1)^2}{(2a+1)(a^2+2)} &\geq 0. \end{aligned}$$

This inequality holds for any positive a if and only if

$$\frac{2a+1}{a^2} - \frac{K}{(2a+1)(a^2+2)} \geq 0.$$

For $a = 1$, this inequality involves $K \leq 27$. We will show that the original inequality is true for $K = 27$. Using the substitution

$$x = \frac{a}{b}, \quad y = \frac{b}{c}, \quad z = \frac{c}{a},$$

which involves $xyz = 1$, the inequality can be restated as

$$x + y + z - 3 - \frac{27}{2} \left(\frac{1}{2x+1} + \frac{1}{2y+1} + \frac{1}{2z+1} - 1 \right) \geq 0.$$

First Solution. We get the desired inequality by summing the inequalities

$$x - \frac{27}{2(2x+1)} + \frac{7}{2} \geq 4 \ln x,$$

$$y - \frac{27}{2(2y+1)} + \frac{7}{2} \geq 4 \ln y,$$

$$z - \frac{27}{2(2z+1)} + \frac{7}{2} \geq 4 \ln z.$$

Let

$$f(x) = x - \frac{27}{2(2x+1)} + \frac{7}{2} - 4 \ln x, \quad x > 0.$$

From the derivative

$$f'(x) = 1 + \frac{27}{(2x+1)^2} - \frac{4}{x} = \frac{4(x-1)^3}{x(2x+1)^2},$$

it follows that $f(x)$ is decreasing for $0 < x \leq 1$ and increasing for $x \geq 1$. Therefore, we have $f(x) \geq f(1) = 0$. The equality holds for $a = b = c$.

Second Solution. Replacing x, y, z by e^x, e^y, e^z , respectively, we need to show that

$$x + y + z = 0$$

involves

$$f(x) + f(y) + f(z) \geq 3f\left(\frac{x+y+z}{3}\right),$$

where

$$f(u) = e^u - \frac{27}{2(2e^u+1)}.$$

If f is convex on \mathbb{R} , then this inequality is just Jensen's inequality. Indeed, f is convex because

$$e^{-u} f''(u) = 1 + \frac{27(1-2e^u)}{(2e^u+1)^3} = \frac{4(e^u-1)^2(2e^u+7)}{(2e^u+1)^3} \geq 0.$$

□

P 1.65. If $a, b, c \in \left[\frac{1}{2}, 2\right]$, then

$$(a) \quad 8 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) \geq 5 \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right) + 9;$$

$$(b) \quad 20 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) \geq 17 \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right).$$

(Vasile Cîrtoaje, 2008)

Solution. Without loss of generality, assume that

$$a = \max\{a, b, c\}.$$

Let

$$t = \sqrt{\frac{a}{c}}, \quad 1 \leq t \leq 2.$$

(a) Let

$$E(a, b, c) = 8 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) - 5 \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right) - 9.$$

We will show that

$$E(a, b, c) \geq E(a, \sqrt{ac}, c) \geq 0.$$

We have

$$\begin{aligned} E(a, b, c) - E(a, \sqrt{ac}, c) &= 8 \left(\frac{a}{b} + \frac{b}{c} - 2\sqrt{\frac{a}{c}} \right) - 5 \left(\frac{b}{a} + \frac{c}{b} - 2\sqrt{\frac{c}{a}} \right) \\ &= \frac{(b - \sqrt{ac})^2(8a - 5c)}{abc} \geq 0. \end{aligned}$$

Also,

$$\begin{aligned} E(a, \sqrt{ac}, c) &= 8 \left(2\sqrt{\frac{a}{c}} + \frac{c}{a} - 3 \right) - 5 \left(2\sqrt{\frac{c}{a}} + \frac{a}{c} - 3 \right) \\ &= 8 \left(2t + \frac{1}{t^2} - 3 \right) - 5 \left(\frac{2}{t} + t^2 - 3 \right) \\ &= \frac{8}{t^2}(t - 1)^2(2t + 1) - \frac{5}{t}(t - 1)^2(t + 2) \\ &= \frac{(t - 1)^2(4 + 5t)(2 - t)}{t^2} \geq 0. \end{aligned}$$

The equality holds for $a = b = c$, and also for $a = 2$, $b = 1$ and $c = \frac{1}{2}$ (or any cyclic permutation).

(b) Let

$$E(a, b, c) = 20 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) - 17 \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right).$$

We will show that

$$E(a, b, c) \geq E(a, \sqrt{ac}, c) \geq 0.$$

We have

$$\begin{aligned} E(a, b, c) - E(a, \sqrt{ac}, c) &= 20 \left(\frac{a}{b} + \frac{b}{c} - 2\sqrt{\frac{a}{c}} \right) - 17 \left(\frac{b}{a} + \frac{c}{b} - 2\sqrt{\frac{c}{a}} \right) \\ &= \frac{(b - \sqrt{ac})^2(20a - 17c)}{abc} \geq 0. \end{aligned}$$

Also, we have

$$\begin{aligned}
 E(a, \sqrt{ac}, c) &= 20 \left(2\sqrt{\frac{a}{c}} + \frac{c}{a} \right) - 17 \left(2\sqrt{\frac{c}{a}} + \frac{a}{c} \right) \\
 &= 20 \left(2t + \frac{1}{t^2} \right) - 17 \left(\frac{2}{t} + t^2 \right) \\
 &= \frac{20 - 34t + 40t^3 - 17t^4}{t^2} \\
 &= \frac{(2-t)(17t^3 - 6t^2 - 12t + 10)}{t^2}.
 \end{aligned}$$

We need to show that $17t^3 - 6t^2 - 12t + 10 \geq 0$ for $1 \leq t \leq 2$. Indeed, we have

$$17t^3 - 6t^2 - 12t + 10 \geq 11t^2 - 12t + 10 > 4t^2 - 12t + 9 = (2t - 3)^2 \geq 0.$$

The equality holds for $a = 2$, $b = 1$ and $c = \frac{1}{2}$ (or any cyclic permutation).

□

P 1.66. If a, b, c are positive real numbers such that $a \leq b \leq c$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{2a}{b+c} + \frac{2b}{c+a} + \frac{2c}{a+b}.$$

First Solution. Since

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right) = \left(\frac{a}{b} - 1 \right) \left(\frac{b}{c} - 1 \right) \left(\frac{c}{a} - 1 \right) \geq 0,$$

it suffices to show that

$$\left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) + \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right) \geq \frac{4a}{b+c} + \frac{4b}{c+a} + \frac{4c}{a+b}.$$

This inequality is equivalent to

$$\begin{aligned}
 a \left(\frac{1}{b} + \frac{1}{c} - \frac{4}{b+c} \right) + b \left(\frac{1}{c} + \frac{1}{a} - \frac{4}{c+a} \right) + c \left(\frac{1}{a} + \frac{1}{b} - \frac{4}{a+b} \right) &\geq 0, \\
 \frac{a^2(b-c)^2}{b+c} + \frac{b^2(c-a)^2}{c+a} + \frac{c^2(a-b)^2}{a+b} &\geq 0.
 \end{aligned}$$

The equality holds for $a = b = c$.

Second Solution. The inequality is equivalent to

$$\frac{a(c-b)}{b(b+c)} - \frac{b(c-a)}{c(c+a)} + \frac{c(b-a)}{a(a+b)} \geq 0.$$

Taking account of

$$b(c - a) = c(b - a) + a(c - b),$$

we may rewrite the inequality as

$$c(b - a) \left[\frac{1}{a(a + b)} - \frac{1}{c(c + a)} \right] + a(c - b) \left[\frac{1}{b(b + c)} - \frac{1}{c(c + a)} \right] \geq 0.$$

Since

$$\frac{1}{a(a + b)} - \frac{1}{c(c + a)} = \frac{c^2 - a^2 + a(c - b)}{ac(a + b)(c + a)} \geq \frac{c - b}{c(a + b)(c + a)}$$

and

$$\frac{1}{b(b + c)} - \frac{1}{c(c + a)} = \frac{c^2 - b^2 + c(a - b)}{bc(b + c)(c + a)} \geq \frac{a - b}{b(b + c)(c + a)},$$

it suffices to show that

$$\frac{c(b - a)(c - b)}{c(a + b)(c + a)} + \frac{a(c - b)(a - b)}{b(b + c)(c + a)} \geq 0.$$

This inequality is true if

$$\frac{1}{a + b} - \frac{a}{b(b + c)} \geq 0.$$

Indeed,

$$\frac{1}{a + b} - \frac{a}{b(b + c)} \geq \frac{1}{a + b} - \frac{1}{b + c} = \frac{c - a}{(a + b)(b + c)} \geq 0.$$

□

P 1.67. Let a, b, c be positive real numbers such that $abc = 1$.

(a) If $a \leq b \leq c$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq a^{3/2} + b^{3/2} + c^{3/2};$$

(b) If $a \leq 1 \leq b \leq c$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq a^{\sqrt{3}} + b^{\sqrt{3}} + c^{\sqrt{3}}.$$

(Vasile Cîrtoaje, 2008)

Solution. (a) Since

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right) = \left(\frac{a}{b} - 1 \right) \left(\frac{b}{c} - 1 \right) \left(\frac{c}{a} - 1 \right) \geq 0,$$

it suffices to show that

$$\left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) + \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right) \geq 2(a^{3/2} + b^{3/2} + c^{3/2}).$$

Indeed, by the AM-GM inequality, we have

$$\sum \frac{a}{b} + \sum \frac{b}{a} = \sum a \left(\frac{1}{b} + \frac{1}{c} \right) \geq \sum \frac{2a}{\sqrt{bc}} = 2 \sum a^{3/2}.$$

The equality holds for $a = b = c = 1$.

(b) Let $k = \sqrt{3}$ and

$$E(a, b, c) = \frac{a}{b} + \frac{b}{c} + \frac{c}{a} - a^k - b^k - c^k.$$

We will show that

$$E(a, b, c) \geq E(a, \sqrt{bc}, \sqrt{bc}) \geq 0;$$

that is,

$$E\left(\frac{1}{bc}, b, c\right) \geq E\left(\frac{1}{bc}, \sqrt{bc}, \sqrt{bc}\right) \geq 0.$$

Substituting

$$t = \sqrt{bc}, \quad t \geq 1,$$

we rewrite the right inequality as $f(t) \geq 0$, where

$$f(t) = \frac{1}{t^3} + 1 + t^3 - \frac{1}{t^{2k}} - 2t^k.$$

We have the derivative

$$\frac{f'(t)}{t^2} = g(t), \quad g(t) = \frac{-3}{t^6} + 3 + \frac{2k}{t^{2k+3}} - \frac{2k}{t^{3-k}}.$$

Since

$$\begin{aligned} \frac{1}{2} t^{2k+4} g'(t) &= 9t^{2k-3} - k(2k+3) + k(3-k)t^{3k} \\ &\geq 9 - k(2k+3) + k(3-k) = 9 - 3k^2 = 0, \end{aligned}$$

$g(t)$ is increasing for $t \geq 1$. Therefore, $g(t) \geq g(1) = 0$, $f'(t) \geq 0$, $f(t)$ is increasing for $t \geq 1$, hence $f(t) \geq f(1) = 0$.

Substituting $b = x^2$ and $c = y^2$, where $1 \leq x \leq y$, the left inequality becomes

$$E\left(\frac{1}{x^2 y^2}, x^2, y^2\right) \geq E\left(\frac{1}{x^2 y^2}, xy, xy\right),$$

or, equivalently,

$$\frac{1}{x^4y^2} + \frac{x^2}{y^2} + x^2y^4 - \frac{1}{x^3y^3} - 1 - x^3y^3 \geq (y^k - x^k)^2.$$

We write this inequality as

$$(y - x) \left(x^2y^3 + \frac{1}{x^4y^3} - \frac{x + y}{y^2} \right) \geq (y^k - x^k)^2,$$

and then show that

$$(y - x) \left(x^2y^3 + \frac{1}{x^4y^3} - \frac{x + y}{y^2} \right) \geq (y - x)(y^3 - x^3) \geq (y^k - x^k)^2. \quad (*)$$

The left inequality (*) is true if $f(x, y) \geq 0$, where

$$f(x, y) = x^2y^3 + \frac{1}{x^4y^3} - \frac{x + y}{y^2} - y^3 + x^3.$$

We will show that

$$f(x, y) \geq f(1, y) \geq 0.$$

Since $1 \leq x \leq y$, we have

$$\begin{aligned} f(x, y) - f(1, y) &= x^3 - 1 + y^3(x^2 - 1) - \frac{1}{y^2}(x - 1) - \frac{1}{y^3} \left(1 - \frac{1}{x^4} \right) \\ &\geq x^3 - 1 + (x^2 - 1) - (x - 1) - \left(1 - \frac{1}{x^4} \right) \\ &= (x^2 - 1) \left[\left(x - \frac{1}{x^2} \right) + \left(1 - \frac{1}{x^4} \right) \right] \geq 0 \end{aligned}$$

and

$$f(1, y) = \frac{1}{y^3} - \frac{1 + y}{y^2} + 1 = \frac{(1 + y)(1 - y)^2}{y^3} \geq 0.$$

In order to prove the right inequality (*), we will prove that

$$(y - x)(y^3 - x^3) \geq \frac{3}{4}(y^2 - x^2)^2 \geq (y^k - x^k)^2.$$

We have

$$4(y - x)(y^3 - x^3) - 3(y^2 - x^2)^2 = (y - x)^4 \geq 0.$$

To complete the proof, we only need to show that

$$\frac{k}{2}(y^2 - x^2) \geq y^k - x^k, \quad k = \sqrt{3}.$$

For fixed y , let

$$g(x) = x^k - y^k + \frac{k}{2}(y^2 - x^2), \quad 1 \leq x \leq y.$$

Since

$$g'(x) = kx(x^{k-2} - 1) \leq 0,$$

$g(x)$ is decreasing, hence $g(x) \geq g(y) = 0$. The equality in (b) is an equality if and only if $a = b = c = 1$.

□

P 1.68. If k and a, b, c are positive real numbers, then

$$\frac{1}{(k+1)a+b} + \frac{1}{(k+1)b+c} + \frac{1}{(k+1)c+a} \geq \frac{1}{ka+b+c} + \frac{1}{kb+c+a} + \frac{1}{kc+a+b}.$$

(Vasile Cîrtoaje, 2011)

First Solution. For $k = 1$, we need to show that

$$\frac{1}{2a+b} + \frac{1}{2b+c} + \frac{1}{2c+a} \geq \frac{3}{a+b+c}.$$

This follows immediately from the AM-HM inequality, as follows:

$$\begin{aligned} \frac{1}{2a+b} + \frac{1}{2b+c} + \frac{1}{2c+a} &\geq \frac{9}{(2a+b) + (2b+c) + (2c+a)} \\ &= \frac{3}{a+b+c}. \end{aligned}$$

Further, consider two cases: $k > 1$ and $0 < k < 1$.

Case 1: $k > 1$. By the Cauchy-Schwarz inequality, we have

$$\begin{aligned} \frac{k-1}{(k+1)a+b} + \frac{1}{kc+a+b} &\geq \frac{[(k-1)+1]^2}{(k-1)[(k+1)a+b] + (kc+a+b)} \\ &= \frac{k}{ka+b+c}. \end{aligned}$$

Adding this inequality and the similar ones yields the desired inequality.

Case 2: $0 < k < 1$. By the Cauchy-Schwarz inequality, we have

$$\begin{aligned} \frac{1-k}{(k+1)a+b} + \frac{k}{ka+b+c} &\geq \frac{[(1-k)+k]^2}{(1-k)[(k+1)a+b] + k(ka+b+c)} \\ &= \frac{1}{kc+a+b}. \end{aligned}$$

Adding this inequality and the similar ones yields the desired inequality.

The equality holds for $a = b = c$.

Second Solution (by Vo Quoc Ba Can). By the Cauchy-Schwarz inequality, we have

$$\frac{1}{(k+1)a+b} + \frac{k}{(k+1)b+c} + \frac{k^2}{(k+1)c+a} \geq$$

$$\begin{aligned}
&\geq \frac{(1+k+k^2)^2}{[(k+1)a+b] + k[(k+1)b+c] + k^2[(k+1)c+a]} \\
&= \frac{1+k+k^2}{kc+a+b}.
\end{aligned}$$

Therefore, we get in succession

$$\begin{aligned}
\sum \frac{1}{(k+1)a+b} + \sum \frac{k}{(k+1)b+c} + \sum \frac{k^2}{(k+1)c+a} &\geq \sum \frac{1+k+k^2}{kc+a+b}, \\
(1+k+k^2) \sum \frac{1}{(k+1)a+b} &\geq (1+k+k^2) \sum \frac{1}{ka+b+c}, \\
\sum \frac{1}{(k+1)a+b} &\geq \sum \frac{1}{ka+b+c}.
\end{aligned}$$

Third Solution. We have

$$\begin{aligned}
&\frac{1}{(k+1)a+b} - \frac{1}{ka+b+c} = \frac{c-a}{(ka+a+b)(ka+b+c)} \\
&\geq \frac{c-a}{(kc+a+b)(ka+b+c)} = \frac{1}{k-1} \left(\frac{1}{ka+b+c} - \frac{1}{kc+a+b} \right),
\end{aligned}$$

hence

$$\sum \frac{1}{(k+1)a+b} - \sum \frac{1}{ka+b+c} \geq \frac{1}{k-1} \left(\sum \frac{1}{ka+b+c} - \sum \frac{1}{kc+a+b} \right) = 0.$$

□

P 1.69. If a, b, c are positive real numbers, then

$$\begin{aligned}
(a) \quad &\frac{a}{\sqrt{2a+b}} + \frac{b}{\sqrt{2b+c}} + \frac{c}{\sqrt{2c+a}} \leq \sqrt{a+b+c}; \\
(b) \quad &\frac{a}{\sqrt{a+2b}} + \frac{b}{\sqrt{b+2c}} + \frac{c}{\sqrt{c+2a}} \geq \sqrt{a+b+c}.
\end{aligned}$$

Solution. (a) By the Cauchy-Schwarz inequality, we have

$$\sum \frac{a}{\sqrt{2a+b}} = \sum \left(\sqrt{a} \cdot \sqrt{\frac{a}{2a+b}} \right) \leq \sqrt{\left(\sum a \right) \left(\sum \frac{a}{2a+b} \right)}.$$

Therefore, it suffices to show that

$$\sum \frac{a}{2a+b} \leq 1.$$

This inequality is equivalent to

$$\sum \frac{b}{2a+b} \geq 1.$$

Applying the Cauchy-Schwarz inequality, we get

$$\sum \frac{b}{2a+b} \geq \frac{(\sum b)^2}{\sum b(2a+b)} = 1.$$

The equality holds for $a = b = c$.

(b) By Hölder's inequality, we have

$$\left(\sum \frac{a}{\sqrt{a+2b}} \right)^2 \geq \frac{(\sum a)^3}{\sum a(a+2b)} = \sum a.$$

From this, the desired inequality follows. The equality holds for $a = b = c$.

□

P 1.70. Let a, b, c be nonnegative real numbers such that $a + b + c = 3$. Prove that

$$a\sqrt{\frac{a+2b}{3}} + b\sqrt{\frac{b+2c}{3}} + c\sqrt{\frac{c+2a}{3}} \leq 3.$$

First Solution. By the Cauchy-Schwarz inequality, we have

$$\sum a\sqrt{\frac{a+2b}{3}} \leq \sqrt{(\sum a) \left[\sum \frac{a(a+2b)}{3} \right]} = \sqrt{\frac{(\sum a)^3}{3}} = 3.$$

The equality holds for $a = b = c = 1$, and also for $a = 3$ and $b = c = 0$ (or any cyclic permutation).

Second Solution. Applying Jensen's inequality to the concave function $f(x) = \sqrt{x}$, $x \geq 0$, we have

$$\begin{aligned} & a\sqrt{a+2b} + b\sqrt{b+2c} + c\sqrt{c+2a} \leq \\ & \leq (a+b+c) \sqrt{\frac{a(a+2b) + b(b+2c) + c(c+2a)}{a+b+c}} \\ & = (a+b+c) \sqrt{a+b+c} = 3\sqrt{3}. \end{aligned}$$

□

P 1.71. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$a\sqrt{1+b^3} + b\sqrt{1+c^3} + c\sqrt{1+a^3} \leq 5.$$

(Pham Kim Hung, 2007)

Solution. Using the AM-GM inequality yields

$$\sqrt{1+b^3} = \sqrt{(1+b)(1-b+b^2)} \leq \frac{(1+b) + (1-b+b^2)}{2} = 1 + \frac{b^2}{2}.$$

Therefore,

$$\sum a\sqrt{1+b^3} \leq \sum a \left(1 + \frac{b^2}{2}\right) = 3 + \frac{ab^2 + bc^2 + ca^2}{2}.$$

To complete the proof, it remains to show that

$$ab^2 + bc^2 + ca^2 \leq 4.$$

But this is just the inequality in P 1.1. The equality occurs for $a = 0$, $b = 1$ and $c = 2$ (or any cyclic permutation). □

P 1.72. If a, b, c are positive real numbers such that $abc = 1$, then

$$(a) \quad \sqrt{\frac{a}{b+3}} + \sqrt{\frac{b}{c+3}} + \sqrt{\frac{c}{a+3}} \geq \frac{3}{2};$$

$$(b) \quad \sqrt[3]{\frac{a}{b+7}} + \sqrt[3]{\frac{b}{c+7}} + \sqrt[3]{\frac{c}{a+7}} \geq \frac{3}{2}.$$

Solution. (a) Putting

$$a = \frac{x}{y}, \quad b = \frac{z}{x}, \quad c = \frac{y}{z},$$

the inequality can be restated as

$$\frac{x}{\sqrt{y(3x+z)}} + \frac{y}{\sqrt{z(3y+x)}} + \frac{z}{\sqrt{x(3z+y)}} \geq \frac{3}{2}.$$

By Hölder's inequality, we have

$$\left[\sum \frac{x}{\sqrt{y(3x+z)}} \right]^2 \left[\sum xy(3x+z) \right] \geq \left(\sum x \right)^3.$$

Therefore, it suffices to show that

$$4(x+y+z)^3 \geq 27(x^2y + y^2z + z^2x + xyz).$$

This is just the inequality (a) in P 1.9. The equality holds for $a = b = c = 1$.

(b) Putting

$$a = \frac{x^4}{y^4}, \quad b = \frac{z^4}{x^4}, \quad c = \frac{y^4}{z^4},$$

the inequality becomes

$$\sum \sqrt[3]{\frac{x^8}{y^4(7x^4 + z^4)}} \geq \frac{3}{2}.$$

By Hölder's inequality, we have

$$\left[\sum \sqrt[3]{\frac{x^8}{y^4(7x^4 + z^4)}} \right]^3 \left[\sum (7x^4 + z^4) \right] \geq \left(\sum \frac{x^2}{y} \right)^4.$$

Since $\sum (7x^4 + z^4) = 8 \sum x^4$, it is enough to show that

$$\left(\frac{x^2}{y} + \frac{y^2}{z} + \frac{z^2}{x} \right)^4 \geq 27(x^4 + y^4 + z^4),$$

which is just the inequality in P 1.60-(a). The equality holds for $a = b = c = 1$.

□

P 1.73. If a, b, c are positive real numbers, then

$$\left(1 + \frac{4a}{a+b} \right)^2 + \left(1 + \frac{4b}{b+c} \right)^2 + \left(1 + \frac{4c}{c+a} \right)^2 \geq 27.$$

(Vasile Cîrtoaje, 2012)

Solution. Let

$$x = \frac{a-b}{a+b}, \quad y = \frac{b-c}{b+c}, \quad z = \frac{c-a}{c+a}.$$

We have

$$-1 < x, y, z < 1$$

and

$$x + y + z + xyz = 0.$$

Since

$$\frac{2a}{a+b} = x + 1, \quad \frac{2b}{b+c} = y + 1, \quad \frac{2c}{c+a} = z + 1,$$

we can write the inequality as follows:

$$(2x+3)^2 + (2y+3)^2 + (2z+3)^2 \geq 27,$$

$$x^2 + y^2 + z^2 + 3(x+y+z) \geq 0,$$

$$x^2 + y^2 + z^2 \geq 3xyz.$$

By the AM-GM inequality, we have

$$x^2 + y^2 + z^2 \geq 3\sqrt[3]{x^2y^2z^2}.$$

Thus, it suffices to show that $|xyz| \leq 1$, which is clearly true. The equality holds for $a = b = c$.

□

P 1.74. If a, b, c are positive real numbers, then

$$\sqrt{\frac{2a}{a+b}} + \sqrt{\frac{2b}{b+c}} + \sqrt{\frac{2c}{c+a}} \leq 3.$$

(Vasile Cîrtoaje, 1992)

First Solution. By the Cauchy-Schwarz inequality, we have

$$\sum \sqrt{\frac{2a}{a+b}} \leq \sqrt{\left[\sum \frac{2a}{(a+b)(a+c)} \right] \left[\sum (a+c) \right]}.$$

Thus, it suffices to show that

$$\sum \frac{a}{(a+b)(a+c)} \leq \frac{9}{4(a+b+c)},$$

which is equivalent to

$$a(b-c)^2 + b(c-a)^2 + c(a-b)^2 \geq 0.$$

The equality occurs for $a = b = c$.

Second Solution. By the Cauchy-Schwarz inequality, we have

$$\sum \sqrt{\frac{2a}{a+b}} \leq \sqrt{\left[\sum \frac{1}{(a+b)(b+c)} \right] \left[\sum 2a(b+c) \right]}.$$

Thus, it suffices to show that

$$\sum \frac{1}{(a+b)(b+c)} \leq \frac{9}{4(ab+bc+ca)},$$

which is equivalent to

$$a(b-c)^2 + b(c-a)^2 + c(a-b)^2 \geq 0.$$

□

P 1.75. If a, b, c are nonnegative real numbers, then

$$\sqrt{\frac{a}{4a+5b}} + \sqrt{\frac{b}{4b+5c}} + \sqrt{\frac{c}{4c+5a}} \leq 1.$$

(Vasile Cîrtoaje, 2004)

Solution. If one of a, b, c is zero, then the inequality is clearly true. Otherwise, using the substitution

$$u = \frac{b}{a}, \quad v = \frac{c}{b}, \quad w = \frac{a}{c},$$

we need to show that $uvw = 1$ involves

$$\frac{1}{\sqrt{4+5u}} + \frac{1}{\sqrt{4+5v}} + \frac{1}{\sqrt{4+5w}} \leq 1.$$

Using the contradiction method, it suffices to show that

$$\frac{1}{\sqrt{4+5u}} + \frac{1}{\sqrt{4+5v}} + \frac{1}{\sqrt{4+5w}} > 1$$

involves $uvw < 1$. Let

$$x = \frac{1}{\sqrt{4+5u}}, \quad y = \frac{1}{\sqrt{4+5v}}, \quad z = \frac{1}{\sqrt{4+5w}},$$

where $x, y, z \in \left(0, \frac{1}{2}\right)$. Since

$$u = \frac{1-4x^2}{5x^2}, \quad v = \frac{1-4y^2}{5y^2}, \quad w = \frac{1-4z^2}{5z^2},$$

we have to prove that $x + y + z > 1$ involves

$$(1-4x^2)(1-4y^2)(1-4z^2) < 125x^2y^2z^2.$$

Since

$$1-4x^2 < (x+y+z)^2 - 4x^2 = (-x+y+z)(3x+y+z),$$

it suffices to prove the homogeneous inequality

$$(3x+y+z)(3y+z+x)(3z+x+y)(-x+y+z)(-y+z+x)(-z+x+y) \leq 125x^2y^2z^2.$$

By the AM-GM inequality, we have

$$(3x+y+z)(3y+z+x)(3z+x+y) \leq 125 \left(\frac{x+y+z}{3} \right)^3.$$

Therefore, it is enough to show that

$$\left(\frac{x+y+z}{3} \right)^3 (-x+y+z)(-y+z+x)(-z+x+y) \leq x^2y^2z^2.$$

Using the substitution

$$a = -x+y+z, \quad b = -y+z+x, \quad c = -z+x+y,$$

where $a, b, c > 0$, the inequality can be restated as

$$64abc(a+b+c)^3 \leq 27(b+c)^2(c+a)^2(a+b)^2.$$

The known inequality

$$9(b+c)(c+a)(a+b) \geq 8(a+b+c)(ab+bc+ca),$$

equivalent to

$$a(b-c)^2 + b(c-a)^2 + c(a-b)^2 \geq 0,$$

involves

$$81(b+c)^2(c+a)^2(a+b)^2 \geq 64(a+b+c)^2(ab+bc+ca)^2.$$

Thus, it suffices to show that

$$3abc(a+b+c) \leq (ab+bc+ca)^2.$$

which is also a known inequality, equivalent to

$$a^2(b-c)^2 + b^2(c-a)^2 + c^2(a-b)^2 \geq 0.$$

Thus, the proof is completed. The equality occurs for $a = b = c$.

□

P 1.76. If a, b, c are positive real numbers, then

$$\frac{a}{\sqrt{4a^2 + ab + 4b^2}} + \frac{b}{\sqrt{4b^2 + bc + 4c^2}} + \frac{c}{\sqrt{4c^2 + ca + 4a^2}} \leq 1.$$

(Bin Zhao, 2006)

Solution. By the AM-GM inequality, we have

$$ab + 4b^2 \geq 5\sqrt[5]{ab \cdot b^8} = 5\sqrt[5]{ab^9},$$

$$\frac{a}{\sqrt{4a^2 + ab + 4b^2}} \leq \frac{a}{\sqrt{4a^2 + 5\sqrt[5]{ab^9}}} = \sqrt{\frac{a^{9/5}}{4a^{9/5} + 5b^{9/5}}}.$$

Therefore, it suffices to show that

$$\sqrt{\frac{a^{9/5}}{4a^{9/5} + 5b^{9/5}}} + \sqrt{\frac{b^{9/5}}{4b^{9/5} + 5c^{9/5}}} + \sqrt{\frac{c^{9/5}}{4c^{9/5} + 5a^{9/5}}} \leq 1.$$

Replacing $a^{9/5}, b^{9/5}, c^{9/5}$ by a, b, c , respectively, we get the inequality in P 1.75. The equality holds for $a = b = c$.

□

P 1.77. If a, b, c are positive real numbers, then

$$\sqrt{\frac{a}{a+b+7c}} + \sqrt{\frac{b}{b+c+7a}} + \sqrt{\frac{c}{c+a+7b}} \geq 1.$$

(Vasile Cîrtoaje, 2006)

Solution. Substituting

$$x = \sqrt{\frac{a}{a+b+7c}}, \quad y = \sqrt{\frac{b}{b+c+7a}}, \quad z = \sqrt{\frac{c}{c+a+7b}},$$

we have

$$\begin{cases} (x^2 - 1)a + x^2b + 7x^2c = 0 \\ (y^2 - 1)b + y^2c + 7y^2a = 0 \\ (z^2 - 1)c + z^2a + 7z^2b = 0 \end{cases},$$

which involves

$$\begin{vmatrix} x^2 - 1 & x^2 & 7x^2 \\ 7y^2 & y^2 - 1 & y^2 \\ z^2 & 7z^2 & z^2 - 1 \end{vmatrix} = 0;$$

that is,

$$F(x, y, z) = 0,$$

where

$$F(x, y, z) = 324x^2y^2z^2 + 6 \sum x^2y^2 + \sum x^2 - 1.$$

We need to show that $F(x, y, z) = 0$ involves $x + y + z \geq 1$, where $x, y, z > 0$. To do this, we use the contradiction method. Assume that $x + y + z < 1$ and show that $F(x, y, z) < 0$. Since $F(x, y, z)$ is strictly increasing in each of its arguments, it is enough to prove that $x + y + z = 1$ involves $F(x, y, z) \leq 0$. We have

$$\begin{aligned} F(x, y, z) &= 324x^2y^2z^2 + 6 \left(\sum xy \right)^2 - 12xyz \sum x + \left(\sum x \right)^2 - 2 \sum xy - 1 \\ &= 324x^2y^2z^2 + 6 \left(\sum xy \right)^2 - 12xyz - 2 \sum xy \\ &= 12xyz(27xyz - 1) + 2 \left(\sum xy \right) \left(3 \sum xy - 1 \right). \end{aligned}$$

Because

$$27xyz \leq \left(\sum x \right)^3 = 1$$

and

$$3 \sum xy \leq \left(\sum x \right)^2 = 1,$$

the conclusion follows. The equality occurs for $a = b = c$.

□

P 1.78. If a, b, c are nonnegative real numbers, no two of which are zero, then

$$(a) \quad \sqrt{\frac{a}{3b+c}} + \sqrt{\frac{b}{3c+a}} + \sqrt{\frac{c}{3a+b}} \geq \frac{3}{2};$$

$$(b) \quad \sqrt{\frac{a}{2b+c}} + \sqrt{\frac{b}{2c+a}} + \sqrt{\frac{c}{2a+b}} \geq \sqrt[4]{8}.$$

(Vasile Cîrtoaje and Pham Kim Hung, 2006)

Solution. Consider the inequality

$$\sqrt{\frac{(k+1)a}{kb+c}} + \sqrt{\frac{(k+1)b}{kc+a}} + \sqrt{\frac{(k+1)c}{ka+b}} \geq A_k, \quad k > 0,$$

and use the substitution

$$x = \sqrt{\frac{(k+1)a}{kb+c}}, \quad y = \sqrt{\frac{(k+1)b}{kc+a}}, \quad z = \sqrt{\frac{(k+1)c}{ka+b}}.$$

From the identity

$$(kb+c)(kc+a)(ka+b) = (k^3+1)abc + kbc(kb+c) + kca(kc+a) + kab(ka+b),$$

written as

$$\frac{kb+c}{(k+1)a} \cdot \frac{kc+a}{(k+1)b} \cdot \frac{ka+b}{(k+1)c} = \frac{k^2-k+1}{(k+1)^2} + \frac{k}{(k+1)^2} \left[\frac{kb+c}{(k+1)a} + \frac{kc+a}{(k+1)b} + \frac{ka+b}{(k+1)c} \right],$$

we get

$$\frac{1}{x^2 y^2 z^2} = \frac{k^2-k+1}{(k+1)^2} + \frac{k}{(k+1)^2} \left(\frac{1}{x^2} + \frac{1}{y^2} + \frac{1}{z^2} \right),$$

which is equivalent to $F(x, y, z) = 0$, where

$$F(x, y, z) = k(x^2 y^2 + y^2 z^2 + z^2 x^2) + (k^2 - k + 1)x^2 y^2 z^2 - (k+1)^2.$$

So, we need to show that $F(x, y, z) = 0$ yields $x + y + z \geq A_k$. To do this, we use the contradiction method. Assume that $x + y + z < A_k$ and show that $F(x, y, z) < 0$. Since $F(x, y, z)$ is strictly increasing in each of its variables, it suffices to prove that $x + y + z = A_k$ involves $F(x, y, z) \leq 0$. Let

$$k_1 = \frac{49 + 9\sqrt{17}}{32} \approx 2.691.$$

(a) We need to show that $F(x, y, z) \leq 0$ for $x + y + z = A_k = 3$ and $k = 3$. We will show a more general inequality, namely $F(x, y, z) \leq 0$ for $k \geq k_1$ and all nonnegative numbers x, y, z satisfying $x + y + z = 3$. The AM-GM inequality $x + y + z \geq 3\sqrt[3]{xyz}$ involves $xyz \leq 1$. On the other hand, by Schur's inequality

$$(x + y + z)^3 + 9xyz \geq 4(x + y + z)(xy + yz + zx)$$

we get

$$4(xy + yz + zx) \leq 9 + 3xyz,$$

hence

$$(xy + yz + zx)^2 - 9 \leq \frac{(9 + 3xyz)^2}{16} - 9 = \frac{9}{16}(xyz - 1)(xyz + 7).$$

Therefore,

$$\begin{aligned} F(x, y, z) &= k[(xy + yz + zx)^2 - 6xyz] + (k^2 - k + 1)x^2y^2z^2 - (k + 1)^2 \\ &= k[(xy + yz + zx)^2 - 9] + (k^2 - k + 1)(x^2y^2z^2 - 1) - 6k(xyz - 1) \\ &\leq \frac{9k}{16}(xyz - 1)(xyz + 7) + (k^2 - k + 1)(x^2y^2z^2 - 1) - 6k(xyz - 1) \\ &= \frac{1}{16}(xyz - 1) [(16k^2 - 7k + 16)xyz + 16k^2 - 49k + 16] \leq 0. \end{aligned}$$

Since $xyz - 1 \leq 0$ and $16k^2 - 7k + 16 > 0$, it suffices to show that $16k^2 - 49k + 16 \geq 0$; indeed, this inequality is true for $k \geq k_1$.

The equality occurs for $a = b = c$. In addition, when $k = k_1$, the equality also occurs for $a = 0$ and $b/c = \sqrt{k}$ (or any cyclic permutation).

(b) We need to show that $F(x, y, z) \leq 0$ for $A_k = \sqrt[4]{72}$ and $k = 2$. We will show a more general inequality, that $F(x, y, z) \leq 0$ for $1 \leq k \leq k_1$ and all nonnegative numbers x, y, z satisfying

$$x + y + z = A_k = 2\sqrt[4]{\frac{(k+1)^2}{k}}.$$

From

$$\begin{aligned} F(x, y, z) &= k(x^2y^2 + y^2z^2 + z^2x^2) + (k^2 - k + 1)x^2y^2z^2 - (k + 1)^2 \\ &= k(xy + yz + zx)^2 - 2kA_kxyz + (k^2 - k + 1)x^2y^2z^2 - (k + 1)^2, \end{aligned}$$

it follows that for fixed xyz , $F(x, y, z)$ is maximum when $xy + yz + zx$ is maximum; that is, according to P 3.58 in Volume 1, when two of x, y, z are equal. Due to symmetry, we only need to show that $F(x, y, z) \leq 0$ for $y = z$. Write the inequality $F(x, y, z) \leq 0$ as follows:

$$k(x^2y^2 + y^2z^2 + z^2x^2) + (k^2 - k + 1)x^2y^2z^2 - k\left(\frac{x + y + z}{2}\right)^4 \leq 0,$$

$$k\left[\left(\frac{x + y + z}{2}\right)^4 - x^2y^2 - y^2z^2 - z^2x^2\right] \geq (k^2 - k + 1)x^2y^2z^2$$

$$k\sqrt{k} (x + y + z)^2 [(x + y + z)^4 - 16(x^2y^2 + y^2z^2 + z^2x^2)] \geq 64(k^3 + 1)x^2y^2z^2.$$

Due to homogeneity, we may only consider the cases $y = z = 0$ and $y = z = 1$. In the non-trivial case $y = z = 1$, the inequality becomes

$$k\sqrt{k} x(x + 2)^2(x^3 + 8x^2 - 8x + 32) \geq 64(k^3 + 1)x^2.$$

This is true because

$$297k\sqrt{k} \geq 64(k^3 + 1)$$

for $1 \leq k \leq k_1$, and

$$x(x+2)^2(x^3 + 8x^2 - 8x + 32) \geq 297x^2.$$

Notice that

$$x(x+2)^2(x^3 + 8x^2 - 8x + 32) - 297x^2 = x(x-1)^2(x^3 + 14x^2 + 55x + 128) \geq 0.$$

If $1 \leq k < k_1$, then the equality occurs only for $a = 0$ and $b/c = \sqrt{k}$ (or any cyclic permutation). Therefore, if $k = 2$, then the equality holds for $a = 0$ and $b/c = \sqrt{2}$ (or any cyclic permutation).

Remark. From the proof above, it follows that the following more general statement holds:

- Let a, b, c be nonnegative real numbers, no two of which are zero. If $k > 0$, then

$$\sqrt{\frac{a}{kb+c}} + \sqrt{\frac{b}{kc+a}} + \sqrt{\frac{c}{ka+b}} \geq \min \left\{ \frac{3}{\sqrt{k+1}}, \frac{2}{\sqrt[4]{k}} \right\}.$$

For $k = 1$, we get the known inequality

$$\sqrt{\frac{a}{b+c}} + \sqrt{\frac{b}{c+a}} + \sqrt{\frac{c}{a+b}} \geq 2,$$

with equality for $a = 0$ and $b = c$ (or any cyclic permutation). We can get this inequality by summing the inequalities

$$\sqrt{\frac{a}{b+c}} \geq \frac{2a}{a+b+c}, \quad \sqrt{\frac{b}{c+a}} \geq \frac{2b}{a+b+c}, \quad \sqrt{\frac{c}{a+b}} \geq \frac{2c}{a+b+c}.$$

□

P 1.79. If a, b, c are positive real numbers such that $ab + bc + ca = 3$, then

$$(a) \quad \frac{1}{(a+b)(3a+b)} + \frac{1}{(b+c)(3b+c)} + \frac{1}{(c+a)(3c+a)} \geq \frac{3}{8};$$

$$(b) \quad \frac{1}{(2a+b)^2} + \frac{1}{(2b+c)^2} + \frac{1}{(2c+a)^2} \geq \frac{1}{3}.$$

(Vasile Cîrtoaje and Pham Kim Hung, 2007)

Solution. (a) Using the Cauchy-Schwarz inequality and the inequality in P 1.78-(a) gives

$$\begin{aligned}\sum \frac{1}{(a+b)(3a+b)} &= \sum \frac{1}{(b+c)(3b+c)} \\ &\geq \frac{\left(\sum \sqrt{\frac{a}{3b+c}}\right)^2}{\sum a(b+c)} \\ &\geq \frac{9}{8(ab+bc+ca)} = \frac{3}{8}.\end{aligned}$$

The equality holds for $a = b = c$.

(b) We consider two cases (*Vo Quoc Ba Can*).

Case 1: $4(ab+bc+ca) \geq a^2+b^2+c^2$. By the Cauchy-Schwarz inequality, we get

$$\sum \frac{1}{(2a+b)^2} \geq \frac{9(\sum a)^2}{\sum (2a+b)^2(b+2c)^2}.$$

Thus, it suffices to show that

$$9p^2q \geq \sum (2a+b)^2(b+2c)^2,$$

where $p = a+b+c$, $q = ab+bc+ca$. Since

$$(2a+b)(b+2c) = pb + q + 3ac,$$

we have

$$\begin{aligned}\sum (2a+b)^2(b+2c)^2 &= p^2 \sum a^2 + 3q^2 + 9 \sum a^2b^2 + 2p^2q + 18abcp + 6q^2 \\ &= p^2(p^2 - 2q) + 9q^2 + 9(q^2 - 2abcp) + 2p^2q + 18abcp = p^4 + 18q^2,\end{aligned}$$

and the inequality becomes

$$\begin{aligned}9p^2q &\geq p^4 + 18q^2, \\ (p^2 - 3q)(6q - p^2) &\geq 0.\end{aligned}$$

The latter inequality is true since $p^2 - 3q \geq 0$ and

$$6q - p^2 = 4(ab+bc+ca) - a^2 - b^2 - c^2 \geq 0.$$

Case 2: $4(ab+bc+ca) < a^2+b^2+c^2$. Assume that $a = \max\{a, b, c\}$. From

$$a^2 - 4(b+c)a + (b+c)^2 > 6bc > 0,$$

we get

$$a > (2 + \sqrt{3})(b+c) > 2(b+c).$$

Since

$$\frac{1}{(2a+b)^2} + \frac{1}{(2b+c)^2} + \frac{1}{(2c+a)^2} > \frac{1}{(2b+c)^2} + \frac{1}{(2c+a)^2} \geq \frac{2}{(2b+c)(2c+a)},$$

it suffices to show that

$$\frac{2}{(2b+c)(2c+a)} \geq \frac{1}{ab+bc+ca}.$$

This is equivalent to the obvious inequality

$$c(a-2b-2c) \geq 0.$$

The proof is completed. The equality holds for $a = b = c$.

Open problem. Let a, b, c be nonnegative real numbers, no two of which are zero. If $k > 0$, then

$$(a) \quad \frac{1}{(a+b)(ka+b)} + \frac{1}{(b+c)(kb+c)} + \frac{1}{(c+a)(kc+a)} \geq \frac{9}{2(k+1)(ab+bc+ca)};$$

$$(b) \quad \frac{1}{(ka+b)^2} + \frac{1}{(kb+c)^2} + \frac{1}{(kc+a)^2} \geq \frac{9}{(k+1)^2(ab+bc+ca)}.$$

For $k = 1$, from (a) and (b), we get the well-known inequality (Iran 96):

$$\frac{1}{(a+b)^2} + \frac{1}{(b+c)^2} + \frac{1}{(c+a)^2} \geq \frac{9}{4(ab+bc+ca)}.$$

□

P 1.80. If a, b, c are nonnegative real numbers, then

$$a^4 + b^4 + c^4 + 15(a^3b + b^3c + c^3a) \geq \frac{47}{4}(a^2b^2 + b^2c^2 + c^2a^2).$$

(Vasile Cîrtoaje, 2011)

Solution. Without loss of generality, assume that $a = \min\{a, b, c\}$. There are two cases to consider: $a \leq b \leq c$ and $a \leq c \leq b$.

Case 1: $a \leq b \leq c$. For $a = 0$, the inequality is true because is equivalent to

$$b^4 + c^4 + 15b^3c - \frac{47}{4}b^2c^2 \geq 0,$$

$$\left(b - \frac{c}{2}\right)^2 (b^2 + 16bc + 4c^2) \geq 0.$$

Based on this result, it suffices to prove that

$$a^4 + 15(a^3b + c^3a) \geq \frac{47}{4}a^2(b^2 + c^2).$$

This inequality is true if

$$a^3b + c^3a \geq a^2(b^2 + c^2).$$

Indeed,

$$\begin{aligned} a^2b + c^3 - a(b^2 + c^2) &= c^2(c - a) - ab(b - a) \geq c^2(b - a) - ab(b - a) \\ &= (c^2 - ab)(b - a) \geq 0. \end{aligned}$$

Case 2: $a \leq c \leq b$. It suffices to show that

$$a^3b + b^3c + c^3a \geq a^2b^2 + b^2c^2 + c^2a^2.$$

Since

$$ab^3 + bc^3 + ca^3 - (a^3b + b^3c + c^3a) = (a + b + c)(a - b)(b - c)(c - a) \leq 0,$$

we have

$$\sum a^3b \geq \frac{1}{2}(\sum a^3b + \sum ab^3) = \frac{1}{2} \sum ab(a^2 + b^2) \geq \sum a^2b^2.$$

The equality holds for $a = 0$ and $2b = c$ (or any cyclic permutation).

□

P 1.81. If a, b, c are nonnegative real numbers such that $a + b + c = 4$, then

$$a^3b + b^3c + c^3a \leq 27.$$

Solution. Assume that $a = \max\{a, b, c\}$. There are two possible cases: $a \geq b \geq c$ and $a \geq c \geq b$.

Case 1: $a \geq b \geq c$. Using the AM-GM inequality gives

$$\begin{aligned} 3(a^3b + b^3c + c^3a) &\leq 3ab(a^2 + ac + c^2) \leq 3ab(a + c)^2 \\ &= a \cdot 3b \cdot (a + c) \cdot (a + c) \leq \left[\frac{a + 3b + (a + c) + (a + c)}{4} \right]^4 \\ &= \left(\frac{3a + 3b + 2c}{4} \right)^4 \leq \left(\frac{3a + 3b + 3c}{4} \right)^4 = 81. \end{aligned}$$

Case 2: $a \geq c \geq b$. Since

$$ab^3 + bc^3 + ca^3 - (a^3b + b^3c + c^3a) = (a + b + c)(a - b)(b - c)(c - a) \geq 0,$$

it suffices to prove that

$$a^3b + b^3c + c^3a + (ab^3 + bc^3 + ca^3) \leq 54.$$

Indeed,

$$\begin{aligned}\sum a^3b + \sum ab^3 &\leq (a^2 + b^2 + c^2)(ab + bc + ca) \\ &\leq \frac{1}{8}[a^2 + b^2 + c^2 + 2(ab + bc + ca)]^2 \\ &= \frac{1}{8}(a + b + c)^4 = 32 < 54.\end{aligned}$$

The equality holds for $a = 3$, $b = 1$ and $c = 0$ (or any cyclic permutation).

Remark. The following sharper inequality holds (*Michael Rozenberg*).

- If a, b, c are nonnegative real numbers such that $a + b + c = 4$, then

$$a^3b + b^3c + c^3a + \frac{473}{64}abc \leq 27,$$

with equality for $a = b = c = 4/3$, and also for $a = 3$, $b = 1$ and $c = 0$ (or any cyclic permutation).

Write the inequality in the homogeneous form

$$27(a + b + c)^4 \geq 256(a^3b + b^3c + c^3a) + 473abc(a + b + c).$$

Assuming that $c = \min\{a, b, c\}$ and using the substitution

$$a = c + p, \quad b = c + q, \quad p, q \geq 0,$$

this inequality can be restated as

$$Ac^2 + Bc + C \geq 0,$$

where

$$\begin{aligned}A &= 217(p^2 - pq + q^2) \geq 0, \\ B &= 68p^3 - 269p^2q + 499pq^2 + 68q^3 \geq 60p(p^2 - 5pq + 8q^2) \geq 0, \\ C &= (p - 3q)^2(27p^2 + 14pq + 3q^2) \geq 0.\end{aligned}$$

□

P 1.82. Let a, b, c be nonnegative real numbers such that

$$a^2 + b^2 + c^2 = \frac{10}{3}(ab + bc + ca).$$

Prove that

$$a^4 + b^4 + c^4 \geq \frac{82}{27}(a^3b + b^3c + c^3a).$$

(Vasile Cîrtoaje, 2011)

Solution (by Vo Quoc Ba Can). We see that the equality holds for $a = 3, b = 1, c = 0$. From

$$a^4 + b^4 + c^4 + 2(ab + bc + ca)^2 = (a^2 + b^2 + c^2)^2 + 4abc(a + b + c),$$

we get

$$\begin{aligned} a^4 + b^4 + c^4 &\geq (a^2 + b^2 + c^2)^2 - 2(ab + bc + ca)^2 \\ &= \frac{82}{9}(ab + bc + ca)^2. \end{aligned}$$

Therefore, it suffices to show that

$$3(ab + bc + ca)^2 \geq a^3b + b^3c + c^3a.$$

In addition, since

$$ab + bc + ca = \frac{3(a^2 + b^2 + c^2) + 6(ab + bc + ca)}{16} = 3 \left(\frac{a + b + c}{4} \right)^2,$$

it suffices to show that

$$27 \left(\frac{a + b + c}{4} \right)^4 \geq a^3b + b^3c + c^3a,$$

which is the inequality from the previous P 1.81. The equality holds for $a = 3b$ and $c = 0$ (or any cyclic permutation). □

P 1.83. If a, b, c are positive real numbers, then

$$\frac{a^3}{2a^2 + b^2} + \frac{b^3}{2b^2 + c^2} + \frac{c^3}{2c^2 + a^2} \geq \frac{a + b + c}{3}.$$

(Vasile Cîrtoaje, 2005)

Solution. We write the inequality as

$$\begin{aligned} \left(\frac{a^3}{2a^2 + b^2} - \frac{a}{3} \right) + \left(\frac{b^3}{2b^2 + c^2} - \frac{b}{3} \right) + \left(\frac{c^3}{2c^2 + a^2} - \frac{c}{3} \right) &\geq 0, \\ \frac{a(a^2 - b^2)}{2a^2 + b^2} + \frac{b(b^2 - c^2)}{2b^2 + c^2} + \frac{c(c^2 - a^2)}{2c^2 + a^2} &\geq 0. \end{aligned}$$

Taking into account that

$$\frac{a(a^2 - b^2)}{2a^2 + b^2} - \frac{b(a^2 - b^2)}{2b^2 + a^2} = \frac{(a + b)(a - b)^2(a^2 - ab + b^2)}{(2a^2 + b^2)(2b^2 + a^2)} \geq 0,$$

it suffices to show that

$$\frac{b(a^2 - b^2)}{2b^2 + a^2} + \frac{b(b^2 - c^2)}{2b^2 + c^2} + \frac{c(c^2 - a^2)}{2c^2 + a^2} \geq 0.$$

Since

$$\frac{b(a^2 - b^2)}{2b^2 + a^2} + \frac{b(b^2 - c^2)}{2b^2 + c^2} = \frac{3b^2(a^2 - c^2)}{(2b^2 + a^2)(2b^2 + c^2)},$$

the last inequality is equivalent to

$$(c^2 - a^2)(c - b)[a^2(3b^2 + bc + c^2) + 2b^2c(c - 2b)] \geq 0. \quad (*)$$

Similarly, the desired inequality is true if

$$(a^2 - b^2)(a - c)[b^2(3c^2 + ca + a^2) + 2c^2a(a - 2c)] \geq 0. \quad (**)$$

Without loss of generality, assume that

$$c = \max\{a, b, c\}.$$

According to (*), the desired inequality is true if

$$a^2(3b^2 + bc + c^2) + 2b^2c(c - 2b) \geq 0.$$

We claim that this inequality holds for $a \geq b$, and also for $2ac \geq \sqrt{3} b^2$. If $a \geq b$, then

$$\begin{aligned} a^2(3b^2 + bc + c^2) + 2b^2c(c - 2b) &\geq b^2(3b^2 + bc + c^2) + 2b^2c(c - 2b) \\ &= 3b^2[b^2 + c(c - b)] > 0; \end{aligned}$$

also, if $2ac \geq \sqrt{3} b^2$, then

$$\begin{aligned} a^2(3b^2 + bc + c^2) + 2b^2c(c - 2b) &\geq \frac{3b^4}{4c^2}(3b^2 + bc + c^2) + 2b^2c(c - 2b) \\ &= \frac{b^2}{4c^2}(8c^4 - 16bc^3 + 3b^2c^2 + 3b^3c + 9b^4) \\ &= \frac{b^2}{4c^2}[2c(c + b)(2c - 3b)^2 + 9b^2(c - b)^2 + 3b^3c] > 0. \end{aligned}$$

Consequently, we only need to consider that $a < b \leq c$ and $\sqrt{3} b^2 > 2ac$. According to (**), the desired inequality is true if

$$b^2(3c^2 + ca + a^2) + 2c^2a(a - 2c) \geq 0.$$

We have

$$\begin{aligned} b^2(3c^2 + ca + a^2) + 2c^2a(a - 2c) &> \frac{4ac}{3}(3c^2 + ca + a^2) + 2c^2a(a - 2c) \\ &= \frac{2a^2c(2a + 5c)}{3} > 0. \end{aligned}$$

This completes the proof. The equality occurs for $a = b = c$.

□

P 1.84. If a, b, c are positive real numbers, then

$$\frac{a^4}{a^3 + b^3} + \frac{b^4}{b^3 + c^3} + \frac{c^4}{c^3 + a^3} \geq \frac{a + b + c}{2}.$$

(Vasile Cîrtoaje, 2005)

Solution (by Vo Quoc Ba Can). Multiplying by $a^3 + b^3 + c^3$, the inequality becomes

$$\sum a^4 + \sum \frac{a^4 c^3}{a^3 + b^3} \geq \frac{1}{2} \left(\sum a \right) \left(\sum a^3 \right).$$

By the Cauchy-Schwarz inequality, we have

$$\sum \frac{a^4 c^3}{a^3 + b^3} \geq \frac{(\sum a^2 c^2)^2}{\sum c(a^3 + b^3)} = \frac{(\sum a^2 b^2)^2}{\sum a(b^3 + c^3)}.$$

According to the inequality

$$\frac{x^2}{y} \geq x - \frac{y}{4}, \quad x, y > 0,$$

we have

$$\frac{(\sum a^2 b^2)^2}{\sum a(b^3 + c^3)} \geq \sum a^2 b^2 - \frac{1}{4} \sum a(b^3 + c^3).$$

Therefore, it suffices to show that

$$\sum a^4 + \sum a^2 b^2 - \frac{1}{4} \sum a(b^3 + c^3) \geq \frac{1}{2} \left(\sum a \right) \left(\sum a^3 \right),$$

which is equivalent to

$$2 \sum a^4 + 4 \sum a^2 b^2 \geq 3 \sum ab(a^2 + b^2),$$

$$\sum [a^4 + b^4 + 4a^2 b^2 - 3ab(a^2 + b^2)] \geq 0,$$

$$\sum (a - b)^2 (a^2 - ab + b^2) \geq 0.$$

This completes the proof. The equality occurs for $a = b = c$.

□

P 1.85. If a, b, c are positive real numbers such that $abc = 1$, then

$$(a) \quad 3 \left(\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \right) + 4 \left(\frac{b}{a^2} + \frac{c}{b^2} + \frac{a}{c^2} \right) \geq 7(a^2 + b^2 + c^2);$$

$$(b) \quad 8 \left(\frac{a^3}{b} + \frac{b^3}{c} + \frac{c^3}{a} \right) + 5 \left(\frac{b}{a^3} + \frac{c}{b^3} + \frac{a}{c^3} \right) \geq 13(a^3 + b^3 + c^3).$$

(Vasile Cîrtoaje, 1992)

Solution. (a) We use the AM-GM inequality, as follows:

$$\begin{aligned} 3 \sum \frac{a^2}{b} + 4 \sum \frac{b}{a^2} &= \sum \left(3 \frac{a^2}{b} + \frac{c}{b^2} + 3 \frac{a}{c^2} \right) \geq 7 \sum \sqrt[7]{\left(\frac{a^2}{b} \right)^3 \cdot \frac{c}{b^2} \cdot \left(\frac{a}{c^2} \right)^3} \\ &= 7 \sum \sqrt[7]{\frac{a^9}{b^5 c^5}} = 7 \sum a^2. \end{aligned}$$

The equality holds for $a = b = c = 1$.

(b) By the AM-GM inequality, we have

$$\begin{aligned} 8 \sum \frac{a^3}{b} + 5 \sum \frac{b}{a^3} &= \sum \left(8 \frac{a^3}{b} + \frac{c}{b^3} + 4 \frac{a}{c^3} \right) \geq 13 \sum \sqrt[13]{\left(\frac{a^3}{b} \right)^8 \cdot \frac{c}{b^3} \cdot \left(\frac{a}{c^3} \right)^4} \\ &= 13 \sum \sqrt[13]{\frac{a^{28}}{b^{11} c^{11}}} = 13 \sum a^3. \end{aligned}$$

The equality holds for $a = b = c = 1$.

□

P 1.86. If a, b, c are positive real numbers, then

$$\frac{ab}{b^2 + bc + c^2} + \frac{bc}{c^2 + ca + a^2} + \frac{ca}{a^2 + ab + b^2} \leq \frac{a^2 + b^2 + c^2}{ab + bc + ca}.$$

(Tran Quoc Anh, 2007)

Solution. Write the inequality as follows:

$$\begin{aligned} \sum \left(\frac{a^2}{ab + bc + ca} - \frac{ab}{b^2 + bc + c^2} \right) &\geq 0, \\ \sum \frac{ac(ac - b^2)}{b^2 + bc + c^2} &\geq 0, \\ \sum \left[\frac{ac(ac - b^2)}{b^2 + bc + c^2} + ac \right] &\geq \sum ac, \\ \sum \frac{ac^2(a + b + c)}{b^2 + bc + c^2} &\geq \sum ac, \\ \sum \frac{ac^2}{b^2 + bc + c^2} &\geq \frac{ab + bc + ca}{a + b + c}. \end{aligned}$$

By the Cauchy-Schwarz inequality, we have

$$\sum \frac{ac^2}{b^2 + bc + c^2} \geq \frac{(\sum ac)^2}{\sum a(b^2 + bc + c^2)} = \frac{ab + bc + ca}{a + b + c}.$$

The equality holds for $a = b = c$.

□

P 1.87. If a, b, c are positive real numbers, then

$$\frac{a-b}{b(2b+c)} + \frac{b-c}{c(2c+a)} + \frac{c-a}{a(2a+b)} \geq 0.$$

Solution. Write the inequality as follows:

$$\begin{aligned} \sum \frac{ac(a-b)}{2b+c} &\geq 0, \\ \sum \left[\frac{ac(a-b)}{2b+c} + ac \right] &\geq ab + bc + ca, \\ \sum \frac{ac}{2b+c} &\geq \frac{ab + bc + ca}{a + b + c}. \end{aligned}$$

By the Cauchy-Schwarz inequality, we have

$$\sum \frac{ac}{2b+c} \geq \frac{(\sum ac)^2}{\sum ac(2b+c)} = \frac{(\sum ab)^2}{6abc + \sum a^2b}.$$

Thus, it suffices to prove that

$$\frac{\sum ab}{6abc + \sum a^2b} \geq \frac{1}{\sum a},$$

which is equivalent to

$$\sum ab^2 \geq 3abc.$$

Clearly, the latter inequality follows immediately from the AM-GM inequality. The equality holds for $a = b = c$. □

P 1.88. If a, b, c are positive real numbers, then

$$(a) \quad \frac{a^2 + 6bc}{ab + 2bc} + \frac{b^2 + 6ca}{bc + 2ca} + \frac{c^2 + 6ab}{ca + 2ab} \geq 7;$$

$$(b) \quad \frac{a^2 + 7bc}{ab + bc} + \frac{b^2 + 7ca}{bc + ca} + \frac{c^2 + 7ab}{ca + ab} \geq 12.$$

(Vasile Cîrtoaje, 2012)

Solution. (a) Write the inequality as follows:

$$\begin{aligned} \sum ac(a^2 + 6bc)(b + 2a)(c + 2b) &\geq 7abc(a + 2c)(b + 2a)(c + 2b), \\ 2 \sum a^2b^4 + abc \left(72abc + 4 \sum a^3 + 26 \sum a^2b + 7 \sum ab^2 \right) &\geq \end{aligned}$$

$$\begin{aligned} &\geq 7abc \left(9abc + 4 \sum a^2b + 2 \sum ab^2 \right), \\ 2 \left(\sum a^2b^4 - abc \sum a^2b \right) + abc \left(4 \sum a^3 + 9abc - 7 \sum ab^2 \right) &\geq 0. \end{aligned}$$

Since

$$2 \left(\sum a^2b^4 - abc \sum a^2b \right) = \sum (ab^2 - bc^2)^2 \geq 0,$$

it suffices to show that

$$4 \sum a^3 + 9abc - 7 \sum ab^2 \geq 0.$$

Assume that $a = \min\{a, b, c\}$. Using the substitution

$$b = a + x, \quad c = a + y, \quad x, y \geq 0,$$

we have

$$4 \sum a^3 + 9abc - 7 \sum ab^2 = 5(x^2 - xy + y^2)a + 4x^3 + 4y^3 - 7xy^2 \geq 0,$$

since

$$4x^3 + 4y^3 = 4x^3 + 2y^3 + 2y^3 \geq 3\sqrt[3]{4x^3 \cdot 2y^3 \cdot 2y^3} = 6\sqrt[3]{2} xy^2 \geq 7xy^2.$$

The equality holds for $a = b = c$.

(b) Write the inequality as follows:

$$\begin{aligned} \sum ac(a^2 + 7bc)(b + a)(c + b) &\geq 12abc(a + c)(b + a)(c + b), \\ \sum a^2b^4 + abc \left(21abc + \sum a^3 + 15 \sum a^2b + 8 \sum ab^2 \right) &\geq \\ &\geq 12abc \left(2abc + \sum a^2b + \sum ab^2 \right), \\ \left(\sum a^2b^4 - abc \sum a^2b \right) + abc \left(\sum a^3 - 3abc + 4 \sum a^2b - 4 \sum ab^2 \right) &\geq 0. \end{aligned}$$

Since

$$\sum a^2b^4 - abc \sum a^2b = \frac{1}{2} \sum (ab^2 - bc^2)^2 \geq 0,$$

it suffices to show that

$$\sum a^3 - 3abc + 4 \sum a^2b - 4 \sum ab^2 \geq 0,$$

which is equivalent to

$$\frac{1}{2}(a + b + c) \sum (a - b)^2 - 4(a - b)(b - c)(c - a) \geq 0.$$

Assume that $a = \min\{a, b, c\}$. Making the substitution

$$b = a + x, \quad c = a + y, \quad x, y \geq 0,$$

we have

$$\begin{aligned}
 \frac{1}{2}(a+b+c) \sum (a-b)^2 - 4(a-b)(b-c)(c-a) &= \\
 &= (x^2 - xy + y^2)(3a + x + y) + 4xy(x - y) \\
 &= 3(x^2 - xy + y^2)a + x^3 + y^3 + 4xy(x - y) \\
 &= 3(x^2 - xy + y^2)a + x^3 + y(2x - y)^2 \geq 0.
 \end{aligned}$$

The equality holds for $a = b = c$.

□

P 1.89. If a, b, c are positive real numbers, then

$$(a) \quad \frac{ab}{2b+c} + \frac{bc}{2c+a} + \frac{ca}{2a+b} \leq \frac{a^2+b^2+c^2}{a+b+c};$$

$$(b) \quad \frac{ab}{b+c} + \frac{bc}{c+a} + \frac{ca}{a+b} \leq \frac{3(a^2+b^2+c^2)}{2(a+b+c)};$$

$$(c) \quad \frac{ab}{4b+5c} + \frac{bc}{4c+5a} + \frac{ca}{4a+5b} \leq \frac{a^2+b^2+c^2}{3(a+b+c)}.$$

(Vasile Cîrtoaje, 2012)

Solution. (a) **First Solution.** Since

$$\frac{2ab}{2b+c} = a - \frac{ac}{2b+c},$$

we can write the inequality as

$$\sum \frac{ac}{2b+c} + \frac{2(a^2+b^2+c^2)}{a+b+c} \geq a+b+c.$$

By the Cauchy-Schwarz inequality,

$$\sum \frac{ac}{2b+c} \geq \frac{(\sum \sqrt{ac})^2}{\sum (2b+c)} = \frac{(\sqrt{ab} + \sqrt{bc} + \sqrt{ca})^2}{3(a+b+c)}.$$

Then, it suffices to show that

$$\frac{(\sqrt{ab} + \sqrt{bc} + \sqrt{ca})^2 + 6(a^2+b^2+c^2)}{3(a+b+c)} \geq a+b+c,$$

which is equivalent to

$$3(a^2+b^2+c^2) + 2\sqrt{abc}(\sqrt{a} + \sqrt{b} + \sqrt{c}) \geq 5(ab+bc+ca).$$

Using the substitution

$$x = \sqrt{a}, \quad y = \sqrt{b}, \quad z = \sqrt{c},$$

the inequality can be restated as

$$3(x^4 + y^4 + z^4) + 2xyz(x + y + z) \geq 5(x^2y^2 + y^2z^2 + z^2x^2).$$

We can get it by summing Schur's inequality of degree four

$$2(x^4 + y^4 + z^4) + 2xyz(x + y + z) \geq 2 \sum xy(x^2 + y^2)$$

and

$$x^4 + y^4 + z^4 + 2 \sum xy(x^2 + y^2) \geq 5(x^2y^2 + y^2z^2 + z^2x^2),$$

the latter being equivalent to the obvious inequality

$$(x^4 + y^4 + z^4 - x^2y^2 - y^2z^2 - z^2x^2) + 2 \sum xy(x - y)^2 \geq 0.$$

The equality holds for $a = b = c$.

Second Solution. By the Cauchy-Schwarz inequality, we have

$$\frac{1}{2b+c} = \frac{1}{b+b+c} \leq \frac{a^2/b + b + c}{(a+b+c)^2} = \frac{a^2 + b^2 + bc}{b(a+b+c)^2},$$

$$\frac{ab}{2b+c} \leq \frac{a(a^2 + b^2 + bc)}{(a+b+c)^2},$$

$$\sum \frac{ab}{2b+c} \leq \frac{\sum a^3 + \sum ab^2 + 3abc}{(a+b+c)^2}.$$

Since $3abc \leq \sum a^2b$ (by the AM-GM inequality), we get

$$\sum \frac{ab}{2b+c} \leq \frac{\sum a^3 + \sum ab^2 + \sum a^2b}{(a+b+c)^2} = \frac{a^2 + b^2 + c^2}{a+b+c}.$$

Third Solution. Write the inequality as

$$\sum \frac{ab(a+b+c)}{2b+c} \leq a^2 + b^2 + c^2.$$

Since

$$2ab(a+b+c) = (a^2 + 2ab)(2b+c) - 2ab^2 - a^2c,$$

we can write the inequality as

$$\sum \frac{2ab^2}{2b+c} + \sum \frac{a^2c}{2b+c} + p \geq 2q,$$

where

$$p = a^2 + b^2 + c^2, \quad q = ab + bc + ca, \quad p \geq q.$$

By the Cauchy-Schwarz inequality, we have

$$\sum \frac{ab^2}{2b+c} \geq \frac{(\sum ab)^2}{\sum a(2b+c)} = \frac{q}{3}$$

and

$$\sum \frac{a^2c}{2b+c} \geq \frac{(\sum ac)^2}{\sum c(2b+c)} = \frac{q^2}{p+2q}.$$

Thus, it suffices to show that

$$\frac{2q}{3} + \frac{q^2}{p+2q} + p \geq 2q,$$

which is equivalent to the obvious inequality

$$(p-q)(3p+5q) \geq 0.$$

(b) Write the inequality as

$$\frac{3}{2}(a^2 + b^2 + c^2) \geq \sum \frac{ab(a+b+c)}{b+c}.$$

Since

$$\frac{ab(a+b+c)}{b+c} = \frac{a^2b}{b+c} + ab = a^2 + ab - \frac{a^2c}{b+c},$$

the inequality can be written as

$$\sum \frac{a^2c}{b+c} + \frac{1}{2}(a^2 + b^2 + c^2) \geq ab + bc + ca.$$

By the Cauchy-Schwarz inequality,

$$\sum \frac{a^2c}{b+c} \geq \frac{(\sum ac)^2}{\sum c(b+c)} = \frac{q^2}{p+q},$$

where

$$p = a^2 + b^2 + c^2, \quad q = ab + bc + ca, \quad p \geq q.$$

Therefore, we have

$$\sum \frac{a^2c}{b+c} + \frac{1}{2}(a^2 + b^2 + c^2) - (ab + bc + ca) \geq \frac{q^2}{p+q} + \frac{p}{2} - q = \frac{p(p-q)}{2(p+q)} \geq 0.$$

The equality holds for $a = b = c$.

(c) Since

$$\frac{4ab}{4b+5c} = a - \frac{5ac}{4b+5c},$$

we can write the inequality as

$$5 \sum \frac{ac}{4b+5c} + \frac{4(a^2+b^2+c^2)}{3(a+b+c)} \geq a+b+c.$$

By the Cauchy-Schwarz inequality,

$$\sum \frac{ac}{4b+5c} \geq \frac{(\sum ac)^2}{\sum ac(4b+5c)} = \frac{(ab+bc+ca)^2}{12abc+5(a^2b+b^2c+c^2a)}.$$

Therefore, it suffices to show that

$$\frac{5(ab+bc+ca)^2}{12abc+5(a^2b+b^2c+c^2a)} + \frac{4(a^2+b^2+c^2)}{3(a+b+c)} \geq a+b+c.$$

Due to homogeneity, we may assume that $a+b+c=3$. Using the notation

$$q = ab+bc+ca, \quad q \leq 3,$$

this inequality becomes

$$\frac{5q^2}{5(a^2b+b^2c+c^2a+abc)+7abc} + \frac{4(9-2q)}{9} \geq 3.$$

According to the inequality (a) in P 1.9, we have

$$a^2b+b^2c+c^2a+abc \leq 4.$$

On the other hand, from

$$(ab+bc+ca)^2 \geq 3abc(a+b+c),$$

we get

$$abc \leq \frac{q^2}{9}.$$

Thus, it suffices to prove that

$$\frac{5q^2}{20+7q^2/9} + \frac{4(9-2q)}{9} \geq 3,$$

which is equivalent to

$$(q-3)(14q^2-75q+135) \leq 0.$$

This is true since $q-3 \leq 0$ and

$$14q^2-75q+135 > 3(4q^2-25q+39) = 3(3-q)(13-4q) \geq 0.$$

The equality holds for $a=b=c$.

□

P 1.90. If a, b, c are positive real numbers, then

$$(a) \quad a\sqrt{b^2 + 8c^2} + b\sqrt{c^2 + 8a^2} + c\sqrt{a^2 + 8b^2} \leq (a + b + c)^2;$$

$$(b) \quad a\sqrt{b^2 + 3c^2} + b\sqrt{c^2 + 3a^2} + c\sqrt{a^2 + 3b^2} \leq a^2 + b^2 + c^2 + ab + bc + ca.$$

(Vo Quoc Ba Can, 2007)

Solution. (a) By the AM-GM inequality, we have

$$\begin{aligned} \sqrt{b^2 + 8c^2} &= \frac{\sqrt{(b^2 + 8c^2)(b + 2c)^2}}{b + 2c} \leq \frac{(b^2 + 8c^2) + (b + 2c)^2}{2(b + 2c)} \\ &= \frac{b^2 + 2bc + 6c^2}{b + 2c} = b + 3c - \frac{3bc}{b + 2c}, \end{aligned}$$

hence

$$\begin{aligned} a\sqrt{b^2 + 8c^2} &\leq ab + 3ac - \frac{3abc}{b + 2c}, \\ \sum a\sqrt{b^2 + 8c^2} &\leq 4 \sum ab - 3abc \sum \frac{1}{b + 2c}. \end{aligned}$$

Therefore, it suffices to show that

$$\left(\sum a\right)^2 + 3abc \sum \frac{1}{b + 2c} \geq 4 \sum ab.$$

Since

$$\sum \frac{1}{b + 2c} \geq \frac{9}{\sum(b + 2c)} = \frac{3}{\sum a},$$

it is enough to prove that

$$\left(\sum a\right)^3 + 9abc \geq 4 \left(\sum a\right) \left(\sum ab\right).$$

This is Shur's inequality of degree three. The equality holds for $a = b = c$.

(b) Similarly, we have

$$\begin{aligned} \sqrt{b^2 + 3c^2} &= \frac{\sqrt{(b^2 + 3c^2)(b + c)^2}}{b + c} \leq \frac{(b^2 + 3c^2) + (b + c)^2}{2(b + c)} \\ &= \frac{b^2 + bc + 2c^2}{b + c} = b + 2c - \frac{2bc}{b + c}, \end{aligned}$$

hence

$$\begin{aligned} a\sqrt{b^2 + 3c^2} &\leq ab + 2ac - \frac{2abc}{b + c}, \\ \sum a\sqrt{b^2 + 3c^2} &\leq 3 \sum ab - 2abc \sum \frac{1}{b + c}. \end{aligned}$$

Thus, it suffices to show that

$$\left(\sum a\right)^2 + 2abc \sum \frac{1}{b+c} \geq 4 \sum ab.$$

Since

$$\sum \frac{1}{b+c} \geq \frac{9}{\sum(b+c)} = \frac{9}{2\sum a},$$

it is enough to prove that

$$\left(\sum a\right)^3 + 9abc \geq 4 \left(\sum a\right) \left(\sum ab\right),$$

which is just Shur's inequality of degree three. The equality holds for $a = b = c$.

□

P 1.91. If a, b, c are positive real numbers, then

$$(a) \quad \frac{1}{a\sqrt{a+2b}} + \frac{1}{b\sqrt{b+2c}} + \frac{1}{c\sqrt{c+2a}} \geq \sqrt{\frac{3}{abc}};$$

$$(b) \quad \frac{1}{a\sqrt{a+8b}} + \frac{1}{b\sqrt{b+8c}} + \frac{1}{c\sqrt{c+8a}} \geq \sqrt{\frac{1}{abc}}.$$

(Vasile Cîrtoaje, 2007)

Solution. (a) Write the inequality as

$$\sum \sqrt{\frac{bc}{3a(a+2b)}} \geq 1.$$

Replacing a, b, c by $\frac{1}{x}, \frac{1}{y}, \frac{1}{z}$, respectively, the inequality can be restated as

$$\sum \frac{x}{\sqrt{3z(2x+y)}} \geq 1.$$

Since

$$\sqrt{3z(2x+y)} \leq \frac{3z + (2x+y)}{2},$$

it suffices to show that

$$\sum \frac{x}{2x+y+3z} \geq \frac{1}{2}.$$

Indeed, using the Cauchy-Schwarz inequality gives

$$\sum \frac{x}{2x+y+3z} \geq \sum \frac{(\sum x)^2}{\sum x(2x+y+3z)} = \frac{1}{2}.$$

The equality holds for $a = b = c$.

(b) Write the inequality as

$$\sum \sqrt{\frac{bc}{a(a+8b)}} \geq 1.$$

Replacing a, b, c by $\frac{1}{x^2}, \frac{1}{y^2}, \frac{1}{z^2}$, respectively, the inequality becomes

$$\sum \frac{x^2}{z\sqrt{8x^2 + y^2}} \geq 1.$$

Applying the Cauchy-Schwarz inequality yields

$$\sum \frac{x^2}{z\sqrt{8x^2 + y^2}} \geq \frac{(\sum x)^2}{\sum z\sqrt{8x^2 + y^2}}.$$

Therefore, it suffices to show that

$$\sum z\sqrt{8x^2 + y^2} \leq (x + y + z)^2,$$

which is just the inequality in P 1.90-(a). The equality holds for $a = b = c$.

□

P 1.92. If a, b, c are positive real numbers, then

$$\frac{a}{\sqrt{5a+4b}} + \frac{b}{\sqrt{5b+4c}} + \frac{c}{\sqrt{5c+4a}} \leq \sqrt{\frac{a+b+c}{3}}.$$

(Vasile Cîrtoaje, 2012)

Solution. By the Cauchy-Schwarz inequality, we have

$$\left(\sum \frac{a}{\sqrt{5a+4b}} \right)^2 \leq \left(\sum \frac{a}{4a+4b+c} \right) \left(\sum \frac{a(4a+4b+c)}{5a+4b} \right).$$

It suffices to show that

$$\sum \frac{a}{4a+4b+c} \leq \frac{1}{3}$$

and

$$\sum \frac{a(4a+4b+c)}{5a+4b} \leq a+b+c.$$

The first is just the inequality in P 1.18, while the second is equivalent to

$$\sum a \left(1 - \frac{4a+4b+c}{5a+4b} \right) \geq 0,$$

$$\begin{aligned}\sum \frac{a(a-c)}{5a+4b} &\geq 0, \\ \sum a(a-c)(5b+4c)(5c+4a) &\geq 0, \\ \sum a^2b^2 + 4 \sum ab^3 &\geq 5abc \sum a.\end{aligned}$$

The last inequality follows from the well-known inequality

$$\sum a^2b^2 \geq abc \sum a$$

and the known inequality

$$\sum ab^3 \geq abc \sum a,$$

which follows from the Cauchy-Schwarz inequality, as follows:

$$\left(\sum c\right) \left(\sum ab^3\right) \geq \left(\sum \sqrt{ab^3c}\right)^2 = abc \left(\sum b\right)^2.$$

The equality holds for $a = b = c$.

□

P 1.93. If a, b, c are positive real numbers, then

$$(a) \quad \frac{a}{\sqrt{a+b}} + \frac{b}{\sqrt{b+c}} + \frac{c}{\sqrt{c+a}} \geq \frac{\sqrt{a} + \sqrt{b} + \sqrt{c}}{\sqrt{2}};$$

$$(b) \quad \frac{a}{\sqrt{a+b}} + \frac{b}{\sqrt{b+c}} + \frac{c}{\sqrt{c+a}} \geq \sqrt[4]{\frac{27(ab+bc+ca)}{4}}.$$

(Lev Buchovsky - 1995, Pham Huu Duc - 2007)

Solution. (a) By squaring, the inequality becomes

$$\sum \frac{a^2}{a+b} + 2 \sum \frac{ab}{\sqrt{(a+b)(b+c)}} \geq \frac{1}{2} \sum a + \sum \sqrt{ab}.$$

The sequences

$$\left\{ \frac{1}{\sqrt{a+b}}, \quad \frac{1}{\sqrt{b+c}}, \quad \frac{1}{\sqrt{c+a}} \right\}$$

and

$$\left\{ \frac{ab}{\sqrt{a+b}}, \quad \frac{bc}{\sqrt{b+c}}, \quad \frac{ca}{\sqrt{c+a}} \right\}$$

are always reversely ordered; therefore, according to the rearrangement inequality, we have

$$\frac{1}{\sqrt{a+b}} \cdot \frac{ab}{\sqrt{a+b}} + \frac{1}{\sqrt{b+c}} \cdot \frac{bc}{\sqrt{b+c}} + \frac{1}{\sqrt{c+a}} \cdot \frac{ca}{\sqrt{c+a}} \leq$$

$$\leq \frac{1}{\sqrt{a+b}} \cdot \frac{ca}{\sqrt{c+a}} + \frac{1}{\sqrt{b+c}} \cdot \frac{ab}{\sqrt{a+b}} + \frac{1}{\sqrt{c+a}} \cdot \frac{bc}{\sqrt{b+c}},$$

$$\sum \frac{ab}{a+b} \leq \sum \frac{ab}{\sqrt{(a+b)(b+c)}}.$$

Thus, it suffices to show that

$$\sum \frac{a^2}{a+b} + 2 \sum \frac{ab}{a+b} \geq \frac{1}{2} \sum a + \sum \sqrt{ab}.$$

Since

$$\sum \frac{a^2}{a+b} + \sum \frac{ab}{a+b} = \sum a,$$

the inequality becomes as follows:

$$\sum a + \sum \frac{ab}{a+b} \geq \frac{1}{2} \sum a + \sum \sqrt{ab},$$

$$\sum \frac{a+b}{2} + \sum \frac{2ab}{a+b} \geq 2 \sum \sqrt{ab},$$

$$\sum \left(\sqrt{\frac{a+b}{2}} - \sqrt{\frac{2ab}{a+b}} \right)^2 \geq 0.$$

The equality holds for $a = b = c$.

(b) By Hölder's inequality, we have

$$\left(\sum \frac{a}{\sqrt{a+b}} \right)^2 \sum a(a+b) \geq \left(\sum a \right)^3.$$

Thus, it suffices to show that

$$\left(\sum a \right)^3 \geq \frac{3}{2} \left(\sum a^2 + \sum ab \right) \sqrt{3(ab+bc+ca)},$$

which is equivalent to

$$2p^3 + q^3 \geq 3p^2q,$$

where $p = a + b + c$ and $q = \sqrt{3(ab+bc+ca)}$. By the AM-GM inequality, we have

$$2p^3 + q^3 \geq 3\sqrt[3]{p^6q^3} = 3p^2q.$$

The equality holds for $a = b = c$.

□

P 1.94. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$\sqrt{3a+b^2} + \sqrt{3b+c^2} + \sqrt{3c+a^2} \geq 6.$$

First Solution. Assume that $a = \max\{a, b, c\}$. We can get the desired inequality by summing the inequalities

$$\sqrt{3b + c^2} + \sqrt{3c + a^2} \geq \sqrt{3a + c^2} + b + c$$

and

$$\sqrt{3a + b^2} + \sqrt{3a + c^2} \geq 2a + b + c.$$

By squaring two times, the first inequality becomes in succession

$$\sqrt{(3b + c^2)(3c + a^2)} \geq (b + c)\sqrt{3a + c^2},$$

$$[b(a + b + c) + c^2][c(a + b + c) + a^2] \geq (b + c)^2[a(a + b + c) + c^2],$$

$$b(a - b)(a - c)(a + b + c) \geq 0.$$

Similarly, the second inequality becomes

$$\sqrt{(3a + b^2)(3a + c^2)} \geq (a + b)(a + c),$$

$$[a(a + b + c) + b^2][a(a + b + c) + c^2] \geq (a + b)^2(a + c)^2,$$

$$a(a + b + c)(b - c)^2 \geq 0.$$

The original inequality becomes an equality when $a = b = c$, and also when two of a, b, c are zero.

Second Solution. Write the inequality as

$$\sqrt{X} + \sqrt{Y} + \sqrt{Z} \leq \sqrt{A} + \sqrt{B} + \sqrt{C},$$

where

$$X = (b + c)^2, \quad Y = (c + a)^2, \quad Z = (a + b)^2,$$

$$A = 3a + b^2, \quad B = 3b + c^2, \quad C = 3c + a^2.$$

According to Lemma from the proof of P 2.11 in Volume 2, since

$$X + Y + Z = A + B + C,$$

it suffices to show that

$$\max\{X, Y, Z\} \geq \max\{A, B, C\}, \quad \min\{X, Y, Z\} \leq \min\{A, B, C\}.$$

To show that $\max\{X, Y, Z\} \geq \max\{A, B, C\}$, we assume that

$$a = \min\{a, b, c\}, \quad \max\{X, Y, Z\} = X.$$

From

$$X - A = (c^2 - a^2) + b(c - a) + c(b - a) \geq 0,$$

$$X - B = b(c - a) \geq 0,$$

$$X - C = (b^2 - a^2) + c(b - a) \geq 0,$$

the conclusion follows. Similarly, to show that $\min\{X, Y, Z\} \leq \min\{A, B, C\}$, we assume that

$$a = \max\{a, b, c\}, \quad \min\{X, Y, Z\} = X,$$

when

$$A - X = (a^2 - c^2) + b(a - c) + c(a - b) \geq 0,$$

$$B - X = b(a - c) \geq 0,$$

$$C - X = (a^2 - b^2) + c(a - b) \geq 0.$$

□

P 1.95. If a, b, c are nonnegative real numbers, then

$$\sqrt{a^2 + b^2 + 2bc} + \sqrt{b^2 + c^2 + 2ca} + \sqrt{c^2 + a^2 + 2ab} \geq 2(a + b + c).$$

(Vasile Cîrtoaje, 2012)

First Solution (by Nguyen Van Quy). Assume that $a = \max\{a, b, c\}$. We can get the desired inequality by summing the inequalities

$$\sqrt{a^2 + b^2 + 2bc} + \sqrt{b^2 + c^2 + 2ca} \geq \sqrt{a^2 + b^2 + 2ca} + b + c$$

and

$$\sqrt{c^2 + a^2 + 2ab} + \sqrt{a^2 + b^2 + 2ca} \geq 2a + b + c.$$

By squaring two times, the first inequality becomes

$$\sqrt{(a^2 + b^2 + 2bc)(b^2 + c^2 + 2ca)} \geq (b + c)\sqrt{a^2 + b^2 + 2ca},$$

$$c(a - b)(a^2 - c^2) \geq 0.$$

Similarly, the second inequality becomes

$$\sqrt{(c^2 + a^2 + 2ab)(a^2 + b^2 + 2ca)} \geq (a + b)(a + c),$$

$$a(b + c)(b - c)^2 \geq 0.$$

The original inequality becomes an equality when $a = b = c$, and also when two of a, b, c are zero.

Second Solution. Let $\{x, y, z\}$ be a permutation of $\{ab, bc, ca\}$. We will prove that

$$2(a + b + c) \leq \sqrt{b^2 + c^2 + 2x} + \sqrt{c^2 + a^2 + 2y} + \sqrt{a^2 + b^2 + 2z}.$$

Due to symmetry, assume that $a \geq b \geq c$. Using the substitution

$$X = a^2 + b^2 + 2ab, \quad Y = c^2 + a^2 + 2ca, \quad Z = b^2 + c^2 + 2bc,$$

$$A = b^2 + c^2 + 2x, \quad B = c^2 + a^2 + 2y, \quad C = a^2 + b^2 + 2z,$$

we can write the inequality as

$$\sqrt{X} + \sqrt{Y} + \sqrt{Z} \leq \sqrt{A} + \sqrt{B} + \sqrt{C}.$$

Since $X + Y + Z = A + B + C$, $X \geq Y \geq Z$ and

$$X \geq \max\{A, B, C\}, \quad Z \leq \min\{A, B, C\},$$

the conclusion follow by Lemma from the proof of P 2.11 in Volume 2. □

P 1.96. If a, b, c are nonnegative real numbers, then

$$\sqrt{a^2 + b^2 + 7bc} + \sqrt{b^2 + c^2 + 7ca} + \sqrt{c^2 + a^2 + 7ab} \geq 3\sqrt{3(ab + bc + ca)}.$$

(Vasile Cîrtoaje, 2012)

Solution. Assume that $a = \max\{a, b, c\}$. We can get the desired inequality by summing the inequalities

$$\sqrt{a^2 + b^2 + 7bc} + \sqrt{b^2 + c^2 + 7ca} \geq \sqrt{a^2 + b^2 + 7ca} + \sqrt{b^2 + c^2 + 7bc}$$

and

$$\sqrt{a^2 + c^2 + 7ab} + \sqrt{a^2 + b^2 + 7ac} \geq 3\sqrt{3(ab + bc + ca)} - \sqrt{b^2 + c^2 + 7bc}.$$

By squaring, the first inequality becomes

$$(a^2 + b^2 + 7b)(b^2 + c^2 + 7ca) \geq (a^2 + b^2 + 7ca)(b^2 + c^2 + 7bc),$$

$$c(a - b)(a^2 - c^2) \geq 0.$$

Similarly, the second inequality becomes

$$a^2 + \sqrt{E} + 3\sqrt{3F} \geq 10a(b + c) + 17bc,$$

where

$$\begin{aligned} E &= (a^2 + c^2 + 7ab)(a^2 + b^2 + 7ac) \\ &= a^4 + 7(b + c)a^3 + (b^2 + c^2 + 49bc)a^2 + 7(b^3 + c^3)a + b^2c^2 \end{aligned}$$

and

$$F = (ab + bc + ca)(b^2 + c^2 + 7bc).$$

Due to homogeneity, we may assume that $b + c = 1$. Let us denote $x = bc$. We need to show that $f(x) \geq 0$ for $0 \leq x \leq \frac{1}{4}$ and $a \geq \frac{1}{2}$, where

$$f(x) = a^2 - 10a - 17x + \sqrt{g(x)} + 3\sqrt{3h(x)},$$

with

$$\begin{aligned} g(x) &= a^4 + 7a^3 + (1 + 47x)a^2 + 7(1 - 3x)a + x^2 \\ &= x^2 + a(47a - 21)x + a^4 + 7a^3 + a^2 + 7a, \end{aligned}$$

$$h(x) = (a + x)(1 + 5x) = 5x^2 + (5a + 1)x + a.$$

We have the derivatives

$$\begin{aligned} f'(x) &= -17 + \frac{g'}{2\sqrt{g}} + \frac{3\sqrt{3}h'}{2\sqrt{h}} \\ &= -17 + \frac{2x + a(47a - 21)}{2\sqrt{g}} + \frac{3\sqrt{3}(10x + 5a + 1)}{2\sqrt{h}}, \end{aligned}$$

$$\begin{aligned} f''(x) &= \frac{2g''g - (g')^2}{4g\sqrt{g}} + \frac{3\sqrt{3}[2h''h - (h')^2]}{4h\sqrt{h}} \\ &= \frac{a(28 - 45a)(7a - 1)^2}{4g\sqrt{g}} - \frac{3\sqrt{3}(5a - 1)^2}{4h\sqrt{h}}. \end{aligned}$$

We will show that $g \geq 3h$. Since $0 \leq x \leq \frac{1}{4}$ and $a \geq \frac{1}{2}$, we have

$$\begin{aligned} g - 3h &= -14x^2 + (47a^2 - 36a - 3)x + a^4 + 7a^3 + a^2 + 4a \\ &\geq -\frac{7}{8} + (47a^2 - 36a - 3)x + a^4 + 7a^3 + a^2 + 4a. \end{aligned}$$

For the non-trivial case $47a^2 - 36a - 3 < 0$, we get

$$\begin{aligned} g - 3h &\geq -\frac{7}{8} + \frac{47a^2 - 36a - 3}{4} + a^4 + 7a^3 + a^2 + 4a \\ &= \frac{(2a - 1)(4a^3 + 30a^2 + 66a + 13)}{8} \geq 0. \end{aligned}$$

We will prove now that $f''(x) < 0$. This is clearly true for $a \geq \frac{28}{45}$. Otherwise, for $\frac{1}{2} \leq a \leq \frac{28}{45}$, we have

$$f''(x) \leq \frac{a(28 - 45a)(7a - 1)^2 - 27(5a - 1)^2}{4g\sqrt{g}} < 0,$$

since

$$\begin{aligned} a(28 - 45a)(7a - 1)^2 - 27(5a - 1)^2 &< \left(28 - \frac{45}{2}\right)(7a - 1)^2 - 27(5a - 1)^2 \\ &< \frac{27}{4}(7a - 1)^2 - 27(5a - 1)^2 = \frac{27(1 - 3a)(17a - 3)}{4} < 0. \end{aligned}$$

Since f is concave, it suffices to show that $f(0) \geq 0$ and $f\left(\frac{1}{4}\right) \geq 0$.

From

$$f(0) = \sqrt{a} \left(a\sqrt{a} - 10\sqrt{a} + 3\sqrt{3} + \sqrt{a^3 + 7a^2 + a + 7} \right),$$

it follows that $f(0) \geq 0$ for all $a \geq \frac{1}{2}$ if and only if

$$\sqrt{a^3 + 7a^2 + a + 7} \geq -a\sqrt{a} + 10\sqrt{a} - 3\sqrt{3}.$$

This is true if

$$a^3 + 7a^2 + a + 7 \geq (-a\sqrt{a} + 10\sqrt{a} - 3\sqrt{3})^2,$$

which is equivalent to

$$(\sqrt{3a} - 2)^2(9a + 10\sqrt{a} - 5) \geq 0.$$

Clearly, this inequality holds for $a \geq \frac{1}{2}$.

Since

$$g\left(\frac{1}{4}\right) = \left(\frac{4a^2 + 14a + 1}{4}\right)^2$$

and

$$h\left(\frac{1}{4}\right) = \frac{9(4a + 1)}{16},$$

we get

$$f\left(\frac{1}{4}\right) = \frac{8a^2 - 26a - 16 + 9\sqrt{3(4a + 1)}}{4}.$$

Using the substitution

$$x = \sqrt{\frac{4a + 1}{3}}, \quad x \geq 1,$$

we find

$$f\left(\frac{1}{4}\right) = \frac{9x^4 - 45x^2 + 54x - 18}{8} = \frac{(x - 1)^2(9x^2 + 18x - 18)}{8} \geq 0.$$

Thus, the proof is completed. The equality holds for $a = b = c$, and also for $3a = 4b$ and $c = 0$ (or any cyclic permutation).

□

P 1.97. If a, b, c are positive real numbers, then

$$\frac{a^2 + 3ab}{(b + c)^2} + \frac{b^2 + 3bc}{(c + a)^2} + \frac{c^2 + 3ca}{(a + b)^2} \geq 3.$$

Solution. Write the inequality as

$$\sum \frac{a(a+b)}{(b+c)^2} + 2 \sum \frac{ab}{(b+c)^2} \geq 3.$$

The sequences

$$\{bc, ca, ab\}$$

and

$$\left\{ \frac{1}{(b+c)^2}, \frac{1}{(c+a)^2}, \frac{1}{(a+b)^2} \right\}$$

are reversely ordered. Thus, by the rearrangement inequality, we have

$$\sum \frac{bc}{(b+c)^2} \leq \sum \frac{ab}{(b+c)^2}.$$

Therefore, it suffices to show that

$$\sum \frac{a(a+b)}{(b+c)^2} + \sum \frac{b(c+a)}{(b+c)^2} \geq 3,$$

which is equivalent to

$$\sum a \left[\frac{a+b}{(b+c)^2} + \frac{b+c}{(a+b)^2} \right] \geq 3.$$

By the AM-GM inequality, we have

$$\frac{a+b}{(b+c)^2} + \frac{b+c}{(a+b)^2} \geq \frac{2}{\sqrt{(a+b)(b+c)}} \geq \frac{4}{(a+b) + (b+c)}.$$

Thus, it is enough to prove that

$$\sum \frac{a}{a+2b+c} \geq \frac{3}{4}.$$

Indeed, by the Cauchy-Schwarz inequality, we get

$$\sum \frac{a}{a+2b+c} \geq \frac{(\sum a)^2}{\sum a(a+2b+c)} = \frac{\sum a^2 + 2 \sum ab}{\sum a^2 + 3 \sum ab} \geq \frac{3}{4}.$$

The equality holds for $a = b = c$.

□

P 1.98. If a, b, c are positive real numbers, then

$$\frac{a^2b+1}{a(b+1)} + \frac{b^2c+1}{b(c+1)} + \frac{c^2a+1}{c(a+1)} \geq 3.$$

Solution. By the Cauchy-Schwarz inequality, we have

$$(a^2b + 1) \left(\frac{1}{b} + 1 \right) \geq (a + 1)^2,$$

hence

$$\frac{a^2b + 1}{a(b + 1)} \geq \frac{b(a + 1)^2}{a(b + 1)^2}.$$

Therefore, it suffices to prove that

$$\sum \frac{b(a + 1)^2}{a(b + 1)^2} \geq 3.$$

This inequality follows immediately from the AM-GM inequality:

$$\sum \frac{b(a + 1)^2}{a(b + 1)^2} \geq 3 \sqrt[3]{\prod \frac{b(a + 1)^2}{a(b + 1)^2}} = 3.$$

The equality holds for $a = b = c = 1$.

□

P 1.99. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\sqrt{a^3 + 3b} + \sqrt{b^3 + 3c} + \sqrt{c^3 + 3a} \geq 6.$$

Solution. By the Cauchy-Schwarz inequality, we have

$$(a^3 + 3b)(a + 3b) \geq (a^2 + 3b)^2.$$

Thus, it suffices to show that

$$\sum \frac{a^2 + 3b}{\sqrt{a + 3b}} \geq 6.$$

By Hölder's inequality, we have

$$\left(\sum \frac{a^2 + 3b}{\sqrt{a + 3b}} \right)^2 \left[\sum (a^2 + 3b)(a + 3b) \right] \geq \left[\sum (a^2 + 3b) \right]^3 = \left(\sum a^2 + 9 \right)^3.$$

Therefore, it is enough to show that

$$\left(\sum a^2 + 9 \right)^3 \geq 36 \sum (a^2 + 3b)(a + 3b).$$

Let

$$p = a + b + c = 3, \quad q = ab + bc + ca, \quad q \leq 3.$$

We have

$$\begin{aligned}\sum a^2 + 9 &= p^2 - 2q + 9 = 2(9 - q), \\ \sum (a^2 + 3b)(a + 3b) &= \sum a^3 + 3 \sum a^2b + 9 \sum a^2 + 3 \sum ab \\ &= (p^3 - 3pq + 3abc) + 3 \sum a^2b + 9(p^2 - 2q) + 3q \\ &= 108 - 24q + 3 \left(abc + \sum a^2b \right).\end{aligned}$$

Since $abc + \sum a^2b \leq 4$ (see the inequality (a) in P 1.9), we get

$$\sum (a^2 + 3b)(a + 3b) \leq 24(5 - q).$$

Thus, it suffices to show that

$$(9 - q)^3 \geq 108(5 - q),$$

which is equivalent to

$$(3 - q)^2(21 - q) \geq 0.$$

The equality holds for $a = b = c = 1$.

□

P 1.100. If a, b, c are positive real numbers such that $abc = 1$, then

$$\sqrt{\frac{a}{a + 6b + 2bc}} + \sqrt{\frac{b}{b + 6c + 2ca}} + \sqrt{\frac{c}{c + 6a + 2ab}} \geq 1.$$

(Nguyen Van Quy and Vasile Cîrtoaje, 2013)

Solution. By Hölder's inequality, we have

$$\left(\sum \sqrt{\frac{a}{a + 6b + 2bc}} \right)^2 \left[\sum a(a + 6b + 2bc) \right] \geq \left(\sum a^{2/3} \right)^3.$$

Therefore, it suffices to show that

$$\left(\sum a^{2/3} \right)^3 \geq \sum a^2 + 6 \sum ab + 6,$$

which is equivalent to

$$3 \sum (ab)^{2/3} (a^{2/3} + b^{2/3}) \geq 6 \sum ab.$$

Since

$$a^{2/3} + b^{2/3} \geq 2(ab)^{1/3},$$

the desired conclusion follows. The equality holds for $a = b = c = 1$.

□

P 1.101. If a, b, c are positive real numbers such that $abc = 1$, then

$$\left(a + \frac{1}{b}\right)^2 + \left(b + \frac{1}{c}\right)^2 + \left(c + \frac{1}{a}\right)^2 \geq 6(a + b + c - 1).$$

(Marius Stanean, 2014)

Solution (by Michael Rozenberg). By the AM-GM inequality, we have

$$\begin{aligned} \sum \left(a + \frac{1}{b}\right)^2 + 6 &= \sum (a + ac)^2 + 6 \\ &= \sum (a^2 + a^2c^2 + 2a^2c) + 6 \\ &= \sum (a^2 + a^2b^2 + 2a^2c + 2) \\ &\geq 6 \sum \sqrt[6]{a^2 \cdot a^2b^2 \cdot a^2c \cdot a^2c \cdot 1 \cdot 1} = 6 \sum a. \end{aligned}$$

The equality holds for $a = b = c = 1$.

□

P 1.102. If a, b, c are positive real numbers, then

$$\frac{a}{a+b} + \frac{b}{b+c} + \frac{c}{c+a} \geq \frac{a+b+c}{a+b+c - \sqrt[3]{abc}}.$$

(Michael Rozenberg, 2014)

Solution. There are two cases to consider.

Case 1: $ab + bc + ca \geq \sqrt[3]{abc} (a + b + c)$. By the Cauchy-Schwarz inequality, we have

$$\sum \frac{a}{a+b} \geq \frac{(\sum a)^2}{\sum a(a+b)} = \frac{(a+b+c)^2}{(a+b+c)^2 - (ab+bc+ca)}.$$

Therefore, it suffices to show that

$$\frac{(a+b+c)^2}{(a+b+c)^2 - (ab+bc+ca)} \geq \frac{a+b+c}{a+b+c - \sqrt[3]{abc}},$$

which is equivalent to

$$ab + bc + ca - \sqrt[3]{abc} (a + b + c) \geq 0.$$

Case 2: $\sqrt[3]{abc} (a + b + c) \geq ab + bc + ca$. By the Cauchy-Schwarz inequality, we have

$$\sum \frac{a}{a+b} \geq \frac{(\sum ac)^2}{\sum ac^2(a+b)} = \frac{(ab+bc+ca)^2}{(ab+bc+ca)^2 - abc(a+b+c)}.$$

Thus, it suffices to show that

$$\frac{(ab + bc + ca)^2}{(ab + bc + ca)^2 - abc(a + b + c)} \geq \frac{a + b + c}{a + b + c - \sqrt[3]{abc}},$$

which is equivalent to

$$\begin{aligned} \left[\sqrt[3]{abc} (a + b + c) \right]^2 &\geq (ab + bc + ca)^2, \\ \sqrt[3]{abc} (a + b + c) &\geq ab + bc + ca. \end{aligned}$$

The proof is completed. The equality does not hold. □

P 1.103. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$a\sqrt{b^2 + b + 1} + b\sqrt{c^2 + c + 1} + c\sqrt{a^2 + a + 1} \leq 3\sqrt{3}.$$

(Nguyen Van Quy, 2014)

Solution. From

$$4(b^2 + b + 1) = 2(b + 1)^2 + 2(b^2 + 1) \geq 3(b + 1)^2,$$

we get

$$\sqrt{b^2 + b + 1} \geq \frac{\sqrt{3}}{2}(b + 1),$$

hence

$$\sum a\sqrt{b^2 + b + 1} = \sum \frac{a(b^2 + b + 1)}{\sqrt{b^2 + b + 1}} \leq \sum \frac{2a(b^2 + b + 1)}{\sqrt{3}(b + 1)}.$$

Therefore, it suffices to prove that

$$\sum \frac{a(b^2 + b + 1)}{b + 1} \leq \frac{9}{2},$$

which is equivalent to

$$\sum \frac{ab^2}{b + 1} \leq \frac{3}{2}.$$

In addition, since $b + 1 \geq 2\sqrt{b}$, it is enough to show that

$$\sum ab^{3/2} \leq 3.$$

Replacing a, b, c by a^2, b^2, c^2 , respectively, we need to show that $a^2 + b^2 + c^2 = 3$ involves $a^2b^3 + b^2c^3 + c^2a^3 \leq 3$, which is just the inequality in P 1.7. The equality holds for $a = b = c$. □

P 1.104. If a, b, c are positive real numbers, then

$$\frac{1}{b(a+2b+3c)^2} + \frac{1}{c(b+2c+3a)^2} + \frac{1}{a(c+2a+3b)^2} \leq \frac{1}{12abc}.$$

(Vo Quoc Ba Can, 2012)

Solution. Assume that $a = \max\{a, b, c\}$, and write the inequality as

$$\frac{ca}{(a+2b+3c)^2} + \frac{ab}{(b+2c+3a)^2} + \frac{bc}{(c+2a+3b)^2} \leq \frac{1}{12}.$$

Case 1: $a \geq b \geq c$. By the AM-GM inequality, we have

$$(a+2b+3c)^2 \geq 4(2b+c)(2c+a);$$

thus, it suffices to show that

$$\sum \frac{ca}{(2b+c)(2c+a)} \leq \frac{1}{3},$$

which is equivalent to

$$3 \sum ca(2a+b) \leq (2a+b)(2b+c)(2c+a),$$

$$ab^2 + bc^2 + ca^2 \leq a^2b + b^2c + c^2a,$$

$$(a-b)(b-c)(c-a) \leq 0.$$

Clearly, the last inequality is true.

Case 2: $a \geq c \geq b$. Since, by the AM-GM inequality,

$$(a+2b+3c)^2 \geq 12c(a+2b),$$

$$(b+2c+3a)^2 \geq 4(2a+b)(2c+a),$$

$$(c+2a+3b)^2 \geq 4(a+2b)(a+b+c),$$

it suffices to show that

$$\frac{a}{3(a+2b)} + \frac{ab}{(2a+b)(2c+a)} + \frac{bc}{(a+2b)(a+b+c)} \leq \frac{1}{3},$$

which is equivalent to

$$\frac{ab}{(2a+b)(2c+a)} + \frac{bc}{(a+2b)(a+b+c)} \leq \frac{2b}{3(a+2b)},$$

$$\frac{a}{(2a+b)(2c+a)} + \frac{c}{(a+2b)(a+b+c)} \leq \frac{2}{3(a+2b)},$$

$$\begin{aligned}
\frac{a(a+2b)}{(2a+b)(2c+a)} + \frac{c}{a+b+c} &\leq \frac{2}{3}, \\
\frac{a(a+2b)}{2a+b} + \frac{c(2c+a)}{a+b+c} &\leq \frac{2(2c+a)}{3}, \\
\frac{c(2c+a)}{a+b+c} - \frac{2(2c+a)}{3} &\leq \frac{3a^2}{2a+b} - 2a, \\
f(c) &\leq f(a),
\end{aligned}$$

where

$$f(x) = \frac{x(2x+a)}{a+b+x} - \frac{2(2x+a)}{3}.$$

We have

$$\begin{aligned}
f(a) - f(c) &= (a-c) \left[\frac{3a^2 + 4ac + b(3a+2c)}{(a+b+c)(2a+b)} - \frac{4}{3} \right] \\
&= \frac{(a-c)[a^2 - 3ab - 4b^2 + 2c(2a+b)]}{3(a+b+c)(2a+b)} \geq 0,
\end{aligned}$$

because

$$a^2 - 3ab - 4b^2 + 2c(2a+b) \geq a^2 - 3ab - 4b^2 + 2b(2a+b) = (a-b)(a+2b) \geq 0.$$

The equality holds for $a = b = c$.

□

P 1.105. Let a, b, c be positive real numbers such that $a + b + c = 3$. Prove that

$$(a) \quad \frac{a^2 + 9b}{b+c} + \frac{b^2 + 9c}{c+a} + \frac{c^2 + 9a}{a+b} \geq 15;$$

$$(b) \quad \frac{a^2 + 3b}{a+b} + \frac{b^2 + 3c}{b+c} + \frac{c^2 + 3a}{c+a} \geq 6.$$

Solution. (a) Write the inequality as follows:

$$\begin{aligned}
\sum \frac{a^2 + 3b(a+b+c)}{b+c} &\geq 5(a+b+c), \\
\sum \left[\frac{a^2 + 3b(a+b+c)}{b+c} - 3b \right] &\geq 2(a+b+c), \\
\sum \frac{a^2 + 3ab}{b+c} &\geq 2(a+b+c), \\
\sum \left(\frac{a^2 + 3ab}{b+c} - 2a \right) &\geq 0,
\end{aligned}$$

$$\begin{aligned}
& \sum \frac{a(a+b-2c)}{b+c} \geq 0, \\
& \sum \frac{a(a-c)}{b+c} + \sum \frac{a(b-c)}{b+c} \geq 0, \\
& \sum \frac{a(a-c)}{b+c} + \sum \frac{b(c-a)}{c+a} \geq 0, \\
& \sum (a-c) \left(\frac{a}{b+c} - \frac{b}{c+a} \right) \geq 0, \\
& (a+b+c) \sum \frac{(a-b)(a-c)}{(b+c)(c+a)} \geq 0.
\end{aligned}$$

Therefore, we need to show that

$$\sum (a^2 - b^2)(a - c) \geq 0,$$

which is equivalent to the obvious inequality

$$\sum a(a-c)^2 \geq 0.$$

The equality holds for $a = b = c$.

(b) Write the inequality as follows:

$$\begin{aligned}
& \sum \frac{a^2 + b(a+b+c)}{a+b} \geq 2(a+b+c), \\
& \sum \frac{a^2 + bc}{a+b} \geq a+b+c, \\
& \sum \left(\frac{a^2 + bc}{a+b} - a \right) \geq 0, \\
& \sum \frac{b(c-a)}{a+b} \geq 0, \\
& \sum \frac{bc}{a+b} \geq \sum \frac{ab}{a+b}.
\end{aligned}$$

Since the sequences

$$\{ab, \quad bc, \quad ca\}$$

and

$$\left\{ \frac{1}{a+b}, \quad \frac{1}{b+c}, \quad \frac{1}{c+a} \right\}$$

are reversely ordered, the inequality follows from the rearrangement inequality. The equality holds for $a = b = c$.

□

P 1.106. If $a, b, c \in [0, 1]$, then

$$(a) \quad \frac{bc}{2ab+1} + \frac{ca}{2bc+1} + \frac{ab}{2ca+1} \leq 1.$$

$$(b) \quad \frac{a}{ab+1} + \frac{b}{bc+1} + \frac{c}{ca+1} \leq \frac{3}{2}.$$

(Vasile Cîrtoaje, 2010)

Solution. (a) **First Solution.** It suffices to prove that

$$\frac{bc}{2abc+1} + \frac{ca}{2abc+1} + \frac{ab}{2abc+1} \leq 1;$$

that is,

$$2abc + 1 \geq ab + bc + ca,$$

$$1 - bc \geq a(b + c - 2bc).$$

Since $a \leq 1$ and

$$b + c - 2bc = b(1 - c) + c(1 - b) \geq 0,$$

it suffices to show that

$$1 - bc \geq b + c - 2bc,$$

which is equivalent to

$$(1 - b)(1 - c) \geq 0.$$

The equality holds for $a = b = c = 1$, and for $a = 0$ and $b = c = 1$ (or any cyclic permutation).

Second Solution. Assume that $a = \max\{a, b, c\}$. It suffices to show that

$$\frac{bc}{2bc+1} + \frac{ca}{2bc+1} + \frac{ab}{2bc+1} \leq 1;$$

that is,

$$a(b + c) \leq 1 + bc.$$

We have

$$1 + bc - a(b + c) \geq 1 + bc - (b + c) = (1 - b)(1 - c) \geq 0.$$

(b) We will show that

$$E(a, b, c) \leq E(1, b, c) \leq E(1, 1, c) = \frac{3}{2},$$

where

$$E(a, b, c) = \frac{a}{ab+1} + \frac{b}{bc+1} + \frac{c}{ca+1}.$$

Write the inequality $E(a, b, c) \leq E(1, b, c)$ as follows:

$$\begin{aligned} \frac{a}{ab+1} + \frac{c}{ca+1} &\leq \frac{1}{b+1} + \frac{c}{c+1}, \\ (1-a) \left[\frac{1}{(b+1)(ab+1)} - \frac{c^2}{(c+1)(ca+1)} \right] &\geq 0, \\ (1-a)[(c+1)(ca+1) - (b+1)(ab+1)c^2] &\geq 0. \end{aligned}$$

Since $1-a \geq 0$ and $c \leq 1$, it suffices to show that

$$(c+1)(ca+1) - (b+1)(ab+1)c \geq 0,$$

which is true because

$$\begin{aligned} (c+1)(ca+1) - (b+1)(ab+1)c &\geq (c+1)(ca+1) - 2(a+1)c \\ &= (1-c)(1-ac) \geq 0. \end{aligned}$$

Setting $a = 1$ in the similar inequality

$$E(a, b, c) \leq E(a, 1, c),$$

it follows that

$$E(1, b, c) \leq E(1, 1, c).$$

Finally,

$$E(1, 1, c) = \frac{1}{2} + \frac{1}{c+1} + \frac{c}{c+1} = \frac{3}{2}.$$

The equality holds for $a = b = 1$ (or any cyclic permutation).

□

P 1.107. If a, b, c are nonnegative real numbers, then

$$a^4 + b^4 + c^4 + 5(a^3b + b^3c + c^3a) \geq 6(a^2b^2 + b^2c^2 + c^2a^2).$$

Solution. Assume that $a = \min\{a, b, c\}$ and use the substitution

$$b = a + p, \quad c = a + q, \quad p, q \geq 0.$$

The inequality becomes

$$9Aa^2 + 3Ba + C \geq 0,$$

where

$$\begin{aligned} A &= p^2 - pq + q^2, \quad B = 3p^3 + p^2q - 4pq^2 + 3q^3, \\ C &= p^4 + 5p^3q - 6p^2q^2 + q^4. \end{aligned}$$

Since

$$\begin{aligned} A &\geq 0, \\ B &= 3p(p-q)^2 + q(7p^2 - 7pq + 3q^2) \geq 0, \\ C &= (p-q)^4 + pq(3p-2q)^2 \geq 0, \end{aligned}$$

the inequality is obviously true. The equality occurs for $a = b = c$.

□

P 1.108. If a, b, c are positive real numbers, then

$$a^5 + b^5 + c^5 - a^4b - b^4c - c^4a \geq 2abc(a^2 + b^2 + c^2 - ab - bc - ca).$$

(Vasile Cîrtoaje, 2006)

Solution. Since

$$5 \left(\sum a^5 - \sum a^4b \right) = \sum (4a^5 + b^5 - 5a^4b) = \sum (a-b)^2(4a^3 + 3a^2b + 2ab^2 + b^3)$$

and

$$2 \left(\sum a^2 - \sum ab \right) = \sum (a-b)^2,$$

we can write the inequality in the form

$$A(a-b)^2 + B(b-c)^2 + C(c-a)^2 \geq 0,$$

where

$$\begin{aligned} A &= 4a^3 + 3a^2b + 2ab^2 + b^3 - 5abc, \\ B &= 4b^3 + 3b^2c + 2bc^2 + c^3 - 5abc, \\ C &= 4c^3 + 3c^2a + 2ca^2 + a^3 - 5abc. \end{aligned}$$

Without loss of generality, assume that $a = \max\{a, b, c\}$. We have

$$\begin{aligned} A &> a(4a^2 + 3ab - 5bc) > a(4c^2 + 3b^2 - 5bc) > 0, \\ C &> a(3c^2 + 2ca + a^2 - 5bc) > a(3c^2 - 3ca + a^2) > 0, \\ A + B &> 4a^3 + 5b^3 + c^3 + 3a^2b + 2bc^2 - 10abc \\ &\geq 3\sqrt[3]{4a^3 \cdot 5b^3 \cdot c^3} + 2\sqrt{3a^2b \cdot 2bc^2} - 10abc \\ &= (3\sqrt[3]{20} + 2\sqrt{6} - 10)abc > 0, \\ B + C &> a^3 + 4b^3 + 5c^3 + 3b^2c + 2ca^2 - 10abc \\ &\geq 3\sqrt[3]{a^3 \cdot 4b^3 \cdot 5c^3} + 2\sqrt{3b^2c \cdot 2ca^2} - 10abc \\ &= (3\sqrt[3]{20} + 2\sqrt{6} - 10)abc > 0. \end{aligned}$$

If $a \geq b \geq c$, then

$$\sum A(a-b)^2 \geq B(b-c)^2 + C(a-c)^2 \geq (B+C)(b-c)^2 \geq 0.$$

If $a \geq c \geq b$, then

$$\sum A(a-b)^2 \geq A(a-b)^2 + B(c-b)^2 \geq (A+B)(c-b)^2 \geq 0.$$

The equality holds for $a = b = c$.

□

P 1.109. If a, b, c are positive real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$\frac{a}{1+b} + \frac{b}{1+c} + \frac{c}{1+a} \geq \frac{3}{2}.$$

(Vasile Cîrtoaje, 2005)

Solution. Let

$$p = a + b + c, \quad q = ab + bc + ca, \quad p^2 = 3 + 2q.$$

First Solution. By the Cauchy-Schwarz inequality, we have

$$\sum \frac{a}{1+b} \geq \frac{(\sum a)^2}{\sum a(1+b)} = \frac{3+2q}{p+q}.$$

Thus, it suffices to prove that

$$6 + q \geq 3p.$$

Indeed,

$$2(6 + q - 3p) = 12 + (p^2 - 3) - 6p = (p - 3)^2 \geq 0.$$

The equality holds for $a = b = c = 1$.

Second Solution. By the AM-GM inequality, we have

$$\begin{aligned} \sum \frac{a}{1+b} &= \sum \frac{a(a+c)}{(1+b)(a+c)} \geq \sum \frac{4a(a+c)}{[(1+b) + (a+c)]^2} \\ &= \frac{4(\sum a^2 + \sum ac)}{(1+p)^2} = \frac{4(3+q)}{(1+p)^2} = \frac{6+2p^2}{(1+p)^2}. \end{aligned}$$

Therefore, it suffices to show that

$$\frac{6+2p^2}{(1+p)^2} \geq \frac{3}{2},$$

which is equivalent to $(p-3)^2 \geq 0$.

Open problem. If a, b, c are positive real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$\frac{a}{5+4b} + \frac{b}{5+4c} + \frac{c}{5+4a} \geq \frac{1}{3}.$$

□

P 1.110. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$a\sqrt{a+b} + b\sqrt{b+c} + c\sqrt{c+a} \geq 3\sqrt{2}.$$

(Hong Ge Chen, 2011)

First Solution. Denote

$$q = \sqrt{\frac{ab+bc+ca}{3}}, \quad q \leq 1.$$

By squaring, the inequality turns into

$$\sum a^3 + \sum a^2b + 2 \sum ac\sqrt{a^2+3q^2} \geq 18.$$

Since

$$2\sqrt{a^2+3q^2} \geq a+3q,$$

we have

$$2 \sum ac\sqrt{a^2+3q^2} \geq \sum ac(a+3q) = \sum ab^2 + 9q^3.$$

Thus, it suffices to show that

$$\sum a^3 + \sum ab(a+b) + 9q^3 \geq 18,$$

which is equivalent to

$$(a+b+c)(a^2+b^2+c^2) + 9q^3 \geq 18,$$

$$3(9-6q^2) + 9q^3 \geq 0,$$

$$1-2q^2+q^3 \geq 0,$$

$$(1-q^2)^2 + q^3(1-q) \geq 0.$$

Clearly, the last inequality is true. The equality holds for $a = b = c = 1$.

Second Solution. Using the substitution

$$\sqrt{\frac{a+b}{2}} = \frac{x+y}{2}, \quad \sqrt{\frac{b+c}{2}} = \frac{y+z}{2}, \quad \sqrt{\frac{c+a}{2}} = \frac{z+x}{2}$$

gives

$$x = \sqrt{\frac{a+b}{2}} + \sqrt{\frac{a+c}{2}} - \sqrt{\frac{b+c}{2}} \geq 0,$$

$$a = \left(\frac{x+y}{2}\right)^2 + \left(\frac{x+z}{2}\right)^2 - \left(\frac{y+z}{2}\right)^2 = \frac{x(x+y+z) - yz}{2}.$$

In addition, $a+b+c=3$ involves

$$x^2 + y^2 + z^2 + xy + yz + zx = 6,$$

which is equivalent to

$$p^2 - q = 6,$$

where

$$p = x + y + z, \quad q = xy + yz + zx.$$

From

$$\begin{aligned} 18 - 2p^2 &= 3(x^2 + y^2 + z^2 + xy + yz + zx) - 2(x + y + z)^2 \\ &= x^2 + y^2 + z^2 - xy - yz - zx \geq 0, \end{aligned}$$

it follows that

$$p \leq 3.$$

The desired inequality is equivalent to

$$\begin{aligned} \sum (xp - yz)(x + y) &\geq 12, \\ p \sum (x^2 + xy) &\geq 3xyz + \sum y^2z + 12, \\ 6p &\geq 3xyz + \sum y^2z + 12, \\ 6p + \sum yz^2 &\geq pq + 12. \end{aligned}$$

Since

$$\left(\sum yz^2 \right) \left(\sum y \right) \geq \left(\sum yz \right)^2$$

(by the Cauchy-Schwarz inequality), it suffices to show that

$$6p + \frac{q^2}{p} \geq pq + 12.$$

Indeed,

$$6p + \frac{q^2}{p} - pq = \frac{p^2(6 - q) + q^2}{p} = \frac{(6 + q)(6 - q) + q^2}{p} = \frac{36}{p} \geq 12.$$

Open problem. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$a\sqrt{4a + 5b} + b\sqrt{4b + 5c} + c\sqrt{4c + 5a} \geq 9.$$

□

P 1.111. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a}{2b^2 + c} + \frac{b}{2c^2 + a} + \frac{c}{2a^2 + b} \geq 1.$$

(Vasile Cîrtoaje and Nguyen Van Quy, 2007)

Solution. By the Cauchy-Schwarz inequality, we have

$$\sum \frac{a}{2b^2 + c} \geq \frac{(\sum a\sqrt{a+c})^2}{\sum a(a+c)(2b^2 + c)}.$$

Since $\sum a\sqrt{a+c} \geq 3\sqrt{2}$ (see the previous P 1.110), it suffices to prove that

$$\sum a(a+c)(2b^2 + c) \leq 18,$$

which is equivalent to

$$\begin{aligned} 2 \sum a^2b^2 + 6abc + \sum ac(a+c) &\leq 18, \\ 2 \sum a^2b^2 + 3abc + \left(\sum a\right) \left(\sum ab\right) &\leq 18. \end{aligned}$$

Denoting

$$q = ab + bc + ca,$$

the inequality becomes

$$9abc + 18 \geq 2q^2 + 3q.$$

This inequality is true for $q < 2$ because $18 > 2q^2 + 3q$. Since $q \leq p^2/3 = 3$, consider further the case $2 \leq q \leq 3$. By Schur's inequality of degree three, we have

$$9abc \geq 4pq - p^3 = 12q - 27.$$

Therefore,

$$\begin{aligned} 9abc + 18 - (2q^2 + 3q) &\geq (12q - 27) + 18 - (2q^2 + 3q) \\ &= -2q^2 + 9q - 9 = (3 - q)(2q - 3) \geq 0. \end{aligned}$$

This completes the proof. The equality holds for $a = b = c = 1$.

□

P 1.112. If a, b, c are positive real numbers such that $a + b + c = ab + bc + ca$, then

$$\frac{1}{a^2 + b + 1} + \frac{1}{b^2 + c + 1} + \frac{1}{c^2 + a + 1} \leq 1.$$

Solution. By the Cauchy-Schwarz inequality, we have

$$\frac{1}{a^2 + b + 1} \leq \frac{1 + b + c^2}{(a + b + c)^2},$$

hence

$$\sum \frac{1}{a^2 + b + 1} \leq \sum \frac{1 + b + c^2}{(a + b + c)^2} = \frac{3 + a + b + c + a^2 + b^2 + c^2}{(a + b + c)^2}.$$

It suffices to show that

$$3 + a + b + c \leq 2(ab + bc + ca),$$

which is equivalent to

$$a + b + c \geq 3.$$

We can get this inequality from the known inequality

$$(a + b + c)^2 \geq 3(ab + bc + ca).$$

The equality holds for $a = b = c = 1$.

□

P 1.113. If a, b, c are positive real numbers, then

$$\frac{1}{(a + 2b + 3c)^2} + \frac{1}{(b + 2c + 3a)^2} + \frac{1}{(c + 2a + 3b)^2} \leq \frac{1}{4(ab + bc + ca)}.$$

Solution. By the AM-GM inequality, we have

$$\begin{aligned} (a + 2b + 3c)^2 &= [(a + c) + 2(b + c)]^2 = (a + c)^2 + 4(b + c)^2 + 4(a + c)(b + c) \\ &\geq 3(b + c)^2 + 6(a + c)(b + c) = 3(b + c)(2a + b + 3c). \end{aligned}$$

Thus, it suffices to show that

$$\sum \frac{1}{(b + c)(2a + b + 3c)} \leq \frac{3}{4(ab + bc + ca)}.$$

Write this inequality as follows:

$$\begin{aligned} \frac{3}{4} - \sum \frac{ab + bc + ca}{(b + c)(2a + b + 3c)} &\geq 0, \\ \sum \left[1 - \frac{2(ab + bc + ca)}{(b + c)(2a + b + 3c)} \right] &\geq \frac{3}{2}, \\ \sum \frac{(b + c)^2 + 2c^2}{(b + c)(2a + b + 3c)} &\geq \frac{3}{2}, \\ \sum \frac{b + c}{2a + b + 3c} + \sum \frac{2c^2}{(b + c)(2a + b + 3c)} &\geq \frac{3}{2}. \end{aligned}$$

Applying the Cauchy-Schwarz inequality, we get

$$\sum \frac{b + c}{2a + b + 3c} \geq \frac{[\sum(b + c)]^2}{\sum(b + c)(2a + b + 3c)} = \frac{4(\sum a)^2}{4(\sum a)^2} = 1$$

and

$$\sum \frac{c^2}{(b + c)(2a + b + 3c)} \geq \frac{(\sum c)^2}{\sum(b + c)(2a + b + 3c)} = \frac{1}{4},$$

from where the conclusion follows. The equality holds for $a = b = c$.

□

P 1.114. If a, b, c are positive real numbers, then

$$\sqrt{\frac{a}{a+b+2c}} + \sqrt{\frac{b}{b+c+2a}} + \sqrt{\frac{c}{c+a+2b}} \leq \frac{3}{2}.$$

Solution. Apply the Cauchy-Schwarz inequality as follows:

$$\begin{aligned} \left(\sum \sqrt{\frac{a}{a+b+2c}} \right)^2 &\leq \left[\sum (b+c+2a) \right] \left[\sum \frac{a}{(b+c+2a)(a+b+2c)} \right] \\ &= \frac{4 \left(\sum a \right) \left[\sum a(c+a+2b) \right]}{(b+c+2a)(c+a+2b)(a+b+2c)}. \end{aligned}$$

Thus, it suffices to show that

$$16 \left(\sum a \right) \left[\sum a(c+a+2b) \right] \leq 9(b+c+2a)(c+a+2b)(a+b+2c).$$

Denoting

$$p = a + b + c, \quad q = ab + bc + ca,$$

the inequality becomes

$$16p(p^2 + q) \leq 9(p+a)(p+b)(p+c),$$

$$16p(p^2 + q) \leq 9(2p^3 + pq + abc),$$

$$2p^3 - 7pq + 9abc \geq 0.$$

Using Schur's inequality of degree three

$$p^3 + 9abc \geq 4pq,$$

we have

$$2p^3 - 7pq + 9abc = (p^3 + 9abc - 4pq) + p(p^2 - 3q) \geq 0.$$

The equality holds for $a = b = c$.

□

P 1.115. If a, b, c are positive real numbers, then

$$\sqrt{\frac{5a}{a+b+3c}} + \sqrt{\frac{5b}{b+c+3a}} + \sqrt{\frac{5c}{c+a+3b}} \leq 3.$$

Solution. Substituting

$$x = \sqrt{\frac{5a}{a+b+3c}}, \quad y = \sqrt{\frac{5b}{b+c+3a}}, \quad z = \sqrt{\frac{5c}{c+a+3b}},$$

we have

$$\begin{cases} (x^2 - 5)a + x^2b + 3x^2c = 0 \\ 3y^2a + (y^2 - 5)b + y^2c = 0 \\ z^2a + 3z^2b + (z^2 - 5)c = 0 \end{cases},$$

which involves

$$\begin{vmatrix} x^2 - 5 & x^2 & 3x^2 \\ 3y^2 & y^2 - 5 & y^2 \\ z^2 & 3z^2 & z^2 - 5 \end{vmatrix} = 0;$$

that is,

$$F(x, y, z) = 0,$$

where

$$F(x, y, z) = 4x^2y^2z^2 + 2 \sum x^2y^2 + 5 \sum x^2 - 25.$$

We need to show that $F(x, y, z) = 0$ involves $x + y + z \leq 3$, where $x, y, z > 0$. According to the contradiction method, assume that $x + y + z > 3$ and show that $F(x, y, z) > 0$. Since $F(x, y, z)$ is strictly increasing in each of its arguments, it is enough to prove that

$$x + y + z = 3$$

involves

$$F(x, y, z) \geq 0.$$

Denote

$$q = xy + yz + zx, \quad r = xyz.$$

Since

$$\sum x^2y^2 = q^2 - 6r, \quad \sum x^2 = 9 - 2q,$$

we have

$$F(x, y, z) = 4r^2 + 2(q^2 - 6r) + 5(9 - 2q) - 25 = 2(2r^2 - 6r + q^2 - 5q + 10),$$

$$\frac{1}{2}F(x, y, z) = 2(r - 1)^2 + q^2 - 5q + 8 - 2r.$$

It suffices to show that

$$q^2 - 5q + 8 \geq 2r.$$

From the known inequality

$$(xy + yz + zx)^2 \geq 3xyz(x + y + z),$$

it follows that $q^2 \geq 9r$. Therefore, it suffices to prove that

$$q^2 - 5q + 8 \geq \frac{2q^2}{9},$$

which is equivalent to

$$(3 - q)(24 - 7q) \geq 0.$$

Since

$$q \leq \frac{1}{3}(x + y + z)^2 = 3,$$

the conclusion follows. The original inequality is an equality for $a = b = c$. □

P 1.116. If $a, b, c \in [0, 1]$, then

$$ab^2 + bc^2 + ca^2 + \frac{5}{4} \geq a + b + c.$$

(Ji Chen, 2007)

Solution. We use the substitution

$$a = 1 - x, \quad b = 1 - y, \quad c = 1 - z,$$

where $x, y, z \in [0, 1]$. Since

$$\begin{aligned} \sum a(1 - b^2) &= \sum y(1 - x)(2 - y) = \sum y(2 - 2x - y + xy) \\ &= 2 \sum x - \left(\sum x\right)^2 + \sum xy^2, \end{aligned}$$

the inequality can be written as

$$\frac{5}{4} \geq 2 \sum x - \left(\sum x\right)^2 + \sum xy^2.$$

According to the known inequality in P 1.1, we have

$$\sum xy^2 \leq \frac{4}{27} \left(\sum x\right)^3.$$

Thus, it suffices to prove the following inequality

$$\frac{5}{4} \geq 2t - t^2 + \frac{4}{27}t^3,$$

where

$$t = x + y + z \leq 3.$$

This inequality is equivalent to

$$(15 - 4t)(3 - 2t)^2 \geq 0,$$

which is obviously true for $t \leq 3$. The proof is completed. The equality occurs for $a = 0$, $b = 1$ and $c = \frac{1}{2}$ (or any cyclic permutation thereof). □

P 1.117. If a, b, c are nonnegative real numbers such that

$$a + b + c = 3, \quad a \leq b \leq 1 \leq c,$$

then

$$a^2b + b^2c + c^2a \leq 3.$$

Solution. Since

$$ab^2 + bc^2 + ca^2 - (a^2b + b^2c + c^2a) = (a - b)(b - c)(c - a) \geq 0,$$

it suffices to prove that

$$a^2b + b^2c + c^2a + (ab^2 + bc^2 + ca^2) \leq 6;$$

that is,

$$(a + b + c)(ab + bc + ca) - 3abc \leq 6,$$

$$ab + bc + ca - abc \leq 2,$$

$$1 - (a + b + c) + ab + bc + ca - abc \leq 0,$$

$$(1 - a)(1 - b)(1 - c) \leq 0.$$

The equality occurs for $a = b = c = 1$.

□

P 1.118. Let a, b, c be nonnegative real numbers such that

$$a + b + c = 3, \quad a \leq 1 \leq b \leq c.$$

Prove that

$$(a) \quad a^2b + b^2c + c^2a \geq ab + bc + ca;$$

$$(b) \quad a^2b + b^2c + c^2a \geq abc + 2;$$

$$(c) \quad \frac{1}{abc} + 2 \geq \frac{9}{a^2b + b^2c + c^2a};$$

$$(d) \quad ab^2 + bc^2 + ca^2 \geq 3.$$

(Vasile Cîrtoaje, 2008)

Solution. (a) We have

$$\begin{aligned} a^2b + b^2c + c^2a - ab - bc - ca &= ab(a-1) + bc(b-1) + ca(c-1) \\ &= -ab[(b-1) + (c-1)] + bc(b-1) + ca(c-1) \\ &= b(b-1)(c-a) + a(c-1)(c-b) \geq 0. \end{aligned}$$

The equality holds for $a = b = c = 1$, and also for $a = 0$, $b = 1$ and $c = 2$.

(b) Since

$$a(b-a)(b-c) \leq 0,$$

we have

$$\begin{aligned} a^2b + b^2c + c^2a &\geq a^2b + b^2c + c^2a + a(b-a)(b-c) \\ &= b^2(a+c) + ac(a+c-b). \end{aligned}$$

Thus, it suffices to prove that

$$b^2(a+c) + ac(a+c-b) \geq abc + 2.$$

This inequality is equivalent to

$$\begin{aligned} b^2(a+c) - 2 &\geq ac(2b-a-c), \\ b^2(3-b) - 2 &\geq ac(3b-3). \end{aligned}$$

From $(b-a)(b-c) \leq 0$, it follows that

$$ac \leq b(a+c-b) = b(3-2b).$$

Thus, it suffices to show that

$$b^2(3-b) - 2 \geq b(3-2b)(3b-3),$$

which is equivalent to the obvious inequality

$$(5b-2)(b-1)^2 \geq 0.$$

The equality holds for $a = b = c = 1$, and also for $a = 0$, $b = 1$ and $c = 2$.

(c) According to the inequality in (a), it suffices to show that

$$\frac{1}{abc} + 2 \geq \frac{9}{abc+2},$$

which is equivalent to

$$(abc-1)^2 \geq 0.$$

The equality holds for $a = b = c = 1$.

(d) Since

$$ab^2 + bc^2 + ca^2 - (a^2b + b^2c + c^2) = (a - b)(b - c)(c - a) \geq 0,$$

it suffices to prove that

$$ab^2 + bc^2 + ca^2 + (a^2b + b^2c + c^2) \geq 6;$$

that is,

$$(a + b + c)(ab + bc + ca) - 3abc \geq 6,$$

$$ab + bc + ca - abc \geq 2,$$

$$1 - (a + b + c) + ab + bc + ca - abc \geq 0,$$

$$(1 - a)(1 - b)(1 - c) \geq 0.$$

The equality holds for $a = b = c = 1$.

Remark 1. For

$$a + b + c = 3, \quad 0 < a \leq 1 \leq b \leq c,$$

the following *open inequality* holds

$$\frac{1}{abc} + 6 \geq \frac{21}{a^2b + b^2c + c^2a},$$

which is sharper than the inequality in (c).

Remark 2. From the proof of the inequality in (d), the following identity follows for $a + b + c = 3$:

$$2(ab^2 + bc^2 + ca^2 - 3) = 3(1 - a)(1 - b)(1 - c) + (a - b)(b - c)(c - a).$$

□

P 1.119. If a, b, c are nonnegative real numbers such that

$$a + b + c = 3, \quad a \leq 1 \leq b \leq c,$$

then

$$(a) \quad \frac{5 - 2a}{1 + b} + \frac{5 - 2b}{1 + c} + \frac{5 - 2c}{1 + a} \geq \frac{9}{2};$$

$$(b) \quad \frac{3 - 2b}{1 + a} + \frac{3 - 2c}{1 + b} + \frac{3 - 2a}{1 + c} \leq \frac{3}{2}.$$

(Vasile Cîrtoaje, 2008)

Solution. (a) Write the inequality as follows:

$$2 \sum (5 - 2a)(1 + c)(1 + a) \geq 9(1 + a)(1 + b)(1 + c),$$

$$2 \left(21 + 7 \sum ab - 2 \sum ab^2 \right) \geq 9 \left(4 + \sum ab + abc \right),$$

$$6 + 5 \sum ab \geq 9abc + 4 \sum ab^2.$$

By P 1.9-(a), we have

$$\sum ab^2 \leq 4 - abc.$$

Therefore, it suffices to prove that

$$6 + 5 \sum ab \geq 9abc + 4(4 - abc),$$

which is equivalent to

$$\sum ab \geq 2 + abc,$$

$$(1 - a)(1 - b)(1 - c) \geq 0.$$

The equality holds for $a = b = c = 1$, and also for $a = 0, b = 1, c = 2$.

(b) Write the inequality as follows:

$$2 \sum (3 - 2b)(1 + b)(1 + c) \leq 3(1 + a)(1 + b)(1 + c),$$

$$2 \left(3 + 5 \sum ab - 2 \sum a^2b \right) \leq 3 \left(4 + \sum ab + abc \right),$$

$$6 + 3abc + 4 \sum a^2b \geq 7 \sum ab,$$

$$6 + 3abc + 4 \sum ab(a + b) \geq 7 \sum ab + 4 \sum ab^2,$$

$$6 + 3abc + 4 \left(\sum a \right) \left(\sum ab \right) - 12abc \geq 7 \sum ab + 4 \sum ab^2,$$

$$6 + 5 \sum ab \geq 9abc + 4 \sum ab^2.$$

By P 1.9-(a), we have

$$\sum ab^2 \leq 4 - abc.$$

Therefore, it suffices to prove that

$$6 + 5 \sum ab \geq 9abc + 4(4 - abc),$$

which is equivalent to

$$\sum ab \geq 2 + abc,$$

$$(1 - a)(1 - b)(1 - c) \geq 0.$$

The equality holds for $a = b = c = 1$, and also for $a = 0, b = 1, c = 2$.

□

P 1.120. If a, b, c are nonnegative real numbers such that

$$ab + bc + ca = 3, \quad a \leq 1 \leq b \leq c,$$

then

$$(a) \quad a^2b + b^2c + c^2a \geq 3;$$

$$(b) \quad ab^2 + bc^2 + ca^2 + 3(\sqrt{3} - 1)abc \geq 3\sqrt{3}.$$

(Vasile Cîrtoaje, 2008)

Solution. (a) Since

$$a(b - a)(b - c) \leq 0,$$

we have

$$\begin{aligned} a^2b + b^2c + c^2a &\geq a^2b + b^2c + c^2a + a(b - a)(b - c) \\ &= b^2(a + c) + ac(a + c - b). \end{aligned}$$

Thus, it suffices to prove that

$$b^2(a + c) + ac(a + c - b) \geq 3.$$

Denote

$$x = a + c.$$

From $ab + bc + ca = 3$, we get

$$ac = 3 - bx$$

and

$$x = \frac{3 - ac}{b} \leq \frac{3}{b} \leq 3.$$

Thus, we need to show that

$$\begin{aligned} b^2x + (3 - bx)(x - b) &\geq 3, \\ 2b^2x - (x^2 + 3)b + 3x - 3 &\geq 0. \end{aligned}$$

Since

$$\begin{aligned} 2b^2x - (x^2 + 3)b + 3x - 3 &= 2(b^2 - 2b + 1)x + 2(2b - 1)x - (x^2 + 3)b + 3x - 3 \\ &= 2(b - 1)^2x + (3 - x)(bx - b - 1) \\ &\geq (3 - x)(bx - b - 1), \end{aligned}$$

it is enough to prove that

$$bx - b - 1 \geq 0.$$

From the inequality $(b - a)(b - c) \leq 0$, we get

$$bx \geq b^2 + ac = b^2 + 3 - bx, \quad bx \geq \frac{b^2 + 3}{2}.$$

Therefore,

$$bx - b - 1 \geq \frac{b^2 + 3}{2} - b - 1 = \frac{(b-1)^2}{2} \geq 0.$$

The proof is completed. The equality holds for $a = b = c = 1$, and for $a = 0$, $b = 1$ and $c = 3$.

(b) Since

$$ab^2 + bc^2 + ca^2 - (a^2b + b^2c + c^2) = (a-b)(b-c)(c-a) \geq 0,$$

it suffices to prove that

$$ab^2 + bc^2 + ca^2 + (a^2b + b^2c + c^2) + 6(\sqrt{3} - 1)abc \geq 6\sqrt{3};$$

that is,

$$(a + b + c)(ab + bc + ca) + 3(2\sqrt{3} - 3)abc \geq 6\sqrt{3},$$

$$a + b + c + (2\sqrt{3} - 3)abc \geq 2\sqrt{3},$$

$$a[1 + (2\sqrt{3} - 3)bc] + b + c \geq 2\sqrt{3},$$

$$a[1 + (2\sqrt{3} - 3)p] + 2(s - \sqrt{3}) \geq 0,$$

where

$$s = \frac{b+c}{2}, \quad p = bc, \quad s^2 \geq p \geq 1.$$

From $ab + bc + ca = 3$, we get

$$a = \frac{3-p}{2s}, \quad p \leq 3.$$

Therefore, we need to show that $F(s, p) \geq 0$, where

$$F(s, p) = (3-p)[1 + (2\sqrt{3} - 3)p] + 4s(s - \sqrt{3}).$$

Since the inequality $F(s, p) \geq 0$ is true for $s - \sqrt{3} \geq 0$, consider further the case

$$s \leq \sqrt{3}.$$

We will show that

$$F(s, p) \geq F(s, s^2) \geq 0.$$

We have

$$\begin{aligned} F(s, p) - F(s, s^2) &= (2\sqrt{3} - 3)(s^4 - p^2) - (6\sqrt{3} - 10)(s^2 - p) \\ &= (s^2 - p)[(2\sqrt{3} - 3)(s^2 + p) - 6\sqrt{3} + 10]. \end{aligned}$$

Since $s^2 - p \geq 0$ and

$$(2\sqrt{3} - 3)(s^2 + p) - 6\sqrt{3} + 10 \geq (2\sqrt{3} - 3)(1 + 1) - 6\sqrt{3} + 10 = 4 - 2\sqrt{3} > 0,$$

the left inequality is true. The right inequality is also true because

$$\begin{aligned}
 F(s, s^2) &= (3 - s^2)[1 + (2\sqrt{3} - 3)s^2] + 4s(s - \sqrt{3}) \\
 &= (\sqrt{3} - s)[(\sqrt{3} + s)(1 + (2\sqrt{3} - 3)s^2) - 4s] \\
 &= (\sqrt{3} - s)[\sqrt{3}(1 - s)^2(1 + 2s) - 3s(1 - s)^2] \\
 &= (\sqrt{3} - s)(1 - s)^2[\sqrt{3} + (2\sqrt{3} - 3)s] \geq 0.
 \end{aligned}$$

The equality holds for $a = b = c = 1$, and also for $a = 0$ and $b = c = \sqrt{3}$.

□

P 1.121. *If a, b, c are nonnegative real numbers such that*

$$a^2 + b^2 + c^2 = 3, \quad a \leq 1 \leq b \leq c,$$

then

$$(a) \quad a^2b + b^2c + c^2a \geq 2abc + 1;$$

$$(b) \quad 2(ab^2 + bc^2 + ca^2) \geq 3abc + 3.$$

(Vasile Cîrtoaje, 2008)

Solution. (a) Let

$$x = a + c, \quad x \geq b.$$

From $a^2 + b^2 + c^2 = 3$, we get

$$ac = \frac{b^2 + x^2 - 3}{2},$$

and from $(b - a)(b - c) \leq 0$, we get

$$bx \geq b^2 + ac,$$

$$bx \geq b^2 + \frac{x^2 + b^2 - 3}{2},$$

$$(x - b)^2 \leq 3 - 2b^2, \quad b \leq \sqrt{\frac{3}{2}},$$

$$x \leq b + d, \quad d = \sqrt{3 - 2b^2}.$$

Since

$$a(b - a)(b - c) \leq 0,$$

we have

$$\begin{aligned}
 a^2b + b^2c + c^2a &\geq a^2b + b^2c + c^2a + a(b - a)(b - c) \\
 &= b^2x - ac(b - x).
 \end{aligned}$$

Thus, it suffices to prove that

$$b^2x - ac(3b - x) \geq 1,$$

which is equivalent to $f(x, b) \geq 0$, where

$$\begin{aligned} f(x, b) &= 2b^2x - (x^2 + b^2 - 3)(3b - x) - 2 \\ &= x^3 - 3bx^2 + 3(b^2 - 1)x - 3b^3 + 9b - 2. \end{aligned}$$

We will show that

$$f(x, b) \geq f(b + d, b) \geq 0.$$

Since $x \leq b + d$ and

$$\begin{aligned} f(x, b) - f(b + d, b) &= (x - b - d)[x^2 + x(b + d) + (b + d)^2 - 3b(x + b + d) + 3b^2 - 3] \\ &= (x - b - d)[x^2 - (2b - d)x - b^2 - bd], \end{aligned}$$

we need to show that $g(x) \leq 0$, where

$$g(x) = x^2 - (2b - d)x - b^2 - bd = (x - 2b)(x + d) + b(d - b).$$

Since $d - b \leq 0$, it suffices to show that $x - 2b \leq 0$. Indeed, we have

$$x^2 = (a + c)^2 \leq 2(a^2 + c^2) = 2(3 - b^2) \leq 4,$$

hence

$$x \leq 2 \leq 2b.$$

To prove the right inequality $f(b + d, b) \geq 0$, we have

$$f(b + d, b) = 2b^2(b + d) - 2bd(2b - d) - 2 = 2(3b - b^3 - 1 - b^2d).$$

We need to show that

$$3b - b^3 - 1 \geq b^2\sqrt{3 - 2b^2}$$

for

$$1 \leq b \leq \sqrt{\frac{3}{2}}.$$

We have

$$3b - b^3 - 1 \geq 3b - \frac{3b}{2} - 1 = \frac{3b - 2}{2} \geq 0.$$

By squaring, the inequality becomes

$$(3b - b^3 - 1)^2 \geq b^4(3 - 2b^2),$$

$$3b^6 - 9b^4 + 2b^3 + 9b^2 - 6b + 1 \geq 0,$$

$$(b - 1)^2(3b^4 + 6b^3 - 4b + 1) \geq 0.$$

The original inequality is an equality for $a = b = c = 1$.

(b) Denote

$$p = a + b + c, \quad q = ab + bc + ca.$$

Since

$$ab^2 + bc^2 + ca^2 - (a^2b + b^2c + c^2) = (a - b)(b - c)(c - a) \geq 0,$$

it suffices to prove that

$$ab^2 + bc^2 + ca^2 + (a^2b + b^2c + c^2) \geq 3abc + 3;$$

that is,

$$pq \geq 6abc + 3.$$

From

$$(a - 1)(b - 1)(c - 1) \geq 0,$$

we get

$$abc \geq 1 - p + q,$$

therefore

$$\begin{aligned} pq - 6abc - 3 &\geq pq - 6(1 - p + q) - 3 \\ &= (p - 6)q + 6p - 9 \\ &= \frac{(p - 6)(p^2 - 3)}{2} + 6p - 9 \\ &= \frac{p(p - 3)^2}{2} \geq 0. \end{aligned}$$

The equality holds for $a = b = c = 1$.

□

P 1.122. If a, b, c are nonnegative real numbers such that

$$ab + bc + ca = 3, \quad a \leq b \leq 1 \leq c,$$

then

$$ab^2 + bc^2 + ca^2 + 3abc \geq 6.$$

(Vasile Cîrtoaje, 2008)

Solution. Denote

$$p = a + b + c.$$

Since

$$ab^2 + bc^2 + ca^2 - (a^2b + b^2c + c^2) = (a - b)(b - c)(c - a) \geq 0,$$

it suffices to prove that

$$ab^2 + bc^2 + ca^2 + (a^2b + b^2c + c^2) + 6abc \geq 12;$$

that is,

$$(a + b + c)(ab + bc + ca) + 3abc \geq 12,$$

$$a + b + c + abc \geq 4,$$

which is equivalent to

$$(a - 1)(b - 1)(c - 1) \geq 0.$$

The equality holds for $a = b = c = 1$.

□

P 1.123. If a, b, c are nonnegative real numbers such that

$$a^2 + b^2 + c^2 = 3, \quad a \leq b \leq 1 \leq c,$$

then

$$2(a^2b + b^2c + c^2a) \leq 3abc + 3.$$

(Vasile Cîrtoaje, 2008)

Solution. Consider two cases.

Case 1: $a + c \geq 2b$. Denote

$$x = a + c, \quad x \geq 2b.$$

From $a^2 + b^2 + c^2 = 3$ and $(b - a)(b - c) \leq 0$, we get in succession

$$ac = \frac{b^2 + x^2 - 3}{2},$$

$$bx \geq b^2 + ac,$$

$$bx \geq b^2 + \frac{x^2 + b^2 - 3}{2},$$

$$(x - b)^2 \leq 3 - 2b^2,$$

$$x \leq b + d, \quad d = \sqrt{3 - 2b^2}.$$

Since

$$ab^2 + bc^2 + ca^2 - (a^2b + b^2c + c^2a) = (a - b)(b - c)(c - a) \geq 0,$$

it suffices to prove that

$$a^2b + b^2c + c^2a + (ab^2 + bc^2 + ca^2) \leq 3abc + 3;$$

that is,

$$(a + b + c)(ab + bc + ca) \leq 6abc + 3,$$

$$(x + b)(bx + ac) \leq 6abc + 3,$$

$$ac(x - 5b) + bx(x + b) - 3 \leq 0.$$

Thus, we need to show that $f(x, b) \leq 0$, where

$$\begin{aligned} f(x, b) &= (x^2 + b^2 - 3)(x - 5b) + 2bx(x + b) - 6 \\ &= x^3 - 3bx^2 + 3(b^2 - 1)x - 5b^3 + 15b - 6. \end{aligned}$$

We will show that

$$f(x, b) \leq f(b + d, b) \leq 0.$$

Since $x \leq b + d$ and

$$\begin{aligned} f(x, b) - f(b + d, b) &= (x - b - d)[x^2 + x(b + d) + (b + d)^2 - 3b(x + b + d) + 3b^2 - 3] \\ &= (x - b - d)[x^2 - (2b - d)x - b^2 - bd], \end{aligned}$$

we need to show that $g(x) \geq 0$, where

$$g(x) = x^2 - (2b - d)x - b^2 - bd.$$

Since $x - 2b \geq 0$ and $d - b \geq 0$, we have

$$g(x) = (x - 2b)(x + d) + b(d - b) \geq 0.$$

To prove the right inequality $f(b + d, b) \leq 0$, from

$$f(b + d, b) = 2bd(d - 4b) + 2b(b + d)(2b + d) - 6 = 2(6b - 2b^3 - 3 - b^2d),$$

it follows that we need to show that

$$6b - 2b^3 - 3 \leq b^2\sqrt{3 - 2b^2}$$

for $0 \leq b \leq 1$. This inequality is true for $b \leq \frac{1}{2}$ because

$$6b - 2b^3 - 3 \leq 3(2b - 1) \leq 0.$$

So, it suffices to prove the inequality for $1/2 < b \leq 1$. By squaring, the inequality becomes

$$(6b - 2b^3 - 3)^2 \leq b^4(3 - 2b^2),$$

$$2b^6 - 9b^4 + 4b^3 + 12b^2 - 12b + 3 \leq 0,$$

$$(b - 1)^3(2b^3 + 6b^2 + 3b - 3) \leq 0.$$

We only need to show that

$$2b^3 + 6b^2 + 3b - 3 \geq 0.$$

Indeed,

$$2b^3 + 6b^2 + 3b - 3 > 3(2b^2 + b - 1) = 3(2b - 1)(b + 1) > 0.$$

Case 2: $a + c \leq 2b$. Consider the nontrivial case $a < c$, denote

$$b_1 = \frac{a + c}{2}, \quad b_2 = \sqrt{\frac{a^2 + c^2}{2}} \quad (b_1 < b_2),$$

and write the inequality in the homogeneous form $E(a, b, c) \leq 0$, where

$$E(a, b, c) = 2(a^2b + b^2c + c^2a) - 3abc - 3 \left(\frac{a^2 + b^2 + c^2}{3} \right)^{3/2}.$$

From $a^2 + b^2 + c^2 = 3$ and $b \leq 1$, it follows that $b \leq b_2$. For fixed a and c , consider the function

$$f(b) = E(a, b, c), \quad b \in [b_1, b_2].$$

We will show that

$$f(b) \leq f(b_2) \leq 0.$$

The left inequality is true if $f'(b) \geq 0$ for $b \in [b_1, b_2]$. Since

$$\begin{aligned} f'(b) &= 2a^2 + 4bc - 3ac - 3b \left(\frac{a^2 + b^2 + c^2}{3} \right)^{1/2} \\ &= 2a^2 + 4bc - 3ac - 3b = 2a^2 - 3ac + b(4c - 3) \\ &\geq 2a^2 - 3ac + \frac{(a+c)(4c-3)}{2} \\ &= \frac{(a-c)^2 + 3(a^2 + c^2 - a - c)}{2} \\ &\geq \frac{3(a^2 + c^2 - a - c)}{2}, \end{aligned}$$

it suffices to show that

$$a^2 + c^2 \geq a + c.$$

From $a^2 + b^2 + c^2 = 3$ and $b \leq 1$, it follows that $a^2 + c^2 \geq 2$. If $a + c \leq 2$, then

$$a^2 + b^2 \geq 2 \geq a + c.$$

Also, if $a + c \geq 2$, then

$$a^2 + b^2 \geq \frac{1}{2}(a+c)^2 \geq a + c.$$

To prove the right inequality $f(b_2) \leq 0$, we see that

$$\begin{aligned} f(b_2) &= 2a^2b_2 + (a^2 + c^2)c + 2c^2a - 3ab_2c - 3b_2 \frac{a^2 + c^2}{2} \\ &= c(a+c)^2 - \frac{(3c^2 + 6ac - a^2)}{2}b_2 \\ &= c(a+c)^2 - \frac{(3c^2 + 6ac - a^2)}{2} \sqrt{\frac{a^2 + c^2}{2}}. \end{aligned}$$

Thus, we need to show that

$$c^2(c+a)^4 \leq \frac{(3c^2 + 6ac - a^2)^2(c^2 + a^2)}{8},$$

which is equivalent to

$$\begin{aligned} c^6 + 4ac^5 - 9a^2c^4 - 8a^3c^3 + 23a^4c^2 - 12a^5c + a^6 &\geq 0, \\ (c-a)^3(c^3 + 7c^2a + 9ca^2 - a^3) &\leq 0. \end{aligned}$$

The proof is completed. The equality holds for $a = b = c = 1$.

□

P 1.124. If a, b, c are nonnegative real numbers such that

$$a^2 + b^2 + c^2 = 3, \quad a \leq b \leq 1 \leq c,$$

then

$$2(a^3b + b^3c + c^3a) \leq abc + 5.$$

(Vasile Cîrtoaje, 2008)

Solution. Let

$$p = a + b + c, \quad q = ab + bc + ca.$$

Since

$$ab^3 + bc^3 + ca^3 - (a^3b + b^3c + c^3a) = (a+b+c)(a-b)(b-c)(c-a) \geq 0,$$

it suffices to prove that

$$(a^3b + b^3c + c^3a) + (ab^3 + bc^3 + ca^3) \leq abc + 5,$$

which is equivalent to

$$\begin{aligned} (a^2 + b^2 + c^2)(ab + bc + ca) &\leq abc(a + b + c + 1) + 5, \\ 3q &\leq abc(p + 1) + 5. \end{aligned}$$

From

$$(a-1)(b-1)(c-1) \geq 0,$$

we get

$$abc \geq q - p + 1.$$

Therefore, it suffices to show that

$$3q \leq (q - p + 1)(p + 1) + 5,$$

which is equivalent to

$$\begin{aligned} 6 - p^2 &\geq q(2 - p), \\ 12 - 2p^2 &\geq (p^2 - 3)(2 - p), \\ p^3 - 4p^2 - 3p + 18 &\geq 0, \\ (p - 3)^2(p + 2) &\geq 0. \end{aligned}$$

The proof is completed. The equality holds for $a = b = c = 1$.

□

P 1.125. If a, b, c are real numbers, then

$$(a^2 + b^2 + c^2)^2 \geq 3(a^3b + b^3c + c^3a).$$

(Vasile Cîrtoaje, 1992)

First Solution. Write the inequality as

$$E_1 - 2E_2 \geq 0,$$

where

$$\begin{aligned} E_1 &= a^3(a - b) + b^3(b - c) + c^3(c - a), \\ E_2 &= a^2b(a - b) + b^2c(b - c) + c^2a(c - a). \end{aligned}$$

Using the substitution

$$b = a + p, \quad c = a + q,$$

we have

$$\begin{aligned} E_1 &= a^3(a - b) + b^3[(b - a) + (a - c)] + c^3(c - a) \\ &= (a - b)^2(a^2 + ab + b^2) + (a - c)(b - c)(b^2 + bc + c^2) \\ &= p^2(a^2 + ab + b^2) - q(p - q)(b^2 + bc + c^2) \\ &= 3(p^2 - pq + q^2)a^2 + 3(p^3 - p^2q + q^3)a + p^4 - p^3q + q^4 \end{aligned}$$

and

$$\begin{aligned} E_2 &= a^2b(a - b) + b^2c[(b - a) + (a - c)] + c^2a(c - a) \\ &= (a - b)b(a^2 - bc) + (a - c)c(b^2 - ca) \\ &= pb(bc - a^2) + qc(ca - b^2) \\ &= (p^2 - pq + q^2)a^2 + (p^3 + p^2q - 2pq^2 + q^3)a + p^3q - p^2q^2. \end{aligned}$$

Thus, the inequality can be rewritten as

$$Aa^2 + Ba + C \geq 0,$$

where

$$\begin{aligned} A &= p^2 - pq + q^2, \\ B &= p^3 - 5p^2q + 4pq^2 + q^3, \\ C &= p^4 - 3p^3q + 2p^2q^2 + q^4. \end{aligned}$$

For the non-trivial case $A > 0$, it is enough to show that $\delta \leq 0$, where $\delta = B^2 - 4AC$ is the discriminant of the quadratic function $Aa^2 + Ba + C$. Indeed, we have

$$\begin{aligned} \delta &= -3(p^6 - 2p^5q - 3p^4q^2 + 6p^3q^3 + 2p^2q^4 - 4pq^5 + q^6) \\ &= -3(p^3 - p^2q - 2pq^2 + q^3)^2 \leq 0. \end{aligned}$$

The equality holds for $a = b = c$, and also for

$$\frac{a}{\sin^2 \frac{4\pi}{7}} = \frac{b}{\sin^2 \frac{2\pi}{7}} = \frac{c}{\sin^2 \frac{\pi}{7}}$$

(or any cyclic permutation).

Second Solution. Let us denote

$$x = a^2 - ab + bc,$$

$$y = b^2 - bc + ca,$$

$$z = c^2 - ca + ab.$$

We have

$$x^2 + y^2 + z^2 = \sum a^4 + 2 \sum a^2 b^2 - 2 \sum a^3 b$$

and

$$xy + yz + zx = \sum a^3 b.$$

From the known inequality

$$x^2 + y^2 + z^2 \geq xy + yz + zx,$$

the desired inequality follows.

Third Solution. Let us denote

$$x = a(a - 2b - c),$$

$$y = b(b - 2c - a),$$

$$z = c(c - 2a - b).$$

We have

$$x^2 + y^2 + z^2 = \sum a^4 + 5 \sum a^2 b^2 + 4abc \sum a - 4 \sum a^3 b - 2 \sum ab^3$$

and

$$xy + yz + zx = 3 \sum a^2 b^2 + 4abc \sum a - \sum a^3 b - 2 \sum ab^3.$$

The known inequality

$$x^2 + y^2 + z^2 \geq xy + yz + zx$$

leads to the desired inequality.

Remark 1. Let

$$E = (a^2 + b^2 + c^2)^2 - 3(a^3 b + b^3 c + c^3 a).$$

Using the notations from the first solution, the formula

$$4A(Aa^2 + Ba + C) = (2Aa + B)^2 - \delta,$$

leads to the following identity

$$4E_1E = (A_1 - 5B_1 + 4C_1)^2 + 3(A_1 - B_1 - 2C_1 + 2D_1)^2,$$

where

$$A_1 = a^3 + b^3 + c^3, \quad B_1 = a^2b + b^2c + c^2a, \quad C_1 = ab^2 + bc^2 + ca^2, \quad D_1 = 3abc,$$

$$E_1 = a^2 + b^2 + c^2 - ab - bc - ca.$$

Remark 2. Let

$$E = (a^2 + b^2 + c^2)^2 - 3(a^3b + b^3c + c^3a),$$

The identity

$$x^2 + y^2 + z^2 - xy - yz - zx = \frac{1}{2} \sum (x - y)^2,$$

where x, y, z are defined in the second or third solution, leads to the identity

$$2E = \sum (a^2 - b^2 - ab + 2bc - ca)^2.$$

In addition, the following similar identities hold:

$$6E = \sum (2a^2 - b^2 - c^2 - 3ab + 3bc)^2,$$

$$4E = (2a^2 - b^2 - c^2 - 3ab + 3bc)^2 + 3(b^2 - c^2 - ab - bc + 2ca)^2.$$

Remark 3. The inequality in P 1.125 is known as *Vasc's inequality*, after the author's username on the Art of Problem Solving website.

□

P 1.126. If a, b, c are real numbers, then

$$a^4 + b^4 + c^4 + ab^3 + bc^3 + ca^3 \geq 2(a^3b + b^3c + c^3a).$$

(Vasile Cîrtoaje, 1992)

First Solution. Making the substitution

$$b = a + p, \quad c = a + q,$$

the inequality turns into

$$Aa^2 + Ba + C \geq 0,$$

where

$$A = 3(p^2 - pq + q^2), \quad B = 3(p^3 - 2p^2q + pq^2 + q^3), \quad C = p^4 - 2p^3q + pq^3 + q^4.$$

Since the discriminant of the quadratic trinomial $Aa^2 + Ba + C$ is nonpositive,

$$\begin{aligned}\delta &= B^2 - 4AC = -3(p^6 - 6p^4q + 2p^3q^3 + 9p^2q^4 - 6pq^5 + q^6) \\ &= -3(p^3 - 3pq^2 + q^3)^2 \leq 0,\end{aligned}$$

the conclusion follows. The equality holds for $a = b = c$, and also for

$$\frac{a}{\sin \frac{\pi}{9}} = \frac{b}{\sin \frac{7\pi}{9}} = \frac{c}{\sin \frac{13\pi}{9}}$$

(or any cyclic permutation).

Second Solution. Let us denote

$$\begin{aligned}x &= a(a - b), \\ y &= b(b - c), \\ z &= c(c - a).\end{aligned}$$

We have

$$x^2 + y^2 + z^2 = \sum a^4 + \sum a^2b^2 - 2 \sum a^3b$$

and

$$xy + yz + zx = \sum a^2b^2 - \sum ab^3.$$

Applying the known inequality

$$x^2 + y^2 + z^2 \geq xy + yz + zx,$$

the desired inequality follows.

Third Solution. Let

$$\begin{aligned}x &= a^2 + bc + ca, \\ y &= b^2 + ca + ab, \\ z &= c^2 + ab + bc.\end{aligned}$$

We have

$$x^2 + y^2 + z^2 = \sum a^4 + 2 \sum a^2b^2 + 4abc \sum a + 2 \sum ab^3$$

and

$$xy + yz + zx = 2 \sum a^2b^2 + 4abc \sum a + 2 \sum a^3b + \sum ab^3.$$

The known inequality

$$x^2 + y^2 + z^2 \geq xy + yz + zx$$

leads to the desired inequality.

Remark 1. The inequality is more interesting in the case $abc < 0$. If a, b, c are positive, then the inequality is less sharp than Vasc's inequality in P 1.125 because it can be obtained by adding Vasc's inequality and

$$ab(a - b)^2 + bc(b - c)^2 + ca(c - a)^2 \geq 0.$$

On the other hand, if a, b, c are positive, then the inequality

$$3(a^4 + b^4 + c^4) + 4(ab^3 + bc^3 + ca^3) \geq 7(a^3b + b^3c + c^3a)$$

is a refinement of the inequality in P 1.126. To prove this inequality, we write it as

$$3(a^4 + b^4 + c^4 - a^3b - b^3c - c^3a) + 4(ab^3 + bc^3 + ca^3 - a^3b - b^3c - c^3a) \geq 0,$$

consider $a = \min\{a, b, c\}$ and use the substitution

$$b = a + p, \quad c = a + q, \quad a > 0, \quad p \geq 0, \quad q \geq 0.$$

Since

$$\begin{aligned} & \sum a^4 - \sum a^3b = \sum a^3(a - b) \\ &= 3(p^2 - pq + q^2)a^2 + 3(p^3 - p^2q + q^3)a + p^4 - p^3q + q^4 \end{aligned}$$

and

$$\begin{aligned} \sum ab^3 - \sum a^3b &= (a + b + c)(a - b)(b - c)(c - a) \\ &= pq(q - p)(3a + p + q), \end{aligned}$$

the inequality becomes

$$Aa^2 + Ba + C \geq 0,$$

where

$$\begin{aligned} A &= 9(p^2 - pq + q^2), \quad B = 3(3p^3 - 7p^2q + 4pq^2 + 3q^3), \\ C &= 3p^4 - 7p^3q + 4pq^3 + 3q^4. \end{aligned}$$

The inequality $Aa^2 + Ba + C \geq 0$ is true for $a > 0$ and $p, q \geq 0$ because

$$A \geq 0,$$

$$B = p(3p - 4q)^2 + q(p - 3q)^2 + 2pq(p + q) \geq 0,$$

$$3C = p(p + q)(3p - 5q)^2 + 5q^2 \left(p - \frac{13q}{10} \right)^2 + \frac{11}{20}q^4 \geq 0.$$

Remark 2. Let

$$E = a^4 + b^4 + c^4 + ab^3 + bc^3 + ca^3 - 2(a^3b + b^3c + c^3a).$$

Using the notations from the first solution, the formula

$$4A(Aa^2 + Ba + C) = (2Aa + B)^2 - \delta$$

leads to the following identity

$$4E_1E = (A_1 - 3C_1 + 2D_1)^2 + 3(A_1 - 2B_1 + C_1)^2,$$

where

$$A_1 = a^3 + b^3 + c^3, \quad B_1 = a^2b + b^2c + c^2a, \quad C_1 = ab^2 + bc^2 + ca^2, \quad D_1 = 3abc,$$

$$E_1 = a^2 + b^2 + c^2 - ab - bc - ca.$$

Remark 3. Let

$$E = a^4 + b^4 + c^4 + ab^3 + bc^3 + ca^3 - 2(a^3b + b^3c + c^3a).$$

The identity

$$x^2 + y^2 + z^2 - xy - yz - zx = \frac{1}{2} \sum (x - y)^2,$$

where x, y, z are defined in the second or third solution, leads to the identity

$$2E = \sum (a^2 - b^2 - ab + bc)^2.$$

In addition, the following similar identities hold:

$$6E = \sum (2a^2 - b^2 - c^2 - 2ab + bc + ca)^2,$$

$$4E = (2a^2 - b^2 - c^2 - 2ab + bc + ca)^2 + 3(b^2 - c^2 - bc + ca)^2.$$

Remark 4. The inequalities in P 1.125 and P 1.126 are particular cases of the following more general statement (Vasile Cîrtoaje, 2007).

- Let

$$f_4(a, b, c) = \sum a^4 + A \sum a^2b^2 + Babc \sum a + C \sum a^3b + D \sum ab^3,$$

where A, B, C, D are real constants such that

$$1 + A + B + C + D = 0, \quad 3(1 + A) \geq C^2 + CD + D^2.$$

If a, b, c are real numbers, then

$$f_4(a, b, c) \geq 0.$$

Note that the following identity holds:

$$4Sf_4(a, b, c) = [U + V + (C + D)S]^2 + 3 \left(U - V + \frac{C - D}{3}S \right)^2 + \frac{4}{3}(3 + 3A - C^2 - CD - D^2)S^2,$$

where

$$S = \sum a^2b^2 - \sum a^2bc,$$

$$U = \sum a^3b - \sum a^2bc,$$

$$V = \sum ab^3 - \sum a^2bc.$$

For the main case

$$3(1 + A) = C^2 + CD + D^2,$$

the inequality $f_4(a, b, c) \geq 0$ is equivalent to each of the following two inequalities

$$\sum [2a^2 - b^2 - c^2 + Cab - (C + D)bc + Dca]^2 \geq 0,$$

$$\sum [3b^2 - 3c^2 + (C + 2D)ab + (C - D)bc - (2C + D)ca]^2 \geq 0.$$

□

P 1.127. If a, b, c are positive real numbers, then

$$(a) \quad \frac{a^2}{ab + 2c^2} + \frac{b^2}{bc + 2a^2} + \frac{c^2}{ca + 2b^2} \geq 1;$$

$$(b) \quad \frac{a^3}{a^2b + 2c^3} + \frac{b^3}{b^2c + 2a^3} + \frac{c^3}{c^2a + 2b^3} \geq 1.$$

Solution. (a) By the Cauchy-Schwarz inequality, we have

$$\sum \frac{a^2}{ab + 2c^2} \geq \frac{(\sum a^2)^2}{\sum a^2(ab + 2c^2)} = \frac{(\sum a^2)^2}{\sum a^3b + 2\sum a^2b^2}.$$

Therefore, it suffices to show that

$$\left(\sum a^2\right)^2 \geq 2\sum a^2b^2 + \sum a^3b.$$

We get this inequality by summing the known inequality

$$\frac{2}{3} \left(\sum a^2\right)^2 \geq 2\sum a^2b^2$$

and Vasc's inequality

$$\frac{1}{3} \left(\sum a^2\right)^2 \geq \sum a^3b.$$

The equality holds for $a = b = c = 1$.

(b) By the Cauchy-Schwarz inequality, we have

$$\sum \frac{a^3}{a^2b + 2c^3} \geq \frac{(\sum a^2)^2}{\sum a(a^2b + 2c^3)} = \frac{(\sum a^2)^2}{\sum a^3b + 2\sum ac^3} = \frac{(\sum a^2)^2}{3\sum a^3b}.$$

Therefore, it suffices to show that

$$\left(\sum a^2\right)^2 \geq 3\sum a^3b,$$

which is just Vasc's inequality. The equality holds for $a = b = c = 1$.

□

P 1.128. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a}{ab+1} + \frac{b}{bc+1} + \frac{c}{ca+1} \geq \frac{3}{2}.$$

Solution. We use the following hint

$$\frac{a}{ab+1} = a - \frac{a^2b}{ab+1}, \quad \frac{b}{bc+1} = b - \frac{b^2c}{bc+1}, \quad \frac{c}{ca+1} = c - \frac{c^2a}{ca+1},$$

which transforms the desired inequality into

$$\frac{a^2b}{ab+1} + \frac{b^2c}{bc+1} + \frac{c^2a}{ca+1} \leq \frac{3}{2}.$$

By the AM-GM inequality, we have

$$ab+1 \geq 2\sqrt{ab}, \quad bc+1 \geq 2\sqrt{bc}, \quad ca+1 \geq 2\sqrt{ca}.$$

Consequently, it suffices to show that

$$\frac{a^2b}{2\sqrt{ab}} + \frac{b^2c}{2\sqrt{bc}} + \frac{c^2a}{2\sqrt{ca}} \leq \frac{3}{2},$$

which is equivalent to

$$a\sqrt{ab} + b\sqrt{bc} + c\sqrt{ca} \leq 3, \\ 3(a\sqrt{ab} + b\sqrt{bc} + c\sqrt{ca}) \leq (a+b+c)^2.$$

Replacing $\sqrt{a}, \sqrt{b}, \sqrt{c}$ by a, b, c , respectively, we get Vasc's inequality in P 1.125. The equality holds for $a = b = c = 1$.

□

P 1.129. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a}{3a+b^2} + \frac{b}{3b+c^2} + \frac{c}{3c+a^2} \leq \frac{3}{2}.$$

(Vasile Cîrtoaje, 2007)

Solution. Since

$$\frac{a}{3a+b^2} = \frac{1}{3} - \frac{b^2}{3(3a+b^2)}, \quad \frac{b}{3b+c^2} = \frac{1}{3} - \frac{c^2}{3(3b+c^2)}, \quad \frac{c}{3c+a^2} = \frac{1}{3} - \frac{a^2}{3(3c+a^2)},$$

the desired inequality can be rewritten as

$$\frac{b^2}{3a+b^2} + \frac{c^2}{3b+c^2} + \frac{a^2}{3c+a^2} \geq \frac{3}{2}.$$

By the Cauchy-Schwarz inequality, we have

$$\begin{aligned} \sum \frac{b^2}{3a+b^2} &\geq \frac{(\sum b^2)^2}{\sum b^2(3a+b^2)} = \frac{(\sum a^2)^2}{\sum a^4 + (\sum a)(\sum ab^2)} \\ &= \frac{(\sum a^2)^2}{\sum a^4 + \sum a^2b^2 + abc \sum a + \sum ab^3} \geq \frac{(\sum a^2)^2}{(\sum a^2)^2 + \sum ab^3}. \end{aligned}$$

Thus, it is enough to show that

$$\left(\sum a^2\right)^2 \geq 3 \sum ab^3,$$

which is Vasc's inequality. The equality holds for $a = b = c = 1$.

□

P 1.130. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a}{b^2+c} + \frac{b}{c^2+a} + \frac{c}{a^2+b} \geq \frac{3}{2}.$$

(Pham Kim Hung, 2007)

Solution. By the Cauchy-Schwarz inequality, we have

$$\sum \frac{a}{b^2+c} \geq \frac{(\sum a^{3/2})^2}{\sum a^2(b^2+c)} = \frac{\sum a^3 + 2 \sum a^{3/2}b^{3/2}}{\sum a^2b^2 + \sum ab^2}.$$

Thus, it is enough to show that

$$2 \sum a^3 + 4 \sum a^{3/2}b^{3/2} \geq 3 \sum a^2b^2 + 3 \sum ab^2,$$

which is equivalent to the homogeneous inequality

$$2 \left(\sum a\right) \left(\sum a^3\right) + 4 \left(\sum a\right) \left(\sum a^{3/2}b^{3/2}\right) \geq 9 \sum a^2b^2 + 3 \left(\sum a\right) \left(\sum ab^2\right).$$

In order to get a symmetric inequality, we use Vasc's inequality. We have

$$\begin{aligned} 3 \left(\sum a\right) \left(\sum ab^2\right) &= 3 \sum a^2b^2 + 3abc \sum a + 3 \sum ab^3 \\ &\leq 3 \sum a^2b^2 + 3abc \sum a + \left(\sum a^2\right)^2 \\ &= \sum a^4 + 5 \sum a^2b^2 + 3abc \sum a. \end{aligned}$$

Therefore, it suffices to prove the symmetric inequality

$$2 \left(\sum a\right) \left(\sum a^3\right) + 4 \left(\sum a\right) \left(\sum a^{3/2}b^{3/2}\right) \geq 9 \sum a^2b^2 + \sum a^4 + 5 \sum a^2b^2 + 3abc \sum a,$$

which is equivalent to

$$\sum a^4 + 2 \sum ab(a^2 + b^2) + 4abc \sum \sqrt{ab} + 4A \geq 14 \sum a^2b^2 + 3abc \sum a,$$

where

$$A = \sum (ab)^{3/2}(a + b).$$

Since

$$A \geq 2 \sum a^2b^2,$$

it suffices to prove that

$$\sum a^4 + 2 \sum ab(a^2 + b^2) + 4abc \sum \sqrt{ab} \geq 6 \sum a^2b^2 + 3abc \sum a.$$

According to Schur's inequality of degree four

$$\sum a^4 \geq \sum ab(a^2 + b^2) - abc \sum a,$$

it is enough to show that

$$3 \sum ab(a^2 + b^2) + 4abc \sum \sqrt{ab} \geq 6 \sum a^2b^2 + 4abc \sum a.$$

Write this inequality as

$$\begin{aligned} 3 \sum ab(a - b)^2 &\geq 2abc \sum (\sqrt{a} - \sqrt{b})^2, \\ \sum ab (\sqrt{a} - \sqrt{b})^2 \left[3 (\sqrt{a} + \sqrt{b})^2 - 2c \right] &\geq 0. \end{aligned}$$

We will prove the stronger inequality

$$\sum ab (\sqrt{a} - \sqrt{b})^2 \left[(\sqrt{a} + \sqrt{b})^2 - c \right] \geq 0,$$

which is equivalent to

$$\sum \left(\frac{\sqrt{a} - \sqrt{b}}{\sqrt{c}} \right)^2 (\sqrt{a} + \sqrt{b} - \sqrt{c}) \geq 0.$$

Substituting $x = \sqrt{a}$, $y = \sqrt{b}$, $z = \sqrt{c}$, the inequality becomes

$$\sum \left(\frac{x - y}{z} \right)^2 (x + y - z) \geq 0.$$

Without loss of generality, assume that $x \geq y \geq z$. It suffices to show that

$$\left(\frac{y - z}{x} \right)^2 (y + z - x) + \left(\frac{x - z}{y} \right)^2 (z + x - y) \geq 0.$$

Since

$$\left(\frac{x-z}{y}\right)^2 \geq \left(\frac{y-z}{x}\right)^2,$$

we have

$$\begin{aligned} & \left(\frac{y-z}{x}\right)^2 (y+z-x) + \left(\frac{x-z}{y}\right)^2 (z+x-y) \geq \\ & \geq \left(\frac{y-z}{x}\right)^2 (y+z-x) + \left(\frac{y-z}{x}\right)^2 (z+x-y) \\ & = 2z \left(\frac{y-z}{x}\right)^2 \geq 0. \end{aligned}$$

The equality holds for $a = b = c = 1$.

□

P 1.131. If a, b, c are positive real numbers such that $abc = 1$, then

$$\frac{a}{b^3+2} + \frac{b}{c^3+2} + \frac{c}{a^3+2} \geq 1.$$

Solution. Using the substitution

$$a = \frac{x}{y}, \quad b = \frac{z}{x}, \quad c = \frac{y}{z}, \quad x, y, z > 0,$$

the inequality turns into

$$\sum \frac{x^4}{y(2x^3+z^3)} \geq 1.$$

By the Cauchy-Schwarz inequality, we have

$$\sum \frac{x^4}{y(2x^3+z^3)} \geq \frac{(\sum x^2)^2}{\sum y(2x^3+z^3)} = \frac{(\sum x^2)^2}{2\sum x^3y + \sum xy^3}.$$

Thus, it is enough to show that

$$\left(\sum x^2\right)^2 \geq 2\sum x^3y + \sum xy^3.$$

According to Vasc's inequality, we have

$$\left(\sum x^2\right)^2 \geq 3\sum x^3y$$

and

$$\left(\sum x^2\right)^2 \geq 3\sum xy^3.$$

Thus, the conclusion follows. The equality holds for $a = b = c = 1$.

□

P 1.132. Let a, b, c be positive real numbers such that

$$a^m + b^m + c^m = 3,$$

where $m > 0$. Prove that

$$\frac{a^{m-1}}{b} + \frac{b^{m-1}}{c} + \frac{c^{m-1}}{a} \geq 3.$$

Solution. Making the substitution

$$x = a^{\frac{1}{k}}, \quad y = b^{\frac{1}{k}}, \quad z = c^{\frac{1}{k}},$$

where

$$k = \frac{2}{m}, \quad k > 0,$$

we need to show that $x^2 + y^2 + z^2 = 3$ yields

$$\frac{x^{2-k}}{y^k} + \frac{y^{2-k}}{z^k} + \frac{z^{2-k}}{x^k} \geq 3,$$

which is equivalent to

$$\frac{x^2}{(xy)^k} + \frac{y^2}{(yz)^k} + \frac{z^2}{(zx)^k} \geq 3.$$

Applying Jensen's inequality to the convex function $f(u) = \frac{1}{u^k}$, we get

$$\begin{aligned} \frac{x^2}{(xy)^k} + \frac{y^2}{(yz)^k} + \frac{z^2}{(zx)^k} &\geq \frac{x^2 + y^2 + z^2}{\left(\frac{x^2 \cdot xy + y^2 \cdot yz + z^2 \cdot zx}{x^2 + y^2 + z^2} \right)^k} \\ &= \frac{3^{k+1}}{(x^3y + y^3z + z^3x)^k}. \end{aligned}$$

Thus, it suffices to show that $x^3y + y^3z + z^3x \leq 3$. This is just Vasc's inequality in P 1.125. The equality holds for $a = b = c = 1$. □

P 1.133. If a, b, c are positive real numbers, then

$$(a) \quad \frac{1}{4a} + \frac{1}{4b} + \frac{1}{4c} + \frac{1}{a+b} + \frac{1}{b+c} + \frac{1}{c+a} \geq 3 \left(\frac{1}{3a+b} + \frac{1}{3b+c} + \frac{1}{3c+a} \right);$$

$$(b) \quad \frac{1}{4a} + \frac{1}{4b} + \frac{1}{4c} + \frac{1}{a+3b} + \frac{1}{b+3c} + \frac{1}{c+3a} \geq 2 \left(\frac{1}{3a+b} + \frac{1}{3b+c} + \frac{1}{3c+a} \right).$$

(Gabriel Dospinescu and Vasile Cîrtoaje, 2004)

Solution. We will prove that the following more general inequalities hold for $t \geq 0$:

$$\frac{t^{4a}}{4a} + \frac{t^{4b}}{4b} + \frac{t^{4c}}{4c} + \frac{t^{2a+2b}}{a+b} + \frac{t^{2b+2c}}{b+c} + \frac{t^{2c+2a}}{c+a} - 3 \left(\frac{t^{3a+b}}{3a+b} + \frac{t^{3b+c}}{3b+c} + \frac{t^{3c+a}}{3c+a} \right) \geq 0,$$

$$\frac{t^{4a}}{4a} + \frac{t^{4b}}{4b} + \frac{t^{4c}}{4c} + \frac{t^{a+3b}}{a+3b} + \frac{t^{b+3c}}{b+3c} + \frac{t^{c+3a}}{c+3a} - 2 \left(\frac{t^{3a+b}}{3a+b} + \frac{t^{3b+c}}{3b+c} + \frac{t^{3c+a}}{3c+a} \right) \geq 0.$$

For $t = 1$, we get the desired inequalities.

(a) Denoting the left hand side of the former inequality by $f(t)$, the inequality becomes $f(t) \geq f(0)$. This is true if $f'(t) \geq 0$ for $t > 0$. We have the derivative

$$tf'(t) = t^{4a} + t^{4b} + t^{4c} + 2(t^{2a+2b} + t^{2b+2c} + t^{2c+2a}) - 3(t^{3a+b} + t^{3b+c} + t^{3c+a}).$$

Using the substitution $x = t^a$, $y = t^b$, $z = t^c$, the inequality $f'(t) \geq 0$ turns into

$$x^4 + y^4 + z^4 + 2(x^2y^2 + y^2z^2 + z^2x^2) \geq 3(x^3y + y^3z + z^3x),$$

which is Vasc's inequality in P 1.125. The equality holds for $a = b = c$.

(b) Similarly, we have the derivative

$$tf'(t) = t^{4a} + t^{4b} + t^{4c} + t^{a+3b} + t^{b+3c} + t^{c+3a} - 2(t^{3a+b} + t^{3b+c} + t^{3c+a}).$$

Denoting $x = t^a$, $y = t^b$, $z = t^c$, the inequality $f'(t) \geq 0$ turns into

$$x^4 + y^4 + z^4 + xy^3 + yz^3 + zx^3 \geq 2(x^3y + y^3z + z^3x),$$

which is the the inequality in P 1.126. The equality holds for $a = b = c$. □

P 1.134. If a, b, c are positive real numbers such that $a^6 + b^6 + c^6 = 3$, then

$$\frac{a^5}{b} + \frac{b^5}{c} + \frac{c^5}{a} \geq 3.$$

(Tran Quoc Anh, 2007)

Solution. By Hölder's inequality, we have

$$\left(\frac{a^5}{b} + \frac{b^5}{c} + \frac{c^5}{a} \right)^3 \geq \frac{(a^6 + b^6 + c^6)^4}{a^9b^3 + b^9c^3 + c^9a^3} = \frac{81}{a^9b^3 + b^9c^3 + c^9a^3}.$$

Therefore, it suffices to show that

$$a^9b^3 + b^9c^3 + c^9a^3 \leq 3.$$

This is equivalent to

$$3(a^9b^3 + b^9c^3 + c^9a^3) \leq (a^6 + b^6 + c^6)^2,$$

which is Vasc's inequality (see P 1.125). The equality holds for $a = b = c$. □

P 1.135. If a, b, c are positive real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$\frac{a^3}{a+b^5} + \frac{b^3}{b+c^5} + \frac{c^3}{c+a^5} \geq \frac{3}{2}.$$

(Marin Bancos, 2010)

Solution. Write the inequality as

$$\sum \left(\frac{a^3}{a+b^5} - a^2 \right) + \frac{3}{2} \geq 0,$$

$$\sum \frac{a^2 b^5}{a+b^5} \leq \frac{3}{2}.$$

Since

$$a+b^5 \geq 2\sqrt{ab^5},$$

it suffices to show that

$$\sum ab^2 \sqrt{ab} \leq 3.$$

In addition, since $2\sqrt{ab} \leq a+b$, it suffices to prove that

$$\sum a^2 b^2 + \sum ab^3 \leq 6.$$

This is true since

$$\sum a^2 b^2 \leq \frac{1}{3}(a^2 + b^2 + c^2)^2 = 3,$$

and, according to Vasc's inequality,

$$\sum ab^3 \leq \frac{1}{3}(a^2 + b^2 + c^2)^2 = 3.$$

The equality holds for $a = b = c = 1$.

□

P 1.136. If a, b, c are real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$a^2 b + b^2 c + c^2 a + 3 \geq a + b + c + ab + bc + ca.$$

(Vasile Cîrtoaje, 2007)

Solution. Write the inequality as follows:

$$\sum (1 - ab) - \sum a(1 - ab) \geq 0,$$

$$\sum (a^2 + b^2 + c^2 - 3ab) - \sum a(a^2 + b^2 + c^2 - 3ab) \geq 0,$$

$$\begin{aligned}
3 \left(\sum a^2 - \sum ab \right) - \sum a(a-b)^2 - \sum a(c^2 - ab) &\geq 0, \\
\frac{3}{2} \sum (a-b)^2 - \sum a(a-b)^2 &\geq 0, \\
\sum (a-b)^2(3-2a) &\geq 0.
\end{aligned}$$

Assume that

$$a = \max\{a, b, c\}.$$

For $3 - 2a \geq 0$, the inequality is clearly true. Consider now that $3 - 2a < 0$. Since

$$(a-b)^2 = [(a-c) + (c-b)]^2 \leq 2[(a-c)^2 + (c-b)^2],$$

it suffices to show that

$$2[(a-c)^2 + (c-b)^2](3-2a) + (b-c)^2(3-2b) + (c-a)^2(3-2c) \geq 0,$$

which can be rewritten as

$$(a-c)^2(9-4a-2c) + (b-c)^2(9-4a-2b) \geq 0.$$

This inequality is true because $9 > 4a + 2c$ and $9 > 4a + 2b$. For instance, the last inequality is true if $81 > 4(2a+b)^2$; indeed, we have

$$\frac{81}{4} - (2a+b)^2 > 15 - (2a+b)^2 = 5(a^2 + b^2 + c^2) - (2a+b)^2 = (a-2b)^2 + 5c^2 \geq 0.$$

The equality holds for $a = b = c = 1$.

Remark. From $(a+b+c-3)^2 \geq 0$, we get

$$ab + bc + ca + 6 \geq 3(a+b+c),$$

hence

$$a+b+c+ab+bc+ca-3 \geq 4(a+b+c)-9.$$

So, the following statement is true:

- If a, b, c are real numbers such that $a^2 + b^2 + c^2 = 3$, then

$$a^2b + b^2c + c^2a + 9 \geq 4(a+b+c).$$

□

P 1.137. If a, b, c are positive real numbers such that $a+b+c=3$, then

$$\frac{12}{a^2b + b^2c + c^2a} \leq 3 + \frac{1}{abc}.$$

(Vasile Cîrtoaje and Sheng Li Chen, 2009)

Solution. Let

$$p = a + b + c = 3, \quad q = ab + bc + ca, \quad r = abc \leq 1.$$

Write the inequality as

$$2(a^2b + b^2c + c^2a) \geq \frac{24r}{3r+1}.$$

From

$$\begin{aligned} (a-b)^2(b-c)^2(c-a)^2 &= -27r^2 + 2(9pq - 2p^3)r + p^2q^2 - 4q^3 \\ &= -27r^2 + 54(q-2)r + 9q^2 - 4q^3, \end{aligned}$$

we get

$$(a-b)(b-c)(c-a) \leq \sqrt{-27r^2 + 54(q-2)r + 9q^2 - 4q^3},$$

hence

$$\begin{aligned} 2(a^2b + b^2c + c^2a) &= \sum ab(a+b) - (a-b)(b-c)(c-a) \\ &= pq - 3r - (a-b)(b-c)(c-a) \\ &\geq 3q - 3r - \sqrt{-27r^2 + 54(q-2)r + 9q^2 - 4q^3}. \end{aligned}$$

Therefore, it suffices to show that

$$3q - 3r - \sqrt{-27r^2 + 54(q-2)r + 9q^2 - 4q^3} \geq \frac{24r}{3r+1}.$$

which is equivalent to

$$3[(3r+1)q - 3r^2 - 9r] \geq (3r+1)\sqrt{-27r^2 + 54(q-2)r + 9q^2 - 4q^3}.$$

Before squaring this inequality, we need to show that $(3r+1)q - 3r^2 - 9r \geq 0$. Using the known inequality $q^2 \geq 3pr$, we have

$$\begin{aligned} (3r+1)q - 3r^2 - 9r &\geq 3(3r+1)\sqrt{r} - 3r^2 - 9r \\ &= 3\sqrt{r} (1 - \sqrt{r})^3 \geq 0. \end{aligned}$$

By squaring, the desired inequality can be restated as

$$Aq^3 + C \geq 3Bq,$$

where

$$A = 4(3r+1)^2, \quad B = 72r(r+1)(3r+1), \quad C = 108r(r+1)(3r^2 + 12r + 1).$$

By the AM-GM inequality,

$$Aq^3 + C = Aq^3 + \frac{C}{2} + \frac{C}{2} \geq 3\sqrt[3]{Aq^3 \left(\frac{C}{2}\right)^2};$$

so, it is enough to show that

$$AC^2 \geq 4B^3,$$

which is equivalent to

$$(3r^2 + 12r + 1)^2 \geq 32r(r + 1)(3r + 1).$$

Indeed,

$$(3r^2 + 12r + 1)^2 - 32r(r + 1)(3r + 1) = (r - 1)^2(3r - 1)^2 \geq 0,$$

or, by the AM-GM inequality,

$$3r^2 + 12r + 1 = 8r + (r + 1)(3r + 1) \geq 2\sqrt{8r(r + 1)(3r + 1)}.$$

The equality holds for $a = b = c = 1$, and also for $r = \frac{1}{3}$ and $q = \sqrt[3]{\frac{C}{2A}} = 2$; that is, when a, b, c are the roots of the equation

$$x^3 - 3x^2 + 2x - \frac{1}{3} = 0$$

such that $a \leq b \leq c$ or $b \leq c \leq a$ or $c \leq a \leq b$.

□

P 1.138. If a, b, c are positive real numbers such that $ab + bc + ca = 3$, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq a^2 + b^2 + c^2.$$

(Nguyen Viet Hung, 2024)

First Solution (by Le Thu). By the Cauchy-Schwarz inequality, we have

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} = \frac{a^4}{a^2b} + \frac{b^4}{b^2c} + \frac{c^4}{c^2a} \geq \frac{(a^2 + b^2 + c^2)^2}{a^2b + b^2c + c^2a}.$$

So, it suffices to show that

$$a^2 + b^2 + c^2 \geq a^2b + b^2c + c^2a.$$

According to Vasc's inequality (P 1.125), we only need to show that

$$\sqrt{3(a^3b + b^3c + c^3a)} \geq a^2b + b^2c + c^2a,$$

which is equivalent to

$$(ab + bc + ca)(a^3b + b^3c + c^3a) \geq (a^2b + b^2c + c^2a)^2.$$

Clearly, this inequality follows from the Cauchy-Schwarz inequality.

The equality occurs for $a = b = c = 1$.

Second Solution (by *Hai Duong*). From

$$(a + b + c)^2 \geq 3(ab + bc + ca) = (ab + bc + ca)^2,$$

we get

$$a + b + c \geq ab + bc + ca.$$

So, it suffices to prove the homogeneous inequality

$$(ab + bc + ca) \left(\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \right) \geq (a + b + c)(a^2 + b^2 + c^2),$$

which is equivalent to

$$\begin{aligned} \frac{a^3c}{b} + \frac{b^3a}{c} + \frac{c^3b}{a} &\geq a^2b + b^2c + c^2a, \\ \sum \left(\frac{a^3c}{b} + \frac{b^3a}{c} - 2a^2b \right) &\geq 0, \\ \sum \frac{a(b^2 - ac)^2}{bc} &\geq 0. \end{aligned}$$

□

P 1.139. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{24}{a^2b + b^2c + c^2a} + \frac{1}{abc} \geq 9.$$

(Vasile Cîrtoaje, 2009)

Solution (by *Vo Quoc Ba Can*). Let us denote

$$p = a + b + c = 3, \quad q = ab + bc + ca, \quad r = abc.$$

Write the inequality as

$$24r \geq (9r - 1)(a^2b + b^2c + c^2a),$$

and consider further the nontrivial case

$$r \geq \frac{1}{9}.$$

From

$$\begin{aligned} (a - b)^2(b - c)^2(c - a)^2 &= -27r^2 + 2(9pq - 2p^3)r + p^2q^2 - 4q^3 \\ &= -27r^2 + 54(q - 2)r + 9q^2 - 4q^3, \end{aligned}$$

we get

$$-(a-b)(b-c)(c-a) \leq \sqrt{-27r^2 + 54(q-2)r + 9q^2 - 4q^3},$$

hence

$$\begin{aligned} 2(a^2b + b^2c + c^2a) &= \sum ab(a+b) - (a-b)(b-c)(c-a) \\ &= pq - 3r - (a-b)(b-c)(c-a) \\ &\leq 3q - 3r + \sqrt{-27r^2 + 54(q-2)r + 9q^2 - 4q^3}. \end{aligned}$$

Therefore, it suffices to show that

$$48r \geq (9r-1) \left[3q - 3r + \sqrt{-27r^2 + 54(q-2)r + 9q^2 - 4q^3} \right],$$

which is true if

$$3[9r^2 + 15r - (9r-1)q] \geq (9r-1)\sqrt{-27r^2 + 54(q-2)r + 9q^2 - 4q^3}.$$

We need first to show that $9r^2 + 15r - (9r-1)q \geq 0$. From Schur's inequality

$$p^3 + 9r \geq 4pq,$$

we get

$$q \leq \frac{3(r+3)}{4},$$

hence

$$9r^2 + 15r - (9r-1)q \geq 9r^2 + 15r - \frac{3(r+3)(9r-1)}{4} = \frac{9(r-1)^2}{4} \geq 0.$$

By squaring the desired inequality, we get

$$Aq^3 + C \geq 3Bq,$$

where

$$A = (9r-1)^2, \quad B = 18r(9r-1)(3r+1), \quad C = 27r(27r^3 + 99r^2 + r + 1).$$

Using the AM-GM inequality, we have

$$Aq^3 + C = Aq^3 + \frac{C}{2} + \frac{C}{2} \geq 3\sqrt[3]{Aq^3 \left(\frac{C}{2}\right)^2};$$

thus, it is enough to show that

$$AC^2 \geq 4B^3,$$

which is equivalent to

$$(27r^3 + 99r^2 + r + 1)^2 \geq 32r(9r-1)(3r+1)^3,$$

$$729r^6 - 2430r^5 + 2943r^4 - 1476r^3 + 199r^2 + 34r + 1 \geq 0,$$

$$(r-1)^2(27r^2 - 18r - 1)^2 \geq 0.$$

The equality holds for $a = b = c = 1$, and also for $r = \frac{3+2\sqrt{3}}{9}$ and $q = 1 + \sqrt{3}$; that is, when a, b, c are the roots of the equation

$$x^3 - 3x^2 + (1 + \sqrt{3})x - \frac{3+2\sqrt{3}}{9} = 0$$

such that $a \geq b \geq c$ or $b \geq c \geq a$ or $c \geq a \geq b$.

□

P 1.140. Let a, b, c be nonnegative real numbers such that

$$2(a^2 + b^2 + c^2) = 5(ab + bc + ca).$$

Prove that

$$(a) \quad 8(a^4 + b^4 + c^4) \geq 17(a^3b + b^3c + c^3a);$$

$$(b) \quad 16(a^4 + b^4 + c^4) \geq 34(a^3b + b^3c + c^3a) + 81abc(a + b + c).$$

(Vasile Cîrtoaje, 2011)

Solution. (a) Let

$$x = a^2 + b^2 + c^2, \quad y = ab + bc + ca, \quad 2x = 5y.$$

Since the equality holds for $a = 2, b = 1, c = 0$ (when $abc = 0$), we will use the inequality

$$a^2b^2 + b^2c^2 + c^2a^2 \leq y^2$$

to get

$$a^4 + b^4 + c^4 = x^2 - 2(a^2b^2 + b^2c^2 + c^2a^2) \geq x^2 - 2y^2,$$

hence

$$a^4 + b^4 + c^4 \geq x^2 - 2y^2 = \frac{17}{144}(2x + y)^2.$$

Therefore, it suffices to prove that

$$(2x + y)^2 \geq 18(a^3b + b^3c + c^3a).$$

We will show that this inequality holds for all nonnegative real numbers a, b, c . Assume that $a = \max\{a, b, c\}$. There are two possible cases: $a \geq b \geq c$ and $a \geq c \geq b$.

Case 1: $a \geq b \geq c$. Using the AM-GM inequality gives

$$2(a^3b + b^3c + c^3a) \leq 2ab(a^2 + bc + c^2) \leq \left[\frac{2ab + (a^2 + bc + c^2)}{2} \right]^2.$$

Therefore, it suffices to show that

$$2x + y \geq \frac{3}{2}(2ab + a^2 + bc + c^2),$$

which is equivalent to the obvious inequality

$$(a - 2b)^2 + c(2a - b + c) \geq 0.$$

Case 2: $a \geq c \geq b$. Since

$$ab^3 + bc^3 + ca^3 - (a^3b + b^3c + c^3a) = (a + b + c)(a - b)(b - c)(c - a) \geq 0,$$

we have

$$2(a^3b + b^3c + c^3a) \leq (a^3b + b^3c + c^3a) + (ab^3 + bc^3 + ca^3) \leq xy.$$

Thus, it suffices to prove that

$$(2x + y)^2 \geq 9xy.$$

Since $x \geq y$, we get

$$(2x + y)^2 - 9xy = (x - y)(4x - y) \geq 0.$$

Thus, the proof is completed. The equality holds for $a = 2b$ and $c = 0$ (or any cyclic permutation).

(b) For $a = b = c = 0$, the inequality is trivial. Otherwise, let us denote

$$p = a + b + c, \quad q = ab + bc + ca, \quad r = abc,$$

and write the inequality as

$$16 \sum a^4 \geq 17 \sum ab(a^2 + b^2) + 17 \left(\sum a^3b - \sum ab^3 \right) + 81abc \sum a.$$

Due to homogeneity, we may assume that $p = 3$, which involves $q = 2$. Since

$$abc \sum a = 3r,$$

$$\begin{aligned} \sum a^4 &= \left(\sum a^2 \right)^2 - 2 \sum a^2b^2 \\ &= (p^2 - 2q)^2 - 2q^2 + 4pr = 17 + 12r, \end{aligned}$$

$$\begin{aligned} \sum ab(a^2 + b^2) &= \left(\sum ab \right) \left(\sum a^2 \right) - abc \sum a \\ &= q(p^2 - 2q) - pr = 10 - 3r, \end{aligned}$$

$$\begin{aligned} \sum a^3b - \sum ab^3 &= -p(a - b)(b - c)(c - a) \\ &\leq p\sqrt{(a - b)^2(b - c)^2(c - a)^2} \\ &= p\sqrt{p^2q^2 - 4q^3 + 2p(9q - 2p^2)r - 27r^2} \\ &= 3\sqrt{4 - 27r^2}, \end{aligned}$$

it suffices to prove that

$$16(17 + 12r) \geq 17(10 - 3r) + 51\sqrt{4 - 27r^2} + 243r,$$

which is equivalent to the obvious inequality

$$2 \geq \sqrt{4 - 27r^2}.$$

The equality holds for $a = 2b$ and $c = 0$ (or any cyclic permutation).

□

P 1.141. Let a, b, c be nonnegative real numbers such that

$$2(a^2 + b^2 + c^2) = 5(ab + bc + ca).$$

Prove that

$$(a) \quad 2(a^3b + b^3c + c^3a) \geq a^2b^2 + b^2c^2 + c^2a^2 + abc(a + b + c);$$

$$(b) \quad 11(a^4 + b^4 + c^4) \geq 17(a^3b + b^3c + c^3a) + 129abc(a + b + c);$$

$$(c) \quad a^3b + b^3c + c^3a \leq \frac{14 + \sqrt{102}}{8}(a^2b^2 + b^2c^2 + c^2a^2).$$

Solution. For $a = b = c = 0$, the inequalities are trivial. Otherwise, let us denote

$$p = a + b + c, \quad q = ab + bc + ca, \quad r = abc.$$

Due to homogeneity, we may assume that $p = 3$, which involves $q = 2$. From

$$\begin{aligned} \left| \sum a^3b - \sum ab^3 \right| &= | -p(a-b)(b-c)(c-a) | \\ &= p\sqrt{(a-b)^2(b-c)^2(c-a)^2} \\ &= p\sqrt{p^2q^2 - 4q^3 + 2p(9q - 2p^2)r - 27r^2} \\ &= 3\sqrt{4 - 27r^2}, \end{aligned}$$

it follows that

$$-3\sqrt{4 - 27r^2} \leq \sum a^3b - \sum ab^3 \leq 3\sqrt{4 - 27r^2}.$$

In addition, we have

$$\begin{aligned} abc \sum a &= 3r, \\ \sum a^2b^2 &= q^2 - 2pr = 4 - 6r, \\ \sum ab(a^2 + b^2) &= q(p^2 - 2q) - pr = 10 - 3r, \end{aligned}$$

$$\sum a^4 = p^4 - 4p^2q + 2q^2 + 4pr = 17 + 12r.$$

(a) Write the inequality as

$$\sum ab(a^2 + b^2) + \left(\sum a^3b - \sum ab^3 \right) \geq \sum a^2b^2 + abc \sum a.$$

It suffices to prove that

$$10 - 3r - 3\sqrt{4 - 27r^2} \geq 4 - 6r + 3r,$$

which is equivalent to the obvious inequality

$$2 \geq \sqrt{4 - 27r^2}.$$

The equality holds for $a = 0$ and $2b = c$ (or any cyclic permutation).

(b) Write the inequality as

$$22 \sum a^4 \geq 17 \sum ab(a^2 + b^2) + 17 \left(\sum a^3b - \sum ab^3 \right) + 258abc \sum a.$$

It suffices to prove that

$$22(17 + 12r) \geq 17(10 - 3r) + 51\sqrt{4 - 27r^2} + 774r$$

for $0 \leq r \leq \frac{2}{3\sqrt{3}}$. Write this inequality as

$$4 - 9r \geq \sqrt{4 - 27r^2}.$$

We have $4 - 9r \geq 4 - 2\sqrt{3} > 0$. By squaring, the inequality becomes

$$(4 - 9r)^2 \geq 4 - 27r^2,$$

$$(3r - 1)^2 \geq 0.$$

For $p = 3$, the equality holds when $q = 2$, $r = \frac{1}{3}$ and $(a - b)(b - c)(c - a) \leq 0$. In general, the equality holds when a, b, c are proportional to the roots of the equation

$$3x^3 - 9x^2 + 6x - 1 = 0$$

and satisfy

$$(a - b)(b - c)(c - a) \leq 0.$$

This occurs when (*Wolfgang Berndt*)

$$a \sin^2 \frac{\pi}{9} = b \sin^2 \frac{2\pi}{9} = c \sin^2 \frac{4\pi}{9}.$$

(c) Write the inequality as

$$\sum ab(a^2 + b^2) + \left(\sum a^3b - \sum ab^3 \right) \leq k(a^2b^2 + b^2c^2 + c^2a^2),$$

where

$$k = \frac{14 + \sqrt{102}}{4}.$$

It suffices to prove that

$$10 - 3r + 3\sqrt{4 - 27r^2} \leq k(4 - 6r),$$

where $r \leq \frac{2}{3\sqrt{3}}$. Write this inequality as

$$3\sqrt{4 - 27r^2} \leq 4k - 10 - 3(2k - 1)r.$$

We have

$$4k - 10 - 3(2k - 1)r \geq 4k - 10 - \frac{2(2k - 1)}{\sqrt{3}} = 4 \left(1 - \frac{1}{\sqrt{3}} \right) k - 10 + \frac{2}{\sqrt{3}} > 0.$$

By squaring, the inequality becomes

$$9(4 - 27r^2) \leq [4k - 10 - 3(2k - 1)r]^2,$$

which is equivalent to

$$(r - k_1)^2 \geq 0,$$

where

$$k_1 = \frac{2}{129} \sqrt{\frac{787 + 72\sqrt{102}}{3}} \approx 0.3483.$$

For $p = 3$, the equality holds when $q = 2$, $r = k_1$ and $(a - b)(b - c)(c - a) \leq 0$. In general, the equality holds when a, b, c are proportional to the roots of the equation

$$x^3 - 3x^2 + 2x - k_1 = 0$$

and satisfy

$$(a - b)(b - c)(c - a) \leq 0.$$

□

P 1.142. If a, b, c are real numbers such that

$$a^3b + b^3c + c^3a \leq 0,$$

then

$$a^2 + b^2 + c^2 \geq k(ab + bc + ca),$$

where

$$k = \frac{1 + \sqrt{21 + 8\sqrt{7}}}{2} \approx 3.7468.$$

(Vasile Cîrtoaje, 2012)

Solution. Let us denote

$$p = a + b + c, \quad q = ab + bc + ca, \quad r = abc.$$

If $p = 0$, then

$$3(ab + bc + ca) \leq (a + b + c)^2 = 0,$$

hence

$$a^2 + b^2 + c^2 \geq 0 \geq k(ab + bc + ca).$$

Consider now that $p \neq 0$ and use the contradiction method. It suffices to prove that

$$a^2 + b^2 + c^2 < k(ab + bc + ca)$$

involves

$$a^3b + b^3c + c^3a > 0.$$

Since the statement remains unchanged by replacing a, b, c with $-a, -b, -c$, respectively, we may consider that $p > 0$. In addition, due to homogeneity, we may assume that $p = 1$. From the hypothesis $a^2 + b^2 + c^2 < k(ab + bc + ca)$, we get

$$q > \frac{1}{k+2}.$$

Write the desired inequality as

$$\sum ab(a^2 + b^2) + \sum a^3b - \sum ab^3 > 0.$$

Since

$$\sum ab(a^2 + b^2) = q(p^2 - 2q) - pr = q - 2q^2 - r$$

and

$$\begin{aligned} \sum a^3b - \sum ab^3 &= -p(a-b)(b-c)(c-a) \geq -p\sqrt{(a-b)^2(b-c)^2(c-a)^2} \\ &= -p\sqrt{p^2q^2 - 4q^3 + 2p(9q - 2p^2)r - 27r^2} = -\sqrt{q^2 - 4q^3 + 2(9q - 2)r - 27r^2}, \end{aligned}$$

it suffices to prove that

$$q - 2q^2 - r > \sqrt{q^2 - 4q^3 + 2(9q - 2)r - 27r^2}.$$

From $p^2 \geq 3q$, we get

$$\frac{1}{k+2} < q \leq \frac{1}{3},$$

and from $q^2 \geq 3pr$, we get $r \leq q^2/3$; therefore,

$$q - 2q^2 - r \geq q - 2q^2 - \frac{q^2}{3} = q \left(1 - \frac{7q}{3}\right) > 0.$$

By squaring, the desired inequality can be restated as

$$(q - 2q^2 - r)^2 > q^2 - 4q^3 + 2(9q - 2)r - 27r^2,$$

$$7r^2 + (1 - 5q + q^2)r + q^4 > 0.$$

This is true if the discriminant

$$D = (1 - 5q + q^2)^2 - 28q^4 = [1 - 5q + (1 + 2\sqrt{7})q^2][1 - 5q + (1 - 2\sqrt{7})q^2]$$

is negative. Since

$$1 - 5q + (1 + 2\sqrt{7})q^2 = \left(1 - \frac{5q}{2}\right)^2 + \frac{8\sqrt{7} - 21}{4}q^2 > 0,$$

we only need to show that $f(q) > 0$, where

$$f(q) = (2\sqrt{7} - 1)q^2 + 5q - 1.$$

Since $q > \frac{1}{k+2}$, we have

$$f(q) > \frac{2\sqrt{7} - 1}{(k+2)^2} + \frac{5}{k+2} - 1 = 0.$$

For $p = 1$, the equality holds when $(a - b)(b - c)(c - a) > 0$ and

$$q = \frac{1}{k+2}, \quad r = \frac{-q^2}{\sqrt{7}} = -\frac{1}{\sqrt{7}(k+2)^2}.$$

In general, the equality holds when a, b, c are proportional to the roots of the equation

$$w^3 - w^2 + \frac{1}{k+2}w + \frac{1}{\sqrt{7}(k+2)^2} = 0$$

and satisfy $(a - b)(b - c)(c - a) > 0$.

□

P 1.143. *If a, b, c are real numbers such that*

$$a^3b + b^3c + c^3a \geq 0,$$

then

$$a^2 + b^2 + c^2 + k(ab + bc + ca) \geq 0,$$

where

$$k = \frac{-1 + \sqrt{21 + 8\sqrt{7}}}{2} \approx 2.7468.$$

(Vasile Cîrtoaje, 2012)

Solution. Let us denote

$$p = a + b + c, \quad q = ab + bc + ca, \quad r = abc.$$

At least two of a, b, c have the same sign; let b and c be these numbers. If $p = 0$, then the hypothesis $a^3b + b^3c + c^3a \geq 0$ can be written as

$$-(b+c)^3b + b^3c - c^3(b+c) \geq 0.$$

Clearly, this inequality is satisfied only for $a = b = c = 0$, when the desired inequality is trivial. Consider further that $p \neq 0$ and use the contradiction method. It suffices to prove that

$$a^2 + b^2 + c^2 + k(ab + bc + ca) < 0$$

involves

$$a^3b + b^3c + c^3a < 0.$$

Since the statement remains unchanged by replacing a, b, c with $-a, -b, -c$, respectively, we may consider $p > 0$. In addition, due to homogeneity, we may assume $p = 1$. From the hypothesis $a^2 + b^2 + c^2 + k(ab + bc + ca) < 0$, we get

$$q < \frac{-1}{k-2} \approx -1.339.$$

Write the desired inequality as

$$\sum ab(a^2 + b^2) + \sum a^3b - \sum ab^3 < 0,$$

Since

$$\sum ab(a^2 + b^2) = q(p^2 - 2q) - pr = q - 2q^2 - r$$

and

$$\begin{aligned} \sum a^3b - \sum ab^3 &= -p(a-b)(b-c)(c-a) \leq p\sqrt{(a-b)^2(b-c)^2(c-a)^2} \\ &= p\sqrt{p^2q^2 - 4q^3 + 2p(9q - 2p^2)r - 27r^2} = \sqrt{q^2 - 4q^3 + 2(9q - 2)r - 27r^2}, \end{aligned}$$

it suffices to prove that

$$\sqrt{q^2 - 4q^3 + 2(9q - 2)r - 27r^2} < r + 2q^2 - q.$$

Since $q < -1$, we have

$$\frac{1-2q}{3} > 1,$$

hence

$$r^2 = a^2b^2c^2 \leq \left(\frac{a^2 + b^2 + c^2}{3}\right)^3 = \left(\frac{1-2q}{3}\right)^3 < \left(\frac{1-2q}{3}\right)^4,$$

which implies

$$r > -\left(\frac{1-2q}{3}\right)^2.$$

Therefore,

$$r + 2q^2 - q > -\left(\frac{1-2q}{3}\right)^2 + 2q^2 - q = \frac{(2q-1)(7q+1)}{9} > 0.$$

By squaring, the desired inequality becomes

$$\begin{aligned} q^2 - 4q^3 + 2(9q-2)r - 27r^2 &< (r + 2q^2 - q)^2, \\ 7r^2 + (1 - 5q + q^2)r + q^4 &> 0. \end{aligned}$$

This is true if the discriminant

$$D = (1 - 5q + q^2)^2 - 28q^4 = [1 - 5q + (1 + 2\sqrt{7})q^2][1 - 5q + (1 - 2\sqrt{7})q^2]$$

is negative. Since

$$1 - 5q + (1 + 2\sqrt{7})q^2 > 0,$$

we only need to show that $f(q) > 0$, where

$$f(q) = (2\sqrt{7} - 1)q^2 + 5q - 1.$$

Since the derivative

$$f'(q) = 2(2\sqrt{7} - 1)q + 5 < 2(2\sqrt{7} - 1)(-1) + 5 = 7 - 4\sqrt{7} < 0,$$

$f(q)$ is strictly decreasing, hence

$$f(q) > f\left(\frac{-1}{k-2}\right) = 0.$$

For $p = 1$, the equality holds when $(a-b)(b-c)(c-a) < 0$ and

$$q = \frac{-1}{k-2}, \quad r = \frac{-q^2}{\sqrt{7}} = \frac{-1}{\sqrt{7}(k-2)^2}.$$

In general, the equality holds when a, b, c are proportional to the roots of the equation

$$w^3 - w^2 - \frac{1}{k-2}w + \frac{1}{\sqrt{7}(k-2)^2} = 0$$

and satisfy $(a-b)(b-c)(c-a) < 0$.

□

P 1.144. *If a, b, c are real numbers such that*

$$k(a^2 + b^2 + c^2) = ab + bc + ca, \quad k \in \left(\frac{-1}{2}, 1\right),$$

then

$$\alpha_k \leq \frac{a^3b + b^3c + c^3}{(a^2 + b^2 + c^2)^2} \leq \beta_k,$$

where

$$\begin{aligned} 27\alpha_k &= 1 + 13k - 5k^2 - 2(1-k)(1+2k)\sqrt{\frac{7(1-k)}{1+2k}}, \\ 27\beta_k &= 1 + 13k - 5k^2 + 2(1-k)(1+2k)\sqrt{\frac{7(1-k)}{1+2k}}. \end{aligned}$$

(Vasile Cîrtoaje, 2012)

Solution. Let us denote

$$p = a + b + c, \quad q = ab + bc + ca, \quad r = abc.$$

The case $p = 0$ is not possible because $p = 0$ and $k(a^2 + b^2 + c^2) = ab + bc + ca$ lead to

$$\begin{aligned} ab + bc + ca &= 0, \\ a(b + c) + bc &= 0, \\ -(b + c)^2 + bc &= 0, \\ b^2 + bc + c^2 &= 0, \end{aligned}$$

which involves $a = b = c = 0$. Consider further that $p \neq 0$. Since the statement remains unchanged by replacing a, b, c with $-a, -b, -c$, respectively, it suffices to consider the case $p > 0$. In addition, due to homogeneity, we may assume $p = 1$, which implies

$$q = \frac{k}{1+2k}.$$

(a) Write the desired left inequality as

$$2\alpha_k(a^2 + b^2 + c^2)^2 \leq \sum ab(a^2 + b^2) + \left(\sum a^3b - \sum ab^3\right).$$

Since

$$\begin{aligned} \sum a^2 &= p^2 - 2q = 1 - 2q, \\ \sum ab(a^2 + b^2) &= q(p^2 - 2q) - pr = q - 2q^2 - r, \\ \sum a^3b - \sum ab^3 &= -p(a-b)(b-c)(c-a) \geq -p\sqrt{(a-b)^2(b-c)^2(c-a)^2} \\ &= -p\sqrt{\frac{4(p^2 - 3q)^3 - (2p^3 - 9pq + 27r)^2}{27}} = -\sqrt{\frac{4(1 - 3q)^3 - (2 - 9q + 27r)^2}{27}}, \end{aligned}$$

it suffices to prove that

$$2\alpha_k(1 - 2q)^2 \leq q - 2q^2 - r - \sqrt{\frac{4(1 - 3q)^3 - (2 - 9q + 27r)^2}{27}}.$$

Applying Lemma below for

$$\alpha = \frac{1}{\sqrt{27}}, \quad \beta = \frac{-1}{27}, \quad x = 2(1-3q)\sqrt{1-3q}, \quad y = 2-9q+27r,$$

we get

$$\sqrt{\frac{4(1-3q)^3 - (2-9q+27r)^2}{27}} + r + \frac{2-9q}{27} \leq \frac{4(1-3q)\sqrt{7(1-3q)}}{27},$$

with equality for

$$(1-3q)\sqrt{\frac{1-3q}{7}} - 2 + 9q - 27r = 0.$$

Thus, it suffices to show that

$$2\alpha_k(1-2q)^2 \leq q - 2q^2 + \frac{2-9q}{27} - \frac{4(1-3q)\sqrt{7(1-3q)}}{27},$$

which is equivalent to

$$27\alpha_k \leq 1 + 13k - 5k^2 - 2(1-k)(1+2k)\sqrt{\frac{7(1-k)}{1+2k}}.$$

For $p = 1$, the equality holds when $(a-b)(b-c)(c-a) \geq 0$, $q = k/(1+2k)$ and

$$27r = (1-3q)\sqrt{\frac{1-3q}{7}} - 2 + 9q = \frac{r_1}{1+2k},$$

where

$$r_1 = 5k - 2 + (1-k)\sqrt{\frac{1-k}{7(1+2k)}}.$$

Therefore, the equality holds when a, b, c are proportional to the roots of the equation

$$w^3 - w^2 + \frac{k}{1+2k}w - \frac{r_1}{27(1+2k)} = 0$$

and satisfy $(a-b)(b-c)(c-a) \geq 0$.

(b) Write the desired right inequality as

$$2\beta_k(a^2 + b^2 + c^2)^2 \geq \sum ab(a^2 + b^2) + \left(\sum a^3b - \sum ab^3\right).$$

Since

$$\sum a^2 = p^2 - 2q = 1 - 2q,$$

$$\sum ab(a^2 + b^2) = q(p^2 - 2q) - pr = q - 2q^2 - r,$$

$$\sum a^3b - \sum ab^3 = -p(a-b)(b-c)(c-a) \leq p\sqrt{(a-b)^2(b-c)^2(c-a)^2}$$

$$= p \sqrt{\frac{4(p^2 - 3q)^3 - (2p^3 - 9pq + 27r)^2}{27}} = \sqrt{\frac{4(1 - 3q)^3 - (2 - 9q + 27r)^2}{27}},$$

it suffices to prove that

$$2\beta_k(1 - 2q)^2 \geq q - 2q^2 - r + \sqrt{\frac{4(1 - 3q)^3 - (2 - 9q + 27r)^2}{27}}.$$

Applying Lemma below for

$$\alpha = \frac{1}{\sqrt{27}}, \quad \beta = \frac{1}{27}, \quad x = 2(1 - 3q)\sqrt{1 - 3q}, \quad y = 2 - 9q + 27r,$$

we get

$$\sqrt{\frac{4(1 - 3q)^3 - (2 - 9q + 27r)^2}{27}} - r - \frac{2 - 9q}{27} \leq \frac{4(1 - 3q)\sqrt{7(1 - 3q)}}{27},$$

with equality for

$$(1 - 3q)\sqrt{\frac{1 - 3q}{7}} + 2 - 9q + 27r = 0.$$

Thus, it suffices to show that

$$2\beta_k(1 - 2q)^2 \geq q - 2q^2 + \frac{2 - 9q}{27} + \frac{4(1 - 3q)\sqrt{7(1 - 3q)}}{27},$$

which is equivalent to

$$27\beta_k \geq 1 + 13k - 5k^2 + 2(1 - k)(1 + 2k)\sqrt{\frac{7(1 - k)}{1 + 2k}}.$$

For $p = 1$, the equality holds when $(a - b)(b - c)(c - a) \leq 0$, $q = k/(1 + 2k)$ and

$$27r = 9q - 2 - (1 - 3q)\sqrt{\frac{1 - 3q}{7}} = \frac{r_0}{1 + 2k},$$

where

$$r_0 = 5k - 2 - (1 - k)\sqrt{\frac{1 - k}{7(1 + 2k)}}.$$

Therefore, the equality holds when a, b, c are proportional to the roots of the equation

$$w^3 - w^2 + \frac{k}{1 + 2k}w - \frac{r_0}{27(1 + 2k)} = 0$$

and satisfy $(a - b)(b - c)(c - a) \leq 0$.

Lemma. *If α, β, x, y are real numbers such that*

$$\alpha \geq 0, \quad x \geq 0, \quad x^2 \geq y^2,$$

then

$$\alpha\sqrt{x^2 - y^2} \leq x\sqrt{\alpha^2 + \beta^2} + \beta y,$$

with equality if and only if

$$\beta x + y\sqrt{\alpha^2 + \beta^2} = 0.$$

Proof. Since

$$x\sqrt{\alpha^2 + \beta^2} + \beta y \geq |\beta|x + \beta y \geq |\beta||y| + \beta y \geq 0,$$

we can write the inequality as

$$\alpha^2(x^2 - y^2) \leq \left(x\sqrt{\alpha^2 + \beta^2} + \beta y\right)^2,$$

which is equivalent to

$$\left(\beta x + y\sqrt{\alpha^2 + \beta^2}\right)^2 \geq 0.$$

□

P 1.145. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\frac{a^2}{4a + b^2} + \frac{b^2}{4b + c^2} + \frac{c^2}{4c + a^2} \geq \frac{3}{5}.$$

(Michael Rozenberg, 2008)

Solution. By the Cauchy-Schwarz inequality, we have

$$\sum \frac{a^2}{4a + b^2} \geq \frac{[\sum a(2a + c)]^2}{\sum (4a + b^2)(2a + c)^2} = \frac{(2\sum a^2 + \sum ab)^2}{\sum (4a + b^2)(2a + c)^2}.$$

Therefore, it suffices to show that

$$5\left(2\sum a^2 + \sum ab\right)^2 \geq 3\sum (4a + b^2)(2a + c)^2,$$

which is equivalent to the homogeneous inequalities

$$5\left(2\sum a^2 + \sum ab\right)^2 \geq \sum [4a(a + b + c) + 3b^2](2a + c)^2,$$

$$5\left(2\sum a^2 + \sum ab\right)^2 \geq \sum (4a^2 + 3b^2 + 4ab + 4ac)(4a^2 + c^2 + 4ac),$$

$$2\sum a^4 + 5\sum a^2b^2 \geq abc\sum a + 6\sum ab^3.$$

Using Vasc's inequality

$$3\sum ab^3 \leq \left(\sum a^2\right)^2,$$

it is enough to prove the symmetric inequality

$$2 \sum a^4 + 5 \sum a^2 b^2 \geq abc \sum a + 2 \left(\sum a^2 \right)^2,$$

which is equivalent to the well-known inequality

$$\sum a^2 b^2 \geq abc \sum a.$$

The equality holds for $a = b = c = 1$.

□

P 1.146. *If a, b, c are positive real numbers, then*

$$\frac{a^2 + bc}{a + b} + \frac{b^2 + ca}{b + c} + \frac{c^2 + ab}{c + a} \leq \frac{(a + b + c)^3}{3(ab + bc + ca)}.$$

(Michael Rozenberg, 2013)

Solution (by Manlio Marangelli). Write the inequality as

$$\begin{aligned} \sum \left(\frac{a^2 + bc}{a + b} - a \right) &\leq \frac{(a + b + c)^3}{3(ab + bc + ca)} - (a + b + c), \\ \sum \frac{b(c - a)}{a + b} &\leq \frac{(a + b + c)^3}{3(ab + bc + ca)} - (a + b + c), \\ \frac{\sum b(c^2 - a^2)(b + c)}{(a + b)(b + c)(c + a)} &\leq \frac{(a + b + c)^3}{3(ab + bc + ca)} - (a + b + c), \\ \frac{3 \sum ab^3 - 3abc \sum a}{(a + b)(b + c)(c + a)} &\leq \frac{(a + b + c)^3}{ab + bc + ca} - 3(a + b + c). \end{aligned}$$

By the known Vasc's inequality

$$3 \sum ab^3 \leq \left(\sum a^2 \right)^2,$$

it suffices to prove the symmetric inequality

$$\frac{(\sum a^2)^2 - 3abc \sum a}{(a + b)(b + c)(c + a)} \leq \frac{(a + b + c)^3}{ab + bc + ca} - 3(a + b + c).$$

Using the notation

$$p = a + b + c, \quad q = ab + bc + ca, \quad r = abc,$$

this inequality can be written as

$$\frac{(p^2 - 2q)^2 - 3pr}{pq - r} \leq \frac{p^3}{q} - 3p,$$

which is equivalent to

$$q^2(p^2 - 4q) - (p^2 - 6q)pr \geq 0.$$

Case 1: $p^2 - 6q \geq 0$. Since $3pr \leq q^2$, we have

$$q^2(p^2 - 4q) - (p^2 - 6q)pr \geq q^2(p^2 - 4q) - \frac{q^2(p^2 - 6q)}{3} = \frac{2q^2(p^2 - 3q)}{3} \geq 0.$$

Case 2: $p^2 - 6q \leq 0$. Using Schur's inequality of fourth degree

$$6pr \geq (p^2 - q)(4q - p^2),$$

we get

$$\begin{aligned} q^2(p^2 - 4q) - (p^2 - 6q)pr &\geq q^2(p^2 - 4q) - \frac{(p^2 - 6q)(p^2 - q)(4q - p^2)}{6} \\ &= \frac{(p^2 - 3q)(p^2 - 4q)^2}{6} \geq 0. \end{aligned}$$

The equality holds for $a = b = c = 1$.

□

P 1.147. If a, b, c are positive real numbers such that $a + b + c = 3$, then

$$\sqrt{ab^2 + bc^2} + \sqrt{bc^2 + ca^2} + \sqrt{ca^2 + ab^2} \leq 3\sqrt{2}.$$

(Nguyen Van Quy, 2013)

Solution (by Michael Rozenberg). By the Cauchy-Schwarz inequality, we have

$$\left(\sum \sqrt{ab^2 + bc^2} \right)^2 \leq \sum \frac{ab + c^2}{a + c} \cdot \sum b(a + c).$$

Therefore, it suffices to show that

$$\sum \frac{ab + c^2}{a + c} \leq \frac{9}{ab + bc + ca},$$

which is equivalent to the homogeneous inequality

$$\sum \frac{ab + c^2}{a + c} \leq \frac{(a + b + c)^3}{3(ab + bc + ca)},$$

which is the inequality from the previous P 1.146. The equality holds for $a = b = c = 1$.

□

P 1.148. If a, b, c are positive real numbers such that $a^5 + b^5 + c^5 = 3$, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq 3.$$

Solution. We will prove the inequality under the more general condition $a^m + b^m + c^m = 3$, where $0 < m \leq 21/4$. First, write the inequality in the homogeneous form

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq 3 \left(\frac{a^m + b^m + c^m}{3} \right)^{1/m}.$$

By the Power Mean inequality, we have

$$\left(\frac{a^m + b^m + c^m}{3} \right)^{1/m} \leq \left(\frac{a^{21/4} + b^{21/4} + c^{21/4}}{3} \right)^{4/21}.$$

Thus, it suffices to show that

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq 3 \left(\frac{a^{21/4} + b^{21/4} + c^{21/4}}{3} \right)^{4/21}.$$

By the known Vasc's inequality in P 1.125, namely

$$(x^2 + y^2 + z^2)^2 \geq 3(x^3y + y^3z + z^3x), \quad x, y, z \in \mathbb{R},$$

we have

$$\left(\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \right)^2 \geq 3 \left(\frac{a^3}{\sqrt{bc}} + \frac{b^3}{\sqrt{ca}} + \frac{c^3}{\sqrt{ab}} \right).$$

Therefore, it suffices to prove the symmetric inequality

$$\frac{a^3}{\sqrt{bc}} + \frac{b^3}{\sqrt{ca}} + \frac{c^3}{\sqrt{ab}} \geq 3 \left(\frac{a^{21/4} + b^{21/4} + c^{21/4}}{3} \right)^{8/21},$$

which is equivalent to

$$\left(\frac{\frac{a^3}{\sqrt{bc}} + \frac{b^3}{\sqrt{ca}} + \frac{c^3}{\sqrt{ab}}}{3} \right)^{21/4} \geq 3 \left(\frac{a^{21/4} + b^{21/4} + c^{21/4}}{3} \right)^2,$$

Setting

$$a = x^{2/7}, \quad b = y^{2/7}, \quad c = z^{2/7}, \quad x, y, z > 0,$$

the inequality becomes

$$\left(\frac{x + y + z}{3} \right)^{21/4} \geq 3(xyz)^{3/4} \left(\frac{x^{3/2} + y^{3/2} + z^{3/2}}{3} \right)^2.$$

By the Cauchy-Schwarz inequality, we have

$$(x + y + z)(x^2 + y^2 + z^2) \geq (x^{3/2} + y^{3/2} + z^{3/2})^2.$$

Thus, it is enough to prove that

$$\left(\frac{x + y + z}{3}\right)^{17/4} \geq \frac{1}{3}(xyz)^{3/4}(x^2 + y^2 + z^2).$$

Due to homogeneity, we may assume that $x + y + z = 3$, when the inequality becomes

$$(xyz)^{3/4}(x^2 + y^2 + z^2) \leq 3.$$

Since

$$\frac{3}{4} > \frac{1}{\sqrt{2}},$$

this inequality follows from the inequality in P 2.89 from Volume 2:

$$(xyz)^k(x^2 + y^2 + z^2) \leq 3, \quad k \geq \frac{1}{\sqrt{2}}$$

The proof is completed. The equality holds for $a = b = c = 1$.

□

P 1.149. Let $P(a, b, c)$ be a cyclic homogeneous polynomial of degree three. The inequality

$$P(a, b, c) \geq 0$$

holds for all $a, b, c \geq 0$ if and only if the following two conditions are fulfilled:

- (a) $P(1, 1, 1) \geq 0$;
- (b) $P(0, b, c) \geq 0$ for all $b, c \geq 0$.

(Pham Kim Hung, 2007)

Solution. The conditions (a) and (b) are clearly necessary. Therefore, we will prove further that these conditions are also sufficient to have $P(a, b, c) \geq 0$. The polynomial $P(a, b, c)$ has the general form

$$P(a, b, c) = A(a^3 + b^3 + c^3) + B(a^2b + b^2c + c^2a) + C(ab^2 + bc^2 + ca^2) + 3Dabc.$$

Since

$$P(1, 1, 1) = 3(A + B + C + D), \quad P(0, 1, 1) = 2A + B + C, \quad P(0, 0, 1) = A,$$

the conditions (a) and (b) involves

$$A + B + C + D \geq 0, \quad 2A + B + C \geq 0, \quad A \geq 0.$$

Assume that $a = \min\{a, b, c\}$, and denote

$$b = a + p, \quad c = a + q, \quad p, q \geq 0.$$

For fixed p and q , define the function

$$f(a) = P(a, a + p, a + q), \quad a \geq 0.$$

Since

$$a' = b' = c' = 1,$$

we have the derivative

$$\begin{aligned} f'(a) &= 3A(a^2 + b^2 + c^2) + (B + C)(a + b + c)^2 + 3D(ab + bc + ca) \\ &= (3A + B + C)(a^2 + b^2 + c^2) + (2B + 2C + 3D)(ab + bc + ca) \\ &= (3A + B + C)(a^2 + b^2 + c^2 - ab - bc - ca) + 3(A + B + C + D)(ab + bc + ca). \end{aligned}$$

Because $f'(a) \geq 0$, f is increasing, hence $f(a) \geq f(0)$, which is equivalent to

$$P(a, b, c) \geq P(0, p, q) = P(0, b, c).$$

According to the condition (b), we have $P(0, b, c) \geq 0$, hence $P(a, b, c) \geq 0$.

Remark 1. From the proof of P 1.149, the following statement follows:

- Let $P(a, b, c)$ be a cyclic homogeneous polynomial of degree three. The inequality

$$P(a, b, c) \geq 0$$

holds for all nonnegative real numbers a, b, c satisfying

$$a \leq b \leq c$$

if and only if $P(1, 1, 1) \geq 0$ and $P(0, b, c) \geq 0$ for all $0 \leq b \leq c$.

Remark 2. From P 1.149, using the substitution

$$a = y + z, \quad b = z + x, \quad c = x + y, \quad x, y, z \geq 0,$$

we get the following statement:

- Let $P(a, b, c)$ be a cyclic homogeneous polynomial of degree three, where a, b, c are the lengths of the sides of a triangle. The inequality

$$P(a, b, c) \geq 0$$

holds if and only if $P(1, 1, 1) \geq 0$ and $P(b + c, b, c) \geq 0$ for all $b, c \geq 0$.

□

P 1.150. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$8(a^2b + b^2c + c^2a) + 9 \geq 11(ab + bc + ca).$$

Solution. Write the inequality in the homogeneous form $P(a, b, c) \geq 0$, where

$$P(a, b, c) = 24(a^2b + b^2c + c^2a) + (a + b + c)^3 - 11(a + b + c)(ab + bc + ca).$$

According to P 1.149, it suffices to show that $P(1, 1, 1) \geq 0$ and $P(0, b, c) \geq 0$ for all $b, c \geq 0$. We have

$$P(1, 1, 1) = 0$$

and

$$\begin{aligned} P(0, b, c) &= 24b^2c + (b + c)^3 - 11bc(b + c) \\ &= b^3 + 16b^2c - 8bc^2 + c^3 \\ &\geq 16b^2c - 8bc^2 + c^3 = c(4b - c)^2 \geq 0. \end{aligned}$$

The equality holds for $a = b = c = 1$.

□

P 1.151. If a, b, c are nonnegative real numbers such that $a + b + c = 6$, then

$$a^3 + b^3 + c^3 + 8(a^2b + b^2c + c^2a) \geq 166.$$

(Vasile Cîrtoaje, 2010)

Solution. Write the inequality in the homogeneous form $P(a, b, c) \geq 0$, where

$$P(a, b, c) = a^3 + b^3 + c^3 + 8(a^2b + b^2c + c^2a) - 166 \left(\frac{a + b + c}{6} \right)^3.$$

According to P 1.149, it suffices to show that $P(1, 1, 1) \geq 0$ and $P(0, b, c) \geq 0$ for all $b, c \geq 0$. We have

$$P(1, 1, 1) = 27 - \frac{83}{4} = \frac{25}{4} > 0$$

and

$$\begin{aligned} P(0, b, c) &= b^3 + c^3 + 8b^2c - \frac{83}{108}(b + c)^3 \\ &= \frac{1}{108}(25b^3 + 615b^2c - 249bc^2 + 25c^3) \\ &= \frac{1}{108}(5b - c)^2(b + 25c) \geq 0. \end{aligned}$$

The equality holds for $a = 0, b = 1, c = 5$ (or any cyclic permutation).

□

P 1.152. If a, b, c are positive real numbers such that $abc = 1$, then

$$a^{\frac{a}{b}} b^{\frac{b}{c}} c^{\frac{c}{a}} \geq 1.$$

(Vasile Cîrtoaje, 2004)

Solution. Write the inequality as

$$\frac{a}{b} \ln a + \frac{b}{c} \ln b + \frac{c}{a} \ln c \geq 0.$$

Since the function $f(x) = x \ln x$ is convex for $x > 0$, Jensen's inequality gives

$$\frac{1}{b} \cdot a \ln a + \frac{1}{c} \cdot b \ln b + \frac{1}{a} \cdot c \ln c \geq \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) \cdot \ln \frac{\frac{a}{b} + \frac{b}{c} + \frac{c}{a}}{\frac{1}{b} + \frac{1}{c} + \frac{1}{a}}.$$

Since

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3,$$

it remains to show that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{1}{b} + \frac{1}{c} + \frac{1}{a},$$

which is the inequality from P 1.51, (a). The equality occurs for $a = b = c = 1$.

□

P 1.153. If a, b, c are nonnegative real numbers, no two of which are zero, then

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} + 7 \geq \frac{17}{3} \left(\frac{a}{a+b} + \frac{b}{b+c} + \frac{c}{c+a} \right).$$

(Vasile Cîrtoaje, 2007)

Solution. Write the inequality as $P(a, b, c) \geq 0$, where

$$\begin{aligned} P(a, b, c) &= \sum (3a - 17b)(a+b)(a+c) + 21(a+b)(b+c)(c+a) \\ &= 3(a^3 + b^3 + c^3) - 10(a^2b + b^2c + c^2a) + 7(ab^2 + bc^2 + ca^2). \end{aligned}$$

According to P 1.149, it suffices to show that $P(1, 1, 1) \geq 0$ and $P(0, b, c) \geq 0$ for all $b, c \geq 0$. We have $P(1, 1, 1) = 0$ and

$$P(0, b, c) = 3(b^3 + c^3) - 10b^2c + 7bc^2.$$

Consider the nontrivial case $b, c > 0$. Setting $c = 1$, we need to show that $f(b) \geq 0$, where

$$f(b) = 3b^3 - 10b^2 + 7b + 3.$$

Case 1: $b \geq 3$. We have

$$f(b) > 3b^3 - 10b^2 + 7b = (b-1)(3b-7) > 0.$$

Case 2: $2 \leq b \leq 3$. We have

$$f(b) \geq 3b^3 - 10b^2 + 8b = b(b-2)(3b-4) \geq 0.$$

Case 3: $0 < b \leq 2$. We have

$$f(b) \geq 3b^3 - 10b^2 + 7b + 1.5b = b(3b^2 - 10b + 8.5) > 3b(b - 5/3)^2 \geq 0.$$

The equality holds for $a = b = c$.

□

P 1.154. Let a, b, c be nonnegative real numbers, no two of which are zero. If $0 \leq k \leq 5$, then

$$\frac{ka+b}{a+c} + \frac{kb+c}{b+a} + \frac{kc+a}{c+b} \geq \frac{3}{2}(k+1).$$

(Vasile Cîrtoaje, 2007)

First Solution. Write the inequality as

$$\frac{b}{a+c} + \frac{c}{b+a} + \frac{a}{c+b} - \frac{3}{2} + k \left(\frac{a}{a+c} + \frac{b}{b+a} + \frac{c}{c+b} - \frac{3}{2} \right) \geq 0.$$

Since

$$\frac{b}{a+c} + \frac{c}{b+a} + \frac{a}{c+b} - \frac{3}{2} \geq 0,$$

it suffices to consider the case $k = 5$, when the inequality can be written as follows:

$$\sum (5a+b)(b+a)(c+b) \geq 9(a+c)(b+a)(c+b),$$

$$2 \sum ab^2 + \sum a^3 \geq 3 \sum a^2b,$$

$$2 \sum ab^2 + \frac{4}{3} \sum a^3 - \frac{1}{3} \sum b^3 \geq 3 \sum a^2b,$$

$$\sum (6ab^2 + 4a^3 - b^3 - 9a^2b) \geq 0,$$

$$(a-b)^2(4a-b) + (b-c)^2(4b-c) + (c-a)^2(4c-a) \geq 0.$$

Assume that $a = \min\{a, b, c\}$, and use the substitution

$$b = a + p, \quad c = a + q, \quad p, q \geq 0.$$

The inequality becomes

$$p^2(3a-p) + (p-q)^2(3a+4p-q) + q^2(3a+4q) \geq 0,$$

$$2Aa + B \geq 0,$$

where

$$A = p^2 - pq + q^2, \quad B = p^3 - 3p^2q + 2pq^2 + q^3.$$

Since $A \geq 0$, we only need to show that $B \geq 0$. For $q = 0$, we have $B = p^3 \geq 0$, while for $q > 0$, the inequality $B \geq 0$ is equivalent to

$$1 \geq x(x-1)(2-x),$$

where $x = p/q \geq 0$. For the non-trivial case $x \in [1, 2]$, we get this inequality by multiplying the obvious inequalities

$$1 \geq x - 1$$

and

$$1 \geq x(2-x).$$

The proof is completed. The equality holds for $a = b = c$.

Second Solution. We can write the inequality in the form $P(a, b, c) \geq 0$, where $P(a, b, c)$ is a cyclic homogeneous polynomial of degree three. According to P 1.149, it suffices to show that the desired inequality holds for $a = b = c$, and also for $a = 0$. If $a = 0$, then the inequality becomes

$$x + k + \frac{1}{x} + \frac{k}{1+x} \geq \frac{3}{2}(k+1),$$

$$2(x-1)^2 + x \geq \frac{kx(x-1)}{x+1},$$

where

$$x = \frac{b}{c} > 0.$$

For $0 < x \leq 1$, we have

$$2(x-1)^2 + x > 0 \geq \frac{kx(x-1)}{x+1}.$$

For $1 \leq x \leq 5$, it suffices to consider the case $k = 5$, when the inequality is equivalent to

$$2(x-1)^2 + x \geq \frac{5x(x-1)}{x+1},$$

$$x^3 - 3x^2 + 2x + 1 \geq 0,$$

$$x(x-2)^2 + (x-1)^2 \geq 0.$$

Remark. As in the second solution, we can prove that the inequality in P 1.154 holds for

$$0 \leq k \leq k_0, \quad k_0 = \sqrt{13 + 16\sqrt{2}} \approx 5.969.$$

For $a = 0$ and $k = k_0$, the inequality becomes

$$2(x-1)^2 + x \geq \frac{kx(x-1)}{x+1}, \quad x = \frac{b}{c} > 0,$$

$$2x^3 - (k_0 + 1)x^2 + (k_0 - 1)x + 2 \geq 0,$$

$$(x - x_0)^2 \left(x + \frac{1}{x_0^2} \right) \geq 0,$$

where

$$x_0 = \frac{1 + \sqrt{2} + \sqrt{2\sqrt{2} - 1}}{2} \approx 1.883.$$

If $k = k_0$, then the equality holds for $a = b = c$, and also for $a = 0$ and $\frac{b}{c} + \frac{c}{b} = 1 + \sqrt{2}$ (or any cyclic permutation).

□

P 1.155. Let a, b, c be nonnegative real numbers. Prove that

(a) if $k \leq 1 - \frac{2}{5\sqrt{5}}$, then

$$\frac{ka + b}{2a + b + c} + \frac{kb + c}{a + 2b + c} + \frac{kc + a}{a + b + 2c} \geq \frac{3}{4}(k + 1).$$

(b) if $k \geq 1 + \frac{2}{5\sqrt{5}}$, then

$$\frac{ka + b}{2a + b + c} + \frac{kb + c}{a + 2b + c} + \frac{kc + a}{a + b + 2c} \leq \frac{3}{4}(k + 1).$$

(Vasile Cîrtoaje, 2007)

Solution. (a) Write the inequality in the form $P(a, b, c) \geq 0$, where $P(a, b, c)$ is a cyclic homogeneous polynomial of degree three. According to P 1.149, it suffices to show that the desired inequality holds for $a = b = c$, and also for $a = 0$. For $a = 0$, the inequality becomes

$$\frac{x}{x + 1} + \frac{kx + 1}{2x + 1} + \frac{k}{x + 2} \geq \frac{3}{4}(k + 1),$$

$$(x + 2)(2x^2 - x + 1) \geq k(x + 1)(2x^2 - x + 2),$$

where

$$x = \frac{b}{c} \geq 0.$$

It suffices to consider the case $k = 1 - \frac{2}{5\sqrt{5}}$, when the inequality is equivalent to

$$(x - x_0)^2 \left(x + \frac{2}{5\sqrt{5} x_0^2} \right) \geq 0,$$

where

$$x_0 = \frac{3 - \sqrt{5}}{2}.$$

The equality holds for $a = b = c$. If $k = 1 - \frac{2}{5\sqrt{5}}$, then the equality also holds for $a = 0$ and $\frac{b}{c} + \frac{c}{b} = 3$ (or any cyclic permutation).

(b) According to P 1.149, it suffices to show that the desired inequality holds for $a = b = c$, and also for $a = 0$. If $a = 0$, then the inequality becomes

$$\frac{x}{x+1} + \frac{kx+1}{2x+1} + \frac{k}{x+2} \leq \frac{3}{4}(k+1),$$

$$(x+2)(2x^2-x+1) \leq k(x+1)(2x^2-x+2),$$

where

$$x = \frac{b}{c} \geq 0.$$

It suffices to consider the case $k = 1 + \frac{2}{5\sqrt{5}}$, when the inequality is equivalent to

$$(x-x_1)^2 \left(x + \frac{2}{5\sqrt{5}x_1^2} \right) \geq 0,$$

where

$$x_1 = \frac{3+\sqrt{5}}{2}.$$

The equality holds for $a = b = c$. If $k = 1 + \frac{2}{5\sqrt{5}}$, then the equality also holds for $a = 0$ and $\frac{b}{c} + \frac{c}{b} = 3$ (or any cyclic permutation). □

P 1.156. Let a, b, c be nonnegative real numbers, no two of which are zero. If $k \leq \frac{23}{8}$, then

$$\frac{ka+b}{2a+c} + \frac{kb+c}{2b+a} + \frac{kc+a}{2c+b} \geq k+1.$$

(Vasile Cîrtoaje, 2007)

Solution. We can write the inequality in the form $P(a, b, c) \geq 0$, where $P(a, b, c)$ is a cyclic homogeneous polynomial of degree three. According to P 1.149, it suffices to show that the desired inequality holds for $a = b = c$, and also for $a = 0$. For $a = 0$, the inequality becomes

$$x + \frac{k}{2} + \frac{1}{2x} + \frac{k}{2+x} \geq k+1,$$

$$x^2 + (x-1)^2 \geq \frac{kx^2}{x+2},$$

where

$$x = \frac{b}{c} > 0.$$

It suffices to consider that $k = 23/8$, when the inequality is equivalent to

$$2x^2 - 2x + 1 \geq \frac{23x^2}{8(x+2)},$$

$$16x^3 - 7x^2 - 24x + 16 \geq 0,$$

$$16x(x-1)^2 + (5x-4)^2 \geq 0.$$

The equality holds for $a = b = c$.

Remark. For $k = 2$, we get the inequality in P 1.21.

□

P 1.157. If a, b, c are positive real numbers such that $a \leq b \leq c$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + 3 \geq 2 \left(\frac{a+b}{b+c} + \frac{b+c}{c+a} + \frac{c+a}{a+b} \right).$$

Solution. Write the inequality as follows:

$$\sum \left(\frac{a}{b} - 1 \right) \geq 2 \sum \left(\frac{b+c}{c+a} - 1 \right),$$

$$\sum (a-b) \left(\frac{1}{b} + \frac{2}{c+a} \right) \geq 0,$$

$$(a-b) \left(\frac{1}{b} + \frac{2}{c+a} \right) + (b-c) \left(\frac{1}{c} + \frac{2}{a+b} \right) + [(c-b) + (b-a)] \left(\frac{1}{a} + \frac{2}{b+c} \right) \geq 0,$$

$$(b-a) \left(\frac{1}{a} + \frac{2}{b+c} - \frac{1}{b} - \frac{2}{c+a} \right) + (c-b) \left(\frac{1}{a} + \frac{2}{b+c} - \frac{1}{c} - \frac{2}{a+b} \right) \geq 0,$$

$$(b-a)^2 \left[\frac{1}{ab} - \frac{2}{(b+c)(c+a)} \right] + (c-b)(c-a) \left[\frac{1}{ac} - \frac{2}{(b+c)(a+b)} \right] \geq 0.$$

The inequality is true since

$$\frac{1}{ab} - \frac{2}{(b+c)(c+a)} = \frac{c(a+b+c) - ab}{(b+c)(c+a)} > \frac{a(c-b)}{(b+c)(c+a)} \geq 0$$

and

$$\frac{1}{ac} - \frac{2}{(b+c)(a+b)} = \frac{b(a+b+c) - ac}{(b+c)(a+b)} > \frac{c(b-a)}{(b+c)(a+b)} \geq 0.$$

The equality holds for $a = b = c$.

□

P 1.158. If $a \geq b \geq c \geq 0$, then

$$\frac{3a+b}{2a+c} + \frac{3b+c}{2b+a} + \frac{3c+a}{2c+b} \geq 4.$$

(Vasile Cîrtoaje, 2007)

First Solution. Write the inequality as follows:

$$\begin{aligned} \sum (3a+b)(2b+a)(2c+b) &\geq 4(2a+c)(2b+a)(2c+b), \\ 2 \sum a^3 + 13 \sum ab^2 + 7 \sum a^2b + 42abc &\geq 4(4 \sum ab^2 + 2 \sum a^2b + 9abc), \\ 2 \sum a^3 + 6abc &\geq 3 \sum ab^2 + \sum a^2b, \\ 2E(a, b, c) &\geq F(a, b, c), \end{aligned}$$

where

$$\begin{aligned} E(a, b, c) &= \sum a^3 + 3abc - \sum ab^2 - \sum a^2b, \\ F(a, b, c) &= \sum ab^2 - \sum a^2b. \end{aligned}$$

The inequality is true since $E(a, b, c) \geq 0$ (by Schur's inequality of degree three) and

$$F(a, b, c) = (a-b)(b-c)(c-a) \leq 0.$$

The equality holds for $a = b = c$, and also for $a = b$ and $c = 0$.

Second Solution. Denote

$$x = a - b \geq 0, \quad y = b - c \geq 0,$$

and write the inequality as follows

$$\begin{aligned} \sum \left(\frac{3a+b}{2a+c} - \frac{4}{3} \right) &\geq 0, \\ \sum \frac{a+3b-4c}{2a+c} &\geq 0, \\ \frac{a+3b-4c}{2a+c} + \frac{b+3c-4a}{2b+a} + \frac{c+3a-4b}{2c+b} &\geq 0, \\ \frac{x+4y}{2a+c} - \frac{4x+3y}{2b+a} + \frac{3x-y}{2c+b} &\geq 0, \\ xA + yB &\geq 0, \end{aligned}$$

where

$$\begin{aligned} A &= \frac{1}{2a+c} - \frac{4}{2b+a} + \frac{3}{2c+b} \\ &= \left(\frac{1}{2a+c} - \frac{1}{2b+a} \right) + 3 \left(\frac{1}{2c+b} - \frac{1}{2b+a} \right) \\ &= \frac{-x+y}{(2a+c)(2b+a)} + \frac{3(x+2y)}{(2b+a)(2c+b)} \end{aligned}$$

and

$$\begin{aligned} B &= \frac{4}{2a+c} - \frac{3}{2b+a} - \frac{1}{2c+b} \\ &= 3 \left(\frac{1}{2a+c} - \frac{1}{2b+a} \right) + \left(\frac{1}{2a+c} - \frac{1}{2c+b} \right) \\ &= \frac{3(-x+y)}{(2a+c)(2b+a)} - \frac{2x+y}{(2a+c)(2c+b)}. \end{aligned}$$

Thus, the inequality is equivalent to

$$\begin{aligned} x[(-x+y)(2c+b) + 3(x+2y)(2a+c) + y[3(-x+y)(2c+b) - (2x+y)(2b+a)]] &\geq 0, \\ x^2(6a-b+c) + xy(10a-6b+2c) - y^2(a-b-6c) &\geq 0, \end{aligned}$$

It suffices to show that

$$xy(10a-6b+2c) - y^2(a-b-6c) \geq 0,$$

which is true is

$$x(10a-6b+2c) - y(a-b-6c) \geq 0.$$

We have

$$\begin{aligned} x(10a-6b+2c) - y(a-b-6c) &= x(10x+4y+6c) - y(x-6c) \\ &= 10x^2 + 3xy + 6c(x+y) \geq 0. \end{aligned}$$

Third Solution. According to Remark 1 from P 1.149, it suffices to prove that the inequality holds for $c = 0$ and $a \geq b$; that is, to show that

$$\frac{3}{2} + \frac{1}{2x} + \frac{3}{2+x} + x \geq 4,$$

where

$$x = \frac{a}{b} \geq 1.$$

The inequality is equivalent to

$$\begin{aligned} 2x^3 - x^2 - 3x + 2 &\geq 0, \\ (x-1)(2x^2 + x - 2) &\geq 0. \end{aligned}$$

□

P 1.159. If $a \geq b \geq c \geq 0$ and $ab + bc + ca = 2$, then

$$\sqrt{a+ab} + \sqrt{b+bc} + \sqrt{c+ca} \geq 3.$$

(KaiRain, 2020)

Solution. Consider the main case $a \geq b \geq c$ and show that

$$\sqrt{a+ab} + \sqrt{b+bc} + \sqrt{c+ca} \geq 3.$$

For $c = 0$, we need to show that $ab = 2$ involves

$$\sqrt{a+ab} + \sqrt{b} \geq 3,$$

that is

$$\sqrt{a+2} + \sqrt{\frac{2}{a}} \geq 3.$$

Denoting $x = \sqrt{\frac{a}{2}}$, we need to show that

$$\sqrt{2x^2 + 2} \geq 3 - \frac{1}{x}.$$

This is true if

$$2(x^2 + 1) \geq \left(3 - \frac{1}{x}\right)^2$$

for $x \geq 1/3$, which is equivalent to the obvious inequality

$$(x - 1)^2(2x^2 + 4x - 1) \geq 0.$$

Using this result, it suffices to show that

$$\sqrt{a+ab} + \sqrt{b+bc} + \sqrt{c+ca} \geq \sqrt{a+2} + \sqrt{\frac{2}{a}},$$

that is equivalent to

$$\begin{aligned} \sqrt{c+ca} &\geq \sqrt{a+2} - \sqrt{a+ab} + \sqrt{\frac{2}{a}} - \sqrt{b+bc}, \\ \sqrt{c+ca} &\geq \frac{2-ab}{\sqrt{a+2} + \sqrt{a+ab}} + \frac{2-ab-abc}{\sqrt{2a} + a\sqrt{b+bc}}, \\ \sqrt{c+ca} &\geq \frac{c(a+b)}{\sqrt{a+2} + \sqrt{a+ab}} + \frac{c(a+b-ab)}{\sqrt{2a} + a\sqrt{b+bc}}. \end{aligned}$$

So, we need to show that

$$\sqrt{1+a} \geq \frac{\sqrt{c}(a+b)}{\sqrt{a+2} + \sqrt{a+ab}} + \frac{\sqrt{c}(a+b-ab)}{\sqrt{2a} + a\sqrt{b+bc}}.$$

We get this inequality by summing the inequalities

$$\frac{\sqrt{1+a}}{2} \geq \frac{\sqrt{c}(a+b)}{\sqrt{a+2} + \sqrt{a+ab}}, \quad \frac{\sqrt{1+a}}{2} \geq \frac{\sqrt{c}(a+b-ab)}{\sqrt{2a} + a\sqrt{b+bc}}.$$

From $ab + bc + ca = 2$, it follows $\frac{2}{3} \leq ab \leq 2$ and $b \leq \sqrt{2}$. Since

$$\sqrt{a+ab} \leq \sqrt{a+2}$$

and

$$a\sqrt{b} \leq \sqrt{2a}, \quad a\sqrt{b} \leq a\sqrt{b+bc},$$

it suffice to prove the inequalities

$$\sqrt{1+a} \geq \frac{\sqrt{c}(a+b)}{\sqrt{a+ab}}, \quad \sqrt{1+a} \geq \frac{\sqrt{c}(a+b-ab)}{a\sqrt{b}}.$$

By squaring, the first inequality becomes

$$a(1+a)(1+b) \geq c(a+b)^2,$$

$$a(1+a)(1+b) \geq (a+b)(2-ab).$$

Since $2a \geq a+b$, it suffices to show that

$$(1+a)(1+b) \geq 2(2-ab),$$

that is

$$a+b+3ab \geq 3.$$

Indeed, we have

$$a+b+3ab \geq 2\sqrt{ab} + 3ab \geq 2\sqrt{\frac{2}{3}} + 2 > 3.$$

Since $\sqrt{b} \geq \sqrt{c}$, the second inequality is true if

$$a\sqrt{1+a} \geq a+b-ab,$$

that is

$$a(\sqrt{1+a} - 1) \geq b(1-a).$$

For the nontrivial case $a \leq 1$, it suffices to show that

$$a(\sqrt{1+a} - 1) \geq a(1-a),$$

that is

$$\sqrt{1+a} + a \geq 2.$$

Since $3a^2 \geq ab + bc + ca = 2$, we have

$$\sqrt{1+a} + a \geq \sqrt{1 + \sqrt{\frac{2}{3}}} + \sqrt{\frac{2}{3}} > 2.$$

The inequality is an equality for $a = 2$, $b = 1$, $c = 0$.

Remark. The following sharper inequality holds in the same conditions:

$$\sqrt{a+ab} + \sqrt{b} + \sqrt{c} \geq 3,$$

with equality for $a = 2$, $b = 1$, $c = 0$.

For fixed b , according to the relation $ab + bc + ca = 2$, we may consider that a is a function of c . Differentiating this equation, we get

$$\begin{aligned} a' &= -\frac{a+b}{b+c}, \\ a'' &= \frac{(a+b+(b-c)a')}{(a+c)^2} = \frac{(a+b)(a-b+2c)}{(a+c)^3}. \end{aligned}$$

Write the required inequality as $f(c) \geq 0$, where

$$f(c) = \sqrt{a+ab} + \sqrt{b} + \sqrt{c} - 3, \quad c \in [0, b].$$

We have

$$\begin{aligned} f'(c) &= \frac{a'\sqrt{1+b}}{2\sqrt{a}} + \frac{1}{2\sqrt{c}}, \\ f''(c) &= \frac{(2aa'' - (a')^2)\sqrt{1+b}}{4a^{3/2}} - \frac{1}{4c^{3/2}} \\ &= \frac{(a+b)(a^2 + 3ac - 3ab - bc)\sqrt{1+b}}{4a^{3/2}(a+c)^3} - \frac{1}{4c^{3/2}}. \end{aligned}$$

Since

$$a^2 + 3ac - 3ab - bc = a^2 - 3a(b-c) - bc < a^2,$$

we have

$$f''(c) < \frac{(a+b)\sqrt{a(1+b)}}{4(a+c)^3} - \frac{1}{4c^{3/2}}.$$

From $b^2 \leq ab \leq ab + bc + ca = 2$, we get $b \leq \sqrt{2}$, $\sqrt{1+b} < 4$, hence

$$f''(c) < \frac{(a+b)\sqrt{a}}{(a+c)^3} - \frac{1}{4c^{3/2}} \leq 2 \left(\frac{\sqrt{a}}{a+c} \right)^3 - \frac{1}{4(\sqrt{c})^3} \leq 0.$$

Since f is concave and $0 \leq c \leq b$, it is enough to show that $f(0) \geq 0$ (for $c = 0$ and $ab = 2$) and $f(b) \geq 0$ (for $c = b$ and $2ab + b^2 = 2$). We have

$$f(0) = \sqrt{\frac{2+2b}{b}} + \sqrt{b} - 3 = \frac{(1-\sqrt{b})^2(2+4\sqrt{b}-b)}{\sqrt{b}(2+2b)-b\sqrt{b}+3b} \geq 0.$$

For $c = b$, when $2 = 2ab + b^2 \geq 3b^2$, hence $b \leq \sqrt{\frac{2}{3}}$, we have

$$f(b) = \sqrt{\frac{(1+b)(2-b^2)}{2b}} + 2\sqrt{b} - 3 = \frac{A}{\sqrt{2b(1+b)(2-b^2)} - 4b\sqrt{b} + 6b},$$

where, for $x = \sqrt{b} \leq \sqrt[4]{\frac{2}{3}} < 1$,

$$A = (1+x^2)(2-x^4) - 2x^2(3-2x)^2 = (1-x)(2+2x-14x^2+10x^3+x^4+x^5).$$

Since

$$\begin{aligned} 2+2x-14x^2+10x^3+x^4+x^5 &= 2-13x^2+13x^3+(1-x)^2x(2+3x+x^2) \\ &> 2+13x^3-13x^2 = 2+\frac{13x^3}{2}+\frac{13x^3}{2}-13x^2 \\ &\geq 3\sqrt[3]{2 \cdot \frac{13x^3}{2} \cdot \frac{13x^3}{2}} - 13x^2 = \left(3\sqrt[3]{\frac{169}{2}} - 13\right)x^2 > 0, \end{aligned}$$

we have $A > 0$, hence $f(b) > 0$.

□

P 1.160. If $a \geq b \geq c$ are nonnegative numbers such that $ab + bc + ca = 3$, then

$$\sqrt{a+2ab} + \sqrt{b+2bc} + \sqrt{c+2ca} \geq 4.$$

(Vasile Cîrtoaje, 2020)

Solution. We will prove the sharper inequality

$$\sqrt{a+2ab} + \sqrt{b+bc} + \sqrt{c+ca} \geq 4.$$

For $c = 0$, we need to show that $ab = 3$ involves

$$\sqrt{a+2ab} + \sqrt{b} \geq 4,$$

that is

$$\sqrt{a+6} + \sqrt{\frac{3}{a}} \geq 4.$$

It is easy to show that this inequality is true for all $a > 0$. Using this result, it suffices to show that

$$\sqrt{a+2ab} + \sqrt{b+bc} + \sqrt{c+ca} \geq \sqrt{a+6} + \sqrt{\frac{3}{a}},$$

that is equivalent to

$$\begin{aligned}\sqrt{c+ca} &\geq \sqrt{a+6} - \sqrt{a+2ab} + \sqrt{\frac{3}{a}} - \sqrt{b+bc}, \\ \sqrt{c+ca} &\geq \frac{2(3-ab)}{\sqrt{a+6} + \sqrt{a+2ab}} + \frac{3-ab-abc}{\sqrt{3a} + a\sqrt{b+bc}}, \\ \sqrt{c+ca} &\geq \frac{2c(a+b)}{\sqrt{a+6} + \sqrt{a+2ab}} + \frac{c(a+b-ab)}{\sqrt{3a} + a\sqrt{b+bc}}.\end{aligned}$$

So, we need to show that

$$\sqrt{1+a} \geq \frac{2\sqrt{c}(a+b)}{\sqrt{a+6} + \sqrt{a+2ab}} + \frac{\sqrt{c}(a+b-ab)}{\sqrt{3a} + a\sqrt{b+bc}}.$$

We get this inequality by summing the inequalities

$$k\sqrt{1+a} \geq \frac{2\sqrt{c}(a+b)}{\sqrt{a+6} + \sqrt{a+2ab}}, \quad (1-k)\sqrt{1+a} \geq \frac{\sqrt{c}(a+b-ab)}{\sqrt{3a} + a\sqrt{b+bc}},$$

where

$$k = \sqrt{\frac{2}{3}}.$$

From $ab+bc+ca=3$, it follows $1 \leq ab \leq 3$ and $b \leq \sqrt{3}$. Since

$$\sqrt{a+2ab} \leq \sqrt{a+6},$$

the first inequality is true if

$$k\sqrt{1+a} \geq \frac{\sqrt{c}(a+b)}{\sqrt{a+2ab}},$$

that is

$$\begin{aligned}2a(1+a)(1+2b) &\geq 3c(a+b)^2, \\ 2a(1+a)(1+2b) &\geq 3(3-ab)(a+b).\end{aligned}$$

Since $2a \geq a+b$, it suffices to show that

$$(1+a)(1+2b) \geq 3(3-ab),$$

that is

$$(5b+1)a + 2b \geq 8.$$

For $a \geq b \geq 1$, this inequality is obvious. For $0 \leq b \leq 1$, from

$$b \geq c = \frac{3-ab}{a+b}$$

we get

$$a \geq \frac{3-b^2}{2b}.$$

Therefore,

$$\begin{aligned} (5b+1)a+2b-8 &\geq \frac{(5b+1)(3-b^2)}{2b} + 2b \\ &= \frac{3-b+3b^2-5b^3}{2b} = \frac{(1-b)(3+2b+5b^2)}{2b} \geq 0. \end{aligned}$$

Since $1-k > \frac{1}{4}$, the second inequality is true if

$$\sqrt{1+a} \geq \frac{4\sqrt{c}(a+b-ab)}{\sqrt{3a}+a\sqrt{b+bc}},$$

Consider the nontrivial case $a+b-ab \geq 0$, and claim that $\sqrt{3a} \geq a\sqrt{b+bc}$, which is equivalent to $3 \geq ab+abc$. Indeed, we have

$$3-ab-abc = 3-ab - \frac{ab(3-ab)}{a+b} = \frac{(3-ab)(a+b-ab)}{a+b} \geq 0.$$

Thus, it suffices to show that

$$\sqrt{1+a} \geq \frac{2\sqrt{c}(a+b-ab)}{a\sqrt{b+bc}}.$$

Since

$$\frac{a+b-ab}{a} \leq 1,$$

it suffices to show that

$$\sqrt{1+a} \geq 2\sqrt{\frac{c}{b(1+c)}},$$

that is

$$b(1+a)(1+c) \geq 4c.$$

Since $ab \geq 1$, we have

$$b(1+a) \geq b+1 \geq c+1,$$

therefore,

$$b(1+a)(1+c) - 4c \geq (1+c)^2 - 4c = (1-c)^2 \geq 0.$$

The inequality is an equality for $a=3$, $b=1$, $c=0$.

□

P 1.161. If a, b, c are nonnegative real numbers such that $ab+bc+ca=3$, then

$$\sqrt{a+3b} + \sqrt{b+3c} + \sqrt{c+3a} \geq 6.$$

Solution. Use the substitution

$$\sqrt{a+3b} = 2x, \quad \sqrt{b+3c} = 2y, \quad \sqrt{c+3a} = 2z,$$

which yields

$$a = \frac{x^2 - 3y^2 + 9z^2}{7}, \quad a = \frac{y^2 - 3z^2 + 9x^2}{7}, \quad a = \frac{z^2 - 3x^2 + 9y^2}{7},$$

$$ab + bc + ca = \frac{-3(x^4 + y^4 + z^4) + 10(x^2y^2 + y^2z^2 + z^2x^2)}{7}.$$

So, we need to show that

$$x + y + z \geq 3$$

for

$$3(x^4 + y^4 + z^4) + 21 = 10(x^2y^2 + y^2z^2 + z^2x^2).$$

By the contradiction method, we need to prove that

$$x + y + z < 3$$

involves

$$3(x^4 + y^4 + z^4) + 21 > 10(x^2y^2 + y^2z^2 + z^2x^2).$$

It suffices to prove the homogeneous inequality $f(x, y, z) \geq 0$, where

$$f(x, y, z) = 81(x^4 + y^4 + z^4) + 7(x + y + z)^4 - 270(x^2y^2 + y^2z^2 + z^2x^2).$$

According to P 3.68 from Volume 1, it is enough to show that $f(0, y, z) \geq 0$ and $f(x, 1, 1) \geq 0$ for $x, y, z \geq 0$. We have

$$\begin{aligned} f(0, y, z) &= 81(y^4 + z^4) + 7(y + z)^4 - 270y^2z^2 \\ &\geq 162y^2z^2 + 112y^2z^2 - 270y^2z^2 = 4y^2z^2 \geq 0 \end{aligned}$$

and

$$\begin{aligned} f(x, 1, 1) &= 81(x^4 + 2) + 7(x + 2)^4 - 540x^2 = 4(22x^4 + 14x^3 - 93x^2 + 56x + 1) \\ &= (x - 1)^2(22x^2 + 58x + 1) \geq 0. \end{aligned}$$

The equality occurs for $a = b = c = 1$.

□

P 1.162. If a, b, c are the lengths of the sides of a triangle, then

$$10 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) > 9 \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right).$$

Solution. According to Remark 2 from the proof of P 1.149, it suffices to show that $P(1, 1, 1) \geq 0$ and $P(b + c, b, c) \geq 0$ for $b, c \geq 0$, where

$$P(a, b, c) = 10(ab^2 + bc^2 + ca^2) - 9(a^2b + b^2c + c^2a).$$

We have $P(1, 1, 1) = 3 > 0$ and

$$P(b + c, b, c) = b^3 - 7b^2c + 12bc^2 + c^3.$$

We need to show that

$$x^3 - 7x^2 + 12x + 1 > 0,$$

where $x = b/c$, $x > 0$. For $x \in (0, 3] \cup [4, \infty)$, we have

$$x^3 - 7x^2 + 12x + 1 > x^3 - 7x^2 + 12x = x(3 - x)(4 - x) \geq 0.$$

For $x \in (3, 4)$, we have

$$x^3 - 7x^2 + 12x + 1 > x^3 - 7x^2 + 12x + \frac{x}{4} = \frac{x(2x - 7)^2}{4} \geq 0.$$

□

P 1.163. If a, b, c are the lengths of the sides of a triangle, then

$$\frac{a}{3a + b - c} + \frac{b}{3b + c - a} + \frac{c}{3c + a - b} \geq 1.$$

Solution. Write the inequality as follows:

$$\sum \left(\frac{a}{3a + b - c} - \frac{1}{4} \right) \geq \frac{1}{4},$$

$$\sum \frac{a - b + c}{3a + b - c} \geq 1.$$

Applying the Cauchy-Schwarz inequality, we get

$$\sum \frac{a - b + c}{3a + b - c} \geq \frac{[\sum(a - b + c)]^2}{\sum(a - b + c)(3a + b - c)} = \frac{(\sum a)^2}{\sum a^2 + 2\sum ab} = 1.$$

The equality holds for $a = b = c$.

□

P 1.164. If a, b, c are the lengths of the sides of a triangle, then

$$\frac{a^2 - b^2}{a^2 + bc} + \frac{b^2 - c^2}{b^2 + ca} + \frac{c^2 - a^2}{c^2 + ab} \leq 0.$$

(Vasile Cîrtoaje, 2007)

First Solution. Suppose that $a = \max\{a, b, c\}$. Since

$$c^2 - a^2 = -(a^2 - b^2) - (b^2 - c^2),$$

the inequality can be written as follows:

$$\begin{aligned} (a^2 - b^2) \left(\frac{1}{a^2 + bc} - \frac{1}{c^2 + ab} \right) + (b^2 - c^2) \left(\frac{1}{b^2 + ca} - \frac{1}{c^2 + ab} \right) &\leq 0, \\ -\frac{(a^2 - b^2)(a - c)(a - b + c)}{a^2 + bc} - \frac{(b^2 - c^2)(b - c)(b + c - a)}{a^2 + bc} &\leq 0. \end{aligned}$$

The equality holds for an equilateral triangle, and also for a degenerate triangle having a side equal to zero.

Second Solution. The sequences

$$\{a^2, \quad b^2, \quad c^2\}$$

and

$$\left\{ \frac{1}{a^2 + bc}, \quad \frac{1}{b^2 + ca}, \quad \frac{1}{c^2 + ab} \right\}$$

are reversely ordered. Indeed, if $a \geq b \geq c$, then

$$\frac{1}{a^2 + bc} \leq \frac{1}{b^2 + ca} \leq \frac{1}{c^2 + ab},$$

because

$$\begin{aligned} \frac{1}{b^2 + ca} - \frac{1}{a^2 + bc} &= \frac{(a - b)(a + b - c)}{(b^2 + ca)(a^2 + bc)} \geq 0, \\ \frac{1}{c^2 + ab} - \frac{1}{b^2 + ca} &= \frac{(b - c)(b + c - a)}{(c^2 + ab)(b^2 + ca)} \geq 0. \end{aligned}$$

Then, by the rearrangement inequality, we have

$$\begin{aligned} a^2 \cdot \frac{1}{a^2 + bc} + b^2 \cdot \frac{1}{b^2 + ca} + c^2 \cdot \frac{1}{c^2 + ab} &\leq \\ &\leq b^2 \cdot \frac{1}{a^2 + bc} + c^2 \cdot \frac{1}{b^2 + ca} + a^2 \cdot \frac{1}{c^2 + ab}, \end{aligned}$$

which is the desired inequality. □

P 1.165. If a, b, c are the lengths of the sides of a triangle, then

$$a^2(a+b)(b-c) + b^2(b+c)(c-a) + c^2(c+a)(a-b) \geq 0.$$

(Vasile Cîrtoaje, 2006)

First Solution. Assume that

$$a = \max\{a, b, c\},$$

use the substitution

$$a = x + p + q, \quad b = x + p, \quad c = x + q, \quad x, p, q \geq 0,$$

and write the inequality as

$$\begin{aligned} a^2b^2 + b^2c^2 + c^2a^2 - abc(a+b+c) &\geq ab^3 + bc^3 + ca^3 - a^3b - b^3c - c^3a, \\ a^2(b-c)^2 + b^2(c-a)^2 + c^2(a-b)^2 &\geq 2(a+b+c)(a-b)(b-c)(c-a), \\ (x+p+q)^2(p-q)^2 + (x+p)^2p^2 + (x+q)^2q^2 &\geq 2(3x+2p+2q)pq(q-p), \end{aligned}$$

which is equivalent to

$$Ax^2 + 2Bx + C \geq 0,$$

where

$$\begin{aligned} A &= p^2 - pq + q^2 \geq 0, \\ B &= p^3 + q(p-q)^2 \geq 0, \\ C &= (p^2 + pq - q^2)^2 \geq 0. \end{aligned}$$

The equality holds for an equilateral triangle, and also for a degenerate triangle with

$$\frac{a}{2} = \frac{b}{1+\sqrt{5}} = \frac{c}{3+\sqrt{5}}$$

(or any cyclic permutation).

Second Solution. Using the substitution

$$x = \sqrt{\frac{ca}{b}}, \quad y = \sqrt{\frac{ab}{c}}, \quad z = \sqrt{\frac{bc}{a}},$$

we can write the inequality as follows:

$$\begin{aligned} b^2c^2 + c^2a^2 + a^2b^2 &\geq ab(b^2 + c^2 - a^2) + bc(c^2 + a^2 - b^2) + ca(a^2 + b^2 - c^2), \\ \frac{bc}{a} + \frac{ca}{b} + \frac{ab}{c} &\geq 2b \cos A + 2c \cos B + 2a \cos C, \\ x^2 + y^2 + z^2 &\geq 2yz \cos A + 2zx \cos B + 2xy \cos C, \\ (x - y \cos C - z \cos B)^2 + (y \sin C - z \sin B)^2 &\geq 0. \end{aligned}$$

□

P 1.166. If a, b, c are the lengths of the sides of a triangle, then

$$a^2b + b^2c + c^2a \geq \sqrt{abc(a+b+c)(a^2+b^2+c^2)}.$$

(Vasile Cîrtoaje and Vo Quoc Ba Can, 2005)

Solution. Without loss of generality, assume that b is between a and c ; that is

$$(b-a)(b-c) \leq 0.$$

First Solution. By the AM-GM inequality, we have

$$4abc(a+b+c)(a^2+b^2+c^2) \leq [ac(a+b+c) + b(a^2+b^2+c^2)]^2.$$

Thus, we only need to show that

$$2(a^2b + b^2c + c^2a) \geq ac(a+b+c) + b(a^2+b^2+c^2),$$

which is equivalent to

$$\begin{aligned} b[a^2 - (b-c)^2] - ac(a+b-c) &\geq 0, \\ (a+b-c)(a-b)(b-c) &\geq 0. \end{aligned}$$

The equality holds for an equilateral triangle, and also for a degenerate triangle with

$$c = a + b, \quad b^3 = a^2(a + b)$$

(or any cyclic permutation).

Second Solution. The desired inequality is equivalent to $D \geq 0$, where D is the discriminant of the quadratic function

$$f(x) = (a^2 + b^2 + c^2)x^2 - 2(a^2b + b^2c + c^2a)x + abc(a + b + c).$$

For the sake of contradiction, assume that $D < 0$ for some a, b, c . Then, $f(x) > 0$ for all real x . This is not true because

$$f(b) = b(b-a)(b-c)(a+b-c) \leq 0.$$

□

P 1.167. If a, b, c are the lengths of the sides of a triangle, then

$$a^2 \left(\frac{b}{c} - 1 \right) + b^2 \left(\frac{c}{a} - 1 \right) + c^2 \left(\frac{a}{b} - 1 \right) \geq 0.$$

(Vasile Cîrtoaje, Moldova TST, 2006)

First Solution. Using the substitution

$$a = \frac{1}{x}, \quad b = \frac{1}{y}, \quad c = \frac{1}{z},$$

the inequality becomes

$$E(x, y, z) \geq 0,$$

where

$$E(x, y, z) = yz^2(z - y) + zx^2(x - z) + xy^2(y - x).$$

Without loss of generality, assume that

$$a = \min\{a, b, c\}, \quad x = \max\{x, y, z\}.$$

We will show that

$$E(x, y, z) \geq E(y, y, z) \geq 0.$$

We have

$$\begin{aligned} E(x, y, z) - E(y, y, z) &= z(x^3 - y^3) - z^2(x^2 - y^2) + y^3(x - y) - y^2(x^2 - y^2) \\ &= (x - y)(x - z)(xz + yz - y^2) \geq 0, \end{aligned}$$

because

$$xz + yz - y^2 \geq y(2z - y) = \frac{2b - c}{b^2c} = \frac{(b - a) + (a + b - c)}{b^2c} \geq 0.$$

Also,

$$E(y, y, z) = yz(y - z)^2 \geq 0.$$

The equality holds for $a = b = c$.

Second Solution. Write the inequality as $F(a, b, c) \geq 0$, where

$$F(a, b, c) = a^3b^2 + b^3c^2 + c^3a^2 - abc(a^2 + b^2 + c^2).$$

Since

$$\begin{aligned} 2E(a, b, c) &= \left(\sum a^3b^2 + \sum a^2b^3 - 2abc \sum a^2 \right) - \left(\sum a^2b^3 - \sum a^3b^2 \right) \\ &= \left(\sum a^3b^2 + \sum a^3c^2 - 2abc \sum a^2 \right) - \left(\sum a^2b^3 - \sum a^2c^3 \right) \\ &= \sum a^3(b - c)^2 - \sum a^2(b^3 - c^3) \end{aligned}$$

and

$$\sum a^2(b^3 - c^3) = \sum a^2(b - c)^3,$$

we get

$$E(a, b, c) = \sum a^3(b - c)^2 - \sum a^2(b - c)^3 = \sum a^2(b - c)^2(a - b + c) \geq 0.$$

Third Solution. By the Cauchy-Schwarz inequality, we have

$$\sum \frac{a^2b}{c} \geq \frac{(\sum a^2b)^2}{\sum a^2bc}.$$

Therefore, it suffices to show that

$$\left(\sum a^2b\right)^2 \geq abc(a+b+c)(a^2+b^2+c^2),$$

which is the inequality from the previous P 1.166. □

P 1.168. If a, b, c are the lengths of the sides of a triangle, then

$$(a) \quad a^3b + b^3c + c^3a \geq a^2b^2 + b^2c^2 + c^2a^2;$$

$$(b) \quad 3(a^3b + b^3c + c^3a) \geq (ab + bc + ca)(a^2 + b^2 + c^2);$$

$$(c) \quad \frac{a^3b + b^3c + c^3a}{3} \geq \left(\frac{a+b+c}{3}\right)^4.$$

Solution. (a) **First Solution.** Write the inequality as

$$a^2b(a-b) + b^2c(b-c) + c^2a(c-a) \geq 0.$$

Using the substitution

$$a = y + z, \quad b = z + x, \quad c = x + y, \quad x, y, z \geq 0,$$

the inequality turns into

$$xy^3 + yz^3 + zx^3 \geq xyz(x + y + z),$$

which follows from the Cauchy-Schwarz inequality

$$(xy^3 + yz^3 + zx^3)(z + x + y) \geq xyz(y + z + x)^2.$$

The equality holds for an equilateral triangle, and also for a degenerate triangle with $a = 0$ and $b = c$ (or any cyclic permutation).

Second Solution. Multiplying by $a + b + c$, the inequality becomes as follows:

$$\sum a^4b + abc \sum a^2 \geq \sum a^2b^3 + abc \sum ab,$$

$$\begin{aligned}
\sum b^4c + abc \sum a^2 &\geq \sum b^2c^3 + abc \sum ab, \\
\sum \frac{b^3}{a} + \sum a^2 &\geq \sum \frac{bc^2}{a} + \sum ab, \\
\sum a^2 &\geq \sum \frac{b}{a}(c^2 + a^2 - b^2), \\
a^2 + b^2 + c^2 &\geq 2bc \cos B + 2ca \cos C + 2ab \cos A, \\
(a - b \cos A - c \cos C)^2 + (b \sin A - c \sin C)^2 &\geq 0.
\end{aligned}$$

(b) Write the inequality as

$$\sum a^2b(a-b) + \sum b^2(a-b)(a-c) \geq 0.$$

Since $\sum a^2b(a-b) \geq 0$ (according to the inequality in (a)), it suffices to show that

$$\sum b^2(a-b)(a-c) \geq 0.$$

This is a particular case ($x = c, y = a, z = b$) of the following inequality

$$(x-y)(x-z)a^2 + (y-z)(y-x)b^2 + (z-x)(z-y)c^2 \geq 0,$$

where x, y, z are real numbers. If two of x, y, z are equal, then the inequality is trivial. Otherwise, assume that $x > y > z$ and write the inequality as

$$\frac{a^2}{y-z} + \frac{c^2}{x-y} \geq \frac{b^2}{x-z}.$$

Applying the Cauchy-Schwarz inequality, we get

$$\frac{a^2}{y-z} + \frac{c^2}{x-y} \geq \frac{(a+c)^2}{(y-z) + (x-y)} = \frac{(a+c)^2}{x-z} \geq \frac{b^2}{x-z}.$$

The equality holds for $a = b = c$.

(c) According to the inequality (b), it suffices to show that

$$9(ab + bc + ca)(a^2 + b^2 + c^2) \geq (a + b + c)^4.$$

This is equivalent to

$$(A - B)(4B - A) \geq 0,$$

where

$$A = a^2 + b^2 + c^2, \quad B = ab + bc + ca.$$

Since $A \geq B$ and

$$\begin{aligned}
4B - A &> 2(ab + bc + ca) - a^2 - b^2 - c^2 \\
&= a(2b + 2c - a) - (b - c)^2 \\
&\geq a^2 - (b - c)^2 \\
&= (a - b + c)(a + b - c) \geq 0.
\end{aligned}$$

the conclusion follows. The equality holds for $a = b = c$.

□

P 1.169. If a, b, c are the lengths of the sides of a triangle, then

$$2 \left(\frac{a^2}{b^2} + \frac{b^2}{c^2} + \frac{c^2}{a^2} \right) \geq \frac{b^2}{a^2} + \frac{c^2}{b^2} + \frac{a^2}{c^2} + 3.$$

Solution. Write the inequality as follows:

$$\sum \frac{a^2}{b^2} \geq 3 + \sum \frac{b^2}{a^2} - \sum \frac{a^2}{b^2},$$

$$\sum \frac{b^2}{c^2} \geq 3 + \sum \frac{c^2}{b^2} - \sum \frac{a^2}{b^2},$$

$$\sum \frac{b^2}{c^2} \geq \sum \left(1 + \frac{c^2}{b^2} - \frac{a^2}{b^2} \right),$$

$$\sum \frac{b^2}{c^2} \geq 2 \sum \frac{c}{b} \cos A.$$

Putting

$$x = \frac{b}{c}, \quad y = \frac{c}{a}, \quad z = \frac{a}{b},$$

we have $xyz = 1$ and

$$\frac{c}{b} = \frac{1}{x} = yz, \quad \frac{a}{c} = \frac{1}{y} = zx, \quad \frac{b}{a} = \frac{1}{z} = xy.$$

Therefore, we can write the inequality as

$$x^2 + y^2 + z^2 \geq 2yz \cos A + 2zx \cos B + 2xy \cos C,$$

which is equivalent to the obvious inequality

$$(x - y \cos C - z \cos B)^2 + (y \sin C - z \sin B)^2 \geq 0.$$

The equality occurs for $a = b = c$.

□

P 1.170. If a, b, c are the lengths of the sides of a triangle such that $a < b < c$, then

$$\frac{a^2}{a^2 - b^2} + \frac{b^2}{b^2 - c^2} + \frac{c^2}{c^2 - a^2} \leq 0.$$

(Vasile Cîrtoaje, 2003)

Solution. Write the inequality as

$$\frac{a^2}{b^2 - a^2} + \frac{b^2}{c^2 - b^2} \geq \frac{c^2}{c^2 - a^2}.$$

Since $c \leq a + b$, it suffices to show that

$$\frac{a^2}{b^2 - a^2} + \frac{b^2}{c^2 - b^2} \geq \frac{(a + b)^2}{c^2 - a^2},$$

which is equivalent to

$$\begin{aligned} a^2 \left(\frac{1}{b^2 - a^2} - \frac{1}{c^2 - a^2} \right) + b^2 \left(\frac{1}{c^2 - b^2} - \frac{1}{c^2 - a^2} \right) &\geq \frac{2ab}{c^2 - a^2}, \\ \frac{a^2(c^2 - b^2)}{b^2 - a^2} + \frac{b^2(b^2 - a^2)}{c^2 - b^2} &\geq 2ab, \\ \left(a\sqrt{\frac{c^2 - b^2}{b^2 - a^2}} - b\sqrt{\frac{b^2 - a^2}{c^2 - b^2}} \right)^2 &\geq 0. \end{aligned}$$

The equality occurs for a degenerate triangle with $c = a + b$ and $a = xb$, where $x \approx 0.53209$ is the positive root of the equation $x^3 + 3x^2 - 1 = 0$.

□

P 1.171. If a, b, c are the lengths of the sides of a triangle, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + 3 \geq 2 \left(\frac{a+b}{b+c} + \frac{b+c}{c+a} + \frac{c+a}{a+b} \right).$$

(Manlio Marangelli, 2008)

First Solution. Assume that $c = \max\{a, b, c\}$. If $a \leq b \leq c$, then the inequality follows from P 1.157. Consider further that

$$b \leq a \leq c.$$

Write the inequality as follows:

$$\begin{aligned} \sum \left(\frac{a}{b} - 1 \right) &\geq 2 \sum \left(\frac{b+c}{c+a} - 1 \right), \\ \sum (a-b) \left(\frac{1}{b} + \frac{2}{c+a} \right) &\geq 0, \\ (a-b) \left(\frac{1}{b} + \frac{2}{c+a} \right) + [(b-a) + (a-c)] \left(\frac{1}{c} + \frac{2}{a+b} \right) + (c-a) \left(\frac{1}{a} + \frac{2}{b+c} \right) &\geq 0, \\ (a-b) \left(\frac{1}{b} + \frac{2}{c+a} - \frac{1}{c} - \frac{2}{a+b} \right) + (c-a) \left(\frac{1}{a} + \frac{2}{b+c} - \frac{1}{c} - \frac{2}{a+b} \right) &\geq 0, \end{aligned}$$

$$(a-b)(c-b) \left[\frac{1}{bc} - \frac{2}{(a+b)(a+c)} \right] + (c-a)^2 \left[\frac{1}{ac} - \frac{2}{(a+b)(b+c)} \right] \geq 0.$$

Since

$$\frac{1}{bc} - \frac{2}{(a+b)(a+c)} = \frac{c(a-b) + a(a+b)}{bc(a+b)(a+c)} \geq \frac{a(a+b)}{bc(a+b)(a+c)} = \frac{a}{bc(a+c)}$$

and

$$\frac{1}{ac} - \frac{2}{(a+b)(b+c)} = \frac{-c(a-b) + b(a+b)}{ac(a+b)(b+c)} > \frac{-c(a-b)}{ac(a+b)(b+c)} = \frac{-(a-b)}{a(a+b)(b+c)},$$

it suffices to show that

$$\frac{(a-b)(c-b)a}{bc(a+c)} - \frac{(c-a)^2(a-b)}{a(a+b)(b+c)} \geq 0,$$

which is true if

$$\frac{(c-b)a}{bc(a+c)} \geq \frac{(c-a)^2}{a(a+b)(b+c)}.$$

We can get this by multiplying the inequalities

$$c-b \geq c-a,$$

$$\frac{1}{b} \geq \frac{1}{a},$$

$$\frac{1}{c} \geq \frac{1}{a+b},$$

$$\frac{a}{a+c} \geq \frac{c-a}{b+c}.$$

The last inequality is true since

$$\frac{a}{a+c} - \frac{c-a}{b+c} \geq \frac{a}{a+c} - \frac{b}{b+c} = \frac{c(a-b)}{(a+c)(b+c)} \geq 0.$$

The equality holds for $a = b = c$.

Second Solution (by Vo Quoc Ba Can). Since

$$\sum \frac{a+b}{b+c} = \sum \left(1 + \frac{a-c}{b+c} \right) = 3 + \sum \frac{a-c}{b+c},$$

we can write the desired inequality as

$$\sum \frac{a}{b} - 3 \geq 2 \sum \frac{a-c}{b+c}.$$

Since

$$(ab+bc+ca) \left(\sum \frac{a}{b} - 3 \right) = \sum a^2 - 2 \sum ab + \sum \frac{a^2 c}{b}$$

and

$$\begin{aligned} (ab + bc + ca) \sum \frac{a-c}{b+c} &= [a(b+c) + bc] \sum \frac{a-c}{b+c} \\ &= \sum a^2 - \sum ab + \sum \frac{bc(a-c)}{b+c}, \end{aligned}$$

the inequality is equivalent to

$$\sum \frac{a^2c}{b} + 2 \sum \frac{bc(c-a)}{b+c} \geq \sum a^2.$$

Since

$$\sum \frac{a^2c}{b} \geq \sum a^2$$

(see the inequality in P 1.167), we only need to show that

$$\sum \frac{bc(c-a)}{b+c} \geq 0.$$

Write this inequality as follows:

$$\sum bc(c^2 - a^2)(a+b) \geq 0,$$

$$\sum (c^2 - a^2) \left(1 + \frac{b}{a}\right) \geq 0,$$

$$\sum (c^2 - a^2) \frac{b}{a} \geq 0,$$

$$\sum \frac{bc^2}{a} \geq \sum ab.$$

According to P 1.167, we have

$$\sum \frac{bc^2}{a} \geq \sum a^2 \geq \sum ab.$$

□

P 1.172. Let a, b, c be the lengths of the sides of a triangle. If $k \geq 2$, then

$$a^k b(a-b) + b^k c(b-c) + c^k a(c-a) \geq 0.$$

(Vasile Cîrtoaje, 1986)

Solution (by Darij Grinberg). For $k = 2$, we get the known inequality (a) in P 1.168:

$$a^2b(a-b) + b^2c(b-c) + c^2a(c-a) \geq 0.$$

We will prove the following more general statement: if f is an increasing nonnegative function defined on $[0, \infty)$, then

$$E(a, b, c) \geq 0,$$

where

$$E(a, b, c) = a^2bf(a)(a-b) + b^2cf(b)(b-c) + c^2af(c)(c-a).$$

For $f(x) = x^{k-2}$, $k \geq 2$, we get the original inequality. In order to prove the claimed generalization, assume that $a = \max\{a, b, c\}$. There are two cases to consider.

Case 1: $a \geq b \geq c$. Since

$$f(a) \geq f(b) \geq f(c) \geq 0,$$

we have

$$\begin{aligned} E(a, b, c) &\geq a^2bf(c)(a-b) + b^2cf(c)(b-c) + c^2af(c)(c-a) \\ &= f(c)[a^2b(a-b) + b^2c(b-c) + c^2a(c-a)] \geq 0. \end{aligned}$$

Case 2: $a \geq c \geq b$. Since

$$f(a) \geq f(c) \geq f(b) \geq 0,$$

we have

$$\begin{aligned} E(a, b, c) &\geq a^2bf(a)(a-b) + b^2cf(a)(b-c) + c^2af(a)(c-a) \\ &= f(a)[a^2b(a-b) + b^2c(b-c) + c^2a(c-a)] \geq 0. \end{aligned}$$

The equality holds for $a = b = c$, and also for a degenerate triangle with $a = 0$ and $b = c$ (or any cyclic permutation).

□

P 1.173. Let a, b, c be the lengths of the sides of a triangle. If $k \geq 1$, then

$$3(a^{k+1}b + b^{k+1}c + c^{k+1}a) \geq (a+b+c)(a^kb + b^kc + c^ka).$$

Solution. For $k = 1$, the inequality is equivalent to

$$2(a^2b + b^2c + c^2a) \geq ab^2 + bc^2 + ca^2 + 3abc,$$

$$(2c-a)b^2 + (2a^2-3ac-c^2)b - ac(a-2c) \geq 0.$$

Assuming that $a = \min\{a, b, c\}$ and making the substitution

$$b = x + \frac{a+c}{2},$$

this inequality becomes

$$(2c - a)x^2 + \left(x + \frac{3a}{4}\right)(a - c)^2 \geq 0.$$

It is true since

$$4x + 3a = a + 4b - 2c = 2(a + b - c) + (2b - a) > 0.$$

In order to prove the desired inequality for $k > 1$, we rewrite it as

$$a^k b(2a - b - c) + b^k c(2b - c - a) + c^k a(2c - a - b) \geq 0.$$

We will prove that if f is an increasing nonnegative function defined on $[0, \infty)$, then $E(a, b, c) \geq 0$, where

$$E(a, b, c) = ab(2a - b - c)f(a) + bc(2b - c - a)f(b) + ca(2c - a - b)f(c).$$

For $f(x) = x^{k-1}$, $k \geq 1$, we get the original inequality. In order to prove this generalization, assume that $a = \max\{a, b, c\}$. There are two cases to consider.

Case 1: $a \geq b \geq c$. Since $f(a) \geq f(b) \geq f(c) \geq 0$, we have

$$\begin{aligned} E(a, b, c) &\geq ab(2a - b - c)f(b) + bc(2b - c - a)f(b) + ca(2c - a - b)f(c) \\ &= b[2(a - b)(a - c) + ab - c^2]f(b) + ca(2c - a - b)f(c) \\ &\geq b[2(a - b)(a - c) + ab - c^2]f(c) + ca(2c - a - b)f(c) \\ &= [2(a^2b + b^2c + c^2a) - ab^2 - bc^2 - ca^2 - 3abc]f(c) \geq 0. \end{aligned}$$

Case 2: $a \geq c \geq b$. Since $f(a) \geq f(c) \geq f(b) \geq 0$, we have

$$\begin{aligned} E(a, b, c) &\geq ab(2a - b - c)f(c) + bc(2b - c - a)f(b) + ca(2c - a - b)f(c) \\ &= a[(c - b)(2c - a) + b(a - b)]f(c) + bc(2b - c - a)f(b). \end{aligned}$$

Since

$$(c - b)(2c - a) + b(a - b) \geq (c - b)(b + c - a) + b(a - b) \geq 0,$$

we get

$$\begin{aligned} E(a, b, c) &\geq a[(c - b)(2c - a) + b(a - b)]f(b) + bc(2b - c - a)f(b) \\ &= [2(a^2b + b^2c + c^2a) - ab^2 - bc^2 - ca^2 - 3abc]f(b) \geq 0. \end{aligned}$$

The equality holds for $a = b = c$.

Remark. For $k = 1$, the inequality has the form

$$2\left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c}\right) \geq \frac{a}{b} + \frac{b}{c} + \frac{c}{a} + 3.$$

A sharper inequality is the following

$$3\left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c}\right) \geq 2\left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a}\right) + 3.$$

Using the substitution

$$b = x + \frac{a+c}{2},$$

this inequality turns into

$$(3c - 2a)x^2 + \left(x + a - \frac{c}{4}\right)(a - c)^2 \geq 0,$$

which is true since, on the assumption $a = \min\{a, b, c\}$, we have $3c - 2a > 0$ and

$$4x + 4a - c = 2a + 4b - 3c = 3(a + b - c) + (b - a) > 0.$$

□

P 1.174. Let a, b, c, d be positive real numbers such that $a + b + c + d = 4$. Prove that

$$\frac{a}{3+b} + \frac{b}{3+c} + \frac{c}{3+d} + \frac{d}{3+a} \geq 1.$$

Solution. By the Cauchy-Schwarz inequality, we have

$$\sum \frac{a}{3+b} \geq \frac{(\sum a)^2}{\sum a(3+b)} = \frac{16}{12 + \sum ab}.$$

Therefore, it suffices to show that

$$ab + bc + cd + da \leq 4.$$

Indeed,

$$ab + bc + cd + da = (a+c)(b+d) \leq \left[\frac{(a+c) + (b+d)}{2}\right]^2 = 2.$$

The equality occurs for $a = b = c = d = 1$.

□

P 1.175. Let a, b, c, d be positive real numbers such that $a + b + c + d = 4$. Prove that

$$\frac{a}{1+b^2} + \frac{b}{1+c^2} + \frac{c}{1+d^2} + \frac{d}{1+a^2} \geq 2.$$

Solution. Since

$$\frac{a}{1+b^2} = a - \frac{ab^2}{1+b^2},$$

the inequality is equivalent to

$$\frac{ab^2}{1+b^2} + \frac{bc^2}{1+c^2} + \frac{cd^2}{1+d^2} + \frac{da^2}{1+a^2} \leq 2.$$

Since

$$\frac{ab^2}{1+b^2} \leq \frac{ab^2}{2b} = \frac{ab}{2},$$

it suffices to show that

$$ab + bc + cd + da \leq 4.$$

Indeed, we have

$$ab + bc + cd + da = (a+c)(b+d) \leq \left[\frac{(a+c) + (b+d)}{2} \right]^2 = 2.$$

The equality occurs for $a = b = c = d = 1$.

□

P 1.176. If a, b, c, d are nonnegative real numbers such that $a + b + c + d = 4$, then

$$a^2bc + b^2cd + c^2da + d^2ab \leq 4.$$

(Song Yoon Kim, 2006)

Solution. Let (x, y, z, t) be a permutation of (a, b, c, d) such that

$$x \geq y \geq z \geq t,$$

hence

$$xyz \geq xyt \geq xzt \geq yzt.$$

By the rearrangement inequality, we have

$$\begin{aligned} a^2bc + b^2cd + c^2da + d^2ab &= a \cdot abc + b \cdot bcd + c \cdot cda + d \cdot dab \\ &\leq x \cdot xyz + y \cdot xyt + z \cdot xzt + t \cdot yzt \\ &= (xy + zt)(xz + yt). \end{aligned}$$

Consequently, it suffices to show that $x + y + z + t = 4$ involves

$$(xy + zt)(xz + yt) \leq 4.$$

Indeed, by the AM-GM inequality, we have

$$(xy + zt)(xz + yt) \leq \frac{1}{4}(xy + zt + xz + yt)^2 = \frac{1}{4}(x + t)^2(y + z)^2 \leq 4,$$

because

$$(x+t)(y+z) \leq \frac{1}{4}(x+t+y+z)^2 = 4.$$

The equality holds for $a = b = c = d = 1$, and also for $a = 2, b = c = 1$ and $d = 0$ (or any cyclic permutation).

□

P 1.177. If a, b, c, d are nonnegative real numbers such that $a + b + c + d = 4$, then

$$a(b+c)^2 + b(c+d)^2 + c(d+a)^2 + d(a+b)^2 \leq 16.$$

Solution (by Vo Quoc Ba Can). Write the inequality as

$$(a+b+c+d)^3 \geq 4[a(b+c)^2 + b(c+d)^2 + c(d+a)^2 + d(a+b)^2].$$

Since

$$(a+b+c+d)^2 \geq 4(a+b)(c+d),$$

we have

$$\begin{aligned} (a+b+c+d)^3 &\geq 4(a+b)(c+d)(a+b+c+d) \\ &= 4(c+d)(a+b)^2 + 4(a+b)(c+d)^2. \end{aligned}$$

Therefore, it suffices to show that

$$(c+d)(a+b)^2 + (a+b)(c+d)^2 \geq a(b+c)^2 + b(c+d)^2 + c(d+a)^2 + d(a+b)^2,$$

which is equivalent to

$$\begin{aligned} c(a+b)^2 + a(c+d)^2 &\geq a(b+c)^2 + c(d+a)^2, \\ a[(c+d)^2 - (b+c)^2] + c[(a+b)^2 - (d+a)^2] &\geq 0, \\ (b+d)(b-d)(c-a) &\geq 0. \end{aligned}$$

Similarly, due to cyclicity, the desired inequality is true if

$$(c+a)(c-a)(d-b) \geq 0.$$

Since one of the inequalities $(b-d)(c-a) \geq 0$ and $(c-a)(d-b) \geq 0$ is true, the conclusion follows. The equality holds for $a = c$ and $b = d$.

□

P 1.178. If a, b, c, d are positive real numbers, then

$$\frac{a-b}{b+c} + \frac{b-c}{c+d} + \frac{c-d}{d+a} + \frac{d-a}{a+b} \geq 0.$$

Solution. We have

$$\begin{aligned}
 \frac{a-b}{b+c} + \frac{c-d}{d+a} + 2 &= \frac{a+c}{b+c} + \frac{a+c}{d+a} \\
 &= (a+c) \left(\frac{1}{b+c} + \frac{1}{d+a} \right) \\
 &\geq (a+c) \frac{4}{(b+c) + (d+a)} \\
 &= \frac{4(a+c)}{a+b+c+d}.
 \end{aligned}$$

Similarly,

$$\frac{b-c}{c+d} + \frac{d-a}{a+b} + 2 \geq \frac{4(b+d)}{a+b+c+d}.$$

Adding these inequalities yields the desired inequality. The equality holds for $a = c$ and $b = d$.

Remark. It seems that the following inequality holds for a, b, c, d, e positive real numbers (Vasile Cîrtoaje, AMM, 5, 1998):

$$\frac{a-b}{b+c} + \frac{b-c}{c+d} + \frac{c-d}{d+e} + \frac{d-e}{e+a} + \frac{e-a}{a+b} \geq 0.$$

The most difficult case (open) is $a \geq b \geq d \geq c \geq e$. □

P 1.179. If a, b, c, d are positive real numbers, then

$$(a) \quad \frac{a-b}{a+2b+c} + \frac{b-c}{b+2c+d} + \frac{c-d}{c+2d+a} + \frac{d-a}{d+2a+b} \geq 0;$$

$$(b) \quad \frac{a}{2a+b+c} + \frac{b}{2b+c+d} + \frac{c}{2c+d+a} + \frac{d}{2d+a+b} \leq 1.$$

Solution. (a) Write the inequality as

$$\begin{aligned}
 \sum \left(\frac{a-b}{a+2b+c} + \frac{1}{2} \right) &\geq 2, \\
 \sum \frac{3a+c}{a+2b+c} &\geq 4.
 \end{aligned}$$

By the Cauchy-Schwarz inequality, we get

$$\begin{aligned}
 \sum \frac{3a+c}{a+2b+c} &\geq \frac{[\sum(3a+c)]^2}{\sum(3a+c)(a+2b+c)} \\
 &= \frac{16(\sum a)^2}{4(\sum a^2 + 2\sum ab + \sum ac)} \\
 &= \frac{4(\sum a)^2}{(\sum a)^2} = 4.
 \end{aligned}$$

The equality holds for $a = b = c = d$.

(b) Write the inequality as

$$\sum \left(\frac{1}{2} - \frac{a}{2a+b+c} \right) \geq 1,$$

$$\sum \frac{b+c}{2a+b+c} \geq 2.$$

By the Cauchy-Schwarz inequality, we get

$$\begin{aligned} \sum \frac{b+c}{2a+b+c} &\geq \frac{[\sum(b+c)]^2}{\sum(b+c)(2a+b+c)} \\ &= \frac{4(\sum a)^2}{2(\sum a^2 + 2\sum ab + \sum ac)} \\ &= \frac{2(\sum a)^2}{(\sum a)^2} = 2. \end{aligned}$$

The equality holds for $a = b = c = d$.

Open problem 1. If a, b, c, d, e are positive real numbers, then

$$\frac{a-b}{a+2b+c} + \frac{b-c}{b+2c+d} + \frac{c-d}{c+2d+e} + \frac{d-e}{d+2e+a} + \frac{e-a}{e+2a+b} \geq 0.$$

Open problem 2 (by Ando). If a_1, a_2, \dots, a_n ($n \geq 4$) are positive real numbers, then

$$\frac{a_1}{(n-2)a_1+a_2+a_3} + \frac{a_2}{(n-2)a_2+a_3+a_4} + \dots + \frac{a_n}{(n-2)a_n+a_1+a_2} \leq 1.$$

□

P 1.180. If a, b, c, d are positive real numbers such that $abcd = 1$, then

$$\frac{1}{a(a+b)} + \frac{1}{b(b+c)} + \frac{1}{c(c+d)} + \frac{1}{d(d+a)} \geq 2.$$

(Vasile Cîrtoaje, G. Dospinescu, 2007)

Solution. Making the substitution

$$a = \sqrt{\frac{y}{x}}, \quad b = \sqrt{\frac{z}{y}}, \quad c = \sqrt{\frac{t}{z}}, \quad d = \sqrt{\frac{x}{t}},$$

where x, y, z, t are positive real numbers, the inequality can be rewritten as

$$\frac{x}{y + \sqrt{xz}} + \frac{y}{z + \sqrt{yt}} + \frac{z}{t + \sqrt{zx}} + \frac{t}{x + \sqrt{ty}} \geq 2.$$

Since

$$2\sqrt{xz} \leq x + z, \quad 2\sqrt{yt} \leq y + t,$$

it suffices to show that

$$\frac{x}{x+2y+z} + \frac{y}{y+2z+t} + \frac{z}{z+2t+x} + \frac{t}{t+2x+y} \geq 1.$$

By the Cauchy-Schwarz inequality, we have

$$\sum \frac{x}{z+2y+z} \geq \frac{(\sum x)^2}{\sum x(x+2y+z)} = \frac{(\sum x)^2}{\sum x^2 + 2\sum xy + \sum xz} = 1.$$

The equality holds for $a = c = \frac{1}{b} = \frac{1}{d}$.

Open problem 1. If a_1, a_2, \dots, a_n are positive real numbers such that $a_1 a_2 \cdots a_n = 1$, then

$$\frac{1}{a_1^2 + a_1 a_2} + \frac{1}{a_2^2 + a_2 a_3} + \cdots + \frac{1}{a_n^2 + a_n a_1} \geq \frac{n}{2}.$$

Open problem 2. If a_1, a_2, \dots, a_n are positive real numbers, then

$$\frac{1}{a_1^2 + a_1 a_2} + \frac{1}{a_2^2 + a_2 a_3} + \cdots + \frac{1}{a_n^2 + a_n a_1} \geq \frac{n^2}{2(a_1 a_2 + a_2 a_3 + \cdots + a_n a_1)}.$$

Remark 1. Using the substitution

$$a_1 = \frac{x_2}{x_1}, \quad a_2 = \frac{x_3}{x_2}, \quad \dots, \quad a_n = \frac{x_1}{x_n},$$

the inequality in Open problem 1 becomes

$$\frac{x_1^2}{x_2^2 + x_1 x_3} + \frac{x_2^2}{x_3^2 + x_2 x_4} + \cdots + \frac{x_n^2}{x_1^2 + x_n x_2} \geq \frac{n}{2},$$

where $x_1, x_2, \dots, x_n > 0$. This cyclic inequality is like Shapiro's inequality

$$\frac{x_1}{x_2 + x_3} + \frac{x_2}{x_3 + x_4} + \cdots + \frac{x_n}{x_1 + x_2} \geq \frac{n}{2},$$

which is true for even $n \leq 12$ and for odd $n \leq 23$.

Remark 2. By the AM-GM inequality, we have

$$a_1 a_2 + a_2 a_3 + \cdots + a_n a_1 \geq n \sqrt[n]{a_1^2 a_2^2 \cdots a_n^2}.$$

Thus, the inequality in Open problem 2 is weaker than the inequality in Open problem 1. Therefore, if Open problem 1 is true, then Open problem 2 is also true. □

P 1.181. If a, b, c, d are positive real numbers, then

$$\frac{1}{a(1+b)} + \frac{1}{b(1+c)} + \frac{1}{c(1+d)} + \frac{1}{d(1+a)} \geq \frac{16}{1+8\sqrt{abcd}}.$$

(Pham Kim Hung, 2007)

Solution. Let $p = \sqrt[4]{abcd}$. Putting

$$a = p\frac{x_2}{x_1}, \quad b = p\frac{x_3}{x_2}, \quad c = p\frac{x_4}{x_3}, \quad d = p\frac{x_1}{x_4},$$

where x_1, x_2, x_3, x_4 are positive real numbers, the inequality turns into

$$\sum \frac{x_1}{x_2 + px_3} \geq \frac{16p}{1+8p^2}.$$

By the Cauchy-Schwarz inequality, we have

$$\sum \frac{x_1}{x_2 + px_3} \geq \frac{(\sum x_1)^2}{\sum x_1(x_2 + px_3)} = \frac{(\sum x_1)^2}{(x_1 + x_3)(x_2 + x_4) + 2p(x_1x_3 + x_2x_4)}.$$

Since

$$x_1x_3 + x_2x_4 \leq \left(\frac{x_1 + x_3}{2}\right)^2 + \left(\frac{x_2 + x_4}{2}\right)^2,$$

it suffices to show that

$$\frac{(A+B)^2}{2AB + p(A^2 + B^2)} \geq \frac{8p}{1+8p^2},$$

where

$$A = x_1 + x_3, \quad B = x_2 + x_4.$$

This inequality is equivalent to

$$A^2 + B^2 + 2(8p^2 - 8p + 1)AB \geq 0,$$

which is true because

$$\begin{aligned} A^2 + B^2 + 2(8p^2 - 8p + 1)AB &\geq 2AB + 2(8p^2 - 8p + 1)AB \\ &= 4(2p - 1)^2 AB \geq 0. \end{aligned}$$

The equality holds for $a = b = c = d = \frac{1}{2}$.

□

P 1.182. If a, b, c, d are nonnegative real numbers such that $a^2 + b^2 + c^2 + d^2 = 4$, then

$$(a) \quad 3(a + b + c + d) \geq 2(ab + bc + cd + da) + 4;$$

$$(b) \quad a + b + c + d - 4 \geq (2 - \sqrt{2})(ab + bc + cd + da - 4).$$

(Vasile Cîrtoaje, 2006)

Solution. Let $p = a + b + c + d$. By the Cauchy-Schwarz inequality

$$(1 + 1 + 1 + 1)(a^2 + b^2 + c^2 + d^2) \geq (a + b + c + d)^2,$$

we get $p \leq 4$, and by the inequality

$$(a + b + c + d)^2 \geq a^2 + b^2 + c^2 + d^2,$$

we get $p \geq 2$. In addition, we have

$$ab + bc + cd + da = (a + c)(b + d) \leq \frac{(a + c + b + d)^2}{4} = \frac{p^2}{4}.$$

(a) It suffices to show that

$$3p \geq \frac{p^2}{2} + 4.$$

Indeed,

$$3p - \frac{p^2}{2} - 4 = \frac{(4 - p)(p - 2)}{2} \geq 0.$$

The equality holds for $a = b = c = d = 1$.

(b) It suffices to show that

$$p - 4 \geq (2 - \sqrt{2}) \left(\frac{p^2}{4} - 4 \right).$$

This inequality is equivalent to

$$(4 - p)(p - 2\sqrt{2}) \geq 0,$$

which is true for $p \geq 2\sqrt{2}$. So, it remains to consider the case $2 \leq p < 2\sqrt{2}$. Since

$$2(ab + bc + cd + da) \leq (a + b + c + d)^2 - (a^2 + b^2 + c^2 + d^2) = p^2 - 4,$$

it is enough to prove that

$$p - 4 \geq (2 - \sqrt{2}) \left(\frac{p^2 - 4}{2} - 4 \right).$$

Write this inequality as

$$(2 + \sqrt{2})(p - 4) \geq p^2 - 12,$$

$$(2\sqrt{2} - p)(p - 2 + \sqrt{2}) \geq 0.$$

The equality holds for $a = b = c = d = 1$, and also for $a = b = 0$ and $c = d = \sqrt{2}$ (or any cyclic permutation).

□

P 1.183. Let a, b, c, d be positive real numbers.

(a) If $a, b, c, d \geq 1$, then

$$\left(a + \frac{1}{b}\right) \left(b + \frac{1}{c}\right) \left(c + \frac{1}{d}\right) \left(d + \frac{1}{a}\right) \geq (a + b + c + d) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d}\right);$$

(b) If $abcd = 1$, then

$$\left(a + \frac{1}{b}\right) \left(b + \frac{1}{c}\right) \left(c + \frac{1}{d}\right) \left(d + \frac{1}{a}\right) \leq (a + b + c + d) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d}\right).$$

(Vasile Cîrtoaje and Ji Chen, 2011)

Solution. Let

$$\begin{aligned} A &= (1 + ab)(1 + bc)(1 + cd)(1 + da) \\ &= 1 + \sum ab + \sum a^2bd + 2abcd + abcd \sum ab + a^2b^2c^2d^2 \\ &= (1 - abcd)^2 + 4abcd + (1 + abcd) \sum ab + \sum a^2bd \\ &= (1 - abcd)^2 + 4abcd + (1 + abcd)(a + c)(b + d) + \sum a^2bd \end{aligned}$$

and

$$\begin{aligned} B &= (a + b + c + d)(abc + bcd + cda + dab) \\ &= 4abcd + \sum a^2(bc + cd + db) \\ &= 4abcd + \sum a^2c(b + d) + \sum a^2bd \\ &= 4abcd + (ac + bd)(a + c)(b + d) + \sum a^2bd. \end{aligned}$$

Thus,

$$\begin{aligned} A - B &= (1 - abcd)^2 + (1 + abcd)(a + c)(b + d) - (ac + bd)(a + c)(b + d) \\ &= (1 - abcd)^2 + (1 - ac)(1 - bd)(a + c)(b + d). \end{aligned}$$

(a) The inequality $A \geq B$ is clearly true for $a, b, c, d \geq 1$. The equality holds for $a = b = c = d = 1$.

(b) For $abcd = 1$, we have

$$B - A = \frac{1}{ac}(1 - ac)^2(a + c)(b + d) \geq 0.$$

The equality holds for $ac = bd = 1$.

□

P 1.184. If a, b, c, d are positive real numbers, then

$$\left(1 + \frac{a}{a+b}\right)^2 + \left(1 + \frac{b}{b+c}\right)^2 + \left(1 + \frac{c}{c+d}\right)^2 + \left(1 + \frac{d}{d+a}\right)^2 > 7.$$

(Vasile Cîrtoaje, 2012)

First Solution. Assume that $d = \max\{a, b, c, d\}$. We get the desired inequality by summing the inequalities

$$\left(1 + \frac{a}{a+b}\right)^2 + \left(1 + \frac{b}{b+c}\right)^2 + \left(1 + \frac{c}{c+a}\right)^2 > 6$$

and

$$\left(1 + \frac{c}{c+d}\right)^2 + \left(1 + \frac{d}{d+a}\right)^2 > 1 + \left(1 + \frac{c}{c+a}\right)^2.$$

Let

$$x = \frac{a-b}{a+b}, \quad y = \frac{b-c}{b+c}, \quad z = \frac{c-a}{c+a}.$$

We have $-1 < x, y, z < 1$ and

$$x + y + z + xyz = 0.$$

Since

$$\frac{a}{a+b} = \frac{x+1}{2}, \quad \frac{b}{b+c} = \frac{y+1}{2}, \quad \frac{c}{c+a} = \frac{z+1}{2},$$

we can write the first inequality as follows:

$$(x+3)^2 + (y+3)^2 + (z+3)^2 > 24,$$

$$x^2 + y^2 + z^2 + 6(x+y+z) + 3 > 0,$$

$$x^2 + y^2 + z^2 + 3 > 6xyz.$$

By the AM-GM inequality, we have

$$x^2 + y^2 + z^2 + 3 \geq 6\sqrt[6]{x^2y^2z^2} > 6xyz.$$

Write now the second inequality as

$$\left(1 + \frac{c}{c+d}\right)^2 - 1 > \left(\frac{c}{c+a} - \frac{d}{d+a}\right) \left(2 + \frac{c}{c+a} + \frac{d}{d+a}\right).$$

Since

$$\frac{c}{c+a} - \frac{d}{d+a} = \frac{a(c-d)}{(c+a)(d+a)} \leq 0,$$

we have

$$\left(1 + \frac{c}{c+d}\right)^2 - 1 > 0 \geq \left(\frac{c}{c+a} - \frac{d}{d+a}\right) \left(2 + \frac{c}{c+a} + \frac{d}{d+a}\right).$$

Second Solution. Using the inequality

$$(1+x)^2 > 1+3x^2, \quad 0 < x < 1,$$

we have

$$\begin{aligned} & \left(1 + \frac{a}{a+b}\right)^2 + \left(1 + \frac{b}{b+c}\right)^2 + \left(1 + \frac{c}{c+d}\right)^2 + \left(1 + \frac{d}{d+a}\right)^2 > \\ & > 4 + 3 \left[\left(\frac{a}{a+b}\right)^2 + \left(\frac{b}{b+c}\right)^2 + \left(\frac{c}{c+d}\right)^2 + \left(\frac{d}{d+a}\right)^2 \right]. \end{aligned}$$

Therefore, it suffices to prove that

$$\left(\frac{a}{a+b}\right)^2 + \left(\frac{b}{b+c}\right)^2 + \left(\frac{c}{c+d}\right)^2 + \left(\frac{d}{d+a}\right)^2 \geq 1,$$

which is equivalent to the known inequality in P 1.191 from Volume 2:

$$\frac{1}{(1+x)^2} + \frac{1}{(1+y)^2} + \frac{1}{(1+z)^2} + \frac{1}{(1+t)^2} \geq 1,$$

where

$$x = \frac{a}{b}, \quad y = \frac{b}{c}, \quad z = \frac{c}{d}, \quad t = \frac{d}{a}, \quad xyzt = 1.$$

□

P 1.185. If a, b, c, d are positive real numbers, then

$$\frac{a^2 - bd}{b + 2c + d} + \frac{b^2 - ca}{c + 2d + a} + \frac{c^2 - db}{d + 2a + b} + \frac{d^2 - ac}{a + 2b + c} \geq 0.$$

(Vo Quoc Ba Can, 2009)

Solution. Write the inequality as follows:

$$\begin{aligned} & \sum \left(\frac{4a^2 - 4bd}{b + 2c + d} + b + d - 2a \right) \geq 0, \\ & \sum \frac{(b-d)^2 + 2(a-c)(2a-b-d)}{b + 2c + d} \geq 0. \end{aligned}$$

It suffices to show that

$$\sum \frac{(a-c)(2a-b-d)}{b + 2c + d} \geq 0.$$

This inequality is equivalent to

$$(a-c) \left(\frac{2a-b-d}{b+2c+d} - \frac{2c-d-b}{d+2a+b} \right) + (b-d) \left(\frac{2b-c-a}{c+2d+a} - \frac{2d-a-c}{a+2b+c} \right) \geq 0,$$

which can be written as

$$\frac{(a-c)(a^2-c^2)}{(b+2c+d)(d+2a+b)} + \frac{(b-d)(b^2-d^2)}{(c+2d+a)(a+2b+c)} \geq 0.$$

The equality occurs for $a = c$ and $b = d$.

□

P 1.186. If a, b, c, d are positive real numbers such that $a \leq b \leq c \leq d$, then

$$\sqrt{\frac{2a}{a+b}} + \sqrt{\frac{2b}{b+c}} + \sqrt{\frac{2c}{c+d}} + \sqrt{\frac{2d}{d+a}} \leq 4.$$

(Vasile Cîrtoaje, 2009)

Solution. According to the inequality in P 1.74, we have

$$\sqrt{\frac{2a}{a+b}} + \sqrt{\frac{2b}{b+c}} + \sqrt{\frac{2c}{c+a}} \leq 3.$$

Therefore, it suffices to show that

$$\sqrt{\frac{2c}{c+d}} + \sqrt{\frac{2d}{d+a}} \leq 1 + \sqrt{\frac{2c}{c+a}}.$$

By squaring, this inequality becomes

$$\frac{2c}{c+d} + \frac{2d}{d+a} + 2\sqrt{\frac{4cd}{(c+d)(d+a)}} \leq 1 + \frac{2c}{c+a} + 2\sqrt{\frac{2c}{c+a}}.$$

We can get it by summing the inequalities

$$\begin{aligned} \frac{2c}{c+d} + \frac{2d}{d+a} &\leq 1 + \frac{2c}{c+a}, \\ 2\sqrt{\frac{4cd}{(c+d)(d+a)}} &\leq 2\sqrt{\frac{2c}{c+a}}. \end{aligned}$$

The former inequality is true since

$$\frac{2c}{c+d} + \frac{2d}{d+a} - 1 - \frac{2c}{c+a} = \frac{(a-d)(d-c)(c-a)}{(c+d)(d+a)(a+c)} \leq 0,$$

while the second inequality reduces to

$$c(a-d)(d-c) \leq 0.$$

The equality holds for $a = b = c = d$.

□

P 1.187. Let a, b, c, d be nonnegative real numbers, and let

$$x = \frac{a}{b+c}, \quad y = \frac{b}{c+d}, \quad z = \frac{c}{d+a}, \quad t = \frac{d}{a+b}.$$

Prove that

$$(a) \quad \sqrt{xz} + \sqrt{yt} \leq 1;$$

$$(b) \quad x + y + z + t + 4(xz + yt) \geq 4.$$

(Vasile Cîrtoaje, 2004)

Solution. (a) Using the Cauchy-Schwarz inequality, we have

$$\begin{aligned} \sqrt{xz} + \sqrt{yt} &= \frac{\sqrt{ac}}{\sqrt{(b+c)(d+a)}} + \frac{\sqrt{bd}}{\sqrt{(c+d)(a+b)}} \\ &\leq \frac{\sqrt{ac}}{\sqrt{ac} + \sqrt{bd}} + \frac{\sqrt{bd}}{\sqrt{ac} + \sqrt{bd}} = 1. \end{aligned}$$

The equality holds for $a = b = c = d$, for $a = c = 0$, and for $b = d = 0$

(b) Write the inequality as

$$A + B \geq 6,$$

where

$$\begin{aligned} A = x + z + 4xz + 1 &= \frac{(a+b)(c+d) + (a+c)^2 + ab + 2ac + cd}{(b+c)(d+a)} \\ &= \frac{(a+b)(c+d)}{(b+c)(d+a)} + \frac{(a+c)^2}{(b+c)(d+a)} + \frac{a}{d+a} + \frac{c}{b+c}, \\ B = y + t + 4yt + 1 &= \frac{(b+c)(d+a)}{(c+d)(a+b)} + \frac{(b+d)^2}{(c+d)(a+b)} + \frac{b}{a+b} + \frac{d}{c+d}. \end{aligned}$$

Since

$$\frac{(a+b)(c+d)}{(b+c)(d+a)} + \frac{(b+c)(d+a)}{(c+d)(a+b)} \geq 2,$$

it suffices to show that

$$\frac{(a+c)^2}{(b+c)(d+a)} + \frac{(b+d)^2}{(c+d)(a+b)} + \sum \frac{a}{d+a} \geq 4.$$

By the Cauchy-Schwarz inequality, we have

$$\begin{aligned} \frac{(a+c)^2}{(b+c)(d+a)} + \frac{(b+d)^2}{(c+d)(a+b)} &\geq \frac{(a+b+c+d)^2}{C}, \\ \sum \frac{a}{d+a} &\geq \frac{(a+b+c+d)^2}{D}, \end{aligned}$$

where

$$\begin{aligned} C &= (b+c)(d+a) + (c+d)(a+b), \\ D &= \sum a(d+a) = a^2 + b^2 + c^2 + d^2 + ab + bc + cd + da, \\ C + D &= (a+b+c+d)^2. \end{aligned}$$

Thus, it is enough to show that

$$(C+D) \left(\frac{1}{C} + \frac{1}{D} \right) \geq 4,$$

which is clearly true. The equality holds for $a = b = c = d$.

□

P 1.188. If a, b, c, d are nonnegative real numbers, then

$$\left(1 + \frac{2a}{b+c}\right) \left(1 + \frac{2b}{c+d}\right) \left(1 + \frac{2c}{d+a}\right) \left(1 + \frac{2d}{a+b}\right) \geq 9.$$

(Vasile Cîrtoaje, 2004)

Solution. We can rewrite the inequality as

$$\left(1 + \frac{a+c}{a+b}\right) \left(1 + \frac{a+c}{c+d}\right) \left(1 + \frac{b+d}{b+c}\right) \left(1 + \frac{b+d}{d+a}\right) \geq 9.$$

Using the Cauchy-Schwarz inequality and the AM-GM inequality yields

$$\begin{aligned} \left(1 + \frac{a+c}{a+b}\right) \left(1 + \frac{a+c}{c+d}\right) &\geq \left[1 + \frac{a+c}{\sqrt{(a+b)(c+d)}}\right]^2 \geq \left(1 + \frac{2a+2c}{a+b+c+d}\right)^2, \\ \left(1 + \frac{b+d}{b+c}\right) \left(1 + \frac{b+d}{d+a}\right) &\geq \left[1 + \frac{b+d}{\sqrt{(b+c)(d+a)}}\right]^2 \geq \left(1 + \frac{2b+2d}{a+b+c+d}\right)^2. \end{aligned}$$

Thus, it suffices to show that

$$\left(1 + \frac{2a+2c}{a+b+c+d}\right) \left(1 + \frac{2b+2d}{a+b+c+d}\right) \geq 3.$$

This is equivalent to the obvious inequality

$$\frac{4(a+c)(b+d)}{(a+b+c+d)^2} \geq 0.$$

The equality holds for $a = c = 0$ and $b = d$, as well as for $b = d = 0$ and $a = c$.

□

P 1.189. Let a, b, c, d be nonnegative real numbers. If $k > 0$, then

$$\left(1 + \frac{ka}{b+c}\right) \left(1 + \frac{kb}{c+d}\right) \left(1 + \frac{kc}{d+a}\right) \left(1 + \frac{kd}{a+b}\right) \geq (1+k)^2.$$

(Vasile Cîrtoaje, 2004)

Solution. Let us denote

$$x = \frac{a}{b+c}, \quad y = \frac{b}{c+d}, \quad z = \frac{c}{d+a}, \quad t = \frac{d}{a+b}.$$

Since

$$\prod (1+kx) \geq 1 + k(x+y+z+t) + k^2(xy+yz+zt+tx+xz+yt),$$

it suffices to show that

$$x+y+z+t \geq 2$$

and

$$xy+yz+zt+tx+xz+yt \geq 1.$$

The inequality $x+y+z+t \geq 2$ is the well-known Shapiro's inequality for 4 positive real numbers. This can be proved by the Cauchy-Schwarz inequality, as follows:

$$\frac{a}{b+c} + \frac{b}{c+d} + \frac{c}{d+a} + \frac{d}{a+b} \geq \frac{(a+b+c+d)^2}{a(b+c) + b(c+d) + c(d+a) + d(a+b)} \geq 2.$$

The right inequality reduces to the obvious inequality

$$(a-c)^2 + (b-d)^2 \geq 0.$$

To prove the inequality $xy+yz+zt+tx+xz+yt \geq 1$, we will use the inequalities

$$\frac{x+z}{2} \geq xz,$$

$$\frac{y+t}{2} \geq yt,$$

and the identity

$$xz(1+y+t) + yt(1+x+z) = 1.$$

If these are true, then

$$\begin{aligned} xy+yz+zt+tx+xz+yt &= \frac{x+z}{2}(y+t) + \frac{y+t}{2}(x+z) + xz + yt \\ &\geq xz(y+t) + yt(x+z) + xz + yt \\ &= xz(1+y+t) + yt(1+x+z) = 1. \end{aligned}$$

We have

$$\frac{x+z}{2} - xz = \frac{bc+da+(a-c)^2}{2(b+c)(d+a)} \geq 0$$

and

$$\frac{y+t}{2} - yt = \frac{ab+cd+(b-d)^2}{2(a+b)(c+d)} \geq 0.$$

To prove the identity above, we rewrite it as

$$\sum xyz + xz + yt = 1,$$

and see that

$$\sum xyz = \frac{\sum abc(a+b)}{A} = \frac{\sum a^2bc + \sum a^2bd}{A}$$

and

$$xz + yt = \frac{ac(a+b)(c+d) + bd(b+c)(d+a)}{A} = \frac{\sum a^2cd + (ac+bd)^2}{A},$$

where

$$A = \prod(a+b) = \sum a^2bc + \sum a^2bd + \sum a^2cd + (ac+bd)^2.$$

Thus, the proof is completed. The equality holds for $a = c = 0$ and $b = d$, as well as for $b = d = 0$ and $a = c$.

Remark. For $k = 2$, we get the inequality in P 1.188. For $k = 1$, we get the following known inequality

$$(a+b+c)(b+c+d)(c+d+a)(d+a+b) \geq 4(a+b)(b+c)(c+d)(d+a).$$

A proof of this inequality starts from the inequalities

$$(a+b+c)^2 \geq (2a+b)(2c+b)$$

and

$$(2a+b)(2b+a) \geq 2(a+b)^2.$$

We have

$$\begin{aligned} \prod(a+b+c)^2 &\geq \prod(2a+b) \cdot \prod(2c+b) \\ &= \prod(2a+b)(2b+a) \\ &\geq 2^4 \prod(a+b)^2, \end{aligned}$$

hence

$$\prod(a+b+c) \geq 4 \prod(a+b).$$

□

P 1.190. If a, b, c, d are positive real numbers such that $a+b+c+d=4$, then

$$\frac{1}{ab} + \frac{1}{bc} + \frac{1}{cd} + \frac{1}{da} \geq a^2 + b^2 + c^2 + d^2.$$

(Vasile Cîrtoaje, 2007)

Solution. Write the inequality as

$$(a + c)(b + d) \geq abcd(a^2 + b^2 + c^2 + d^2).$$

From $(a - c)^4 \geq 0$ and $(b - d)^4 \geq 0$, we get

$$(a + c)^4 \geq 8ac(a^2 + c^2), \quad (b + d)^4 \geq 8bd(b^2 + d^2),$$

hence

$$bd(a + c)^4 + ac(b + d)^4 \geq 8abcd(a^2 + b^2 + c^2 + d^2).$$

Therefore, it suffices to show that

$$8(a + c)(b + d) \geq bd(a + c)^4 + ac(b + d)^4.$$

Since $4bd \leq (b + d)^2$ and $4ac \leq (a + c)^2$, we only need to show that

$$32(a + c)(b + d) \geq (b + d)^2(a + c)^4 + (a + c)^2(b + d)^4.$$

Denoting $a + c = 2x$ and $b + d = 2y$, this inequality is equivalent to

$$2 \geq xy(x^2 + y^2),$$

$$(x + y)^4 \geq 8xy(x^2 + y^2),$$

$$(x - y)^4 \geq 0.$$

The equality occurs for $a = b = c = d = 1$.

□

P 1.191. If a, b, c, d are positive real numbers, then

$$\frac{a^2}{(a + b + c)^2} + \frac{b^2}{(b + c + d)^2} + \frac{c^2}{(c + d + a)^2} + \frac{d^2}{(d + a + b)^2} \geq \frac{4}{9}.$$

(Pham Kim Hung, 2006)

First Solution. By Hölder's inequality, we have

$$\sum \frac{a^2}{(a + b + c)^2} \geq \frac{(\sum a^{4/3})^3}{[\sum a(a + b + c)]^2}.$$

Since

$$\sum a(a + b + c) = (a + c)^2 + (b + d)^2 + (a + c)(b + d)$$

and

$$\sum a^{4/3} = (a^{4/3} + c^{4/3}) + (b^{4/3} + d^{4/3}) \geq 2 \left(\frac{a + c}{2} \right)^{4/3} + 2 \left(\frac{b + d}{2} \right)^{4/3},$$

it suffices to show that

$$9[(a+c)^{4/3} + (b+d)^{4/3}]^3 \geq 8[(a+c)^2 + (b+d)^2 + (a+c)(b+d)]^2.$$

Due to homogeneity, we may assume that $b+d=1$. Putting $a+c=t^3$, $t>0$, the inequality becomes

$$\begin{aligned} 9(t^4+1)^3 &\geq 8(t^6+1+t^3)^2, \\ 9\left(t^2+\frac{1}{t^2}\right)^3 &\geq 8\left(t^3+\frac{1}{t^3}+1\right)^2. \end{aligned}$$

Setting

$$x = t + \frac{1}{t}, \quad x \geq 2,$$

the inequality turns into

$$9(x^2-2)^3 \geq 8(x^3-3x+1)^2,$$

which is equivalent to

$$(x-2)^2(x^4+4x^3+6x^2-8x-20) \geq 0.$$

This is true since

$$x^4+4x^3+6x^2-8x-20 = x^4+4x^2(x-2)+4x(x-2)+10(x^2-2) > 0.$$

Thus, the proof is completed. The equality holds for $a=b=c=d$.

Second Solution. Due to homogeneity, we may assume that

$$a+b+c+d=1.$$

In this case, we write the inequality as

$$\left(\frac{a}{1-d}\right)^2 + \left(\frac{b}{1-a}\right)^2 + \left(\frac{c}{1-b}\right)^2 + \left(\frac{d}{1-c}\right)^2 \geq \frac{4}{9}.$$

Let (x, y, z, t) be a permutation of (a, b, c, d) such that

$$x \geq y \geq z \geq t.$$

Since

$$\frac{1}{(1-t)^2} \leq \frac{1}{(1-z)^2} \leq \frac{1}{(1-y)^2} \leq \frac{1}{(1-x)^2},$$

by the rearrangement inequality, we have

$$\begin{aligned} \left(\frac{x}{1-t}\right)^2 + \left(\frac{y}{1-z}\right)^2 + \left(\frac{z}{1-y}\right)^2 + \left(\frac{t}{1-x}\right)^2 &\leq \\ &\leq \left(\frac{a}{1-d}\right)^2 + \left(\frac{b}{1-a}\right)^2 + \left(\frac{c}{1-b}\right)^2 + \left(\frac{d}{1-c}\right)^2. \end{aligned}$$

Therefore, it suffices to show that $x + y + z + t = 1$ involves

$$U + V \geq \frac{4}{9},$$

where

$$U = \left(\frac{x}{1-t} \right)^2 + \left(\frac{t}{1-x} \right)^2,$$

$$V = \left(\frac{y}{1-z} \right)^2 + \left(\frac{z}{1-y} \right)^2.$$

Let

$$s = x + t, \quad p = xt, \quad s \in (0, 1),$$

Since

$$x^2 + t^2 = s^2 - 2p, \quad x^3 + t^3 = s^3 - 3ps, \quad x^4 + t^4 = s^4 - 4ps^2 + 2p^2,$$

we get

$$U = \frac{x^2 + t^2 - 2(x^3 + t^3) + x^4 + t^4}{(1-s+p)^2}$$

$$= \frac{2p^2 - 2(1-s)(1-2s)p + s^2(1-s)^2}{p^2 + 2(1-s)p + (1-s)^2},$$

$$(2-U)p^2 - 2(1-s)(1-2s+U)p + (1-s)^2(s^2-U) = 0.$$

The quadratic trinomial in p has the discriminant

$$D = (1-s)^2[(1-2s+U)^2 - (2-U)(s^2-U)].$$

From the necessary condition $D \geq 0$, we get

$$U \geq \frac{4s-1-2s^2}{(2-s)^2}.$$

Analogously,

$$V \geq \frac{4r-1-2r^2}{(2-r)^2},$$

where $r = y + z$. Taking into account that

$$s + r = 1,$$

we get

$$U + V \geq \frac{4s-1-2s^2}{(2-s)^2} + \frac{4r-1-2r^2}{(2-r)^2}$$

$$= \frac{4s-1-2s^2}{(1+r)^2} + \frac{4r-1-2r^2}{(1+s)^2}$$

$$= \frac{5(s^2+r^2) - 2(s^4+r^4)}{(2+sr)^2}$$

$$= \frac{5(s^2+r^2) - 2(s^2+r^2)^2 + 4s^2r^2}{(2+sr)^2},$$

hence

$$\begin{aligned}
 U + V - \frac{4}{9} &\geq \frac{5(s^2 + r^2) - 2(s^2 + r^2)^2 + 4s^2r^2}{(2 + sr)^2} - \frac{4}{9} \\
 &= \frac{5(s^2 + r^2) - 2(s^2 + r^2)^2}{(2 + sr)^2} + \frac{2(1 - 4sr)^2 - 18}{9(2 + sr)^2} \\
 &\geq \frac{5(s^2 + r^2) - 2(s^2 + r^2)^2 - 2}{(2 + sr)^2} \\
 &= \frac{(2 - s^2 - r^2)(2s^2 + 2r^2 - 1)}{(2 + sr)^2}.
 \end{aligned}$$

Thus, we need to show that $(2 - s^2 - r^2)(2s^2 + 2r^2 - 1) \geq 0$. This is true since since

$$\begin{aligned}
 2 - s^2 - r^2 &> 2 - (s + r)^2 = 1, \\
 2s^2 + 2r^2 - 1 &\geq (s + r)^2 - 1 = 0.
 \end{aligned}$$

□

P 1.192. If a, b, c, d are positive real numbers such that $a + b + c + d = 3$, then

$$ab(b + c) + bc(c + d) + cd(d + a) + da(a + b) \leq 4.$$

(Pham Kim Hung, 2007)

Solution. Write the inequality as

$$\begin{aligned}
 \sum ab^2 + \sum abc &\leq 4, \\
 (ab^2 + cd^2 + bcd + dab) + (bc^2 + da^2 + abc + cda) &\leq 4, \\
 (b + d)(ab + cd) + (a + c)(bc + da) &\leq 4.
 \end{aligned}$$

Without loss of generality, assume that $a + c \leq b + d$. Since

$$(ab + cd) + (bc + da) = (a + c)(b + d),$$

we can rewrite the inequality as

$$(a + c)(b + d)^2 + (a + c - b - d)(bc + da) \leq 4.$$

Since $a + c - b - d \leq 0$, it suffices to show that

$$(a + c)(b + d)^2 \leq 4.$$

Indeed, by the AM-GM inequality, we have

$$(a + c) \left(\frac{b + d}{2} \right) \left(\frac{b + d}{2} \right) \leq \frac{1}{27} \left(a + c + \frac{b + d}{2} + \frac{b + d}{2} \right)^3 = 1.$$

The equality holds for $a = b = 0$, $c = 1$ and $d = 2$ (or any cyclic permutation).

□

P 1.193. If $a \geq b \geq c \geq d \geq 0$ and $a + b + c + d = 2$, then

$$ab(b + c) + bc(c + d) + cd(d + a) + da(a + b) \leq 1.$$

(Vasile Cîrtoaje, 2007)

Solution. Write the inequality as

$$\sum ab^2 + \sum abc \leq 1.$$

Since

$$\begin{aligned} \sum ab^2 - \sum a^2b &= (ab^2 + bc^2 + ca^2 - a^2b - b^2c - c^2a) + (cd^2 + da^2 + ac^2 - c^2d - d^2a - a^2c) \\ &= (a - b)(b - c)(c - a) + (c - d)(d - a)(a - c) \leq 0, \end{aligned}$$

it suffices to show that

$$\sum ab^2 + \sum a^2b + 2 \sum abc \leq 2.$$

Indeed,

$$\begin{aligned} \sum ab^2 + \sum a^2b + 2 \sum abc &= \sum (ab^2 + a^2b + abc + abd) \\ &= (a + b + c + d) \sum ab \\ &= 2(a + c)(b + d) \\ &\leq 2 \left[\frac{(a + c) + (b + d)}{2} \right]^2 = 2. \end{aligned}$$

The equality holds for $a = b = t$ and $c = d = 1 - t$, where $t \in \left[\frac{1}{2}, 1 \right]$.

□

P 1.194. Let a, b, c, d be nonnegative real numbers such that $a + b + c + d = 4$. If $k \geq \frac{37}{27}$, then

$$ab(b + kc) + bc(c + kd) + cd(d + ka) + da(a + kb) \leq 4(1 + k).$$

(Vasile Cîrtoaje, 2007)

Solution. Write the inequality in the homogeneous form

$$ab(b + kc) + bc(c + kd) + cd(d + ka) + da(a + kb) \leq \frac{(1 + k)(a + b + c + d)^3}{16}.$$

Assume that $d = \min\{a, b, c, d\}$ and use the substitution

$$a = d + x, \quad b = d + y, \quad c = d + z,$$

where $x, y, z \geq 0$. The inequality can be restated as

$$4Ad + B \geq 0,$$

where

$$\begin{aligned} A &= (3k-1)(x^2 + y^2 + z^2) - 2(k+1)y(x+z) + (6-2k)xz, \\ B &= (1+k)(x+y+z)^3 - 16(xy^2 + yz^2 + kxyz). \end{aligned}$$

It suffices to show that $A \geq 0$ and $B \geq 0$. We have

$$\begin{aligned} A &= (3k-1)y^2 + (3k-1)(x+z)^2 - 2(k+1)y(x+z) - 8(k-1)xz \\ &\geq (3k-1)y^2 + (3k-1)(x+z)^2 - 2(k+1)y(x+z) - 2(k-1)(x+z)^2 \\ &= (3k-1)y^2 + (k+1)(x+z)^2 - 2(k+1)y(x+z) \\ &\geq 2\sqrt{(3k-1)(k+1)}y(x+z) - 2(k+1)y(x+z) \\ &= 2\sqrt{k+1} \left(\sqrt{3k-1} - \sqrt{k+1} \right) y(x+z) \geq 0. \end{aligned}$$

Since

$$(x+y+z)^3 - 16xyz \geq 0,$$

the inequality $B \geq 0$ holds for all $k \geq \frac{37}{27}$ if it holds for $k = \frac{37}{27}$. In this particular case, the inequality $B \geq 0$ can be written as

$$4 \left(\frac{x+y+z}{3} \right)^3 \geq xy^2 + yz^2 + \frac{37}{27}xyz.$$

Actually, the following sharper inequality holds (see P 2.24)

$$4 \left(\frac{x+y+z}{3} \right)^3 \geq xy^2 + yz^2 + \frac{3}{2}xyz.$$

Thus, the proof is completed. The equality holds for $a = b = c = d = 1$. If $k = \frac{37}{27}$, then the equality also holds for $a = \frac{4}{3}$, $b = \frac{8}{3}$ and $c = d = 0$ (or any cyclic permutation). □

P 1.195. If a, b, c, d are nonnegative real numbers such that $a + b + c + d = 4$, then

$$\sqrt{\frac{3a}{b+2}} + \sqrt{\frac{3b}{c+2}} + \sqrt{\frac{3c}{d+2}} + \sqrt{\frac{3d}{a+2}} \leq 4.$$

(Vasile Cîrtoaje, 2020)

Solution. (after an idea of *Michael Rozenberg*) Let (a_1, a_2, a_3, a_4) be an increasing permutation of (a, b, c, d) . Since the sequences

$$(a_1, a_2, a_3, a_4) \quad \text{and} \quad \left(\frac{1}{a_4+2}, \frac{1}{a_3+2}, \frac{1}{a_2+2}, \frac{1}{a_1+2} \right)$$

are increasing, according to the rearrangement inequality, we have

$$\begin{aligned} & \sqrt{\frac{3a}{b+2}} + \sqrt{\frac{3b}{c+2}} + \sqrt{\frac{3c}{d+2}} + \sqrt{\frac{3d}{a+2}} \leq \\ & \leq \sqrt{\frac{3a_1}{a_4+2}} + \sqrt{\frac{3a_2}{a_3+2}} + \sqrt{\frac{3a_3}{a_2+2}} + \sqrt{\frac{3a_4}{a_1+2}} = A + B, \end{aligned}$$

where

$$A = \sqrt{\frac{3a_1}{a_4+2}} + \sqrt{\frac{3a_4}{a_1+2}}, \quad B = \sqrt{\frac{3a_2}{a_3+2}} + \sqrt{\frac{3a_3}{a_2+2}}.$$

We need to show that $A + B \leq 2$. According to Lemma below, we have

$$A + B \leq \frac{a_1 + a_4 + 4}{3} + \frac{a_2 + a_3 + 4}{3} = 4.$$

The equality holds for $a = b = c = d = 1$.

Lemma. If a, b are nonnegative real numbers, then

$$\sqrt{\frac{3a}{b+2}} + \sqrt{\frac{3b}{a+2}} \leq \frac{a+b+4}{3}.$$

Proof. Use the substitution

$$x = \sqrt{\frac{3a}{b+2}}, \quad y = \sqrt{\frac{3b}{a+2}},$$

which yields $xy < 3$ and

$$a = \frac{2x^2(y^2+3)}{9-x^2y^2}, \quad b = \frac{2y^2(x^2+3)}{9-x^2y^2}, \quad a+b = \frac{4x^2y^2+6(x^2+y^2)}{9-x^2y^2}.$$

Thus, we need to show that

$$3(x+y) \leq \frac{4x^2y^2+6(x^2+y^2)}{9-x^2y^2} + 4,$$

which is equivalent to

$$\begin{aligned} & 2(x+y)^2 - (9-x^2y^2)(x+y) + 12 - 4xy \geq 0, \\ & (4x+4y-9+x^2y^2)^2 + 15 - 32xy + 18x^2y^2 - x^4y^4 \geq 0, \\ & (4x+4y-9+x^2y^2)^2 + (1-xy)^2(3-xy)(5+xy) \geq 0. \end{aligned}$$

The equality holds for $a = b = 1$.

□

P 1.196. Let a, b, c, d be positive real numbers such that $a \leq b \leq c \leq d$. Prove that

$$2 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{d} + \frac{d}{a} \right) \geq 4 + \frac{a}{c} + \frac{c}{a} + \frac{b}{d} + \frac{d}{b}.$$

(Vasile Cîrtoaje, 2012)

First Solution. Let

$$E(a, b, c, d) = 2 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{d} + \frac{d}{a} \right) - 4 - \frac{a}{c} - \frac{c}{a} - \frac{b}{d} - \frac{d}{b}.$$

We show that

$$E(a, b, c, d) \geq E(b, b, c, d) \geq E(b, b, c, c).$$

We have

$$E(a, b, c, d) - E(b, b, c, d) = (b - a) \left(\frac{1}{c} + \frac{2d}{ab} - \frac{2}{b} - \frac{c}{ab} \right) \geq 0,$$

since

$$\begin{aligned} \frac{1}{c} + \frac{2d}{ab} - \frac{2}{b} - \frac{c}{ab} &\geq \frac{1}{c} + \frac{2c}{ab} - \frac{2}{b} - \frac{c}{ab} \\ &= \frac{1}{c} + \frac{c}{ab} - \frac{2}{b} \geq \frac{1}{c} + \frac{c}{b^2} - \frac{2}{b} = \frac{(b - c)^2}{b^2 c} \geq 0. \end{aligned}$$

Also,

$$E(b, b, c, d) - E(b, b, c, c) = (d - c) \left(\frac{1}{b} - \frac{2c - b}{cd} \right) \geq 0,$$

since

$$\frac{1}{b} - \frac{2c - b}{cd} \geq \frac{1}{b} - \frac{2c - b}{c^2} = \frac{(b - c)^2}{bc^2} \geq 0.$$

Because $E(b, b, c, c) = 0$, the proof is completed. The equality holds for $a = b$ and $c = d$.

Second Solution. Using the substitution

$$x = \frac{a}{b}, \quad y = \frac{b}{c}, \quad z = \frac{c}{d}, \quad 0 < x, y, z \leq 1,$$

the inequality becomes as follows:

$$\begin{aligned} 2 \left(x + y + z + \frac{1}{xyz} \right) &\geq 4 + xy + \frac{1}{xy} + yz + \frac{1}{yz}, \\ y(2 - x - z) + \frac{1}{y} \left(\frac{2}{xz} - \frac{1}{x} - \frac{1}{z} \right) - 2(2 - x - z) &\geq 0, \\ (2 - x - z) \left(y + \frac{1}{xyz} - 2 \right) &\geq 0. \end{aligned}$$

The last inequality is true since $2 - x - y \geq 0$ and

$$y + \frac{1}{xyz} - 2 \geq y + \frac{1}{y} - 2 \geq 0.$$

□

P 1.197. Let a, b, c, d be positive real numbers such that

$$a \leq b \leq c \leq d, \quad abcd = 1.$$

Prove that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{d} + \frac{d}{a} \geq ab + bc + cd + da.$$

(Vasile Cîrtoaje, 2012)

Solution. Write the inequality as follows:

$$\begin{aligned} a^2cd + b^2da + c^2ab + d^2bc &\geq ab + bc + cd + da, \\ ac(ad + bc) + bd(ab + cd) &\geq (ad + bc) + (ab + cd), \\ (ac - 1)(ad + bc) + (bd - 1)(ab + cd) &\geq 0. \end{aligned}$$

Since

$$ac - 1 = \frac{1}{bd} - 1 \geq 1 - bd$$

and

$$bd \geq \sqrt{abcd} = 1,$$

we have

$$\begin{aligned} (ac - 1)(ad + bc) + (bd - 1)(ab + cd) &\geq (1 - bd)(ad + bc) + (bd - 1)(ab + cd) \\ &= (bd - 1)(a - c)(b - d) \geq 0. \end{aligned}$$

The equality holds for $a = b = \frac{1}{c} = \frac{1}{d} \leq 1$.

□

P 1.198. Let a, b, c, d be positive real numbers such that

$$a \leq b \leq c \leq d, \quad abcd = 1.$$

Prove that

$$4 + \frac{a}{b} + \frac{b}{c} + \frac{c}{d} + \frac{d}{a} \geq 2(a + b + c + d).$$

(Vasile Cîrtoaje, 2012)

Solution. Making the substitution

$$x = \sqrt[4]{\frac{a}{b}}, \quad y = \sqrt{\frac{b}{c}}, \quad z = \sqrt[4]{\frac{c}{d}}, \quad 0 < x, y, z \leq 1,$$

we need to show that $E(x, y, z) \geq 0$, where

$$E(x, y, z) = 4 + x^4 + z^4 + y^2 + \frac{1}{x^4 y^2 z^4} - 2 \left(x^3 y z + \frac{y z}{x} + \frac{z}{x y} + \frac{1}{x y z^3} \right).$$

We will show that

$$E(x, y, z) \geq E(x, 1, z) \geq E(x, 1, 1) \geq 0. \quad (*)$$

The left inequality is equivalent to

$$(1 - y)E_1(x, y, z) \geq 0,$$

where

$$E_1(x, y, z) = -1 - y + \frac{1 + y}{x^4 y^2 z^4} + 2 \left(x^3 z + \frac{z}{x} \right) - \frac{2}{y} \left(\frac{z}{x} + \frac{1}{xz^3} \right).$$

To prove it, we show that

$$E_1(x, y, z) \geq E_1(x, 1, z) \geq 0.$$

We have

$$E_1(x, 1, z) = 2(1 - x^3 z) \left(\frac{1}{x^4 z^4} - 1 \right) \geq 0.$$

Since

$$E_1(x, y, z) - E_1(x, 1, z) = (1 - y)E_2(x, y, z),$$

where

$$E_2(x, y, z) = 1 + \frac{1 + 2y}{x^4 y^2 z^4} - \frac{2}{y} \left(\frac{z}{x} + \frac{1}{xz^3} \right),$$

we need to show $E_2(x, y, z) \geq 0$. Indeed,

$$\begin{aligned} E_2(x, y, z) &= 1 + \frac{1}{x^4 y^2 z^4} - \frac{2}{y} \left(\frac{z}{x} + \frac{1}{xz^3} - \frac{1}{x^4 z^4} \right) \\ &\geq \frac{2}{x^2 y z^2} - \frac{2}{y} \left(\frac{z}{x} + \frac{1}{xz^3} - \frac{1}{x^4 z^4} \right) \\ &= \frac{2}{xyz} \left(\frac{1}{xz} - z^2 - \frac{1}{z^2} + \frac{1}{x^3 z^3} \right) \\ &\geq \frac{2}{xyz} \left(\frac{1}{z} - z^2 - \frac{1}{z^2} + \frac{1}{z^3} \right) \\ &= \frac{2}{xyz} \left(\frac{1 - z^3}{z} + \frac{1 - z}{z^3} \right) \geq 0. \end{aligned}$$

The middle inequality in (*) is equivalent to

$$(1 - z)F(x, z) \geq 0,$$

where

$$F(x, z) = (1 + z + z^2 + z^3) \left(\frac{1}{x^4 z^4} - 1 \right) + 2 \left(x^3 + \frac{2}{x} \right) - \frac{1 + z + z^2}{xz}.$$

It is true since

$$\begin{aligned} F(x, z) &> \frac{1}{x^4 z^4} - 1 + \frac{3}{x} - \frac{1+z+z^2}{xz} \\ &\geq \frac{1}{xz} - 1 + \frac{3}{x} - \frac{1+z+z^2}{xz} \\ &= \frac{2-x-z}{x} \geq 0. \end{aligned}$$

The right inequality in (*) is also true since

$$\begin{aligned} x^4 E(x, 1, 1) &= x^8 - 2x^7 + 6x^4 - 6x^3 + 1 \\ &= (x-1)^2(x^6 - x^4 - 2x^3 + 3x^2 + 2x + 1) \\ &\geq (x-1)^2(x^6 - x^4 - 2x^3 + 2x^2) \\ &= x^2(x-1)^4(x^2 + 2x + 2) \geq 0. \end{aligned}$$

The proof is completed. The equality holds for $a = b = c = d = 1$.

□

P 1.199. Let $A = \{a_1, a_2, a_3, a_4\}$ be a set of real numbers such that

$$a_1 + a_2 + a_3 + a_4 = 0.$$

Prove that there exists a permutation $B = \{a, b, c, d\}$ of A such that

$$a^2 + b^2 + c^2 + d^2 + 3(ab + bc + cd + da) \geq 0.$$

Solution. Write the desired inequality as

$$a^2 + b^2 + c^2 + d^2 + 3(ab + bc + cd + da) \geq (a + b + c + d)^2,$$

$$ab + bc + cd + da \geq 2(ac + bd),$$

$$(ab + cd - ac - bd) + (bc + da - ac - bd) \geq 0.$$

$$(a - d)(b - c) + (a - b)(d - c) \geq 0.$$

Clearly, this inequality is true for $a \leq b \leq d \leq c$. The equality occurs when A has three equal elements.

□

P 1.200. If a, b, c, d, e are positive real numbers, then

$$\frac{a}{a+2b+2c} + \frac{b}{b+2c+2d} + \frac{c}{c+2d+2e} + \frac{d}{d+2e+2a} + \frac{e}{e+2a+2b} \geq 1.$$

Solution. The inequality follows by applying the Cauchy-Schwarz inequality:

$$\sum \frac{a}{a+2b+2c} \geq \frac{(\sum a)^2}{\sum a(a+2b+2c)} = \frac{(\sum a)^2}{\sum a^2 + 2\sum ab + 2\sum ac} = 1.$$

The equality holds for $a = b = c = d = e$.

□

P 1.201. Let a, b, c, d, e be positive real numbers such that $a + b + c + d + e = 5$. Prove that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{d} + \frac{d}{e} + \frac{e}{a} \leq 1 + \frac{4}{abcde}.$$

Solution. Let (x, y, z, t, u) be a permutation of (a, b, c, d, e) such that $x \geq y \geq z \geq t \geq u$. By the rearrangement inequality, we have

$$\begin{aligned} \frac{a}{b} + \frac{b}{c} + \frac{c}{d} + \frac{d}{e} + \frac{e}{a} &\leq \frac{x}{u} + \frac{y}{t} + \frac{z}{z} + \frac{t}{y} + \frac{u}{x} \\ &= \left(\frac{x}{u} + \frac{u}{x} + 2\right) + \left(\frac{y}{t} + \frac{t}{y} + 2\right) - 3 \\ &= 4(p+q) - 3, \end{aligned}$$

where

$$p = \frac{1}{4} \left(\frac{x}{u} + \frac{u}{x} + 2\right) \geq 1, \quad q = \frac{1}{4} \left(\frac{y}{t} + \frac{t}{y} + 2\right) \geq 1.$$

From $(p-1)(q-1) \geq 0$, we get

$$p + q \leq 1 + pq,$$

$$4(p+q) - 3 \leq 1 + 4pq,$$

hence

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{d} + \frac{d}{e} + \frac{e}{a} \leq 1 + 4pq.$$

Thus, it suffices to show that

$$pq \leq \frac{1}{xyztu},$$

which is equivalent to

$$z \left(\frac{x+u}{2}\right)^2 \left(\frac{y+t}{2}\right)^2 \leq 1.$$

Indeed, by the AM-GM inequality, we get

$$z \left(\frac{x+u}{2}\right)^2 \left(\frac{y+t}{2}\right)^2 \leq \left(\frac{z + \frac{x+u}{2} + \frac{x+u}{2} + \frac{y+t}{2} + \frac{y+t}{2}}{5}\right)^5 = 1.$$

The equality holds for $a = b = c = d = e = 1$.

Remark. Similarly, we can prove the following generalization (*Michael Rozenberg*):

- If a_1, a_2, \dots, a_n are positive real numbers such that $a_1 + a_2 + \dots + a_n = n$, then

$$n - 4 + \frac{4}{a_1 a_2 \cdots a_n} \geq \frac{a_1}{a_2} + \frac{a_2}{a_3} + \dots + \frac{a_n}{a_1}.$$

□

P 1.202. If a, b, c, d, e are real numbers such that $a + b + c + d + e = 0$, then

$$\frac{-\sqrt{5} - 1}{4} \leq \frac{ab + bc + cd + de + ea}{a^2 + b^2 + c^2 + d^2 + e^2} \leq \frac{\sqrt{5} - 1}{4}.$$

Solution. From

$$(a + b + c + d + e)^2 = 0,$$

we get

$$\sum a^2 + 2 \sum ab + 2 \sum ac = 0.$$

Therefore, for any real k , we have

$$\sum a^2 + (2k + 2) \sum ab = \sum 2a(kb - c).$$

By the AM-GM inequality, we get

$$2a(kb - c) \leq a^2 + (kb - c)^2,$$

hence

$$\sum a^2 + (2k + 2) \sum ab \leq \sum [a^2 + (kb - c)^2] = (k^2 + 2) \sum a^2 - 2k \sum ab,$$

which is equivalent to

$$\sum a^2 \geq \frac{2(2k + 1)}{k^2 + 1} \sum ab.$$

Choosing $k = \frac{-1 - \sqrt{5}}{2}$ and $k = \frac{-1 + \sqrt{5}}{2}$, we get the desired inequalities. The equality in both inequalities occurs when

$$a = kb - c, \quad b = kc - d, \quad c = kd - e, \quad d = ke - a, \quad e = ka - b;$$

that is, when

$$a = x, \quad b = y, \quad c = -x + ky, \quad d = -k(x + y), \quad e = kx - y,$$

where x and y are real numbers.

□

P 1.203. Let a, b, c, d, e be positive real numbers such that

$$a^2 + b^2 + c^2 + d^2 + e^2 = 5.$$

Prove that

$$\frac{a^2}{b+c+d} + \frac{b^2}{c+d+e} + \frac{c^2}{d+e+a} + \frac{d^2}{e+a+b} + \frac{e^2}{a+b+c} \geq \frac{5}{3}.$$

(Pham Van Thuan, 2005)

Solution. By the AM-GM Inequality, we get

$$2(b+c+d) \leq (b^2+1) + (c^2+1) + (d^2+1) = 8 - a^2 - e^2.$$

Therefore, it suffices to show that

$$\sum \frac{a^2}{8 - a^2 - e^2} \geq \frac{5}{6}.$$

By the Cauchy-Schwarz Inequality, we have

$$\begin{aligned} \sum \frac{a^2}{8 - a^2 - e^2} &\geq \frac{\left(\sum a^2\right)^2}{\sum a^2(8 - a^2 - e^2)} = \frac{25}{40 - \sum a^4 - \sum a^2 e^2} \\ &= \frac{50}{80 - \sum (a^2 + e^2)^2} \geq \frac{50}{80 - \frac{1}{5} \left[\sum (a^2 + e^2)\right]^2} = \frac{5}{6}. \end{aligned}$$

The equality holds for $a = b = c = d = e = 1$.

□

P 1.204. Let a, b, c, d, e be nonnegative real numbers such that $a + b + c + d + e = 5$. Prove that

$$(a^2 + b^2)(b^2 + c^2)(c^2 + d^2)(d^2 + e^2)(e^2 + a^2) \leq \frac{729}{2}.$$

(Vasile Cîrtoaje, 2007)

Solution. Write the inequality as

$$E(a, b, c, d, e) \leq 0,$$

and, without loss of generality, assume that

$$e = \min\{a, b, c, d, e\}.$$

We claim that it suffices to prove the desired inequality for the case $e = 0$. To prove this, it suffices to show that

$$E(a, b, c, d, e) \leq E\left(a + \frac{e}{2}, b, c, d + \frac{e}{2}, 0\right), \quad (*)$$

which is equivalent to

$$\begin{aligned} & (a^2 + b^2)(c^2 + d^2)(d^2 + e^2)(e^2 + a^2) \leq \\ & \leq \left[\left(a + \frac{e}{2}\right)^2 + b^2\right] \left[c^2 + \left(d + \frac{e}{2}\right)^2\right] \left(d + \frac{e}{2}\right)^2 \left(a + \frac{e}{2}\right)^2. \end{aligned}$$

Since

$$\begin{aligned} a^2 + b^2 & \leq \left(a + \frac{e}{2}\right)^2 + b^2, \\ c^2 + d^2 & \leq c^2 + \left(d + \frac{e}{2}\right)^2, \\ d^2 + e^2 & \leq d^2 + de \leq \left(d + \frac{e}{2}\right)^2, \\ e^2 + a^2 & \leq ae + a^2 \leq \left(a + \frac{e}{2}\right)^2, \end{aligned}$$

the conclusion follows. Thus, we only need to show that

$$a + b + c + d = 5$$

involves

$$E(a, b, c, d, 0) \leq 0,$$

where

$$E(a, b, c, d, 0) = a^2 d^2 (a^2 + b^2)(b^2 + c^2)(c^2 + d^2) - \frac{729}{2}.$$

Without loss of generality, assume that

$$c = \min\{b, c\}.$$

We claim that it suffices to prove the inequality $E(a, b, c, d, 0) \leq 0$ for the case $c = 0$. To prove this, it suffices to show that

$$E(a, b, c, d, 0) \leq E\left(a, b + \frac{c}{2}, 0, d + \frac{c}{2}, 0\right), \quad (**)$$

which is equivalent to

$$d^2(a^2 + b^2)(b^2 + c^2)(c^2 + d^2) \leq \left(d + \frac{c}{2}\right)^2 \left[a^2 + \left(b + \frac{c}{2}\right)^2\right] \left(b + \frac{c}{2}\right)^2 \left(d + \frac{c}{2}\right)^2.$$

This is true since

$$d^2(c^2 + d^2) \leq \left(d + \frac{c}{2}\right)^4,$$

$$a^2 + b^2 \leq a^2 + \left(b + \frac{c}{2}\right)^2,$$

$$b^2 + c^2 \leq b^2 + bc \leq \left(b + \frac{c}{2}\right)^2.$$

Thus, we only need to show that

$$a + b + d = 5$$

involves

$$E(a, b, 0, d, 0) \leq 0,$$

where

$$E(a, b, 0, d, 0) = a^2 b^2 d^4 (a^2 + b^2) - \frac{729}{2}.$$

We will show that

$$E(a, b, 0, d, 0) \leq E\left(\frac{a+b}{2}, \frac{a+b}{2}, 0, d, 0\right) \leq 0. \quad (***)$$

The left inequality is true if

$$32a^2 b^2 (a^2 + b^2) \leq (a + b)^6.$$

Indeed, we have

$$(a + b)^6 - 32a^2 b^2 (a^2 + b^2) \geq 4ab(a + b)^4 - 32a^2 b^2 (a^2 + b^2) = 4ab(a - b)^4 \geq 0.$$

To prove the right inequality, denote

$$u = \frac{a+b}{2}.$$

We need to show that

$$2u + d = 5$$

implies

$$E(u, u, 0, d, 0) \leq 0;$$

that is,

$$u^6 d^4 \leq \frac{729}{4},$$

$$u^3 d^2 \leq \frac{27}{2}.$$

By the AM-GM inequality, we have

$$5 = \frac{2u}{3} + \frac{2u}{3} + \frac{2u}{3} + \frac{d}{2} + \frac{d}{2} \geq 5 \sqrt[5]{\left(\frac{2u}{3}\right)^3 \left(\frac{d}{2}\right)^2},$$

from which the conclusion follows. The equality holds for $a = b = \frac{3}{2}$, $c = 0$, $d = 2$ and $e = 0$ (or any cyclic permutation).

□

P 1.205. If $a, b, c, d, e \in [1, 5]$, then

$$\frac{a-b}{b+c} + \frac{b-c}{c+d} + \frac{c-d}{d+e} + \frac{d-e}{e+a} + \frac{e-a}{a+b} \geq 0.$$

(Vasile Cîrtoaje, 2002)

Solution. Write the inequality as

$$\sum \left(\frac{a-b}{b+c} + \frac{2}{3} \right) \geq \frac{10}{3},$$

$$\sum \frac{3a-b+2c}{b+c} \geq 10.$$

Since

$$3a-b+2c \geq 3-5+2=0,$$

we may apply the Cauchy-Schwarz inequality to get

$$\sum \frac{3a-b+2c}{b+c} \geq \frac{[\sum(3a-b+2c)]^2}{\sum(b+c)(3a-b+2c)} = \frac{16(\sum a)^2}{\sum a^2 + 4\sum ab + 3\sum ac}.$$

Therefore, it suffices to show that

$$8\left(\sum a\right)^2 \geq 5\sum a^2 + 20\sum ab + 15\sum ac.$$

Since

$$\left(\sum a\right)^2 = \sum a^2 + 2\sum ab + 2\sum ac,$$

this inequality is equivalent to

$$3\sum a^2 + \sum ac \geq 4\sum ab.$$

Indeed,

$$3\sum a^2 + \sum ac - 4\sum ab = \frac{1}{2}\sum (a-2b+c)^2 \geq 0.$$

The equality holds for $a = b = c = d = e$.

□

P 1.206. If $a, b, c, d, e, f \in [1, 3]$, then

$$\frac{a-b}{b+c} + \frac{b-c}{c+d} + \frac{c-d}{d+e} + \frac{d-e}{e+f} + \frac{e-f}{f+a} + \frac{f-a}{a+b} \geq 0.$$

(Vasile Cîrtoaje, 2002)

Solution. Write the inequality as

$$\sum \left(\frac{a-b}{b+c} + \frac{1}{2} \right) \geq 3,$$

$$\sum \frac{2a-b+c}{b+c} \geq 6.$$

Since

$$2a-b+c \geq 2-3+1=0,$$

we may apply the Cauchy-Schwarz inequality to get

$$\sum \frac{2a-b+c}{b+c} \geq \frac{[\sum(2a-b+c)]^2}{\sum(b+c)(2a-b+c)} = \frac{2(\sum a)^2}{\sum ab + \sum ac}.$$

Thus, we still have to show that

$$\left(\sum a \right)^2 \geq 3 \left(\sum ab + \sum ac \right).$$

Let

$$x = a + d, \quad y = b + e, \quad z = c + f.$$

Since

$$\sum ab + \sum ac = xy + yz + zx,$$

we have

$$\left(\sum a \right)^2 - 3 \left(\sum ab + \sum ac \right) = (x + y + z)^2 - 3(xy + yz + zx) \geq 0.$$

The equality holds for $a = c = e$ and $b = d = f$.

□

P 1.207. If a_1, a_2, \dots, a_n ($n \geq 3$) are positive real numbers, then

$$\sum_{i=1}^n \frac{a_i}{a_{i-1} + 2a_i + a_{i+1}} \leq \frac{n}{4},$$

where $a_0 = a_n$ and $a_{n+1} = a_1$.

(Vasile Cîrtoaje, 2008)

Solution. Applying the Cauchy-Schwarz inequality, we have

$$\begin{aligned}
 \sum_{i=1}^n \frac{a_i}{a_{i-1} + 2a_i + a_{i+1}} &= \sum_{i=1}^n \frac{a_i}{(a_{i-1} + a_i) + (a_i + a_{i+1})} \\
 &\leq \frac{1}{4} \sum_{i=1}^n a_i \left(\frac{1}{a_{i-1} + a_i} + \frac{1}{a_i + a_{i+1}} \right) \\
 &= \frac{1}{4} \left(\sum_{i=1}^n \frac{a_i}{a_{i-1} + a_i} + \sum_{i=1}^n \frac{a_i}{a_i + a_{i+1}} \right) \\
 &= \frac{1}{4} \left(\sum_{i=1}^n \frac{a_{i+1}}{a_i + a_{i+1}} + \sum_{i=1}^n \frac{a_i}{a_i + a_{i+1}} \right) = \frac{n}{4}.
 \end{aligned}$$

The equality holds for $a_1 = a_2 = \cdots = a_n$.

□

P 1.208. Let a_1, a_2, \dots, a_n ($n \geq 3$) be positive real numbers such that $a_1 a_2 \cdots a_n = 1$. Prove that

$$\frac{1}{n-2+a_1+a_2} + \frac{1}{n-2+a_2+a_3} + \cdots + \frac{1}{n-2+a_n+a_1} \leq 1.$$

(Vasile Cîrtoaje, 2008)

First Solution. Let $r = \frac{n-2}{n}$. We can get the desired inequality by summing the following inequalities

$$\begin{aligned}
 \frac{n-2}{n-2+a_1+a_2} &\leq \frac{a_3^r + a_4^r + \cdots + a_n^r}{a_1^r + a_2^r + \cdots + a_n^r}, \\
 \frac{n-2}{n-2+a_2+a_3} &\leq \frac{a_1^r + a_4^r + \cdots + a_n^r}{a_1^r + a_2^r + \cdots + a_n^r}, \\
 &\dots\dots\dots \\
 \frac{n-2}{n-2+a_n+a_1} &\leq \frac{a_2^r + a_3^r + \cdots + a_{n-1}^r}{a_1^r + a_2^r + \cdots + a_n^r}.
 \end{aligned}$$

The first inequality is equivalent to

$$(a_1 + a_2)(a_3^r + a_4^r + \cdots + a_n^r) \geq (n-2)(a_1^r + a_2^r).$$

By the AM-GM inequality, we have

$$a_3^r + a_4^r + \cdots + a_n^r \geq (n-2)(a_3 a_4 \cdots a_n)^{\frac{r}{n-2}} = \frac{n-2}{(a_1 a_2)^{\frac{r}{n-2}}}.$$

Therefore, it suffices to show that

$$a_1 + a_2 \geq (a_1 a_2)^{\frac{r}{n-2}} (a_1^r + a_2^r),$$

or, equivalently,

$$a_1 + a_2 \geq (a_1 a_2)^{\frac{1}{n}} \left(a_1^{\frac{n-2}{n}} + a_2^{\frac{n-2}{n}} \right).$$

This is equivalent to the obvious inequality

$$\left(a_1^{\frac{n-1}{n}} - a_2^{\frac{n-1}{n}} \right) \left(a_1^{\frac{1}{n}} - a_2^{\frac{1}{n}} \right) \geq 0.$$

The equality holds for $a_1 = a_2 = \cdots = a_n$.

Second Solution. Since

$$\frac{n-2}{n-2+a_1+a_2} = 1 - \frac{a_1+a_2}{n-2+a_1+a_2},$$

we can write the desired inequality as

$$\sum_{i=1}^n \frac{a_i + a_{i+1}}{a_i + a_{i+1} + n - 2} \geq 2,$$

where $a_{n+1} = a_1$. Using the Cauchy-Schwarz inequality, we get

$$\begin{aligned} \sum_{i=1}^n \frac{a_i + a_{i+1}}{a_i + a_{i+1} + n - 2} &\geq \frac{\left(\sum_{i=1}^n \sqrt{a_i + a_{i+1}} \right)^2}{\sum_{i=1}^n (a_i + a_{i+1} + n - 2)} \\ &= \frac{2 \sum_{i=1}^n a_i + 2 \sum_{1 \leq i < j \leq n} \sqrt{(a_i + a_{i+1})(a_j + a_{j+1})}}{2 \sum_{i=1}^n a_i + n(n-2)}. \end{aligned}$$

Therefore, it suffices to prove that

$$\sum_{1 \leq i < j \leq n} \sqrt{(a_i + a_{i+1})(a_j + a_{j+1})} \geq \sum_{i=1}^n a_i + n(n-2).$$

Setting $a_{n+2} = a_2$, by the Cauchy-Schwarz inequality and the AM-GM inequality, we have

$$\begin{aligned}
 \sum_{1 \leq i < j \leq n} \sqrt{(a_i + a_{i+1})(a_j + a_{j+1})} &= \\
 &= \sum_{i=1}^n \sqrt{(a_i + a_{i+1})(a_{i+1} + a_{i+2})} + \sum_{\substack{1 \leq i < j \leq n \\ j \neq i+1}} \sqrt{(a_i + a_{i+1})(a_j + a_{j+1})} \\
 &\geq \sum_{i=1}^n (a_{i+1} + \sqrt{a_i a_{i+2}}) + n(n-3) \sqrt[n]{a_1 a_2 \cdots a_n} \\
 &= \sum_{i=1}^n a_i + n(n-3) + \sum_{i=1}^n \sqrt{a_i a_{i+2}} \\
 &\geq \sum_{i=1}^n a_i + n(n-3) + n \sqrt[n]{a_1 a_2 \cdots a_n} = \sum_{i=1}^n a_i + n(n-2).
 \end{aligned}$$

□

P 1.209. If $a_1, a_2, \dots, a_n \geq 1$, then

$$\prod \left(a_1 + \frac{1}{a_2} + n - 2 \right) \geq n^{n-2} (a_1 + a_2 + \cdots + a_n) \left(\frac{1}{a_1} + \frac{1}{a_2} + \cdots + \frac{1}{a_n} \right).$$

(Vasile Cîrtoaje, 2011)

Solution. Write the inequality as $E(a_1, a_2, \dots, a_n) \geq 0$, and denote

$$A = \left(a_2 + \frac{1}{a_3} + n - 2 \right) \left(a_3 + \frac{1}{a_4} + n - 2 \right) \cdots \left(a_{n-1} + \frac{1}{a_n} + n - 2 \right).$$

We will prove that

$$E(a_1, a_2, \dots, a_n) \geq E(1, a_2, \dots, a_n).$$

If this is true, then

$$E(a_1, a_2, \dots, a_n) \geq E(1, a_2, \dots, a_n) \geq E(1, 1, a_3, \dots, a_n) \geq \cdots \geq E(1, 1, \dots, 1, a_n) = 0.$$

We have

$$E(a_1, a_2, \dots, a_n) - E(1, a_2, \dots, a_n) = (a_1 - 1) \left(B - \frac{C}{a_1} \right),$$

where

$$B = A(a_n + n - 2) - n^{n-2} \left(\frac{1}{a_2} + \frac{1}{a_3} + \cdots + \frac{1}{a_n} \right),$$

$$C = A \left(\frac{1}{a_2} + n - 2 \right) - n^{n-2} (a_2 + a_3 + \cdots + a_n).$$

Since $a_1 - 1 \geq 0$, we need to show that

$$a_1 B - C \geq 0.$$

According to the AM-GM inequality, we have

$$A \geq \left(n \sqrt[n]{\frac{a_2}{a_3}}\right) \left(n \sqrt[n]{\frac{a_3}{a_4}}\right) \cdots \left(n \sqrt[n]{\frac{a_{n-1}}{a_n}}\right) = n^{n-2} \sqrt[n]{\frac{a_2}{a_n}},$$

$$a_n + n - 2 \geq (n-1) \sqrt[n-1]{a_n},$$

$$A(a_n + n - 2) \geq (n-1)n^{n-2} \sqrt[n]{a_2 a_n^{\frac{1}{n-1}}} \geq (n-1)n^{n-2},$$

therefore

$$B \geq n^{n-2} \left(n - 1 - \frac{1}{a_2} - \frac{1}{a_3} - \cdots - \frac{1}{a_n}\right) \geq 0$$

and

$$a_1 B - C \geq B - C = A \left(a_n - \frac{1}{a_2}\right) + n^{n-2} \left(a_2 - \frac{1}{a_2}\right) + \cdots + n^{n-2} \left(a_n - \frac{1}{a_n}\right) \geq 0.$$

The equality holds when $n-1$ of the numbers a_1, a_2, \dots, a_n are equal to 1.

□

P 1.210. If $a_1, a_2, \dots, a_n \geq 1$, then

$$\left(a_1 + \frac{1}{a_1}\right) \left(a_2 + \frac{1}{a_2}\right) \cdots \left(a_n + \frac{1}{a_n}\right) + 2^n \geq 2 \left(1 + \frac{a_1}{a_2}\right) \left(1 + \frac{a_2}{a_3}\right) \cdots \left(1 + \frac{a_n}{a_1}\right).$$

(Vasile Cîrtoaje, 2011)

Solution. Write the inequality as $E(a_1, a_2, \dots, a_n) \geq 0$, and denote

$$A = \left(a_2 + \frac{1}{a_2}\right) \cdots \left(a_n + \frac{1}{a_n}\right),$$

$$B = \left(1 + \frac{a_2}{a_3}\right) \cdots \left(1 + \frac{a_{n-1}}{a_n}\right).$$

We will prove that

$$E(a_1, a_2, \dots, a_n) \geq E(1, a_2, \dots, a_n).$$

If this is true, then

$$E(a_1, a_2, \dots, a_n) \geq E(1, a_2, \dots, a_n) \geq E(1, 1, a_3, \dots, a_n) \geq \cdots \geq E(1, 1, \dots, 1, a_n) = 0.$$

We have

$$E(a_1, a_2, \dots, a_n) - E(1, a_2, \dots, a_n) = (a_1 - 1) \left(C - \frac{D}{a_1}\right),$$

where

$$C = A - \frac{2B}{a_2},$$

$$D = A - 2Ba_n.$$

Since $a_1 - 1 \geq 0$, we need to show that

$$a_1C - D \geq 0.$$

First, we prove that $C \geq 0$; that is,

$$(a_2^2 + 1) \cdots (a_n^2 + 1) \geq 2(a_2 + a_3) \cdots (a_{n-1} + a_n).$$

By squaring, this inequality becomes

$$(a_2^2 + 1)[(a_2^2 + 1)(a_3^2 + 1)] \cdots [(a_{n-1}^2 + 1)(a_n^2 + 1)](a_n^2 + 1) \geq$$

$$\geq 4(a_2 + a_3)^2 \cdots (a_{n-1} + a_n)^2.$$

By the Cauchy-Schwarz inequality, we have

$$(a_2^2 + 1)(a_3^2 + 1) \geq (a_2 + a_3)^2, \quad \dots, \quad (a_{n-1}^2 + 1)(a_n^2 + 1) \geq (a_{n-1} + a_n)^2.$$

Therefore, we still have to show that

$$(a_2^2 + 1)(a_n^2 + 1) \geq 4,$$

which is clearly true for $a_2 \geq 1$ and $a_n \geq 1$. Finally, we have

$$a_1C - D \geq C - D = 2B \left(a_n - \frac{1}{a_2} \right) \geq 0.$$

The equality holds when $n - 1$ of a_1, a_2, \dots, a_n are equal to 1.

□

P 1.211. Let k and n be positive integers with $k < n$, and let a_1, a_2, \dots, a_n be real numbers such that $a_1 \leq a_2 \leq \cdots \leq a_n$. Then

$$(a_1 + a_2 + \cdots + a_n)^2 \geq n(a_1a_{k+1} + a_2a_{k+2} + \cdots + a_na_{n+k})$$

(where $a_{n+i} = a_i$ for any positive integer i) in the following cases:

- (a) $n = 2k$;
- (b) $n = 4k$.

(Vasile Cîrtoaje, *Cruz Mathematicorum*, 5, 2005)

Solution. (a) We have to prove that

$$(a_1 + a_2 + \cdots + a_{2k})^2 \geq 4k(a_1a_{k+1} + a_2a_{k+2} + \cdots + a_ka_{2k}).$$

Let x be a real number such that $a_k \leq x \leq a_{k+1}$. Then, obviously,

$$(x - a_1)(a_{k+1} - x) + (x - a_2)(a_{k+2} - x) + \cdots + (x - a_k)(a_{2k} - x) \geq 0.$$

Expanding, rearranging and multiplying by $4k$, we obtain

$$4kx(a_1 + a_2 + \cdots + a_{2k}) \geq 4k^2x^2 + 4k(a_1a_{k+1} + a_2a_{k+2} + \cdots + a_ka_{2k}).$$

On the other hand, by the AM-GM inequality, we have

$$(a_1 + a_2 + \cdots + a_{2k})^2 + 4k^2x^2 \geq 4kx(a_1 + a_2 + \cdots + a_{2k}).$$

Adding these inequalities, we obtain the desired inequality. The equality holds for

$$a_{j+1} = a_{j+2} = \cdots = a_{j+k} = \frac{a_1 + a_2 + \cdots + a_{2k}}{2k},$$

where $j \in \{1, 2, \dots, k-1\}$.

(b) Let

$$b_i = a_i + a_{2k+i}, \quad i = 1, 2, \dots, 2k.$$

Clearly, $b_1 \leq b_2 \leq \cdots \leq b_{2k}$. Applying the inequality from part (a), we obtain

$$(a_1 + a_2 + \cdots + a_{4k})^2 \geq 4k(a_1a_{k+1} + a_2a_{k+2} + \cdots + a_{4k}a_k).$$

$$(b_1 + b_2 + \cdots + b_{2k})^2 \geq 4k(b_1b_{k+1} + b_2b_{k+2} + \cdots + b_kb_{2k}),$$

which is the desired inequality. The equality occurs for

$$\begin{cases} a_{j+1} = a_{j+2} = \cdots = a_{j+k} = a \\ a_{j+2k+1} = a_{j+2k+2} = \cdots = a_{j+3k} = b \\ a_1 + a_2 + \cdots + a_{4k} = 2k(a + b) \end{cases},$$

where $a \leq b$ are real numbers, and $j \in \{1, 2, \dots, k-1\}$.

Remark. Actually, the inequality holds for any integer k satisfying $\frac{n}{4} \leq k \leq \frac{n}{2}$ (see Crux Mathematicorum, 2008, volume 34, issue 4).

□

P 1.212. If $a_1, a_2, \dots, a_n \in [1, 2]$, then

$$\sum_{i=1}^n \frac{3}{a_i + 2a_{i+1}} \geq \sum_{i=1}^n \frac{2}{a_i + a_{i+1}},$$

where $a_{n+1} = a_1$.

(Vasile Cîrtoaje, 2005)

Solution. Rewrite the inequality as follows

$$\begin{aligned} \sum_{i=1}^n \frac{a_i - a_{i+1}}{(a_i + a_{i+1})(a_i + 2a_{i+1})} &\geq 0, \\ \sum_{i=1}^n \left[\frac{k(a_i - a_{i+1})}{(a_i + a_{i+1})(a_i + 2a_{i+1})} + \frac{1}{a_i} - \frac{1}{a_{i+1}} \right] &\geq 0, \quad k > 0, \\ \sum_{i=1}^n \frac{(a_i - a_{i+1})[(k-3)a_i a_{i+1} - a_i^2 - 2a_{i+1}^2]}{a_i a_{i+1}(a_i + a_{i+1})(a_i + 2a_{i+1})} &\geq 0, \end{aligned}$$

Setting $k = 6$, the inequality becomes

$$\sum_{i=1}^n \frac{(a_i - a_{i+1})^2(2a_{i+1} - a_i)}{a_i a_{i+1}(a_i + a_{i+1})(a_i + 2a_{i+1})} \geq 0.$$

Since $1 \leq a_i \leq 2$, we have $2a_{i+1} - a_i \geq 0$ for all $i = 1, 2, \dots, n$. Thus, the inequality is proved. The equality holds for $a_1 = a_2 = \dots = a_n$. □

P 1.213. If a_1, a_2, \dots, a_n ($n \geq 3$) are real numbers such that $a_1 \geq a_2 \geq \dots \geq a_n$ and

$$a_1 a_2 + a_2 a_3 + \dots + a_n a_1 = n,$$

then

$$(3 - a_1)^2 + (3 - a_2)^2 + \dots + (3 - a_n)^2 \geq 4n.$$

(Vasile Cîrtoaje, GMA, no. 3-4, 2022)

Solution. Let

$$a = \frac{a_2 + a_3 + \dots + a_{n-1}}{n-2}.$$

By Jensen's inequality applied to the convex function $f(x) = (3 - x)^2$, we have

$$(3 - a_2)^2 + (3 - a_3)^2 + \dots + (3 - a_{n-1})^2 \geq (n-2)(3 - a)^2.$$

Thus, it suffices to show that

$$(3 - a_1)^2 + (3 - a_n)^2 + (n-2)(3 - a)^2 \geq 4n.$$

Using the substitutions

$$A = \frac{a + a_1}{2}, \quad B = \frac{a + a_n}{2},$$

the inequality becomes as follows:

$$(3 + a - 2A)^2 + (3 + a - 2B)^2 + (n - 2)(3 - a)^2 \geq 4n,$$

$$4(A^2 + B^2) - 4(3 + a)(A + B) + 2(3 + a)^2 + (n - 2)(3 - a)^2 - 4n \geq 0,$$

$$4(A + B)^2 - 4(3 + a)(A + B) + 2(3 + a)^2 + (n - 2)(3 - a)^2 - 4n \geq 8AB,$$

$$(2A + 2B - 3 - a)^2 + (3 + a)^2 + (n - 2)(3 - a)^2 - 4n \geq 8AB.$$

It is true if

$$(3 + a)^2 + (n - 2)(3 - a)^2 - 4n \geq 8AB.$$

By Lemma below, we have:

$$4AB + (n - 4)a^2 \leq n.$$

So, it suffices to show that

$$(3 + a)^2 + (n - 2)(3 - a)^2 - 4n \geq 2n - 2(n - 4)a^2,$$

which is equivalent to

$$3(n - 3)(a - 1)^2 \geq 0.$$

The equality occurs for $a_1 = a_2 = \dots = a_n = 1$.

Lemma. If a_1, a_2, \dots, a_n ($n \geq 3$) are real numbers such that $a_1 \geq a_2 \geq \dots \geq a_n$, then

$$(a + a_1)(a + a_n) + (n - 4)a^2 \leq a_1a_2 + a_2a_3 + \dots + a_na_1,$$

where

$$a = \frac{a_2 + a_3 + \dots + a_{n-1}}{n - 2}.$$

Proof. For $n = 3$, the inequality is an identity. For $n > 3$, since the sequences (a_2, \dots, a_{n-2}) and (a_3, \dots, a_{n-1}) are decreasing, by Chebyshev's inequality we have

$$(n - 3)(a_2a_3 + \dots + a_{n-2}a_{n-1}) \geq (a_2 + \dots + a_{n-2})(a_3 + \dots + a_{n-1}).$$

Thus, the desired inequality is true if

$$(a_1 + a_n)a + (n - 3)a^2 \leq a_1a_2 + a_{n-1}a_n + \frac{1}{n - 3}(a_2 + \dots + a_{n-2})(a_3 + \dots + a_{n-1}),$$

which is equivalent to

$$a_1(a - a_2) + a_n(a - a_{n-1}) + (n - 3)a^2 \leq \frac{1}{n - 3}[(n - 2)a - a_{n-1}][(n - 2)a - a_2].$$

Since $a - a_2 \leq 0$ and $a - a_{n-1} \geq 0$, it suffices to show that

$$a_2(a - a_2) + a_{n-1}(a - a_{n-1}) + (n - 3)a^2 \leq \frac{1}{n - 3}[(n - 2)a - a_{n-1}][(n - 2)a - a_2],$$

that is

$$(2n - 5)a^2 - (2n - 5)(a_2 + a_{n-1})a + (n - 3)(a_2^2 + a_{n-1}^2) + a_2a_{n-1} \geq 0,$$

$$(2n - 5) \left(a - \frac{a_2 + a_{n-1}}{2} \right)^2 + \frac{2n - 7}{4}(a_2 - a_{n-1})^2 \geq 0.$$

Remark 1. Actually, 3 is the largest real value of k such that

$$(k - a_1)^2 + (k - a_2)^2 + \cdots + (k - a_n)^2 \geq n(k - 1)^2$$

for any real numbers a_i with $a_1 \geq a_2 \geq \cdots \geq a_n$ and $a_1a_2 + a_2a_3 + \cdots + a_na_1 = n$. Choosing $a_1 > a_2 = \cdots = a_{n-1} = 1 > a_n > 0$ and denoting $s = (a_1 + a_n)/2$, the equality constraint becomes $a_1a_n + 2s = 3$. From $3 = a_1a_n + 2s > 2s$ and $3 = a_1a_n + 2s < s^2 + 2s$, we get $s \in (1, 3/2)$. The inequality can be written as follows:

$$(k - a_1)^2 + (k - a_n)^2 \geq 2(k - 1)^2, \quad (s - 1)(s + 2 - k) \geq 0, \quad s + 2 - k \geq 0.$$

Taking $s \rightarrow 1$, we get the necessary condition $k \leq 3$.

Remark 2. We can write the inequalities from P 1.213 as

$$a_1^2 + a_2^2 + \cdots + a_n^2 + 5n \geq 6(a_1 + a_2 + \cdots + a_n).$$

Since

$$\frac{a_1 + a_2 + \cdots + a_n}{n} + \frac{n}{a_1 + a_2 + \cdots + a_n} \geq 2$$

for $a_1 + a_2 + \cdots + a_n > 0$, the following inequality follows:

- If a_1, a_2, \dots, a_n ($n \geq 3$) are nonnegative real numbers such that

$$a_1a_2 + a_2a_3 + \cdots + a_na_1 = n, \quad a_1 \geq a_2 \geq \cdots \geq a_n,$$

then

$$a_1^2 + a_2^2 + \cdots + a_n^2 + \frac{6n^2}{a_1 + a_2 + \cdots + a_n} \geq 7n.$$

□

P 1.214. Let a, b, c, d be positive real numbers such that $ab + bc + cd + da = 4$.

- (a) If $a \geq b \geq 1 \geq c \geq d$, then

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + 8 \geq 3(a + b + c + d).$$

- (b) If $a \geq b \geq c \geq 1 \geq d$, then the inequality above holds true.

(Vasile Cîrtoaje, SSMJ, 4 and 6, 2024)

Solution. Write the constraint as

$$(a + c)(b + d) = 4.$$

(a) Let

$$x = \frac{a + c}{2}, \quad y = \frac{b + d}{2}, \quad xy = 1.$$

From $(a - 1)(c - 1) \leq 0$ and $(b - 1)(d - 1) \leq 0$, we get

$$ac \leq 2x - 1, \quad bd \leq 2y - 1, \quad \frac{1}{2} < y \leq x < 2.$$

Since

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} = \frac{a + c}{ac} + \frac{b + d}{bd} \geq \frac{2x}{2x - 1} + \frac{2y}{2y - 1},$$

it suffices to show that

$$\frac{x}{2x - 1} + \frac{y}{2y - 1} + 4 \geq 3(x + y),$$

which is equivalent to

$$\frac{x}{2x - 1} + \frac{1}{2 - x} + 4 \geq 3 \left(x + \frac{1}{x} \right),$$

$$(x - 1)^4 \geq 0.$$

The equality occurs for $a = b = c = d = 1$.

(b) Let

$$x = \frac{a + d}{2}, \quad y = \frac{b + c}{2}, \quad y \geq 1.$$

Since

$$\frac{1}{b} + \frac{1}{c} \geq \frac{4}{b + c} = \frac{2}{y},$$

it suffices to show that

$$\frac{1}{a} + \frac{1}{d} + \frac{2}{y} + 8 \geq 3(a + d + 2y),$$

that is

$$\frac{x}{ad} + \frac{1}{y} + 4 \geq 3(x + y).$$

From

$$4xy - 4 = (a + d)(b + c) - (a + c)(b + d) = (a - b)(c - d) \geq 0,$$

we get

$$xy \geq 1,$$

and from

$$4 - (a + y)(y + d) = (a + c)(b + d) - (a + y)(y + d) = a(b - y) + (bc - y^2) + d(c - y)$$

$$= \frac{a(b-c)}{2} - \frac{(b-c)^2}{4} - \frac{d(b-c)}{2} = \frac{(b-c)(2a+c-b-2d)}{4} \geq 0,$$

we get $(a+y)(y+d) \leq 4$, hence

$$ad \leq 4 - y^2 - 2xy.$$

So, it suffices to show that

$$\frac{x}{4 - y^2 - 2xy} + \frac{1}{y} + 4 \geq 3(x+y),$$

that is

$$x + (4 - y^2 - 2xy) \left(\frac{1}{y} + 4 - 3x - 3y \right) \geq 0.$$

For fixed y , the inequality is true if $f(x) \geq 0$, where

$$f(x) = 6y^2x^2 + y(9y^2 - 8y - 13)x + (y^2 - 4)(3y^2 - 4y - 1).$$

Since

$$\begin{aligned} f'(x) &= 12y^2x + y(9y^2 - 8y - 13) \geq 12y + y(9y^2 - 8y - 13) \\ &= y(9y^2 - 8y - 1) = y(y-1)(9y+1) \geq 0, \end{aligned}$$

f is an increasing function, therefore

$$f(x) \geq f\left(\frac{1}{y}\right) = 3y^4 - 4y^3 - 4y^2 + 8y - 3 = (y-1)^2(3y^2 + 2y - 3) \geq 0.$$

The equality occurs for $a = b = c = d = 1$.

Remark 1. Points (a) and (b) can be combined as follows:

- Let $a \geq b \geq c \geq d > 0$ such that $ab + bc + cd + da = 4$. If $b \geq 1$, then

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + 8 \geq 3(a+b+c+d).$$

Note that the inequality

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} - 4 \geq k(a+b+c+d-4)$$

does not hold true for $k > 3$. To prove this assertion, we set $b = c = 1$, when the inequality becomes

$$\frac{1}{a} + \frac{1}{d} - 2 \geq k(a+d-2)$$

under the constraint

$$ad + a + d = 3.$$

Denoting $x = (a + d)/2$, we have $ad = 3 - 2x$ and $x \in [1, 3/2)$. The condition $x \geq 1$ follows from

$$3 = ad + S \leq x^2 + x.$$

Consider now that $x \in (1, 3/2)$, and write the inequality as follows:

$$\frac{x}{ad} - 1 \geq k(x - 1),$$

$$\frac{x}{3 - 2x} - 1 \geq k(x - 1),$$

$$k \leq \frac{3}{3 - 2x}.$$

From this, we get the necessary condition

$$k \leq \lim_{x \rightarrow 1} \frac{3}{3 - 2x} = 3.$$

Remark 2. Since

$$\frac{a + b + c + d}{4} + \frac{4}{a + b + c + d} \geq 2,$$

the following statement follows:

- Let $a \geq b \geq c \geq d > 0$ such that $ab + bc + cd + da = 4$. If $b \geq 1$, then

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + \frac{48}{a + b + c + d} \geq 16.$$

□

P 1.215. If a, b, c, d are nonnegative real numbers such that

$$ab + bc + cd + da = 4, \quad a \geq b \geq c \geq d,$$

then

$$\frac{4}{3} \leq \frac{1}{a+2} + \frac{1}{b+2} + \frac{1}{c+2} + \frac{1}{d+2} \leq \frac{3}{2}.$$

(Vasile Cîrtoaje, *Math. Reflections*, 4, 2024)

Solution. The hypothesis is equivalent to

$$(a + c)(b + d) = 4.$$

Therefore,

$$a + c \geq 2 \geq b + d.$$

(a) To prove the right inequality, we see that

$$\frac{1}{a+2} + \frac{1}{c+2} = \frac{a+c+4}{ac+2(a+c)+4} \leq \frac{a+c+4}{2(a+c+2)}$$

and

$$\frac{1}{b+2} + \frac{1}{d+2} = \frac{b+d+4}{bd+2(b+d)+4} \leq \frac{b+d+4}{2(b+d+2)} = \frac{a+c+1}{a+c+2},$$

hence

$$\frac{1}{a+2} + \frac{1}{b+2} + \frac{1}{c+2} + \frac{1}{d+2} \leq \frac{a+c+4}{2(a+c+2)} + \frac{a+c+1}{a+c+2} = \frac{3}{2}.$$

The equality occurs for $ab = 4$ and $c = d = 0$.

(b) Let

$$x = \frac{a+d}{2}, \quad y = \frac{b+c}{2}.$$

From

$$4xy - 4 = (a+d)(b+c) - (a+c)(b+d) = (a-b)(c-d) \geq 0,$$

we get

$$xy \geq 1,$$

and from

$$\begin{aligned} 4 - (a+y)(y+d) &= (a+c)(b+d) - (a+y)(y+d) = a(b-y) + (bc-y^2) + d(c-y) \\ &= \frac{a(b-c)}{2} - \frac{(b-c)^2}{4} - \frac{d(b-c)}{2} = \frac{(b-c)(2a+c-b-2d)}{4} \geq 0, \end{aligned}$$

we get $(a+y)(y+d) \leq 4$, hence

$$ad \leq 4 - 2xy - y^2.$$

Since

$$\frac{1}{b+2} + \frac{1}{c+2} \geq \frac{2}{y+2},$$

we only need to show that

$$\frac{1}{a+2} + \frac{1}{d+2} + \frac{2}{y+2} \geq \frac{4}{3},$$

that is

$$\frac{x+2}{ad+4x+4} + \frac{1}{y+2} \geq \frac{2}{3}.$$

So, it suffices to show that

$$\frac{x+2}{8+4x-2xy-y^2} + \frac{1}{y+2} \geq \frac{2}{3},$$

that is

$$x+2 + (8+4x-2xy-y^2) \left(\frac{1}{y+2} - \frac{2}{3} \right) \geq 0,$$

$$x(4y^2 - 3y + 2) + 2y^3 + y^2 - 10y + 4 \geq 0.$$

Since $xy \geq 1$, it is true if

$$\frac{4y^2 - 3y + 2}{y} + 2y^3 + y^2 - 10y + 4 \geq 0,$$

which is equivalent to

$$\begin{aligned} 2y^4 + y^3 - 6y^2 + y + 2 &\geq 0, \\ (y - 1)^2(2y^2 + 5y + 2) &\geq 0. \end{aligned}$$

The proof is completed. The equality occurs for $a = b = c = d = 1$.

□

P 1.216. If $n \geq 6$ and $a_1 \geq 1 \geq a_2 \geq \cdots \geq a_n$ such that $a_1a_2 + a_2a_3 + \cdots + a_na_1 = n$, then

$$\frac{1}{a_1 + 3} + \frac{1}{a_2 + 3} + \cdots + \frac{1}{a_n + 3} \geq \frac{n}{4}.$$

(Vasile Cîrtoaje, *Cruce Mathematicorum*, 6, 2024)

Solution. Let

$$S = \frac{a_1 + a_n}{2}, \quad x = \frac{a_2 + a_3 + \cdots + a_{n-1}}{n - 2},$$

where

$$a_1 \geq 1 \geq x \geq a_n.$$

By the AM-HM inequality, we have

$$\frac{1}{a_2 + 3} + \cdots + \frac{1}{a_{n-1} + 3} \geq \frac{(n - 2)^2}{(a_2 + 3) + \cdots + (a_{n-1} + 3)} = \frac{n - 2}{x + 3},$$

and it suffices to show that

$$\frac{1}{a_1 + 3} + \frac{1}{a_n + 3} + \frac{n - 2}{x + 3} \geq \frac{n}{4}.$$

By Lemma below, we have $(n - 3)x^2 + x(a_1 + a_n) + a_1a_n \leq n$. Since the left hand side of the desired inequality decreases when a_1 increases, we may replace this inequality constraint with the equality constraint $(n - 3)x^2 + x(a_1 + a_n) + a_1a_n = n$, i.e.

$$a_1a_n = n - 2xS - (n - 3)x^2.$$

From $(a_1 - x)(a_n - x) \leq 0$, we get $a_1a_n \leq 2xS - x^2$, and from $n - 2xS - (n - 3)x^2 = a_1a_n \leq 2xS - x^2$, we get

$$S \geq S_1 = \frac{n - (n - 4)x^2}{4x}.$$

Since

$$\frac{1}{a_1 + 3} + \frac{1}{a_n + 3} = \frac{2S + 6}{a_1 a_n + 9 + 6S} = \frac{2S + 6}{n + 9 + 2(3 - x)S - (n - 3)x^2},$$

we need to show that

$$\frac{2S + 6}{n + 9 + 2(3 - x)S - (n - 3)x^2} + \frac{n - 8 - nx}{4(x + 3)} \geq 0,$$

which can be written as $2A(x)S + B(x) \geq 0$, where

$$A(x) = nx^2 - 4(n - 3)x + 3(n - 4) = (x - 1)(nx - 3n + 12),$$

$$\begin{aligned} B(x) &= n(n - 3)x^3 - (n - 3)(n - 8)x^2 - (n^2 + 9n - 24)x + n(n + 1) \\ &= (x - 1)[n(n - 3)x^2 + 8(n - 3)x - n(n + 1)]. \end{aligned}$$

Since $x \leq 1$ and $3n - 12 - nx \geq 3n - 12 - n = 2(n - 6) \geq 0$, we have $A(x) \geq 0$. So, it suffices to show that $2A(x)S_1 + B(x) \geq 0$, which is equivalent to the obvious inequality $(x - 1)^2 h(x) \geq 0$, where

$$h(x) = (n - 2)x^2 + 2(2n - 5)x + 3(n - 4) > 0.$$

Thus, the proof is completed. For $k_n = 3$, the equality occurs when $a_2 = \dots = a_{n-1} = 1$ and $a_1 + a_n + a_1 a_n = 3$ such that $a_1 \geq 1 \geq a_n$.

Lemma. Let $a_1 \geq a_2 \geq \dots \geq a_n \geq 0$ such that $a_1 a_2 + a_2 a_3 + \dots + a_n a_1 = n$. If $n \geq 4$ and $x = \frac{a_2 + \dots + a_{n-1}}{n - 2}$, then

$$(n - 3)x^2 + x(a_1 + a_n) + a_1 a_n \leq n,$$

with equality for $a_2 = \dots = a_{n-1}$.

Proof. Write the desired inequality as follows:

$$(n - 3)x^2 + x(a_1 + a_n) + a_1 a_n \leq a_1 a_2 + a_2 a_3 + \dots + a_n a_1,$$

$$(n - 3)x^2 + a_1(x - a_2) + a_n(x - a_{n-1}) \leq a_2 a_3 + \dots + a_{n-2} a_{n-1}.$$

Since $x - a_2 \leq 0$ and $x - a_{n-1} \geq 0$, it suffices to show that

$$(n - 3)x^2 + a_2(x - a_2) + a_{n-1}(x - a_{n-1}) \leq a_2 a_3 + \dots + a_{n-2} a_{n-1},$$

which can be rewritten as

$$a_2 a_3 + \dots + a_{n-2} a_{n-1} \geq (n - 3)x^2 + (a_2 + a_{n-1})x - a_2^2 - a_{n-1}^2.$$

Since the sequences a_2, a_3, \dots, a_{n-2} and a_3, a_4, \dots, a_{n-1} are decreasing, by Chebyshev's inequality we have

$$(n - 3)(a_2 a_3 + \dots + a_{n-2} a_{n-1}) \geq (a_2 + \dots + a_{n-2})(a_3 + \dots + a_{n-1}) = ((n - 2)x - a_{n-1})((n - 2)x - a_2).$$

Thus, it suffices to show that

$$\frac{((n-2)x - a_{n-1})((n-2)x - a_2)}{n-3} \geq (n-3)x^2 + (a_2 + a_{n-1})x - a_2^2 - a_{n-1}^2,$$

which is equivalent to

$$(2n-5)x^2 - (2n-5)(a_2 + a_{n-1})x + (n-3)(a_2^2 + a_{n-1}^2) + a_2a_{n-1} \geq 0,$$

$$(2n-5)(2x - a_2 - a_{n-1})^2 + (2n-7)(a_2 - a_{n-1})^2 \geq 0.$$

Clearly, the last inequality is true.

Remark. Note that 3 is the largest positive value of k such that the inequality

$$\frac{1}{a_1 + k} + \frac{1}{a_2 + k} + \cdots + \frac{1}{a_n + k} \geq \frac{n}{1 + k}$$

holds for $n \geq 6$ and all nonnegative numbers a_1, a_2, \dots, a_n satisfying

$$a_1a_2 + a_2a_3 + \cdots + a_na_1 = n, \quad a_1 \geq 1 \geq a_2 \geq \cdots \geq a_n.$$

Indeed, by setting $a_1 = 3$, $a_2 = \cdots = a_{n-1} = 1$ and $a_n = 0$, the desired inequality leads to the necessary condition $k \leq 3$. □

P 1.217. If x_1, x_2, x_3, x_4, x_5 are nonnegative real numbers such that

$$x_1x_2 + x_2x_3 + x_3x_4 + x_4x_5 + x_5x_1 = 5,$$

then

$$\frac{1}{5x_1 + 4} + \frac{1}{5x_2 + 4} + \frac{1}{5x_3 + 4} + \frac{1}{5x_4 + 4} + \frac{1}{5x_5 + 4} \geq \frac{5}{9}.$$

(Vasile Cîrtoaje, AMM, 6, 2023)

Solution. According to Lemma below, it is sufficient to show that

$$\frac{1}{5a + 4} + \frac{1}{5b + 4} + \frac{1}{5c + 4} + \frac{1}{5d + 4} + \frac{1}{5e + 4} \geq \frac{5}{9}$$

for $a \geq b \geq c \geq d \geq e \geq 0$ such that $ae + ad + be + bc + cd = 5$. We will prove the extended inequality

$$\frac{1}{a + k} + \frac{1}{b + k} + \frac{1}{c + k} + \frac{1}{d + k} + \frac{1}{e + k} \geq \frac{5}{1 + k}$$

for

$$0 < k \leq k_0, \quad k_0 = \frac{\sqrt{54 - 2\sqrt{5}} - 3\sqrt{5} + 3}{4} \approx 0.83234991.$$

Denote

$$x = \frac{a+b}{2}, \quad y = \frac{d+e}{2}, \quad a \geq x \geq b \geq c \geq d \geq y \geq e.$$

Replacing a and e with $2x - b$ and $2y - d$, respectively, we have

$$5 = a(d+e) + be + bc + cd = 2(2x-b)y + b(2y-d) + bc + cd = 4xy + bc - (b-c)d.$$

From this, we get

$$5 \geq 4xy + bc - (b-c)c = 4xy + c^2,$$

hence

$$4xy \leq 5 - c^2, \quad c < \sqrt{5},$$

and

$$\begin{aligned} 5 = 4xy + bc - (b-c)d &\leq 4xy + bc - (b-c)y = 4xy + b(c-y) + cy \\ &\leq 4xy + x(c-y) + cy = 3xy + c(x+y) \leq \frac{3}{4}(5-c^2) + c(x+y), \end{aligned}$$

hence

$$4c(x+y) \geq 3c^2 + 5.$$

By the AM-HM inequality, we have

$$\frac{1}{a+k} + \frac{1}{b+k} \geq \frac{4}{a+b+2k}, \quad \frac{1}{d+k} + \frac{1}{e+k} \geq \frac{4}{x_4+x_5+2k}.$$

So, it suffices to show that the conditions

$$4xy \leq 5 - c^2, \quad 4c(x+y) \geq 3c^2 + 5, \quad x \geq c \geq y \geq 0, \quad c \leq \sqrt{2}$$

involve

$$\frac{2}{x+k} + \frac{2}{y+k} + \frac{1}{c+k} \geq \frac{5}{1+k},$$

that is

$$\frac{2(x+y)+4k}{xy+k(x+y)+k^2} + \frac{1}{c+k} \geq \frac{5}{1+k}.$$

Since $4xy \leq 5 - c^2$, it suffices to show that

$$A + \frac{1}{c+k} \geq \frac{5}{1+k},$$

where

$$\begin{aligned} A &= \frac{8(x+y)+16k}{5-c^2+4k(x+y)+4k^2} = \frac{2}{k} \cdot \frac{4k(x+y)+8k^2}{5-c^2+4k(x+y)+4k^2} \\ &= \frac{2}{k} \left[1 + \frac{4k^2-5+c^2}{5-c^2+4k(x+y)+4k^2} \right]. \end{aligned}$$

Case 1: $4k^2 - 5 + c^2 \geq 0$. Since

$$A \geq \frac{2}{k},$$

we need to show that

$$\frac{2}{k} + \frac{1}{c+k} \geq \frac{5}{1+k},$$

which is true when

$$\frac{2}{k} + \frac{1}{\sqrt{5}+k} \geq \frac{5}{1+k},$$

hence when $0 < k \leq k_0$.

Case 2: $4k^2 - 5 + c^2 \leq 0$. Since $4c(x+y) \geq 3c^2 + 5$, it suffices to consider the case $4c(x+y) = 3c^2 + 5$, when

$$A \geq \frac{2}{k} \left[1 + \frac{4k^2 + 5 - c^2}{5 - c^2 + k(3c^2 + 5)/c + 4k^2} \right] = \frac{6c^2 + 16kc + 10}{5k + (4k^2 + 5)c + 3kc^2 - c^3}.$$

Thus, we need to prove that

$$\frac{6c^2 + 16kc + 10}{5k + (4k^2 + 5)c + 3kc^2 - c^3} + \frac{1}{c+k} \geq \frac{5}{1+k},$$

which is equivalent to

$$c^4 + (1-k)c^3 - (2k^2 - 5k + 5)c^2 + (4k^2 - 7k + 3)c - 2k^2 + 3k \geq 0,$$

$$(c-1)^2[c^2 + (3-k)c + k(3-2k)] \geq 0.$$

The proof is completed. The equality $E(a, b, c, d, e) = \frac{4}{19}$ occurs for $a = b = c = d = e = 1$, while the original inequality is an equality for $x_1 = x_2 = x_3 = x_4 = x_5 = 1$.

Lemma. Let x_1, x_2, x_3, x_4, x_5 be nonnegative real numbers such that $x_1x_2 + x_2x_3 + x_3x_4 + x_4x_5 + x_5x_1 = 5$, and let $E(x_1, x_2, x_3, x_4, x_5)$ be a symmetric and decreasing function with respect to each variable. If $E(a, b, c, d, e) \geq 0$ for any $a \geq b \geq c \geq d \geq e \geq 0$ such that $ae + ad + be + bc + cd = 5$, then $E(x_1, x_2, x_3, x_4, x_5) \geq 0$.

Proof. Let $T = (T_1, T_2, T_3, T_4, T_5)$ and $t = (t_1, t_2, t_3, t_4, t_5)$ be two decreasing sequences of nonnegative real numbers. By Karamata majorization inequality applied to the convex function $f(x) = e^x$, if $T_1 \cdots T_j \geq t_1 \cdots t_j$ for $j = 1, 2, 3, 4, 5$, then

$$T_1 + T_2 + T_3 + T_4 + T_5 \geq t_1 + t_2 + t_3 + t_4 + t_5.$$

If (a, b, c, d, e) is a permutation of $(x_1, x_2, x_3, x_4, x_5)$ such that $a \geq b \geq c \geq d \geq e \geq 0$, then

$$E(a, b, c, d, e) = E(x_1, x_2, x_3, x_4, x_5)$$

and

$$\sum_{sym} ab = \sum_{sym} x_1x_2,$$

where

$$\sum_{sym} x_1x_2 = \sum_{1 \leq i < j \leq 5} x_i x_j.$$

Let $T = (ab, ac, bd, ce, de)$ be a decreasing sequence, and t a decreasing permutation of the sequence $(x_1x_2, x_2x_3, x_3x_4, x_4x_5, x_5x_1)$. Since $T_1 \cdots T_j \geq t_1 \cdots t_j$ for $j = 1, 2, 3, 4, 5$, by Karamata's inequality we have

$$ab + ac + bd + ce + de \geq x_1x_3 + x_3x_5 + x_5x_2 + x_2x_4 + x_4x_1,$$

which is equivalent to

$$\sum_{sym} ab - (ab + ac + bd + ce + de) \leq \sum_{sym} x_1x_2 - (x_1x_3 + x_3x_5 + x_5x_2 + x_2x_4 + x_4x_1),$$

i.e.

$$ae + ad + be + bc + cd \leq x_1x_2 + x_2x_3 + x_3x_4 + x_4x_5 + x_5x_1 = 5.$$

In the case $ae + ad + be + bc + cd < 5$, by increasing the numbers a, b, c, d, e to have $ae + ad + be + bc + cd = 5$ and to keep the constraint $a \geq b \geq c \geq d \geq e \geq 0$, the function $E(a, b, c, d, e)$ decreases, therefore

$$E(a, b, c, d, e) \leq E(x_1, x_2, x_3, x_4, x_5).$$

On the other hand, by hypothesis, $E(a, b, c, d, e) \geq 0$. So, we have

$$E(x_1, x_2, x_3, x_4, x_5) \geq E(a, b, c, d, e) \geq 0.$$

□

P 1.218. If a, b, c, d, e are nonnegative real numbers such that

$$ab + bc + cd + de + ea = 5,$$

then

$$\frac{1}{a+1} + \frac{1}{b+1} + \frac{1}{c+1} + \frac{1}{d+1} + \frac{1}{e+1} \geq \frac{5}{2}.$$

(Vasile Cîrtoaje, AMM, 6, 2023)

Solution. Assume that $a = \max\{a, b, c, d, e\}$, $a \geq 1$. Since

$$(a+c)b + (a+d)e = 5 - cd, \quad cd \leq 5,$$

$$(a+c)(b+1) + (a+d)(e+1) = 2a + c + d + 5 - cd,$$

by the Cauchy-Schwarz inequality we have

$$\begin{aligned} \frac{1}{b+1} + \frac{1}{e+1} &\geq \frac{(\sqrt{a+c} + \sqrt{a+d})^2}{(a+c)(b+1) + (a+d)(e+1)} \\ &= \frac{2a + c + d + 2\sqrt{(a+c)(a+d)}}{2a + c + d + 5 - cd} \geq \frac{4a + c + d + 2\sqrt{cd}}{2a + c + d + 5 - cd}. \end{aligned}$$

Thus, it suffices to prove that

$$\frac{1}{a+1} + \frac{1}{c+1} + \frac{1}{d+1} + \frac{4a+c+d+2\sqrt{cd}}{2a+c+d+5-cd} \geq \frac{5}{2} \quad (*)$$

for $a = \max\{a, c, d\}$, $a \geq 1$ and $cd \leq 5$. Due to symmetry, we may assume that $c \geq d$, hence

$$a \geq c \geq d, \quad a \geq 1, \quad cd \leq 5.$$

Denote

$$x = \frac{c+d}{2}, \quad p = \sqrt{cd}.$$

From $c+d \geq 2\sqrt{cd}$ and $(a-c)(a-d) \geq 0$, we get $x \geq p$ and $a^2 - 2ax + p^2 \geq 0$, therefore

$$p \leq x \leq \frac{a^2 + p^2}{2a}.$$

For fixed a and p , the inequality $(*)$ can be written as

$$\frac{1}{a+1} + \frac{2(x+1)}{1+2x+p^2} + \frac{4a+2x+2p}{2a+2x+5-p^2} \geq \frac{5}{2},$$

which is equivalent to $f(x) \geq 0$, where f is a polynomial of second order with the expression

$$f(x) = 4(1-a)x^2 + B(a, p)x + C(a, p).$$

Since f is concave, it suffices to prove the inequality $f(x) \geq 0$ for $x = p$ and $x = \frac{a^2 + p^2}{2a}$, therefore for $c = d$ and for $c = a$.

Case 1: $c = d \leq \sqrt{5}$. We need to prove the inequality

$$\frac{1}{a+1} + \frac{2}{c+1} + \frac{4a+4c}{2a+2c+5-c^2} \geq \frac{5}{2},$$

which is equivalent to

$$\begin{aligned} 2(3-c)a^2 + (5c^3 - c^2 - 17c + 5)a + 3c^3 + c^2 - 5c + 5 &\geq 0, \\ 2(3-c)(a-c)^2 + 5(c^3 - c^2 - c + 1)a + 5(c^3 - c^2 - c + 1) &\geq 0, \\ 2(3-c)(a-c)^2 + 5(c-1)^2(c+1)(a+1) &\geq 0. \end{aligned}$$

Case 2: $c = a$. We need to show that

$$\frac{2}{a+1} + \frac{1}{d+1} + \frac{5a+d+2\sqrt{ad}}{3a+d+5-ad} \geq \frac{5}{2},$$

which is equivalent to

$$5a^2d^2 - 2ad(a+d) + a^2 + d^2 - 20ad - 2(a+d) + 5 + 4(a+1)(d+1)\sqrt{ad} \geq 0,$$

$$(a-1)^2(d-1)^2 + 4 \left[a^2d^2 - 6ad + 1 + (a+1)(d+1)\sqrt{ad} \right] \geq 0,$$

$$\frac{1}{4}(a-1)^2(d-1)^2 + (ad-1)^2 + \sqrt{ad} \left[(\sqrt{a} - \sqrt{d})^2 + (\sqrt{ad} - 1)^2 \right] \geq 0.$$

The proof is completed. The equality occurs for $a = b = c = d = e = 1$.

Remark. In our opinion, the inequality

$$\frac{1}{a+k} + \frac{1}{b+k} + \frac{1}{c+k} + \frac{1}{d+k} + \frac{1}{e+k} \geq \frac{5}{1+k}$$

holds for $k \in [0, k_1]$, where

$$k_1 = \frac{3\sqrt{5} - 4 + 4\sqrt{4 - \sqrt{5}}}{2} \approx 1.1570$$

is a root of the equation

$$\frac{2}{\sqrt{5}+k} + \frac{2}{k} = \frac{5}{1+k}.$$

In addition, the condition $k \leq k_1$ is necessary. Indeed, by choosing $a = b = \sqrt{5}$ and $c = e = 0$, the equality constraint is satisfied and the inequality becomes

$$\frac{2}{\sqrt{5}+k} + \frac{1}{d+k} \geq \frac{3k-2}{k(1+k)}.$$

Clearly, the inequality is true for all $d \geq 0$ if and only if

$$\frac{2}{\sqrt{5}+k} \geq \frac{3k-2}{k(1+k)},$$

that is $k \leq k_1$.

□

P 1.219. If a_1, a_2, \dots, a_8 are nonnegative real numbers such that $a_1a_2 + a_2a_3 + \dots + a_8a_1 = 8$, then

$$\frac{1}{5a_1+3} + \frac{1}{5a_2+3} + \dots + \frac{1}{5a_8+3} \geq 1.$$

(Vasile Cîrtoaje, GMA, no. 3-4, 2024)

Solution. We first show that

$$64 \left(\frac{1}{5a_1+3} + \frac{1}{5a_2+3} \right) + 5a_1a_2 \geq 21.$$

Denoting $s = \frac{a_1+a_2}{2}$ and $p = \sqrt{a_1a_2}$, the inequality becomes as follows:

$$\frac{64(10s+6)}{25p^2+30s+9} + 5p^2 \geq 21,$$

$$2(15p^2 + 1)s + 25p^4 - 96p^2 + 39 \geq 0.$$

Since $s \geq p$, we have

$$\begin{aligned} 2(15p^2 + 1)s + 25p^4 - 96p^2 + 39 &\geq 2(15p^2 + 1)p + 25p^4 - 96p^2 + 39 \\ &= 25p^4 + 30p^3 - 96p^2 + 2p + 39 = (p-1)^2(25p^2 + 80p + 39) \geq 0. \end{aligned}$$

Thus, from

$$\sum_{cyc} \left[64 \left(\frac{1}{5a_1 + 3} + \frac{1}{5a_2 + 3} \right) + 5a_1a_2 - 21 \right] \geq 0,$$

we get the desired inequality. The equality occurs for $a_1 = a_2 = \dots = a_8 = 1$.

Remark 1. Similarly, we can prove the following statement:

- If a_1, a_2, \dots, a_n are nonnegative real numbers such that

$$a_1a_2 + a_2a_3 + \dots + a_na_1 = n,$$

then

$$\frac{1}{5a_1 + 3} + \frac{1}{5a_2 + 3} + \dots + \frac{1}{5a_n + 3} \geq \frac{n}{8}.$$

Remark 2. The following stronger inequality is true.

- If $k \geq \frac{\sqrt{5} + 1}{2} \approx 1.618$ and a_1, a_2, \dots, a_n are nonnegative real numbers such that

$$a_1a_2 + a_2a_3 + \dots + a_na_1 = n,$$

then

$$\frac{1}{ka_1 + 1} + \frac{1}{ka_2 + 1} + \dots + \frac{1}{ka_n + 1} \geq \frac{n}{k + 1}.$$

The proof is based on the inequality

$$(k+1)^2 \left(\frac{1}{ka_1 + 1} + \frac{1}{ka_2 + 1} \right) + ka_1a_2 \geq 3k + 2,$$

which is equivalent to

$$2(k^2 - k - 1 + kp^2)s + k^2p^4 - (3k^2 + 2k - 1)p^2 + 2k + 1 \geq 0,$$

where $s = \frac{a_1 + a_2}{2}$ and $p = \sqrt{a_1a_2}$. For $p = 0$, the inequality becomes

$$2(k^2 - k - 1)s + 2k + 1 \geq 0,$$

and it is true for $k \geq \frac{\sqrt{5} + 1}{2}$. For $p > 0$, it suffices to show that

$$2(k^2 - k - 1 + kp^2)p + k^2p^4 - (3k^2 + 2k - 1)p^2 + 2k + 1 \geq 0,$$

which is equivalent to

$$k^2p^4 + 2kp^3 - (3k^2 + 2k - 1)p^2 + 2(k^2 - k - 1)p + 2k + 1 \geq 0,$$

$$(p - 1)^2[k^2p^2 + 2(k + 1)p + 2k + 1] \geq 0.$$

Remark 3. The following nice *open inequality* is true.

• If a_1, a_2, \dots, a_7 are nonnegative real numbers such that $a_1a_2 + a_2a_3 + \dots + a_7a_1 = 7$, then

$$\frac{1}{a_1 + 1} + \frac{1}{a_2 + 1} + \dots + \frac{1}{a_7 + 1} \geq \frac{7}{2}.$$

Note that the inequality

$$\frac{1}{a_1 + k} + \frac{1}{a_2 + k} + \dots + \frac{1}{a_7 + k} \geq \frac{7}{1 + k}$$

doesn't hold for $k > 1$. Choosing $a_1 = a_4 = 3$, $a_2 = a_3 = 1$ and $a_5 = a_7 = 0$, the equality constraint is satisfied and the inequality becomes:

$$\frac{1}{a_6 + k} + \frac{2}{3 + k} + \frac{2}{k} \geq \frac{5}{1 + k}.$$

Moreover, for $a_6 \rightarrow \infty$, we get the necessary condition

$$\frac{2}{3 + k} + \frac{2}{k} \geq \frac{5}{1 + k},$$

which involves $k \leq 1$.

Choosing $a_5 = a_7 = 0$ and then $a_6 \rightarrow \infty$, we get the following very nice inequality (see P 2.119):

• If a_1, a_2, a_3, a_4 are nonnegative real numbers such that $a_1a_2 + a_2a_3 + a_3a_4 = 7$, then

$$\frac{1}{a_1 + 1} + \frac{1}{a_2 + 1} + \frac{1}{a_3 + 1} + \frac{1}{a_4 + 1} \geq \frac{3}{2},$$

with equality for $a_1 = a_4 = 3$ and $a_2 = a_3 = 1$.

As a final remark, the inequality

$$\frac{1}{a_1 + 1} + \frac{1}{a_2 + 1} + \dots + \frac{1}{a_n + 1} \geq \frac{n}{2}$$

with $a_1a_2 + a_2a_3 + \dots + a_na_1 = n$, does not hold for $n = 6$ and for $n = 8$.

□

P 1.220. If a, b, c, d, e are nonnegative real numbers such that

$$ab + bc + cd + de + ea = 5, \quad a \geq b \geq c \geq 1 \geq d \geq e,$$

then

$$\frac{1}{a+3} + \frac{1}{b+3} + \frac{1}{c+3} + \frac{1}{d+3} + \frac{1}{e+3} \geq \frac{5}{4}.$$

(Vasile Cîrtoaje, *Arhimede Math. J.*, No. 2, 2024)

Solution. For fixed a, d and e , from the equality constraint we may assume that b is a function of c . By differentiating the constraint, we get

$$(a+c)b' + b + d = 0, \quad -b' = \frac{b+d}{a+c} \leq 1.$$

Denoting the left side of the desired inequality by $f(c)$, we have

$$f'(c) = \frac{-b'}{(b+3)^2} - \frac{1}{(c+3)^2} \leq \frac{1}{(b+3)^2} - \frac{1}{(c+3)^2} \leq 0.$$

Thus, $f(c)$ is decreasing and has the minimum value when c is maximum, that is when $c = b$. So, we only need to show that

$$\frac{1}{a+3} + \frac{2}{b+3} + \frac{1}{d+3} + \frac{1}{e+3} \geq \frac{5}{4}$$

for

$$ab + b^2 + bd + de + ea = 5, \quad a \geq b \geq 1 \geq d \geq e.$$

For fixed a and e , from the equality constraint, we may assume that b is a decreasing function of d . By differentiating the constraint, we get

$$(a+2b+d)b' + b + e = 0, \quad -b' = \frac{b+e}{a+2b+d} \leq \frac{1}{2}.$$

Denoting the left side of the desired inequality by $g(d)$, we have

$$g'(d) = \frac{-2b'}{(b+3)^2} - \frac{1}{(d+3)^2} \leq \frac{1}{(b+3)^2} - \frac{1}{(d+3)^2} \leq 0.$$

Thus, $g(d)$ is decreasing and has the minimum value when d is maximum (b is minimum), that is when $d = 1$ (because $d \leq 1$) or $b = 1$ (because $b \geq 1$). So, it suffices to consider these cases.

Case 1: $d = 1$. We need to show that

$$\frac{1}{a+3} + \frac{2}{b+3} + \frac{1}{e+3} \geq 1$$

for

$$ab + b^2 + b + e + ea = 5, \quad a \geq b \geq 1 \geq e.$$

Since

$$e = \frac{5 - b - b^2 - ab}{1 + a}, \quad e + 3 = \frac{8 - b - b^2 + (3 - b)a}{1 + a},$$

we need to show that

$$\frac{1}{a+3} + \frac{2}{b+3} + \frac{1+a}{8-b-b^2+(3-b)a} \geq 1,$$

which is equivalent to

$$\begin{aligned} \frac{1}{a+3} + \frac{1+a}{8-b-b^2+(3-b)a} &\geq \frac{b+1}{b+3}, \\ (b-1)[ba^2 + (b^2 + 5b - 4)a + 2b^2 + 4b - 9] &\geq 0. \end{aligned}$$

Since $a \geq b \geq 1$, we have

$$ba^2 + (b^2 + 5b - 4)a + 2b^2 + 4b - 9 \geq a^2 + 2a - 3 = (a-1)(a+3) \geq 0.$$

Case 2: $b = 1$. We need to show that

$$\frac{1}{a+3} + \frac{1}{d+3} + \frac{1}{e+3} \geq \frac{3}{4}$$

for

$$(a+d)(e+1) = 4, \quad a \geq 1 \geq d \geq e.$$

Write the desired inequality as

$$\frac{a+d+6}{(a+3)(d+3)} + \frac{1}{e+3} \geq \frac{3}{4}.$$

From $(a-1)(d-1) \leq 0$, we get $ad \leq a+d-1$, hence

$$(a+3)(d+3) = (a-1)(d-1) + 4(a+d) + 8 \leq 4(a+d) + 8$$

and

$$\frac{a+d+6}{(a+3)(d+3)} \geq \frac{a+d+6}{4(a+d)+8} = \frac{4/(e+1)+6}{16/(e+1)+8} = \frac{3e+5}{4(e+3)}.$$

So, it suffices to show that

$$\frac{3e+5}{4(e+3)} + \frac{1}{e+3} \geq \frac{3}{4},$$

which is an identity.

The equality occurs for $b = c = d = 1$ and $a + e + ae = 3$, $a \geq 1 \geq e$.

□

P 1.221. Prove that 3 is the largest positive value of the constant k such that

$$\frac{1}{a+k} + \frac{1}{b+k} + \frac{1}{c+k} + \frac{1}{d+k} + \frac{1}{e+k} \geq \frac{5}{1+k}$$

for any $a \geq b \geq c \geq d \geq 1 \geq e \geq 0$ satisfying $ab + bc + cd + de + ea = 5$.

(Vasile Cîrtoaje, RMM, 38, 2025)

Solution. Choosing $a = 3, b = c = d = 1$ and $e = 0$, the constraints are satisfied, while the inequality becomes

$$\frac{1}{3+k} + \frac{1}{k} \geq \frac{2}{1+k},$$

i.e. $k \leq 3$. To prove that 3 is the largest positive value of k , we need to show that

$$\frac{1}{a+3} + \frac{1}{b+3} + \frac{1}{c+3} + \frac{1}{d+3} + \frac{1}{e+3} \geq \frac{5}{4}.$$

Denote $x = \frac{b+c+d}{3}$ and $y = \frac{a+e}{2}$. We have

$$a \geq x \geq 1 \geq e.$$

By the AM-HM inequality, we have

$$\frac{1}{b+3} + \frac{1}{c+3} + \frac{1}{d+3} \geq \frac{9}{(b+3) + (c+3) + (d+3)} = \frac{3}{x+3}.$$

Thus, it suffices to show that

$$\frac{1}{a+3} + \frac{1}{e+3} + \frac{3}{x+3} \geq \frac{5}{4},$$

i.e.

$$\frac{2y+6}{ae+6y+9} + \frac{3}{x+3} \geq \frac{5}{4}.$$

First, we show that $2x^2 + 2xy + ae \leq 5$. Indeed, we have

$$\begin{aligned} 9(5 - 2x^2 - 2xy - ae) &= 9(ab + bc + cd + de + ea) - 2(b+c+d)^2 - 3(b+c+d)(a+e) - 9ae \\ &= -2(b+c+d)^2 + 3a(2b-c-d) - 3e(b+c-2d) + 9c(b+d) \\ &\geq -2(b+c+d)^2 + 3b(2b-c-d) - 3d(b+c-2d) + 9c(b+d) \\ &= 4(b-d)^2 + 2(b-c)(c-d) \geq 0. \end{aligned}$$

Since the left side of the desired inequality decreases when x increases, we may replace the inequality constraint $2x^2 + 2xy + ae \leq 5$ with the equality constraint

$$2x^2 + 2xy + ae = 5.$$

So, since $ae = 5 - 2xy - 2x^2$, it suffices to show that

$$\frac{2y + 6}{14 + 6y - 2xy - 2x^2} + \frac{3}{x + 3} \geq \frac{5}{4},$$

which is equivalent to $(x - 1)E \geq 0$, where

$$E = (5x - 3)y + 5x^2 + 8x - 15.$$

Since $x \geq 1$, we need to show that $E \geq 0$. From $(x - a)(x - e) \leq 0$, we get $ae \leq 2xy - x^2$, and from

$$5 = 2x^2 + 2xy + ae \leq 2x^2 + 2xy + 2xy - x^2,$$

we get $y \geq \frac{5 - x^2}{4x}$. Thus,

$$E \geq \frac{(5x - 3)(5 - x^2)}{4x} + 5x^2 + 8x - 15 = \frac{5(3x^3 + 7x^2 - 7x - 3)}{4x} = \frac{5(x - 1)(3x^2 + 10x + 3)}{4x} \geq 0.$$

For $k = 3$, the equality occurs when $b = c = d = 1$ and $a + e + ae = 3$ with $a \geq 1 \geq e$. \square

P 1.222. If a, b, c, d are nonnegative real numbers such that

$$ab + ac + ad + bc + bd + cd = 6,$$

then

$$\frac{1}{ab + 3} + \frac{1}{bc + 3} + \frac{1}{cd + 3} + \frac{1}{da + 3} \geq 1.$$

(Vasile Cîrtoaje, *Math. Reflections*, 3, 2023)

Solution. By the AM-GM inequality, we have

$$6 = ab + ac + ad + bc + bd + cd \geq 6\sqrt[6]{a^3b^3c^3d^3},$$

hence

$$abcd \leq 1.$$

Write the required inequality as follows:

$$\begin{aligned} \frac{1}{ab + 3} + \frac{1}{cd + 3} + \frac{1}{bc + 3} + \frac{1}{da + 3} &\geq 1, \\ \frac{ab + cd + 6}{(ab + 3)(cd + 3)} + \frac{bc + da + 6}{(bc + 3)(da + 3)} &\geq 1, \\ \frac{3(ab + cd) + 18}{abcd + 3(ab + cd) + 9} + \frac{3(bc + da) + 18}{abcd + 3(bc + da) + 9} &\geq 3, \end{aligned}$$

$$1 + \frac{9 - abcd}{abcd + 3(ab + cd) + 9} + 1 + \frac{9 - abcd}{abcd + 3(bc + da) + 9} \geq 3,$$

$$\frac{1}{abcd + 3(ab + cd) + 9} + \frac{1}{abcd + 3(bc + da) + 9} \geq \frac{1}{9 - abcd}.$$

According to the AM-HM inequality, it is sufficient to show that

$$\frac{4}{[abcd + 3(ab + cd) + 9] + [abcd + 3(bc + da) + 9]} \geq \frac{1}{9 - abcd},$$

which is equivalent to

$$6 \geq ab + bc + cd + da + 2abcd,$$

$$ac + bd \geq 2abcd.$$

Indeed, we have

$$ac + bd \geq 2\sqrt{abcd} \geq 2abcd.$$

The proof is completed. The equality occurs for $a = b = c = d = 1$.

Remark. The inequality

$$\frac{1}{ab + k} + \frac{1}{bc + k} + \frac{1}{cd + k} + \frac{1}{da + k} \geq \frac{4}{1 + k}$$

does not hold for $k > 3$. By choosing $b = d = \sqrt{ac}$, the constraint $ab + ac + ad + bc + bd + cd = 6$ becomes $(a + c)\sqrt{ac} + ac = 3$, while the inequality can be written as follows:

$$\frac{1}{a\sqrt{ac} + k} + \frac{1}{c\sqrt{ac} + k} \geq \frac{2}{1 + k},$$

$$\frac{(a + c)\sqrt{ac} + 2k}{a^2c^2 + k(a + c)\sqrt{ac} + k^2} \geq \frac{2}{1 + k}.$$

Denoting $x = ac$, we have $3 = (a + c)\sqrt{ac} + ac \geq 3ac = 3x$, hence $x \in (0, 1]$. Since $(a + c)\sqrt{ac} = 3 - x$, the inequality becomes

$$\frac{3 + 2k - x}{x^2 - kx + k^2 + 3k} \geq \frac{2}{1 + k},$$

which is equivalent to

$$(x - 1)(2x + 3 - k) \leq 0.$$

It is true if and only if $2x + 3 - k \geq 0$ for $x \in (0, 1]$. For $x \rightarrow 1$, we get the necessary condition $k \leq 3$.

□

P 1.223. If a, b, c, d are nonnegative real numbers such that

$$ab + ac + ad + bc + bd + cd = 6, \quad a \geq b \geq c \geq d,$$

then

$$\frac{1}{ab+5} + \frac{1}{bc+5} + \frac{1}{cd+5} + \frac{1}{da+5} \geq \frac{2}{3}.$$

(Vasile Cîrtoaje, AMM, 1, 2023)

Solution. Write the inequality as follows:

$$\begin{aligned} & \frac{ab+cd+10}{(ab+5)(cd+5)} + \frac{bc+ad+10}{(bc+5)(ad+5)} \geq \frac{2}{3}, \\ & \frac{5(ab+cd)+50}{abcd+5(ab+cd)+25} + \frac{5(bc+ad)+50}{abcd+5(bc+ad)+25} \geq \frac{10}{3}, \\ & 1 + \frac{25-abcd}{abcd+5(ab+cd)+25} + 1 + \frac{25-abcd}{abcd+5(bc+ad)+25} \geq \frac{10}{3}, \\ & \frac{1}{abcd+5(ab+cd)+25} + \frac{1}{abcd+5(bc+ad)+25} \geq \frac{4}{3(25-abcd)}. \end{aligned}$$

Since

$$ab + cd = 6 - (bc + ad) - (ac + bd) = 6 - 2(bc + ad) - (a - b)(c - d) \leq 6 - 2(bc + ad),$$

it suffices to show that

$$\frac{1}{abcd - 10(bc + ad) + 55} + \frac{1}{abcd + 5(bc + ad) + 25} \geq \frac{4}{3(25 - abcd)}.$$

Using the substitution

$$bc = x, \quad ad = y,$$

the inequality becomes

$$\frac{1}{xy - 10(x + y) + 55} + \frac{1}{xy + 5(x + y) + 25} \geq \frac{4}{3(25 - xy)}.$$

Let $z = \frac{x+y}{2}$. Since $xy \leq z^2$, it suffices to show that

$$\frac{1}{z^2 - 20z + 55} + \frac{1}{z^2 + 10z + 25} \geq \frac{4}{3(25 - z^2)},$$

which is equivalent to

$$10 - 21z + 12z^2 - z^3 \geq 0.$$

$$(1 - z)^2(10 - z) \geq 0.$$

Since $2z = bc + ad < ab + ac + ad + bc + bd + cd = 6$, the latter inequality is obvious. The original inequality is an equality for $a = b = c = d = 1$.

Remark 1. The inequality

$$\frac{1}{ab+k} + \frac{1}{bc+k} + \frac{1}{cd+k} + \frac{1}{da+k} \geq \frac{4}{1+k}$$

does not hold for $k > 5$. By choosing $a = b$ and $c = d$, the constraint $ab+ac+ad+bc+bd+cd = 6$ becomes $a^2 + d^2 + 4ad = 6$, while the inequality can be written as follows:

$$\begin{aligned} \frac{1}{a^2+k} + \frac{1}{d^2+k} + \frac{2}{ad+k} &\geq \frac{4}{1+k}, \\ \frac{a^2 + d^2 + 2k}{a^2d^2 + k(a^2 + d^2) + k^2} + \frac{2}{ad+k} &\geq \frac{4}{1+k}. \end{aligned}$$

Denoting $x = ad$, we have $6 = a^2 + d^2 + 4ad \geq 6ad = 6x$, hence $x \in [0, 1]$. Since $a^2 + d^2 = 6 - 4x$, the inequality becomes

$$\frac{3+k-2x}{x^2-4kx+k^2+6k} + \frac{1}{x+k} \geq \frac{2}{1+k},$$

which is equivalent to $(x-1)P(x) \leq 0$, where

$$P(x) = 2x^2 - (5k-3)x + 9k - k^2.$$

Since $x-1 \leq 0$, the inequality is true if and only if $P(x) \geq 0$ for $x \in [0, 1]$. Letting $d \rightarrow 0$, we get the necessary condition $(5-k)(1+k) \geq 0$, that is $k \leq 5$.

Remark 2. We claim that the following *open problem* is valid:

- If a, b, c, d, e are nonnegative real numbers such that

$$ab + ac + ad + ae + bc + bd + be + cd + ce + de = 10, \quad a \geq b \geq c \geq d \geq e,$$

then

$$\frac{1}{ab+4} + \frac{1}{bc+4} + \frac{1}{cd+4} + \frac{1}{de+4} + \frac{1}{ea+4} \geq 1.$$

An interesting (open) particular case is for $a = b$ and $d = e$: If b, c, d are nonnegative real numbers such that

$$2(bc + cd + db) + (b + d)^2 = 10,$$

then

$$\frac{1}{bc+4} + \frac{1}{cd+4} + \frac{1}{db+4} + \frac{1}{b^2+4} + \frac{1}{d^2+4} \geq 1.$$

Remark 3. We claim that the following *open problem* is valid:

- If a, b, c, d, e are nonnegative real numbers such that

$$ab + ac + ad + ae + bc + bd + be + cd + ce + de = 10,$$

then

$$\frac{1}{ab+3} + \frac{1}{bc+3} + \frac{1}{cd+3} + \frac{1}{de+3} + \frac{1}{ea+3} \geq \frac{5}{4}.$$

□

P 1.224. If a, b, c, d are nonnegative real numbers such that

$$ab + bc + cd + da = 4, \quad a \geq b \geq c \geq d,$$

then

$$\frac{1}{ab+4} + \frac{1}{ac+4} + \frac{1}{ad+4} + \frac{1}{bc+4} + \frac{1}{bd+4} + \frac{1}{cd+4} \geq \frac{6}{5}.$$

(Vasile Cîrtoaje, GM-B, 1, 2024)

Solution. By the AM-GM inequality, we have

$$4 = ab + bc + cd + da \geq \sqrt[4]{a^2b^2c^2d^2} = \sqrt{abcd},$$

hence

$$p \leq 1, \quad p = abcd.$$

Write the required inequality as follows:

$$\begin{aligned} & \left(\frac{1}{ab+4} + \frac{1}{cd+4} \right) + \left(\frac{1}{ac+4} + \frac{1}{bd+4} \right) + \left(\frac{1}{ad+4} + \frac{1}{bc+4} \right) \geq \frac{6}{5}, \\ & \frac{ab+cd+8}{p+4(ab+cd)+16} + \frac{ac+bd+8}{p+4(ac+bd)+16} + \frac{ad+bc+8}{p+4(ad+bc)+16} \geq \frac{6}{5}, \\ & \frac{4(ab+cd)+32}{p+4(ab+cd)+16} + \frac{4(ac+bd)+32}{p+4(ac+bd)+16} + \frac{4(ad+bc)+32}{p+4(ad+bc)+16} \geq \frac{24}{5}, \\ & 1 + \frac{16-p}{p+4(ab+cd)+16} + 1 + \frac{16-p}{p+4(ac+bd)+16} + 1 + \frac{16-p}{p+4(ad+bc)+16} \geq \frac{24}{5}, \\ & \frac{1}{p+4(ab+cd)+16} + \frac{1}{p+4(ac+bd)+16} + \frac{1}{p+4(ad+bc)+16} \geq \frac{9}{5(16-p)}, \end{aligned}$$

According to the AM-HM inequality, it is sufficient to show that

$$\frac{9}{[p+4(ab+cd)+16] + [p+4(ac+bd)+16] + [p+4(ad+bc)+16]} \geq \frac{9}{5(16-p)},$$

which is equivalent to

$$\begin{aligned}\frac{1}{3p + 4(ab + cd + ac + bd + ad + bc) + 48} &\geq \frac{1}{5(16 - p)}, \\ \frac{1}{3p + 4(ac + bd) + 64} &\geq \frac{1}{5(16 - p)}, \\ 4 &\geq 2p + ac + bd, \\ ab + bc + cd + da &\geq 2p + ac + bd, \\ (a - d)(b - c) + bc + da &\geq 2p.\end{aligned}$$

It suffices to show that

$$bc + da \geq 2p.$$

Indeed, we have

$$bc + da \geq 2\sqrt{p} \geq 2p.$$

The proof is completed. The equality occurs for $a = b = c = d = 1$.

□

P 1.225. If a, b, c, d are nonnegative real numbers such that

$$ab + bc + cd + da = 4, \quad a \geq b \geq c \geq d,$$

then

$$\frac{1}{ab+7} + \frac{1}{ac+7} + \frac{1}{ad+7} + \frac{1}{bc+7} + \frac{1}{bd+7} + \frac{1}{cd+7} \geq \frac{3}{4}.$$

(Vasile Cîrtoaje, SSMJ, 1, 2024)

Solution. Denote $p = abcd$ and write the desired inequality as follows:

$$\begin{aligned}\frac{ab + cd + 14}{p + 7(ab + cd) + 49} + \frac{ac + bd + 14}{p + 7(ac + bd) + 49} + \frac{ad + bc + 14}{p + 7(ad + bc) + 49} &\geq \frac{3}{4}, \\ 1 + \frac{49 - p}{p + 7(ab + cd) + 49} + 1 + \frac{49 - p}{p + 7(ac + bd) + 49} + 1 + \frac{49 - p}{p + 7(ad + bc) + 49} &\geq \frac{21}{4}, \\ \frac{1}{p + 7(ab + cd) + 49} + \frac{1}{p + 7(ac + bd) + 49} + \frac{1}{p + 7(ad + bc) + 49} &\geq \frac{9}{4(49 - p)}.\end{aligned}$$

By the AM-HM inequality, it suffices to show that

$$\frac{4}{2p + 7(ab + cd + ac + bd) + 98} + \frac{1}{p + 7(ad + bc) + 49} \geq \frac{9}{4(49 - p)}.$$

Since

$$ab + cd + ac + bd = 2(ab + cd) - (a - d)(b - c) \leq 2(ab + cd) = 2(4 - ad - bc),$$

it suffices to prove that

$$\frac{2}{p - 7(ad + bc) + 77} + \frac{1}{p + 7(ad + bc) + 49} \geq \frac{9}{4(49 - p)}.$$

Using the substitution

$$ad = x, \quad bc = y,$$

the inequality becomes

$$\frac{2}{xy - 7(x + y) + 77} + \frac{1}{xy + 7(x + y) + 49} \geq \frac{9}{4(49 - xy)}.$$

Let $z = \frac{x + y}{2}$. Since $xy \leq z^2$, it suffices to show that

$$\frac{2}{z^2 - 14z + 77} + \frac{1}{z^2 + 14z + 49} \geq \frac{9}{4(49 - z^2)},$$

which is equivalent to

$$(z - 1)^2(7 - 3z) \geq 0.$$

Since $z < \frac{ab + bc + cd + da}{2} = 2$, the latter inequality is obvious. The original inequality is an equality for $a = b = c = d = 1$.

Remark. The inequality

$$\frac{1}{ab + k} + \frac{1}{ac + k} + \frac{1}{ad + k} + \frac{1}{bc + k} + \frac{1}{bd + k} + \frac{1}{cd + k} \geq \frac{6}{1 + k}.$$

does not hold true for $k > 7$. By choosing $b = c = 1$, the constraint $ab + bc + cd + da = 4$ becomes $ad = 3 - 2S$, where $S = \frac{a + d}{2}$, while the inequality can be written as follows:

$$\begin{aligned} \frac{2}{a + k} + \frac{2}{d + k} + \frac{1}{ad + k} &\geq \frac{5}{1 + k}, \\ \frac{2(a + d + 2k)}{ad + k(a + d) + k^2} + \frac{1}{ad + k} &\geq \frac{5}{1 + k}, \\ \frac{4S + 4k}{(2k - 2)S + k^2 + 3} + \frac{1}{k + 3 - 2S} &\geq \frac{5}{1 + k}, \\ 2(3k - 7)S^2 - (k^2 + 6k - 35)S + k^2 - 21 &\geq 0, \\ (S - 1)[2(3k - 7)S - k^2 + 21] &\geq 0. \end{aligned}$$

From $3 - 2S = ad \leq S^2$, we get $S \geq 1$. Thus, the inequality is true if and only if $2(3k - 7)S - k^2 + 21 \geq 0$ for $S > 1$. So, we get the necessary condition $2(3k - 7) - k^2 + 21 \geq 0$, i.e. $(7 - k)(1 + k) \geq 0$, $k \leq 7$.

□

P 1.226. If a, b, c, d are nonnegative real numbers such that

$$ab + bc + cd + da = 4,$$

then

$$\frac{4\sqrt{2}}{3} \leq \frac{1}{a^2 + 1} + \frac{1}{b^2 + 1} + \frac{1}{c^2 + 1} + \frac{1}{d^2 + 1} < 3.$$

(Vasile Cîrtoaje, *Recreatii Matematice*, no. 1, 2022)

Solution. The hypothesis is equivalent to

$$(a + c)(b + d) = 4.$$

(a) Write the right inequality as

$$\frac{a^2}{a^2 + 1} + \frac{b^2}{b^2 + 1} + \frac{c^2}{c^2 + 1} + \frac{d^2}{d^2 + 1} > 1.$$

Since

$$\frac{a^2}{a^2 + 1} + \frac{c^2}{c^2 + 1} \geq \frac{(a + c)^2}{(a^2 + 1) + (c^2 + 1)} \geq \frac{(a + c)^2}{(a + c)^2 + 2}$$

and

$$\frac{b^2}{b^2 + 1} + \frac{d^2}{d^2 + 1} \geq \frac{(b + d)^2}{(b^2 + 1) + (d^2 + 1)} = \frac{8}{(a + c)^2 + 8},$$

it suffices to show that

$$\frac{(a + c)^2}{(a + c)^2 + 2} + \frac{8}{(a + c)^2 + 8} > 1.$$

This is equivalent to the obvious inequality

$$\frac{(a + c)^2}{(a + c)^2 + 2} > \frac{(a + c)^2}{(a + c)^2 + 8}.$$

(b) To prove the left inequality, consider $a + c \geq 2 \geq b + d$ and first show that

$$\frac{1}{a^2 + 1} + \frac{1}{c^2 + 1} \geq \frac{8}{(a + c)^2 + 4}.$$

Write this inequality as follows

$$\frac{1}{a^2 + 1} - \frac{4}{(a + c)^2 + 4} + \frac{1}{c^2 + 1} - \frac{4}{(a + c)^2 + 4} \geq 0,$$

$$\frac{(c - a)(3a + c)}{a^2 + 1} + \frac{(a - c)(3c + a)}{c^2 + 1} \geq 0,$$

$$(a - c)^2(a^2 + c^2 + 4ac - 2) \geq 0.$$

The last inequality is true since

$$a^2 + c^2 + 4ac - 2 = (a + c)^2 + 2ac - 2 \geq 4 + 2ac - 2 > 0.$$

Thus, we need to show that $b + d \leq 2$ involves

$$\frac{8}{(a + c)^2 + 4} + \frac{1}{b^2 + 1} + \frac{1}{d^2 + 1} \geq \frac{4\sqrt{2}}{3},$$

that is

$$\frac{2s}{s + 1} + \frac{1}{b^2 + 1} + \frac{1}{d^2 + 1} \geq \frac{4\sqrt{2}}{3},$$

where

$$s = \frac{1}{4}(b + d)^2, \quad 0 \leq s \leq 1.$$

Denoting

$$p = bd, \quad 0 \leq p \leq s \leq 1,$$

the inequality is equivalent to

$$\frac{s}{s + 1} + \frac{2s + 1 - p}{p^2 - 2p + 4s + 1} \geq \frac{2\sqrt{2}}{3}.$$

We have two cases to consider.

Case 1: $2s \leq 1$. Since

$$1 - (2s + 1)p \geq 1 - (2s + 1)s = (1 - 2s)(1 + s) \geq 0,$$

we have

$$\frac{2s + 1 - p}{p^2 - 2p + 4s + 1} - \frac{2s + 1}{4s + 1} = \frac{p[1 - (2s + 1)p]}{(4s + 1)(p^2 - 2p + 4s + 1)} \geq 0.$$

Thus, it suffices to show that

$$\frac{s}{s + 1} + \frac{2s + 1}{4s + 1} \geq \frac{2\sqrt{2}}{3}.$$

This inequality is equivalent to

$$\left(14s - 3\sqrt{2} + 2\right)^2 \geq 0.$$

Case 2: $2s \geq 1$. Since

$$\frac{2s + 1 - p}{p^2 - 2p + 4s + 1} - \frac{1}{s + 1} = \frac{(s - p)(2s - 1 + p)}{(s + 1)(p^2 - 2p + 4s + 1)} \geq 0,$$

it suffices to show that

$$\frac{s}{s + 1} + \frac{1}{s + 1} \geq \frac{2\sqrt{2}}{3},$$

which is obvious.

The equality holds for

$$a^2 = c^2 = 2 + 3\sqrt{2}, \quad b^2 = \frac{2(3\sqrt{2} - 2)}{7}, \quad d = 0$$

(or any cyclic permutation).

□

P 1.227. If a, b, c, d are nonnegative real numbers such that

$$ab + bc + cd + da = 4, \quad a \geq b \geq 1 \geq c \geq d,$$

then

$$\frac{1}{a^2 + 1} + \frac{1}{b^2 + 1} + \frac{1}{c^2 + 1} + \frac{1}{d^2 + 1} \geq 2.$$

(Vasile Cîrtoaje, 2023)

Solution. From

$$4 = (a + c)(b + d) \leq (a + c)^2,$$

we get

$$a + c \geq 2.$$

Write the inequality as

$$\frac{1}{a^2 + 1} + \frac{1}{c^2 + 1} \geq \frac{b^2}{b^2 + 1} + \frac{d^2}{d^2 + 1}.$$

Since

$$\frac{b^2}{b^2 + 1} \leq \frac{b^2}{2b} = \frac{b}{2}, \quad \frac{d^2}{d^2 + 1} \leq \frac{d}{2},$$

it suffices to show that

$$\frac{1}{a^2 + 1} + \frac{1}{c^2 + 1} \geq \frac{b + d}{2},$$

which is equivalent to $E(a, c) \geq 0$, where

$$E(a, c) = \frac{1}{a^2 + 1} + \frac{1}{c^2 + 1} - \frac{2}{a + c}.$$

It is true because $a \geq 1 \geq c$ and $a + c \geq 2$ involve

$$E(a, 1) = \frac{1}{a^2 + 1} + \frac{1}{2} - \frac{2}{a + 1} = \frac{(a - 1)^3}{2(a + 1)(a^2 + 1)} \geq 0$$

and

$$E(a, c) - E(a, 1) = \left(\frac{1}{c^2 + 1} - \frac{1}{2} \right) - \left(\frac{2}{a + c} - \frac{2}{a + 1} \right) = \frac{1 - c}{2} F(a, c),$$

where

$$\begin{aligned} F(a, c) &= \frac{c+1}{c^2+1} - \frac{4}{(a+c)(a+1)} \geq \frac{c+1}{c^2+1} - \frac{2}{a+1} \\ &\geq \frac{c+1}{c^2+1} - \frac{2}{3-c} = \frac{(1-c)(1+3c)}{(c^2+1)(3-c)} \geq 0. \end{aligned}$$

The equality occurs for $a = b = c = d = 1$.

□

P 1.228. If a, b, c, d are nonnegative real numbers such that

$$ab + bc + cd + da = 4,$$

then

$$2 \leq \frac{1}{a+1} + \frac{1}{b+1} + \frac{1}{c+1} + \frac{1}{d+1} < 3.$$

Solution. The hypothesis is equivalent to

$$(a+c)(b+d) = 4.$$

(a) Since

$$\frac{1}{a+1} + \frac{1}{c+1} = \frac{a+c+2}{ac+a+c+1} \leq \frac{a+c+2}{a+c+1}$$

and

$$\frac{1}{b+1} + \frac{1}{d+1} = \frac{b+d+2}{bd+b+d+1} \leq \frac{b+d+2}{b+d+1} = \frac{2(a+c+2)}{a+c+4},$$

the right inequality is true if

$$\frac{a+c+2}{a+c+1} + \frac{2(a+c+2)}{a+c+4} < 3,$$

which is equivalent to

$$a+c > 0.$$

The inequality is strict since the necessary equality condition $a+c=0$ contradicts the constraint $(a+c)(b+d)=4$.

(b) To prove the left inequality, we apply the AM-HM inequality as follows:

$$\begin{aligned} \frac{1}{a+1} + \frac{1}{c+1} &\geq \frac{4}{a+c+2}, \\ \frac{1}{b+1} + \frac{1}{d+1} &\geq \frac{4}{b+d+2}. \end{aligned}$$

So, we only need to show that

$$\frac{2}{a+c+2} + \frac{2}{b+d+2} \geq 1,$$

which is an identity. The equality holds for $a = c = \frac{1}{b} = \frac{1}{d}$.

□

P 1.229. If a, b, c, d, e are nonnegative real numbers such that $ab + bc + cd + de + ea = 1$, then

$$3 < \frac{1}{a+1} + \frac{1}{b+1} + \frac{1}{c+1} + \frac{1}{d+1} + \frac{1}{e+1} \leq 4.$$

(Vasile Cîrtoaje, *Math. Reflections*, 3, 2023)

Solution. (a) To prove the left inequality, assume that $a = \min\{a, b, c, d, e\} < 1/2$ and $c \leq d$. For $a = c = 0$, we need to show that $de = 1$ involves

$$\frac{1}{b+1} + \frac{1}{d+1} + \frac{1}{e+1} > 1,$$

which reduces to the obvious inequality

$$\frac{1}{b+1} > 0.$$

Consider next that $a + c > 0$. Since

$$(a+c)b + (a+d)e = 1 - cd, \quad cd \leq 1,$$

$$(a+c)(b+1) + (a+d)(e+1) = 2a + c + d + 1 - cd,$$

by the Cauchy-Schwarz inequality we have

$$\begin{aligned} \frac{1}{b+1} + \frac{1}{e+1} &\geq \frac{(\sqrt{a+c} + \sqrt{a+d})^2}{(a+c)(b+1) + (a+d)(e+1)} \\ &= \frac{2a + c + d + 2\sqrt{(a+c)(a+d)}}{2a + c + d + 1 - cd} \geq \frac{4a + c + d + 2\sqrt{cd}}{2a + c + d + 1 - cd}. \end{aligned}$$

Thus, it suffices to prove that

$$\frac{1}{a+1} + \frac{1}{c+1} + \frac{1}{d+1} + \frac{4a + c + d + 2\sqrt{cd}}{2a + c + d + 1 - cd} > 3 \quad (*)$$

for $a < 1/2$, $a + c > 0$ and $cd \leq 1$. Denote

$$x = \frac{c+d}{2}, \quad p = \sqrt{cd}.$$

From $c + d \geq 2\sqrt{cd}$ and $(a-c)(a-d) \geq 0$, we get $x \geq p$ and $a^2 - 2ax + p^2 \geq 0$, therefore

$$p \leq x \leq \frac{a^2 + p^2}{2a}.$$

We have $x = p$ for $c = d \leq 1$, and $x = (a^2 + p^2)/(2a)$ for $a = c \in (0, 1/2)$. Write now the inequality (*) as

$$\frac{1}{a+1} + \frac{2(x+1)}{1+2x+p^2} + \frac{4a+2x+2p}{2a+2x+1-p^2} > 3.$$

For fixed a and p , the inequality is equivalent to $f(x) > 0$, where f is a polynomial of second order with the expression

$$f(x) = -4ax^2 + B(a, p)x + C(a, p).$$

Since f is concave, it suffices to prove the inequality $f(x) > 0$ for $x = p$ and $x = \frac{a^2 + p^2}{2a}$, therefore for $c = d \leq 1$ and for $a = c \in (0, 1/2)$, respectively.

Case 1: $c = d \leq 1$. The inequality (*) becomes

$$\frac{1}{a+1} + \frac{2}{c+1} + \frac{4a+4c}{2a+2c+1-c^2} > 3,$$

which is equivalent to the obvious inequality

$$2(1-c)a^2 + (3c^3 - c^2 - c + 3)a + 2c(c^2 + 1) > 0.$$

Case 2: $a = c \in (0, 1/2)$. The inequality (*) becomes

$$\frac{2}{c+1} + \frac{1}{d+1} + \frac{5c+d+2\sqrt{cd}}{3c+d+1-cd} > 3,$$

$$2(c+1)(d+1)\sqrt{cd} + 3c^2d^2 - cd(2c+d) - c(c+2d) + 3c > 0.$$

Using the substitution

$$cd = y^2, \quad 0 < y \leq 1,$$

the inequality becomes

$$2y(c+1) \left(\frac{y^2}{c} + 1 \right) + 3y^4 - y^2 \left(2c + \frac{y^2}{c} \right) - c \left(c + \frac{2y^2}{c} \right) + 3c > 0,$$

$$\frac{y^3(2-y)}{c} - c^2 + (3+2y-2y^2)c + y(2-2y+2y^2+3y^3) > 0.$$

It is true if $-c^2 + (3+2y-2y^2)c \geq 0$. Indeed, we have

$$-c^2 + (3+2y-2y^2)c > -c + (3+2y-2y^2)c = 2(1+y-y^2)c > 0.$$

(b) To prove the right inequality, suppose that $(x_1, x_2, x_3, x_4, x_5)$ is a permutation of (a, b, c, d, e) such that $x_1 \geq x_2 \geq x_3 \geq x_4 \geq x_5$. Due to symmetry, the desired inequality is equivalent to

$$\frac{1}{x_1+1} + \frac{1}{x_2+1} + \frac{1}{x_3+1} + \frac{1}{x_4+1} + \frac{1}{x_5+1} \leq 4,$$

that can be written in the form

$$\frac{x_1}{x_1+1} + \frac{x_2}{x_2+1} + \frac{x_3}{x_3+1} + \frac{x_4}{x_4+1} + \frac{x_5}{x_5+1} \geq 1.$$

For $x_1x_2 \geq 1$, the inequality is true because

$$\frac{x_1}{x_1+1} + \frac{x_2}{x_2+1} - 1 = \frac{x_1x_2 - 1}{(x_1+1)(x_2+1)} \geq 0.$$

Consider further $x_1x_2 \leq 1$. For $x_3 + x_4 + x_5 > 0$, by the Cauchy-Schwarz inequality we have

$$\begin{aligned} \frac{x_3}{x_3+1} + \frac{x_4}{x_4+1} + \frac{x_5}{x_5+1} &\geq \frac{(x_3+x_4+x_5)^2}{x_3(x_3+1) + x_4(x_4+1) + x_5(x_5+1)} \\ &\geq \frac{(x_3+x_4+x_5)^2}{(x_3+x_4+x_5)^2 + x_3+x_4+x_5} = \frac{x_3+x_4+x_5}{x_3+x_4+x_5+1} = 1 - \frac{1}{x_3+x_4+x_5+1}, \end{aligned}$$

hence

$$\frac{x_3}{x_3+1} + \frac{x_4}{x_4+1} + \frac{x_5}{x_5+1} \geq 1 - \frac{1}{x_3+x_4+x_5+1}.$$

We can see that this inequality is also true for $x_3 = x_4 = x_5 = 0$. So, it suffices to prove that

$$\frac{x_1}{x_1+1} + \frac{x_2}{x_2+1} - \frac{1}{x_3+x_4+x_5+1} \geq 0.$$

By Lemma below, we have

$$x_3+x_4+x_5 \geq \frac{1-x_1x_2}{x_1+x_2},$$

hence

$$\begin{aligned} \frac{x_1}{x_1+1} + \frac{x_2}{x_2+1} - \frac{1}{x_3+x_4+x_5+1} &\geq \frac{x_1}{x_1+1} + \frac{x_2}{x_2+1} - \frac{1}{\frac{1-x_1x_2}{x_1+x_2}+1} \\ &= \frac{x_1}{x_1+1} + \frac{x_2}{x_2+1} - \frac{x_1+x_2}{1-x_1x_2+x_1+x_2} = \frac{2x_1x_2(1-x_1x_2)}{(x_1+1)(x_2+1)(1-x_1x_2+x_1+x_2)} \geq 0. \end{aligned}$$

The proof is completed. The equality is an equality for $ab = 1$ and $c = d = e = 0$ (or any cyclic permutation).

Lemma. Let a, b, c, d, e be nonnegative real numbers, and let $(x_1, x_2, x_3, x_4, x_5)$ be a permutation of (a, b, c, d, e) such that $x_1 \geq x_2 \geq x_3 \geq x_4 \geq x_5$. Then,

$$x_1x_2 + (x_1+x_2)(x_3+x_4+x_5) \geq ab + bc + cd + de + ea.$$

Proof. Assume that $a = \max\{a, b, c, d, e\}$, hence $a = x_1$ and $x_2 + x_3 + x_4 + x_5 = b + c + d + e$. Since

$$\begin{aligned} x_1x_2 + (x_1+x_2)(x_3+x_4+x_5) &= x_1(x_2+x_3+x_4+x_5) + x_2(x_3+x_4+x_5) \\ &= a(b+c+d+e) + x_2(x_3+x_4+x_5) \geq a(b+c+d+e) + x_2x_3, \end{aligned}$$

it suffices to show that

$$a(b+c+d+e) + x_2x_3 \geq ab + bc + cd + de + ea,$$

that is

$$a(c + d) + x_2x_3 \geq bc + cd + de,$$

which is equivalent to the obvious inequality

$$c(a - b) + d(a - c) + (x_2x_3 - de) \geq 0.$$

□

P 1.230. *If a, b, c, d, e, f are nonnegative real numbers such that*

$$ab + bc + cd + de + ef + fa = 6,$$

then

$$(2a + 1)^2 + (2b + 1)^2 + (2c + 1)^2 + (2d + 1)^2 + (2e + 1)^2 + (2f + 1)^2 \geq 54.$$

(Vasile Cîrtoaje, MATINF, 9-10, 2022)

Solution. Let

$$s = a + c + e, \quad q = ac + ce + ea, \quad 3q \leq s^2.$$

By the Cauchy-Schwarz inequality, we have:

$$\begin{aligned} & [(a + c)^2 + (c + e)^2 + (e + a)^2] [(2b + 1)^2 + (2d + 1)^2 + (2f + 1)^2] \geq \\ & \geq [(a + c)(2b + 1) + (c + e)(2d + 1) + (e + a)(2f + 1)]^2 \\ & = 4(a + c + e + ab + bc + cd + de + ef + fa)^2 = 4(s + 6)^2. \end{aligned}$$

Since

$$(a + c)^2 + (c + e)^2 + (e + a)^2 = 2(a^2 + c^2 + e^2 + ac + ce + ea) = 2(s^2 - q) > 0,$$

we get

$$(2b + 1)^2 + (2d + 1)^2 + (2f + 1)^2 \geq \frac{2(s + 6)^2}{s^2 - q}.$$

Thus, it suffices to prove that

$$(2a + 1)^2 + (2c + 1)^2 + (2e + 1)^2 + \frac{2(s + 6)^2}{s^2 - q} \geq 54.$$

Since

$$(2a + 1)^2 + (2c + 1)^2 + (2e + 1)^2 = 4(a^2 + c^2 + e^2 + a + c + e) + 3 = 4(s^2 + s - 2q) + 3,$$

we need to prove the inequality

$$4(s^2 + s - 2q) + \frac{2(s + 6)^2}{s^2 - q} \geq 51,$$

which is equivalent to $f(q) \geq 0$, where

$$f(q) = 8q^2 - (12s^2 + 4s - 51)q + 4s^4 + 4s^3 - 49s^2 + 24s + 72.$$

For $s \leq 1$, we have

$$f(q) > 8q^2 - (12s^2 + 4s - 51)q \geq (51 - 4s - 12s^2)q \geq 0.$$

Consider now $s \geq 1$ and write $f(q)$ as

$$f(q) = 8 \left(\frac{12s^2 + 4s - 51}{16} - q \right)^2 + \frac{g(s)}{32},$$

where

$$g(s) = -16s^4 + 32s^3 - 360s^2 + 1176s - 297.$$

For $1 \leq s \leq \frac{5}{2}$, we have $g(s) > 0$, therefore $f(q) > 0$. Indeed,

$$\begin{aligned} g(s) &= 4s(2s+3)(s-1)(5-2s) - 404s^2 + 1236s - 297 \geq -404s^2 + 1236s - 297 \\ &> -420s^2 + 1200s - 375 = 15(-28s^2 + 80s - 25) = 15(5-2s)(14s-5) \geq 0. \end{aligned}$$

For $s \geq \frac{5}{2}$, since

$$\begin{aligned} \frac{12s^2 + 4s - 51}{16} - q &\geq \frac{12s^2 + 4s - 51}{16} - \frac{s^2}{3} = \frac{20s^2 + 12s - 153}{48} \\ &> \frac{20s^2 + 12s - 155}{48} = \frac{(2s-5)(10s+31)}{48} \geq 0, \end{aligned}$$

$f(q)$ is a decreasing function, hence

$$f(q) \geq f\left(\frac{s^2}{3}\right) = \frac{8(s^4 + 3s^3 - 36s^2 + 27s + 81)}{9} = \frac{8(s-3)^2(s^2 + 9s + 9)}{9} \geq 0.$$

The proof is completed. The equality occurs for $a = b = c = d = e = f = 1$.

□

P 1.231. Prove that 4 is the largest positive value of the constant k such that

$$a_1^2 + a_2^2 + \cdots + a_n^2 - n \geq k(a_1 + a_2 + \cdots + a_n - n)$$

for all odd integers $n \geq 3$ and nonnegative real numbers a_i which satisfy $a_1a_2 + a_2a_3 + \cdots + a_na_1 = n$.

(Vasile Cîrtoaje, AMM, 3, 2025)

Solution. For $a_1 = a_3 = \cdots = a_{n-2} := x$, $a_2 = a_4 = \cdots = a_{n-1} := y$ and $a_n = 1$, the constraint becomes $(n-2)xy + x + y = n$, i.e.

$$2S = n - (n-2)p,$$

where $S = \frac{x+y}{2}$ and $p = xy$. From $n - (n-2)p = 2S \geq 2\sqrt{p}$, we get $p \leq 1$. On the other hand, the inequality becomes as follows:

$$\begin{aligned} \frac{(n-1)(x^2 + y^2)}{2} + 1 - n &\geq k \left[\frac{(n-1)(x+y)}{2} + 1 - n \right], \\ x^2 + y^2 - 2 &\geq k(x+y-2), \quad 4S^2 - 2p - 2 \geq k(2S-2), \\ [n - (n-2)p]^2 - 2p - 2 &\geq k[n - (n-2)p - 2], \\ (1-p)[n^2 - 2 - (n-2)^2p] &\geq k(n-2)(1-p). \end{aligned}$$

It is true for all $p \in [0, 1]$ if and only if

$$n^2 - 2 - (n-2)^2p \geq k(n-2).$$

For $p = 1$, we get

$$k \leq 4 + \frac{2}{n-2}.$$

Clearly, this condition is true for all odd integer $n \geq 3$ if and only if $k \leq 4$. To finish the proof, we need to prove the inequality

$$a_1^2 + a_2^2 + \cdots + a_n^2 + 3n \geq 4(a_1 + a_2 + \cdots + a_n),$$

which is equivalent to the obvious inequality

$$\sum_{cyc} (a_1 + a_2 - 2)^2 \geq 0.$$

For $k = 4$, the equality occurs when $a_1 = a_2 = \cdots = a_n = 1$.

Remark 1. From the proof above, it follows that the inequality

$$a_1^2 + a_2^2 + \cdots + a_n^2 + 3n \geq 4(a_1 + a_2 + \cdots + a_n)$$

holds for all integer $n \geq 2$ and all nonnegative real numbers a_1, a_2, \dots, a_n which satisfy $a_1a_2 + a_2a_3 + \cdots + a_na_1 = n$.

Remark 2. For a given even $n \geq 2$, the largest values of k_n is 4. Indeed, by choosing $a_1 = a_3 = \cdots = a_{n-1} := x$ and $a_2 = a_4 = \cdots = a_n := y$, the constraint becomes $xy = 1$, while the inequality becomes as follows:

$$x^2 + y^2 - 2 \geq k_n(x+y-2), \quad \frac{(x^2-1)^2}{x^2} \geq \frac{k_n(x-1)^2}{x}.$$

The inequality is true for any positive x if and only if $k_n \leq \frac{(x+1)^2}{x}$. For $x = 1$, we get the necessary condition $k_n \leq 4$.

Remark 3. For a given odd $n \geq 3$, the largest values of k_n (when a_i are real numbers) is $2 + 2 \sec\left(\frac{\pi}{n}\right)$. Denoting $a_i = 1 + x_i$ for $i = 1, 2, \dots, n$, and

$$X = x_1^2 + x_2^2 + \dots + x_n^2, \quad Y = x_1x_2 + x_2x_3 + \dots + x_nx_1,$$

the constraint becomes

$$Y + 2(x_1 + x_2 + \dots + x_n) = 0,$$

while the inequality becomes

$$X - (k - 2)(x_1 + x_2 + \dots + x_n) \geq 0,$$

hence

$$\frac{2X}{k-2} + Y \geq 0.$$

It is known that the least value of A_n such that $A_nX + Y \geq 0$ for any real x_1, x_2, \dots, x_n is $A_n = \cos\left(\frac{\pi}{n}\right)$. So, from

$$\frac{2}{k-2} = \cos\left(\frac{\pi}{n}\right),$$

we obtain the largest value of k , that is $k_n = 2 + 2 \sec\left(\frac{\pi}{n}\right)$.

□

P 1.232. If a, b, c, d, e are positive real numbers such that

$$ab + bc + cd + de + ea = 5,$$

then

$$5 \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + \frac{1}{e} \right) \geq 4(a + b + c + d + e) + 5.$$

(Vasile Cîrtoaje, RMM, 36, 2025)

Solution. Using Lemma in the proof of P 1.217, it suffices to consider

$$ae + ad + be + bc + cd = 5, \quad a \geq b \geq c \geq d \geq e.$$

Denote

$$x = \frac{a+b}{2}, \quad y = \frac{d+e}{2}, \quad a \geq x \geq b \geq c \geq d \geq y \geq e.$$

As shown at P 1.217, we have

$$4xy \leq 5 - c^2, \quad c < \sqrt{5},$$

and

$$4c(x + y) \geq 3c^2 + 5.$$

By the AM-HM inequality, we have

$$\frac{1}{a} + \frac{1}{b} \geq \frac{4}{a+b} = \frac{2}{x}, \quad \frac{1}{d} + \frac{1}{e} \geq \frac{2}{y}.$$

Thus, it suffices to show that the conditions

$$4xy \leq 5 - c^2, \quad 4c(x + y) \geq 3c^2 + 5, \quad x \geq c \geq y > 0$$

involve

$$5 \left(\frac{2}{x} + \frac{2}{y} + \frac{1}{c} \right) \geq 4(2x + 2y + c) + 5,$$

that is

$$2(x + y) \left(\frac{5}{xy} - 4 \right) + \frac{5}{c} - 4c - 5 \geq 0.$$

Since

$$\frac{5}{xy} - 4 \geq \frac{20}{5 - c^2} - 4 = \frac{4c^2}{5 - c^2},$$

it suffices to show that

$$\frac{8(x + y)c^2}{5 - c^2} + \frac{5}{c} - 4c - 5 \geq 0.$$

This inequality is true if

$$\frac{2c(3c^2 + 5)}{5 - c^2} + \frac{5}{c} - 4c - 5 \geq 0,$$

which is equivalent to

$$\begin{aligned} 2c^4 + c^3 - 3c^2 - 5c + 5 &\geq 0, \\ (c - 1)^2(2c^2 + 5c + 5) &\geq 0. \end{aligned}$$

The proof is completed. The equality occurs for $a = b = c = d = e = 1$.

Remark 1. The inequality

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + \frac{1}{e} - 5 \geq k(a + b + c + d + e - 5)$$

is not valid for $k > \frac{4}{5}$. To prove this assert, consider the case

$$a = x^2, \quad b = e = \frac{m}{x^2}, \quad c = d = \frac{1}{x}, \quad m, x > 0.$$

From the constraint $ab + bc + cd + de + ea = 5$, we get

$$2m + \frac{2m}{x^3} + \frac{1}{x^2} = 5, \quad m = \frac{x(5x^2 - 1)}{2(x^3 + 1)},$$

The desired inequality becomes

$$\frac{1}{x^2} + \frac{2x^2}{m} + 2x - 5 \geq k \left(x^2 + \frac{2m}{x^2} + \frac{2}{x} - 5 \right),$$

$$\frac{1}{x^2} + \frac{4x(x^3 + 1)}{5x^2 - 1} + 2x - 5 \geq k \left(x^2 + \frac{5x^2 - 1}{x^4 + x} + \frac{2}{x} - 5 \right).$$

For $x \rightarrow \infty$, this inequality leads to the necessary condition

$$\frac{4}{5} \geq k.$$

Remark 2. Since

$$\frac{a + b + c + d + e}{5} + \frac{5}{a + b + c + d + e} \geq 2,$$

the following inequality follows from P 1.232:

- If a, b, c, d, e are positive real numbers such that

$$ab + bc + cd + de + ea = 5,$$

then

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + \frac{1}{e} + \frac{20}{a + b + c + d + e} \geq 9.$$

□

P 1.233. If a, b, c, d, e are positive real numbers such that

$$ab + bc + cd + de + ea = 5, \quad a \geq b \geq c \geq 1 \geq d \geq e,$$

then

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + \frac{1}{e} + 10 \geq 3(a + b + c + d + e).$$

(Vasile Cîrtoaje, Math. Reflections, 4, 2024)

Solution. Write the inequality as $E \geq 0$. For fixed c, d and e , we may consider that a and E are functions of b . Differentiating the equality constraint yields

$$(b + e)a' + a + c = 0, \quad -a' = \frac{a + c}{b + e} \geq \frac{a + c}{b + c} \geq \frac{a + b}{2b}.$$

Therefore,

$$E'(b) = - \left(\frac{1}{b^2} + 3 \right) - \left(\frac{1}{a^2} + 3 \right) a' \geq - \left(\frac{1}{b^2} + 3 \right) + \left(\frac{1}{a^2} + 3 \right) \frac{a + b}{2b}$$

$$= 3 \left(\frac{a+b}{2b} - 1 \right) - \left(\frac{1}{b^2} - \frac{a+b}{2a^2b} \right) = \frac{(a-b)(3a^2b - 2a - b)}{2a^2b^2}.$$

Since $ab \geq 1$, we have $3a^2b - 2a - b \geq 3a - 2a - b = a - b \geq 0$. Thus, $E'(b) \geq 0$, $E(b)$ is increasing and has the minimum value when b is minimum, hence when $b = c$. So, we need to show that $F \geq 0$ for

$$ac + c^2 + cd + de + ea = 5, \quad a \geq c \geq 1 \geq d \geq e > 0,$$

where

$$F = \frac{1}{a} + \frac{2}{c} + \frac{1}{d} + \frac{1}{e} + 10 - 3(a + 2c + d + e).$$

For fixed a and e , we may consider that d and F are functions of c . Differentiating the equality constraint yields

$$(c + e)d' + a + 2c + d = 0, \quad -d' = \frac{a + 2c + d}{c + e} \geq 2.$$

Therefore,

$$F'(c) = -2 \left(\frac{1}{c^2} + 3 \right) - \left(\frac{1}{d^2} + 3 \right) d' \geq -2 \left(\frac{1}{c^2} + 3 \right) + 2 \left(\frac{1}{d^2} + 3 \right) \geq 0,$$

$F(c)$ is increasing and has the minimum value when c is minimum (d is maximum), hence when either $c = 1$ or $d = 1$. So, it suffices to consider these cases.

Case 1: $c = 1$. We have

$$F = \frac{1}{a} + \frac{1}{d} + \frac{1}{e} + 6 - 3(a + d + e)$$

and

$$a + d + de + ea = 4, \quad a \geq 1 \geq d \geq e > 0.$$

Denoting $s = \frac{a+d}{2}$, we have

$$e = \frac{4 - a - d}{a + d} = \frac{2 - s}{s},$$

and from $(a - 1)(d - 1) \leq 0$, we get $ad \leq 2s - 1$. Therefore,

$$F = \frac{2s}{ad} + \frac{s}{2-s} + 6 - 6s - \frac{3(2-s)}{s} \geq \frac{2s}{2s-1} + \frac{s}{2-s} + 6 - 6s - \frac{3(2-s)}{s} = \frac{12(s-1)^4}{s(2s-1)(2-s)} \geq 0.$$

Case 2: $d = 1$. We have

$$F = \frac{1}{a} + \frac{2}{c} + \frac{1}{e} + 8 - 3(a + 2c + e)$$

and

$$ac + c^2 + c + e + ea = 5, \quad a \geq c \geq 1 \geq e > 0.$$

Since $\frac{2}{c} \geq 4 - 2c$, it follows that

$$F \geq \frac{1}{a} - 3a - 8c + \frac{1}{e} - 3e + 12.$$

Since $c^2 \geq 2c - 1$, the constraint $ac + c^2 + c + e + ea = 5$ yields

$$ac + 3c + e + ea \leq 6.$$

Thus, we have

$$c \leq \frac{6 - (1 + a)e}{3 + a},$$

$$6 \geq ac + 3c + e + ea > a + 3 + 0 + 0, \quad 1 \leq a < 3,$$

$$6 \geq ac + 3c + e + ea \geq a + 3 + e + ea, \quad 0 < e \leq \frac{3 - a}{1 + a} := e_0.$$

Therefore, for fixed $a \in [1, 3)$, we have $F \geq f(e)$, where

$$f(e) = \frac{1}{a} - 3a - 8 \cdot \frac{6 - (1 + a)e}{3 + a} + \frac{1}{e} - 3e + 12, \quad e \in (0, e_0].$$

Since

$$\begin{aligned} f'(e) &= \frac{8(1 + a)}{3 + a} - \frac{1}{e^2} - 3 = \frac{5a - 1}{3 + a} - \frac{1}{e^2} \leq \frac{5a - 1}{3 + a} - \left(\frac{1 + a}{3 - a}\right)^2 \\ &= \frac{4(a^3 - 9a^2 + 11a - 3)}{(3 + a)(3 - a)^2} = \frac{4(a - 1)(a^2 - 8a + 3)}{(3 + a)(3 - a)^2} \leq 0, \end{aligned}$$

$f(e)$ is decreasing, therefore

$$f(e) \geq f(e_0) = \frac{1}{a} - 3a - 8 + \frac{1 + a}{3 - a} - \frac{3(3 - a)}{1 + a} + 12 = \frac{3(1 - a)^4}{a(3 - a)(1 + a)} \geq 0.$$

The proof is completed. The equality occurs for $a = b = c = d = e = 1$.

□

P 1.234. For given $n \geq 3$, prove that 3 is the largest positive value of the constant k such that

$$\frac{1}{a_1} + \frac{1}{a_2} + \cdots + \frac{1}{a_n} - n \geq k(a_1 + a_2 + \cdots + a_n - n)$$

for any $a_1 \geq a_2 \geq \cdots \geq a_{n-1} \geq 1 \geq a_n > 0$ with $a_1 a_2 + a_2 a_3 + \cdots + a_{n-1} a_n + a_n a_1 = n$.

(Vasile Cîrtoaje, RMM, 39, 2025)

Solution. Choosing $a_2 = \cdots = a_{n-1} = 1$, the inequality becomes

$$\frac{1}{a_1} + \frac{1}{a_n} - 2 \geq k(a_1 + a_n - 2),$$

where $a_1 \geq 1 \geq a_n > 0$ such that $a_1 a_n + a_1 + a_n = 3$. Let $p = a_1 a_n$. From

$$3 = a_1 a_n + a_1 + a_n \geq p + 2\sqrt{p},$$

we get $p \in (0, 1]$. Write the inequality as follows:

$$\frac{3-p}{p} - 2 \geq k(1-p), \quad (1-p)(3-kp) \geq 0.$$

It is true if and only if $3 - kp \geq 0$ for $p \in (0, 1)$. From the necessary condition

$$\lim_{p \rightarrow 1} (3 - kp) \geq 0,$$

we get $k \leq 3$. To show that 3 is the largest positive value of the constant k , we need to prove the inequality

$$\frac{1}{a_1} + \frac{1}{a_2} + \cdots + \frac{1}{a_n} + 2n \geq 3(a_1 + a_2 + \cdots + a_n).$$

By the AM-HM inequality, we have

$$\frac{1}{a_2} + \cdots + \frac{1}{a_{n-1}} \geq \frac{n-2}{S},$$

where $S = \frac{a_2 + \cdots + a_{n-1}}{n-2} \geq 1$. So, it suffices to show that $E \geq 0$, where

$$E = \frac{1}{a_1} + \frac{1}{a_n} + \frac{n-2}{S} + 2n - 3[a_1 + a_n + (n-2)S].$$

By Lemma in the proof of P 1.216, we have

$$(n-3)S^2 + (a_1 + a_n)S + a_1 a_n \leq n.$$

Since the expression E decreases when a_1 increases, we may increase a_1 to have

$$(n-3)S^2 + (a_1 + a_n)S + a_1 a_n = n.$$

Denoting $x = \frac{a_1 + a_n}{2}$, we need to show that

$$\frac{2x}{n-2Sx-(n-3)S^2} + \frac{n-2}{S} + 2n - 3[2x + (n-2)S] \geq 0$$

for

$$(n-3)S^2 + 2Sx + a_1 a_n = n.$$

From $(S - a_1)(S - a_n) \leq 0$, we obtain

$$2Sx \geq S^2 + a_1a_n = n - 2Sx - (n - 4)S^2,$$

therefore

$$4Sx \geq n - (n - 4)S^2.$$

For fixed S , the desired inequality is equivalent to $F(x) \geq 0$, where

$$F(x) = 12S^2x^2 + [6(2n - 5)S^2 - 4nS - 8n + 6]Sx + [n - (n - 3)S^2][n - 2 + 2nS - 3(n - 2)S^2].$$

Since

$$F'(x) = 24S^2x + 6(2n - 5)S^3 - 4nS^2 - (8n - 6)S \geq 6S[n - (n - 4)S^2] + 6(2n - 5)S^3 - 4nS^2 - (8n - 6)S$$

$$= 6(n - 1)S^3 - 4nS^2 - (2n - 6)S \geq 6(n - 1)S^2 - 4nS^2 - (2n - 6)S = n(n - 3)S(S - 1) \geq 0,$$

$F(x)$ is increasing, hence

$$\begin{aligned} F(x) &\geq F\left(\frac{n - (n - 4)S^2}{4S}\right) = \frac{n[3(n - 2)S^4 - 4(n - 2)S^3 - 2nS^2 + 4nS - n - 2]}{4} \\ &= \frac{n(S - 1)^2[3(n - 2)S^2 + 2(n - 2)S - n - 2]}{4} \geq 0. \end{aligned}$$

The proof is completed. For $k = 3$, the equality occurs when $a_1 = a_2 = \cdots = a_n = 1$.

Remark. Since

$$\frac{a_1 + a_2 + \cdots + a_n}{n} \geq 2 - \frac{n}{a_1 + a_2 + \cdots + a_n},$$

the following inequality follows from P 1.234:

• If $a_1 \geq a_2 \geq \cdots \geq a_{n-1} \geq 1 \geq a_n > 0$ such that $a_1a_2 + a_2a_3 + \cdots + a_{n-1}a_n + a_na_1 = n$, then

$$\frac{1}{a_1} + \frac{1}{a_2} + \cdots + \frac{1}{a_n} + \frac{3n^2}{a_1 + a_2 + \cdots + a_n} \geq 4n.$$

□

P 1.235. If a, b, c, d, e, f are nonnegative real numbers such that

$$ab + bc + cd + de + ef + fa = 6, \quad a \geq b \geq c \geq d \geq e \geq f,$$

then

$$\frac{1}{a+3} + \frac{1}{b+3} + \frac{1}{c+3} + \frac{1}{d+3} + \frac{1}{e+3} + \frac{1}{f+3} \geq \frac{3}{2}.$$

(Vasile Cîrtoaje, GMA, no. 1-2, 2022)

First Solution. Let $x = \frac{b+c+d+e}{4}$ and $y = \frac{a+f}{2}$. By the AM-HM inequality, we have

$$\frac{1}{b+3} + \frac{1}{c+3} + \frac{1}{d+3} + \frac{1}{e+3} \geq \frac{16}{(b+3) + (c+3) + (d+3) + (e+3)} = \frac{4}{x+3}.$$

So, it suffices to show that

$$\frac{1}{a+3} + \frac{1}{f+3} + \frac{4}{x+3} \geq \frac{3}{2},$$

i.e.

$$\frac{2y+6}{af+6y+9} - \frac{3x+1}{2(x+3)} \geq 0.$$

By Lemma in the proof of P 1.216, we have

$$3x^2 + 2xy + af \leq 6, \quad x < \sqrt{2}.$$

So, it is enough to show that

$$\frac{2y+6}{15-3x^2+2(3-x)y} - \frac{3x+1}{2(x+3)} \geq 0.$$

After multiplying by $3-x$, we get the equivalent inequalities

$$\left[\frac{(3-x)(2y+6)}{15-3x^2+2(3-x)y} - 1 \right] + \left[1 - \frac{(3-x)(3x+1)}{2(x+3)} \right] \geq 0,$$

$$\frac{3(x-1)^2}{15-3x^2+2(3-x)y} + \frac{3(x-1)^2}{2(x+3)} \geq 0.$$

The equality holds for $b=c=d=e=1$ and $a+f+af=3$ ($a \geq 1 \geq f$).

□

P 1.236. Let a_1, a_2, \dots, a_n be positive real numbers such that

$$a_1a_2 + a_2a_3 + \dots + a_na_1 = n, \quad a_1 \geq a_2 \geq \dots \geq a_n.$$

Prove that:

$$\frac{1}{a_1} + \frac{1}{a_2} + \dots + \frac{1}{a_n} \geq a_1 + a_2 + \dots + a_n.$$

(Vasile Cîrtoaje, *Cruz Mathematicorum*, 9, 2023)

Solution. For $n=2$, the inequality is an equality. Consider further $n \geq 3$. Let

$$y = \frac{a_2 + \dots + a_{n-1}}{n-2}, \quad a_1 \geq y \geq a_n > 0.$$

By the AM-HM inequality,

$$\frac{1}{a_2} + \cdots + \frac{1}{a_{n-1}} \geq \frac{(n-2)^2}{a_2 + \cdots + a_{n-1}} = \frac{n-2}{y}.$$

By Lemma in the proof of P 1.216, it suffices to show that $(n-3)y^2 + (a_1 + a_n)y + a_1a_n \leq n$ involves

$$\frac{1}{a_1} + \frac{1}{a_n} + \frac{n-2}{y} \geq a_1 + a_n + (n-2)y.$$

Denoting a_1 by x and a_n by z , it suffices to prove the homogeneous inequality

$$[(n-3)y^2 + xy + yz + zx] \left(\frac{n-3}{y} + \frac{1}{x} + \frac{1}{y} + \frac{1}{z} \right) \geq n[(n-3)y + x + y + z],$$

which is equivalent to $A + (n-3)B \geq 0$, where

$$A = \frac{yz}{x} + \frac{zx}{y} + \frac{xy}{z} - (x + y + z), \quad B = \frac{y^2}{x} + \frac{y^2}{z} + \frac{xz}{y} - 3y.$$

Since

$$2A = \frac{x^2(y-z)^2 + y^2(z-x)^2 + z^2(x-y)^2}{xyz} \geq 0$$

and

$$B \geq 3 \left(\frac{y^2}{x} \cdot \frac{y^2}{z} \cdot \frac{xz}{y} \right)^{1/3} - 3y = 0,$$

we obtain the required inequality $A + (n-3)B \geq 0$. So, the proof is completed. The equality occurs for $a_1 = a_2 = \cdots = a_n = 1$.

Remark. Since

$$\frac{a_1 + a_2 + \cdots + a_n}{n} + \frac{n}{a_1 + a_2 + \cdots + a_n} \geq 2,$$

the following inequality follows from P 1.236:

- If a_1, a_2, \dots, a_n are positive real numbers such that

$$a_1a_2 + a_2a_3 + \cdots + a_na_1 = n, \quad a_1 \geq a_2 \geq \cdots \geq a_n,$$

then

$$\frac{1}{a_1} + \frac{1}{a_2} + \cdots + \frac{1}{a_n} + \frac{n^2}{a_1 + a_2 + \cdots + a_n} \geq 2n.$$

□

P 1.237. If $n \geq 3$ and $a_1 \geq a_2 \geq \cdots \geq a_n \geq 0$, then

$$\sqrt{\frac{1}{n} \sum_{cyclic} a_1a_2} \geq \sqrt[n-1]{\frac{1}{n} \sum_{cyclic} a_1a_2 \cdots a_{n-1}}.$$

(Vasile Cîrtoaje, AMM, 1, 2024)

Solution. For $n = 3$, the inequality is an equality. Consider further $n \geq 4$. Due to homogeneity, we may set

$$\sum_{cyclic} a_1 a_2 = n$$

to prove that

$$\sum_{cyclic} a_1 a_2 \cdots a_{n-1} \leq n.$$

Write the desired inequality as

$$(a_1 + a_n)A + a_1 a_n B \leq n,$$

where

$$A = a_2 a_3 \cdots a_{n-1}, \quad B = a_2 a_3 \cdots a_{n-2} + a_3 a_4 \cdots a_{n-1} + \cdots + a_{n-1} a_1 \cdots a_{n-3}.$$

Let

$$S = \frac{a_1 + a_n}{2}, \quad x = \frac{a_2 + \cdots + a_{n-1}}{n-2}, \quad a_1 \geq x \geq a_n \geq 0.$$

Since $A \leq x^{n-2}$ and $B \leq (n-2)x^{n-3}$, it suffices to prove that

$$2Sx^{n-2} + (n-2)a_1 a_n x^{n-3} \leq n.$$

On the other hand, by Lemma in the proof of P 1.216, we have $(n-3)x^2 + 2Sx + a_1 a_n \leq n$. Since the left hand side of the desired inequality increases when $a_1 a_n$ increases, we may replace the inequality constraint with the equality constraint

$$(n-3)x^2 + 2Sx + a_1 a_n = n.$$

So, the desired inequality is equivalent to

$$2Sx^{n-2} + (n-2)(n - (n-3)x^2 - 2Sx)x^{n-3} \leq n,$$

that is

$$(n-2)(n-3)x^{n-1} + 2(n-3)x^{n-2}S + n \geq n(n-2)x^{n-3}.$$

From $n = (n-3)x^2 + 2Sx + a_1 a_n \leq (n-3)x^2 + 2Sx + S^2$, we get

$$S \geq \sqrt{n - (n-4)x^2} - x.$$

Also, from $2S = a_1 + a_n \geq a_1 \geq x$ and $n = (n-3)x^2 + 2Sx + a_1 a_n \geq (n-3)x^2 + 2Sx \geq (n-2)x^2$, we get $x \leq \sqrt{\frac{n}{n-2}}$. So, it suffices to prove that $x \leq \sqrt{\frac{n}{n-2}}$ involves

$$(n-2)(n-3)x^{n-1} + 2(n-3)x^{n-2} \left(\sqrt{n - (n-4)x^2} - x \right) + n \geq n(n-2)x^{n-3},$$

that is $f(x) \geq 0$, where

$$f(x) = (n-3)(n-4)x^{n-1} + 2(n-3)x^{n-2} \sqrt{n - (n-4)x^2} + n - n(n-2)x^{n-3}.$$

We have $f'(x) = (n-3)x^{n-4}g(x)$, where

$$\begin{aligned} g(x) &= [n(n-2) - (n-1)(n-4)x^2] \left(\frac{2x}{\sqrt{n-(n-4)x^2}} - 1 \right) \\ &= \frac{n(x^2-1)[n(n-2) - (n-1)(n-4)x^2]}{(2x + \sqrt{n-(n-4)x^2})\sqrt{n-(n-4)x^2}}. \end{aligned}$$

Since

$$n(n-2) - (n-1)(n-4)x^2 \geq n(n-2) - \frac{n(n-1)(n-4)}{n-2} = \frac{n^2}{n-2} > 0,$$

we have $g(x) \leq 0$ for $x \in [0, 1]$, and $g(x) \geq 0$ for $x \in \left[1, \sqrt{\frac{n}{n-2}}\right]$, therefore f is decreasing on $[0, 1]$ and increasing on $\left[1, \sqrt{\frac{n}{n-2}}\right]$. As a consequence, $f(x) \geq f(1) = 0$.

For $n \geq 4$, the equality occurs for $a_1 = a_2 = \dots = a_n$, and also for $a_1 \geq a_2 = \dots = a_n = 0$.

Remark. We claim that the following generalization is valid:

- Let $n \geq 3$ and $a_1 \geq a_2 \geq \dots \geq a_n \geq 0$. If $k \in \{2, 3, \dots, n-2\}$, then

$$\sqrt[k]{\frac{1}{n} \sum_{cyclic} a_1 a_2 \dots a_k} \geq \sqrt[n-1]{\frac{1}{n} \sum_{cyclic} a_1 a_2 \dots a_{n-1}}.$$

□

P 1.238. Let a, b, c, d, e be nonnegative real numbers satisfying $ab + bc + cd + de + ea = 5$. Prove that:

$$(a) \quad (a+2)^2 + (b+2)^2 + (c+2)^2 + (d+2)^2 + (e+2)^2 \geq 45.$$

$$(b) \quad a^{3/2} + b^{3/2} + c^{3/2} + d^{3/2} + e^{3/2} \geq 5.$$

(Vasile Cîrtoaje, Crux Mathematicorum, 5, 2024)

Solution. (a) Denote

$$A = \sqrt{\frac{\sum ab}{5}},$$

and write the inequality as follows:

$$\sum a^2 + 4 \sum a \geq 25, \quad \sum a^2 + 4 \sum a \geq 5 \sum ab,$$

$$\sum a^2 - \sum ab \geq 4 \left(\sum ab - \sum a \right), \quad \sum (a-b)^2 \geq 8 \left(\sum ab - A \sum a \right),$$

$$\begin{aligned}\sum (a-b)^2 &\geq 8A \left(\sqrt{5 \sum ab} - \sum a \right), \quad \sum (a-b)^2 \geq \frac{8A}{\sqrt{5 \sum ab} + \sum a} \left[5 \sum ab - \left(\sum a \right)^2 \right], \\ \frac{5A + \sum a}{8A} \sum (a-b)^2 &\geq 5 \sum ab - \left(\sum a \right)^2, \quad \frac{5A + \sum a}{4A} \sum (a-b)^2 + \sum (a-b)^2 \geq 4 \sum a(b-c), \\ \frac{9A + \sum a}{4A} \sum (a-b)^2 &\geq 4 \sum a(b-c).\end{aligned}$$

From $\sum (a - 2b + 2c - d)^2 \geq 0$, we get

$$10 \sum a^2 - 16 \sum ab + 6 \sum ac \geq 0, \quad 5 \sum (a-b)^2 \geq 6 \sum a(b-c).$$

Thus, it suffices to show that

$$\frac{9A + \sum a}{4A} \geq \frac{10}{3},$$

that is $3 \sum a \geq 13A$. By Lemma 1 below, we have

$$3 \sum a \geq 6\sqrt{ab+bc+cd+de+ea} = 6\sqrt{5} A > 13A.$$

The proof is completed. The equality occurs for $a = b = c = d = e = 1$.

(b) Assume that $a = \max\{a, b, c, d, e\}$. Since the inequality is true for $a^{3/2} \geq 5$, we assume next $a < 5^{2/3}$, hence $a < 3$, $b < 3$, $c < 3$, $d < 3$ and $e < 3$. Based on the inequality in Lemma 2 and the inequality in (a), we have

$$4 \sum a^{3/2} \geq \sum (a+2)^2 - 25 \geq 45 - 25 \geq 20.$$

The equality occurs for $a = b = c = d = e = 1$.

Lemma 1. *If a, b, c, d, e are nonnegative real numbers, then*

$$a + b + c + d + e \geq 2\sqrt{ab+bc+cd+de+ea}.$$

Proof. Due to cyclicity, we may assume that $a = \max\{a, b, c, d, e\}$ and $b \geq e$. We need to prove the homogeneous inequality

$$(a + b + c + d + e)^2 \geq 4(ab + bc + cd + de + ea),$$

which is equivalent to the obvious inequality

$$(a - b - e)^2 + c^2 + d^2 + 2c(a - b + e) + 2d(a - c) + 2d(b - e) \geq 0.$$

The equality occurs for $a = b + e$ and $c = d = 0$ (or any cyclic permutation).

Lemma 2. *If $0 \leq x \leq 4$, then*

$$4x^{3/2} \geq (x + 2)^2 - 5.$$

Proof. Denote $f(x) = 4x^{3/2} - (x+2)^2 + 5$. From

$$f'(x) = 6\sqrt{x} - 2(x+2) = 2(\sqrt{x} - 1)(2 - \sqrt{x}),$$

we get $f'(x) \leq 0$ for $x \in [0, 1]$ and $f'(x) \geq 0$ for $x \in [1, 4]$. As a consequence, $f(x)$ is decreasing on $[0, 1]$ and increasing on $[1, 4]$, therefore $f(x) \geq f(1) = 0$.

Remark. Similarly, using the inequality in Lemma 1 and the inequality

$$\sum (a - mb + mc - d)^2 \geq 0$$

for $m = \frac{\sqrt{5}+1}{2}$, we have

$$(a+k)^2 + (b+k)^2 + (c+k)^2 + (d+k)^2 + (e+k)^2 \geq 5(1+k)^2$$

for $0 \leq k \leq 1 + \frac{\sqrt{5}}{2}$. So, from $\sum (a - mb + mc - d)^2 \geq 0$, we get

$$2(m^2 + 1) \sum a^2 - 2m(m+2) \sum ab + 2(2m-1) \sum ac \geq 0,$$

$$(m^2 + 1) \sum (a-b)^2 \geq 2(2m-1) \sum a(b-c).$$

For $m = \frac{\sqrt{5}+1}{2}$ (when this inequality is strongest), we obtain

$$\frac{\sqrt{5}+1}{4} \sum (a-b)^2 \geq \sum a(b-c).$$

On the other hand, the desired inequality is equivalent to

$$\frac{(2k+5)A + \sum a}{2kA} \sum (a-b)^2 \geq 4 \sum a(b-c).$$

So, it suffices to show that

$$\frac{(2k+5)A + \sum a}{2kA} \geq \sqrt{5} + 1,$$

which is true if

$$\frac{(2k+5)A + 2\sqrt{5}A}{2kA} \geq \sqrt{5} + 1,$$

that is $k \leq 1 + \frac{\sqrt{5}}{2} \approx 2.118$. Note that the computer calculations show that the inequality is true for $0 \leq k \leq k_0$, where $k_0 \approx 2.123535$.

□

P 1.239. If a, b, c, d are nonnegative real numbers such that $ab + bc + cd + da \geq 4$, then

$$(a^2 + 1)(b^2 + 1)(c^2 + 1)(d^2 + 1) \geq (a + b + c + d)^2.$$

(Vasile Cîrtoaje, *Cruz Mathematicorum*, 10, 2024)

Solution. Write the hypothesis as

$$(a + c)(b + d) \geq 4,$$

and assume that

$$a + c \geq b + d.$$

There are two cases to consider: $b + d \geq 2$ and $b + d \leq 2$.

Case 1: $b + d \geq 2$. Since

$$(a^2 + 1)(c^2 + 1) \geq (a + c)^2, \quad (b^2 + 1)(d^2 + 1) \geq (b + d)^2,$$

it suffices to show that

$$(a + c)(b + d) \geq a + b + c + d.$$

Indeed, we have

$$(a + c)(b + d) - (a + b + c + d) \geq 2(a + c) - (a + b + c + d) = (a + c) - (b + d) \geq 0.$$

Case 2: $b + d \leq 2$. Let

$$x = \frac{a + c}{2}, \quad y = \frac{b + d}{2}, \quad x \geq 1 \geq y.$$

We have

$$xy \geq 1, \quad bd \leq y^2.$$

Since

$$(a^2 + 1)(c^2 + 1) \geq (a + c)^2 = 4x^2$$

and

$$(b^2 + 1)(d^2 + 1) = (b + d)^2 + (1 - bd)^2 \geq 4y^2 + (1 - y^2)^2 = (1 + y^2)^2,$$

it suffices to show that

$$4x^2(1 + y^2)^2 \geq (2x + 2y)^2,$$

which is equivalent to

$$x(1 + y^2) \geq x + y, \quad y(xy - 1) \geq 0.$$

The inequality is an equality for $ac = 1$ and $b = d = \frac{2}{a + c}$, or $bd = 1$ and $a = c = \frac{2}{b + d}$.

Remark 1. The inequality is also true for $abcd \geq 1$ (Pham Kim Hung, 2006). Indeed, if $abcd \geq 1$, then

$$ab + bc + cd + da \geq 4\sqrt{abcd} \geq 4,$$

Remark 2. The inequality is also true for $ab + ac + ad + bc + bd + cd \geq 6$ (see P 3.69, Volume 1). Indeed, if $ab + ac + ad + bc + bd + cd \geq 6$, then at least one of the inequalities

$$(a + b)(c + d) \geq 4, \quad (a + c)(b + d) \geq 4, \quad (a + d)(b + c) \geq 4$$

is true. □

P 1.240. Let a, b, c, d, e be real numbers such that $a \geq b \geq c \geq d \geq e \geq 0$ and $ab + bc + cd + de + ea = 5$. Prove that

$$a^{5/4} + b^{5/4} + c^{5/4} + d^{5/4} + e^{5/4} \geq 5.$$

(Vasile Cîrtoaje, GMA, no. 3-4, 2023)

Solution. Denote

$$x = \frac{a + b}{2}, \quad y = \frac{d + e}{2}, \quad x \geq c \geq y.$$

By Jensen's inequality for convex functions, we have

$$a^{5/4} + b^{5/4} \geq 2x^{5/4}, \quad d^{5/4} + e^{5/4} \geq 2y^{5/4}.$$

Also, by Bernoulli's inequality, we have

$$c^{5/4} = (1 + (c - 1))^{5/4} \geq 1 + \frac{5}{4}(c - 1) = \frac{5c - 1}{4}.$$

So, it suffices to show that

$$8(x^{5/4} + y^{5/4}) + 5c \geq 21.$$

We will first show that

$$x^2 + y^2 + xy + c(x + y) \geq 5.$$

Indeed, we have

$$\begin{aligned} 4(x^2 + y^2 + xy + c(x + y) - 5) &= (a + b)^2 + (d + e)^2 + (a + b)(d + e) + 2c(a + b + d + e) \\ &\quad - 4(ab + bc + cd + de + ea) = (a - b)^2 + (d - e)^2 + a(d + 2c - 3e) + b(d + e - 2c) + 2c(e - d) \\ &\geq b(d + 2c - 3e) + b(d + e - 2c) + 2c(e - d) = 2b(d - e) + 2c(e - d) = 2(d - e)(b - c) \geq 0. \end{aligned}$$

So, we only need to show that

$$8(x^{5/4} + y^{5/4}) + \frac{5(5 - x^2 - y^2 - xy)}{x + y} \geq 21.$$

Denoting $x = s + t$, $y = s - t$ and

$$f(t) = (s + t)^{5/4} + (s - t)^{5/4}, \quad t \in [0, s],$$

we need to show that $g(t) \geq 0$, where

$$g(t) = f(t) - \frac{5t^2 + 15s^2 + 42s - 25}{16s}.$$

For even j ($j \geq 2$), we have

$$f^{(j)}(0) = 2k(k-1) \cdots (k-j+1)s^{k-j} > 0,$$

where $k = 5/4$. Thus, by the Maclaurin series expansion of the even function f , we have

$$\begin{aligned} f(t) &= f(0) + \frac{f^{(2)}(0)t^2}{2!} + \frac{f^{(4)}(0)t^4}{4!} + \cdots \geq f(0) + \frac{f^{(2)}(0)t^2}{2!} + \frac{f^{(4)}(0)t^4}{4!} \\ &= 2s^k + k(k-1)s^{k-2}t^2 + \frac{k(k-1)(k-2)(k-3)}{12}s^{k-4}t^4 \\ &= 2s^{5/4} + \frac{5}{16}s^{-3/4}t^2 + \frac{35}{1024}s^{-11/4}t^4 \geq 2s^{5/4} + \frac{5}{16}s^{-3/4}t^2 + \frac{1}{32}s^{-11/4}t^4. \end{aligned}$$

Consequently, to prove that $g(t) \geq 0$, it suffices to show that

$$2s^{5/4} + \frac{5}{16}s^{-3/4}t^2 + \frac{1}{32}s^{-11/4}t^4 \geq \frac{5t^2 + 15s^2 + 42s - 25}{16s},$$

which is equivalent to

$$s^{-7/4}t^4 - 10(1 - s^{1/4})t^2 + 64s^{9/4} - 30s^2 - 84s + 50 \geq 0.$$

Substituting $r = s^{1/4}$, the inequality becomes

$$\begin{aligned} r^{-7}t^4 - 10(1 - r)t^2 + 64r^9 - 30r^8 - 84r^4 - 50 &\geq 0, \\ t^4 - 10r^7(1 - r)t^2 + r^7(64r^9 - 30r^8 - 84r^4 - 50) &\geq 0, \\ (t^2 - 5r^7 + 5r^8)^2 + r^7(39r^9 + 20r^8 - 25r^7 - 84r^4 + 50) &\geq 0. \end{aligned}$$

Since

$$39r^9 + 20r^8 - 25r^7 - 84r^4 + 50 = (r - 1)^2 E,$$

where

$$E = 39r^7 + 98r^6 + 132r^5 + 166r^4 + 200r^3 + 150r^2 + 100r + 50 > 0,$$

the proof is completed. The equality occurs for $a = b = c = d = e = 1$.

Remark. For $0 < k < \frac{5}{4}$, the inequality $a^k + b^k + c^k + d^k + e^k \geq 5$ does not hold. To prove this assert, suppose

$$a = b = 1 + x, \quad c = 1 - x^2/2, \quad d = e = 1 - x.$$

For $x \in [0, 1]$, we have $a \geq b \geq c \geq d \geq e \geq 0$ and $ab + bc + cd + de + ea = 5$, while the inequality $a^k + b^k + c^k + d^k + e^k \geq 5$ is equivalent to $g(x) \geq 0$, where

$$g(x) = 2(1 + x)^k + 2(1 - x)^k + (1 - x^2/2)^k - 5.$$

We have $g(0) = 0$, $g'(0) = 0$ and $g''(0) = k(4k - 5)$. Since $g''(0) < 0$ for $0 < k < 5/4$, the point $x = 0$ is a local maximum of g . In addition, since $g(0) = 0$, there is a neighbourhood V of 0 such that $g(x) < 0$ for $x \in V \cap (0, 1]$.

Open problem 1. *If a_1, a_2, \dots, a_7 are real numbers such that*

$$a_1 \geq a_2 \geq \dots \geq a_7 \geq 0, \quad a_1 a_2 + a_2 a_3 + \dots + a_7 a_1 = 7,$$

then

$$a_1^{3/2} + a_2^{3/2} + \dots + a_7^{3/2} \geq 7.$$

Open problem 2. *Let n ($n \geq 5$) be an odd integer number and $k \geq k_0 = \frac{2n-5}{n-1}$. If a_1, a_2, \dots, a_n are real numbers such that*

$$a_1 \geq a_2 \geq \dots \geq a_n \geq 0, \quad a_1 a_2 + a_2 a_3 + \dots + a_n a_1 = n,$$

then

$$a_1^k + a_2^k + \dots + a_n^k \geq n.$$

Note that for $0 < k < k_0$, the inequality $a_1^k + a_2^k + \dots + a_n^k \geq n$ does not hold. To prove this claim, suppose

$$a_1 = a_2 = \dots = a_j = 1 + x, \quad a_{j+1} = 1 - (n-4)x^2/2, \quad a_{j+2} = a_{j+3} = \dots = a_n = 1 - x,$$

where $j = \frac{n-1}{2}$. For $x \in [0, 1]$, we have $a_1 \geq a_2 \geq \dots \geq a_n \geq 0$ and $a_1 a_2 + a_2 a_3 + \dots + a_n a_1 = n$. The inequality $a_1^k + a_2^k + \dots + a_n^k \geq n$ is equivalent to $g(x) \geq 0$, where

$$g(x) = j \left((1+x)^k + (1-x)^k \right) + \left(1 - \frac{(n-4)x^2}{2} \right)^k - n.$$

We have $g(0) = 0$, $g'(0) = 0$ and $\frac{1}{k}g''(0) = (n-1)k - 2n + 5$. Since $g''(0) < 0$ for $0 < k < k_0$, the point $x = 0$ is a local maximum of g . In addition, since $g(0) = 0$, there is a neighbourhood V of 0 such that $g(x) < 0$ for $x \in V \cap (0, 1]$.

□

P 1.241. *If $a_1 \geq 1 \geq a_2 \geq \dots \geq a_n \geq 0$ such that $a_1 + a_2 + \dots + a_n = n$, then*

$$a_1 a_2 + a_2 a_3 + \dots + a_n a_1 \leq n.$$

(Vasile Cîrtoaje, RMM, 38, 2025)

Solution. For $n = 2$, the inequality reduces to $(a_1 - a_2)^2 \geq 0$. Consider next $n \geq 3$ and write the desired inequality in the homogeneous form

$$(a_1 + a_2 + \cdots + a_n)^2 - n(a_1a_2 + a_2a_3 + \cdots + a_na_1) \geq 0.$$

From

$$na_2 \leq n = a_1 + a_2 + \cdots + a_n,$$

we get

$$a_1 \geq (n-1)a_2 - a_3 - \cdots - a_n.$$

For fixed a_2, a_3, \dots, a_n , the homogeneous inequality is equivalent to $f(a_1) \geq 0$, where

$$f(a_1) = (a_1 + a_2 + \cdots + a_n)^2 - n(a_2a_3 + \cdots + a_{n-1}a_n) - n(a_2 + a_n)a_1.$$

Since

$$\begin{aligned} f'(a_1) &= 2(a_1 + a_2 + \cdots + a_n) - n(a_2 + a_n) = (a_1 + a_2 + \cdots + a_n - na_2) + (a_1 + a_2 + \cdots + a_n - na_n) \\ &= n(1 - a_2) + (a_1 + a_2 + \cdots + a_n - na_n) \geq 0, \end{aligned}$$

$f(a_1)$ is increasing, hence

$$f(a_1) \geq f((n-1)a_2 - a_3 - \cdots - a_n).$$

Thus, it suffices to show that $f((n-1)a_2 - a_3 - \cdots - a_n) \geq 0$, that is

$$na_2^2 - (a_2a_3 + \cdots + a_{n-1}a_n) - (a_2 + a_n)[(n-1)a_2 - a_3 - \cdots - a_n] \geq 0.$$

For $n = 3$, the inequality reduces to $(a_2 - a_3)^2 \geq 0$, while for $n \geq 4$, the inequality is equivalent to

$$\begin{aligned} &na_2^2 - (a_2a_3 + \cdots + a_{n-1}a_n) - n(a_2 + a_n)a_2 + (a_2 + a_n)(a_2 + a_3 + \cdots + a_n) \geq 0, \\ &-(a_2a_3 + a_3a_4 + \cdots + a_{n-1}a_n + a_na_2) - (n-1)a_2a_n + (a_2 + a_n)(a_2 + a_3 + \cdots + a_n) \geq 0, \\ &a_2(a_2 + a_3 + \cdots + a_n) - (a_2a_3 + a_3a_4 + \cdots + a_{n-1}a_n + a_na_2) + a_n[a_2 + a_3 + \cdots + a_n - (n-1)a_2] \geq 0, \\ &a_2(a_2 - a_3) + a_3(a_2 - a_4) + \cdots + a_{n-1}(a_2 - a_n) - a_n[(a_2 - a_3) + (a_2 - a_4) + \cdots + (a_2 - a_n)] \geq 0, \\ &(a_2 - a_3)(a_2 - a_n) + (a_2 - a_4)(a_3 - a_n) + \cdots + (a_2 - a_n)(a_{n-1} - a_n) \geq 0. \end{aligned}$$

The last inequality is clearly true. The equality occurs for $a_1 = a_2 = \cdots = a_n = 1$.

Remark. The following statement is also valid:

- If $a_1 \geq 1 \geq a_2 \geq \cdots \geq a_n \geq 0$ such that $a_1a_2 + a_2a_3 + \cdots + a_na_1 = n$, then

$$a_1 + a_2 + \cdots + a_n \geq n.$$

□

P 1.242. If $0 \leq a_1 \leq 1 \leq a_2 \leq \cdots \leq a_n$ such that $a_1 + a_2 + \cdots + a_n = n$, then

$$a_1 a_2 + a_2 a_3 + \cdots + a_n a_1 \leq n.$$

(Vasile Cîrtoaje, Math. Reflections, 3, 2024)

Solution. For $n = 2$, the inequality reduces to $(a_1 - a_2)^2 \geq 0$. Consider next $n \geq 3$ and write the desired inequality in the homogeneous form

$$(a_1 + a_2 + \cdots + a_n)^2 - n(a_1 a_2 + a_2 a_3 + \cdots + a_n a_1) \geq 0.$$

From

$$n a_2 \geq n = a_1 + a_2 + \cdots + a_n,$$

we get

$$a_1 \leq (n-1)a_2 - a_3 - \cdots - a_n.$$

For fixed a_2, a_3, \dots, a_n , the desired inequality is equivalent to $f(a_1) \geq 0$, where

$$f(a_1) = (a_1 + a_2 + \cdots + a_n)^2 - n(a_2 a_3 + \cdots + a_{n-1} a_n) - n(a_2 + a_n) a_1.$$

Since

$$f'(a_1) = 2(a_1 + a_2 + \cdots + a_n) - n(a_2 + a_n) = (a_1 + a_2 + \cdots + a_n - n a_2) + (a_1 + a_2 + \cdots + a_n - n a_n) \leq 0,$$

$f(a_1)$ is decreasing, hence

$$f(a_1) \geq f((n-1)a_2 - a_3 - \cdots - a_n).$$

Thus, it suffices to show that $f((n-1)a_2 - a_3 - \cdots - a_n) \geq 0$, that is

$$n a_2^2 - (a_2 a_3 + \cdots + a_{n-1} a_n) - (a_2 + a_n)[(n-1)a_2 - a_3 - \cdots - a_n] \geq 0.$$

For $n = 3$, the inequality reduces to $(a_2 - a_3)^2 \geq 0$, while for $n \geq 4$, the inequality is equivalent to

$$\begin{aligned} & (a_2 + a_n)(a_2 + a_3 + \cdots + a_n) - (a_2 a_3 + a_3 a_4 + \cdots + a_{n-1} a_n + a_n a_2) - (n-1)a_2 a_n \geq 0, \\ & [a_2(a_2 + a_3 + \cdots + a_n) - (a_2 a_3 + a_3 a_4 + \cdots + a_{n-1} a_n + a_n a_2)] + a_n[a_2 + a_3 + \cdots + a_n - (n-1)a_2] \geq 0, \\ & [a_2(a_2 - a_3) + a_3(a_2 - a_4) + \cdots + a_{n-1}(a_2 - a_n)] - a_n[(a_2 - a_3) + (a_2 - a_4) + \cdots + (a_2 - a_n)] \geq 0, \\ & (a_2 - a_3)(a_2 - a_n) + (a_2 - a_4)(a_3 - a_n) + \cdots + (a_2 - a_n)(a_{n-1} - a_n) \geq 0. \end{aligned}$$

The last inequality is clearly true. The equality occurs for $a_1 = a_2 = \cdots = a_n = 1$.

Remark. The following statement is also valid.

- If $0 \leq a_1 \leq 1 \leq a_2 \leq \cdots \leq a_n$ such that $a_1 a_2 + a_2 a_3 + \cdots + a_n a_1 = n$, then

$$a_1 + a_2 + \cdots + a_n \geq n.$$

□

P 1.243. Suppose $n \geq 4$ and $a_1 \geq a_2 \geq \cdots \geq a_n \geq 0$. If $a_1 = a_2$ and $a_{n-1} = a_n$, then

$$n(a_1a_2 + a_2a_3 + \cdots + a_na_1) \geq (a_1 + a_2 + \cdots + a_n)^2.$$

(Vasile Cîrtoaje, Math. Reflections, 1, 2024)

Solution. For $n = 4$, the inequality reduces to an identity. Consider next $n > 4$, denote

$$S = \frac{a_2 + a_{n-1}}{2}, \quad s = \frac{a_3 + \cdots + a_{n-2}}{n-4},$$

and write the inequality as follows:

$$n[a_2^2 + a_{n-1}^2 + a_2a_{n-1} + (a_2a_3 + \cdots + a_{n-2}a_{n-1})] \geq [2(a_2 + a_{n-1}) + (a_3 + \cdots + a_{n-2})]^2,$$

$$n[4S^2 - a_2a_{n-1} + (a_2a_3 + \cdots + a_{n-2}a_{n-1})] \geq [4S + (n-4)s]^2.$$

Since the sequences (a_2, \dots, a_{n-2}) and (a_3, \dots, a_{n-1}) are decreasing, by Chebyshev's inequality we have

$$(n-3)(a_2a_3 + \cdots + a_{n-2}a_{n-1}) \geq (a_2 + \cdots + a_{n-2})(a_3 + \cdots + a_{n-1}),$$

$$(n-3)(a_2a_3 + \cdots + a_{n-2}a_{n-1}) \geq [a_2 + (n-4)s][a_{n-1} + (n-4)s],$$

$$(n-3)(a_2a_3 + \cdots + a_{n-2}a_{n-1}) \geq a_2a_{n-1} + 2(n-4)sS + (n-4)^2s^2.$$

So, it suffices to show that

$$n \left[4S^2 - a_2a_{n-1} + \frac{a_2a_{n-1} + 2(n-4)sS + (n-4)^2s^2}{n-3} \right] \geq [4S + (n-4)s]^2,$$

which is equivalent to

$$4(n-3)S^2 - 6(n-4)sS + 3(n-4)s^2 \geq na_2a_{n-1}.$$

Since $a_2 \geq s \geq a_{n-1}$, we have

$$(s - a_2)(s - a_{n-1}) \leq 0, \quad a_2a_{n-1} \leq 2sS - s^2.$$

Therefore, it suffices to show that

$$4(n-3)S^2 - 6(n-4)sS + 3(n-4)s^2 \geq n(2sS - s^2),$$

that is equivalent to

$$(n-3)(S - s)^2 \geq 0.$$

The equality occurs for $a_1 = a_2 = \cdots = a_n = 1$.

□

P 1.244. Let $a \geq b \geq c \geq d \geq e \geq 0$ such that $ab + bc + cd + de + ea = 5$. Prove that

$$a^2 + b^2 + c^2 + d^2 + e^2 + 5(a + b + c + d + e) \geq 30.$$

(Vasile Cîrtoaje, Math. Reflections, 6, 2023)

Solution. Denote

$$x = \frac{a+b}{2}, \quad y = \frac{d+e}{2}, \quad x \geq c \geq y.$$

Since

$$a^2 + b^2 \geq 2x^2, \quad d^2 + e^2 \geq 2y^2,$$

it suffices to show that

$$2(x^2 + y^2) + 10(x + y) + c^2 + 5c \geq 30.$$

Moreover, since $c^2 \geq 2c - 1$, it suffices to show that

$$2(x^2 + y^2) + 10(x + y) + 7c \geq 31.$$

We will first show that

$$x^2 + y^2 + xy + c(x + y) \geq 5.$$

Indeed, we have

$$\begin{aligned} 4[x^2 + y^2 + xy + c(x + y) - 5] &= (a+b)^2 + (d+e)^2 + (a+b)(d+e) \\ &\quad + 2c(a+b+d+e) - 4(ab+bc+cd+de+ea) \\ &= (a-b)^2 + (d-e)^2 + a(d+2c-3e) + b(d+e-2c) + 2c(e-d) \\ &\geq b(d+2c-3e) + b(d+e-2c) + 2c(e-d) = 2b(d-e) + 2c(e-d) = 2(d-e)(b-c) \geq 0. \end{aligned}$$

So, it suffices to show that

$$2(x^2 + y^2) + 10(x + y) + \frac{7(5 - x^2 - y^2 - xy)}{x + y} \geq 31.$$

Denoting

$$s = \frac{x+y}{2}, \quad p = xy \quad (p \leq s^2),$$

the desired inequality becomes

$$8s^2 - 4p + 20s + \frac{7(5 - 4s^2 + p)}{2s} \geq 31,$$

$$16s^3 + 12s^2 - 62s + 35 \geq p(8s - 7).$$

For $8s - 7 \leq 0$, it suffices to show that $16s^3 + 12s^2 - 62s + 35 \geq 0$. Indeed,

$$16s^3 + 12s^2 - 62s + 35 = s(4s - 3)^2 + (1 - s)(35 - 36s) > 0.$$

Also, for $8s - 7 \geq 0$, we have

$$\begin{aligned} 16s^3 + 12s^2 - 62s + 35 - p(8s - 7) &\geq 16s^3 + 12s^2 - 62s + 35 - s^2(8s - 7) \\ &= 8s^3 + 19s^2 - 62s + 35 = (s - 1)^2(8s + 35) \geq 0. \end{aligned}$$

The proof is completed. The equality occurs for $a = b = c = d = e = 1$.

Remarks. Similarly, we can prove the stronger inequality

$$2(a^2 + b^2 + c^2 + d^2 + e^2) + 11(a + b + c + d + e) \geq 65.$$

It suffices to show that

$$4(x^2 + y^2) + 22(x + y) + 2c^2 + 11c \geq 65$$

for

$$x^2 + y^2 + xy + c(x + y) \geq 5.$$

Since $c^2 \geq 2c - 1$, it suffices to show that

$$4(x^2 + y^2) + 22(x + y) + 15c \geq 67.$$

Denoting

$$s = \frac{x + y}{2}, \quad p = xy,$$

we need to show that

$$16s^2 - 8p + 44s + 15c \geq 67$$

for

$$2cs \geq 5 + p - 4s^2.$$

It suffices to show that

$$16s^2 - 8p + 44s + \frac{15(5 + p - 4s^2)}{2s} \geq 67,$$

i.e.

$$32s^3 + 28s^2 - 134s + 75 \geq p(16s - 15).$$

Since

$$32s^3 + 28s^2 - 134s + 75 = 32s(s - 1)^2 + 92s^2 - 166s + 75 \geq 92s^2 - 166s + 75 > 0,$$

the inequality is true if $16s - 15 \leq 0$. For $16s - 15 \geq 0$, since $p \leq s^2$, it suffices to prove that

$$32s^3 + 28s^2 - 134s + 75 \geq 2(16s - 15),$$

i.e.

$$\begin{aligned} 16s^3 + 43s^2 - 134s + 75 &\geq 0, \\ (s - 1)^2(16s + 75) &\geq 0. \end{aligned}$$

□

P 1.245. If $a \geq b \geq 1 \geq c \geq d \geq e \geq f \geq 0$ such that $ab + bc + cd + de + ef + fa = 6$, then

$$(2a + 3)^2 + (2b + 3)^2 + (2c + 3)^2 + (2d + 3)^2 + (2e + 3)^2 + (2f + 3)^2 \geq 150.$$

(Vasile Cîrtoaje, RMM, 38, 2025)

Solution. Denote by E the left hand side of the inequality. For fixed c, d, e, f , we may assume that b and E are functions of a . By differentiating the equality constraint, we get

$$(a + c)b' + b + f = 0, \quad b' = \frac{-(b + f)}{a + c} \geq -1.$$

Since

$$\frac{E'(a)}{4} = 2a + 3 + (2b + 3)b' \geq 2a + 3 - (2b + 3) = 2(a - b) \geq 0,$$

$E(a)$ is increasing and has the minimum value when a is minimum, hence when $a = b$. Similarly, for fixed a, b, c, d , assume that e and E are functions of f . By differentiating the equality constraint, we get

$$(d + f)e' + a + e = 0, \quad e' = \frac{-(a + e)}{d + f} \leq -1.$$

Since

$$\frac{E'(f)}{4} = 2f + 3 + (2e + 3)e' \leq 2f + 3 - (2e + 3) = 2(f - e) \leq 0,$$

$E(f)$ is decreasing and has the minimum value when f is maximum, hence when $f = e$. So, it suffices to consider $a = b$ and $f = e$, when we need to show that $F \geq 150$ for $b \geq 1 \geq c \geq d \geq e \geq 0$ such that $b^2 + bc + cd + de + e^2 + be = 6$, where

$$F = 2(2b + 3)^2 + (2c + 3)^2 + (2d + 3)^2 + 2(2e + 3)^2.$$

Now, for fixed d and e , assume that b and F are functions of c . By differentiating the equality constraint, we get

$$(2b + c + e)b' + b + d = 0, \quad b' = \frac{-(b + d)}{2b + c + e} \leq \frac{-(b + d)}{2b + c + d},$$

hence

$$\frac{F'(c)}{4} = 2c + 3 + 2(2b + 3)b' \leq 2c + 3 - \frac{2(2b + 3)(b + d)}{2b + c + d} \leq 5 - \frac{2(2b + 3)(b + d)}{2b + 1 + d} = \frac{5 + 4b - 4b^2 - (4b + 1)d}{2b + 1 + d}.$$

We will show that $F'(c) \leq 0$, that is

$$4b^2 - 4b - 5 + (4b + 1)d \geq 0.$$

From

$$6 = b^2 + bc + cd + de + e^2 + be \leq b^2 + bc + cd + 2d^2 + bd \leq b^2 + b + 3d + bd$$

we get

$$d \geq \frac{6 - b - b^2}{b + 3},$$

therefore

$$4b^2 - 4b - 5 + (4b + 1)d \geq 4b^2 - 4b - 5 + \frac{(4b + 1)(6 - b - b^2)}{b + 3} = \frac{3(b - 1)(b + 3)}{b + 3} \geq 0.$$

Since $F'(c) \leq 0$, $F(c)$ is decreasing and has the minimum value when c is maximum, hence when $c = 1$. So, it suffices to consider this case, when we need to show that $G \geq 125$ for $b \geq 1 \geq d \geq e \geq 0$ such that $b^2 + b + d + de + e^2 + be = 6$, where

$$G = 2(2b + 3)^2 + (2d + 3)^2 + 2(2e + 3)^2.$$

For fixed b , we may assume that d is a function of e . By differentiating the equality constraint, we get

$$(1 + e)d' + b + d + 2e = 0,$$

hence

$$\begin{aligned} \frac{G(e)}{4} &= 2(2e+3) + (2d+3)d' = 2(2e+3) - \frac{(2d+3)(b+d+2e)}{1+e} \leq 2(2e+3) - \frac{(2e+3)(b+d+2e)}{1+e} \\ &= \frac{(2e+3)(2-b-d)}{1+e}. \end{aligned}$$

From

$$6 = b^2 + b + d + de + e^2 + be \leq b^2 + b + d + 2d^2 + bd \leq (b + d)^2 + (b + d),$$

we get $b + d \geq 2$, therefore $G'(e) \leq 0$, $G(e)$ is decreasing and has the minimum value when e is maximum, hence when $e = d$. So, it suffices to consider $e = d$, when we need to show that if $b \geq 1 \geq d$ such that

$$b^2 + b + d + 2d^2 + bd = 6,$$

then $2(2b + 3)^2 + 3(2d + 3)^2 \geq 125$, i.e.

$$2b^2 + 3d^2 + 6b + 9d \geq 20, \quad 2b(2 - d) \geq d^2 - 7d + 8.$$

Since $2b = -d - 1 + \sqrt{25 - 2d - 7d^2}$, we need to show that

$$(-d - 1 + \sqrt{25 - 2d - 7d^2})(2 - d) \geq d^2 - 7d + 8,$$

i.e.

$$(2 - d)\sqrt{25 - 2d - 7d^2} \geq 10 - 6d.$$

This is true if

$$(2 - d)^2(25 - 2d - 7d^2) \geq (10 - 6d)^2,$$

which is equivalent to the obvious inequality

$$d(d-1)^2(12-7d) \geq 0.$$

The equality occurs for $a = b = c = d = e = f = 1$, and also for $a = b = 2$, $c = 1$ and $d = e = f = 0$.

Remark. Note that $\frac{3}{2}$ is the largest positive value of k such that the inequality

$$(a+k)^2 + (b+k)^2 + (c+k)^2 + (d+k)^2 + (e+k)^2 + (f+k)^2 \geq 6(1+k)^2$$

holds for all nonnegative numbers a, b, c, d, e, f satisfying

$$ab + bc + cd + de + ef + fa = 6, \quad a \geq b \geq 1 \geq c \geq d \geq e \geq f.$$

Indeed, assuming $a = b = 2$, $c = 1$ and $d = e = f = 0$, the equality constraint is satisfied, while the desired inequality becomes

$$2(2+k)^2 + 3k^2 \geq 5(1+k)^2,$$

which is equivalent to $2k \leq 3$.

□

P 1.246. If $a \geq b \geq c \geq d \geq e \geq 0$, then

$$\sqrt{\frac{ab + bc + cd + de + ea}{5}} \geq \sqrt[3]{\frac{abc + bcd + cde + dea + eab}{5}}.$$

(Vasile Cîrtoaje, Mathproblems, 4, 2023)

Solution. For $c = 0$, the right side of the inequality is zero, therefore the inequality is true. Consider further $c > 0$. Due to homogeneity, we may assume that the right hand side of the inequality is 1. So, we need to show that

$$ab + bc + cd + de + ea \geq 5$$

for

$$abc + bcd + cde + dea + eab = 5.$$

By Lemma below, it suffices to consider the case when $a = b = c$, and the case when $b = c$ and $d = e$.

Case 1: $a = b = c$. We need to show that

$$2c^2 + cd + de + ce \geq 5$$

for

$$2c^3 + c^2d + 2cde + c^2e = 5, \quad c \geq d \geq e.$$

For fixed c , we may consider that d is a function of e . From the equality constraint, we get

$$(c + 2e)d' + c + 2d = 0, \quad d' = \frac{-(c + 2d)}{c + 2e}.$$

Writing the desired inequality as $F(e) \leq 5$, we have

$$F'(e) = c + d + (c + e)d' = c + d - \frac{(c + e)(c + 2d)}{c + 2e} = \frac{-c(d - e)}{c + 2e} \leq 0,$$

$F(e)$ is decreasing and it is minimum when e is maximum, hence when $e = d$. So, we need to show that

$$2c^2 + 2cd + d^2 \geq 5$$

for

$$c^3 + 2c^2d + 2cd^2 = 5, \quad c \geq d.$$

Write the desired inequality in the homogeneous form

$$(2c^2 + 2cd + d^2)^3 \geq 5(c^3 + 2c^2d + 2cd^2)^2.$$

Due to homogeneity, we may set $c = 1$. So, we need to show that $f(d) \geq 0$, where

$$f(d) = 3\ln(d^2 + 2d + 2) - \ln 5 - 2\ln(2d^2 + 2d + 1), \quad d \in [0, 1].$$

We have

$$\begin{aligned} f'(d) &= \frac{6(d + 1)}{d^2 + 2d + 2} - \frac{4(2d + 1)}{2d^2 + 2d + 1} = \frac{2(2d^3 + 2d^2 - 3d - 1)}{(d^2 + 2d + 2)(2d^2 + 2d + 1)} \\ &= \frac{2(d - 1)(2d^2 + 4d + 1)}{(d^2 + 2d + 2)(2d^2 + 2d + 1)} \leq 0, \end{aligned}$$

$f(d)$ is decreasing, hence $f(d) \geq f(1) = 0$.

Case 2: $b = c$ and $d = e$. We need to show that

$$ab + b^2 + bd + d^2 + ad \geq 5$$

for

$$ab^2 + b^2d + bd^2 + ad^2 + abd = 5, \quad a \geq b \geq d.$$

For fixed b , we may consider that a is a function of d . From the equality constraint, we get

$$(b^2 + bd + d^2)a' + ab + b^2 + 2ad + 2bd = 0.$$

Writing the desired inequality as $F(d) \geq 5$, we have

$$F'(d) = a + b + 2d + (b + d)a' = a + b + 2d - \frac{(b + d)(ab + b^2 + 2ad + 2bd)}{b^2 + bd + d^2} = \frac{A(a, b, d)}{b^2 + bd + d^2},$$

where

$$A(a, b, d) = (a + b + 2d)(b^2 + bd + d^2) - (b + d)(ab + b^2 + 2ad + 2bd).$$

We will show that

$$A(a, b, d) \leq A(b, b, d) \leq 0.$$

Indeed,

$$A(a, b, d) - A(b, b, d) = -d(2b + d)(a - b) \leq 0,$$

$$A(b, b, d) = -2d(b^2 - d^2) \leq 0.$$

Since $F'(d) \leq 0$, $F(d)$ is decreasing and it is minimum when d is maximum, hence when $d = b$. So, we need to show that

$$2ab + 3b^2 \geq 5$$

for

$$3ab^2 + 2b^3 = 5, \quad a \geq 1 \geq b.$$

We have

$$3(2ab + 3b^2 - 5) \geq \frac{2(5 - 2b^3)}{b} + 9b^2 - 15 = \frac{5(b^3 - 3b + 2)}{b} = \frac{5(b - 1)^2(b + 2)}{b} \geq 0.$$

The proof is completed. The equality occurs for $a = b = c = d = e = 1$, and also for $b = c = d = e = 0$.

Lemma. *If $a \geq b \geq c \geq d \geq e \geq 0$ such that $abc + bcd + cde + dea + eab = 5$, then the expression*

$$E = ab + bc + cd + de + ea$$

is minimum when $a = b = c$, or when $b = c$ and $d = e$.

Proof. For fixed a , d and e , we may consider that b is a function of c . From the equality constraint, we get

$$(ac + cd + ea)b' + ab + bd + de = 0.$$

So,

$$E'(c) = b + d + (a + c)b' = b + d - \frac{(a + c)(ab + bd + de)}{ac + cd + ea} = \frac{-(a + d - e)(ab - cd)}{ac + cd + ea} \leq 0,$$

hence $E(c)$ is decreasing and is minimum when c is maximum, hence when $c = b$.

Similarly, for fixed b , c and d , we may consider that a is a decreasing function of e . From the equality constraint, we get

$$(bc + de + eb)a' + cd + da + ab = 0,$$

$$E'(e) = a + d - (b + e)a' = a + d - \frac{(b + e)(cd + da + ab)}{bc + de + eb} = \frac{-(b - c + d)(ab - de)}{bc + de + eb} \leq 0,$$

hence $E(e)$ is decreasing and is minimum when e is maximum (a is minimum), i.e. when $e = d$ or $a = b$.

Finally, we conclude that E is minimum when either $b = c$ and $d = e$, or $b = c$ and $a = b$ (i.e. $a = b = c$).

□

P 1.247. Let a, b, c, d be nonnegative real numbers such that

$$\frac{1}{a+3} + \frac{1}{b+3} + \frac{1}{c+3} + \frac{1}{d+3} = 1.$$

Prove that there is a permutation (x_1, x_2, x_3, x_4) of the sequence (a, b, c, d) such that

$$x_1x_2 + x_2x_3 + x_3x_4 + x_4x_1 \geq 4.$$

(Vasile Cîrtoaje, 2023)

Solution. Assume that $a \geq b \geq c \geq d \geq 0$. Since

$$(a+d)(b+c) - (a+c)(b+d) = (a-b)(c-d) \geq 0$$

and

$$(a+d)(b+c) - (a+b)(c+d) = (a-c)(b-d) \geq 0,$$

the sum

$$S = ab + bd + dc + ca = (a+d)(b+c)$$

is the largest cyclic sum of this form. So, we will show that the sequence

$$(x_1, x_2, x_3, x_4) = (a, b, d, c)$$

satisfies the requirement $S \geq 4$. Denoting

$$x = \frac{a+d}{2}, \quad y = \frac{b+c}{2},$$

we need to show that

$$\frac{1}{a+3} + \frac{1}{d+3} + \frac{1}{b+3} + \frac{1}{c+3} = 1$$

involves $xy \geq 1$. Since

$$\frac{1}{b+3} + \frac{1}{c+3} \geq \frac{2}{y+3}$$

(from the AM-HM inequality or Jensen's inequality), we have

$$\frac{1}{a+3} + \frac{1}{d+3} + \frac{2}{y+3} \leq 1,$$

$$\frac{2(x+3)}{ad+6x+9} \leq \frac{y+1}{y+3}.$$

From $(y-a)(y-d) \leq 0$, we get $ad \leq 2xy - y^2$, therefore

$$\frac{2(x+3)}{2xy - y^2 + 6x + 9} \leq \frac{y+1}{y+3},$$

$$\frac{2(x+3)}{(2x-y+3)(y+3)} \leq \frac{y+1}{y+3},$$

$$\frac{2(x+3)}{2x-y+3} \leq y+1,$$

$$2xy \geq y^2 - 2y + 3,$$

hence

$$2(xy-1) \geq (y-1)^2 \geq 0.$$

Remark. The following generalization is valid:

- If a_1, a_2, \dots, a_n are nonnegative real numbers such that

$$\frac{1}{a_1+n-1} + \frac{1}{a_2+n-1} + \dots + \frac{1}{a_n+n-1} = 1,$$

then there is a permutation $X = (x_1, x_2, \dots, x_n)$ of the sequence $A = (a_1, a_2, \dots, a_n)$ such that

$$x_1x_2 + x_2x_3 + \dots + x_nx_1 \geq n.$$

To prove this, it suffices to show that $\sum_{1 \leq i < j \leq n} a_i a_j \geq n$. Using the contradiction method, we

need to show that $\sum_{1 \leq i < j \leq n} a_i a_j < n$ involves

$$\frac{1}{a_1+n-1} + \frac{1}{a_2+n-1} + \dots + \frac{1}{a_n+n-1} > 1.$$

This is true if $\sum_{1 \leq i < j \leq n} a_i a_j = n$ involves

$$\frac{1}{a_1+n-1} + \frac{1}{a_2+n-1} + \dots + \frac{1}{a_n+n-1} \geq 1,$$

which is just P 1.208 in Volume 2.

□

P 1.248. Let $a_1 \geq a_2 \geq \dots \geq a_9 \geq 0$ such that $a_1 + a_2 + \dots + a_9 = 2$. Prove that

$$a_1a_2 + a_2a_3 + \dots + a_9a_1 \leq 1.$$

(Vasile Cîrtoaje, *Math. Reflections*, 1, 2023)

Solution. Write the inequality as $F(a_1, a_2, \dots, a_9) \geq 0$, where

$$F(a_1, a_2, \dots, a_9) = (a_1 + a_2 + \dots + a_9)^2 - 4(a_1a_2 + a_2a_3 + \dots + a_9a_1).$$

We will show that

$$F(a_1, a_2, a_3, \dots, a_9) \geq F(a_2, a_2, a_3, \dots, a_9) \geq 0.$$

The left inequality is equivalent to

$$(a_1 + a_2 + a_3 + \cdots + a_9)^2 - (2a_2 + a_3 + \cdots + a_9)^2 \geq 4(a_1a_2 + a_2a_3 + \cdots + a_9a_1) - 4(a_2^2 + a_2a_3 + \cdots + a_9a_2),$$

$$(a_1 - a_2)(a_1 + 3a_2 + 2a_3 + \cdots + 2a_9) \geq 4(a_1 - a_2)(a_2 + a_9),$$

$$(a_1 - a_2)(a_1 - a_2 + 2a_3 + \cdots + 2a_8 - 2a_9) \geq 0,$$

while the right inequality is equivalent to $G(a_2, a_3, \dots, a_8, a_9) \geq 0$, where

$$G(a_2, a_3, \dots, a_8, a_9) = (2a_2 + a_3 + \cdots + a_8 + a_9)^2 - 4(a_2^2 + a_2a_3 + \cdots + a_8a_9 + a_9a_2).$$

We will show that

$$G(a_2, a_3, \dots, a_8, a_9) \geq G(a_2, a_3, \dots, a_8, 0) \geq \cdots \geq G(a_2, 0, \dots, 0, 0) = 0.$$

We have

$$\begin{aligned} & G(a_2, a_3, \dots, a_8, a_9) - G(a_2, a_3, \dots, a_8, 0) = \\ &= (2a_2 + a_3 + \cdots + a_8 + a_9)^2 - (2a_2 + a_3 + \cdots + a_8)^2 - 4(a_2^2 + a_2a_3 + \cdots + a_8a_9 + a_9a_2) \\ &\quad + 4(a_2^2 + a_2a_3 + \cdots + a_7a_8) \\ &= a_9(4a_2 + 2a_3 + \cdots + 2a_8 + a_9) - 4a_9(a_8 + a_2) = a_9(2a_3 + \cdots + 2a_7 - 2a_8 + a_9) \geq 0, \end{aligned}$$

$$\begin{aligned} & G(a_2, a_3, \dots, a_7, a_8, 0) - G(a_2, a_3, \dots, a_7, 0, 0) = \\ &= (2a_2 + a_3 + \cdots + a_8)^2 - (2a_2 + a_3 + \cdots + a_7)^2 - 4(a_2^2 + a_2a_3 + \cdots + a_7a_8) \\ &\quad + 4(a_2^2 + a_2a_3 + \cdots + a_6a_7) = a_8(4a_2 + 2a_3 + \cdots + 2a_7 + a_8) - 4a_7a_8 \\ &= a_8(4a_2 + 2a_3 + \cdots + 2a_6 - 2a_7 + a_8) \geq 0 \end{aligned}$$

and, similarly,

$$G(a_2, a_3, \dots, a_7, 0, 0) - G(a_2, a_3, \dots, a_6, 0, 0, 0) = a_7(4a_2 + 2a_3 + 2a_4 + 2a_5 - 2a_6 + a_7) \geq 0,$$

$$G(a_2, a_3, a_4, a_5, a_6, 0, 0, 0) - G(a_2, a_3, a_4, a_5, 0, 0, 0, 0) = a_6(4a_2 + 2a_3 + 2a_4 - 2a_5 + a_6) \geq 0,$$

$$G(a_2, a_3, a_4, a_5, 0, 0, 0, 0) - G(a_2, a_3, a_4, 0, 0, 0, 0, 0) = a_5(4a_2 + 2a_3 - 2a_4 + a_5) \geq 0,$$

$$G(a_2, a_3, a_4, 0, 0, 0, 0, 0) - G(a_2, a_3, 0, 0, 0, 0, 0, 0) = a_4(4a_2 - 2a_3 + a_4) \geq 0,$$

$$G(a_2, a_3, 0, 0, 0, 0, 0, 0) - G(a_2, 0, 0, 0, 0, 0, 0, 0) = a_3^2 \geq 0.$$

The proof is completed. The equality occurs for $a_1 = a_2 = 1$ and $a_3 = \cdots = a_9 = 0$.

□

P 1.249. Let n be a natural number, $n \geq 3$. Prove that there is a real number $q_n > 1$ such that

$$\frac{a_1}{a_2 + a_3} + \frac{a_2}{a_3 + a_4} + \cdots + \frac{a_n}{a_1 + a_2} \geq \frac{n}{2}$$

for any real numbers $a_1, a_2, \dots, a_n \in [1/q_n, q_n]$.

(Vasile Cîrtoaje, *Cruz Mathematicorum*, 8, 2006)

Solution. Write the inequality as

$$\sum_{i=1}^n \frac{2q_n^2 a_i - a_{i+1} - a_{i+2}}{a_{i+1} + a_{i+2}} \geq n(q_n^2 - 1),$$

where $a_{n+1} = a_1$ and $a_{n+2} = a_2$. Since

$$2q_n^2 a_i - a_{i+1} - a_{i+2} = (q_n^2 a_i - a_{i+1}) + (q_n^2 a_i - a_{i+2}) \geq 0,$$

the Cauchy-Schwarz inequality may be applied to get

$$\sum_{i=1}^n (a_{i+1} + a_{i+2})(2q_n^2 a_i - a_{i+1} - a_{i+2}) \cdot \sum_{i=1}^n \frac{2q_n^2 a_i - a_{i+1} - a_{i+2}}{a_{i+1} + a_{i+2}} \geq \left(\sum_{i=1}^n (2q_n^2 a_i - a_{i+1} - a_{i+2}) \right)^2.$$

Thus, to obtain the desired inequality, it suffices to prove that

$$\left(\sum_{i=1}^n (2q_n^2 a_i - a_{i+1} - a_{i+2}) \right)^2 \geq n(q_n^2 - 1) \sum_{i=1}^n (a_{i+1} + a_{i+2})(2q_n^2 a_i - a_{i+1} - a_{i+2}).$$

Since

$$\sum_{i=1}^n (2q_n^2 a_i - a_{i+1} - a_{i+2}) = 2(q_n^2 - 1) \sum_{i=1}^n a_i$$

and

$$\sum_{i=1}^n (a_{i+1} + a_{i+2})(2q_n^2 a_i - a_{i+1} - a_{i+2}) = 2q_n^2 \sum_{i=1}^n a_i(a_{i+1} + a_{i+2}) - \sum_{i=1}^n (a_i + a_{i+1})^2,$$

the inequality becomes

$$\frac{4}{n}(q_n^2 - 1) \left(\sum_{i=1}^n a_i \right)^2 \geq 2q_n^2 \sum_{i=1}^n a_i(a_{i+1} + a_{i+2}) - \sum_{i=1}^n (a_i + a_{i+1})^2,$$

i.e.

$$\frac{4}{n}(q_n^2 - 1) \left(\sum_{i=1}^n a_i \right)^2 \geq 2q_n^2 \sum_{i=1}^n (a_i + a_{i+1})(a_{i+1} + a_{i+2}) - (q_n^2 + 1) \sum_{i=1}^n (a_i + a_{i+1})^2.$$

Using the substitution $b_i = a_i + a_{i+1}$ for $i = 1, 2, \dots, n$, the inequality reduces to

$$\frac{1}{n}(q_n^2 - 1) \left(\sum_{i=1}^n b_i \right)^2 \geq 2q_n^2 \sum_{i=1}^n b_i b_{i+1} - (q_n^2 + 1) \sum_{i=1}^n b_i^2.$$

Since

$$\left(\sum_{i=1}^n b_i \right)^2 = n \sum_{i=1}^n b_i^2 - \sum_{j < k} (b_j - b_k)^2,$$

the inequality is equivalent to

$$2q_n^2 \left(\sum_{i=1}^n b_i^2 - \sum_{i=1}^n b_i b_{i+1} \right) \geq \frac{1}{n}(q_n^2 - 1) \sum_{j < k} (b_j - b_k)^2,$$

i.e.

$$n \sum_{i=1}^n (b_i - b_{i+1})^2 \geq \left(1 - \frac{1}{q_n^2} \right) \sum_{j < k} (b_j - b_k)^2. \quad (*)$$

But, for $j < k$, we have

$$\sum_{i=1}^n (b_i - b_{i+1})^2 \geq \sum_{i=j}^{k-1} (b_i - b_{i+1})^2 \geq \frac{1}{k-j} \left(\sum_{i=j}^{k-1} (b_i - b_{i+1}) \right)^2 \geq \frac{1}{n-1} (b_j - b_k)^2.$$

Summing over j and k with $j < k$ yields

$$\frac{n(n-1)}{2} \sum_{i=1}^n (b_i - b_{i+1})^2 \geq \frac{1}{n-1} \sum_{j < k} (b_j - b_k)^2,$$

i.e.

$$n \sum_{i=1}^n (b_i - b_{i+1})^2 \geq \frac{2}{(n-1)^2} \sum_{j < k} (b_j - b_k)^2.$$

Comparing this inequality with (*), we see that (*) is true by choosing

$$1 - \frac{1}{q_n^2} = \frac{2}{(n-1)^2},$$

that is

$$q_n = \frac{1}{\sqrt{1 - 2/(n-1)^2}} = \frac{n-1}{\sqrt{n^2 - 2n - 1}}.$$

Since $q_n > \frac{1}{\sqrt{1 - 2/n^2}} = \frac{n}{\sqrt{n^2 - 2}}$, we can also choose

$$q_n = \frac{n}{\sqrt{n^2 - 2}}.$$

Open problem. Does there exist a real constant $q > 1$ such that

$$\frac{a_1}{a_2 + a_3} + \frac{a_2}{a_3 + a_4} + \frac{a_n}{a_1 + a_2} \geq \frac{n}{2}$$

for any natural number $n \geq 3$ and for any real numbers $a_1, a_2, \dots, a_n \in [1/q, q]$? □

P 1.250. If a, b, c, d are positive real numbers and $0 \leq x \leq 1$, then

$$\sum_{cyclic} \frac{a}{a + (3-x)b + xc} \geq 1.$$

(Vasile Cîrtoaje, *Cruz Mathematicorum*, 2006,1)

Solution. Let $y = 3 - x$. Writing

$$\frac{a}{a + by + cx} + \frac{c}{c + dy + ax} = \frac{A}{A + B}$$

and

$$\frac{b}{b + cy + dx} + \frac{d}{d + ay + bx} = \frac{C}{C + D},$$

we need to show that

$$AC \geq BD,$$

where

$$\begin{aligned} A &= (a^2 + c^2)x + (ad + bc)y + 2ac, \\ B &= (ab + cd)xy - ac(1 - x^2) + bdy^2, \\ C &= (b^2 + d^2)x + (ab + cd)y + 2bd, \\ D &= (ad + bc)xy - bd(1 - x^2) + acy^2. \end{aligned}$$

Using the substitution

$$p = ac, \quad q = bd, \quad r = ab + cd, \quad s = ad + bc, \quad u = a^2 + c^2, \quad v = b^2 + d^2,$$

we find

$$\begin{aligned} A &= ux + sy + 2p, & B &= rxy - p(1 - x^2) + qy^2, \\ C &= vx + ry + 2q, & D &= sxy - q(1 - x^2) + py^2, \end{aligned}$$

and

$$\begin{aligned} AC &= uvx^2 + 4pq + rsy^2 + 2(qu + pv)x + (ru + sv)xy + 2(pr + qs)y, \\ BD &= rsx^2y^2 + pq(1 - 2x^2 + x^4 + y^4) - (ps + qr)x(1 - x^2)y + (pr + qs)xy^3 - (p^2 + q^2)(1 - x^2)y^2 \\ &= rsx^2y^2 + pq(x^2 + y^2 - 1)^2 - (ps + qr)x(1 - x^2)y + (pr + qs)xy^3 - (p - q)^2(1 - x^2)y^2. \end{aligned}$$

Since $u \geq 2p$ and $v \geq 2q$, we have $qu + pv \geq 4pq$ and $ru + sv \geq 2(pr + qs)$, hence

$$AC \geq E,$$

where

$$E = uvx^2 + 4pq + rsy^2 + 8pqx + 2(pr + qs)(x + 1)y.$$

So,

$$AC - BD \geq E - BD = E_1 + E_2,$$

where

$$\begin{aligned} E_1 &= uvx^2 + (p - q)^2(1 - x^2)y^2 + (pr + qs)(2 + 2x - xy^2)y \\ &= uvx^2 + (p - q)^2(1 - x^2)y^2 + (pr + qs)(1 - x)(2 - 5x + x^2)y \end{aligned}$$

and

$$E_2 = rs(1 - x^2)y^2 + (ps + qr)x(1 - x^2)y + pq[4 + 8x - (x^2 + y^2 - 1)^2].$$

Since $r \geq 2\sqrt{pq}$ and $s \geq 2\sqrt{pq}$, we have $rs \geq 4pq$ and

$$ps + qr \geq 2(p + q)\sqrt{pq} \geq 4pq,$$

hence

$$E_2 \geq 4pq(1 - x^2)y^2 + 4pqx(1 - x^2)y + pq[4 + 8x - (x^2 + y^2 - 1)^2] = pq(E_3 - 4x^2),$$

where

$$E_3 = 4(1 - x^2)(x + y)y + 4(x + 1)^2 - (x^2 + y^2 - 1)^2.$$

Since

$$4(1 - x^2)(x + y)y = 12(1 - x^2)y$$

and

$$\begin{aligned} 4(x + 1)^2 - (x^2 + y^2 - 1)^2 &= (2x + 3 - x^2 - y^2)(2x + 1 + x^2 + y^2) \\ &= -4(1 - x)(3 - x)(x^2 - 2x + 5) = -4(1 - x)(x^2 - 2x + 5)y, \end{aligned}$$

we have

$$E_3 = 4(1 - x)y[3(1 + x) - (x^2 - 2x + 5)] = -4(1 - x)(2 - 5x + x^2)y.$$

Thus,

$$AC - BD \geq E_1 + E_2 \geq E_1 + pq(E_3 - 4x^2) = F,$$

where

$$F = (uv - 4pq)x^2 + (p - q)^2(1 - x^2)y^2 + (pr + qs - 4pq)(1 - x)(2 - 5x + x^2)y.$$

It suffices to show that $F \geq 0$. Since $uv \geq 4pq$ and $pr + qs \geq 2(p + q)\sqrt{pq} \geq 4pq$, we have clearly $F \geq 0$ for $(1 - x)(2 - 5x + x^2) \geq 0$, that is for $x = 1$ and for $0 \leq x \leq (5 - \sqrt{17})/2 \approx 0.438$. Next, we claim that

$$uv + 2p^2 - 8pq + 2q^2 \geq 2(pr + qs - 4pq). \quad (1)$$

Indeed,

$$uv + 2p^2 - 8pq + 2q^2 - 2(pr + qs - 4pq) = (ab - p)^2 + (cd - p)^2 + (bc - q)^2 + (ad - q)^2 \geq 0.$$

We distinguish two cases, $y^2 - x^2y^2 - 2x^2 \geq 0$ and $2x^2 + x^2y^2 - y^2 \geq 0$, which are equivalent to $x \in [0, x_1]$ and $x \in [x_1, 1]$, respectively, where $x_1 \approx 0.837$ is the positive root of the equation

$$x^4 - 6x^3 + 10x^2 + 6x - 9 = 0.$$

Case 1: $y^2 - x^2y^2 - 2x^2 \geq 0$. Using (1), we have

$$\begin{aligned} F &= (uv + 2p^2 - 8pq + 2q^2)x^2 + (pr + qs - 4pq)(1-x)(2-5x+x^2)y + (p-q)^2(y^2 - x^2y^2 - 2x^2) \\ &\geq (uv + 2p^2 - 8pq + 2q^2)x^2 + (pr + qs - 4pq)(1-x)(2-5x+x^2)y \\ &\geq 2(pr + qs - 4pq)x^2 + (pr + qs - 4pq)(1-x)(2-5x+x^2)y \\ &= (pr + qs - 4pq) [2x^2 + (1-x)(2-5x+x^2)y]. \end{aligned}$$

Since $pr + qs - 4pq \geq 0$ and

$$\begin{aligned} 2x^2 + (1-x)(2-5x+x^2)y &= 6 - 23x + 27x^2 - 9x^3 + x^4 = (1-x)^4 + 5 - 19x + 21x^2 - 5x^3 \\ &= (1-x)^4 + \frac{(3-x)(45 - 156x + 137x^2) + 2x^3}{27} > 0, \end{aligned}$$

we have $F \geq 0$.

Case 2: $2x^2 + x^2y^2 - y^2 \geq 0$. Using (1), we have

$$\begin{aligned} 2F &= (uv + 2p^2 - 8pq + 2q^2)(1-x^2)y^2 + 2(pr + qs - 4pq)(1-x)(2-5x+x^2)y + (uv - 4pq)(2x^2 + x^2y^2 - y^2) \\ &\geq (uv + 2p^2 - 8pq + 2q^2)(1-x^2)y^2 + 2(pr + qs - 4pq)(1-x)(2-5x+x^2)y \\ &\geq 2(pr + qs - 4pq)(1-x^2)y^2 + 2(pr + qs - 4pq)(1-x)(2-5x+x^2)y \\ &= 2(pr + qs - 4pq)(1-x)(y + xy + 2 - 5x + x^2)y \\ &= 2(pr + qs - 4pq)(1-x)(5-3x)y \geq 0. \end{aligned}$$

The equality occurs for $a = b = c = d$.

□

P 1.251. Prove that 18 is the largest positive value of the constant k such that

$$\frac{1}{ab^2 + k} + \frac{1}{bc^2 + k} + \frac{1}{ca^2 + k} \geq \frac{3}{1+k}$$

for all $a \geq b \geq c \geq 0$ such that $a + b + c = 3$.

(Vasile Cîrtoaje, Math. Reflections, 6, 2024)

Solution. Setting $a = b = \frac{3}{2}$ and $c = 0$, the inequality leads to $k \leq 18$. We will further show that the inequality is true for $k = 18$. Let us denote $p = a + b + c$, $q = ab + bc + ca$, $r = abc$ and

$$A = a^2b + b^2c + c^2a, \quad B = ab^2 + bc^2 + ca^2.$$

Since $p = 3$, we have $q \leq p^2/3 = 3$ and $r \leq p^3/27 = 1$. By expanding, the inequality can be restated as follows:

$$3k^2 \geq 3r^3 + (2k - 1)rA + k(k - 2)B,$$

$$6k^2 \geq 6r^3 + [(2k - 1)r + k(k - 2)](A + B) + [(2k - 1)r - k(k - 2)](A - B).$$

Since $(2k - 1)r - k(k - 2) \leq 2k - 1 - k(k - 2) = -k^2 + 4k - 1 < 0$ and $A - B = (a - b)(b - c)(a - c) \geq 0$, it suffices to show that

$$6k^2 \geq 6r^3 + [(2k - 1)r + k(k - 2)](A + B),$$

i.e.

$$6k^2 \geq 6r^3 + [(2k - 1)r + k(k - 2)](pq - 3r),$$

$$648 \geq 2r^3 + (35r + 288)(q - r).$$

Case 1: $0 \leq q \leq 9/4$. It suffices to show that

$$648 \geq 2r^3 + (35r + 288) \left(\frac{9}{4} - r \right),$$

which is equivalent to

$$r(837 + 140r - 8r^2) \geq 0.$$

Case 2: $9/4 \leq q \leq 3$. Let $z = q/3 \in [3/4, 1]$. For fixed z , we need to show that $648 \geq f(r)$, where $f(r) = 2r^3 + (35r + 288)(3z - r)$. By the fourth degree Schur's inequality, we have

$$r \leq \frac{(p^2 - q)(4q - p^2)}{6p} = \frac{(3 - z)(4z - 3)}{2} := r_0.$$

Since $f'(r) = 6r^2 - 70r + 105z - 288 \leq 6 - 70r + 105 - 288 < 0$, $f(r)$ is decreasing. So, we only need to show that $648 \geq f(r_0)$, i.e.

$$648 - 864z \geq 2r_0^3 - 35r_0^2 - (288 - 105z)r_0.$$

Since

$$648 - 864z = -216(4z - 3) = \frac{-432r_0}{3 - z},$$

we need to show that

$$\frac{-432}{3 - z} \geq 2r_0^2 - 35r_0 - (288 - 105z),$$

that is

$$\frac{-864}{3 - z} \geq 16z^4 - 120z^3 + 437z^2 - 585z - 180,$$

$$16z^5 - 168z^4 + 797z^3 - 1896z^2 + 1575z - 324 \geq 0,$$

$$(z - 1)g(z) \geq 0,$$

where

$$g(z) = 16z^4 - 152z^3 + 645z^2 - 1251z + 324.$$

The inequality holds if $g(z) \leq 0$. Indeed,

$$g(z) < 645z^2 - 1251z + 324 = -645z(1 - z) - 151(4z - 3) - 2z - 129 < 0.$$

For $k = 18$, the equality occurs when $a = b = c = 1$, and also when $a = b = \frac{3}{2}$ and $c = 0$. □

P 1.252. Let $a = b \geq c \geq d \geq 0$ such that $ab + bc + cd + da = 4$. Prove that

$$a^2 + b^2 + c^2 + d^2 + 28 \geq 8(a + b + c + d).$$

(Vasile Cîrtoaje, *Math. Reflections*, 5, 2024)

Solution. We need to show that

$$2b^2 + c^2 + d^2 - 8(2b + c + d) + 28 \geq 0$$

for

$$(b + c)(b + d) = 4, \quad b \geq c \geq d \geq 0.$$

Denote

$$x = \frac{2b + c}{3}, \quad b \geq x \geq c \geq d \geq 0, \quad x \geq 1.$$

Since $2b^2 + c^2 \geq 3x^2$, it suffices to prove that

$$3x^2 + d^2 - 8(3x + d) + 28 \geq 0,$$

i.e.

$$3x^2 - 24x + 12 + (4 - d)^2 \geq 0.$$

From

$$\begin{aligned} 16 &= (2b + 2c)2b + 2d = (3x + c)(3x + 2d - c) = (3x + d + c - d)(3x + d + d - c) \\ &= (3x + d)^2 - (c - d)^2 \geq (3x + d)^2 - (x - d)^2 = 8(x^2 + dx), \end{aligned}$$

we get

$$d \leq \frac{2 - x^2}{x}, \quad 4 - d \geq 4 - \frac{2 - x^2}{x} = \frac{x^2 + 4x - 2}{x},$$

therefore

$$3x^2 - 24x + 12 + (4 - d)^2 \geq 3x^2 - 24x + 12 + \frac{(x^2 + 4x - 2)^2}{x^2} = \frac{4(x - 1)^4}{x^2} \geq 0.$$

Thus, the proof is completed. The equality occurs for $a = b = c = d = 1$.

Remark 1. Note that 8 is the largest positive value of k such that

$$a^2 + b^2 + c^2 + d^2 - 4 \geq k(a + b + c + d - 4)$$

whenever $a = b \geq c \geq d \geq 0$ satisfying $ab + bc + cd + da = 4$. To prove this assert, we assume $a = b = c$. The equality constraint becomes $c^2 + cd = 2$ where $c \in [1, \sqrt{2}]$, while the inequality becomes as follows:

$$3c^2 + d^2 - 4 \geq k(3c + d - 4), \quad 3c^2 + \frac{(2 - c^2)^2}{c^2} - 4 \geq k \left(3c + \frac{2 - c^2}{c} - 4 \right), \quad \frac{4(c^2 - 1)^2}{c^2} \geq \frac{2k(c - 1)^2}{c}.$$

It is true for all $c \in (1, \sqrt{2}]$ if and only if $\frac{2(c + 1)^2}{c} \geq k$. Setting $c \rightarrow 1$, we get the necessary condition $k \leq 8$.

Remark 2. Since

$$\frac{a + b + c + d}{4} + \frac{4}{a + b + c + d} \geq 2,$$

the following inequality follows from P 1.252:

- If a, b, c, d are nonnegative real numbers such that

$$ab + bc + cd + da = 4, \quad a = b \geq c \geq d,$$

then

$$a^2 + b^2 + c^2 + d^2 + \frac{128}{a + b + c + d} \geq 36.$$

□

P 1.253. If x_1, x_2, x_3, x_4, x_5 are positive real numbers such that

$$x_1x_2 + x_2x_3 + x_3x_4 + x_4x_5 + x_5x_1 = 5,$$

then

$$\frac{1}{x_1} + \frac{1}{x_2} + \frac{1}{x_3} + \frac{1}{x_4} + \frac{1}{x_5} + \frac{25}{x_1 + x_2 + x_3 + x_4 + x_5} \geq 10.$$

(Vasile Cîrtoaje, *Recreatii Matematice*, 1, 2025)

Solution. By Lemma from P 1.217, it suffices to show that

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + \frac{1}{e} + \frac{25}{a+b+c+d+e} - 10 \geq 0$$

for

$$ae + ad + be + bc + cd = 5, \quad a \geq b \geq c \geq d \geq e > 0.$$

Denote

$$x = \frac{a+b}{2}, \quad y = \frac{d+e}{2}, \quad a \geq x \geq b \geq c \geq d \geq y \geq e.$$

Replacing a and e with $2x - b$ and $2y - d$, respectively, we have

$$5 = a(d+e) + be + bc + cd = 2(2x-b)y + b(2y-d) + bc + cd = 4xy + bc - (b-c)d.$$

From this, we get

$$5 \geq 4xy + bc - (b-c)c = 4xy + c^2,$$

hence

$$4xy \leq 5 - c^2, \quad c < \sqrt{5},$$

and

$$\begin{aligned} 5 &= 4xy + bc - (b-c)d \leq 4xy + bc - (b-c)y = 4xy + b(c-y) + cy \\ &\leq 4xy + x(c-y) + cy = 3xy + c(x+y) \leq \frac{3}{4}(5-c^2) + c(x+y), \end{aligned}$$

hence

$$4c(x+y) \geq 3c^2 + 5.$$

By the AM-HM inequality, we have

$$\frac{1}{a} + \frac{1}{b} \geq \frac{4}{a+b} = \frac{2}{x}, \quad \frac{1}{d} + \frac{1}{e} \geq \frac{2}{y}.$$

Thus, it suffices to show that

$$\frac{2}{x} + \frac{2}{y} + \frac{1}{c} + \frac{25}{2x+2y+c} \geq 10$$

for $x \geq c \geq y > 0$ such that $4xy \leq 5 - c^2$ and $4c(x+y) \geq 3c^2 + 5$. Denoting $S = \frac{x+y}{2}$, we need to show that

$$\frac{4S}{xy} + \frac{1}{c} + \frac{25}{4S+c} \geq 10$$

for

$$xy \leq \frac{5-c^2}{4}, \quad 8cS \geq 3c^2 + 5.$$

The inequality is true if

$$\frac{8S}{5-c^2} + \frac{1}{c} + \frac{25}{4S+c} \geq 10,$$

which is equivalent to

$$32cS^2 + 2(10c^3 + 3c^2 - 50c + 5)S + c(5c^3 - 13c^2 - 25c + 65) \geq 0,$$

that is

$$(32cS + A)^2 + 25B \geq 0,$$

where

$$A = 10c^3 + 3c^2 - 50c + 5,$$

$$B = -4c^6 + 4c^5 + 23c^4 - 24c^3 - 18c^2 + 20c - 1 = (c-1)^2(c+1)(-4c^3 + 19c - 1).$$

Case 1: $c \in \left[\frac{1}{15}, 1\right]$. Since

$$-4c^3 + 19c - 1 \geq -4c + 19c - 1 = 15c - 1 \geq 0,$$

we have $B \geq 0$, therefore $(32cS + A)^2 + 25B \geq 0$.

Case 2: $c \in \left(0, \frac{1}{15}\right] \cup [1, \sqrt{5})$. Since

$$32cS + A \geq 4(3c^2 + 5) + A = 5(2c^3 + 3c^2 - 10c + 5) = 5(c-1)(2c^2 + 5c - 5) \geq 0,$$

we have

$$\begin{aligned} (32cS + A)^2 + 25B &\geq 25(c-1)^2(2c^2 + 5c - 5)^2 + 25(c-1)^2(c+1)(-4c^3 + 19c - 1) \\ &= 200(c-1)^2(2c^3 + 3c^2 - 4c + 3) \geq 200(c-1)^2(2c^2 - 4c + 2) = 400(c-1)^4 \geq 0. \end{aligned}$$

The proof is completed. The equality occurs for $x_1 = x_2 = x_3 = x_4 = x_5 = 1$.

□

P 1.254. Prove that $\frac{7}{6}$ is the least positive value of the power exponent k such that

$$x_1^k + x_2^k + x_3^k + x_4^k + x_5^k \geq 5$$

for any nonnegative real numbers x_i with at most one $x_i < 1$ and $x_1x_2 + x_2x_3 + x_3x_4 + x_4x_5 + x_5x_1 = 5$.

(Vasile Cîrtoaje, *Arhimede Math. J.*, No. 1, 2024)

Solution. Assuming $x_1 = x_2 := x$, $x_3 = x_5 = 1$ and $x_4 = \frac{5-2x-x^2}{2}$, the constraints are satisfied for $x \in [1, \sqrt{6}-1]$, while the inequality becomes $f(x) \geq 0$, where $f(x) = 2x^k + \left(\frac{5-2x-x^2}{2}\right)^k - 3$. From

$$\frac{1}{k}f'(x) = 2x^{k-1} - (x+1)\left(\frac{5-2x-x^2}{2}\right)^{k-1},$$

$$\frac{1}{k}f''(x) = 2(k-1)x^{k-2} - \left(\frac{5-2x-x^2}{2}\right)^{k-1} + (k-1)(x+1)^2\left(\frac{5-2x-x^2}{2}\right)^{k-2},$$

we find $f(1) = f'(1) = 0$ and $f''(1) = k(6k-7)$. From the necessary condition $f''(1) \geq 0$, we get $k \geq 7/6$. To show that $7/6$ is the least positive value of k , we need to prove the required inequality for $k = 7/6$. By Lemma below, it suffices to show that $E(a, b, c, d, e) \geq 0$ for $a \geq b \geq c \geq d \geq 1 \geq e \geq 0$ such that $ab + ac + bd + ce + de = 5$, where

$$E(a, b, c, d, e) = a^k + b^k + c^k + d^k + e^k - 5.$$

For fixed b, c and e , we may assume that a and E are functions of d . By differentiating the equality constraint, we get

$$(b+c)a' + b + e = 0, \quad a' = \frac{-(b+e)}{b+c} \geq \frac{-(b+e)}{b+d} = \frac{d-e}{b+d} - 1 \geq \frac{d-e}{a+d} - 1 = \frac{-(a+e)}{a+d}.$$

Denoting $E(a, b, c, d, e)$ by $f(d)$, we have

$$\frac{6f'(d)}{7} = d^{1/6} + a^{1/6}a' \geq d^{1/6} - \frac{a^{1/6}(a+e)}{a+d}.$$

We claim that $f'(d) \geq 0$. To prove this, it suffices to show that $\frac{a+d}{a+e} \geq \left(\frac{a}{d}\right)^{1/6}$. By Bernoulli's inequality,

$$\left(\frac{a}{d}\right)^{1/6} = \left(1 + \frac{a-d}{d}\right)^{1/6} \leq 1 + \frac{a-d}{6d} = \frac{a+5d}{6d}.$$

So, it is enough to show that $\frac{a+d}{a+e} \geq \frac{a+5d}{6d}$. From $5 = ab + ac + bd + ce + de \geq ad + ad + d^2 + de + de$, we get $e \leq \frac{5-2ad-d^2}{2d}$ and $a+e \leq \frac{5-d^2}{2d}$, therefore

$$\begin{aligned} \frac{a+d}{a+e} - \frac{a+5d}{6d} &\geq \frac{2d(a+d)}{5-d^2} - \frac{a+5d}{6d} = \frac{a(13d^2-5) + d(17d^2-25)}{6d(5-d^2)} \\ &\geq \frac{d(13d^2-5) + d(17d^2-25)}{6d(5-d^2)} = \frac{5(d^2-1)}{5-d^2} \geq 0. \end{aligned}$$

Since $f'(d) \geq 0$, $f(d)$ is increasing and has the minimum value when d is minimum, hence when $d = 1$. So, we need to show that

$$a^{7/6} + b^{7/6} + c^{7/6} + e^{7/6} \geq 4$$

for $a \geq b \geq c \geq 1 \geq e \geq 0$ such that $ab + ac + b + ce + e = 5$.

For fixed a and e , we may assume that b is a decreasing function of c . By differentiating the equality constraint, we get $(a+1)b' + a + e = 0$. Denoting the left side of the desired inequality by $g(c)$, we have

$$\frac{6g'(c)}{7} = c^{1/6} + b^{1/6}b' = c^{1/6} - \frac{b^{1/6}(a+e)}{a+1} \geq 1 - \frac{a^{1/6}(a+e)}{a+1}.$$

We claim that $g'(d) \geq 0$. To prove this, it suffices to show that $\frac{a+1}{a+e} \geq a^{1/6}$. By Bernoulli's inequality,

$$a^{1/6} = [1 + (a-1)]^{1/6} \leq 1 + \frac{a-1}{6} = \frac{a+5}{6}.$$

So, it suffices to show that $\frac{a+1}{a+e} \geq \frac{a+5}{6}$. From $5 = ab + ac + b + ce + e \geq a + a + 1 + e + e$, we get $a + e \leq 2$, therefore

$$\frac{a+1}{a+e} - \frac{a+5}{6} \geq \frac{a+1}{2} - \frac{a+5}{6} = \frac{a-1}{3} \geq 0.$$

Since $g'(c) \geq 0$, $g(c)$ is increasing and has the minimum value when c is minimum (b is maximum), that is when $c = 1$ or $b = a$. Consider now these cases.

Case 1: $c = 1$. We need to show that $a^{7/6} + b^{7/6} + e^{7/6} \geq 3$ for $a \geq b \geq 1 \geq e \geq 0$ such that $ab + a + b + 2e = 5$. Let $x = \frac{a+b}{2} \geq 1$. Since, by Jensen's inequality and Bernoulli's inequality,

$$a^{7/6} + b^{7/6} \geq 2x^{7/6} = 2[1 + (x-1)]^{7/6} \geq 2\left[1 + \frac{7(x-1)}{6}\right] = \frac{7x-1}{3},$$

we have

$$a^{7/6} + b^{7/6} + e^{7/6} - 3 \geq \frac{7x-1}{3} - 3 = \frac{7x-10}{3} \geq 0$$

for $x \geq 10/7$. For $x \in [1, 10/7]$, since $e = \frac{5-2x-ab}{2} \geq \frac{5-2x-x^2}{2} > 0$, we have

$$a^{7/6} + b^{7/6} + e^{7/6} - 3 \geq 2x^{7/6} + \left(\frac{5-2x-x^2}{2}\right)^{7/6} - 3 := G(x).$$

If $G'(x) \geq 0$, then $G(x)$ is increasing, therefore $G(x) \geq G(1) = 0$. Since

$$G'(x) = \frac{7}{3}x^{1/6} - \frac{7}{6}(x+1)\left(\frac{5-2x-x^2}{2}\right)^{1/6} = \frac{7}{6}x^{1/6}(x+1)\left[\frac{2}{x+1} - \left(\frac{5-2x-x^2}{2x}\right)^{1/6}\right],$$

we need to show that $H(x) \geq 0$, where $H(x) = \left(\frac{2}{x+1}\right)^6 - \frac{5-2x-x^2}{2x}$. Indeed, since $\left(\frac{2}{x+1}\right)^6 \geq 2\left(\frac{2}{x+1}\right)^3 - 1$, we have

$$\begin{aligned} H(x) &\geq \frac{16}{(x+1)^3} - 1 - \frac{5-2x-x^2}{2x} = \frac{16}{(x+1)^3} - \frac{5-x^2}{2x} \\ &= \frac{x^5 + 3x^4 - 2x^3 - 14x^2 + 17x - 5}{2x(x+1)^3} = \frac{(x-1)^2(x^3 + 5x^2 + 7x - 5)}{2x(x+1)^3} \geq 0. \end{aligned}$$

Case 2: $b = a$. We need to show that $2a^{7/6} + c^{7/6} + e^{7/6} \geq 4$ for $a \geq c \geq 1 \geq e \geq 0$ such that $a^2 + ac + a + ce + e = 5$. For fixed e , we may assume that a is a function of c . By differentiating the equality constraint, we get

$$(2a + c + 1)a' + a + e = 0, \quad a' = \frac{-(a+e)}{2a+c+1} \geq \frac{-(a+e)}{2(a+1)}.$$

Denoting the left side of the desired inequality by $h(c)$, we have

$$\frac{6h'(c)}{7} = c^{1/6} + 2a^{1/6}a' = c^{1/6} - \frac{a^{1/6}(a+e)}{a+1} \geq 1 - \frac{a^{1/6}(a+e)}{a+1} \geq 0.$$

The last inequality was proved before. Since $h'(c) \geq 0$, $h(c)$ is increasing and has the minimum value when c is minimum, hence when $c = 1$. So, we need to show that $2a^{7/6} + e^{7/6} \geq 3$ for $a \geq 1 \geq e \geq 0$ such that $a^2 + 2a + 2e = 5$. If $a \geq 10/7$, then

$$2a^{7/6} + e^{7/6} - 3 \geq 2a^{7/6} - 3 > 0,$$

and if $a \in [1, 10/7]$, then

$$2a^{7/6} + e^{7/6} - 3 = 2a^{7/6} + \left(\frac{5-2a-a^2}{2}\right)^{7/6} - 3 \geq 0.$$

The latter inequality was proved at Case 1.

The proof is completed. The equality occurs for $x_1 = x_2 = x_3 = x_4 = x_5 = 1$.

Lemma. Let x_1, x_2, x_3, x_4, x_5 be nonnegative real numbers such that at most one of them is less than 1 and $x_1x_2 + x_2x_3 + x_3x_4 + x_4x_5 + x_5x_1 = 5$, and let $E(x_1, x_2, x_3, x_4, x_5)$ be a symmetric and increasing function with respect to each variable. If $E(a, b, c, d, e) \geq 0$ for any $a \geq b \geq c \geq d \geq 1 \geq e \geq 0$ such that $ab + ac + bd + ce + de = 5$, then $E(x_1, x_2, x_3, x_4, x_5) \geq 0$.

Proof. Let $T = (T_1, T_2, T_3, T_4, T_5)$ and $t = (t_1, t_2, t_3, t_4, t_5)$ be two decreasing sequences of positive real numbers. By Karamata majorization inequality applied to the convex function $f(x) = e^x$, if $T_1 \cdots T_j \geq t_1 \cdots t_j$ for $j = 1, 2, 3, 4, 5$, then

$$T_1 + T_2 + T_3 + T_4 + T_5 \geq t_1 + t_2 + t_3 + t_4 + t_5.$$

If (a, b, c, d, e) is a permutation of $(x_1, x_2, x_3, x_4, x_5)$ such that $a \geq b \geq c \geq d \geq 1 \geq e \geq 0$, then

$$E(a, b, c, d, e) = E(x_1, x_2, x_3, x_4, x_5).$$

Let $T = (ab, ac, bd, ce, de)$ be a decreasing sequence, and t a decreasing permutation of the sequence $(x_1x_2, x_2x_3, x_3x_4, x_4x_5, x_5x_1)$. Since $T_1 \cdots T_j \geq t_1 \cdots t_j$ for $j = 1, 2, 3, 4, 5$, by Karamata's inequality we have

$$ab + ac + bd + ce + de \geq x_1x_2 + x_2x_3 + x_3x_4 + x_4x_5 + x_5x_1 = 5.$$

In the case $ab + ac + bd + ce + de > 5$, by decreasing the numbers a, b, c, d, e to have $ab + ac + bd + ce + de = 5$ and to keep the constraint $a \geq b \geq c \geq d \geq 1 \geq e \geq 0$, the function $E(a, b, c, d, e)$ decreases, therefore

$$E(a, b, c, d, e) \leq E(x_1, x_2, x_3, x_4, x_5).$$

On the other hand, by hypothesis, $E(a, b, c, d, e) \geq 0$. So, we have

$$E(x_1, x_2, x_3, x_4, x_5) \geq E(a, b, c, d, e) \geq 0.$$

□

P 1.255. Let a, b, c, d be nonnegative real numbers such that at most one of them is larger than 1 and $ab + bc + cd + da \leq 4$. Prove that

$$a^2 + b^2 + c^2 + d^2 + 16 \geq 5(a + b + c + d).$$

(Vasile Cîrtoaje, 2024)

Solution. Without loss of generality, assume that $a \geq 1$ and $b, c, d \leq 1$. Since $(a+c)(b+d) \leq 4$, let us denote

$$x = \frac{a+c}{2}, \quad y = \frac{b+d}{2}.$$

We have

$$xy \leq 1, \quad y \leq 1.$$

Consider next two cases: $x \leq 1$ and $x \geq 1$.

Case 1: $x \leq 1$. Let $S = \frac{a+b+c+d}{4}$. We have

$$S = \frac{x+y}{2} \leq 1$$

and

$$a^2 + b^2 + c^2 + d^2 \geq \frac{(a+b+c+d)^2}{4} = 4S^2,$$

therefore

$$a^2 + b^2 + c^2 + d^2 + 16 - 5(a + b + c + d) \geq 4S^2 + 16 - 20S = 4(1 - S)(4 - S) \geq 0.$$

Case 2: $x \geq 1$. From $(a - 1)(c - 1) \leq 0$, we get $ac \leq 2x - 1$. In addition, $bd \leq y^2$. So, we have

$$\begin{aligned} a^2 + b^2 + c^2 + d^2 + 16 - 5(a + b + c + d) &= 4x^2 - 2ac + 4y^2 - 2bd + 16 - 10(x + y) \\ &\geq 4x^2 - 2(2x - 1) + 4y^2 - 2y^2 + 16 - 10(x + y) = 4x^2 - 14x + \frac{11}{2} + 2\left(\frac{5}{2} - y\right)^2 \\ &\geq 4x^2 - 14x + \frac{11}{2} + 2\left(\frac{5}{2} - \frac{1}{x}\right)^2 = \frac{2(2x^4 - 7x^3 + 9x^2 - 5x + 1)}{x^2} = \frac{2(x - 1)^3(2x - 1)}{x^2} \geq 0. \end{aligned}$$

The proof is completed. The equality occurs for $a = b = c = d = 1$.

□

P 1.256. Prove that $[-32, 17]$ is the range of values of the real constant k such that

$$(a + b + c + d)^4 + 4k(a + b + c + d) \geq (16 + k)(a + b)^2(c + d)^2$$

for all nonnegative real numbers a, b, c, d with $a \geq b \geq c \geq d$ and $abc + bcd + cda + dab = 4$.

(Leonard Giugiuc and Vasile Cîrtoaje, *Recreatii Matematice*, 2, 2024)

Solution. Write the inequality in the homogeneous form

$$(a + b + c + d)^4 + k(a + b + c + d)(abc + bcd + cda + dab) \geq (16 + k)(a + b)^2(c + d)^2.$$

For $a = b = c = 1$ and $d = 0$, the inequality becomes $k \leq 17$, and for $a = b := x \geq 1$ and $c = d = 1$, the inequality becomes

$$(x - 1)^2[4(x^2 + 6x + 1) + kx] \geq 0.$$

It is true for $x \geq 1$ if and only if $4(x^2 + 6x + 1) + kx \geq 0$ for all $x > 1$. From

$$\lim_{x \rightarrow 1} [4(x^2 + 6x + 1) + kx] \geq 0,$$

we get the necessary condition $k \geq -32$. To finish the proof, we need to prove the inequality for $k \in [-32, 17]$. For fixed a, b, c, d , the inequality has the form $f(k) \geq 0$. Since $f(k)$ is a linear function, it has the minimum value when $k = -32$ or $k = 17$. Thus, it suffices to consider these two cases.

Case 1: $k = -32$. We need to show that

$$(a + b + c + d)^4 + 16(a + b)^2(c + d)^2 \geq 32(a + b + c + d)(abc + bcd + cda + dab).$$

Let $S = \frac{a+b}{2}$ and $s = \frac{c+d}{2}$. Since

$$abc + bcd + cda + dab = ab(c+d) + cd(a+b) \leq 2S^2s + 2s^2S = 2Ss(S+s),$$

it suffices to show that

$$(S+s)^4 + 16S^2s^2 \geq 8Ss(S+s)^2,$$

which is equivalent to

$$(S-s)^4 \geq 0.$$

Case 2: $k = 17$. We need to show that

$$(a+b+c+d)^4 + 17(a+b+c+d)(abc+bcd+cda+dab) \geq 33(a+b)^2(c+d)^2.$$

Let $s = c+d$ and $x = cd$. For fixed a, b and s , we may write the inequality as $f(x) \geq 0$, where

$$f(x) = (a+b+s)^4 + 17(a+b+s)[abs + (a+b)x] - 33(a+b)^2s^2.$$

Since $f(x)$ is increasing, it has the minimum value when $x = 0$, hence when $d = 0$. So, it suffices to prove the inequality for $d = 0$, that is

$$(a+b+c)^4 + 17(a+b+c)abc \geq 33(a+b)^2c^2.$$

Since

$$3(a+b)c \leq 2(ab+bc+ca),$$

it suffices to show that

$$3p^4 + 51pr \geq 44q^2,$$

where $p = a+b+c$, $q = ab+bc+ca$, $r = abc$. If $p^2 \geq 4q$, then

$$3p^4 + 51pr - 44q^2 \geq 48q^2 + 51pr - 44q^2 > 0.$$

Consider now the case $3q \leq p^2 < 4q$. By Schur's inequality, we have $p^3 + 9r \geq 4pq$. Thus,

$$\begin{aligned} 3(3p^4 + 51pr - 44q^2) &\geq 9p^4 + 17p(4pq - p^3) - 132q^2 = 4(-2p^4 + 17p^2q - 33q^2) \\ &= 4(p^2 - 3q)(11q - 2p^2) \geq 4(p^2 - 3q)(8q - 2p^2) \geq 0. \end{aligned}$$

The proof is completed. For $k \in [-32, 17]$, the equality occurs when $a = b = c = d = 1$. Moreover, for $k = 17$, the equality also occurs when $a = b = c = \sqrt[3]{4}$ and $d = 0$.

□

Chapter 2

Noncyclic Inequalities

2.1 Applications

2.1. If a, b are positive real numbers, then

$$\frac{1}{4a^2 + b^2} + \frac{3}{b^2 + 4ab} \geq \frac{16}{5(a + b)^2}.$$

2.2. If a, b are positive real numbers, then

$$3a\sqrt{3a} + 3b\sqrt{6a + 3b} \geq 5(a + b)\sqrt{a + b}.$$

2.3. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$(ab + c)(ac + b) \leq 4.$$

2.4. If a, b, c are nonnegative real numbers, then

$$a^3 + b^3 + c^3 - 3abc \geq \frac{1}{4}(b + c - 2a)^3.$$

2.5. If a, b, c are nonnegative real numbers such that

$$c = \min\{a, b, c\}, \quad a^2 + b^2 + c^2 = 3,$$

then

(a) $5b + 2c \leq 9;$

(b) $5(b + c) \leq 9 + 3a.$

2.6. If a, b, c are nonnegative real numbers, no two of which are zero, then

$$\frac{1}{(a+b)^2} + \frac{1}{(a+c)^2} + \frac{16}{(b+c)^2} \geq \frac{6}{ab+bc+ca}.$$

2.7. If a, b, c are nonnegative real numbers, no two of which are zero, then

$$\frac{1}{(a+b)^2} + \frac{1}{(a+c)^2} + \frac{2}{(b+c)^2} \geq \frac{5}{2(ab+bc+ca)}.$$

2.8. If a, b, c are nonnegative real numbers, no two of which are zero, then

$$\frac{1}{(a+b)^2} + \frac{1}{(a+c)^2} + \frac{25}{(b+c)^2} \geq \frac{8}{ab+bc+ca}.$$

2.9. If a, b, c are positive real numbers, then

$$(a+b)^3(a+c)^3 \geq 4a^2bc(2a+b+c)^2.$$

2.10. If a, b, c are positive real numbers such that $abc = 1$, then

$$(a) \quad \frac{a}{b} + \frac{b}{c} + \frac{1}{a} \geq a + b + 1;$$

$$(b) \quad \frac{a}{b} + \frac{b}{c} + \frac{1}{a} \geq \sqrt{3(a^2 + b^2 + 1)}.$$

2.11. If a, b, c are positive real numbers such that $abc \geq 1$, then

$$a^{\frac{a}{b}} b^{\frac{b}{c}} c^c \geq 1.$$

2.12. If a, b, c are positive real numbers such that $ab + bc + ca = 3$, then

$$ab^2c^3 < 4.$$

2.13. If a, b, c are positive real numbers such that $ab + bc + ca = \frac{5}{3}$, then

$$ab^2c^2 \leq \frac{1}{3}.$$

2.14. Let a, b, c be positive real numbers such that

$$a \leq b \leq c, \quad ab + bc + ca = 3.$$

Prove that

$$(a) \quad ab^2c \leq \frac{9}{8};$$

$$(b) \quad ab^4c \leq 2;$$

$$(c) \quad a^2b^3c \leq 2.$$

2.15. Let a, b, c be positive real numbers such that

$$a \leq b \leq c, \quad a + b + c = \frac{1}{a} + \frac{1}{b} + \frac{1}{c}.$$

Prove that

$$b \geq \frac{1}{a + c - 1}.$$

2.16. Let a, b, c be positive real numbers such that

$$a \leq b \leq c, \quad a + b + c = \frac{1}{a} + \frac{1}{b} + \frac{1}{c}.$$

Prove that

$$ab^2c^3 \geq 1.$$

2.17. Let a, b, c be positive real numbers such that

$$a \leq b \leq c, \quad a + b + c = abc + 2.$$

Prove that

$$(1 - b)(1 - ab^3c) \geq 0.$$

2.18. Let a, b, c be real numbers, no two of which are zero. Prove that

$$(a) \quad \frac{(a - b)^2}{a^2 + b^2} + \frac{(a - c)^2}{a^2 + c^2} \geq \frac{(b - c)^2}{2(b^2 + c^2)};$$

$$(b) \quad \frac{(a + b)^2}{a^2 + b^2} + \frac{(a + c)^2}{a^2 + c^2} \geq \frac{(b - c)^2}{2(b^2 + c^2)}.$$

2.19. Let a, b, c be real numbers, no two of which are zero. If $bc \geq 0$, then

$$(a) \quad \frac{(a-b)^2}{a^2+b^2} + \frac{(a-c)^2}{a^2+c^2} \geq \frac{(b-c)^2}{(b+c)^2};$$

$$(b) \quad \frac{(a+b)^2}{a^2+b^2} + \frac{(a+c)^2}{a^2+c^2} \geq \frac{(b-c)^2}{(b+c)^2}.$$

2.20. Let a, b, c be nonnegative real numbers, no two of which are zero. Prove that

$$\frac{|a-b|^3}{a^3+b^3} + \frac{|a-c|^3}{a^3+c^3} \geq \frac{|b-c|^3}{(b+c)^3}.$$

2.21. Let a, b, c be positive real numbers, $b \neq c$. Prove that

$$\frac{ab}{(a+b)^2} + \frac{ac}{(a+c)^2} \leq \frac{(b+c)^2}{4(b-c)^2}.$$

2.22. Let a, b, c be nonnegative real numbers, no two of which are zero. Prove that

$$\frac{3bc+a^2}{b^2+c^2} \geq \frac{3ab-c^2}{a^2+b^2} + \frac{3ac-b^2}{a^2+c^2}.$$

2.23. Let a, b, c be nonnegative real numbers such that $a+b+c=3$. Prove that

$$ab^2 + bc^2 + 2ca^2 \leq 8.$$

2.24. Let a, b, c be nonnegative real numbers such that $a+b+c=3$. Prove that

$$ab^2 + bc^2 + \frac{3}{2}abc \leq 4.$$

2.25. Let a, b, c be nonnegative real numbers such that $a+b+c=5$. Prove that

$$ab^2 + bc^2 + 2abc \leq 20.$$

2.26. If a, b, c are nonnegative real numbers, then

$$a^3 + b^3 + c^3 - a^2b - b^2c - c^2a \geq \frac{8}{9}(a-b)(b-c)^2.$$

2.27. If a, b, c are positive real numbers, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{(a-c)^2}{ab+bc+ca}.$$

2.28. If a, b, c are positive real numbers, then

$$(a) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{4(a-c)^2}{(a+b+c)^2};$$

$$(b) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{5(a-c)^2}{(a+b+c)^2}.$$

2.29. If $a \geq b \geq c > 0$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{3(b-c)^2}{ab+bc+ca}.$$

2.30. Let a, b, c be positive real numbers such that $abc = 1$. Prove that

(a) if $a \geq b \geq 1 \geq c$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{2(a-b)^2}{ab};$$

(b) if $a \geq 1 \geq b \geq c$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{2(b-c)^2}{bc}.$$

2.31. Let a, b, c be positive real numbers such that

$$a \geq 1 \geq b \geq c, \quad abc = 1.$$

prove that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{9(b-c)^2}{ab+bc+ca}.$$

2.32. Let a, b, c be positive real numbers such that

$$a \geq 1 \geq b \geq c, \quad a+b+c=3.$$

prove that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{4(b-c)^2}{b^2+c^2}.$$

2.33. Let a, b, c be positive real numbers such that

$$a \geq b \geq 1 \geq c, \quad a + b + c = 3.$$

Prove that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{3(a-b)^2}{ab}.$$

2.34. If a, b, c are positive real numbers, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{2(a-c)^2}{(a+c)^2}.$$

2.35. If a, b, c are positive real numbers, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq a + b + c + \frac{4(a-c)^2}{a+b+c}.$$

2.36. If $a \geq b \geq c > 0$, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq a + b + c + \frac{6(b-c)^2}{a+b+c}.$$

2.37. If $a \geq b \geq c > 0$, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} > 5(a-b).$$

2.38. Let a, b, c be positive real numbers such that

$$a \geq b \geq 1 \geq c, \quad a + b + c = 3.$$

Prove that

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq 3 + \frac{11(a-c)^2}{4(a+c)}.$$

2.39. If a, b, c are positive real numbers, then

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{27(b-c)^2}{16(a+b+c)^2}.$$

2.40. Let a, b, c be positive real numbers such that $a = \min\{a, b, c\}$. Prove that

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{9(b-c)^2}{4(a+b+c)^2}.$$

2.41. Let a, b, c be nonnegative real numbers, no two of which are zero. Prove that

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{(b-c)^2}{2(b+c)^2}.$$

2.42. Let a, b, c be positive real numbers such that $a = \min\{a, b, c\}$. Prove that

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{(b-c)^2}{4bc}.$$

2.43. Let a, b, c be positive real numbers such that

$$a \leq 1 \leq b \leq c, \quad a + b + c = 3,$$

then

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{3(b-c)^2}{4bc}.$$

2.44. Let a, b, c be nonnegative real numbers such that

$$a \geq 1 \geq b \geq c, \quad a + b + c = 3,$$

then

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{(b-c)^2}{(b+c)^2}.$$

2.45. Let a, b, c be positive real numbers such that $a = \min\{a, b, c\}$. Prove that

$$(a) \quad \frac{ab+bc+ca}{a^2+b^2+c^2} + \frac{2(b-c)^2}{3(b^2+c^2)} \leq 1;$$

$$(b) \quad \frac{ab+bc+ca}{a^2+b^2+c^2} + \frac{(b-c)^2}{b^2+bc+c^2} \leq 1;$$

$$(c) \quad \frac{ab+bc+ca}{a^2+b^2+c^2} + \frac{(a-b)^2}{2(a^2+b^2)} \leq 1.$$

2.46. Let a, b, c be positive real numbers such that

$$a \leq 1 \leq b \leq c, \quad a + b + c = 3,$$

then

$$\frac{ab + bc + ca}{a^2 + b^2 + c^2} + \frac{(b - c)^2}{bc} \leq 1.$$

2.47. Let a, b, c be nonnegative real numbers such that $a = \max\{a, b, c\}$ and $b + c > 0$. Prove that

$$(a) \quad \frac{ab + bc + ca}{a^2 + b^2 + c^2} + \frac{(b - c)^2}{2(ab + bc + ca)} \leq 1;$$

$$(b) \quad \frac{ab + bc + ca}{a^2 + b^2 + c^2} + \frac{2(b - c)^2}{(a + b + c)^2} \leq 1.$$

2.48. Let a, b, c be positive real numbers. Prove that

(a) if $a \geq b \geq c$, then

$$\frac{ab + bc + ca}{a^2 + b^2 + c^2} + \frac{(a - c)^2}{a^2 - ac + c^2} \geq 1;$$

(b) if $a \geq 1 \geq b \geq c$ and $abc = 1$, then

$$\frac{ab + bc + ca}{a^2 + b^2 + c^2} + \frac{(b - c)^2}{b^2 - bc + c^2} \leq 1.$$

2.49. Let a, b, c be positive real numbers such that $a = \min\{a, b, c\}$. Prove that

$$(a) \quad \frac{a^2 + b^2 + c^2}{ab + bc + ca} \geq 1 + \frac{4(b - c)^2}{3(b + c)^2};$$

$$(b) \quad \frac{a^2 + b^2 + c^2}{ab + bc + ca} \geq 1 + \frac{(a - b)^2}{(a + b)^2}.$$

2.50. If a, b, c are positive real numbers, then

$$\frac{a^2 + b^2 + c^2}{ab + bc + ca} \geq 1 + \frac{9(a - c)^2}{4(a + b + c)^2}.$$

2.51. Let a, b, c be nonnegative real numbers, no two of which are zero. If $a = \min\{a, b, c\}$, then

$$\frac{1}{\sqrt{a^2 - ab + b^2}} + \frac{1}{\sqrt{b^2 - bc + c^2}} + \frac{1}{\sqrt{c^2 - ca + a^2}} \geq \frac{6}{b + c}.$$

2.52. If $a \geq 1 \geq b \geq c \geq 0$ such that

$$ab + bc + ca = abc + 2,$$

then

$$ac \leq 4 - 2\sqrt{2}.$$

2.53. If a, b, c are nonnegative real numbers such that

$$ab + bc + ca = 3, \quad a \leq 1 \leq b \leq c,$$

then

$$(a) \quad a + b + c \leq 4;$$

$$(b) \quad 2a + b + c \leq 4.$$

2.54. Let a, b, c be nonnegative real numbers such that $a \leq b \leq c$. Prove that

(a) if $a + b + c = 3$, then

$$a^4(b^4 + c^4) \leq 2;$$

(b) if $a + b + c = 2$, then

$$c^4(a^4 + b^4) \leq 1.$$

2.55. Let a, b, c be nonnegative real numbers such that

$$a \leq b \leq c, \quad a + b + c = 3.$$

Find the greatest real number k such that

$$\sqrt{(56b^2 + 25)(56c^2 + 25)} + k(b - c)^2 \leq 14(b + c)^2 + 25.$$

2.56. If $a \geq b \geq c > 0$ such that $abc = 1$, then

$$3(a + b + c) \leq 8 + \frac{a}{c}.$$

2.57. If $a \geq b \geq c > 0$, then

$$(a + b - c)(a^2b - b^2c + c^2a) \geq (ab - bc + ca)^2.$$

2.58. If $a \geq b \geq c > 0$, then

$$\frac{ab + bc}{a^2 + b^2 + c^2} \leq \frac{1 + \sqrt{3}}{4}.$$

2.59. If $a \geq b \geq c \geq d > 0$, then

$$\frac{ab + bc + cd}{a^2 + b^2 + c^2 + d^2} \leq \frac{2 + \sqrt{7}}{6}.$$

2.60. If

$$a \geq 1 \geq b \geq c \geq d \geq 0, \quad a + b + c + d = 4,$$

then

$$ab + bc + cd \leq 3.$$

2.61. Let k and a, b, c be positive real numbers, and let

$$E = (ka + b + c) \left(\frac{k}{a} + \frac{1}{b} + \frac{1}{c} \right), \quad F = (ka^2 + b^2 + c^2) \left(\frac{k}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \right).$$

(a) If $k \geq 1$, then

$$\sqrt{\frac{F - (k - 2)^2}{2k}} + 2 \geq \frac{E - (k - 2)^2}{2k};$$

(b) If $0 < k \leq 1$, then

$$\sqrt{\frac{F - k^2}{k + 1}} + 2 \geq \frac{E - k^2}{k + 1}.$$

2.62. If a, b, c are positive real numbers, then

$$\frac{a}{2b + 6c} + \frac{b}{7c + a} + \frac{25c}{9a + 8b} > 1.$$

2.63. If a, b, c are positive real numbers such that

$$\frac{1}{a} \geq \frac{1}{b} + \frac{1}{c},$$

then

$$\frac{1}{a+b} + \frac{1}{b+c} + \frac{1}{c+a} \geq \frac{55}{12(a+b+c)}.$$

2.64. If a, b, c are positive real numbers such that

$$\frac{1}{a} \geq \frac{1}{b} + \frac{1}{c},$$

then

$$\frac{1}{a^2+b^2} + \frac{1}{b^2+c^2} + \frac{1}{c^2+a^2} \geq \frac{189}{40(a^2+b^2+c^2)}.$$

2.65. Find the best real numbers k, m, n such that

$$(\sqrt{a} + \sqrt{b} + \sqrt{c})\sqrt{a+b+c} \geq ka + mb + nc$$

for all $a \geq b \geq c \geq 0$.

2.66. Let $a, b \in (0, 1]$, $a \leq b$.

(a) If $a \leq \frac{1}{e}$, then

$$2a^a \geq a^b + b^a;$$

(b) If $b \geq \frac{1}{e}$, then

$$2b^b \geq a^b + b^a.$$

2.67. If $0 \leq a \leq b$ and $b \geq \frac{1}{2}$, then

$$2b^{2b} \geq a^{2b} + b^{2a}.$$

2.68. If $a \geq b \geq 0$, then

(a)
$$a^{b-a} \leq 1 + \frac{a-b}{\sqrt{a}};$$

(b)
$$a^{a-b} \geq 1 - \frac{3(a-b)}{4\sqrt{a}}.$$

2.69. If a, b, c are positive real numbers such that

$$a \geq b \geq c, \quad ab^2c^3 = 1,$$

then

$$a + 2b + 3c \geq \frac{1}{a} + \frac{2}{b} + \frac{3}{c}.$$

2.70. If a, b, c are positive real numbers such that

$$a + b + c = 3, \quad a \leq b \leq c,$$

then

$$\frac{1}{a} + \frac{2}{b} \geq a^2 + b^2 + c^2.$$

2.71. If a, b, c are positive real numbers such that

$$a + b + c = 3, \quad a \leq b \leq c,$$

then

$$\frac{2}{a} + \frac{3}{b} + \frac{1}{c} \geq 2(a^2 + b^2 + c^2).$$

2.72. If a, b, c are positive real numbers such that

$$a + b + c = 3, \quad a \leq b \leq c,$$

then

$$\frac{31}{a} + \frac{25}{b} + \frac{25}{c} \geq 27(a^2 + b^2 + c^2).$$

2.73. If a, b, c are the lengths of the sides of a triangle, then

$$a^3(b + c) + bc(b^2 + c^2) \geq a(b^3 + c^3).$$

2.74. If a, b, c are the lengths of the sides of a triangle, then

$$\frac{(a + b)^2}{2ab + c^2} + \frac{(a + c)^2}{2ac + b^2} \geq \frac{(b + c)^2}{2bc + a^2}.$$

2.75. If a, b, c are the lengths of the sides of a triangle, then

$$\frac{a+b}{ab+c^2} + \frac{a+c}{ac+b^2} \geq \frac{b+c}{bc+a^2}.$$

2.76. If a, b, c are the lengths of the sides of a triangle, then

$$\frac{b(a+c)}{ac+b^2} + \frac{c(a+b)}{ab+c^2} \geq \frac{a(b+c)}{bc+a^2}.$$

2.77. If a, b, c, d are positive real numbers such that

$$a \geq b \geq c \geq d, \quad ab^2c^3d^6 = 1,$$

then

$$a + 2b + 3c + 6d \geq \frac{1}{a} + \frac{2}{b} + \frac{3}{c} + \frac{6}{d}.$$

2.78. If a, b, c, d are positive real numbers such that

$$a \geq b \geq c \geq d, \quad abc^2d^4 \geq 1,$$

then

$$a + b + 2c + 4d \geq \frac{1}{a} + \frac{1}{b} + \frac{2}{c} + \frac{4}{d}.$$

2.79. If a, b, c, d, e, f are positive real numbers such that

$$abcdef \geq 1, \quad a \geq b \geq c \geq d \geq e \geq f, \quad af \geq be \geq cd,$$

then

$$a + b + c + d + e + f \geq \frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + \frac{1}{e} + \frac{1}{f}.$$

2.80. Let a, b, c, d be nonnegative real numbers such that

$$a^2 - ab + b^2 = c^2 - cd + d^2.$$

Prove that

$$(a+b)(c+d) \geq 2(ab+cd).$$

2.81. Let a, b, c, d be nonnegative real numbers such that

$$a^2 - ab + b^2 = c^2 - cd + d^2.$$

Prove that

$$\frac{1}{a^2 + ab + b^2} + \frac{1}{c^2 + cd + d^2} \leq \frac{8}{3(a+b)(c+d)}.$$

2.82. Let a, b, c, d be nonnegative real numbers such that

$$a^2 - ab + b^2 = c^2 - cd + d^2.$$

Prove that

$$\frac{1}{a^2 + ab + b^2} + \frac{1}{c^2 + cd + d^2} \leq \frac{8}{3(a+b)(c+d)}.$$

2.83. Let a, b, c, d be nonnegative real numbers such that

$$a^2 - ab + b^2 = c^2 - cd + d^2.$$

Prove that

$$\frac{1}{(ac + bd)^4} + \frac{1}{(ad + bc)^4} \leq \frac{2}{(ab + cd)^4}.$$

2.84. Let a, b, c, d be nonnegative real numbers such that $a \geq b \geq c \geq d$ and

$$a + b + c + d = 13, \quad a^2 + b^2 + c^2 + d^2 = 43.$$

Prove that

$$ab \geq cd + 3.$$

2.85. Let a, b, c, d be nonnegative real numbers such that $a \geq b \geq c \geq d$ and

$$a + b + c + d = 13, \quad a^2 + b^2 + c^2 + d^2 = 43.$$

Prove that

$$\frac{83}{4} \leq ac + bd \leq \frac{169}{8}.$$

2.86. If a, b, c, d are positive real numbers such that

$$a^2 + b^2 + c^2 + d^2 = 4, \quad a \leq b \leq c \leq d,$$

then

$$\frac{1}{a} + a + b + c + d \geq 5.$$

2.87. If a, b, c, d are real numbers, then

$$6(a^2 + b^2 + c^2 + d^2) + (a + b + c + d)^2 \geq 12(ab + bc + cd).$$

2.88. If a, b, c, d are positive real numbers, then

$$\frac{1}{a^2 + ab} + \frac{1}{b^2 + bc} + \frac{1}{c^2 + cd} + \frac{1}{d^2 + da} \geq \frac{4}{ac + bd}.$$

2.89. If a, b, c, d are positive real numbers, then

$$\frac{1}{a(1+b)} + \frac{1}{b(1+a)} + \frac{1}{c(1+d)} + \frac{1}{d(1+c)} \geq \frac{16}{1 + 8\sqrt{abcd}}.$$

2.90. If a, b, c, d are positive real numbers such that $a \geq b \geq c \geq d$ and

$$a + b + c + d = 4,$$

then

$$ac + bd \leq 2.$$

2.91. If a, b, c, d are positive real numbers such that $a \geq b \geq c \geq d$ and

$$a + b + c + d = 4,$$

then

$$2\left(\frac{1}{b} + \frac{1}{d}\right) \geq a^2 + b^2 + c^2 + d^2.$$

2.92. Let a, b, c, d be positive real numbers such that $a \geq b \geq c \geq d$ and

$$ab + bc + cd + da = 3.$$

Prove that

$$a^3bcd < 4.$$

2.93. Let a, b, c, d be positive real numbers such that $a \geq b \geq c \geq d$ and

$$ab + bc + cd + da = 6.$$

Prove that

$$acd \leq 2.$$

2.94. Let a, b, c, d be positive real numbers such that $a \geq b \geq c \geq d$ and

$$ab + bc + cd + da = 9.$$

Prove that

$$abd \leq 4.$$

2.95. Let a, b, c, d be positive real numbers such that $a \geq b \geq c \geq d$ and

$$a^2 + b^2 + c^2 + d^2 = 10.$$

Prove that

$$2b + 4d \leq 3c + 5.$$

2.96. Let a, b, c, d be positive real numbers such that $a \leq b \leq c \leq d$ and

$$abcd = 1.$$

Prove that

$$4 + \frac{a}{b} + \frac{b}{c} + \frac{c}{d} + \frac{d}{a} \geq 2(a+b)(c+d).$$

2.97. Let a, b, c, d be positive real numbers such that $a \geq b \geq c \geq d$ and

$$3(a^2 + b^2 + c^2 + d^2) = (a + b + c + d)^2.$$

Prove that

$$\begin{aligned} \text{(a)} \quad & \frac{a+d}{b+c} \leq 2; \\ \text{(b)} \quad & \frac{a+c}{b+d} \leq \frac{7+2\sqrt{6}}{5}; \\ \text{(c)} \quad & \frac{a+c}{c+d} \leq \frac{3+\sqrt{5}}{2}. \end{aligned}$$

2.98. Let a, b, c, d be nonnegative real numbers such that $a \geq b \geq c \geq d$ and

$$2(a^2 + b^2 + c^2 + d^2) = (a + b + c + d)^2.$$

Prove that

$$a \geq b + 3c + (2\sqrt{3} - 1)d.$$

2.99. If a, b, c, d, e are real numbers, then

$$\frac{ab + bc + cd + de}{a^2 + b^2 + c^2 + d^2 + e^2} \leq \frac{\sqrt{3}}{2}.$$

2.100. If a, b, c, d, e are positive real numbers, then

$$\frac{a^2b^2}{bd + ce} + \frac{b^2c^2}{cd + ae} + \frac{c^2a^2}{ad + be} \geq \frac{3abc}{d + e}.$$

2.101. Let a, b, c and x, y, z be positive real numbers such that

$$x + y + z = a + b + c.$$

Prove that

$$ax^2 + by^2 + cz^2 + xyz \geq 4abc.$$

2.102. Let a, b, c and x, y, z be positive real numbers such that

$$x + y + z = a + b + c.$$

Prove that

$$\frac{x(3x + a)}{bc} + \frac{y(3y + b)}{ca} + \frac{z(3z + c)}{ab} \geq 12.$$

2.103. Let a, b, c be given positive numbers. Find the minimum value $F(a, b, c)$ of

$$E(x, y, z) = \frac{ax}{y + z} + \frac{by}{z + x} + \frac{cz}{x + y},$$

where x, y, z are nonnegative real numbers, no two of which are zero.

2.104. Let a, b, c and x, y, z be positive real numbers such that

$$\frac{a}{yz} + \frac{b}{zx} + \frac{c}{xy} = 1.$$

Prove that

$$(a) \quad x + y + z \geq \sqrt{4(a + b + c + \sqrt{ab} + \sqrt{bc} + \sqrt{ca}) + 3\sqrt{abc}};$$

$$(b) \quad x + y + z > \sqrt{a + b} + \sqrt{b + c} + \sqrt{c + a}.$$

2.105. If a, b, c and x, y, z are nonnegative real numbers, then

$$\frac{2}{(a+b)(x+y)} + \frac{2}{(b+c)(y+z)} + \frac{2}{(c+a)(z+x)} \geq \frac{9}{(b+c)x + (c+a)y + (a+b)z}.$$

2.106. Let a, b, c be the lengths of the sides of a triangle. If x, y, z are real numbers, then

$$(ya^2 + zb^2 + xc^2)(za^2 + xb^2 + yc^2) \geq (xy + yz + zx)(a^2b^2 + b^2c^2 + c^2a^2).$$

2.107. If a, b, c are nonnegative real numbers such that

$$2(a+b+c) + ab + bc + ca = 9,$$

then

$$(a+1)bc + 3(b+c) \leq \frac{16}{a+1}.$$

2.108. If a, b, c are nonnegative real numbers such that

$$2(a+b+c) + ab + bc + ca = 9,$$

then

$$\frac{1}{ab+4} + \frac{1}{ac+4} + \frac{1}{b+4} + \frac{1}{c+4} \geq \frac{4}{5}.$$

2.109. If a, b, c are nonnegative real numbers such that

$$6a^2 + 4a(b+c) + bc = 15,$$

then

$$\frac{4}{a^2+1} + \frac{1}{b^2+1} + \frac{1}{c^2+1} \geq 3.$$

2.110. Let a_1, a_2, \dots, a_n be positive real numbers such that $a_1 \geq 2a_2$. Prove that

$$(5n-1)(a_1^2 + a_2^2 + \dots + a_n^2) \geq 5(a_1 + a_2 + \dots + a_n)^2.$$

2.111. If a_1, a_2, \dots, a_n are positive real numbers such that $a_1 \geq 4a_2$, then

$$(a_1 + a_2 + \dots + a_n) \left(\frac{1}{a_1} + \frac{1}{a_2} + \dots + \frac{1}{a_n} \right) \geq \left(n + \frac{1}{2} \right)^2.$$

2.112. Suppose $n \geq 3$ and a_1, a_2, \dots, a_n are nonnegative real numbers such that $a_1 \leq a_2 \leq \dots \leq a_n$.

(a) Prove that

$$\frac{a_1a_2 + a_2a_3 + \dots + a_na_1}{n} \geq \left(\frac{a_1 + a_2 + \dots + a_{n-1}}{n-1} \right)^2;$$

(b) If $k \geq k_1 = \frac{2}{1 + \sqrt{\frac{n}{n-2}}}$, prove that

$$\frac{a_1a_2 + a_2a_3 + \dots + a_na_1}{n} \geq \left(\frac{ka_1 + a_2 + \dots + a_{n-1}}{n-2+k} \right)^2.$$

(c) If $0 \leq k \leq k_2 = 1 + \frac{1}{1 + \sqrt{\frac{n}{n-2}}}$, prove that

$$\frac{a_1a_2 + a_2a_3 + \dots + a_na_1}{n} \geq \left(\frac{a_1 + \dots + a_{n-2} + ka_{n-1}}{n-2+k} \right)^2.$$

2.113. If $k \geq k_0 = 7 - 2\sqrt{6} \approx 2.101$ and $a \geq b \geq c \geq d \geq e \geq f \geq 0$, then

$$\left(\frac{ka + b + c + d + e + f}{k+5} \right)^2 \geq \frac{ab + bc + cd + de + ef + fa}{6}.$$

2.114. If $a_1 \geq a_2 \geq \dots \geq a_9 \geq 0$, then

$$\left(\frac{4a_1 + a_2 + \dots + a_9}{12} \right)^2 \geq \frac{a_1a_2 + a_2a_3 + \dots + a_9a_1}{9}.$$

2.115. Prove that $\frac{3}{4}$ is the least positive value of k such that

$$\left(\frac{ka + b + c + d}{k+3} \right)^2 \geq \frac{ab + bc + cd + de + ea}{5}$$

whenever $a \geq b \geq c \geq d \geq e \geq 0$.

2.116. If $a_1 \geq a_2 \geq \dots \geq a_8 \geq 0$, then

$$(2a_1 + a_2 + \dots + a_7)^2 \geq 8(a_1a_2 + a_2a_3 + \dots + a_8a_1).$$

2.117. Let a, b, c, d be nonnegative real numbers such that $ab + bc + cd = 7$. Prove that

$$\frac{1}{a+1} + \frac{1}{b+1} + \frac{1}{c+1} + \frac{1}{d+1} \geq \frac{3}{2}.$$

2.2 Solutions

P 2.1. If a, b are positive real numbers, then

$$\frac{1}{4a^2 + b^2} + \frac{3}{b^2 + 4ab} \geq \frac{16}{5(a+b)^2}.$$

Solution. Using the Cauchy-Schwarz inequality gives

$$\frac{1}{4a^2 + b^2} + \frac{3}{b^2 + 4ab} \geq \frac{(1+3)^2}{(4a^2 + b^2) + 3(b^2 + 4ab)} = \frac{4}{a^2 + b^2 + 3ab}.$$

Thus, we only need to show that

$$\frac{1}{a^2 + b^2 + 3ab} \geq \frac{4}{5(a+b)^2},$$

which reduces to $(a-b)^2 \geq 0$. The equality holds for $a = b$.

□

P 2.2. If a, b are positive real numbers, then

$$3a\sqrt{3a} + 3b\sqrt{6a+3b} \geq 5(a+b)\sqrt{a+b}.$$

Solution. Due to homogeneity, we may assume that $a+b=3$. Thus, we need to show that

$$a\sqrt{a} + (3-a)\sqrt{3+a} \geq 5$$

for $0 < a < 3$. Substituting

$$\sqrt{a} = x, \quad 0 < x < \sqrt{3},$$

the inequality becomes

$$(3-x^2)\sqrt{3+x^2} \geq 5-x^3.$$

For $\sqrt[3]{5} \leq x < \sqrt{3}$, the inequality is trivial. For $0 < x < \sqrt[3]{5}$, squaring both sides of the inequality gives

$$(3-x^2)(9-x^4) \geq (5-x^3)^2,$$

$$3x^4 - 10x^3 + 9x^2 - 2 \leq 0,$$

$$(x-1)^2(3x^2 - 4x - 2) \leq 0.$$

Since $3x^2 - 4x - 2 \leq 0$ for $\frac{2-\sqrt{10}}{3} \leq x \leq \frac{2+\sqrt{10}}{3}$, we only need to prove that

$$\sqrt[3]{5} \leq \frac{2+\sqrt{10}}{3}.$$

Indeed, we have

$$\left(\frac{2 + \sqrt{10}}{3}\right)^3 - 5 = \frac{22\sqrt{10} - 67}{27} > 0.$$

The equality holds for $a = b/2$.

□

P 2.3. If a, b, c are nonnegative real numbers such that $a + b + c = 3$, then

$$(ab + c)(ac + b) \leq 4.$$

Solution. By the AM-GM inequality, we have

$$(ab + c)(ac + b) \leq \left[\frac{(ab + c) + (ac + b)}{2}\right]^2 = \frac{(a + 1)^2(b + c)^2}{4}.$$

Therefore, it suffices to show that

$$(a + 1)(b + c) \leq 4.$$

Indeed,

$$(a + 1)(b + c) \leq \left[\frac{(a + 1) + (b + c)}{2}\right]^2 = 4.$$

The equality holds for $a = b = c = 1$, for $a = 1, b = 0, c = 2$, and for $a = 1, b = 2, c = 0$.

□

P 2.4. If a, b, c are nonnegative real numbers, then

$$a^3 + b^3 + c^3 - 3abc \geq \frac{1}{4}(b + c - 2a)^3.$$

Solution. Write the inequality as

$$2(a + b + c)[(a - b)^2 + (b - c)^2 + (c - a)^2] \geq (b + c - 2a)^3.$$

Consider the non-trivial case $b + c - 2a \geq 0$. Since $(b - c)^2 \geq 0$ and

$$a + b + c \geq b + c - a,$$

it suffices to show that

$$2(a - b)^2 + 2(c - a)^2 \geq (b + c - 2a)^2.$$

Indeed, we have

$$2(a - b)^2 + 2(c - a)^2 - (b + c - 2a)^2 = (b - c)^2 \geq 0.$$

The equality holds for $a = b = c$, and also for $a = 0$ and $b = c$.

□

P 2.5. If a, b, c are nonnegative real numbers such that

$$c = \min\{a, b, c\}, \quad a^2 + b^2 + c^2 = 3,$$

then

$$(a) \quad 5b + 2c \leq 9;$$

$$(b) \quad 5(b + c) \leq 9 + 3a.$$

Solution. (a) It suffices to show that

$$5b + 2c + (a - c) \leq 9;$$

that is,

$$9 \geq a + 5b + c.$$

This follows from the Cauchy-Schwarz inequality

$$(1 + 25 + 1)(a^2 + b^2 + c^2) \geq (a + 5b + c)^2.$$

The equality holds for $a = c = \frac{1}{3}$ and $b = \frac{5}{3}$.

(b) It suffices to show that

$$5(b + c) + 4(a - c) \leq 9 + 3a;$$

that is,

$$9 \geq a + 5b + c.$$

As we have shown at (a), this follows from the Cauchy-Schwarz inequality

$$(1 + 25 + 1)(a^2 + b^2 + c^2) \geq (a + 5b + c)^2.$$

The equality holds for $a = c = \frac{1}{3}$ and $b = \frac{5}{3}$.

□

P 2.6. If a, b, c are nonnegative real numbers, no two of which are zero, then

$$\frac{1}{(a+b)^2} + \frac{1}{(a+c)^2} + \frac{16}{(b+c)^2} \geq \frac{6}{ab+bc+ca}.$$

(Vasile Cîrtoaje, 2014)

Solution (by Nguyen Van Quy). Since the equality holds for $a = 0$ and $b = c$, we write the desired inequality in the form

$$\frac{16}{(b+c)^2} + \left(\frac{1}{a+b} + \frac{1}{a+c} \right)^2 \geq \frac{6}{ab+bc+ca} + \frac{2}{(a+b)(a+c)}$$

and apply then the AM-GM inequality

$$\frac{16}{(b+c)^2} + \left(\frac{1}{a+b} + \frac{1}{a+c} \right)^2 \geq \frac{8}{b+c} \left(\frac{1}{a+b} + \frac{1}{a+c} \right).$$

Therefore, it suffices to show that

$$\frac{8}{b+c} \left(\frac{1}{a+b} + \frac{1}{a+c} \right) \geq \frac{6}{ab+bc+ca} + \frac{2}{(a+b)(a+c)}.$$

Since $(a+b)(a+c) \geq ab+bc+ca$, it is enough to show that

$$\frac{8}{b+c} \left(\frac{1}{a+b} + \frac{1}{a+c} \right) \geq \frac{8}{ab+bc+ca},$$

which is equivalent to

$$(2a+b+c)(ab+bc+ca) \geq (a+b)(b+c)(c+a).$$

We have

$$\begin{aligned} (2a+b+c)(ab+bc+ca) &\geq (a+b+c)(ab+bc+ca) \\ &\geq (a+b)(b+c)(c+a). \end{aligned}$$

This completes the proof. The equality holds for $a = 0$ and $b = c$.

□

P 2.7. If a, b, c are nonnegative real numbers, no two of which are zero, then

$$\frac{1}{(a+b)^2} + \frac{1}{(a+c)^2} + \frac{2}{(b+c)^2} \geq \frac{5}{2(ab+bc+ca)}.$$

Solution. This inequality follows from Iran 1996 inequality (see P 1.72 in Volume 2, for $k = 2$), namely

$$\frac{1}{(a+b)^2} + \frac{1}{(a+c)^2} + \frac{1}{(b+c)^2} \geq \frac{9}{4(ab+bc+ca)},$$

and the inequality in P 2.6, namely

$$\frac{1}{(a+b)^2} + \frac{1}{(a+c)^2} + \frac{16}{(b+c)^2} \geq \frac{6}{ab+bc+ca}.$$

Indeed, summing the first inequality multiplied by 14 and the second inequality, we get the desired inequality. The equality holds for $a = 0$ and $b = c$.

□

P 2.8. If a, b, c are nonnegative real numbers, no two of which are zero, then

$$\frac{1}{(a+b)^2} + \frac{1}{(a+c)^2} + \frac{25}{(b+c)^2} \geq \frac{8}{ab+bc+ca}.$$

(Vasile Cîrtoaje, 2014)

Solution. Write the inequality as

$$\left(\frac{1}{a+b} + \frac{1}{a+c}\right)^2 + \frac{25}{(b+c)^2} \geq \frac{8}{ab+bc+ca} + \frac{2}{(a+b)(a+c)}.$$

By the AM-GM inequality, we have

$$\left(\frac{1}{a+b} + \frac{1}{a+c}\right)^2 + \frac{25}{(b+c)^2} \geq \frac{10}{b+c} \left(\frac{1}{a+b} + \frac{1}{a+c}\right).$$

Therefore, it suffices to show that

$$\frac{10}{b+c} \left(\frac{1}{a+b} + \frac{1}{a+c}\right) \geq \frac{8}{ab+bc+ca} + \frac{2}{(a+b)(a+c)}.$$

Since $(a+b)(a+c) \geq ab+bc+ca$, it is enough to show that

$$\frac{10}{b+c} \left(\frac{1}{a+b} + \frac{1}{a+c}\right) \geq \frac{10}{ab+bc+ca},$$

which is equivalent to

$$(2a+b+c)(ab+bc+ca) \geq (a+b)(b+c)(c+a).$$

Indeed,

$$\begin{aligned} (2a+b+c)(ab+bc+ca) &\geq (a+b+c)(ab+bc+ca) \\ &\geq (a+b)(b+c)(c+a). \end{aligned}$$

This completes the proof. The equality holds for $a=0$ and $\frac{b}{c} + \frac{c}{b} = 3$.

□

P 2.9. If a, b, c are positive real numbers, then

$$(a+b)^3(a+c)^3 \geq 4a^2bc(2a+b+c)^2.$$

(XZLBQ, 2014)

Solution (by Nguyen Van Quy). Write the inequality as

$$\frac{(a+b)^2(a+c)^2}{4a^2bc} \geq \frac{(2a+b+c)^2}{(a+b)(a+c)}.$$

Since

$$\begin{aligned} (a+b)^2(a+c)^2 &= [(a-b)^2 + 4ab][(a-c)^2 + 4ac] \\ &\geq 4ac(a-b)^2 + 4ab(a-c)^2 + 16a^2bc, \end{aligned}$$

it suffices to show that

$$\frac{(a-b)^2}{ab} + \frac{(a-c)^2}{ac} + 4 \geq \frac{(2a+b+c)^2}{(a+b)(a+c)},$$

which is equivalent to

$$\frac{(a-b)^2}{ab} + \frac{(a-c)^2}{ac} \geq \frac{(b-c)^2}{(a+b)(a+c)}.$$

Indeed, by the Cauchy-Schwarz inequality, we have

$$\frac{(a-b)^2}{ab} + \frac{(a-c)^2}{ac} \geq \frac{(a-b-a+c)^2}{ab+ac} \geq \frac{(b-c)^2}{(a+b)(a+c)}.$$

The equality holds for $a = b = c$.

□

P 2.10. If a, b, c are positive real numbers such that $abc = 1$, then

$$(a) \quad \frac{a}{b} + \frac{b}{c} + \frac{1}{a} \geq a + b + 1;$$

$$(b) \quad \frac{a}{b} + \frac{b}{c} + \frac{1}{a} \geq \sqrt{3(a^2 + b^2 + 1)}.$$

(Vasile Cîrtoaje, 2007)

Solution. (a) **First Solution.** Write the inequality as

$$\left(2\frac{a}{b} + \frac{b}{c}\right) + \left(\frac{b}{c} + \frac{1}{a}\right) + \left(\frac{1}{a} + a\right) \geq 3a + 2b + 2.$$

By the AM-GM inequality, we have

$$\left(2\frac{a}{b} + \frac{b}{c}\right) + \left(\frac{b}{c} + \frac{1}{a}\right) + \left(\frac{1}{a} + a\right) \geq 3\sqrt[3]{\frac{a^2}{bc}} + 2\sqrt{\frac{b}{ca}} + 2 = 3a + 2b + 2.$$

The equality holds for $a = b = c = 1$.

Second Solution. Since $c = \frac{1}{ab}$, the inequality becomes as follows:

$$\begin{aligned}\frac{a}{b} + ab^2 + \frac{1}{a} &\geq a + b + 1, \\ \frac{1}{b} + b^2 + \frac{1}{a^2} &\geq 1 + \frac{b}{a} + \frac{1}{a}, \\ \frac{1}{a^2} - (b+1)\frac{1}{a} + b^2 + \frac{1}{b} - 1 &\geq 0, \\ \left(\frac{1}{a} - \frac{b+1}{2}\right)^2 + \frac{(b-1)^2(3b+4)}{4b} &\geq 0.\end{aligned}$$

(b) Write the inequality as

$$a\left(\frac{1}{b} + b^2\right) + \frac{1}{a} \geq \sqrt{3(a^2 + b^2 + 1)}.$$

By squaring, this inequality becomes

$$a^2\left(b^4 + 2b - 3 + \frac{1}{b^2}\right) + \frac{1}{a^2} \geq b^2 + 3 - \frac{2}{b}.$$

Since

$$b^4 + 2b - 3 + \frac{1}{b^2} > 2b - 3 + \frac{1}{b^2} = \frac{(b-1)^2(2b+1)}{b^2} \geq 0,$$

by the AM-GM inequality, we have

$$a^2\left(b^4 + 2b - 3 + \frac{1}{b^2}\right) + \frac{1}{a^2} \geq 2\sqrt{b^4 + 2b - 3 + \frac{1}{b^2}}.$$

Thus, it suffices to prove that

$$2\sqrt{b^4 + 2b - 3 + \frac{1}{b^2}} \geq b^2 + 3 - \frac{2}{b}.$$

Squaring again, we get the inequality

$$b^5 - 2b^3 + 4b^2 - 7b + 4 \geq 0,$$

which is equivalent to the obvious inequality

$$b(b^2 - 1)^2 + 4(b - 1)^2 \geq 0.$$

The equality holds for $a = b = c = 1$.

□

P 2.11. If a, b, c are positive real numbers such that $abc \geq 1$, then

$$a^{\frac{a}{b}} b^{\frac{b}{c}} c^c \geq 1.$$

(Vasile Cîrtoaje, 2011)

Solution. Write the inequality as

$$\frac{a}{b} \ln a + \frac{b}{c} \ln b + c \ln c \geq 0.$$

Since $f(x) = x \ln x$ is a convex function on $(0, \infty)$, apply Jensen's inequality to get

$$\begin{aligned} pa \ln a + qb \ln b + rc \ln c &\geq (p+q+r) \left(\frac{pa+qb+rc}{p+q+r} \right) \ln \left(\frac{pa+qb+rc}{p+q+r} \right) \\ &= (pa+qb+rc) \ln \left(\frac{pa+qb+rc}{p+q+r} \right), \end{aligned}$$

where $p, q, r > 0$. Choosing

$$p = \frac{1}{b}, \quad q = \frac{1}{c}, \quad r = 1,$$

we get

$$\frac{a}{b} \ln a + \frac{b}{c} \ln b + c \ln c \geq \left(\frac{a}{b} + \frac{b}{c} + c \right) \ln \left(\frac{\frac{a}{b} + \frac{b}{c} + c}{\frac{1}{b} + \frac{1}{c} + 1} \right).$$

Thus, it suffices to show that

$$\frac{a}{b} + \frac{b}{c} + c \geq \frac{1}{b} + \frac{1}{c} + 1.$$

Since $a \geq \frac{1}{bc}$, we need to show that

$$\frac{1}{b^2c} + \frac{b}{c} + c \geq \frac{1}{b} + \frac{1}{c} + 1.$$

This is equivalent to

$$\begin{aligned} \frac{1}{b^2} + b + c^2 &\geq \frac{c}{b} + 1 + c, \\ c^2 - \left(1 + \frac{1}{b} \right) c + b - 1 + \frac{1}{b^2} &\geq 0, \\ \left(c - \frac{b+1}{2b} \right)^2 + \frac{(b-1)^2(4b+3)}{4b^2} &\geq 0. \end{aligned}$$

The equality holds for $a = b = c = 1$.

□

P 2.12. If a, b, c are positive real numbers such that $ab + bc + ca = 3$, then

$$ab^2c^3 < 4.$$

(Vasile Cîrtoaje, 2012)

Solution. From $ab + bc + ca = 3$, we get

$$c = \frac{3 - ab}{a + b} < \frac{3}{a + b}.$$

Therefore,

$$\begin{aligned} (a + b)^3(4 - ab^2c^3) &> 4(a + b)^3 - 27ab^2 \\ &= 4a^3 + 12a^2b - 15ab^2 + 4b^3 \\ &= (a + 4b)(2a - b)^2 \geq 0. \end{aligned}$$

□

P 2.13. If a, b, c are positive real numbers such that $ab + bc + ca = \frac{5}{3}$, then

$$ab^2c^2 \leq \frac{1}{3}.$$

(Vasile Cîrtoaje, 2012)

Solution. By the AM-GM inequality, we have

$$ab + ca \geq 2a\sqrt{bc}.$$

Thus, from $ab + bc + ca = \frac{5}{3}$, we get

$$2a\sqrt{bc} + bc \leq \frac{5}{3}.$$

Therefore, it suffices to show that

$$\frac{(5 - 3bc)b^2c^2}{6\sqrt{bc}} \leq \frac{1}{3}.$$

Setting $\sqrt{bc} = t$, this inequality becomes

$$3t^5 - 5t^3 + 2 \geq 0.$$

Indeed, by the AM-GM inequality, we have

$$3t^5 + 2 = t^5 + t^5 + t^5 + 1 + 1 \geq 5\sqrt[5]{t^5 \cdot t^5 \cdot t^5 \cdot 1 \cdot 1} = 5t^3.$$

The equality holds for $a = \frac{1}{3}$ and $b = c = 1$.

□

P 2.14. Let a, b, c be positive real numbers such that

$$a \leq b \leq c, \quad ab + bc + ca = 3.$$

Prove that

$$(a) \quad ab^2c \leq \frac{9}{8};$$

$$(b) \quad ab^4c \leq 2;$$

$$(c) \quad ab^3c^2 \leq 2.$$

(Vasile Cîrtoaje, 2012)

Solution. From $(b - a)(b - c) \leq 0$, we get

$$b^2 + ac \leq b(a + c),$$

$$b^2 + ac \leq 3 - ac,$$

$$b^2 + 2ac \leq 3.$$

(a) We have

$$9 - 8ab^2c \geq 9 - 4b^2(3 - b^2) = (2b^2 - 3)^2 \geq 0.$$

The equality holds for $a = \frac{1}{2}\sqrt{\frac{3}{2}}$ and $b = c = \sqrt{\frac{3}{2}}$.

(b) We have

$$4 - 2ab^4c \geq 4 - b^4(3 - b^2) = (b^2 - 2)^2(b^2 + 1) \geq 0.$$

The equality holds for $a = \frac{\sqrt{2}}{4}$ and $b = c = \sqrt{2}$.

(c) Write the desired inequality as follows:

$$2(ab + bc + ca)^3 \geq 27ab^3c^2,$$

$$2\left(a + c + \frac{ca}{b}\right)^3 \geq 27ac^2.$$

Since $ca/b \geq a$, it suffices to show that

$$2(2a + c)^3 \geq 27ac^2,$$

which is equivalent to the obvious inequality

$$(a + 2c)(4a - c)^2 \geq 0.$$

The equality holds for $a = \frac{\sqrt{2}}{4}$ and $b = c = \sqrt{2}$.

□

P 2.15. Let a, b, c be positive real numbers such that

$$a \leq b \leq c, \quad a + b + c = \frac{1}{a} + \frac{1}{b} + \frac{1}{c}.$$

Prove that

$$b \geq \frac{1}{a + c - 1}.$$

(Vasile Cîrtoaje, 2007)

Solution. Let us show that

$$a \leq 1, \quad c \geq 1.$$

From $a + b + c = \frac{1}{a} + \frac{1}{b} + \frac{1}{c}$ and

$$a + b + c + \frac{1}{a} + \frac{1}{b} + \frac{1}{c} - 6 = \frac{(a-1)^2}{a} + \frac{(b-1)^2}{b} + \frac{(c-1)^2}{c} \geq 0,$$

we get

$$a + b + c = \frac{1}{a} + \frac{1}{b} + \frac{1}{c} \geq 3.$$

Then,

$$\frac{1}{a} \geq \frac{1}{3} \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \geq 1, \quad c \geq \frac{a + b + c}{3} \geq 1.$$

Further, consider the following two cases.

Case 1: $abc \geq 1$. Write the desired inequality as

$$a + c - 1 - \frac{1}{b} \geq 0.$$

We have

$$a + c - 1 - \frac{1}{b} = (1-a)(c-1) + \frac{abc-1}{b} \geq 0.$$

Case 2: $abc \leq 1$. Since

$$a + c - 1 - \frac{1}{b} = \frac{1}{a} + \frac{1}{c} - 1 - b,$$

the desired inequality is equivalent to

$$\frac{1}{a} + \frac{1}{c} - 1 - b \geq 0.$$

We have

$$\frac{1}{a} + \frac{1}{c} - 1 - b = \left(\frac{1}{a} - 1 \right) \left(1 - \frac{1}{c} \right) + \frac{1-abc}{ac} \geq 0.$$

This completes the proof. The equality holds for $a = b = c = 1$.

□

P 2.16. Let a, b, c be positive real numbers such that

$$a \leq b \leq c, \quad a + b + c = \frac{1}{a} + \frac{1}{b} + \frac{1}{c}.$$

Prove that

$$ab^2c^3 \geq 1.$$

(Vasile Cîrtoaje, 1998)

First Solution. Write the inequality in the homogeneous form

$$ab^2c^3 \geq \left[\frac{abc(a+b+c)}{ab+bc+ca} \right]^3,$$

which is equivalent to

$$(ab+bc+ca)^3 \geq a^2b(a+b+c)^3.$$

Since

$$(ab+bc+ca)^2 \geq 3abc(a+b+c),$$

it suffices to show that

$$3c(ab+bc+ca) \geq a(a+b+c)^2.$$

Indeed,

$$\begin{aligned} 3c(ab+bc+ca) - a(a+b+c)^2 &\geq (a+b+c)(ab+bc+ca) - a(a+b+c)^2 \\ &= (a+b+c)(bc-a^2) \geq 0. \end{aligned}$$

The equality holds for $a = b = c = 1$.

Second Solution. Let us show that

$$a \leq 1, \quad bc \geq 1.$$

Indeed, if $a > 1$, then $1 < a \leq b \leq c$ and

$$a + b + c - \frac{1}{a} - \frac{1}{b} - \frac{1}{c} = \frac{1-a^2}{a} + \frac{1-b^2}{b} + \frac{1-c^2}{c} < 0,$$

which is false. On the other hand, from $a \leq 1$ and

$$a - \frac{1}{a} = (b+c) \left(\frac{1}{bc} - 1 \right),$$

we get $bc \geq 1$. Similarly, we can prove that

$$c \geq 1, \quad ab \leq 1.$$

Since $bc \geq 1$, it suffices to show that

$$abc^2 \geq 1.$$

Taking account of $ab \leq 1$, we have

$$c - \frac{1}{c} = (a + b) \left(\frac{1}{ab} - 1 \right) \geq 2\sqrt{ab} \left(\frac{1}{ab} - 1 \right) = 2 \left(\frac{1}{\sqrt{ab}} - \sqrt{ab} \right) \geq \frac{1}{\sqrt{ab}} - \sqrt{ab},$$

hence

$$\left(c - \frac{1}{\sqrt{ab}} \right) \left(1 + \frac{\sqrt{ab}}{c} \right) \geq 0.$$

The last inequality involves

$$abc^2 \geq 0.$$

□

P 2.17. Let a, b, c be positive real numbers such that

$$a \leq b \leq c, \quad a + b + c = abc + 2.$$

Prove that

$$(1 - b)(1 - ab^3c) \geq 0.$$

(Vasile Cîrtoaje, 1999)

Solution. Let us show that

$$a \leq 1, \quad c \geq 1.$$

To do this, we write the hypothesis $a + b + c = abc + 2$ in the equivalent form

$$(1 - a)(1 - c) + (1 - b)(1 - ac) = 0, \quad (*)$$

If $a > 1$, then $1 < a \leq b \leq c$, which contradicts (*). Similarly, if $c < 1$, then $a \leq b \leq c < 1$, which also contradicts (*). Therefore, we have $a \leq 1$ and $c \geq 1$. According to (*), we get

$$(1 - b)(1 - ac) = (1 - a)(c - 1) \geq 0. \quad (**)$$

There are two cases to consider.

Case 1: $b \geq 1$. According to (**), we have $ac \geq 1$. Therefore,

$$ab^3c = ac \cdot b^3 \geq 1,$$

hence $(1 - b)(1 - ab^3c) \geq 0$.

Case 2: $b \leq 1$. According to (**), we have $ac \leq 1$. Therefore,

$$ab^3c = ac \cdot b^3 \leq 1,$$

and hence

$$(1 - b)(1 - ab^3c) \geq 0.$$

This completes the proof. The equality holds for $a = b = 1 \leq c$ or $a \leq 1 = b = c$.

□

P 2.18. Let a, b, c be real numbers, no two of which are zero. Prove that

$$(a) \quad \frac{(a-b)^2}{a^2+b^2} + \frac{(a-c)^2}{a^2+c^2} \geq \frac{(b-c)^2}{2(b^2+c^2)};$$

$$(b) \quad \frac{(a+b)^2}{a^2+b^2} + \frac{(a+c)^2}{a^2+c^2} \geq \frac{(b-c)^2}{2(b^2+c^2)}.$$

Solution. (a) Consider two cases.

Case 1: $2a^2 \leq b^2 + c^2$. By the Cauchy-Schwarz inequality, we have

$$\frac{(a-b)^2}{a^2+b^2} + \frac{(a-c)^2}{a^2+c^2} \geq \frac{[(b-a) + (a-c)]^2}{(a^2+b^2) + (a^2+c^2)} = \frac{(b-c)^2}{2a^2+b^2+c^2}.$$

Thus, it suffices to show that

$$\frac{1}{2a^2+b^2+c^2} \geq \frac{1}{2(b^2+c^2)},$$

which reduces to $b^2 + c^2 \geq 2a^2$.

Case 2: $2a^2 \geq b^2 + c^2$. By the Cauchy-Schwarz inequality, we have

$$\frac{(a-b)^2}{a^2+b^2} + \frac{(a-c)^2}{a^2+c^2} \geq \frac{[c(b-a) + b(a-c)]^2}{c^2(a^2+b^2) + b^2(a^2+c^2)} = \frac{a^2(b-c)^2}{a^2(b^2+c^2) + 2b^2c^2}.$$

Therefore, it suffices to prove that

$$\frac{a^2}{a^2(b^2+c^2) + 2b^2c^2} \geq \frac{1}{2(b^2+c^2)},$$

which reduces to $a^2(b^2+c^2) \geq 2b^2c^2$. This is true since

$$2a^2(b^2+c^2) - 4b^2c^2 \geq (b^2+c^2)^2 - 4b^2c^2 = (b^2-c^2)^2.$$

The equality holds for $a = b = c$.

(b) The inequality follows from the inequality in (a) by replacing a with $-a$. The equality holds for $-a = b = c$.

□

P 2.19. Let a, b, c be real numbers, no two of which are zero. If $bc \geq 0$, then

$$(a) \quad \frac{(a-b)^2}{a^2+b^2} + \frac{(a-c)^2}{a^2+c^2} \geq \frac{(b-c)^2}{(b+c)^2};$$

$$(b) \quad \frac{(a+b)^2}{a^2+b^2} + \frac{(a+c)^2}{a^2+c^2} \geq \frac{(b-c)^2}{(b+c)^2}.$$

(Vasile Cîrtoaje, 2011)

Solution. (a) Consider two cases: $a^2 \leq bc$ and $a^2 \geq bc$.

Case 1: $a^2 \leq bc$. By the Cauchy-Schwarz inequality, we have

$$\frac{(a-b)^2}{a^2+b^2} + \frac{(a-c)^2}{a^2+c^2} \geq \frac{[(b-a) + (a-c)]^2}{(a^2+b^2) + (a^2+c^2)} = \frac{(b-c)^2}{2a^2+b^2+c^2}.$$

Thus, it suffices to show that

$$\frac{1}{2a^2+b^2+c^2} \geq \frac{1}{(b+c)^2},$$

which is equivalent to $a^2 \leq bc$.

Case 2: $a^2 \geq bc$. By the Cauchy-Schwarz inequality, we have

$$\frac{(a-b)^2}{a^2+b^2} + \frac{(a-c)^2}{a^2+c^2} \geq \frac{[c(b-a) + b(a-c)]^2}{c^2(a^2+b^2) + b^2(a^2+c^2)} = \frac{a^2(b-c)^2}{a^2(b^2+c^2) + 2b^2c^2}.$$

Therefore, it suffices to prove that

$$\frac{a^2}{a^2(b^2+c^2) + 2b^2c^2} \geq \frac{1}{(b+c)^2},$$

which reduces to $bc(a^2 - bc) \geq 0$. The equality holds for $a = b = c$, for $b = 0$ and $a = c$, and for $c = 0$ and $a = b$.

(b) The inequality follows from the inequality in (a) by replacing a with $-a$. The equality holds for $-a = b = c$, for $b = 0$ and $a + c = 0$, and for $c = 0$ and $a + b = 0$.

□

P 2.20. Let a, b, c be nonnegative real numbers, no two of which are zero. Prove that

$$\frac{|a-b|^3}{a^3+b^3} + \frac{|a-c|^3}{a^3+c^3} \geq \frac{|b-c|^3}{(b+c)^3}.$$

(Vasile Cîrtoaje, 2013)

Solution. Without loss of generality, assume that $b \geq c$. Thus, we have three cases to consider: $a \geq b \geq c$, $b \geq c \geq a$ and $b \geq a \geq c$.

Case 1: $a \geq b \geq c$. It suffices to show that

$$\frac{|a-c|^3}{(a+c)^3} \geq \frac{|b-c|^3}{(b+c)^3},$$

which is equivalent to

$$\frac{a-c}{a+c} \geq \frac{b-c}{b+c}.$$

Indeed,

$$\frac{a-c}{a+c} - \frac{b-c}{b+c} = \frac{2c(a-b)}{(a+c)(b+c)} \geq 0.$$

Case 2: $b \geq c \geq a$. It suffices to show that

$$\frac{(b-a)^3}{a^3+b^3} \geq \frac{(b-c)^3}{(b+c)^3}.$$

Indeed,

$$\frac{(b-a)^3}{a^3+b^3} \geq \frac{(b-c)^3}{a^3+b^3} \geq \frac{(b-c)^3}{b^3+c^3} \geq \frac{(b-c)^3}{(b+c)^3}.$$

Case 3: $b \geq a \geq c$. We need to prove that

$$\frac{(b-a)^3}{a^3+b^3} + \frac{(a-c)^3}{a^3+c^3} \geq \frac{(b-c)^3}{(b+c)^3}.$$

Using the substitution

$$x = \frac{b-a}{a+b}, \quad y = \frac{a-c}{a+c}, \quad 0 \leq x < 1, \quad 0 \leq y \leq 1,$$

we have

$$\begin{aligned} b &= \frac{1+x}{1-x}a, & c &= \frac{1-y}{1+y}a, \\ (b-a)^3 &= \frac{8x^3}{(1-x)^3}a^3, & (a-c)^3 &= \frac{8y^3}{(1+y)^3}a^3, \\ a^3+b^3 &= \frac{2(1+3x^3)}{(1-x)^3}, & a^3+c^3 &= \frac{2(1+3y^2)}{(1+y)^3}, \\ \frac{b-c}{b+c} &= \frac{x+y}{1+xy}. \end{aligned}$$

Thus, the desired inequality becomes

$$\begin{aligned} \frac{4x^3}{1+3x^2} + \frac{4y^3}{1+3y^2} &\geq \frac{(x+y)^3}{(1+xy)^3}, \\ \frac{x^2+y^2-xy+3x^2y^2}{(1+3x^2)(1+3y^2)} &\geq \frac{(x+y)^2}{4(1+xy)^3}, \\ \frac{s-p+3p^2}{1+3s+9p^2} &\geq \frac{s+2p}{4(1+p)^3}, \end{aligned}$$

where

$$s = x^2 + y^2, \quad p = xy, \quad 0 \leq p < 1, \quad 2p \leq s \leq 1 + p^2.$$

Therefore, we need to show that $f(s) \geq 0$, where

$$f(s) = 4(1+p)^3(s-p+3p^2) - (s+2p)(3s+1+9p^2).$$

Since f is a concave function, it suffices to show that $f(2p) \geq 0$ and $f(1+p^2) \geq 0$. Indeed, we have

$$\begin{aligned} f(2p) &= 4p^3(3p+1)(p+3) \geq 0, \\ f(1+p^2) &= 16p^3(p+1)^2 \geq 0. \end{aligned}$$

Thus, the proof is completed. The equality holds for $a = b = c$, for $b = 0$ and $a = c$, and for $c = 0$ and $a = b$. □

P 2.21. Let a, b, c be positive real numbers, $b \neq c$. Prove that

$$\frac{ab}{(a+b)^2} + \frac{ac}{(a+c)^2} \leq \frac{(b+c)^2}{4(b-c)^2}.$$

(Vasile Cîrtoaje, 2010)

Solution. Write the inequality in the form

$$\frac{(a-b)^2}{(a+b)^2} + \frac{(a-c)^2}{(a+c)^2} + \frac{(b+c)^2}{(b-c)^2} \geq 2.$$

Replacing a by $-a$, the inequality becomes

$$\frac{(a+b)^2}{(a-b)^2} + \frac{(a+c)^2}{(a-c)^2} + \frac{(b+c)^2}{(b-c)^2} \geq 2. \quad (*)$$

Making the substitution

$$x = \frac{a+b}{a-b}, \quad y = \frac{b+c}{b-c}, \quad z = \frac{c+a}{c-a},$$

we can write the inequality as

$$x^2 + y^2 + z^2 \geq 2.$$

From

$$x+1 = \frac{2a}{a-b}, \quad y+1 = \frac{2b}{b-c}, \quad z+1 = \frac{2c}{c-a}$$

and

$$x-1 = \frac{2b}{a-b}, \quad y-1 = \frac{2c}{b-c}, \quad z-1 = \frac{2a}{c-a},$$

we get

$$\begin{aligned} (x+1)(y+1)(z+1) &= (x-1)(y-1)(z-1), \\ xy + yz + zx + 1 &= 0. \end{aligned}$$

Therefore, we have

$$x^2 + y^2 + z^2 - 2 = x^2 + y^2 + z^2 + 2(xy + yz + zx) = (x + y + z)^2 \geq 0.$$

The inequality (*) is an equality for $x + y + z = 0$; that is,

$$(a + b + c)(ab + bc + ca) - 9abc = 0.$$

Therefore, the original inequality is an equality for

$$(b + c - a)(bc - ab - ac) + 9abc = 0.$$

□

P 2.22. Let a, b, c be nonnegative real numbers, no two of which are zero. Prove that

$$\frac{3bc + a^2}{b^2 + c^2} \geq \frac{3ab - c^2}{a^2 + b^2} + \frac{3ac - b^2}{a^2 + c^2}.$$

(Vasile Cîrtoaje, 2014)

Solution (by Nguyen Van Quy). Write the inequality as

$$\frac{a^2}{b^2 + c^2} + \frac{b^2}{a^2 + c^2} + \frac{c^2}{a^2 + b^2} + \frac{3bc}{b^2 + c^2} \geq \frac{3ab}{a^2 + b^2} + \frac{3ac}{a^2 + c^2}.$$

By the Cauchy-Schwarz inequality, we have

$$\begin{aligned} \frac{b^2}{a^2 + c^2} + \frac{c^2}{a^2 + b^2} &\geq \frac{(b^2 + c^2)^2}{b^2(a^2 + c^2) + c^2(a^2 + b^2)} = \frac{(b^2 + c^2)^2}{a^2(b^2 + c^2) + 2b^2c^2} \\ &\geq 2 - \frac{a^2(b^2 + c^2) + 2b^2c^2}{(b^2 + c^2)^2} = 2 - \frac{a^2}{b^2 + c^2} - \frac{2b^2c^2}{(b^2 + c^2)^2}, \end{aligned}$$

hence

$$\frac{a^2}{b^2 + c^2} + \frac{b^2}{a^2 + c^2} + \frac{c^2}{a^2 + b^2} \geq 2 - \frac{2b^2c^2}{(b^2 + c^2)^2}.$$

Therefore, it suffices to show that

$$2 - \frac{2b^2c^2}{(b^2 + c^2)^2} + \frac{3bc}{b^2 + c^2} \geq \frac{3ab}{a^2 + b^2} + \frac{3ac}{a^2 + c^2}.$$

This inequality is equivalent to

$$\begin{aligned} \left[\frac{1}{2} - \frac{2b^2c^2}{(b^2 + c^2)^2} \right] + \left(\frac{3}{2} - \frac{3ab}{a^2 + b^2} \right) + \left(\frac{3}{2} - \frac{3ac}{a^2 + c^2} \right) &\geq \left(\frac{3}{2} - \frac{3bc}{b^2 + c^2} \right), \\ \frac{(b^2 - c^2)^2}{3(b^2 + c^2)^2} + \frac{(a - b)^2}{a^2 + b^2} + \frac{(a - c)^2}{a^2 + c^2} &\geq \frac{(b - c)^2}{b^2 + c^2}. \end{aligned}$$

Using the inequality in P 2.19-(a), namely

$$\frac{(a - b)^2}{a^2 + b^2} + \frac{(a - c)^2}{a^2 + c^2} \geq \frac{(b - c)^2}{(b + c)^2},$$

it is enough to prove that

$$\frac{(b+c)^2}{3(b^2+c^2)^2} + \frac{1}{(b+c)^2} \geq \frac{1}{b^2+c^2},$$

which is equivalent to

$$\frac{1}{(b+c)^2} \geq \frac{2(b^2-bc+c^2)}{3(b^2+c^2)^2}.$$

We have

$$\begin{aligned} 3(b^2+c^2)^2 - 2(b+c)^2(b^2-bc+c^2) &= 3(b^2+c^2)^2 - 2(b+c)(b^3+c^3) \\ &= b^4+c^4+6b^2c^2-2bc(b^2+c^2) \\ &\geq (b^2+c^2)^2 - 2bc(b^2+c^2) \\ &= (b^2+c^2)(b-c)^2 \geq 0. \end{aligned}$$

The equality holds for $a = b = c$.

□

P 2.23. Let a, b, c be nonnegative real numbers such that $a + b + c = 3$. Prove that

$$ab^2 + bc^2 + 2ca^2 \leq 8.$$

Solution. Since the equality holds for $a = 2, b = 0, c = 1$, we apply the AM-GM inequality to get

$$\frac{ca^2}{4} = c \cdot \frac{a}{2} \cdot \frac{a}{2} \leq \frac{1}{27} \left(c + \frac{a}{2} + \frac{a}{2} \right)^3 = \frac{1}{27} (c+a)^3 \leq \frac{1}{27} (a+b+c)^3 = 1.$$

Therefore, it suffices to show that

$$ab^2 + bc^2 + ca^2 \leq 4,$$

which is the inequality in P 1.1.

□

P 2.24. Let a, b, c be nonnegative real numbers such that $a + b + c = 3$. Prove that

$$ab^2 + bc^2 + \frac{3}{2}abc \leq 4.$$

(Vasile Cîrtoaje and Vo Quoc Ba Can, 2007)

Solution. Consider two cases.

Case 1: $c \geq 2b$. We have

$$\begin{aligned} ab^2 + bc^2 + \frac{3}{2}abc &= b(a+c)^2 - ab\left(a-b+\frac{c}{2}\right) \leq b(a+c)^2 \\ &= 4b\left(\frac{a+c}{2}\right)\left(\frac{a+c}{2}\right) \leq 4\left(\frac{b+\frac{a+c}{2}+\frac{a+c}{2}}{3}\right)^3 = 4. \end{aligned}$$

Case 2: $2b > c$. Write the desired inequality as $f(a) \geq 0$, where

$$f(a) = 4\left(\frac{a+b+c}{3}\right)^3 - ab^2 - bc^2 - \frac{3}{2}abc,$$

with the derivative

$$f'(a) = 4\left(\frac{a+b+c}{3}\right)^2 - b^2 - \frac{3}{2}bc.$$

The equation $f'(a) = 0$ has the positive root

$$a_1 = \frac{3}{2}\sqrt{\frac{b(2b+3c)}{2}} - b - c = \frac{(2b-c)(5b+8c)}{6\sqrt{2b(2b+c)} + 8(b+c)}.$$

Since $f'(a) < 0$ for $0 \leq a < a_1$ and $f'(a) > 0$ for $a > a_1$, $f(a)$ is decreasing on $[0, a_1]$ and increasing on $[a_1, \infty)$; consequently, $f(a) \geq f(a_1)$. To complete the proof, it suffices to show that $f(a_1) \geq 0$. Indeed, since

$$4\left(\frac{a_1+b+c}{3}\right)^2 = b^2 + \frac{3}{2}bc,$$

we have

$$\begin{aligned} f(a_1) &= 4\left(\frac{a_1+b+c}{3}\right)^3 - a_1\left(b^2 + \frac{3}{2}bc\right) - bc^2 \\ &= \frac{a_1+b+c}{3}\left(b^2 + \frac{3}{2}bc\right) - a_1\left(b^2 + \frac{3}{2}bc\right) - bc^2 \\ &= \frac{b+c-2a_1}{3}\left(b^2 + \frac{3}{2}bc\right) - bc^2 \\ &= \left(b+c - \sqrt{\frac{2b^2+3bc}{2}}\right)\left(b^2 + \frac{3}{2}bc\right) - bc^2 \\ &= \frac{b}{4}\left[4b^2 + 10bc + 2c^2 - (2b+3c)\sqrt{2b(2b+3c)}\right] \\ &= \frac{bc(2b-c)^2(b+2c)}{2[4b^2 + 10bc + 2c^2 + (2b+3c)\sqrt{2b(2b+3c)}]} \geq 0. \end{aligned}$$

Thus, the proof is completed. The equality holds for $a = 0, b = 1, c = 2$, and for $a = 1, b = 2, c = 0$. □

P 2.25. Let a, b, c be nonnegative real numbers such that $a + b + c = 5$. Prove that

$$ab^2 + bc^2 + 2abc \leq 20.$$

(Vo Quoc Ba Can, 2011)

Solution. Write the inequality as

$$b(ab + c^2 + 2ac) \leq 20.$$

We see that the equality holds for $a = 1$ and $b = c = 2$. From $(a - b/2)^2 \geq 0$, it follows that

$$ab \leq a^2 + \frac{b^2}{4}.$$

Therefore, for $b \leq 4$, we have

$$\begin{aligned} b(ab + c^2 + 2ac) - 20 &\leq b \left(a^2 + \frac{b^2}{4} + c^2 + 2ac \right) - 20 = b \left[(a + c)^2 + \frac{b^2}{4} \right] - 20 \\ &= b \left[(5 - b)^2 + \frac{b^2}{4} \right] - 20 = \frac{5}{4}(b - 4)(b - 2)^2 \leq 0. \end{aligned}$$

Consider now that $b > 4$. Since

$$a = 5 - b - c \leq 5 - b,$$

We have

$$\begin{aligned} ab^2 + bc^2 + 2abc - 20 &= ab^2 + b(5 - a - b)^2 + 2ab(5 - a - b) - 20 \\ &= b^3 + ab^2 - 10b^2 - a^2b + 25b - 20 \\ &\leq b^3 + ab^2 - 10b^2 + 25b - 20 \\ &\leq b^3 + (5 - b)b^2 - 10b^2 + 25b - 20 \\ &= -5(b - 4)(b - 1) < 0. \end{aligned}$$

□

P 2.26. If a, b, c are nonnegative real numbers, then

$$a^3 + b^3 + c^3 - a^2b - b^2c - c^2a \geq \frac{8}{9}(a - b)(b - c)^2.$$

Solution. Since

$$3(a^3 + b^3 + c^3 - a^2b - b^2c - c^2a) = \sum (2a^3 - 3a^2b + b^3) = \sum (2a + b)(a - b)^2,$$

we can write the inequality as

$$(2a + b)(a - b)^2 + (2b + c)(b - c)^2 + (2c + a)(c - a)^2 \geq \frac{8}{3}(a - b)(b - c)^2.$$

If $a \leq b$, then

$$(2a + b)(a - b)^2 + (2b + c)(b - c)^2 + (2c + a)(c - a)^2 \geq 0 \geq \frac{8}{3}(a - b)(b - c)^2.$$

If $a \geq b$, then there are two cases to consider: $b \geq c$ and $b \leq c$.

Case 1: $a \geq b \geq c$. It suffices to show that

$$(2c + a)(a - c)^2 \geq \frac{8}{3}(a - b)(b - c)^2.$$

By the AM-GM inequality, we have

$$\begin{aligned} (a - b)(b - c)^2 &= 4(a - b) \left(\frac{b - c}{2} \right) \left(\frac{b - c}{2} \right) \\ &\leq 4 \left[\frac{(a - b) + (b - c)/2 + (b - c)/2}{3} \right]^3 \\ &= \frac{4}{27}(a - c)^3. \end{aligned}$$

Therefore, it suffices to show that

$$(2c + a)(a - c)^2 \geq \frac{32}{81}(a - c)^3,$$

which is obvious.

Case 2: $a \geq b$, $c \geq b$. Making the substitution

$$a = b + p, \quad c = b + q, \quad p, q \geq 0,$$

the inequality becomes

$$\begin{aligned} (3b + 2p)p^2 + (3b + q)q^2 + (3b + p + 2q)(p - q)^2 &\geq \frac{8}{3}pq^2, \\ 3[p^2 + q^2 + (p - q)^2]b + 2p^3 + q^3 + (p + 2q)(p - q)^2 &\geq \frac{8}{3}pq^2. \end{aligned}$$

It suffices to show that

$$2p^3 + q^3 + (p + 2q)(p - q)^2 \geq \frac{8}{3}pq^2,$$

which is equivalent to

$$2p^3 + 2q^3 \geq \frac{34}{9}pq^2.$$

By the AM-GM inequality, we have

$$2p^3 + 2q^3 = 2p^3 + q^3 + q^3 \geq 3\sqrt[3]{2p^3q^6} \geq \frac{34}{9}pq^2,$$

because

$$3\sqrt[3]{2} > \frac{34}{9}.$$

The equality holds for $a = b = c$.

□

P 2.27. If a, b, c are positive real numbers, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{(a-c)^2}{ab+bc+ca}.$$

(Vasile Cîrtoaje and Vo Quoc Ba Can, 2008)

First Solution. By expanding, the inequality can be written as

$$b^2 + \frac{bc^2}{a} + \frac{ca^2}{b} + \frac{ab^2}{c} \geq 2ab + 2bc.$$

We can get this inequality by summing the AM-GM inequalities

$$ab + \frac{bc^2}{a} \geq 2bc,$$

$$b^2 + \frac{ca^2}{b} + \frac{ab^2}{c} \geq 3ab.$$

The equality holds for $a = b = c$.

Second Solution. From

$$\begin{aligned} (a+b+c) \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 \right) &= \sum \frac{a^2}{b} + \sum \frac{bc}{a} - 2 \sum a \\ &= \sum \left(\frac{a^2}{b} - 2a + b \right) + \sum \left(\frac{bc}{a} - b \right) \\ &= \sum \left(\frac{a^2}{b} - 2a + b \right) + \frac{1}{2} \sum \left(\frac{ab}{c} + \frac{ac}{b} - 2a \right) \\ &= \sum \frac{(a-b)^2}{b} + \frac{1}{2} \sum \frac{a(b-c)^2}{bc}, \end{aligned}$$

we get

$$(a + b + c) \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 \right) \geq \frac{(a - b)^2}{b} + \frac{(b - c)^2}{c} + \frac{(c - a)^2}{a}.$$

By the Cauchy-Schwarz inequality, we have

$$\frac{(a - b)^2}{b} + \frac{(b - c)^2}{c} \geq \frac{(a - c)^2}{b + c}.$$

Therefore,

$$(a + b + c) \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 \right) \geq \frac{(a - c)^2}{b + c} + \frac{(c - a)^2}{a},$$

which is equivalent to

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 \geq \frac{(a - c)^2}{a(b + c)}.$$

From this result, the desired inequality follows immediately. □

P 2.28. *If a, b, c are positive real numbers, then*

$$(a) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{4(a - c)^2}{(a + b + c)^2};$$

$$(b) \quad \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{5(a - c)^2}{(a + b + c)^2}.$$

(Vo Quoc Ba Can and Vasile Cîrtoaje, 2009)

Solution. As we have shown at the second solution of the previous problem P 2.27:

$$(a + b + c) \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 \right) = \sum \frac{(a - b)^2}{b} + \frac{1}{2} \sum \frac{a(b - c)^2}{bc},$$

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 \geq \frac{(a - c)^2}{a(b + c)}.$$

(a) According to the upper inequality, it suffices to show that

$$\frac{1}{a(b + c)} \geq \frac{4}{(a + b + c)^2}.$$

Indeed,

$$\frac{1}{a(b + c)} - \frac{4}{(a + b + c)^2} = \frac{(a - b - c)^2}{a(b + c)(a + b + c)^2} \geq 0.$$

The equality holds for $a = b = c$.

(b) According to the upper identity, write the inequality as

$$\begin{aligned} (a+b+c) \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 \right) &\geq \frac{5(a-c)^2}{a+b+c}, \\ \sum \frac{(a-b)^2}{b} + \frac{1}{2} \sum \frac{a(b-c)^2}{bc} &\geq \frac{5(a-c)^2}{a+b+c}, \\ \frac{(a-b)^2}{b} + \frac{(b-c)^2}{c} + \frac{c(a-b)^2}{2ab} + \frac{a(b-c)^2}{2bc} &\geq \left(\frac{5}{a+b+c} - \frac{1}{a} - \frac{b}{2ac} \right) (a-c)^2. \end{aligned}$$

By the Cauchy-Schwarz inequality, we have

$$\begin{aligned} \frac{(a-b)^2}{b} + \frac{(b-c)^2}{c} &\geq \frac{[(a-b) + (b-c)]^2}{b+c}, \\ \frac{c(a-b)^2}{2ab} + \frac{a(b-c)^2}{2bc} &\geq \frac{[(a-b) + (b-c)]^2}{\frac{2ab}{c} + \frac{2bc}{a}} = \frac{ac(a-c)^2}{2b(a^2+c^2)}. \end{aligned}$$

Thus, we only need to show that

$$\frac{1}{b+c} + \frac{ac}{2b(a^2+c^2)} \geq \frac{5}{a+b+c} - \frac{1}{a} - \frac{b}{2ac},$$

which is equivalent to

$$\left(\frac{1}{a} + \frac{1}{b+c} \right) + \frac{ac}{2b(a^2+c^2)} + \frac{b}{2ac} \geq \frac{5}{a+b+c}.$$

This inequality is true because, by the AM-HM inequality and the AM-GM inequality, we have

$$\frac{1}{a} + \frac{1}{b+c} \geq \frac{4}{a+(b+c)}$$

and

$$\frac{ac}{2b(a^2+c^2)} + \frac{b}{2ac} \geq \frac{1}{\sqrt{a^2+c^2}} > \frac{1}{a+c} > \frac{1}{a+b+c}.$$

The equality holds for $a = b = c$.

□

P 2.29. If $a \geq b \geq c > 0$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{3(b-c)^2}{ab+bc+ca}.$$

First Solution. Since

$$\frac{a}{b} + \frac{c}{a} - 1 - \frac{c}{b} = \frac{(a-b)(a-c)}{ab} \geq 0,$$

it suffices to show that

$$\frac{b}{c} + \frac{c}{b} - 2 \geq \frac{3(b-c)^2}{ab+bc+ca}.$$

Indeed, we have

$$\frac{b}{c} + \frac{c}{b} - 2 - \frac{3(b-c)^2}{ab+bc+ca} = \frac{(b-c)^2(ab+ac-2bc)}{bc(ab+bc+ca)}.$$

The equality holds for $a = b = c$.

Second Solution. Since

$$ab+bc+ca \geq 3bc,$$

it suffices to show that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{(b-c)^2}{bc},$$

which is equivalent to

$$\begin{aligned} \frac{a}{b} + \frac{c}{a} &\geq 1 + \frac{c}{b}, \\ \frac{(a-b)(a-c)}{ab} &\geq 0. \end{aligned}$$

□

P 2.30. Let a, b, c be positive real numbers such that $abc = 1$. Prove that

(a) if $a \geq b \geq 1 \geq c$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{2(a-b)^2}{ab};$$

(b) if $a \geq 1 \geq b \geq c$, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{2(b-c)^2}{bc}.$$

(Vasile Cîrtoaje, 2010)

Solution. (a) Write the inequality as

$$f(c) \geq \frac{a}{b} + 2\frac{b}{a} - 1,$$

where

$$f(c) = \frac{b}{c} + \frac{c}{a}.$$

From

$$b^3 \geq 1 = abc,$$

we find

$$b^2 \geq ac.$$

We will show that

$$f(c) \geq f\left(\frac{b^2}{a}\right) \geq \frac{a}{b} + 2\frac{b}{a} - 1.$$

The left inequality is equivalent to

$$\begin{aligned} \frac{b}{c} + \frac{c}{a} &\geq \frac{a}{b} + \frac{b^2}{a^2}, \\ \frac{b^2 - ac}{bc} &\geq \frac{b^2 - ac}{a^2} \geq 0, \\ (a^2 - bc)(b^2 - ac) &\geq 0. \end{aligned}$$

The right inequality reduces to

$$\left(\frac{b}{a} - 1\right)^2 \geq 0.$$

The equality holds for $a = b = c = 1$.

(b) Write the inequality as

$$f(a) \geq \frac{b}{c} + 2\frac{c}{b} - 1,$$

where

$$f(a) = \frac{a}{b} + \frac{c}{a}.$$

From

$$b^3 \leq 1 = abc,$$

we find

$$b^2 \leq ac.$$

We will show that

$$f(a) \geq f\left(\frac{b^2}{c}\right) \geq \frac{b}{c} + 2\frac{c}{b} - 1$$

The left inequality is equivalent to

$$\frac{a}{b} + \frac{c}{a} \geq \frac{b}{c} + \frac{c^2}{b^2},$$

$$\begin{aligned}\frac{ac - b^2}{bc} &\geq \frac{c(ac - b^2)}{ab^2} \geq 0, \\ (ab - c^2)(ac - b^2) &\geq 0.\end{aligned}$$

The right inequality reduces to

$$\left(\frac{c}{b} - 1\right)^2 \geq 0.$$

The equality holds for $a = b = c = 1$.

□

P 2.31. Let a, b, c be positive real numbers such that

$$a \geq 1 \geq b \geq c, \quad abc = 1.$$

prove that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{9(b-c)^2}{ab+bc+ca}.$$

(Vasile Cîrtoaje, 2010)

Solution. From $b^3 \leq 1 = abc$, we find $b^2 \leq ac$. We will show that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{2b}{c} + \frac{c^2}{b^2} \geq 3 + \frac{9(b-c)^2}{ab+bc+ca}.$$

The left inequality is equivalent to

$$\begin{aligned}\frac{a}{b} + \frac{c}{a} &\geq \frac{b}{c} + \frac{c^2}{b^2}, \\ \frac{a}{b} - \frac{b}{c} + \left(\frac{c}{a} - \frac{c^2}{b^2}\right) &\geq 0, \\ \frac{ac - b^2}{bc} + \frac{c(b^2 - ac)}{ab^2} &\geq 0, \\ \frac{(ac - b^2)(ab - c^2)}{ab^2c} &\geq 0.\end{aligned}$$

The right inequality is equivalent to

$$\begin{aligned}\frac{2b}{c} + \frac{c^2}{b^2} - 3 &\geq \frac{9(b-c)^2}{ab+bc+ca}, \\ \frac{(b-c)^2(2b+c)}{b^2c} &\geq \frac{9(b-c)^2}{ab+bc+ca}.\end{aligned}$$

We need to show that

$$\frac{(2b+c)}{b^2c} \geq \frac{9}{a(b+c)+bc}.$$

This is true if

$$\frac{(2b+c)}{b^2c} \geq \frac{9}{b(b+c)+bc},$$

which is equivalent to

$$\frac{2(b-c)^2}{b^2c(b+2c)} \geq 0.$$

The equality holds for $a = b = c = 1$.

□

P 2.32. Let a, b, c be positive real numbers such that

$$a \geq 1 \geq b \geq c, \quad a + b + c = 3.$$

prove that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{4(b-c)^2}{b^2+c^2}.$$

(Vasile Cîrtoaje, 2010)

Solution. From

$$3b \leq 3 = a + b + c,$$

we find

$$2b \leq a + c, \quad a \geq 2b - c.$$

We will show that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{2b-c}{b} + \frac{b}{c} + \frac{c}{2b-c} \geq 3 + \frac{4(b-c)^2}{b^2+c^2}.$$

The left inequality is equivalent to

$$\begin{aligned} \frac{a}{b} + \frac{c}{a} &\geq \frac{2b-c}{b} + \frac{c}{2b-c}, \\ \frac{a+c-2b}{b} - \frac{c(a+c-2b)}{a(2b-c)} &\geq 0, \\ \frac{(a+c-2b)[a(b-c)+b(a-c)]}{ab(2b-c)} &\geq 0. \end{aligned}$$

The right inequality is equivalent to

$$\frac{(b-c)^2(2b+c)}{bc(2b-c)} \geq \frac{4(b-c)^2}{b^2+c^2}.$$

We need to show that

$$\frac{(2b+c)}{bc(2b-c)} \geq \frac{4}{b^2+c^2},$$

which is equivalent to

$$\begin{aligned} 2b^3 - 7b^2c + 6bc^2 + c^3 &\geq 0, \\ 2b(b - 2c)^2 + (b - c)^2c &\geq 0. \end{aligned}$$

The equality holds for $a = b = c = 1$.

□

P 2.33. Let a, b, c be positive real numbers such that

$$a \geq b \geq 1 \geq c, \quad a + b + c = 3.$$

Prove that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{3(a-b)^2}{ab}.$$

(Vasile Cîrtoaje, 2008)

Solution. From

$$3b \geq 3 = a + b + c,$$

we get

$$2b \geq a + c, \quad c \leq 2b - a.$$

We will show that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{a}{b} + \frac{b}{2b-a} + \frac{2b-a}{a} \geq 3 + \frac{3(a-b)^2}{ab}.$$

The left inequality is equivalent to

$$\begin{aligned} \frac{b}{c} + \frac{c}{a} &\geq \frac{b}{2b-a} + \frac{2b-a}{a}, \\ (2b-a-c)[b(a-c) + c(a-b)] &\geq 0. \end{aligned}$$

The right inequality is equivalent to

$$\begin{aligned} \frac{a}{b} + \frac{b}{2b-a} + \frac{2b-a}{a} - 3 &\geq \frac{3(a-b)^2}{ab}, \\ \frac{(a-b)^2(4b-a)}{ab(2b-a)} &\geq \frac{3(a-b)^2}{ab}, \\ \frac{2(a-b)^3}{ab(2b-a)} &\geq 0. \end{aligned}$$

The equality holds for $a = b = c = 1$.

□

P 2.34. If a, b, c are positive real numbers, then

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 + \frac{2(a-c)^2}{(a+c)^2}.$$

Solution. Since

$$\frac{a}{b} + \frac{b}{c} \geq 2\sqrt{\frac{a}{c}},$$

it suffices to show that

$$\frac{c}{a} + 2\sqrt{\frac{a}{c}} \geq 3 + \frac{2(a-c)^2}{(a+c)^2}.$$

Using the substitution $x = \sqrt{\frac{a}{c}}$, this inequality becomes as follows:

$$\begin{aligned} \frac{1}{x^2} + 2x &\geq 3 + \frac{2(x^2-1)^2}{(x^2+1)^2}, \\ \frac{(x-1)^2(2x+1)}{x^2} &\geq \frac{2(x^2-1)^2}{(x^2+1)^2}. \end{aligned}$$

We need to show that

$$\frac{2x+1}{x^2} \geq \frac{2(x+1)^2}{(x^2+1)^2},$$

which is equivalent to

$$2x^5 - 3x^4 + 2x + 1 \geq 0.$$

For $0 < x \leq 1$, we have

$$2x^5 - 3x^4 + 2x + 1 > -3x^4 + 2x + 1 \geq -3x + 2x + 1 \geq 0.$$

Also, for $x \geq 1$, we have

$$2x^5 - 3x^4 + 2x + 1 > 2x^5 - 3x^4 + 2x - 1 = (x-1)^2(2x^3 + x^2 - 1) \geq 0.$$

The equality holds for $a = b = c$.

□

P 2.35. If a, b, c are positive real numbers, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq a + b + c + \frac{4(a-c)^2}{a+b+c}.$$

(Balkan MO, 2005, 2008)

Solution. Write the inequality as follows:

$$\left(\frac{a^2}{b} + b - 2a\right) + \left(\frac{b^2}{c} + c - 2b\right) + \left(\frac{c^2}{a} + a - 2c\right) \geq \frac{4(a-c)^2}{a+b+c},$$

$$\frac{(a-b)^2}{b} + \frac{(b-c)^2}{c} + \frac{(a-c)^2}{a} \geq \frac{4(a-c)^2}{a+b+c}.$$

By the Cauchy-Schwarz inequality, we have

$$\frac{(a-b)^2}{b} + \frac{(b-c)^2}{c} + \frac{(a-c)^2}{a} \geq \frac{[(a-b) + (b-c) + (a-c)]^2}{b+c+a} = \frac{4(a-c)^2}{a+b+c}.$$

The equality holds for $a = b = c$, and also for $a = b + c$ and $\frac{b}{c} = \frac{1 + \sqrt{5}}{2}$.

□

P 2.36. If $a \geq b \geq c > 0$, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq a + b + c + \frac{6(b-c)^2}{a+b+c}.$$

(Vasile Cîrtoaje, 2014)

Solution. Write the inequality as follows:

$$\left(\frac{a^2}{b} + b - 2a\right) + \left(\frac{b^2}{c} + c - 2b\right) + \left(\frac{c^2}{a} + a - 2c\right) \geq \frac{6(b-c)^2}{a+b+c},$$

$$\frac{(a-b)^2}{b} + \frac{(b-c)^2}{c} + \frac{(a-c)^2}{a} \geq \frac{6(b-c)^2}{a+b+c},$$

$$\frac{(a-b)^2}{b} + \frac{(a-c)^2}{a} + \frac{(a+b-5c)(b-c)^2}{c(a+b+c)} \geq 0.$$

Since

$$(a-c)^2 = [(a-b) + (b-c)]^2 = (a-b)^2 + 2(a-b)(b-c) + (b-c)^2,$$

we have

$$\frac{(a-b)^2}{b} + \frac{(a-c)^2}{a} \geq \frac{(a-c)^2}{a} \geq \frac{2(a-b)(b-c) + (b-c)^2}{a}.$$

Therefore, it suffices to show that

$$\frac{2(a-b)(b-c) + (b-c)^2}{a} + \frac{(a+b-5c)(b-c)^2}{c(a+b+c)} \geq 0,$$

which can be written as

$$\frac{2(a-b)(b-c)}{a} + \frac{(a-c)^2 + ab + bc - 2ca}{ac(a+b+c)}(b-c)^2 \geq 0.$$

Since

$$(a - c)^2 + ab + bc - 2ca = (a - c)^2 + a(b - c) - c(a - b) \geq -c(a - b),$$

it is enough to prove that

$$\frac{2(a - b)(b - c)}{a} - \frac{a - b}{a(a + b + c)}(b - c)^2 \geq 0.$$

Indeed,

$$\frac{2(a - b)(b - c)}{a} - \frac{a - b}{a(a + b + c)}(b - c)^2 = \frac{(a - b)(b - c)}{a} \left(2 - \frac{b - c}{a + b + c} \right) \geq 0.$$

The equality holds for $a = b = c$.

□

P 2.37. If $a \geq b \geq c > 0$, then

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} > 5(a - b).$$

(Vasile Cîrtoaje, 2014)

Solution. Consider two cases: $a \leq 2b$ and $a \geq 2b$.

Case 1: $a \leq 2b$. It suffices to show that

$$\frac{a^2}{b} + \frac{b^2}{b} \geq 5(a - b),$$

which is equivalent to the obvious inequality

$$(2b - a)(3b - a) \geq 0.$$

Case 2: $a \geq 2b$. Since

$$\begin{aligned} \frac{b^2}{c} + \frac{c^2}{a} - b - \frac{b^2}{a} &= (b - c) \left(\frac{b}{c} - \frac{b + c}{a} \right) \\ &\geq (b - c) \left(\frac{b}{c} - \frac{b + c}{2b} \right) = \frac{(b - c)^2(2b + c)}{2bc} \geq 0, \end{aligned}$$

it suffices to show that

$$\frac{a^2}{b} + b + \frac{b^2}{a} \geq 5(a - b),$$

which is equivalent to

$$x(x - 2)(3 - x) < 1,$$

where $x = a/b \geq 2$. For the non-trivial case $2 \leq x \leq 3$, we have

$$x(x - 2)(3 - x) \geq x \left[\frac{(x - 2) + (3 - x)}{2} \right]^2 = \frac{x}{4} < 1.$$

□

P 2.38. Let a, b, c be positive real numbers such that

$$a \geq b \geq 1 \geq c, \quad a + b + c = 3.$$

Prove that

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq 3 + \frac{11(a-c)^2}{4(a+c)}.$$

(Vasile Cîrtoaje, 2010)

Solution. We have

$$a + b + c = 3 \leq b, \quad 2b \geq a + c.$$

Thus, we need to prove the homogeneous inequality

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq a + b + c + \frac{11(a-c)^2}{4(a+c)}$$

for

$$a \geq b \geq \frac{a+c}{2}.$$

Denote

$$f(a, b, c) = \frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} - a - b - c.$$

We will show that

$$f(a, b, c) \geq f\left(a, \frac{a+c}{2}, c\right) \geq \frac{11(a-c)^2}{4(a+c)}.$$

Write the left inequality as follows:

$$\left(\frac{a^2}{b} - \frac{2a^2}{a+c}\right) + \left[\frac{b^2}{c} - \frac{(a+c)^2}{4c}\right] - \left(b - \frac{a+c}{2}\right) \geq 0,$$

$$(2b - a - c) \left[-\frac{a^2}{b(a+c)} + \frac{2b+a+c}{4c} - \frac{1}{2}\right] \geq 0.$$

Since $2b - a - c \geq 0$, we only need to show that

$$\frac{2b+a+c}{4c} \geq \frac{a^2}{b(a+c)} + \frac{1}{2}.$$

It suffices to prove this inequality for $b = \frac{a+c}{2}$. Making this, the inequality becomes

$$\frac{a(a-c)^2}{2c(a+c)^2} \geq 0.$$

To prove the right inequality, we find

$$f\left(a, \frac{a+c}{2}, c\right) = \frac{(a-c)^2(a^2 + 7ac + 4c^2)}{4ac(a+c)},$$

hence

$$f\left(a, \frac{a+c}{2}, c\right) - \frac{11(a-c)^2}{4(a+c)} = \frac{(a-c)^2(a-2c)^2}{4ac(a+c)} \geq 0.$$

The equality holds for $a = b = c = 1$, and also for $\frac{a}{4} = \frac{b}{3} = \frac{c}{2}$ (that is, for $a = \frac{4}{3}$, $b = 1$, $c = \frac{2}{3}$).

□

P 2.39. If a, b, c are positive real numbers, then

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{27(b-c)^2}{16(a+b+c)^2}.$$

(Vasile Cîrtoaje, 2014)

Solution. Write the inequality as follows:

$$\begin{aligned} \sum \left(\frac{a}{b+c} + 1 \right) &\geq \frac{9}{2} + \frac{27(b-c)^2}{16(a+b+c)^2}, \\ \left[\sum (b+c) \right] \left(\sum \frac{1}{b+c} \right) &\geq 9 + \frac{27(b-c)^2}{2[\sum (b+c)]^2}. \end{aligned}$$

Replacing $b+c$, $c+a$, $a+b$ by a , b , c , respectively, we need to show that

$$(a+b+c) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \geq 9 + \frac{27(b-c)^2}{2(a+b+c)^2},$$

where a, b, c are the side-lengths of a non-degenerate triangle. Write this inequality in the form

$$\frac{a+b+c}{a} + (a+b+c) \left(\frac{1}{b} + \frac{1}{c} \right) + \frac{54bc}{(a+b+c)^2} \geq 9 + \frac{27(b+c)^2}{2(a+b+c)^2}.$$

Applying the AM-GM inequality gives

$$(a+b+c) \left(\frac{1}{b} + \frac{1}{c} \right) + \frac{54bc}{(a+b+c)^2} \geq 6\sqrt{\frac{6(b+c)}{a+b+c}}.$$

Therefore, it suffices to show that

$$\frac{a+b+c}{a} + 6\sqrt{\frac{6(b+c)}{a+b+c}} \geq 9 + \frac{27(b+c)^2}{2(a+b+c)^2},$$

which can be rewritten as

$$\frac{1}{1 - \frac{b+c}{a+b+c}} + 6\sqrt{\frac{6(b+c)}{a+b+c}} \geq 9 + \frac{27(b+c)^2}{2(a+b+c)^2}.$$

Using the substitution

$$\frac{b+c}{a+b+c} = \frac{2}{3}t^2, \quad t^2 > \frac{3}{4},$$

this inequality becomes

$$\begin{aligned} \frac{1}{3-2t^2} + 4t &\geq 3 + 2t^4, \\ 2t^6 - 3t^4 - 4t^3 + 3t^2 + 6t - 4 &\geq 0, \\ (t-1)^2(2t^4 + 4t^3 + 3t^2 - 2t - 4) &\geq 0, \\ (t-1)^2[(4t^2-3)(t^2+2t+2) + t^2+2t-2] &\geq 0. \end{aligned}$$

Clearly, the last inequality is true for $t^2 > 3/4$. The original inequality is an equality for $a = b = c$.

□

P 2.40. Let a, b, c be positive real numbers such that $a = \min\{a, b, c\}$. Prove that

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{9(b-c)^2}{4(a+b+c)^2}.$$

(Vasile Cîrtoaje, 2014)

Solution. Write the inequality as

$$\begin{aligned} \sum \left(\frac{a}{b+c} + 1 \right) &\geq \frac{9}{2} + \frac{9(b-c)^2}{4(a+b+c)^2}, \\ \left[\sum (b+c) \right] \left(\sum \frac{1}{b+c} \right) &\geq 9 + \frac{18(b-c)^2}{[(b+c) + (c+a) + (a+b)]^2}. \end{aligned}$$

Replacing $b+c$, $c+a$, $a+b$ by a , b , c , respectively, we need to show that

$$(a+b+c) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \geq 9 + \frac{18(b-c)^2}{(a+b+c)^2},$$

where a, b, c are the side-lengths of a non-degenerate triangle, $a = \max\{a, b, c\}$. Since

$$(a+b+c)^2 \geq \frac{9}{4}(b+c)^2 \geq 9bc,$$

it suffices to show that

$$(a+b+c) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \geq 9 + \frac{2(b-c)^2}{bc}.$$

Write the inequality as follows:

$$\frac{(a-b)^2}{ab} + \frac{(a-c)^2}{ac} + \frac{(b-c)^2}{bc} \geq \frac{2(b-c)^2}{bc},$$

$$\begin{aligned}
c(a-b)^2 + b(a-c)^2 &\geq a(b-c)^2, \\
(b+c)a^2 - (b+c)^2a + bc(b+c) &\geq 0, \\
(b+c)(a-b)(a-c) &\geq 0.
\end{aligned}$$

Clearly, the last inequality is true. The original inequality is an equality for $a = b = c$.

□

P 2.41. Let a, b, c be nonnegative real numbers, no two of which are zero. Prove that

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{(b-c)^2}{2(b+c)^2}.$$

(Vasile Cîrtoaje, 2014)

First Solution. Write the inequality as follows:

$$\begin{aligned}
\frac{2bc}{(b+c)^2} + \frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} &\geq 2, \\
\frac{a(b+c) + 2bc}{(b+c)^2} + \frac{b}{c+a} + \frac{c}{a+b} &\geq 2,
\end{aligned}$$

By the Cauchy-Schwarz inequality, we have

$$\frac{b}{c+a} + \frac{c}{a+b} \geq \frac{(b+c)^2}{b(c+a) + c(a+b)} = \frac{(b+c)^2}{a(b+c) + 2bc}.$$

Therefore, it suffices to prove that

$$\frac{a(b+c) + 2bc}{(b+c)^2} + \frac{(b+c)^2}{a(b+c) + 2bc} \geq 2,$$

which is obvious. The original inequality is an equality for $a = b = c$, for $a = b$ and $c = 0$, and for $a = c$ and $b = 0$.

Second Solution. Write the inequality as follows:

$$\begin{aligned}
\sum \left(\frac{a}{b+c} + 1 \right) &\geq \frac{9}{2} + \frac{(b-c)^2}{2(b+c)^2}, \\
\left[\sum (b+c) \right] \left(\sum \frac{1}{b+c} \right) &\geq 9 + \frac{(b-c)^2}{(b+c)^2}.
\end{aligned}$$

Replacing $b+c$, $c+a$, $a+b$ by a , b , c , respectively, we need to show that

$$(a+b+c) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \geq 9 + \frac{(b-c)^2}{a^2},$$

where a, b, c are the lengths of the sides of a triangle. Write this inequality as

$$\frac{(a-b)^2}{ab} + \frac{(a-c)^2}{ac} + \frac{(b-c)^2}{bc} \geq \frac{(b-c)^2}{a^2},$$

$$a[c(a-b)^2 + b(a-c)^2] \geq (bc-a^2)(b-c)^2.$$

Without loss of generality, assume that $b \geq c$. Since $a \geq b-c$, it suffices to show that

$$c(a-b)^2 + b(a-c)^2 \geq (bc-a^2)(b-c).$$

Indeed, we have

$$c(a-b)^2 + b(a-c)^2 - (bc-a^2)(b-c) = 2b(a-c)^2 \geq 0.$$

□

P 2.42. Let a, b, c be positive real numbers such that $a = \min\{a, b, c\}$. Prove that

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{(b-c)^2}{4bc}.$$

(Vasile Cîrtoaje, 2014)

First Solution (by Nguyen Van Quy). Notice that for $a = \min\{a, b, c\}$, we have

$$4bc = (2b)(2c) \geq (a+b)(a+c) \geq 2a(b+c),$$

hence

$$\frac{a}{b+c} \geq \frac{2a^2}{(a+b)(a+c)}, \quad \frac{(b-c)^2}{4bc} \leq \frac{(b-c)^2}{(a+b)(a+c)}.$$

So, it suffices to show that

$$\frac{2a^2}{(a+b)(a+c)} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{(b-c)^2}{(a+b)(a+c)},$$

which is equivalent to the obvious inequality

$$(a-b)(a-c) \geq 0.$$

The proof is completed. The original inequality is an equality for $a = b = c$.

Second Solution. Let

$$E(a, b, c) = \frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b}.$$

Without loss of generality, assume that $b \leq c$, hence $a \leq b \leq c$. We will show that

$$E(a, b, c) \geq E(b, b, c) \geq \frac{3}{2} + \frac{(b-c)^2}{4bc}.$$

We have

$$\begin{aligned}
 E(a, b, c) - E(b, b, c) &= \frac{a-b}{b+c} + \frac{b(b-a)}{(a+c)(b+c)} + \frac{c(b-a)}{2b(a+b)} \\
 &= (b-a) \left[\frac{(b-a)-c}{(a+c)(b+c)} + \frac{c}{2b(a+b)} \right] \\
 &= \frac{(b-a)[2b(b^2-a^2) + c(c-b)(a+2b+c)]}{2b(a+b)(a+c)(b+c)} \geq 0
 \end{aligned}$$

and

$$\begin{aligned}
 E(b, b, c) - \frac{3}{2} - \frac{(b-c)^2}{4bc} &= \left(\frac{2b}{b+c} + \frac{c}{2b} - \frac{3}{2} \right) - \frac{(b-c)^2}{4bc} \\
 &= \frac{(b-c)^2}{2b(b+c)} - \frac{(b-c)^2}{4bc} \\
 &= \frac{(c-b)^3}{4bc(b+c)} \geq 0.
 \end{aligned}$$

□

P 2.43. Let a, b, c be positive real numbers such that

$$a \leq 1 \leq b \leq c, \quad a + b + c = 3,$$

then

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{3(b-c)^2}{4bc}.$$

(Vasile Cîrtoaje, 2014)

Solution. From

$$3b \geq 3 = a + b + c,$$

we get

$$a \leq 2b - c, \quad 2b > c.$$

Let

$$E(a, b, c) = \frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b}.$$

We will show that

$$E(a, b, c) \geq E(2b-c, b, c) \geq \frac{3}{2} + \frac{3(b-c)^2}{4bc}.$$

We have

$$E(a, b, c) - E(2b-c, b, c) = (2b-a-c)F,$$

where

$$F = \frac{-1}{b+c} + \frac{1}{2(c+a)} + \frac{c}{(a+b)(3b-c)}.$$

Since $2b - a - c \geq 0$, we need to show that $F \geq 0$. This is true because

$$\begin{aligned} F &= \frac{1}{2} \left(-\frac{1}{b+c} + \frac{1}{c+a} \right) - \frac{1}{2(b+c)} + \frac{c}{(a+b)(3b-c)} \\ &\geq -\frac{1}{2(b+c)} + \frac{c}{(a+b)(3b-c)} \geq -\frac{1}{2(a+b)} + \frac{c}{(a+b)(3b-c)} \\ &= \frac{3(c-b)}{2(a+b)(3b-c)} \geq 0. \end{aligned}$$

In what concerns the right inequality, we have

$$\begin{aligned} E(2b-c, b, c) - \frac{3}{2} - \frac{3(b-c)^2}{4bc} &= 3(b-c)^2 \left[\frac{1}{(b+c)(3b-c)} - \frac{1}{4bc} \right] \\ &= \frac{-3(b-c)^3(3b+c)}{4bc(b+c)(3b-c)} \geq 0. \end{aligned}$$

The proof is completed. The original inequality is an equality for $a = b = c = 1$. □

P 2.44. Let a, b, c be nonnegative real numbers such that

$$a \geq 1 \geq b \geq c, \quad a + b + c = 3,$$

then

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{(b-c)^2}{(b+c)^2}.$$

(Vasile Cîrtoaje, 2014)

Solution. From

$$3b \leq 3 = a + b + c,$$

we get

$$a \geq 2b - c.$$

Let

$$E(a, b, c) = \frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b}.$$

We will show that

$$E(a, b, c) \geq E(2b-c, b, c) \geq \frac{3}{2} + \frac{(b-c)^2}{(b+c)^2}.$$

We have

$$E(a, b, c) - E(2b-c, b, c) = (a - 2b + c)F,$$

where

$$F = \frac{1}{b+c} - \frac{1}{2(c+a)} - \frac{c}{(a+b)(3b-c)}.$$

Since $a - 2b + c \geq 0$, we need to show that $F \geq 0$. This is true because

$$\begin{aligned} F &= \frac{1}{2} \left(\frac{1}{b+c} - \frac{1}{c+a} \right) + \frac{1}{2(b+c)} - \frac{c}{(a+b)(3b-c)} \\ &\geq \frac{1}{2(b+c)} - \frac{c}{(a+b)(3b-c)} \geq \frac{1}{2(a+b)} - \frac{c}{(a+b)(3b-c)} \\ &= \frac{3(b-c)}{2(a+b)(3b-c)} \geq 0. \end{aligned}$$

The right inequality is also true because

$$\begin{aligned} E(2b-c, b, c) - \frac{3}{2} - \frac{(b-c)^2}{(b+c)^2} &= \frac{(b-c)^2}{b+c} \left[\frac{3}{3b-c} - \frac{1}{b+c} \right] \\ &= \frac{4c(b-c)^2}{(b+c)^2(3b-c)} \geq 0. \end{aligned}$$

The proof is completed. The original inequality is an equality for $a = b = c = 1$, and also for $a = 2, b = 1, c = 0$.

□

P 2.45. Let a, b, c be positive real numbers such that $a = \min\{a, b, c\}$. Prove that

$$\begin{aligned} (a) \quad & \frac{ab+bc+ca}{a^2+b^2+c^2} + \frac{2(b-c)^2}{3(b^2+c^2)} \leq 1; \\ (b) \quad & \frac{ab+bc+ca}{a^2+b^2+c^2} + \frac{(b-c)^2}{b^2+bc+c^2} \leq 1; \\ (c) \quad & \frac{ab+bc+ca}{a^2+b^2+c^2} + \frac{(a-b)^2}{2(a^2+b^2)} \leq 1. \end{aligned}$$

(Vasile Cîrtoaje, 2014)

Solution. (a) *First Solution.* Since

$$3(b^2+c^2) \geq 2(a^2+b^2+c^2),$$

it suffices to show that

$$\frac{ab+bc+ca}{a^2+b^2+c^2} + \frac{(b-c)^2}{a^2+b^2+c^2} \leq 1.$$

This inequality is equivalent to

$$(a-b)(a-c) \geq 0,$$

which is clearly true. The equality holds for $a = b = c$.

Second Solution. Write the inequality as follows:

$$\frac{4(b-c)^2}{3(b^2+c^2)} \leq \frac{(b-c)^2 + (a-b)^2 + (a-c)^2}{a^2+b^2+c^2},$$

$$\begin{aligned}
3(b^2 + c^2)[(a - b)^2 + (a - c)^2] &\geq (b - c)^2(4a^2 + b^2 + c^2), \\
3(b^2 + c^2)[(b - c)^2 + 2(a - b)(a - c)] &\geq (b - c)^2(4a^2 + b^2 + c^2), \\
6(b^2 + c^2)(a - b)(a - c) + 2(b - c)^2(b^2 + c^2 - 2a^2) &\geq 0.
\end{aligned}$$

The last inequality is true because $(a - b)(a - c) \geq 0$ and $b^2 + c^2 - 2a^2 \geq 0$.

(b) Without loss of generality, assume that

$$a \leq b \leq c.$$

Write the inequality as

$$\frac{ab + bc + ca}{a^2 + b^2 + c^2} \leq \frac{3bc}{b^2 + bc + c^2};$$

that is,

$$E(a, b, c) \geq 0,$$

where

$$E(a, b, c) = 3bca^2 - (b + c)(b^2 + c^2 + bc)a + bc(2b^2 + 2c^2 - bc).$$

We will show that

$$E(a, b, c) \geq E(b, b, c) \geq 0.$$

We have

$$\begin{aligned}
E(a, b, c) - E(b, b, c) &= 3bc(a^2 - b^2) - (b + c)(b^2 + c^2 + bc)(a - b) \\
&= (b - a)[(b + c)(b^2 + c^2 + bc) - 3bc(a + b)] \\
&\geq (b - a)[(b + c)(b^2 + c^2 + bc) - 3bc(c + b)] \\
&= (b - a)(b + c)(b - c)^2 \geq 0.
\end{aligned}$$

Also,

$$E(b, b, c) = b(c - b)^3 \geq 0.$$

The equality holds for $a = b = c$, and also for $a = b = 0$ or $a = c = 0$.

(c) Write the inequality as follows:

$$\frac{ab + (a + b)c}{a^2 + b^2 + c^2} \leq \frac{(a + b)^2}{2(a^2 + b^2)},$$

$$\begin{aligned}
(a + b)^2 c^2 - 2(a + b)(a^2 + b^2)c + (a^2 + b^2)^2 &\geq 0, \\
[(a + b)c - (a^2 + b^2)]^2 &\geq 0.
\end{aligned}$$

The equality holds for $c = \frac{a^2 + b^2}{a + b}$.

□

P 2.46. Let a, b, c be positive real numbers such that

$$a \leq 1 \leq b \leq c, \quad a + b + c = 3,$$

then

$$\frac{ab + bc + ca}{a^2 + b^2 + c^2} + \frac{(b - c)^2}{bc} \leq 1.$$

(Vasile Cîrtoaje, 2014)

Solution. From

$$3b \geq 3 = a + b + c,$$

we get

$$a \leq 2b - c.$$

Write the inequality as follows:

$$\begin{aligned} \frac{2(b - c)^2}{bc} &\leq \frac{(b - c)^2 + (a - b)^2 + (a - c)^2}{a^2 + b^2 + c^2}, \\ (b - a)^2 + (c - a)^2 &\geq \left(\frac{2a^2 + 2b^2 + 2c^2}{bc} - 1 \right) (c - b)^2, \\ (c - b)^2 + 2(b - a)(c - a) &\geq \left(\frac{2a^2 + 2b^2 + 2c^2}{bc} - 1 \right) (c - b)^2, \\ (b - a)(c - a) &\geq \left(\frac{a^2 + b^2 + c^2}{bc} - 1 \right) (c - b)^2. \end{aligned}$$

Since

$$b - a \geq b - (2b - c) = c - b \geq 0, \quad c - a \geq c - (2b - c) = 2(c - b) \geq 0,$$

it suffices to show that

$$2 \geq \frac{a^2 + b^2 + c^2}{bc} - 1,$$

which is equivalent to

$$3bc \geq a^2 + b^2 + c^2.$$

This is true if

$$3bc \geq (2b - c)^2 + b^2 + c^2,$$

which reduces to

$$\begin{aligned} 7bc &\geq 5b^2 + 2c^2, \\ (c - b)(5b - 2c) &\geq 0. \end{aligned}$$

Thus, we only need to show that $5b - 2c \geq 0$. Indeed, we have

$$5b - 2c > 2(2b - c) \geq 2a > 0.$$

The equality holds for $a = b = c = 1$.

□

P 2.47. Let a, b, c be nonnegative real numbers such that $a = \max\{a, b, c\}$ and $b + c > 0$. Prove that

$$(a) \quad \frac{ab + bc + ca}{a^2 + b^2 + c^2} + \frac{(b - c)^2}{2(ab + bc + ca)} \leq 1;$$

$$(b) \quad \frac{ab + bc + ca}{a^2 + b^2 + c^2} + \frac{2(b - c)^2}{(a + b + c)^2} \leq 1.$$

(Vasile Cîrtoaje, 2014)

Solution. Without loss of generality, assume that $a \geq b \geq c$.

(a) Write the inequality as follows:

$$\frac{(b - c)^2}{ab + bc + ca} \leq \frac{(b - c)^2 + (a - b)^2 + (a - c)^2}{a^2 + b^2 + c^2},$$

$$(ab + bc + ca)[(a - b)^2 + (a - c)^2] \geq (b - c)^2(a^2 + b^2 + c^2 - ab - bc - ca).$$

Since

$$ab + bc + ca \geq ab \geq b^2 \geq (b - c)^2,$$

it suffices to show that

$$(a - b)^2 + (a - c)^2 \geq a^2 + b^2 + c^2 - ab - bc - ca.$$

Indeed,

$$(a - b)^2 + (a - c)^2 - (a^2 + b^2 + c^2 - ab - bc - ca) = (a - b)(a - c) \geq 0.$$

The equality holds for $a = b = c$, for $a = b$ and $c = 0$, and for $a = c$ and $b = 0$.

(b) Write the inequality as follows:

$$\frac{4(b - c)^2}{(a + b + c)^2} \leq \frac{(b - c)^2 + (a - b)^2 + (a - c)^2}{a^2 + b^2 + c^2},$$

$$(a + b + c)^2[(a - b)^2 + (a - c)^2] \geq (b - c)^2[3(a^2 + b^2 + c^2) - 2(ab + bc + ca)],$$

$$(a + b + c)^2[(b - c)^2 + 2(a - b)(a - c)] \geq (b - c)^2[3(a^2 + b^2 + c^2) - 2(ab + bc + ca)],$$

$$(a + b + c)^2(a - b)(a - c) \geq (b - c)^2[a^2 + b^2 + c^2 - 2(ab + bc + ca)].$$

Since

$$a^2 + b^2 + c^2 - 2(ab + bc + ca) = (a - b)^2 - c(2a + 2b - c) \leq (a - b)^2,$$

it suffices to show that

$$(a + b + c)^2(a - c) \geq (b - c)^2(a - b).$$

This inequality is true because

$$(a + b + c)^2 \geq (b - c)^2$$

and

$$a - c \geq a - b.$$

The equality holds for $a = b = c$, for $a = b$ and $c = 0$, and for $a = c$ and $b = 0$.

□

P 2.48. Let a, b, c be positive real numbers. Prove that

(a) if $a \geq b \geq c$, then

$$\frac{ab + bc + ca}{a^2 + b^2 + c^2} + \frac{(a - c)^2}{a^2 - ac + c^2} \geq 1;$$

(b) if $a \geq 1 \geq b \geq c$ and $abc = 1$, then

$$\frac{ab + bc + ca}{a^2 + b^2 + c^2} + \frac{(b - c)^2}{b^2 - bc + c^2} \leq 1.$$

(Vasile Cîrtoaje, 2014)

Solution. (a) Write the inequality as follows:

$$\begin{aligned} \frac{ab + bc + ca}{a^2 + b^2 + c^2} &\geq \frac{ac}{a^2 - ac + c^2}, \\ acb^2 - (a + c)(a^2 - ac + c^2)b + a^2c^2 &\leq 0, \\ acb^2 - (a^3 + c^3)b + a^2c^2 &\leq 0, \\ (ab - c^2)(bc - a^2) &\leq 0. \end{aligned}$$

Because $ab - c^2 \geq 0$ and $bc - a^2 \leq 0$, the conclusion follows. The equality holds for $a = b = c$.

(b) From

$$b^3 \leq 1 = abc,$$

it follows that

$$b^2 \leq ac.$$

Write the inequality as follows:

$$\begin{aligned} \frac{ab + bc + ca}{a^2 + b^2 + c^2} &\leq \frac{bc}{b^2 - bc + c^2}, \\ bca^2 - (b + c)(b^2 - bc + c^2)a + b^2c^2 &\geq 0, \\ bca^2 - (b^3 + c^3)a + b^2c^2 &\geq 0, \\ (ab - c^2)(ac - b^2) &\geq 0. \end{aligned}$$

The inequality is true because $ab - c^2 \geq 0$ and $ac - b^2 \geq 0$. The equality holds for $a = b = c = 1$.

□

P 2.49. Let a, b, c be positive real numbers such that $a = \min\{a, b, c\}$. Prove that

$$(a) \quad \frac{a^2 + b^2 + c^2}{ab + bc + ca} \geq 1 + \frac{4(b - c)^2}{3(b + c)^2};$$

$$(b) \quad \frac{a^2 + b^2 + c^2}{ab + bc + ca} \geq 1 + \frac{(a - b)^2}{(a + b)^2}.$$

(Vasile Cîrtoaje, 2014)

Solution. (a) *First Solution.* Since

$$3(b + c)^2 \geq 12bc \geq 4(ab + bc + ca),$$

it suffices to prove that

$$\frac{a^2 + b^2 + c^2}{ab + bc + ca} \geq 1 + \frac{(b - c)^2}{ab + bc + ca},$$

which is equivalent to the obvious inequality

$$(a - b)(a - c) \geq 0.$$

The equality holds for $a = b = c$.

Second Solution. Since $(b + c)^2 \geq 4bc$, it suffices to prove that

$$\frac{a^2 + b^2 + c^2}{ab + bc + ca} \geq 1 + \frac{(b - c)^2}{3bc}.$$

Write this inequality as follows:

$$\begin{aligned} \frac{(a - b)^2 + (a - c)^2 + (b - c)^2}{ab + bc + ca} &\geq \frac{2(b - c)^2}{3bc}, \\ 3bc[(a - b)^2 + (a - c)^2] &\geq (b - c)^2(2ab + 2ac - bc), \\ 3bc[(b - c)^2 + 2(a - b)(a - c)] &\geq (b - c)^2(2ab + 2ac - bc), \\ 6bc(a - b)(a - c) + 2(b - c)^2(2bc - ab - ac) &\geq 0. \end{aligned}$$

The last inequality is true because $(a - b)(a - c) \geq 0$ and

$$2bc - ab - ac = b(c - a) + c(b - a) \geq 0.$$

(b) Write the inequality as follows:

$$\begin{aligned} \frac{a^2 + b^2 + c^2}{ab + (a + b)c} &\geq \frac{2(a^2 + b^2)}{(a + b)^2}, \\ (a + b)^2 c^2 - 2(a + b)(a^2 + b^2)c + (a^2 + b^2)^2 &\geq 0, \\ [(a + b)c - (a^2 + b^2)]^2 &\geq 0. \end{aligned}$$

The equality holds for $c = \frac{a^2 + b^2}{a + b}$.

□

P 2.50. If a, b, c are positive real numbers, then

$$\frac{a^2 + b^2 + c^2}{ab + bc + ca} \geq 1 + \frac{9(a - c)^2}{4(a + b + c)^2}.$$

(Vasile Cîrtoaje, 2014)

Solution. Write the inequality as follows:

$$\frac{(b - c)^2 + (a - b)^2 + (a - c)^2}{ab + bc + ca} \geq \frac{9(a - c)^2}{2(a + b + c)^2},$$

$$2(a + b + c)^2[(b - c)^2 + (a - b)^2] \geq (a - c)^2[5(ab + bc + ca) - 2(a^2 + b^2 + c^2)],$$

$$2(a + b + c)^2[(a - c)^2 - 2(a - b)(b - c)] \geq (a - c)^2[5(ab + bc + ca) - 2(a^2 + b^2 + c^2)],$$

$$(a - c)^2[4(a^2 + b^2 + c^2) - (ab + bc + ca)] \geq 4(a + b + c)^2(a - b)(a - c).$$

Consider further the nontrivial case $(a - b)(a - c) \geq 0$. Since

$$(a - c)^2 = [(a - b) + (b - c)]^2 \geq 4(a - b)(b - c),$$

it suffices to show that

$$4(a^2 + b^2 + c^2) - (ab + bc + ca) \geq (a + b + c)^2.$$

Indeed,

$$4(a^2 + b^2 + c^2) - (ab + bc + ca) - (a + b + c)^2 = 3(a^2 + b^2 + c^2 - ab - bc - ca) \geq 0.$$

The equality holds for $a = b = c$.

□

P 2.51. Let a, b, c be nonnegative real numbers, no two of which are zero. If $a = \min\{a, b, c\}$, then

$$\frac{1}{\sqrt{a^2 - ab + b^2}} + \frac{1}{\sqrt{b^2 - bc + c^2}} + \frac{1}{\sqrt{c^2 - ca + a^2}} \geq \frac{6}{b + c}.$$

Solution. Since

$$\frac{1}{\sqrt{a^2 - ab + b^2}} + \frac{1}{\sqrt{b^2 - bc + c^2}} + \frac{1}{\sqrt{c^2 - ca + a^2}} \geq \frac{1}{b} + \frac{1}{\sqrt{b^2 - bc + c^2}} + \frac{1}{c},$$

it suffices to show that

$$\frac{1}{b} + \frac{1}{\sqrt{b^2 - bc + c^2}} + \frac{1}{c} \geq \frac{6}{b + c}.$$

Write this inequality as

$$\frac{b}{c} + \frac{c}{b} + \sqrt{\frac{b^2 + c^2 + 2bc}{b^2 + c^2 - bc}} \geq 4,$$

which is equivalent to

$$\sqrt{\frac{x+2}{x-1}} \geq 4-x,$$

where $x = \frac{b}{c} + \frac{c}{b}$, $x \geq 2$. Consider the non-trivial case $2 \leq x \leq 4$. The inequality is true if

$$\frac{x+2}{x-1} \geq (4-x)^2,$$

which is equivalent to

$$(x-2)(x^2-7x+9) \leq 0.$$

This inequality is true because

$$x^2-7x+9 < x^2-7x+10 = (x-2)(x-5) \leq 0.$$

The equality holds for $a = b = c$, and also $a = 0$ and $b = c$.

□

P 2.52. If $a \geq 1 \geq b \geq c \geq 0$ such that

$$ab + bc + ca = abc + 2,$$

then

$$ac \leq 4 - 2\sqrt{2}.$$

(Vasile Cîrtoaje, 2012)

Solution. By hypothesis, we have

$$a = \frac{2-bc}{b+c-bc}.$$

Since

$$ac \leq \frac{1}{2}a(b+c) = \frac{(2-bc)(b+c)}{2(b+c-bc)} = \frac{2-bc}{2-\frac{2bc}{b+c}} \leq \frac{2-bc}{2-\sqrt{bc}},$$

it suffices to show that

$$\frac{2-bc}{2-\sqrt{bc}} \leq 4-2\sqrt{2},$$

which is equivalent to

$$(\sqrt{bc}-2+\sqrt{2})^2 \geq 0.$$

The equality holds for $a = 2$ and $b = c = 2 - \sqrt{2}$.

□

P 2.53. If a, b, c are nonnegative real numbers such that

$$ab + bc + ca = 3, \quad a \leq 1 \leq b \leq c,$$

then

$$(a) \quad a + b + c \leq 4;$$

$$(b) \quad 2a + b + c \leq 4.$$

Solution. From

$$(1 - b)(1 - c) \geq 0,$$

we get

$$bc \geq b + c - 1.$$

Therefore, we have

$$3 = a(b + c) + bc \geq a(b + c) + b + c - 1 = (a + 1)(b + c) - 1,$$

$$b + c \leq \frac{4}{a + 1},$$

hence

$$a + b + c - 4 \leq a + \frac{4}{a + 1} - 4 = \frac{a(a - 3)}{a + 1} \leq 0,$$

$$2a + b + c - 4 \leq 2a + \frac{4}{a + 1} - 4 = \frac{2a(a - 1)}{a + 1} \leq 0.$$

The equality holds for $a = 0$, $b = 1$ and $c = 3$. In addition, the inequality (b) is also an equality for $a = b = c = 1$.

□

P 2.54. Let a, b, c be nonnegative real numbers such that $a \leq b \leq c$. Prove that

(a) if $a + b + c = 3$, then

$$a^4(b^4 + c^4) \leq 2;$$

(b) if $a + b + c = 2$, then

$$c^4(a^4 + b^4) \leq 1.$$

(Vasile Cîrtoaje, 2012)

Solution. (a) Let x, y be nonnegative real numbers. We claim that

$$x^4 - y^4 \geq 4y^3(x - y).$$

Indeed, this inequality follows from

$$\begin{aligned} x^4 - y^4 - 4y^3(x - y) &= (x - y)(x^3 + x^2y + xy^2 - 3y^3) \\ &= (x - y)[(x^3 - y^3) + y(x^2 - y^2) + y^2(x - y)]. \end{aligned}$$

Using this inequality, we can show that

$$b^4 + c^4 \leq a^4 + (b + c - a)^4.$$

Indeed, we have

$$\begin{aligned} a^4 + (b + c - a)^4 - b^4 - c^4 &= (a^4 - b^4) + (b + c - a)^4 - c^4 \\ &\geq 4b^3(a - b) + 4c^3(b + c - a - c) \\ &= 4(a - b)(b^3 - c^3) \geq 0. \end{aligned}$$

Thus, it suffices to show that

$$a^4[a^4 + (b + c - a)^4] \leq 2,$$

which is equivalent to $f(a) \leq 2$, where

$$f(a) = a^8 + a^4(3 - 2a)^4, \quad 0 \leq a \leq 1.$$

If $f'(a) \geq 0$ for $0 \leq a \leq 1$, then $f(a)$ is increasing, hence $f(a) \leq f(1) = 2$. From the derivative

$$f'(a) = 4a^3[2a^4 - (4a - 3)(3 - 2a)^3],$$

we need to show that

$$2a^4 \geq (4a - 3)(3 - 2a)^3.$$

This inequality is true for the trivial case $0 \leq a \leq 3/4$. Consider further that $3/4 < a \leq 1$. We need to show that $h(a) \geq 0$, where

$$h(a) = \ln 2 + 4 \ln a - \ln(4a - 3) - 3 \ln(3 - 2a), \quad 3/4 < a \leq 1.$$

From

$$h'(a) = \frac{4}{a} - \frac{4}{4a - 3} + \frac{6}{3 - 2a} = \frac{6(7a - 6)}{a(4a - 3)(3 - 2a)},$$

it follows that $h(a)$ is decreasing on $(3/4, 6/7]$ and increasing on $[6/7, 1]$. Thus,

$$h(a) \geq h\left(\frac{6}{7}\right) = \ln 2 + 4 \ln \frac{6}{7} - \ln \frac{3}{7} - 3 \ln \frac{9}{7} = \ln \frac{32}{27} > 0.$$

The equality holds for $a = b = c = 1$.

(b) Since $a^4 + b^4 \leq (a + b)^4$, it suffices to show that

$$c^4(a + b)^4 \leq 1,$$

which is true if

$$c(a + b) \leq 1.$$

Indeed, we have

$$1 - c(a + b) = 1 - c(2 - c) = (c - 1)^2 \geq 0.$$

The equality holds for $a = 0$ and $b = c = 1$.

□

P 2.55. Let a, b, c be nonnegative real numbers such that

$$a \leq b \leq c, \quad a + b + c = 3.$$

Find the greatest real number k such that

$$\sqrt{(56b^2 + 25)(56c^2 + 25)} + k(b - c)^2 \leq 14(b + c)^2 + 25.$$

(Vasile Cîrtoaje, 2014)

Solution. For $a = b = 0$ and $c = 3$, the inequality becomes

$$115 + 9k \leq 126 + 25, \quad k \leq 4.$$

To show that 4 is the greatest possible value of k , we need to prove the inequality

$$\sqrt{(56b^2 + 25)(56c^2 + 25)} + 4(b - c)^2 \leq 14(b + c)^2 + 25,$$

which is equivalent to

$$\sqrt{(56b^2 + 25)(56c^2 + 25)} \leq 10(b^2 + c^2) + 36bc + 25.$$

By squaring, the inequality becomes as follows:

$$(10b^2 + 10c^2 + 36bc)^2 - 56^2 b^2 c^2 \geq 50[28(b^2 + c^2) - (10b^2 + 10c^2 + 36bc)],$$

$$20(b - c)^2(5b^2 + 5c^2 + 46bc) \geq 900(b - c)^2,$$

$$20(b - c)^2(5b^2 + 5c^2 + 46bc - 45) \geq 0.$$

Therefore, we need to show that

$$5(b + c)^2 + 36bc - 45 \geq 0.$$

From $(a - b)(a - c) \geq 0$, we get

$$bc \geq a(b + c) - a^2 = a(3 - a) - a^2 = 3a - 2a^2.$$

Thus,

$$5(b + c)^2 + 36bc - 45 \geq 5(3 - a)^2 + 36(3a - 2a^2) - 45 = a(78 - 67a) \geq 0.$$

The proof is completed. If $k = 4$, then the equality holds for $a = b = c = 1$ and also for $a = b = 0$ and $c = 3$.

□

P 2.56. If $a \geq b \geq c > 0$ such that $abc = 1$, then

$$3(a + b + c) \leq 8 + \frac{a}{c}.$$

(Vasile Cîrtoaje, 2009)

Solution. Write the inequality in the homogeneous form

$$\frac{3(a+b+c)}{\sqrt[3]{abc}} \leq 8 + \frac{a}{c},$$

which is equivalent to

$$\frac{3(x^3 + y^3 + z^3)}{xyz} \leq 8 + \frac{x^3}{z^3}, \quad x \geq y \geq z > 0.$$

We show that

$$\frac{x^3 + y^3 + z^3}{xyz} \leq \frac{x^3 + 2z^3}{xz^2} \leq \frac{1}{3} \left(8 + \frac{x^3}{z^3} \right).$$

Write the left inequality as

$$(y-z)[x^3 + z^3 - yz(y+z)] \geq 0.$$

This is true since

$$x^3 + z^3 - yz(y+z) \geq y^3 + z^3 - yz(y+z) = (y+z)(y-z)^2 \geq 0.$$

Write the right inequality as

$$(x-z)(x^3 - 2x^2z - 2xz^2 + 6z^3) \geq 0.$$

This is also true since

$$x^3 - 2x^2z - 2xz^2 + 6z^3 = (x-z)^3 + z(x^2 - 5xz + 7z^2) \geq 0.$$

The equality holds for $a = b = c = 1$.

□

P 2.57. If $a \geq b \geq c > 0$, then

$$(a+b-c)(a^2b - b^2c + c^2a) \geq (ab - bc + ca)^2.$$

Solution. Making the substitution

$$a = (p+1)c, \quad b = (q+1)c, \quad p \geq q \geq 0,$$

we get

$$\begin{aligned} a+b-c &= (p+q+1)c, \\ a^2b - b^2c + c^2a &= (p^2q + p^2 + 2pq - q^2 + 3p - q + 1)c^3, \\ ab - bc + ca &= (pq + 2p + 1)c^2. \end{aligned}$$

Thus, the inequality becomes

$$(p + q + 1)(p^2q + p^2 + 2pq - q^2 + 3p - q + 1) \geq (pq + 2p + 1)^2,$$

which is equivalent to the obvious inequality

$$p^3(q + 1) + q^2(p - q) + 2q(p - q) \geq 0.$$

The equality holds for $a = b = c$.

□

P 2.58. If $a \geq b \geq c > 0$, then

$$\frac{ab + bc}{a^2 + b^2 + c^2} \leq \frac{1 + \sqrt{3}}{4}.$$

Solution. Denote

$$k = \frac{1 + \sqrt{3}}{4} \approx 0.683,$$

and write the inequality as $E(a, b, c) \geq 0$, where

$$E(a, b, c) = k(a^2 + b^2 + c^2) - ab - bc.$$

We show that

$$E(a, b, c) \geq E(b, b, c) \geq 0.$$

We have

$$E(a, b, c) - E(b, b, c) = (a - b)[ka - (1 - k)b] \geq (2k - 1)(a - b)b \geq 0$$

and

$$E(b, b, c) = (2k - 1)b^2 + kc^2 - bc \geq 2\sqrt{k(2k - 1)}bc - bc = 0.$$

The equality holds for $a = b = \frac{1 + \sqrt{3}}{2}c$.

□

P 2.59. If $a \geq b \geq c \geq d > 0$, then

$$\frac{ab + bc + cd}{a^2 + b^2 + c^2 + d^2} \leq \frac{2 + \sqrt{7}}{6}.$$

Solution. Write the inequality as $E(a, b, c, d) \geq 0$, where

$$E(a, b, c, d) = k(a^2 + b^2 + c^2 + d^2) - ab - bc - cd, \quad k = \frac{2 + \sqrt{7}}{6} \approx 0.774.$$

We show that

$$E(a, b, c, d) \geq E(b, b, c, d) \geq E(c, c, c, d) \geq 0.$$

We have

$$E(a, b, c, d) - E(b, b, c, d) = (a - b)[ka - (1 - k)b] \geq (2k - 1)(a - b)b \geq 0,$$

$$E(b, b, c, d) - E(c, c, c, d) = (b - c)[(2k - 1)b - (2 - 2k)c] \geq (4k - 3)(b - c)c \geq 0$$

and

$$E(c, c, c, d) = (3k - 2)c^2 + kd^2 - cd \geq 2\sqrt{k(3k - 2)}cd - cd = 0.$$

The equality holds for $a = b = c = \frac{2 + \sqrt{7}}{3}d$.

□

P 2.60. If

$$a \geq 1 \geq b \geq c \geq d \geq 0, \quad a + b + c + d = 4,$$

then

$$ab + bc + cd \leq 3.$$

Solution. Write the inequality in the homogeneous form $E(a, b, c, d) \geq 0$, where

$$E(a, b, c, d) = 3(a + b + c + d)^2 - 16(ab + bc + cd).$$

From

$$a + b + c + d = 4 \geq 4b,$$

we get

$$a \geq 3b - c - d.$$

We will show that

$$E(a, b, c, d) \geq E(3b - c - d, b, c, d) \geq 0.$$

We have

$$\begin{aligned} E(a, b, c, d) - E(3b - c - d, b, c, d) &= 3[(a + b + c + d)^2 - (4b)^2] - 16b(a - 3b + c + d) \\ &= (a - 3b + c + d)(3a - b + 3c + 3d) \geq 0. \end{aligned}$$

Also,

$$E(3b - c - d, b, c, d) = 48b^2 - 16(3b^2 - bd + cd) = 16d(b - c) \geq 0.$$

The equality holds for

$$a \in [2, 3], \quad b = 1, \quad c = 3 - a, \quad d = 0.$$

□

P 2.61. Let k and a, b, c be positive real numbers, and let

$$E = (ka + b + c) \left(\frac{k}{a} + \frac{1}{b} + \frac{1}{c} \right), \quad F = (ka^2 + b^2 + c^2) \left(\frac{k}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \right).$$

(a) If $k \geq 1$, then

$$\sqrt{\frac{F - (k-2)^2}{2k}} + 2 \geq \frac{E - (k-2)^2}{2k};$$

(b) If $0 < k \leq 1$, then

$$\sqrt{\frac{F - k^2}{k+1}} + 2 \geq \frac{E - k^2}{k+1}.$$

(Vasile Cîrtoaje, 2007)

Solution. Due to homogeneity, we may assume that $bc = 1$. Under this assumption, if we denote

$$x = a + \frac{1}{a}, \quad y = b + \frac{1}{b} = c + \frac{1}{c}$$

($x \geq 2, y \geq 2$), then

$$\begin{aligned} E &= \left(ka + b + \frac{1}{b} \right) \left(\frac{k}{a} + b + \frac{1}{b} \right) \\ &= (ka + y) \left(\frac{k}{a} + y \right) \\ &= k^2 + kxy + y^2 \end{aligned}$$

and

$$\begin{aligned} F &= \left(ka^2 + b^2 + \frac{1}{b^2} \right) \left(\frac{k}{a^2} + b^2 + \frac{1}{b^2} \right) \\ &= (ka^2 + y^2 - 2) \left(\frac{k}{a^2} + y^2 - 2 \right) \\ &= k^2 + k(x^2 - 2)(y^2 - 2) + (y^2 - 2)^2. \end{aligned}$$

(a) Write the inequality as

$$2kF - 2k(k-2)^2 \geq (E - k^2 - 4)^2.$$

We have

$$\begin{aligned} E - k^2 - 4 &= kxy + y^2 - 4 > 0, \\ (E - k^2 - 4)^2 &= k^2x^2y^2 + 2kxy(y^2 - 4) + (y^2 - 4)^2, \end{aligned}$$

and

$$\begin{aligned} F - (k-2)^2 &= 4k + k(x^2 - 2)(y^2 - 2) + y^2(y^2 - 4), \\ 2kF - 2k(k-2)^2 &= 8k^2 + 2k^2(x^2 - 2)(y^2 - 2) + 2ky^2(y^2 - 4). \end{aligned}$$

Therefore,

$$2kF - 2k(k-2)^2 - (E - k^2 - 4)^2 = (y^2 - 4)[k^2(x^2 - 4) - 2ky(x - y) - (y^2 - 4)].$$

Since $y^2 - 4 \geq 0$, we still need to show that

$$k^2(x^2 - 4) - 2ky(x - y) \geq y^2 - 4.$$

We will show that

$$k^2(x^2 - 4) - 2ky(x - y) \geq (x^2 - 4) - 2y(x - y) \geq y^2 - 4.$$

The right inequality reduces to $(x - y)^2 \geq 0$, and the left inequality is equivalent to

$$(k-1)[(k+1)(x^2 - 4) - 2y(x - y)] \geq 0.$$

This is true because

$$(k+1)(x^2 - 4) - 2y(x - y) \geq 2(x^2 - 4) - 2y(x - y) = 2(x - y)^2 + 2(xy - 4) \geq 0.$$

The equality holds for $b = c$. If $k = 1$, then the equality holds for $a = b$ or $b = c$ or $c = a$.

(b) Write the inequality as

$$(k+1)(F - k^2) \geq (E - k^2 - 2k - 2)^2.$$

We have

$$\begin{aligned} E - k^2 - 2k - 2 &= k(xy - 2) + y^2 - 2 > 0, \\ (E - k^2 - 2k - 2)^2 &= k^2(xy - 2)^2 + 2k(xy - 2)(y^2 - 2) + (y^2 - 2)^2, \end{aligned}$$

and

$$(k+1)(F - k^2) = k^2(x^2 - 2)(y^2 - 2) + k(y^2 - 2)(x^2 + y^2 - 4) + (y^2 - 2)^2.$$

Thus,

$$\begin{aligned} (k+1)(F - k^2) - (E - k^2 - 2k - 2)^2 &= k(x - y)^2(y^2 - 2k - 2) \\ &\geq k(x - y)^2(y^2 - 4) \geq 0. \end{aligned}$$

If $0 < k < 1$, then the equality holds for $a = b$ or $a = c$.

□

P 2.62. If a, b, c are positive real numbers, then

$$\frac{a}{2b+6c} + \frac{b}{7c+a} + \frac{25c}{9a+8b} > 1.$$

Solution. By the Cauchy-Schwarz inequality, we have

$$\frac{a}{2b+6c} + \frac{b}{7c+a} + \frac{25c}{9a+8b} \geq \frac{(a+b+5c)^2}{a(2b+6c) + b(7c+a) + c(9a+8b)}.$$

Therefore, it suffices to show that

$$(a+b+5c)^2 \geq 3ab + 15bc + 15ca,$$

which is equivalent to

$$a^2 + b^2 + 25c^2 - ab - 5bc - 5ca \geq 0.$$

Indeed, we have

$$\begin{aligned} 2(a^2 + b^2 + 25c^2 - ab - 5bc - 5ca) &= (a-b)^2 + a^2 + b^2 + 50c^2 - 10bc - 10ca \\ &= (a-b)^2 + (a-5c)^2 + (b-5c)^2 \geq 0. \end{aligned}$$

□

P 2.63. If a, b, c are positive real numbers such that

$$\frac{1}{a} \geq \frac{1}{b} + \frac{1}{c},$$

then

$$\frac{1}{a+b} + \frac{1}{b+c} + \frac{1}{c+a} \geq \frac{55}{12(a+b+c)}.$$

(Vasile Cîrtoaje, 2014)

Solution. Denote

$$x = \frac{bc}{b+c}, \quad a \leq x,$$

and write the desired inequality as

$$\begin{aligned} \sum \frac{a+b+c}{b+c} &\geq \frac{55}{12}, \\ \frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} &\geq \frac{19}{12}. \end{aligned}$$

Using the Cauchy-Schwarz inequality

$$\frac{b}{c+a} + \frac{c}{a+b} \geq \frac{(b+c)^2}{b(c+a) + c(a+b)},$$

it suffices to show that

$$F(a, b, c) \geq \frac{19}{12},$$

where

$$F(a, b, c) = \frac{a}{b+c} + \frac{(b+c)^2}{a(b+c) + 2bc}.$$

We will show that

$$F(a, b, c) \geq F(x, b, c) \geq \frac{19}{12}.$$

Since

$$F(a, b, c) - F(x, b, c) = (x-a) \left[-\frac{1}{b+c} + \frac{(b+c)^3}{(a(b+c) + 2bc)(x(b+c) + 2bc)} \right],$$

we need to prove that

$$(b+c)^4 \geq [a(b+c) + 2bc][(x(b+c) + 2bc)].$$

Since

$$a(b+c) + 2bc \leq x(b+c) + 2bc,$$

it is enough to show that

$$(b+c)^2 \geq x(b+c) + 2bc,$$

which is equivalent to the obvious inequality

$$(b+c)^2 \geq 3bc.$$

Also, we have

$$F(x, b, c) - \frac{19}{12} = \frac{bc}{(b+c)^2} + \frac{(b+c)^2}{3bc} - \frac{19}{12} = \frac{(b-c)^2(4b^2 + 5bc + 4c^2)}{12bc(b+c)^2} \geq 0.$$

The equality occurs for $2a = b = c$.

□

P 2.64. *If a, b, c are positive real numbers such that*

$$\frac{1}{a} \geq \frac{1}{b} + \frac{1}{c},$$

then

$$\frac{1}{a^2 + b^2} + \frac{1}{b^2 + c^2} + \frac{1}{c^2 + a^2} \geq \frac{189}{40(a^2 + b^2 + c^2)}.$$

(Vasile Cîrtoaje, 2014)

Solution. Denote

$$x = \frac{bc}{b+c}, \quad a \leq x,$$

and write the desired inequality as

$$\sum \frac{a^2 + b^2 + c^2}{b^2 + c^2} \geq \frac{189}{40},$$

$$\frac{a^2}{b^2 + c^2} + \frac{b^2}{c^2 + a^2} + \frac{c^2}{a^2 + b^2} \geq \frac{69}{40}.$$

Using the Cauchy-Schwarz inequality

$$\frac{b^2}{c^2 + a^2} + \frac{c^2}{a^2 + b^2} \geq \frac{(b^2 + c^2)^2}{b^2(c^2 + a^2) + c^2(a^2 + b^2)},$$

it suffices to show that

$$F(a, b, c) \geq \frac{69}{40},$$

where

$$F(a, b, c) = \frac{a^2}{b^2 + c^2} + \frac{(b^2 + c^2)^2}{a^2(b^2 + c^2) + 2b^2c^2}.$$

We will show that

$$F(a, b, c) \geq F(x, b, c) \geq \frac{69}{40}.$$

Since

$$F(a, b, c) - F(x, b, c) = (x^2 - a^2) \left[-\frac{1}{b^2 + c^2} + \frac{(b^2 + c^2)^3}{(a^2(b^2 + c^2) + 2b^2c^2)(x^2(b^2 + c^2) + 2b^2c^2)} \right],$$

we need to prove that

$$(b^2 + c^2)^4 \geq [a^2(b^2 + c^2) + 2b^2c^2][x^2(b^2 + c^2) + 2b^2c^2].$$

Since

$$a^2(b^2 + c^2) + 2b^2c^2 \leq x^2(b^2 + c^2) + 2b^2c^2,$$

it is enough to show that

$$(b^2 + c^2)^2 \geq x^2(b^2 + c^2) + 2b^2c^2,$$

which is equivalent to

$$(b^4 + c^4)(b + c)^2 \geq b^2c^2(b^2 + c^2).$$

This inequality follows from $b^4 + c^4 > b^2c^2$ and $(b + c)^2 > b^2 + c^2$. Also, we have

$$F(x, b, c) = \frac{x^2}{b^2 + c^2} + \frac{(b^2 + c^2)^2}{x^2(b^2 + c^2) + 2b^2c^2}.$$

Since

$$2b^2c^2 \leq 4x^2(b^2 + c^2),$$

we have

$$F(x, b, c) \geq \frac{x^2}{b^2 + c^2} + \frac{(b^2 + c^2)^2}{5x^2(b^2 + c^2)} = \frac{1}{t} + \frac{t}{5},$$

where

$$t = \frac{b^2 + c^2}{x^2} \geq 8.$$

Therefore,

$$F(x, b, c) - \frac{69}{40} \geq \frac{1}{t} + \frac{t}{5} - \frac{69}{40} = \frac{(t-8)(8t-5)}{40t} \geq 0.$$

The equality occurs for $2a = b = c$.

□

P 2.65. Find the best real numbers k, m, n such that

$$(\sqrt{a} + \sqrt{b} + \sqrt{c})\sqrt{a+b+c} \geq ka + mb + nc$$

for all $a \geq b \geq c \geq 0$.

Solution. For $a = 1$ and $b = c = 0$, for $a = b = 1$ and $c = 0$, and for $a = b = c = 1$, we get respectively

$$k \leq 1, \quad k + m \leq 2\sqrt{2}, \quad k + m + n \leq 3\sqrt{3},$$

which yield

$$\begin{aligned} ka + mb + nc &= k(a-b) + (k+m)(b-c) + (k+m+n)c \\ &\leq a - b + 2\sqrt{2}(b-c) + 3\sqrt{3}c \\ &= a + (2\sqrt{2}-1)b + (3\sqrt{3}-2\sqrt{2})c. \end{aligned}$$

Therefore, if the following inequality holds

$$(\sqrt{a} + \sqrt{b} + \sqrt{c})\sqrt{a+b+c} \geq a + (2\sqrt{2}-1)b + (3\sqrt{3}-2\sqrt{2})c,$$

then

$$k = 1, \quad m = 2\sqrt{2} - 1, \quad n = 3\sqrt{3} - 2\sqrt{2}$$

are the best real k, m, n . Since

$$(\sqrt{a} + \sqrt{b} + \sqrt{c})^2 = a + (2\sqrt{ab} + b) + (2\sqrt{ac} + 2\sqrt{bc} + c) \geq a + 3b + 5c,$$

it suffices to show that

$$(a + 3b + 5c)(a + b + c) \geq [a + (2\sqrt{2}-1)b + (3\sqrt{3}-2\sqrt{2})c]^2,$$

which is equivalent to the obvious inequality

$$(3 - 2\sqrt{2})b(a-b) + (3 + 2\sqrt{2} - 3\sqrt{3})c(a-b) + 3(5 - 2\sqrt{6})c(b-c) \geq 0.$$

If $k = 1$, $m = 2\sqrt{2} - 1$, $n = 3\sqrt{3} - 2\sqrt{2}$, then the equality holds for $a = b = c$, for $a = b$ and $c = 0$, and for $b = c = 0$.

□

P 2.66. Let $a, b \in (0, 1]$, $a \leq b$.

(a) If $a \leq \frac{1}{e}$, then

$$2a^a \geq a^b + b^a;$$

(b) If $b \geq \frac{1}{e}$, then

$$2b^b \geq a^b + b^a.$$

(Vasile Cîrtoaje, 2012)

Solution. (a) We need to show that $f(a) \geq f(b)$, where

$$f(x) = a^x + x^a, \quad x \in [a, b].$$

This is true if $f(x)$ is decreasing; that is, if $f'(x) \leq 0$ on $[a, b]$. Since the derivative

$$f'(x) = a(x^{a-1} + a^{x-1} \ln a) \leq a(x^{a-1} - a^{x-1}),$$

it suffices to show that

$$x^{a-1} \leq a^{x-1}$$

for $0 < a \leq x \leq 1$. Consider the non-trivial case $0 < a \leq x < 1$, and write the inequality as $g(x) \geq g(a)$, where

$$g(x) = \frac{\ln x}{1-x}.$$

It suffices to show that $g'(x) \geq 0$ for $0 < x < 1$. We have

$$g'(x) = \frac{h(x)}{(1-x)^2}, \quad h(x) = \frac{1}{x} - 1 + \ln x.$$

Since

$$h'(x) = \frac{x-1}{x^2} < 0,$$

$h(x)$ is strictly decreasing, $h(x) > h(1) = 0$, $g'(x) > 0$. This completes the proof. The equality holds for $a = b$.

(b) We need to show that $f(b) \geq f(a)$, where

$$f(x) = x^b + b^x, \quad x \in [a, b].$$

This is true if $f(x)$ is increasing; that is, if $f'(x) \geq 0$ on $[a, b]$. Since the derivative

$$f'(x) = b(x^{b-1} + b^{x-1} \ln b) \geq b(x^{b-1} - b^{x-1}),$$

it suffices to show that

$$x^{b-1} \geq b^{x-1}$$

for $0 < x \leq b \leq 1$. As we shown at (a), this inequality is true. The equality holds for $a = b$. \square

P 2.67. If $0 \leq a \leq b$ and $b \geq \frac{1}{2}$, then

$$2b^{2b} \geq a^{2b} + b^{2a}.$$

(Vasile Cîrtoaje, 2012)

Solution. We need to show that $f(a) \leq f(b)$, where

$$f(x) = x^{2b} + b^{2x}, \quad x \in [0, b].$$

From the derivative

$$f''(x) = 2b [2b^{2x-1} \ln^2 b + (2b - 1)x^{2b-2}] > 0, \quad x \in (0, b],$$

it follows that $f(x)$ is convex on $[0, b]$. Therefore, we have

$$f(a) \leq \max\{f(0), f(b)\}.$$

From this, it follows that $f(a) \leq f(b)$ if $f(0) \leq f(b)$. To prove that $f(0) \leq f(b)$, we apply Bernoulli's inequality as follows:

$$\begin{aligned} f(b) - f(0) &= 2b^{2b} - 1 = 2[1 + (b - 1)]^{2b} - 1 \\ &\geq 2[1 + 2b(b - 1)] - 1 = (2b - 1)^2 \geq 0. \end{aligned}$$

The equality holds for $a = b \geq \frac{1}{2}$, and also for $a = 0$ and $b = \frac{1}{2}$.

□

P 2.68. If $a \geq b \geq 0$, then

$$(a) \quad a^{b-a} \leq 1 + \frac{a-b}{\sqrt{a}};$$

$$(b) \quad a^{a-b} \geq 1 - \frac{3(a-b)}{4\sqrt{a}}.$$

(Vasile Cîrtoaje, 2010)

Solution. (a) Write the inequality as

$$(a-b) \ln a + \ln \left(1 + \frac{a-b}{\sqrt{a}} \right) \geq 0,$$

which follows by adding the inequalities

$$\ln \left(1 + \frac{a-b}{\sqrt{a}} \right) - \frac{a-b}{\sqrt{a}} + \frac{(a-b)^2}{2a} \geq 0,$$

$$(a-b)\ln a + \frac{a-b}{\sqrt{a}} - \frac{(a-b)^2}{2a} \geq 0.$$

Denoting

$$x = \frac{a-b}{\sqrt{a}},$$

we can write the first inequality as $f(x) \geq 0$ for $x \geq 0$, where

$$f(x) = \ln(1+x) - x + \frac{x^2}{2}.$$

From the derivative

$$f'(x) = \frac{x^2}{1+x} \geq 0,$$

it follows that f is increasing, hence $f(x) \geq f(0) = 0$.

The second inequality is true if

$$\ln a + \frac{1}{\sqrt{a}} - \frac{a-b}{2a} \geq 0.$$

It suffices to prove that $g(a) \geq 0$, where

$$g(a) = \ln a + \frac{1}{\sqrt{a}} - \frac{1}{2}.$$

From

$$g'(a) = \frac{2\sqrt{a}-1}{2a\sqrt{a}},$$

it follows that g is decreasing on $(0, 1/4]$ and increasing on $[1/4, \infty)$; therefore,

$$g(a) \geq g\left(\frac{1}{4}\right) = \frac{3}{2} - \ln 4 > 0.$$

The equality holds for $a = b$.

(b) Consider the non-trivial case $1 - \frac{3(a-b)}{4\sqrt{a}} > 0$, write the inequality as

$$(a-b)\ln a \geq \ln\left(1 - \frac{3a-3b}{4\sqrt{a}}\right),$$

and prove it by adding the inequalities

$$0 \geq \ln\left(1 - \frac{3a-3b}{4\sqrt{a}}\right) + \frac{3(a-b)}{4\sqrt{a}},$$

$$(a-b)\ln a + \frac{3(a-b)}{4\sqrt{a}} \geq 0.$$

Denoting

$$x = \frac{3(a-b)}{4\sqrt{a}}, \quad 0 \leq x < 1,$$

we can write the first inequality as $f(x) \leq 0$, where

$$f(x) = \ln(1-x) + x.$$

From the derivative

$$f'(x) = \frac{-x}{1-x} \leq 0,$$

it follows that f is decreasing, hence $f(x) \leq f(0) = 0$.

The second inequality is true if $g(a) \geq 0$, where

$$g(a) = \ln a + \frac{3}{4\sqrt{a}}.$$

From the derivative

$$g'(a) = \frac{8\sqrt{a} - 3}{8a\sqrt{a}},$$

it follows that

$$g(a) \geq g\left(\frac{9}{64}\right) = 2 \ln \frac{3e}{8} > 0.$$

The equality holds for $a = b$.

□

P 2.69. If a, b, c are positive real numbers such that

$$a \geq b \geq c, \quad ab^2c^3 \geq 1,$$

then

$$a + 2b + 3c \geq \frac{1}{a} + \frac{2}{b} + \frac{3}{c}.$$

(Vasile Cîrtoaje, 2018)

Solution. It suffices to prove the homogeneous inequality

$$a + 2b + 3c \geq \sqrt[3]{ab^2c^3} \left(\frac{1}{a} + \frac{2}{b} + \frac{3}{c} \right).$$

Replacing a, b, c with a^3, b^3, c^3 , the inequality becomes as follows:

$$a^3 + 2b^3 + 3c^3 \geq \frac{b^2c^3}{a^2} + \frac{2ac^3}{b} + 3ab^2,$$

$$a^3 + 2b^3 - 3ab^2 \geq \frac{c^3}{a^2b}(2a^3 - 3a^2b + b^3),$$

$$(a-b)^2(a+2b) \geq \frac{c^3}{a^2b}(a-b)^2(2a+b).$$

Thus, we need to show that

$$a^2b(a+2b) \geq c^3(2a+b)$$

for $a \geq b \geq c$. Since $c^3 \leq ab^2$, we have

$$a^2b(a+2b) - c^3(2a+b) \geq a^2b(a+2b) - ab^2(2a+b) = ab(a^2 - b^2) \geq 0.$$

The equality occurs for $a = b = 1/c \geq 1$.

□

P 2.70. If a, b, c are positive real numbers such that

$$a + b + c = 3, \quad a \leq b \leq c,$$

then

$$\frac{1}{a} + \frac{2}{b} \geq a^2 + b^2 + c^2.$$

(Vasile Cîrtoaje, 2020)

Solution. Let

$$f(a, b, c) = \frac{1}{a} + \frac{2}{b} - a^2 - b^2 - c^2.$$

We will show that

$$f(a, b, c) \geq f(a, x, x) \geq 0,$$

where

$$x = \frac{b+c}{2} = \frac{3-a}{2}.$$

Since

$$\begin{aligned} f(a, b, c) - f(a, x, x) &= \frac{2}{b} - \frac{2}{x} - (b^2 + c^2 - 2x^2) \\ &= \frac{2(c-b)}{b(b+c)} - \frac{(c-b)^2}{2} = \frac{(c-b)(b^3 - bc^2 + 4)}{2b(b+c)}, \end{aligned}$$

we need to show that

$$b^3 - bc^2 + 4 \geq 0.$$

Since $b + c < 3$, we have

$$b^3 - bc^2 + 4 > b^3 - b(3-b)^2 + 4 = 6b^2 + 4 - 9b \geq (4\sqrt{6} - 9)b > 0.$$

Also, since $a \leq 1$, we have

$$\begin{aligned} f(a, x, x) &= \frac{1}{a} + \frac{2}{x} - a^2 - 2x^2 = \frac{1}{a} + \frac{4}{3-a} - a^2 - \frac{1}{2}(3-a)^2 \\ &= \frac{a^4 - 5a^3 + 9a^2 - 7a + 2}{a(3-a)} = \frac{(1-a)^3(2-a)}{a(3-a)} \geq 0. \end{aligned}$$

The equality occurs for $a = b = c = 1$.

□

P 2.71. If a, b, c are positive real numbers such that

$$a + b + c = 3, \quad a \leq b \leq c,$$

then

$$\frac{2}{a} + \frac{3}{b} + \frac{1}{c} \geq 2(a^2 + b^2 + c^2).$$

(Vasile Cîrtoaje, 2020)

Solution. From

$$a \leq b = 3 - a - c,$$

we get

$$a \leq \frac{3 - c}{2}.$$

For fixed b , write the inequality as $f(a) \geq 0$, where

$$f(a) = \frac{2}{a} + \frac{3}{b} + \frac{1}{c} - 2(a^2 + b^2 + c^2), \quad c = 3 - a - b.$$

We have

$$f'(a) = -\frac{2}{a^2} + \frac{1}{c^2} - 4(a - c) = \frac{1}{c^2} + 4c - 2g(a), \quad g(a) = 2a + \frac{1}{a^2}.$$

Since

$$g'(a) = 2 - \frac{2}{a^3} \leq 0,$$

$g(a)$ is decreasing, hence

$$g(a) \geq g\left(\frac{3 - c}{2}\right)$$

and

$$\begin{aligned} f'(a) &\leq \frac{1}{c^2} + 4c - 2g\left(\frac{3 - c}{2}\right) = 6(c - 1) - \frac{7c^2 + 6c - 9}{c^2(3 - c)^2} \\ &\leq 6(c - 1) - \frac{16}{81}(7c^2 + 6c - 9) = \frac{-2}{81}(56c^2 + 171 - 195c) \\ &\leq \frac{-2}{27}(4\sqrt{266} - 65)c < 0. \end{aligned}$$

Therefore, $f(a)$ is decreasing. On the other hand, from $a \leq b$ and $b \leq c = 3 - a - b$, we get

$$a \leq b, \quad a \leq 3 - 2b.$$

There are two cases to consider: $b \in (0, 1]$ and $b \in [1, 3/2)$.

Case 1: $b \in (0, 1]$. Since $a \leq b$, we have

$$f(a) \geq f(b) = \frac{5}{b} + \frac{1}{c} - 2(2b^2 + c^2), \quad c = 3 - 2b,$$

hence

$$\begin{aligned}
 f(a) &\geq \frac{5}{b} + \frac{1}{3-2b} - 4b^2 - 2(3-2b)^2 \\
 &= \frac{3(5-3b)}{b(3-2b)} - 3(4b^2 - 8b + 6) \\
 &= \frac{3(8b^4 - 28b^3 + 36b^2 - 21b + 5)}{b(3-2b)} \\
 &\geq \frac{3(8b^4 - 27b^3 + 35b^2 - 21b + 5)}{b(3-2b)} \\
 &= \frac{3(b-1)^2(8b^2 - 11b + 5)}{b(3-2b)} \geq 0.
 \end{aligned}$$

Case 2: $b \in [1, 3/2)$. Since $a \leq 3-b$, we have

$$f(a) \geq f(3-b) = \frac{2}{3-2b} + \frac{3}{b} + \frac{1}{c} - 2(3-2b)^2 - 2(b^2 + c^2), \quad c = b,$$

hence

$$\begin{aligned}
 f(a) &\geq f(3-b) = \frac{2}{3-2b} + \frac{4}{b} - 2(3-2b)^2 - 4b^2 \\
 &= \frac{6(2-b)}{b(3-2b)} - 6(2b^2 - 4b + 3) \\
 &= \frac{12(2b^4 - 7b^3 + 9b^2 - 5b + 1)}{b(3-2b)} \\
 &= \frac{12(b-1)^3(2b-1)}{b(3-2b)} \geq 0.
 \end{aligned}$$

The equality occurs for $a = b = c = 1$.

Remark. Since

$$\frac{2}{a} + \frac{3}{b} + \frac{1}{c} \leq 2 \left(\frac{1}{a} + \frac{2}{b} \right),$$

the inequality is stronger than the one of P 2.70.

□

P 2.72. If a, b, c are positive real numbers such that

$$a + b + c = 3, \quad a \leq b \leq c,$$

then

$$\frac{31}{a} + \frac{25}{b} + \frac{25}{c} \geq 27(a^2 + b^2 + c^2).$$

(Vasile Cîrtoaje, 2020)

Solution. From

$$a \leq b = 3 - a - c,$$

we get

$$a \leq \frac{3-c}{2}.$$

For fixed $c \in [1, 3]$, write the inequality as $f(a) \geq 0$, where $a \leq \frac{3-c}{2}$ and

$$f(a) = \frac{31}{a} + \frac{25}{b} + \frac{25}{c} - 27(a^2 + b^2 + c^2), \quad b = 3 - a - c.$$

We will show that

$$f(a) \geq f\left(\frac{3-c}{2}\right) \geq 0.$$

Since $a + b \leq 2$, we have

$$\frac{a+b}{a^2b^2} \geq \frac{16}{(a+b)^3} \geq 2,$$

therefore

$$\begin{aligned} f'(a) &= -\frac{31}{a^2} + \frac{25}{b^2} - 27(2a - 2b) < -\frac{27}{a^2} + \frac{27}{b^2} - 54(a - b) \\ &= 27(a - b) \left(\frac{a+b}{a^2b^2} - 2 \right) \leq 0, \end{aligned}$$

$f(a)$ is decreasing, hence $f(a)$ is minimum for $a = \frac{3-c}{2}$, when

$$b = 3 - a - c = \frac{3-c}{2} = a.$$

So, we have

$$\begin{aligned} f\left(\frac{3-c}{2}\right) &= \frac{56}{a} + \frac{25}{c} - 27(2a^2 + c^2) \\ &= \frac{112}{3-c} + \frac{25}{c} - \frac{27(3-c)^2}{2} - 27c^2 \\ &= \frac{3(27c^4 - 135c^3 + 243c^2 - 185c + 50)}{2c(3-c)} \\ &= \frac{3(c-1)(3c-2)(3c-5)^2}{2c(3-c)} \geq 0. \end{aligned}$$

The equality occurs for $a = b = c = 1$, and also for $a = b = \frac{2}{3}$ and $c = \frac{5}{3}$.

Remark. Actually, the following stronger inequalities are true:

$$\frac{29}{a} + \frac{27}{b} + \frac{25}{c} \geq 27(a^2 + b^2 + c^2),$$

$$\frac{28}{a} + \frac{28}{b} + \frac{25}{c} \geq 27(a^2 + b^2 + c^2). \quad (*)$$

For (*), we have

$$f(a) = \frac{28}{a} + \frac{28}{b} + \frac{25}{c} - 27(a^2 + b^2 + c^2), \quad b = 3 - a - c,$$

$$\begin{aligned} f'(a) &= -\frac{28}{a^2} + \frac{28}{b^2} - 27(2a - 2b) \leq -\frac{27}{a^2} + \frac{27}{b^2} - 54(a - b) \\ &= 27(a - b) \left(\frac{a + b}{a^2 b^2} - 2 \right) \leq 0 \end{aligned}$$

and

$$\begin{aligned} f\left(\frac{3-c}{2}\right) &= \frac{56}{a} + \frac{25}{c} - 27(2a^2 + c^2) \\ &= \frac{3(c-1)(3c-2)(3c-5)^2}{2c(3-c)} \geq 0. \end{aligned}$$

On the other hand, we can prove the inequality (*) by showing that

$$f(a, b, c) \geq f(x, x, c) \geq 0,$$

where

$$f(a, b, c) = \frac{28}{a} + \frac{28}{b} + \frac{25}{c} - 27(a^2 + b^2 + c^2), \quad x = \frac{a+b}{2} = \frac{3-c}{2}.$$

We have

$$\begin{aligned} f(a, b, c) - f(x, x, c) &= 28 \left(\frac{1}{a} + \frac{1}{b} - \frac{2}{x} \right) - 27(a^2 + b^2 - 2x^2) \\ &= \frac{1}{2}(a-b)^2 \left[\frac{56}{ab(a+b)} - 27 \right] \geq \frac{27}{2}(a-b)^2 \left[\frac{2}{ab(a+b)} - 1 \right] \geq 0 \end{aligned}$$

and

$$f(x, x, c) = \frac{56}{x} + \frac{25}{c} - 27(2x^2 + c^2) = \frac{3(c-1)(3c-2)(3c-5)^2}{2c(3-c)} \geq 0.$$

□

P 2.73. If a, b, c are the lengths of the sides of a triangle, then

$$a^3(b+c) + bc(b^2+c^2) \geq a(b^3+c^3).$$

(Vasile Cîrtoaje, 2010)

First Solution. Because the inequality is symmetric in b and c , we may assume that $b \geq c$. Consider the following two cases.

Case 1: $a \geq b$. It suffices to show that

$$a^3(b+c) \geq a(b^3+c^3).$$

We have

$$a^3(b+c) - a(b^3+c^3) \geq ab^2(b+c) - a(b^3+c^3) = ac(b^2-c^2) \geq 0.$$

Case 2: $a \leq b$. Write the inequality as

$$c(a^3+b^3) - c^3(a-b) + ab(a^2-b^2) \geq 0.$$

It suffices to show that

$$c(a^3+b^3) + ab(a^2-b^2) \geq 0.$$

We have

$$c(a^3+b^3) + ab(a^2-b^2) \geq c(a^3+b^3) - abc(a+b) = c(a+b)(a-b)^2 \geq 0.$$

The equality holds for a degenerate triangle with $a = b$ and $c = 0$, or $a = c$ and $b = 0$.

Second Solution. Consider two cases.

Case 1: $b^2 + c^2 \geq a(b+c)$. Write the inequality as

$$bc(b^2+c^2) \geq a(b+c)(b^2+c^2-bc-a^2).$$

It suffices to show that

$$bc \geq b^2 + c^2 - bc - a^2,$$

which is equivalent to the obvious inequality

$$a^2 \geq (b-c)^2.$$

Case 2: $a(b+c) \geq b^2 + c^2$. Write the inequality as

$$a(b+c)(a^2+bc) \geq (b^2+c^2)(ab+ac-bc).$$

It suffices to show that

$$a^2 + bc \geq ab + ac - bc,$$

which is equivalent to the obvious inequality

$$bc \geq (a-c)(b-a).$$

□

P 2.74. If a, b, c are the lengths of the sides of a triangle, then

$$\frac{(a+b)^2}{2ab+c^2} + \frac{(a+c)^2}{2ac+b^2} \geq \frac{(b+c)^2}{2bc+a^2}.$$

(Vasile Cîrtoaje, 2010)

Solution. By the Cauchy-Schwarz inequality, we have

$$\frac{(a+b)^2}{2ab+c^2} + \frac{(a+c)^2}{2ac+b^2} \geq \frac{(2a+b+c)^2}{2a(b+c)+b^2+c^2}.$$

Therefore, it suffices to show that

$$\frac{(2a+b+c)^2}{2a(b+c)+b^2+c^2} \geq \frac{(b+c)^2}{2bc+a^2}.$$

We will show that

$$\frac{(2a+b+c)^2}{2a(b+c)+b^2+c^2} \geq 2 \geq \frac{(b+c)^2}{2bc+a^2}.$$

The left inequality reduces to $4a^2 \geq (b-c)^2$, and the right inequality reduces to $2a^2 \geq (b-c)^2$. These are true because $a^2 \geq (b-c)^2$. The equality holds for a degenerate triangle with $a = 0$ and $b = c$.

□

P 2.75. If a, b, c are the lengths of the sides of a triangle, then

$$\frac{a+b}{ab+c^2} + \frac{a+c}{ac+b^2} \geq \frac{b+c}{bc+a^2}.$$

(Vasile Cîrtoaje, 2010)

Solution. Without loss of generality, assume that $b \geq c$. Since $a+b \geq a+c$ and

$$ab+c^2-(ac+b^2)=(b-c)(a-b-c) \leq 0,$$

by Chebyshev's inequality, we have

$$\begin{aligned} \frac{a+b}{ab+c^2} + \frac{a+c}{ac+b^2} &\geq \frac{1}{2}[(a+b)+(a+c)] \left(\frac{1}{ab+c^2} + \frac{1}{ac+b^2} \right) \\ &\geq \frac{2(2a+b+c)^2}{a(b+c)+b^2+c^2}. \end{aligned}$$

On the other hand,

$$\frac{b+c}{bc+a^2} \leq \frac{b+c}{\frac{1}{2}(b-c)^2+bc} = \frac{2(b+c)}{b^2+c^2}.$$

Therefore, it suffices to show that

$$\frac{2(2a + b + c)}{a(b + c) + b^2 + c^2} \geq \frac{2(b + c)}{b^2 + c^2},$$

which is equivalent to $a(b - c)^2 \geq 0$. The equality holds for a degenerate triangle with $a = 0$ and $b = c$. □

P 2.76. *If a, b, c are the lengths of the sides of a triangle, then*

$$\frac{b(a + c)}{ac + b^2} + \frac{c(a + b)}{ab + c^2} \geq \frac{a(b + c)}{bc + a^2}.$$

(Vo Quoc Ba Can, 2010)

Solution. Without loss of generality, assume that $b \geq c$. Since

$$ab + c^2 - (ac + b^2) = (b - c)(a - b - c) \leq 0,$$

it suffices to prove that

$$\frac{b(a + c)}{ac + b^2} + \frac{c(a + b)}{ac + b^2} \geq \frac{a(b + c)}{bc + a^2},$$

which is equivalent to

$$\begin{aligned} \frac{2bc + a(b + c)}{ac + b^2} &\geq \frac{a(b + c)}{bc + a^2}, \\ \frac{2bc}{ac + b^2} &\geq a(b + c) \left(\frac{1}{bc + a^2} - \frac{1}{ac + b^2} \right), \\ 2bc(bc + a^2) &\geq a(b + c)(b - a)(a + b - c). \end{aligned}$$

Consider the nontrivial case $b \geq a$. Since $c \geq b - a$, it suffices to show that

$$2b(bc + a^2) \geq a(b + c)(a + b - c).$$

We have

$$\begin{aligned} 2b(bc + a^2) - a(b + c)(a + b - c) &= ab(a - b) + c(2b^2 - a^2 + ac) \\ &\geq -abc + c(2b^2 - a^2 + ac) = ac(b + c - a) + 2bc(b - a) \geq 0. \end{aligned}$$

The equality holds for a degenerate triangle with $a = b$ and $c = 0$, or $a = c$ and $b = 0$. □

P 2.77. If a, b, c, d are positive real numbers such that

$$a \geq b \geq c \geq d, \quad ab^2c^3d^6 \geq 1,$$

then

$$a + 2b + 3c + 6d \geq \frac{1}{a} + \frac{2}{b} + \frac{3}{c} + \frac{6}{d}.$$

(Vasile Cîrtoaje, 2018)

Solution. It suffices to prove the homogeneous inequality

$$a + 2b + 3c + 6d \geq \sqrt[6]{ab^2c^3d^6} \left(\frac{1}{a} + \frac{2}{b} + \frac{3}{c} + \frac{6}{d} \right).$$

Replacing a, b, c, d with a^6, b^6, c^6, d^6 , we need to show that

$$a^6 + 2b^6 + 3c^6 \geq \left(\frac{b^2c^3}{a^5} + \frac{2ac^3}{b^4} + \frac{3ab^2}{c^3} - 6 \right) d^6 + 6ab^2c^3$$

for $a \geq b \geq c \geq d$. By the AM-GM inequality, we have

$$\frac{b^2c^3}{a^5} + \frac{2ac^3}{b^4} + \frac{3ab^2}{c^3} - 6 \geq 6 \sqrt[6]{\frac{b^2c^3}{a^5} \cdot \left(\frac{ac^3}{b^4} \right)^2 \left(\frac{ab^2}{c^3} \right)^3} - 6 = 0.$$

Since $d^6 \leq ab^2c^3$, it suffices to show that

$$a^6 + 2b^6 + 3c^6 \geq \left(\frac{b^2c^3}{a^5} + \frac{2ac^3}{b^4} + \frac{3ab^2}{c^3} - 6 \right) ab^2c^3 + 6ab^2c^3,$$

which is equivalent to

$$\begin{aligned} a^6 + 2b^6 + 3c^6 &\geq \frac{b^4c^6}{a^4} + \frac{2a^2c^6}{b^2} + 3a^2b^4, \\ a^6 + 2b^6 - 3a^2b^4 &\geq \left(\frac{b^4}{a^4} + \frac{2a^2}{b^2} - 3 \right) c^6, \\ (a^2 - b^2)^2(a^2 + 2b^2) &\geq \frac{(a^2 - b^2)^2(2a^2 + b^2)c^6}{a^4b^2}. \end{aligned}$$

We need to show that

$$a^4b^2(a^2 + 2b^2) \geq (2a^2 + b^2)c^6.$$

Since $c^6 \leq a^2b^4$, we have

$$a^4b^2(a^2 + 2b^2) - (2a^2 + b^2)c^6 \geq a^4b^2(a^2 + 2b^2) - (2a^2 + b^2)a^2b^4 = a^2b^2(a^4 - b^4) \geq 0.$$

The equality occurs for $a = b = c = d = 1$.

Remark. By induction method, we can prove the following generalization.

- If a_1, a_2, \dots, a_n ($n \geq 3$) are positive real numbers such that

$$a_1 \geq a_2 \geq \dots \geq a_n, \quad a_1 a_2^2 a_3^3 a_4^6 \dots a_n^{k_n} \geq 1, \quad k_n = 3 \cdot 2^{n-3},$$

then

$$a_1 + 2a_2 + 3a_3 + 6a_4 + \dots + k_n a_n \geq \frac{1}{a_1} + \frac{2}{a_2} + \frac{3}{a_3} + \frac{6}{a_4} + \dots + \frac{k_n}{a_n},$$

with equality for $a_1 = a_2 = \dots = a_n$.

For $n = 3$, we get the inequalities in P 2.69

□

P 2.78. If a, b, c, d are positive real numbers such that

$$a \geq b \geq c \geq d, \quad abc^2 d^4 \geq 1,$$

then

$$a + b + 2c + 4d \geq \frac{1}{a} + \frac{1}{b} + \frac{2}{c} + \frac{4}{d}.$$

(Vasile Cîrtoaje, 2018)

Solution. It suffices to prove the homogeneous inequality

$$a + b + 2c + 4d \geq \sqrt[4]{abc^2 d^4} \left(\frac{1}{a} + \frac{1}{b} + \frac{2}{c} + \frac{4}{d} \right).$$

Replacing a, b, c, d with a^4, b^4, c^4, d^4 , we need to show that

$$a^4 + b^4 + 2c^4 \geq \left(\frac{bc^2}{a^3} + \frac{ac^2}{b^3} + \frac{2ab}{c^2} - 4 \right) d^4 + 4abc^2$$

for $a \geq b \geq c \geq d$. By the AM-GM inequality, we have

$$\frac{bc^2}{a^3} + \frac{ac^2}{b^3} + \frac{2ab}{c^2} - 4 \geq 4 \sqrt[4]{\frac{bc^2}{a^3} \cdot \frac{ac^2}{b^3} \cdot \left(\frac{ab}{c^2} \right)^2} - 4 = 0.$$

Since $d^4 \leq abc^2$, it suffices to show that

$$a^4 + b^4 + 2c^4 \geq \left(\frac{bc^2}{a^3} + \frac{ac^2}{b^3} + \frac{2ab}{c^2} - 4 \right) abc^2 + 4abc^2$$

which is equivalent to

$$\begin{aligned} a^4 + b^4 + 2c^4 &\geq \frac{b^2 c^4}{a^2} + \frac{a^2 c^4}{b^2} + 2a^2 b^2, \\ (a^2 - b^2)^2 &\geq \frac{(a^2 - b^2)^2 c^4}{a^2 b^2}, \end{aligned}$$

$$(a^2 - b^2)^2 \left(1 - \frac{c^4}{a^2 b^2} \right) \geq 0.$$

The equality occurs for $a = b = c = d = 1$.

Remark. By induction method, we can prove the following generalization.

- If a_1, a_2, \dots, a_n ($n \geq 3$) are positive real numbers such that

$$a_1 \geq a_2 \geq \dots \geq a_n, \quad a_1 a_2 a_3^2 a_4^4 \dots a_n^{2^{n-2}} \geq 1,$$

then

$$a_1 + a_2 + 2a_3 + 4a_4 + \dots + 2^{n-2}a_n \geq \frac{1}{a_1} + \frac{1}{a_2} + \frac{2}{a_3} + \frac{4}{a_4} + \dots + \frac{2^{n-2}}{a_n},$$

with equality for $a_1 = a_2 = \dots = a_n$.

For $n = 4$, we get the inequalities in P 2.78.

□

P 2.79. If a, b, c, d, e, f are positive real numbers such that

$$abcdef \geq 1, \quad a \geq b \geq c \geq d \geq e \geq f, \quad af \geq be \geq cd,$$

then

$$a + b + c + d + e + f \geq \frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d} + \frac{1}{e} + \frac{1}{f}.$$

(Vasile Cîrtoaje, 2018)

Solution. Write the inequality as

$$(a + f) \left(1 - \frac{1}{af} \right) + (b + e) \left(1 - \frac{1}{be} \right) + (c + d) \left(1 - \frac{1}{cd} \right) \geq 0.$$

For

$$af = k = \text{constant},$$

we claim that the sum $a + f$ is minimum for $a = \frac{k}{e} \geq b$ and $f = e$. Indeed, we have

$$a + f - \frac{k}{e} - e = a + f - \frac{af}{e} - e = a - e - \left(\frac{a}{e} - 1 \right) f = \frac{(a - e)(e - f)}{e} \geq 0.$$

In addition, for

$$cd = k = \text{constant},$$

we claim that the sum $c + d$ is maximum for $c = \frac{k}{e} \leq b$ and $d = e$. Indeed, we have

$$c + d - \frac{k}{e} - e = c + d - \frac{cd}{e} - e = c - e - \left(\frac{c}{e} - 1 \right) d = \frac{-(c - e)(d - e)}{e} \leq 0.$$

Thus, it suffices to prove the inequality for $f = e$ and $d = e$, that is for $d = e = f$. So, we need to show that

$$a + b + c + 3d \geq \frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{3}{d}$$

for

$$a \geq b \geq c \geq d, \quad abcd^3 \geq 1.$$

It suffices to prove the homogeneous inequality

$$a + b + c + 3d \geq \sqrt[3]{abcd^3} \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{3}{d} \right).$$

Replacing a, b, c, d with a^3, b^3, c^3, d^3 , we need to show that

$$a^3 + b^3 + c^3 \geq \left(\frac{bc}{a^2} + \frac{ca}{b^2} + \frac{ab}{c^2} - 3 \right) d^3 + 3abc$$

for $a \geq b \geq c \geq d$. By the AM-GM inequality, we have

$$\frac{bc}{a^2} + \frac{ca}{b^2} + \frac{ab}{c^2} - 3 \geq 0.$$

Since $d^3 \leq c^3$, it suffices to show that

$$a^3 + b^3 + c^3 \geq \left(\frac{bc}{a^2} + \frac{ca}{b^2} + \frac{ab}{c^2} - 3 \right) c^3 + 3abc,$$

which can be written as follows:

$$\begin{aligned} a^3 + b^3 + 4c^3 &\geq \frac{bc^4}{a^2} + \frac{ac^4}{c^2} + 4abc, \\ (a^3 + b^3) \left(1 - \frac{c^4}{a^2b^2} \right) - 4c(ab - c^2) &\geq 0, \\ (ab - c^2)[(a^3 + b^3)(ab + c^2) - 4a^2b^2c] &\geq 0. \end{aligned}$$

It is true since

$$(a^3 + b^3)(ab + c^2) - 4a^2b^2c \geq 2ab\sqrt{ab}(ab + c^2) - 4a^2b^2c = 2ab\sqrt{ab}(\sqrt{ab} - c)^2 \geq 0.$$

The equality occurs for $af = be = cd = 1$.

□

P 2.80. Let a, b, c, d be nonnegative real numbers such that

$$a^2 - ab + b^2 = c^2 - cd + d^2.$$

Prove that

$$(a + b)(c + d) \geq 2(ab + cd).$$

(Vasile Cîrtoaje, 2000)

Solution. Let

$$x = a^2 - ab + b^2 = c^2 - cd + d^2.$$

Without loss of generality, assume that $ab \geq cd$. Then,

$$x \geq ab \geq cd, \quad (a+b)^2 = x + 3ab, \quad (c+d)^2 = x + 3cd.$$

By squaring, the desired inequality can be restated as

$$(x + 3ab)(x + 3cd) \geq 4(ab + cd)^2.$$

It is true since

$$\begin{aligned} (x + 3ab)(x + 3cd) - 4(ab + cd)^2 &\geq (ab + 3ab)(ab + 3cd) - 4(ab + cd)^2 \\ &= 4cd(ab - cd) \geq 0. \end{aligned}$$

The equality occurs for $a = b = c = d$, and also for $a = b = c$ and $d = 0$ (or any cyclic permutation). □

P 2.81. Let a, b, c, d be nonnegative real numbers such that

$$a^2 - ab + b^2 = c^2 - cd + d^2.$$

Prove that

$$\frac{1}{a^2 + b^2} + \frac{1}{c^2 + d^2} \leq \frac{8}{(a+b)^2 + (c+d)^2}.$$

(Vasile Cîrtoaje and Relic-93, 2021)

Solution. Let

$$x = a^2 - ab + b^2 = c^2 - cd + d^2.$$

Without loss of generality, assume that $ab \geq cd$. Then, $x \geq ab \geq cd$ and

$$a^2 + b^2 = x + ab, \quad c^2 + d^2 = x + cd, \quad (a+b)^2 = x + 3ab, \quad (c+d)^2 = x + 3cd.$$

The required inequality can be rewritten as

$$\begin{aligned} \frac{1}{x+ab} + \frac{1}{x+cd} &\leq \frac{8}{2x+3(ab+cd)}, \\ 3(a^2b^2 + c^2d^2) &\leq 4x^2 + 2abcd. \end{aligned}$$

It is true if

$$3(a^2b^2 + c^2d^2) \leq 4a^2b^2 + 2abcd,$$

which is equivalent to

$$(ab - cd)(ab + 3cd) \geq 0.$$

The equality occurs for $a = b = c = d$. □

P 2.82. Let a, b, c, d be nonnegative real numbers such that

$$a^2 - ab + b^2 = c^2 - cd + d^2.$$

Prove that

$$\frac{1}{a^2 + ab + b^2} + \frac{1}{c^2 + cd + d^2} \leq \frac{8}{3(a+b)(c+d)}.$$

(Anhduy98, 2021)

Solution. Without loss of generality, assume that $ab \geq cd$. Let

$$x = a^2 - ab + b^2 = c^2 - cd + d^2, \quad y = ab, \quad z = cd.$$

Then, $x \geq y \geq z$ and

$$a^2 + ab + b^2 = x + 2y, \quad c^2 + cd + d^2 = x + 2z, \quad (a+b)^2 = x + 3y, \quad (c+d)^2 = x + 3z.$$

The required inequality can be rewritten as $F(x, y, z) \leq 0$, where

$$F(x, y, z) = \frac{1}{x+2y} + \frac{1}{x+2z} - \frac{8}{3\sqrt{(x+3y)(x+3z)}}.$$

We will show that

$$F(x, y, z) \leq F(x, x, z) \leq 0.$$

The left inequality is equivalent to

$$\begin{aligned} \frac{4}{\sqrt{x+3z}} \left(\frac{1}{\sqrt{x+3y}} - \frac{1}{2\sqrt{x}} \right) &\geq \frac{x-y}{x(x+2y)}, \\ \frac{6(x-y)}{\sqrt{x(x+3y)(x+3z)} (2\sqrt{x} + \sqrt{x+3z})} &\geq \frac{x-y}{x(x+2y)}. \end{aligned}$$

It is true if

$$\frac{6}{\sqrt{(x+3y)(x+3z)} (2\sqrt{x} + \sqrt{x+3z})} \geq \frac{1}{(x+2y)\sqrt{x}}.$$

Since $x \geq y \geq z$, we only need to show that

$$\frac{6}{(x+3y)(2\sqrt{x} + \sqrt{4x})} \geq \frac{1}{(x+2y)\sqrt{x}},$$

which is clearly true.

The right inequality $F(x, x, z) \leq 0$ is equivalent to

$$\frac{1}{3x} + \frac{1}{x+2z} \leq \frac{4}{3\sqrt{x(x+3z)}},$$

$$(2x+z)^2(x+3z) \leq 4x(x+2z)^2.$$

It is true because

$$4x(x+2z)^2 - (2x+z)^2(x+3z) = 3(x-z)z^2 \geq 0.$$

The equality occurs for $a = b = c = d$, and also for $a = b = c$ and $d = 0$ (or any cyclic permutation). □

P 2.83. Let a, b, c, d be nonnegative real numbers such that

$$a^2 - ab + b^2 = c^2 - cd + d^2.$$

Prove that

$$\frac{1}{(ac+bd)^4} + \frac{1}{(ad+bc)^4} \leq \frac{2}{(ab+cd)^4}.$$

(Vasile Cîrtoaje, 2021)

Solution. Due to homogeneity, we may set

$$a^2 - ab + b^2 = c^2 - cd + d^2 = 1.$$

Let

$$x = ab, \quad y = cd, \quad s = x + y, \quad p = xy.$$

From $1 = a^2 - ab + b^2 \geq ab$, we get $x \leq 1$. Similarly, $y \leq 1$, hence $p \leq 1$. In addition, from

$$(1-x)(1-y) \geq 0,$$

we get

$$s \leq 1 + p.$$

Since

$$(ac+bd)(ad+bc) = ab(c^2+d^2) + cd(a^2+b^2) = x(1+y) + y(1+x) = s + 2p,$$

$$(ac+bd)^2 + (ad+bc)^2 = (a^2+b^2)(c^2+d^2) + 4abcd = (1+x)(1+y) + 4xy = 1 + s + 5p,$$

$$\begin{aligned} (ac+bd)^4 + (ad+bc)^4 &= [(ac+bd)^2 + (ad+bc)^2]^2 - 2(ac+bd)^2(ad+bc)^2 \\ &= (1+s+5p)^2 - 2(s+2p)^2, \end{aligned}$$

we need to show that

$$\frac{(1+s+5p)^2 - 2(s+2p)^2}{(s+2p)^4} \leq \frac{2}{s^4},$$

that is equivalent to $f(s, p) \geq g(s, p)$, where

$$f(s, p) = 2 \left(1 + \frac{2p}{s}\right)^4, \quad g(s, p) = (1+s+5p)^2 - 2(s+2p)^2.$$

Since

$$f(s, p) \geq f(1 + p, p)$$

and

$$g(s, p) - g(1 + p, p) = (s - 1 - p)(3 + s + 11p) - 2(s - 1 - p)(1 + s + 5p) = -(s - 1 - p)^2 \leq 0,$$

it is enough to show that

$$f(1 + p, p) \geq g(1 + p, p),$$

that is

$$\frac{2(1 + 3p)^4}{(1 + p)^4} \geq 2(1 + 3p)^2,$$

$$p(1 - p)(1 + 3p)^2(2 + 5p + p^2) \geq 0.$$

The equality occurs for $a = b = c = d$, and also for $a = b = c$ and $d = 0$ (or any cyclic permutation). □

P 2.84. Let a, b, c, d be nonnegative real numbers such that $a \geq b \geq c \geq d$ and

$$a + b + c + d = 13, \quad a^2 + b^2 + c^2 + d^2 = 43.$$

Prove that

$$ab \geq cd + 3.$$

(PMO, 2021)

Solution (by Doxuantrong). From

$$43 - a^2 = b^2 + c^2 + d^2 \geq \frac{1}{3}(b + c + d)^2 = \frac{1}{3}(13 - a)^2,$$

we get

$$(a - 4)(2a - 5) \leq 0,$$

hence $\frac{5}{2} \leq a, b, c, d \leq 4$. On the other hand, we write the required inequality as follows:

$$2ab \geq 2cd + 6,$$

$$(a + b)^2 - (a^2 + b^2) \geq (c + d)^2 - (c^2 + d^2) + 6,$$

$$(13 - c - d)^2 - (43 - c^2 - d^2) \geq (c + d)^2 - (c^2 + d^2) + 6,$$

$$c^2 + d^2 + 60 \geq 13(c + d),$$

$$(c - d)^2 + (c + d)^2 + 120 \geq 26(c + d),$$

$$(c - d)^2 \geq (c + d - 6)(20 - c - d).$$

Thus, it suffices to show that $c + d \leq 6$, that is equivalent to $a + b \geq 7$. If $a = 4$, then

$$a + b \geq a + \frac{b + c + d}{3} = a + \frac{13 - a}{3} = 7.$$

Consider further that $a < 4$. From

$$(b - c)(b - d) \geq 0,$$

we get

$$b^2 - (c + d)b + cd \geq 0,$$

that is equivalent to

$$2b^2 - 2(c + d)b + (c + d)^2 - (c^2 + d^2) \geq 0,$$

$$b^2 + (b - c - d)^2 - (c^2 + d^2) \geq 0,$$

$$b^2 + (a + 2b - 13)^2 - (43 - a^2 - b^2) \geq 0,$$

$$3b^2 - 2(13 - a)b + a^2 - 13a + 63 \geq 0,$$

$$3b \geq 13 - a + \sqrt{(4 - a)(2a - 5)}.$$

Note that we cannot have $3b \leq 13 - a - \sqrt{(4 - a)(2a - 5)}$ because this involves a contradiction:

$$13 - a = b + c + d \leq 3b \leq 13 - a - \sqrt{(4 - a)(2a - 5)} < 13 - a.$$

From

$$3a \geq 3b \geq 13 - a + \sqrt{(4 - a)(2a - 5)},$$

we get

$$4a - 13 \geq \sqrt{(4 - a)(2a - 5)},$$

$$(2a - 7)(a - 3) \geq 0,$$

hence $a \geq 7/2$. As a consequence, we have

$$\begin{aligned} 3(a + b - 7) &= 3(a - 7) + 3b \geq 3(a - 7) + 13 - a + \sqrt{(4 - a)(2a - 5)} \\ &= \sqrt{4 - a} (\sqrt{2a - 5} - 2\sqrt{4 - a}) = \frac{3\sqrt{4 - a} (2a - 7)}{\sqrt{2a - 5} + 2\sqrt{4 - a}} \geq 0. \end{aligned}$$

The equality occurs for $a = 4$ and $b = c = d = 3$.

Second solution (by *KaiRain*) To show that $a + b \geq 7$, the key is

$$\begin{aligned} a^2 + b^2 + c^2 + d^2 + 6(ab + cd) &= (a + b + c + d)^2 + 2(a - c)(b - d) + 2(a - d)(b - c) \\ &\geq (a + b + c + d)^2, \end{aligned}$$

which gives

$$\begin{aligned} ab + cd &\geq 21, \\ (a + b)^2 + (c + d)^2 &\geq a^2 + b^2 + c^2 + d^2 + 42, \end{aligned}$$

$$(a+b)^2 + (13-a-b)^2 \geq 85,$$

$$(a+b-6)(a+b-7) \geq 0,$$

$$a+b \geq 7.$$

Hence,

$$ab - cd \geq ab - \frac{c^2 + d^2}{2} = ab + \frac{a^2 + b^2 - 43}{2} = \frac{(a+b)^2 - 43}{2} \geq 3.$$

□

P 2.85. Let a, b, c, d be nonnegative real numbers such that $a \geq b \geq c \geq d$ and

$$a + b + c + d = 13, \quad a^2 + b^2 + c^2 + d^2 = 43.$$

Prove that

$$\frac{83}{4} \leq ac + bd \leq \frac{169}{8}.$$

(Vasile Cîrtoaje, 2021)

Solution. As shown at P 2.84, we have

$$\frac{5}{2} \leq a, b, c, d \leq 4.$$

Since

$$\begin{aligned} 2(ac + bd) &= (a+c)^2 + (b+d)^2 - (a^2 + b^2 + c^2 + d^2) = (a+c)^2 + (13-a-c)^2 - 43 \\ &= 2(a+c)^2 - 26(a+c) + 126, \end{aligned}$$

the left required inequality is equivalent to

$$\left(a+c - \frac{13}{2}\right)^2 \geq 0,$$

and the right required inequality is equivalent to

$$8(a+c)^2 - 104(a+c) + 335 \geq 0.$$

Since

$$a+c \geq \frac{a+b+c+d}{2} = \frac{13}{2},$$

we only need to show that

$$a+c \leq \frac{26 + \sqrt{6}}{4}.$$

From

$$(c-b)(c-d) \leq 0,$$

we get

$$c^2 - (b + d)b + bd \leq 0,$$

that is equivalent to

$$\begin{aligned} c^2 + (b + d - c)^2 - b^2 - d^2 &\leq 0, \\ c^2 + (13 - a - 2c)^2 + a^2 + c^2 - 43 &\leq 0, \\ 3c^2 - 2(13 - a)c + a^2 - 13a + 63 &\leq 0, \\ c \leq C, \quad C &= \frac{13 - a + \sqrt{(4 - a)(2a - 5)}}{3}. \end{aligned}$$

So, it suffices to show that

$$a + C \leq \frac{26 + \sqrt{6}}{4},$$

which is equivalent to

$$\begin{aligned} 26 + 3\sqrt{6} - 8a &\geq 4\sqrt{(4 - a)(2a - 5)}, \\ (\sqrt{6} + 2)(4 - a) + \frac{\sqrt{6} - 2}{2}(2a - 5) &\geq 4\sqrt{(4 - a)(2a - 5)}. \end{aligned}$$

Clearly, the last inequality is true (by the AM-GM inequality).

The left inequality is an equality for $a + c = b + d = \frac{13}{2}$ and $ac + bc = \frac{83}{4}$, while the right inequality is an equality for $a = \frac{13 + \sqrt{6}}{4}$, $b = c = \frac{13}{4}$ and $d = \frac{13 - \sqrt{6}}{4}$. □

P 2.86. If a, b, c, d are positive real numbers such that

$$a^2 + b^2 + c^2 + d^2 = 4, \quad a \leq b \leq c \leq d,$$

then

$$\frac{1}{a} + a + b + c + d \geq 5.$$

(Vasile Cîrtoaje, 2021)

Solution. Write the inequality in the homogeneous form

$$\frac{a^2 + b^2 + c^2 + d^2}{4} + a(a + b + c + d) \geq 5a\sqrt{\frac{a^2 + b^2 + c^2 + d^2}{4}}.$$

For fixed a, b, d , we need to prove that $f(c) \geq 0$, where

$$f(c) = 5a^2 + b^2 + c^2 + d^2 + 4a(b + c + d) - 10a\sqrt{a^2 + b^2 + c^2 + d^2}, \quad c \in [b, d].$$

From

$$f'(c) = 2c + 4a - \frac{10ac}{\sqrt{a^2 + b^2 + c^2 + d^2}} \geq 4a + 2c - \frac{10ac}{\sqrt{2(a^2 + c^2)}}$$

$$\geq 4\sqrt{2ac} - 5\sqrt{ac} = (4\sqrt{2} - 5)\sqrt{ac} > 0,$$

it follows that $f(c)$ is increasing, hence $f(c) \geq f(b)$. The inequality $f(b) \geq 0$ is equivalent to

$$5a^2 + 2b^2 + d^2 + 4a(2b + d) - 10a\sqrt{a^2 + 2b^2 + d^2} \geq 0.$$

For fixed a and d , we need to show that $g(b) \geq 0$, where

$$g(b) = 5a^2 + 2b^2 + d^2 + 4a(2b + d) - 10a\sqrt{a^2 + 2b^2 + d^2}, \quad b \in [a, d].$$

From

$$\begin{aligned} g'(b) &= 4b + 8a - \frac{20ab}{\sqrt{a^2 + 2b^2 + d^2}} \geq 4b + 8a - \frac{20ab}{\sqrt{a^2 + 3b^2}} \\ &\geq 8\sqrt{2ab} - \frac{20\sqrt{ab}}{\sqrt{2\sqrt{3}}} = 4 \left(2\sqrt{2} - \frac{5}{\sqrt{2\sqrt{3}}} \right) \sqrt{ab} > 0, \end{aligned}$$

it follows that $g(b)$ is increasing, hence $g(b) \geq g(a)$, that is

$$g(b) \geq 15a^2 + 4ad + d^2 - 10a\sqrt{3a^2 + d^2}.$$

Thus, we only need to show that

$$15a^2 + 4ad + d^2 \geq 10a\sqrt{3a^2 + d^2}.$$

Due to homogeneity, we may set $a = 1$, hence $d \geq 1$. We need to show that

$$(15 + 4d + d^2)^2 \geq 100(3 + d^2),$$

which is equivalent to

$$\begin{aligned} d^4 + 8d^3 - 54d^2 + 120d - 75 &\geq 0, \\ (d - 1)(d^3 + 9d^2 - 45d + 75) &\geq 0. \end{aligned}$$

This is true because

$$d^3 + 9d^2 - 45d + 75 > 9d^2 - 45d + 63 = 9(d^2 - 5d + 7) > 0.$$

The equality holds for $a = b = c = d = 1$.

Remark. Similarly, we can prove the following stronger inequality

$$\frac{3}{4a} + a + b + c + d \geq \frac{19}{4}.$$

□

P 2.87. If a, b, c, d are real numbers, then

$$6(a^2 + b^2 + c^2 + d^2) + (a + b + c + d)^2 \geq 12(ab + bc + cd).$$

(Vasile Cîrtoaje, 2005)

Solution. Let

$$E(a, b, c, d) = 6(a^2 + b^2 + c^2 + d^2) + (a + b + c + d)^2 - 12(ab + bc + cd).$$

First Solution. We have

$$\begin{aligned} E(x + a, x + b, x + c, x + d) &= \\ &= 4x^2 + 4(2a - b - c + 2d)x + 7(a^2 + b^2 + c^2 + d^2) + 2(ac + ad + bd) - 10(ab + bc + cd) \\ &= (2x + 2a - b - c + 2d)^2 + 3(a^2 + 2b^2 + 2c^2 + d^2 - 2ab + 2ac - 2ad - 4bc + 2bd - 2cd) \\ &= (2x + 2a - b - c + 2d)^2 + 3(b - c)^2 + 3(a - b + c - d)^2. \end{aligned}$$

For $x = 0$, we get

$$E(a, b, c, d) = (2a - b - c + 2d)^2 + 3(b - c)^2 + 3(a - b + c - d)^2 \geq 0.$$

The equality holds for $2a = b = c = 2d$.

Second Solution. Let

$$x = a - b, \quad y = c - d.$$

We have

$$\begin{aligned} E &= 6[(a - b)^2 + (c - d)^2] + (a + b + c + d)^2 - 12bc \\ &= 6(x^2 + y^2) + [x + y + 2(b + c)]^2 - 12bc \\ &= 3(x - y)^2 + 3(x + y)^2 + [x + y + 2(b + c)]^2 - 12bc \\ &= 3(x - y)^2 + 4(x + y)^2 + 4(x + y)(b + c) + (b + c)^2 + 3(b - c)^2 \\ &= 3(x - y)^2 + (2x + 2y + b + c)^2 + 3(b - c)^2 \geq 0. \end{aligned}$$

□

P 2.88. If a, b, c, d are positive real numbers, then

$$\frac{1}{a^2 + ab} + \frac{1}{b^2 + bc} + \frac{1}{c^2 + cd} + \frac{1}{d^2 + da} \geq \frac{4}{ac + bd}.$$

Solution. Write the inequality as follows:

$$\begin{aligned} \sum \left(\frac{ac + bd}{a^2 + ab} + 1 \right) &\geq 8, \\ \sum \frac{a(c + a) + b(d + a)}{a(a + b)} &\geq 8, \\ \sum \frac{c + a}{a + b} + \sum \frac{b(d + a)}{a(a + b)} &\geq 8. \end{aligned}$$

By the AM-GM inequality, we have

$$\sum \frac{b(d+a)}{a(a+b)} \geq 4 \sqrt[4]{\prod \frac{b(d+a)}{a(a+b)}} = 4.$$

Therefore, it suffices to prove the inequality

$$\sum \frac{c+a}{a+b} \geq 4,$$

which is equivalent to

$$(a+c) \left(\frac{1}{a+b} + \frac{1}{c+d} \right) + (b+d) \left(\frac{1}{b+c} + \frac{1}{d+a} \right) \geq 4.$$

This inequality follows immediately from

$$\frac{1}{a+b} + \frac{1}{c+d} \geq \frac{4}{(a+b) + (c+d)}$$

and

$$\frac{1}{b+c} + \frac{1}{d+a} \geq \frac{4}{(b+c) + (d+a)}.$$

The equality occurs for $a = b = c = d$.

□

P 2.89. If a, b, c, d are positive real numbers, then

$$\frac{1}{a(1+b)} + \frac{1}{b(1+a)} + \frac{1}{c(1+d)} + \frac{1}{d(1+c)} \geq \frac{16}{1+8\sqrt{abcd}}.$$

(Vasile Cîrtoaje, 2007)

Solution. Let

$$x = \sqrt{ab}, \quad y = \sqrt{cd}.$$

Write the inequality as

$$\frac{a+b+2ab}{ab(1+a)(1+b)} + \frac{c+d+2cd}{cd(1+c)(1+d)} \geq \frac{16}{1+8\sqrt{abcd}}.$$

We claim that

$$x \geq 1 \implies \frac{a+b+2ab}{ab(1+a)(1+b)} \geq \frac{1}{ab},$$

and

$$x \leq 1 \implies \frac{a+b+2ab}{ab(1+a)(1+b)} \geq \frac{2}{\sqrt{ab}+ab}.$$

The first inequality is equivalent to $ab \geq 1$, while the second inequality is equivalent to

$$(1 - \sqrt{ab}) (\sqrt{a} - \sqrt{b})^2 \geq 0.$$

Similarly, we have

$$y \geq 1 \implies \frac{c + d + 2cd}{cd(1 + d)(1 + d)} \geq \frac{1}{cd}$$

and

$$y \leq 1 \implies \frac{c + d + 2cd}{cd(1 + d)(1 + d)} \geq \frac{2}{\sqrt{cd} + cd}.$$

There are four cases to consider.

Case 1: $x \geq 1, y \geq 1$. It suffices to show that

$$\frac{1}{x^2} + \frac{1}{y^2} \geq \frac{16}{1 + 8xy}.$$

Indeed, we have

$$\frac{1}{x^2} + \frac{1}{y^2} \geq \frac{2}{xy} > \frac{16}{1 + 8xy}.$$

Case 2: $x \leq 1, y \leq 1$. It suffices to show that

$$\frac{2}{x + x^2} + \frac{2}{y + y^2} \geq \frac{16}{1 + 8xy}.$$

Putting $s = x + y$ and $p = \sqrt{xy}$, this inequality becomes

$$\frac{s^2 + s - 2p^2}{p^2(s + p^2 + 1)} \geq \frac{8}{1 + 8p^2},$$

$$(1 + 8p^2)s^2 + s - 24p^4 - 10p^2 \geq 0.$$

Since $s \geq 2p$, we get

$$\begin{aligned} (1 + 8p^2)s^2 + s - 24p^4 - 10p^2 &\geq 4(1 + 8p^2)p^2 + 2p - 24p^4 - 10p^2 \\ &= 2p(p + 1)(2p - 1)^2 \geq 0. \end{aligned}$$

Case 3: $x \geq 1, y \leq 1$. It suffices to show that

$$\frac{1}{x^2} + \frac{2}{y + y^2} \geq \frac{16}{1 + 8xy}.$$

This inequality is equivalent in succession to

$$(1 + 8xy)(2x^2 + y^2 + y) \geq 16x^2y(1 + y),$$

$$(1 + 8xy)(x - y)^2 + 8x^3y + 8xy^2 - 16x^2y + 2xy + x^2 + y \geq 0,$$

$$(1 + 8xy)(x - y)^2 + 8xy(x - 1)^2 + 8xy^2 + x^2 + y \geq 6xy.$$

The last inequality is true since the AM-GM inequality yields

$$8xy^2 + x^2 + y \geq 3\sqrt[3]{8xy^2 \cdot x^2 \cdot y} = 3\sqrt[3]{8x^3y^3} = 6xy.$$

Case 4: $x \leq 1, y \geq 1$. It suffices to show that

$$\frac{2}{x + x^2} + \frac{1}{y^2} \geq \frac{16}{1 + 8xy},$$

which is equivalent to

$$(1 + 8xy)(x - y)^2 + 8xy(y - 1)^2 + 8x^2y + y^2 + x \geq 6xy.$$

As in the case 3, we have

$$8x^2y + y^2 + x \geq 3\sqrt[3]{8x^2y \cdot y^2 \cdot x} = 3\sqrt[3]{8x^3y^3} = 6xy.$$

The proof is completed. The equality holds for $a = b = c = d = \frac{1}{2}$.

□

P 2.90. If a, b, c, d are positive real numbers such that $a \geq b \geq c \geq d$ and

$$a + b + c + d = 4,$$

then

$$ac + bd \leq 2.$$

(Vasile Cîrtoaje, 2019)

Solution. Write the inequality in the homogeneous form

$$(a + b + c + d)^2 \geq 8(ac + bd).$$

We have

$$\begin{aligned} (a + b + c + d)^2 - 8(ac + bd) &= a^2 + 2(b + d - 3c)a + (b + c + d)^2 - 8bd \\ &= (a + b + d - 3c)^2 - (b + d - 3c)^2 + (b + d + c)^2 - 8bd \\ &= (a + b + d - 3c)^2 + 8(b - c)(c - d) \geq 0. \end{aligned}$$

The equality holds for $b = c = 1$ and $a + d = 2$.

□

P 2.91. If a, b, c, d are positive real numbers such that $a \geq b \geq c \geq d$ and

$$a + b + c + d = 4,$$

then

$$2 \left(\frac{1}{b} + \frac{1}{d} \right) \geq a^2 + b^2 + c^2 + d^2.$$

(Vasile Cîrtoaje, 2019)

Solution. Write the inequality in the homogeneous form

$$(a + b + c + d)^3 \left(\frac{1}{b} + \frac{1}{d} \right) - 32(a^2 + b^2 + c^2 + d^2) \geq 0.$$

For fixed b, c, d , the inequality becomes $f(a) \geq 0$, with

$$f'(a) = 3(a + b + c + d)^2 \left(\frac{1}{b} + \frac{1}{d} \right) - 64a.$$

For $a + b + c + d = 4$, when $a = 4 - b - c - d \leq 4 - b - 2d$, we have

$$\begin{aligned} \frac{1}{16} f'(a) &\geq 3 \left(\frac{1}{b} + \frac{1}{d} \right) - 4(4 - b - 2d) \\ &= \left(\frac{3}{b} + 4b \right) + \left(\frac{3}{d} + 8d \right) - 16 \geq 4(\sqrt{3} + \sqrt{6}) - 4 > 0. \end{aligned}$$

Therefore, $f(a)$ is increasing, hence $f(a) \geq f(b)$. Similarly, for fixed a, b, d , the inequality becomes $g(c) \geq 0$, with

$$g'(c) = 3(a + b + c + d)^2 \left(\frac{1}{b} + \frac{1}{d} \right) - 64c \geq f'(a) > 0.$$

Therefore, $g(c)$ is increasing, hence $g(c) \geq g(d)$. As a consequence, it suffices to prove the original inequality for $a = b$ and $c = d$. So, we only need to show that $b + d = 2$ involves

$$\frac{1}{b} + \frac{1}{d} \geq b^2 + d^2,$$

which is equivalent to

$$(bd - 1)^2 \geq 0.$$

The equality holds for $a = b = c = d = 1$.

□

P 2.92. Let a, b, c, d be positive real numbers such that $a \geq b \geq c \geq d$ and

$$ab + bc + cd + da = 3.$$

Prove that

$$a^3bcd < 4.$$

(Vasile Cîrtoaje, 2012)

Solution. Write the desired inequality as

$$4(ab + bc + cd + da)^3 > 27a^3bcd,$$

$$4\left(b + d + \frac{bc + cd}{a}\right)^3 > 27bcd.$$

It suffices to show that

$$4(b + d)^3 \geq 27bcd.$$

Indeed, by the AM-GM inequality, we have

$$(b + d)^3 = \left(\frac{b}{2} + \frac{b}{2} + d\right)^3 \geq 27\left(\frac{b}{2}\right)^2 d \geq \frac{27bcd}{4}.$$

□

P 2.93. Let a, b, c, d be positive real numbers such that $a \geq b \geq c \geq d$ and

$$ab + bc + cd + da = 6.$$

Prove that

$$acd \leq 2.$$

(Vasile Cîrtoaje, 2012)

Solution. Write the desired inequality in the homogeneous form

$$(a + c)^3(b + d)^3 \geq 54a^2c^2d^2.$$

Since $b \geq c$, we only need to show that

$$(a + c)^3(c + d)^3 \geq 54a^2c^2d^2.$$

By the AM-GM inequality, we have

$$(a + c)^3 = \left(\frac{a}{2} + \frac{a}{2} + c\right)^3 \geq 27\left(\frac{a}{2}\right)\left(\frac{a}{2}\right)c = \frac{27}{4}a^2c.$$

Thus, it suffices to show that

$$(c + d)^3 \geq 8cd^2.$$

Indeed,

$$(c + d)^3 - 8cd^2 = (c - d)(c^2 + 4cd - d^2) \geq 0.$$

The equality holds for $a = 2$ and $b = c = d = 1$.

□

P 2.94. Let a, b, c, d be positive real numbers such that $a \geq b \geq c \geq d$ and

$$ab + bc + cd + da = 9.$$

Prove that

$$abd \leq 4.$$

(Vasile Cîrtoaje, 2012)

Solution. Write the desired inequality in the homogeneous form

$$(a + c)^3(b + d)^3 \geq \frac{729}{16}a^2b^2d^2.$$

Since $c \geq d$, we only need to show that

$$(a + d)^3(b + d)^3 \geq \frac{729}{16}a^2b^2d^2.$$

By the AM-GM inequality, we have

$$(a + d)^3 = \left(\frac{a}{2} + \frac{a}{2} + d\right)^3 \geq 27 \left(\frac{a}{2}\right) \left(\frac{a}{2}\right) d = \frac{27}{4}a^2d$$

and, similarly,

$$(b + d)^3 \geq \frac{27}{4}b^2d$$

Multiplying these inequalities, the desired inequality holds. The equality occurs for $a = b = 2$ and $c = d = 1$.

□

P 2.95. Let a, b, c, d be positive real numbers such that $a \geq b \geq c \geq d$ and

$$a^2 + b^2 + c^2 + d^2 = 10.$$

Prove that

$$2b + 4d \leq 3c + 5.$$

(Vasile Cîrtoaje, 2012)

Solution. Write the desired inequality in the homogeneous form

$$2b - 3c + 4d \leq \sqrt{\frac{5}{2}(a^2 + b^2 + c^2 + d^2)}.$$

It is true if

$$5(a^2 + b^2 + c^2 + d^2) \geq 2(2b - 3c + 4d)^2.$$

Since $a \geq b$, it remains to show that

$$5(2b^2 + c^2 + d^2) \geq 2(2b - 3c + 4d)^2,$$

which is equivalent to

$$2b^2 + 24bc + 48cd \geq 13c^2 + 27d^2 + 32bd.$$

Since $d^2 \leq cd$, it suffices to prove that

$$2b^2 + 24bc + 48cd \geq 13c^2 + 27cd + 32bd,$$

which is equivalent to

$$2b^2 + 24bc \geq 13c^2 + (32b - 21c)d.$$

Since $32b - 21c > 0$ and $c \geq d$, it is enough to show that

$$2b^2 + 24bc \geq 13c^2 + (32b - 21c)c.$$

This reduces to the obvious inequality

$$2(b - 2c)^2 \geq 0.$$

The equality holds for $a = b = 2$ and $c = d = 1$.

□

P 2.96. Let a, b, c, d be positive real numbers such that $a \leq b \leq c \leq d$ and

$$abcd = 1.$$

Prove that

$$4 + \frac{a}{b} + \frac{b}{c} + \frac{c}{d} + \frac{d}{a} \geq 2(a + b)(c + d).$$

Solution. Since

$$\frac{b}{c} + \frac{d}{a} - \frac{b}{a} - \frac{d}{c} = \frac{(d - b)(c - a)}{ca} \geq 0,$$

we only need to prove that

$$4 + \frac{a}{b} + \frac{b}{a} + \frac{c}{d} + \frac{d}{c} \geq 2(a + b)(c + d),$$

which is equivalent to

$$\begin{aligned} \frac{(a + b)^2}{ab} + \frac{(c + d)^2}{cd} &\geq 2(a + b)(c + d), \\ \left(\frac{a + b}{\sqrt{ab}} - \frac{c + d}{\sqrt{cd}} \right)^2 &\geq 0. \end{aligned}$$

The proof is completed. The equality holds for $a = b = c = d = 1$.

□

P 2.97. Let a, b, c, d be positive real numbers such that $a \geq b \geq c \geq d$ and

$$3(a^2 + b^2 + c^2 + d^2) = (a + b + c + d)^2.$$

Prove that

$$\begin{aligned} (a) \quad & \frac{a+d}{b+c} \leq 2; \\ (b) \quad & \frac{a+c}{b+d} \leq \frac{7+2\sqrt{6}}{5}; \\ (c) \quad & \frac{a+c}{c+d} \leq \frac{3+\sqrt{5}}{2}. \end{aligned}$$

(Vasile Cîrtoaje, 2010)

Solution. (a) Since

$$(a+d)(b+c) - 2(ad+bc) = (a-b)(c-d) + (a-c)(b-d) \geq 0,$$

we have

$$\begin{aligned} a^2 + b^2 + c^2 + d^2 &= (a+d)^2 + (b+c)^2 - 2(ad+bc) \\ &\geq (a+d)^2 + (b+c)^2 - (a+d)(b+c), \end{aligned}$$

hence

$$\begin{aligned} \frac{1}{3}(a+b+c+d)^2 &\geq (a+d)^2 + (b+c)^2 - (a+d)(b+c), \\ \left(\frac{a+d}{b+c} - 2\right) \left(\frac{a+d}{b+c} - \frac{1}{2}\right) &\leq 0, \end{aligned}$$

from where the desired result follows. The equality holds for $a/3 = b = c = d$.

(b) From $(a-d)(b-c) \geq 0$ and the AM-GM inequality, we have

$$2(ac+bc) \leq (a+d)(b+c) \leq \frac{(a+b+c+d)^2}{4},$$

hence

$$\begin{aligned} a^2 + b^2 + c^2 + d^2 &= (a+c)^2 + (b+d)^2 - 2(ac+bd) \\ &\geq (a+c)^2 + (b+d)^2 - \frac{(a+b+c+d)^2}{4}, \\ \frac{1}{3}(a+b+c+d)^2 &\geq (a+c)^2 + (b+d)^2 - \frac{(a+b+c+d)^2}{4}, \\ \left(\frac{a+c}{b+d} - \frac{7+2\sqrt{6}}{2}\right) \left(\frac{a+c}{b+d} - \frac{7-2\sqrt{6}}{2}\right) &\leq 0, \end{aligned}$$

from where the desired result follows. The equality holds for

$$(3 - \sqrt{6})a = b = c = (3 + \sqrt{6})d.$$

(c) Writing the hypothesis $3(a^2 + b^2 + c^2 + d^2) = (a + b + c + d)^2$ as

$$b^2 - (a + c + d)b + a^2 + c^2 + d^2 - ac - cd - da = 0,$$

$$(2b - a - c - d)^2 = 3(2ac + 2cd + 2da - a^2 - c^2 - d^2),$$

it follows that

$$2ac + 2cd + 2da \geq a^2 + c^2 + d^2,$$

$$a^2 - 2(c + d)a + (c - d)^2 \leq 0,$$

$$a \leq c + d + 2\sqrt{cd}.$$

Thus, it suffices to prove that

$$\frac{2c + d + 2\sqrt{cd}}{c + d} \leq \frac{3 + \sqrt{5}}{2},$$

which is equivalent to

$$(\sqrt{5} - 1)c + (\sqrt{5} + 1)d \geq 4\sqrt{cd}.$$

This inequality follows immediately from the AM-GM inequality. The equality holds for

$$\frac{a}{3 + \sqrt{5}} = \frac{b}{4} = \frac{c}{2} = \frac{d}{3 - \sqrt{5}}.$$

□

P 2.98. Let a, b, c, d be nonnegative real numbers such that $a \geq b \geq c \geq d$ and

$$2(a^2 + b^2 + c^2 + d^2) = (a + b + c + d)^2.$$

Prove that

$$a \geq b + 3c + (2\sqrt{3} - 1)d.$$

(Vasile Cîrtoaje, 2010)

First Solution. For $c = d = 0$, the desired inequality is an equality. Assume further that $c > 0$. From the hypothesis $2(a^2 + b^2 + c^2 + d^2) = (a + b + c + d)^2$, we get

$$a = b + c + d \pm 2\sqrt{bc + cd + db}.$$

It is not possible to have

$$a = b + c + d - 2\sqrt{bc + cd + db},$$

because this equality and $a \geq b$ involve

$$\begin{aligned} c + d &\geq 2\sqrt{bc + cd + db}, \\ (c - d)^2 &\geq 4b(c + d), \\ (c - d)^2 &\geq 4c(c + d), \\ d^2 &\geq 3c(c + 2d), \end{aligned}$$

which is not true. Thus, we have

$$a = b + c + d + 2\sqrt{bc + cd + db}.$$

Using this equality, we can rewrite the desired inequality as

$$\begin{aligned} b + c + d - 2\sqrt{bc + cd + db} &\geq b + 3c + (2\sqrt{3} - 1)d, \\ \sqrt{b(c + d) + cd} &\geq c + (\sqrt{3} - 1)d. \end{aligned}$$

Since $b \geq c$, it suffices to show that

$$\sqrt{c(c + d) + cd} \geq c + (\sqrt{3} - 1)d.$$

By squaring, we get the obvious inequality $d(c - d) \geq 0$. The equality holds for $a = b$ and $c = d = 0$, for $\frac{a}{4} = b = c$ and $d = 0$, and for $\frac{a}{3 + 2\sqrt{3}} = b = c = d$.

Second Solution (by Vo Quoc Ba Can). Write the hypothesis $2(a^2 + b^2 + c^2 + d^2) = (a + b + c + d)^2$ as

$$(a - b)^2 + (c - d)^2 \geq 2(a + b)(c + d).$$

Since

$$a + b \geq (a - b) + 2c,$$

we get

$$(a - b)^2 + (c - d)^2 \geq 2[(a - b) + 2c](c + d),$$

which is equivalent to

$$(a - b)^2 - 2(c + d)(a - b) - 3c^2 - 6cd + d^2 \geq 0.$$

From this, we get

$$a - b \geq c + d + 2\sqrt{c^2 + 2cd}.$$

Thus, the desired inequality

$$a - b \geq 3c + (2\sqrt{3} - 1)d$$

is true if

$$c + d + 2\sqrt{c^2 + 2cd} \geq 3c + (2\sqrt{3} - 1)d,$$

that is,

$$\sqrt{c^2 + 2cd} \geq c + (\sqrt{3} - 1)d.$$

By squaring, we get the obvious inequality $d(c - d) \geq 0$.

□

P 2.99. If a, b, c, d, e are real numbers, then

$$\frac{ab + bc + cd + de}{a^2 + b^2 + c^2 + d^2 + e^2} \leq \frac{\sqrt{3}}{2}.$$

Solution. Using the AM-GM inequality, we have

$$\begin{aligned} a^2 + b^2 + c^2 + d^2 + e^2 &= \left(a^2 + \frac{1}{3}b^2\right) + \left(\frac{2}{3}b^2 + \frac{1}{2}c^2\right) + \left(\frac{1}{2}c^2 + \frac{2}{3}d^2\right) + \left(\frac{1}{3}d^2 + e^2\right) \\ &\geq 2\sqrt{a^2 \cdot \frac{1}{3}b^2} + 2\sqrt{\frac{2}{3}b^2 \cdot \frac{1}{2}c^2} + 2\sqrt{\frac{1}{2}c^2 \cdot \frac{2}{3}d^2} + 2\sqrt{\frac{1}{3}d^2 \cdot e^2} \\ &\geq \frac{2}{\sqrt{3}}(ab + bc + cd + da). \end{aligned}$$

The equality holds for

$$a = \frac{b}{\sqrt{3}} = \frac{c}{2} = \frac{d}{\sqrt{3}} = e.$$

Remark. The following more general inequality holds

$$\frac{a_1a_2 + a_2a_3 + \cdots + a_{n-1}a_n}{a_1^2 + a_2^2 + \cdots + a_n^2} \leq \cos \frac{\pi}{n+1},$$

with equality for

$$\frac{a_1}{\sin \frac{\pi}{n+1}} = \frac{a_2}{\sin \frac{2\pi}{n+1}} = \cdots = \frac{a_n}{\sin \frac{n\pi}{n+1}}.$$

Denoting

$$c_i = \frac{\sin \frac{(i+1)\pi}{n+1}}{2 \sin \frac{i\pi}{n+1}}, \quad i = 1, 2, \dots, n-1,$$

we have

$$\begin{aligned} c_1 &= \cos \frac{\pi}{n+1}, \quad 4c_{n-1} = \frac{1}{\cos \frac{\pi}{n+1}}, \\ \frac{1}{4c_i} + c_{i+1} &= \cos \frac{\pi}{n+1}, \quad i = 1, 2, \dots, n-2, \end{aligned}$$

hence

$$\begin{aligned} &(a_1^2 + a_2^2 + \cdots + a_n^2) \cos \frac{\pi}{n+1} = \\ &= c_1a_1^2 + \left(\frac{1}{4c_1} + c_2\right)a_2^2 + \cdots + \left(\frac{1}{4c_{n-2}} + c_{n-1}\right)a_{n-1}^2 + \frac{1}{4c_{n-1}}a_n^2 \\ &= \left(c_1a_1^2 + \frac{1}{4c_1}a_2^2\right) + \left(c_2a_2^2 + \frac{1}{4c_2}a_3^2\right) + \cdots + \left(c_{n-1}a_{n-1}^2 + \frac{1}{4c_{n-1}}a_n^2\right) \end{aligned}$$

$$\begin{aligned}
&\geq 2\sqrt{c_1 a_1^2 \cdot \frac{1}{4c_1} a_2^2} + 2\sqrt{c_2 a_2^2 \cdot \frac{1}{4c_2} a_3^2} + \cdots + 2\sqrt{c_{n-1} a_{n-1}^2 \cdot \frac{1}{4c_{n-1}} a_n^2} \\
&\geq a_1 a_2 + a_2 a_3 + \cdots + a_{n-1} a_n.
\end{aligned}$$

□

P 2.100. If a, b, c, d, e are positive real numbers, then

$$\frac{a^2 b^2}{bd + ce} + \frac{b^2 c^2}{cd + ae} + \frac{c^2 a^2}{ad + be} \geq \frac{3abc}{d + e}.$$

Solution. Using the Cauchy-Schwarz inequality

$$\frac{a^2 b^2}{bd + ce} + \frac{b^2 c^2}{cd + ae} + \frac{c^2 a^2}{ad + be} \geq \frac{(ab + bc + ca)^2}{(bd + ce) + (cd + ae) + (ad + be)},$$

it suffices to show that

$$\frac{(ab + bc + ca)^2}{(bd + ce) + (cd + ae) + (ad + be)} \geq \frac{3abc}{d + e},$$

which is equivalent to

$$\begin{aligned}
&\frac{(ab + bc + ca)^2}{a + b + c} \geq 3abc, \\
&a^2(b - c)^2 + b^2(c - a)^2 + c^2(a - b)^2 \geq 0.
\end{aligned}$$

The equality holds for $a = b = c$.

□

P 2.101. Let a, b, c and x, y, z be positive real numbers such that

$$x + y + z = a + b + c.$$

Prove that

$$ax^2 + by^2 + cz^2 + xyz \geq 4abc.$$

(Vasile Cîrtoaje, 1989)

First Solution. Write the inequality as $E \geq 0$, where

$$E = ax^2 + by^2 + cz^2 + xyz - 4abc.$$

Among the numbers

$$a - \frac{y + z}{2}, \quad b - \frac{z + x}{2}, \quad c - \frac{x + y}{2},$$

there are two of them with the same sign; let

$$pq \geq 0,$$

where

$$p = b - \frac{z+x}{2}, \quad q = c - \frac{x+y}{2}.$$

We have

$$b = p + \frac{x+z}{2}, \quad c = q + \frac{x+y}{2}, \quad a = x+y+z-b-c = \frac{y+z}{2} - p - q.$$

Then,

$$\begin{aligned} E &= \left(\frac{y+z}{2} - p - q \right) x^2 + \left(p + \frac{x+z}{2} \right) y^2 + \left(q + \frac{x+y}{2} \right) z^2 \\ &\quad + xyz - 4 \left(\frac{y+z}{2} - p - q \right) \left(p + \frac{x+z}{2} \right) \left(q + \frac{x+y}{2} \right) \\ &= 4pq(p+q) + 2p^2(x+y) + 2q^2(x+z) + 4pqx \\ &= 4q^2 \left(p + \frac{x+z}{2} \right) + 4p^2 \left(q + \frac{x+y}{2} \right) + 4pqx \\ &= 4(q^2b + p^2c + pqx) \geq 0. \end{aligned}$$

The equality holds for $a = \frac{y+z}{2}$, $b = \frac{z+x}{2}$, $c = \frac{x+y}{2}$.

Second Solution. Consider the following two cases.

Case 1: $x^2 \geq 4bc$. We have

$$ax^2 + by^2 + cz^2 + xyz - 4abc > ax^2 - 4abc \geq 0.$$

Case 2: $x^2 \leq 4bc$. Let

$$u = x + y + z = a + b + c.$$

Substituting

$$z = u - x - y, \quad a = u - b - c,$$

the inequality can be restated as

$$Au^2 + Bu + C \geq 0,$$

where

$$A = c,$$

$$B = (x^2 - 4bc) - 2c(x+y) + xy,$$

$$C = -(b+c)(x^2 - 4bc) + by^2 + c(x+y)^2 - xy(x+y).$$

Since the quadratic function $Au^2 + Bu + C$ has the discriminant

$$D = (x^2 - 4bc)(2c - x - y)^2 \leq 0,$$

the conclusion follows. □

P 2.102. Let a, b, c and x, y, z be positive real numbers such that

$$x + y + z = a + b + c.$$

Prove that

$$\frac{x(3x+a)}{bc} + \frac{y(3y+b)}{ca} + \frac{z(3z+c)}{ab} \geq 12.$$

(Vasile Cîrtoaje, 1990)

Solution. Write the inequality as

$$ax^2 + by^2 + cz^2 + \frac{1}{3}(a^2x + b^2y + c^2z) \geq 4abc.$$

Applying the Cauchy-Schwarz inequality, we have

$$a^2x + b^2y + c^2z \geq \frac{(a+b+c)^2}{\frac{1}{x} + \frac{1}{y} + \frac{1}{z}} = \frac{xyz(x+y+z)^2}{xy+yz+zx} \geq 3xyz.$$

Therefore, it suffices to show that

$$ax^2 + by^2 + cz^2 + xyz \geq 4abc,$$

which is just the inequality in the previous P 2.101. The equality holds for

$$x = y = z = a = b = c.$$

□

P 2.103. Let a, b, c be given positive numbers. Find the minimum value $F(a, b, c)$ of

$$E(x, y, z) = \frac{ax}{y+z} + \frac{by}{z+x} + \frac{cz}{x+y},$$

where x, y, z are nonnegative real numbers, no two of which are zero.

(Vasile Cîrtoaje, 2006)

Solution. Assume that

$$a = \max\{a, b, c\}.$$

There are two cases to consider.

Case 1: $\sqrt{a} < \sqrt{b} + \sqrt{c}$. Using the Cauchy-Schwarz inequality, we get

$$\begin{aligned} E &= \sum \frac{a(x+y+z) - a(y+z)}{y+z} = (x+y+z) \sum \frac{a}{y+z} - \sum a \\ &\geq (x+y+z) \frac{(\sum \sqrt{a})^2}{\sum (y+z)} - \sum a = \sqrt{ab} + \sqrt{bc} + \sqrt{ca} - \frac{a+b+c}{2}. \end{aligned}$$

The equality holds for

$$\frac{y+z}{\sqrt{a}} = \frac{z+x}{\sqrt{b}} = \frac{x+y}{\sqrt{c}};$$

that is, for

$$\frac{x}{\sqrt{b} + \sqrt{c} - \sqrt{a}} = \frac{y}{\sqrt{c} + \sqrt{a} - \sqrt{b}} = \frac{z}{\sqrt{a} + \sqrt{b} - \sqrt{c}}.$$

Case 2: $\sqrt{a} \geq \sqrt{b} + \sqrt{c}$. Let us denote

$$A = (\sqrt{b} + \sqrt{c})^2,$$

$$X = \frac{y+z}{2}, \quad Y = \frac{z+x}{2}, \quad Z = \frac{x+y}{2},$$

hence

$$x = Y + Z - X, \quad y = Z + X - Y, \quad z = X + Y - Z.$$

We have

$$\begin{aligned} E &\geq \frac{Ax}{y+z} + \frac{by}{z+x} + \frac{cz}{x+y} \\ &= \frac{A(Y+Z-X)}{2X} + \frac{b(Z+X-Y)}{2Y} + \frac{c(X+Y-Z)}{2Z} \\ &= \frac{1}{2} \left(A \frac{Y}{X} + b \frac{X}{Y} \right) + \frac{1}{2} \left(b \frac{Z}{Y} + c \frac{Y}{Z} \right) + \frac{1}{2} \left(c \frac{X}{Z} + A \frac{Z}{X} \right) - b - c - \sqrt{bc} \\ &\geq \sqrt{Ab} + \sqrt{bc} + \sqrt{cA} - b - c - \sqrt{bc} = 2\sqrt{bc}. \end{aligned}$$

The equality holds for $x = 0$ and $\frac{y}{z} = \sqrt{\frac{c}{b}}$. Therefore, for $a = \max\{a, b, c\}$, we have

$$F(a, b, c) = \begin{cases} \sqrt{ab} + \sqrt{bc} + \sqrt{ca} - \frac{a+b+c}{2}, & \sqrt{a} < \sqrt{b} + \sqrt{c} \\ 2\sqrt{bc}, & \sqrt{a} \geq \sqrt{b} + \sqrt{c} \end{cases}.$$

□

P 2.104. Let a, b, c and x, y, z be positive real numbers such that

$$\frac{a}{yz} + \frac{b}{zx} + \frac{c}{xy} = 1.$$

Prove that

$$(a) \quad x + y + z \geq \sqrt{4(a+b+c + \sqrt{ab} + \sqrt{bc} + \sqrt{ca}) + 3\sqrt[3]{abc}};$$

$$(b) \quad x + y + z > \sqrt{a+b} + \sqrt{b+c} + \sqrt{c+a}.$$

Solution. (a) Write the desired inequality in the form

$$\left(\frac{a}{yz} + \frac{b}{zx} + \frac{c}{xy}\right)(x+y+z)^2 \geq 4\left(a+b+c + \sqrt{ab} + \sqrt{bc} + \sqrt{ca}\right) + 3\sqrt[3]{abc}.$$

We have

$$\left(\frac{a}{yz} + \frac{b}{zx} + \frac{c}{xy}\right)(x^2 + y^2 + z^2) = \sum \frac{ax^2}{yz} + \sum \frac{a(y^2 + z^2)}{yz}.$$

In addition, by the AM-GM inequality, we get

$$\begin{aligned} \sum \frac{ax^2}{yz} &\geq 3\sqrt[3]{abc}, \\ \sum \frac{a(y^2 + z^2)}{yz} &\geq 2(a+b+c). \end{aligned}$$

Therefore,

$$\left(\frac{a}{yz} + \frac{b}{zx} + \frac{c}{xy}\right)(x^2 + y^2 + z^2) \geq 3\sqrt[3]{abc} + 2(a+b+c).$$

Adding this inequality to the Cauchy-Schwarz inequality

$$2\left(\frac{a}{yz} + \frac{b}{zx} + \frac{c}{xy}\right)(yz + zx + xy) \geq 2(\sqrt{a} + \sqrt{b} + \sqrt{c})^2$$

yields the desired inequality. The equality holds for

$$x = y = z = \sqrt{3a} = \sqrt{3b} = \sqrt{3c}.$$

(b) According to the inequality in (a), it suffices to show that

$$4\left(a+b+c + \sqrt{ab} + \sqrt{bc} + \sqrt{ca}\right) \geq \left(\sqrt{a+b} + \sqrt{b+c} + \sqrt{c+a}\right)^2.$$

This inequality is equivalent to

$$\left(\sqrt{a} + \sqrt{b} + \sqrt{c}\right)^2 \geq \sqrt{(a+b)(b+c)} + \sqrt{(b+c)(c+a)} + \sqrt{(c+a)(a+b)},$$

which follows immediately from the inequality P 2.24 in Volume 2.

□

P 2.105. If a, b, c and x, y, z are nonnegative real numbers, then

$$\frac{2}{(b+c)(y+z)} + \frac{2}{(c+a)(z+x)} + \frac{2}{(a+b)(x+y)} \geq \frac{9}{(b+c)x + (c+a)y + (a+b)z}.$$

(Ji Chen and Vasile Cîrtoaje, 2010)

Solution. Since

$$(b+c)x + (c+a)y + (a+b)z = a(y+z) + (b+c)x + bz + cy,$$

we can write the inequality as

$$\begin{aligned} \sum \frac{2a(y+z) + 2(b+c)x + 2(bz+cy)}{(b+c)(y+z)} &\geq 9, \\ \sum \frac{2a}{b+c} + \sum \frac{2x}{y+z} &\geq 9 - \sum \frac{2(bz+cy)}{(b+c)(y+z)}, \\ \sum \frac{2a}{b+c} + \sum \frac{2x}{y+z} &\geq 6 + \sum \left[1 - \frac{2(bz+cy)}{(b+c)(y+z)} \right], \\ \sum \frac{2a}{b+c} + \sum \frac{2x}{y+z} &\geq 6 + \sum \frac{(b-c)(y-z)}{(b+c)(y+z)}. \end{aligned}$$

Since

$$\sum \frac{(b-c)(y-z)}{(b+c)(y+z)} \leq \frac{1}{2} \sum \left(\frac{b-c}{b+c} \right)^2 + \frac{1}{2} \sum \left(\frac{y-z}{y+z} \right)^2,$$

it suffices to show that

$$\sum \frac{2a}{b+c} + \sum \frac{2x}{y+z} \geq 6 + \frac{1}{2} \sum \left(\frac{b-c}{b+c} \right)^2 + \frac{1}{2} \sum \left(\frac{y-z}{y+z} \right)^2,$$

which is equivalent to

$$\begin{aligned} \sum \frac{2a}{b+c} + \sum \frac{2x}{y+z} &\geq 9 - \sum \frac{2bc}{(b+c)^2} - \sum \frac{2yz}{(y+z)^2}, \\ \sum \left[\frac{2a}{b+c} + \frac{2bc}{(b+c)^2} \right] + \sum \left[\frac{2x}{y+z} + \frac{2yz}{(y+z)^2} \right] &\geq 9, \\ 2(ab+bc+ca) \sum \frac{1}{(b+c)^2} + 2(xy+yz+zx) \sum \frac{1}{(y+z)^2} &\geq 9. \end{aligned}$$

This inequality can be obtained by summing the known inequalities (see P 1.72 in Volume 2, case $k=2$)

$$4(ab+bc+ca) \sum \frac{1}{(b+c)^2} \geq 9,$$

$$4(xy+yz+zx) \sum \frac{1}{(y+z)^2} \geq 9.$$

The equality holds for $a=b=c$ and $x=y=z$, and also for $a=x=0$, $b=c$ and $y=z$ (or any cyclic permutation).

Remark. For $x=a$, $y=b$ and $z=c$, we get the known inequality (Iran 1996):

$$\frac{1}{(a+b)^2} + \frac{1}{(a+c)^2} + \frac{1}{(b+c)^2} \geq \frac{9}{4(ab+bc+ca)}.$$

□

P 2.106. Let a, b, c be the lengths of the sides of a triangle. If x, y, z are real numbers, then

$$(ya^2 + zb^2 + xc^2)(za^2 + xb^2 + yc^2) \geq (xy + yz + zx)(a^2b^2 + b^2c^2 + c^2a^2).$$

(Vasile Cîrtoaje, 2001)

First Solution. Write the inequality as follows:

$$x^2b^2c^2 + y^2c^2a^2 + z^2a^2b^2 \geq \sum yza^2(b^2 + c^2 - a^2),$$

$$x^2b^2c^2 + y^2c^2a^2 + z^2a^2b^2 \geq 2abc \sum yza \cos A,$$

$$\frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2} \geq \frac{2yz \cos A}{bc} + \frac{2zx \cos B}{ca} + \frac{2xy \cos C}{ab},$$

$$\left(\frac{x}{a} - \frac{y}{b} \cos C - \frac{z}{c} \cos B\right)^2 + \left(\frac{y}{b} \sin C - \frac{z}{c} \sin B\right)^2 \geq 0.$$

The equality holds for

$$\frac{x}{a^2} = \frac{y}{b^2} = \frac{z}{c^2}.$$

Second Solution. Write the inequality as

$$b^2c^2x^2 - Bx + C \geq 0,$$

where

$$B = c^2(a^2 + b^2 - c^2)y + b^2(a^2 - b^2 + c^2)z,$$

$$C = a^2[c^2y^2 - (b^2 + c^2 - a^2)yz + b^2z^2].$$

It suffices to show that

$$B^2 - 4b^2c^2C \leq 0,$$

which is equivalent to

$$A(c^2y - b^2z)^2 \geq 0,$$

where

$$A = 2a^2b^2 + 2b^2c^2 + 2c^2a^2 - a^4 - b^4 - c^4.$$

This inequality is true since

$$A = (a + b + c)(a + b - c)(b + c - a)(c + a - b) \geq 0.$$

Remark 1. For $x = 1/b$, $y = 1/c$ and $z = 1/a$, we get the well-known inequality from P 1.168-(a):

$$a^3b + b^3c + c^3a \geq a^2b^2 + b^2c^2 + c^2a^2.$$

Remark 2. For $x = 1/c^2$, $y = 1/a^2$ and $z = 1/b^2$, we get the elegant cyclic inequality of Walker:

$$3 \left(\frac{a^2}{b^2} + \frac{b^2}{c^2} + \frac{c^2}{a^2} \right) \geq (a^2 + b^2 + c^2) \left(\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \right).$$

□

P 2.107. If a, b, c are nonnegative real numbers such that

$$2(a + b + c) + ab + bc + ca = 9,$$

then

$$(a + 1)bc + 3(b + c) \leq \frac{16}{a + 1}.$$

(Vasile Cîrtoaje, 2021)

Solution. Assume that a is fixed, and denote

$$x = \frac{b + c}{2}, \quad y = bc, \quad x^2 \geq y.$$

Thus, we need to show that

$$(a + 1)^2 y + 6(a + 1)x \leq 16$$

for

$$2(a + 2)x + y = 9 - 2a, \quad 0 \leq a \leq \frac{9}{2}, \quad x^2 \geq y \geq 0.$$

From

$$2(a + 2)x + x^2 \geq 9 - 2a,$$

we get

$$x \geq x_m, \quad x_m = -a - 2 + \sqrt{a^2 + 2a + 13},$$

with equality for $x^2 = y$, and from

$$2(a + 2)x \leq 9 - 2a,$$

we get

$$x \leq x_M, \quad x_M = \frac{9 - 2a}{2(a + 2)},$$

with equality for $y = 0$. Write now the required inequality in the form

$$2(a + 1)(a^2 + 3a - 1)x + 16 \geq (a + 1)^2(9 - 2a).$$

Case 1: $a^2 + 3a - 1 \geq 0$. It suffices to prove the required inequality for $x = x_m$, that is for $x^2 = y$. So, we need to show that $(a + 1)^2 y + 6(a + 1)x \leq 16$ for $x^2 = y$, when

$$2(a + 2)x + x^2 = 9 - 2a, \quad a = \frac{9 - 4x - x^2}{2(1 + x)}.$$

The inequality $(a + 1)^2 x^2 + 6(a + 1)x \leq 16$ is true if $(a + 1)x \leq 2$, which is equivalent to

$$\frac{x(11 - 2x - x^2)}{2(1 + x)} \leq 2,$$

$$x^3 + 2x^2 - 7x + 4 \geq 0,$$

$$(x-1)^2(x+4) \geq 0.$$

Case 2: $a^2 + 3a - 1 \leq 0$. It suffices to prove the required inequality for $x = x_M$, that is for $y = 0$. So, we need to show that $(a+1)^2y + 6(a+1)x \leq 16$ for $y = 0$, when

$$2(a+2)x = 9 - 2a.$$

We have

$$\begin{aligned} 16 - (a+1)^2y - 6(a+1)x &= 16 - 6(a+1)x \\ &= 16 - \frac{3(a+1)(9-2a)}{a+2} = \frac{6a^2 - 5a + 5}{a+2} > 0. \end{aligned}$$

The equality holds for $a = b = c = 1$.

□

P 2.108. If a, b, c are nonnegative real numbers such that

$$2(a+b+c) + ab + bc + ca = 9,$$

then

$$\frac{1}{ab+4} + \frac{1}{ac+4} + \frac{1}{b+4} + \frac{1}{c+4} \geq \frac{4}{5}.$$

(Vasile Cîrtoaje, 2021)

Solution. By the AM-HM inequality, we have

$$\frac{1}{ab+4} + \frac{1}{b+4} \geq \frac{4}{(ab+4) + (b+4)} = \frac{4}{b(a+1) + 8}$$

and

$$\frac{1}{ac+4} + \frac{1}{c+4} \geq \frac{4}{c(a+1) + 8}.$$

Thus, it suffices to show that

$$\frac{1}{b(a+1) + 8} + \frac{1}{c(a+1) + 8} \geq \frac{1}{5},$$

which is equivalent to

$$\begin{aligned} (a+1)(b+c) + 16 &\geq \frac{[b(a+1) + 8][c(a+1) + 8]}{5}, \\ (a+1)(b+c) + 16 &\geq \frac{(a+1)^2bc + 8(a+1)(b+c) + 64}{5}, \\ 16 &\geq (a+1)^2bc + 3(a+1)(b+c), \\ \frac{16}{a+1} &\geq (a+1)bc + 3(b+c). \end{aligned}$$

The last inequality was proved at the previous P 2.107.

The equality holds for $a = b = c = 1$.

□

P 2.109. If a, b, c are nonnegative real numbers such that

$$6a^2 + 4a(b + c) + bc = 15,$$

then

$$\frac{4}{a^2 + 1} + \frac{1}{b^2 + 1} + \frac{1}{c^2 + 1} \geq 3.$$

(Vasile Cîrtoaje, 2021)

Solution. For $a = 0$, the inequality is clearly true. Assume that $a > 0$ and $b \geq c \geq 0$. For fixed a , from

$$6a^2 + 8a\sqrt{bc} + bc \leq 15,$$

it follows that the product $p = bc$ has the maximum value when $b = c$ (for $b + c = 2\sqrt{bc}$), and the minimum value when $c = 0$. There are two cases to consider: $p \geq 1$ and $p \leq 1$.

Case 1: $p \geq 1$. Since

$$\frac{1}{b^2 + 1} + \frac{1}{c^2 + 1} - \frac{2}{bc + 1} = \frac{(b - c)^2(bc - 1)}{(b^2 + 1)(c^2 + 1)(bc + 1)} \geq 0,$$

it suffices to show that

$$\frac{4}{a^2 + 1} + \frac{2}{p + 1} \geq 3.$$

For fixed a , p has the maximum value when $b = c$. Thus, we only need to consider the case $b = c$, that is to show that $6a^2 + 8ab + b^2 = 15$ implies

$$\frac{4}{a^2 + 1} + \frac{2}{b^2 + 1} \geq 3.$$

Write the inequality in the homogeneous form

$$\frac{4}{21a^2 + 8ab + b^2} + \frac{1}{3a^2 + 4ab + 8b^2} \geq \frac{3}{6a^2 + 8ab + b^2}.$$

It suffices to prove this inequality for $b = 0$ and $b = 1$. For $b = 0$, the inequality is clearly true, while for $b = 1$, it is equivalent to

$$(11a^2 + 8a + 11)(6a^2 + 8a + 1) \geq (21a^2 + 8a + 1)(3a^2 + 4a + 8),$$

$$3a^4 + 28a^3 - 62a^2 + 28a + 3 \geq 0,$$

$$(a - 1)^2(3a^2 + 34a + 3) \geq 0.$$

Case 2: $p \leq 1$. Since

$$\frac{1}{b^2 + 1} + \frac{1}{c^2 + 1} = \frac{b^2 + c^2 + 2}{b^2c^2 + 1 + b^2 + c^2} = 1 + \frac{1 - p^2}{(1 - p)^2 + (b + c)^2},$$

we may write the inequality in the form

$$\frac{1-p^2}{(1-p)^2+(b+c)^2} \geq \frac{a^2-1}{2(a^2+1)}.$$

For $a \leq 1$, the inequality is clearly true. For fixed $a > 1$, since

$$b+c = \frac{15-6a^2-p}{4a},$$

the inequality is equivalent to

$$\frac{32a^2(1-p^2)}{16a^2(p-1)^2+(15-6a^2-p)^2} \geq \frac{a^2-1}{a^2+1},$$

or

$$Ap^2 + Bp + C \geq 0,$$

where

$$A = -32a^2(a^2+1) - (a^2-1)(16a^2+1) = -(48a^4+17a^2-1).$$

Since $A < 0$ for $a > 1$, the polynomial $Ap^2 + Bp + C$ has the minimum value when p is minimum (when $c = 0$) or maximum (when $b = c$). Thus, we only need to consider these cases.

Sub-case 1: $c = 0$. We need to show that

$$\frac{4}{a^2+1} + \frac{1}{b^2+1} \geq 2$$

for

$$b = \frac{3(5-2a^2)}{4a}, \quad 1 < a^2 \leq \frac{5}{2}.$$

The inequality is equivalent to

$$\frac{2}{a^2+1} + \frac{8a^2}{36a^4-164a^2+225} \geq 1,$$

$$225 - 381a^2 + 208a^4 - 36a^6 \geq 0,$$

$$(3-2a^2)^2(25-9a^2) \geq 0.$$

It is true since

$$25-9a^2 \geq 25 - \frac{45}{2} > 0.$$

Sub-case 2: $b = c$. As shown previously, for the nontrivial case $b = c > 0$, the inequality reduces to the obvious form

$$(a-1)^2(3a^2+34a+3) \geq 0.$$

The equality holds for $a = b = c = 1$, for $a = b = \sqrt{\frac{3}{2}}$ and $c = 0$, and for $a = c = \sqrt{\frac{3}{2}}$ and $b = 0$.

Remark. Similarly, we can prove the following generalization:

- Let a, b, c be nonnegative real numbers such that

$$k(k-1)a^2 + 2ka(b+c) + 2bc = (k+1)(k+2),$$

where $k \geq 1$. Then

$$\frac{k}{a^2+1} + \frac{1}{b^2+1} + \frac{1}{c^2+1} \geq \frac{k+2}{2},$$

with equality for $a = b = c = 1$, for $a = b = \sqrt{\frac{k+2}{k}}$ and $c = 0$, and for $a = c = \sqrt{\frac{k+2}{k}}$ and $b = 0$. □

P 2.110. Let a_1, a_2, \dots, a_n be positive real numbers such that $a_1 \geq 2a_2$. Prove that

$$(5n-1)(a_1^2 + a_2^2 + \dots + a_n^2) \geq 5(a_1 + a_2 + \dots + a_n)^2.$$

(Vasile Cîrtoaje, 2009)

Solution. Let

$$a_1 = ka_2, \quad k \geq 2.$$

By the Cauchy-Schwarz inequality, we have

$$\begin{aligned} a_1^2 + a_2^2 + \dots + a_n^2 &= (k^2 + 1)a_2^2 + a_3^2 + \dots + a_n^2 \\ &\geq \frac{[(k+1)a_2 + a_3 + \dots + a_n]^2}{\frac{(k+1)^2}{k^2+1} + n-2} = \frac{(a_1 + a_2 + \dots + a_n)^2}{\frac{2k}{k^2+1} + n-1}. \end{aligned}$$

Therefore, it suffices to show that

$$\frac{5n-1}{5} \geq \frac{2k}{k^2+1} + n-1,$$

which is equivalent to the obvious inequality

$$(k-2)(2k-1) \geq 0.$$

The equality holds if and only if $k = 2$ and

$$5a_2^2 + a_3^2 + \dots + a_n^2 = \frac{(3a_2 + a_3 + \dots + a_n)^2}{\frac{9}{5} + n-2};$$

that is, if and only if

$$\frac{5a_1}{6} = \frac{5a_2}{3} = a_3 = \dots = a_n.$$

□

P 2.111. If a_1, a_2, \dots, a_n are positive real numbers such that $a_1 \geq 4a_2$, then

$$(a_1 + a_2 + \dots + a_n) \left(\frac{1}{a_1} + \frac{1}{a_2} + \dots + \frac{1}{a_n} \right) \geq \left(n + \frac{1}{2} \right)^2.$$

Solution. Setting

$$a_1 = ka_2, \quad k \geq 4,$$

the inequality becomes

$$[(1+k)a_2 + a_3 + \dots + a_n] \left(\frac{1+k}{ka_2} + \frac{1}{a_3} + \dots + \frac{1}{a_n} \right) \geq \left(n + \frac{1}{2} \right)^2.$$

By the Cauchy-Schwarz inequality, we have

$$[(1+k)a_2 + a_3 + \dots + a_n] \left(\frac{1+k}{ka_2} + \frac{1}{a_3} + \dots + \frac{1}{a_n} \right) \geq \left(\frac{1+k}{\sqrt{k}} + n - 2 \right)^2.$$

Thus, we only need to show that

$$\frac{1+k}{\sqrt{k}} + n - 2 \geq n + \frac{1}{2},$$

which reduces to

$$(\sqrt{k} - 2)(2\sqrt{k} - 1) \geq 0.$$

The equality holds if and only if $k = 4$ and

$$\frac{a_1}{2} = 2a_2 = a_3 = \dots = a_n.$$

□

P 2.112. Suppose $n \geq 3$ and a_1, a_2, \dots, a_n are nonnegative real numbers such that $a_1 \leq a_2 \leq \dots \leq a_n$.

(a) Prove that

$$\frac{a_1a_2 + a_2a_3 + \dots + a_na_1}{n} \geq \left(\frac{a_1 + a_2 + \dots + a_{n-1}}{n-1} \right)^2;$$

(Vasile Cîrtoaje, GM-B, 2, 2023)

(b) If $k \geq k_1 = \frac{2}{1 + \sqrt{\frac{n}{n-2}}}$, prove that

$$\frac{a_1a_2 + a_2a_3 + \dots + a_na_1}{n} \geq \left(\frac{ka_1 + a_2 + \dots + a_{n-1}}{n-2+k} \right)^2.$$

(Vasile Cîrtoaje, *Recreatii Matematice*, 2, 2023)

(c) If $0 \leq k \leq k_2 = 1 + \frac{1}{1 + \sqrt{\frac{n}{n-2}}}$, prove that

$$\frac{a_1a_2 + a_2a_3 + \cdots + a_na_1}{n} \geq \left(\frac{a_1 + \cdots + a_{n-2} + ka_{n-1}}{n-2+k} \right)^2.$$

(Vasile Cîrtoaje, *Math. Reflections*, 2, 2025)

Solution. Denote

$$S = a_2 + \cdots + a_{n-1}, \quad (n-2)a_1 \leq S \leq (n-2)a_n,$$

and write the inequality as follows:

$$a_1a_2 + a_2a_3 + \cdots + a_na_1 \geq \frac{n(ka_1 + S)^2}{(k+n-2)^2},$$

$$(n-1)(a_1a_2 + a_2a_3 + \cdots + a_{n-1}a_n) + (n-1)a_na_1 \geq \frac{n(n-1)(ka_1 + S)^2}{(k+n-2)^2}.$$

Since the sequences $(a_1, a_2, \dots, a_{n-1})$ and (a_2, a_3, \dots, a_n) are increasing, by Chebyshev's inequality we have

$$(n-1)(a_1a_2 + a_2a_3 + \cdots + a_{n-1}a_n) \geq (a_1 + a_2 + \cdots + a_{n-1})(a_2 + a_3 + \cdots + a_n) = (a_1 + S)(S + a_n).$$

Thus, it suffices to show that

$$(a_1 + S)(S + a_n) + (n-1)a_na_1 \geq \frac{n(n-1)(ka_1 + S)^2}{(k+n-2)^2}.$$

Since $a_n \geq \frac{S}{n-2}$, it is enough to prove that

$$(a_1 + S) \left(S + \frac{S}{n-2} \right) + \frac{(n-1)a_1S}{n-2} \geq \frac{n(n-1)(ka_1 + S)^2}{(k+n-2)^2},$$

which is equivalent to

$$(a_1 + S)S + a_1S \geq \frac{n(n-2)(ka_1 + S)^2}{(k+n-2)^2},$$

$$[S - (n-2)a_1](AS + nk^2a_1) \geq 0,$$

where

$$A = (k+n-2)^2 - n(n-2) = k^2 + 2(n-2)k - 2(n-2) \geq 0.$$

Clearly, the inequality holds if $A \geq 0$.

(a) For $k = 1$, we have $A = 1$. The equality occurs for $a_1 = a_2 = \cdots = a_n$.

(b) We have $A \geq 0$ for $k \geq k_1$. The equality occurs for $a_1 = a_2 = \cdots = a_n$. If $k = k_1$, then the equality also occurs when $a_1 = 0$ and $a_2 = \cdots = a_n$.

(c) Since $a_{n-1}a_n \geq a_{n-1}^2$ and $a_na_1 \geq a_{n-1}a_1$, it suffices to show that

$$(a_1a_2 + a_2a_3 + \cdots + a_{n-1}a_1) + a_{n-1}^2 \geq \frac{n}{(n-2+k)^2} \cdot (a_1 + \cdots + a_{n-2} + ka_{n-1})^2 \quad (*)$$

for $a_1, a_2, \dots, a_{n-2} \in [0, a_{n-1}]$, which is a weaker condition than the original $0 \leq a_1 \leq a_2 \leq \cdots \leq a_{n-1}$. For fixed a_{n-1} , we write the inequality as $F(a_1, a_2, \dots, a_{n-2}) \geq 0$, where

$$F(a_1, a_2, \dots, a_{n-2}) = a_1a_2 + a_2a_3 + \cdots + a_{n-1}a_1 + a_{n-1}^2 - \frac{n}{(n-2+k)^2} \cdot (a_1 + \cdots + a_{n-2} + ka_{n-1})^2.$$

Since $F(a_1, a_2, \dots, a_{n-2})$ is a concave function in each variable, it has the minimum value for $a_1, a_2, \dots, a_{n-2} \in \{0, a_n\}$. So, due to symmetry, it suffices to prove (*) for

$$a_1 = \cdots = a_j = 0, \quad a_{j+1} = \cdots = a_{n-2} = a_{n-1},$$

where $j \in \{0, 1, \dots, n-2\}$. For $j = 0$, the inequality (*) is an equality. For $j \in \{1, \dots, n-2\}$, the inequality (*) is true if $f(j) \geq 0$, where

$$f(j) = (n-2+k)^2(n-j-1) - n(n-2+k-j)^2.$$

We will show that $f(j) \geq 0$ for all real $j \in [1, n-2]$. Since f is concave and $j \in [1, n-2]$, it suffices to show that $f(1) \geq 0$ and $f(n-2) \geq 0$. The inequality $f(1) \geq 0$ is equivalent to

$$(n-2+k)^2(n-2) \geq n(n-3+k)^2, \quad (n-2+k)\sqrt{n-2} \geq (n-3+k)\sqrt{n},$$

$$\begin{aligned} k &\leq \frac{(n-2)\sqrt{n-2} - (n-3)\sqrt{n}}{\sqrt{n} - \sqrt{n-2}} = \frac{\sqrt{n(n-2)} - n + 4}{2} \\ &= 1 + \frac{\sqrt{n-2}(\sqrt{n} - \sqrt{n-2})}{2} = 1 + \frac{\sqrt{n-2}}{\sqrt{n} + \sqrt{n-2}} = k_2. \end{aligned}$$

The inequality $f(n-2) \geq 0$ is equivalent to

$$(n-2+k)^2 \geq nk^2, \quad n-2+k \geq k\sqrt{n}, \quad k \leq \frac{n-2}{\sqrt{n}-1}.$$

For $n = 3$, the last inequality is equivalent to $k \leq k_2$, while for $n \geq 4$ we have

$$k \leq k_2 < 2 \leq \frac{n-2}{\sqrt{n}-1}.$$

For $0 \leq k \leq k_2$, the equality occurs when $a_1 = a_2 = \cdots = a_n$. For $k = k_2$, the equality also occurs when $a_1 = 0$ and $a_2 = \cdots = a_n$.

Remark 1. Actually, k_1 is the least positive value of k such that

$$\frac{a_1a_2 + a_2a_3 + \cdots + a_na_1}{n} \geq \left(\frac{ka_1 + a_2 + \cdots + a_{n-1}}{k + n - 2} \right)^2$$

for $n \geq 3$ and all $0 \leq a_1 \leq a_2 \leq \cdots \leq a_n$. Indeed, for $a_1 = 0$ and $a_2 = a_3 = \cdots = a_n = 1$, the inequality leads to the necessary condition $k \geq k_1$.

Remark 2. Actually, k_2 is the largest positive value of k such that

$$\frac{a_1a_2 + a_2a_3 + \cdots + a_na_1}{n} \geq \left(\frac{a_1 + \cdots + a_{n-2} + ka_{n-1}}{n - 2 + k} \right)^2$$

for $n \geq 3$ and all $0 \leq a_1 \leq a_2 \leq \cdots \leq a_n$. Indeed, for $a_1 = 0$ and $a_2 = a_3 = \cdots = a_n = 1$, the inequality leads to the necessary condition $k \geq k_3$. □

P 2.113. If $k \geq k_0 = 7 - 2\sqrt{6} \approx 2.101$ and $a \geq b \geq c \geq d \geq e \geq f \geq 0$, then

$$\left(\frac{ka + b + c + d + e + f}{k + 5} \right)^2 \geq \frac{ab + bc + cd + de + ef + fa}{6}.$$

(Vasile Cîrtoaje, *Math. Reflections*, 3, 2025)

Solution. Since $5a - b - c - d - e - f \geq 0$ and

$$\frac{ka + b + c + d + e + f}{k + 5} = a - \frac{5a - b - c - d - e - f}{k + 5},$$

it suffices to prove the desired inequality, for $k = k_0$, that is $(k + 5)^2 = 24k$. Write the inequality in the homogeneous form $F(a, b, c, d, e) \geq 0$, where

$$F(a, b, c, d, e) = (ka + b + c + d + e + f)^2 - 4k(ab + bc + cd + de + ef + fa).$$

We will show that

$$F(a, b, c, d, e, f) \geq F(S, S, S, d, e, f) \geq F(S, S, S, d, s, s) \geq 0,$$

where

$$S = \frac{ka + b + c}{k + 2}, \quad s = \frac{e + f}{2}, \quad S \geq d \geq s.$$

We have

$$\frac{F(a, b, c, d, e, f) - F(S, S, S, d, e, f)}{4k} = 2S^2 + d(S - c) - f(a - S) - ab - bc$$

$$\geq 2S^2 + d(S - c) - d(a - S) - ab - bc = 2S^2 + d(2S - a - c) - ab - bc.$$

Since

$$2S - a - c = \frac{(k-2)a + 2(b-c)}{k+2} > 0,$$

we get

$$\frac{F(a, b, c, d, e, f) - F(S, S, S, d, e, f)}{4k} \geq 2S^2 - ab - bc = \frac{E}{(k+2)^2},$$

where

$$\begin{aligned} E &= 2(ka + b + c)^2 - (k+2)^2 b(a+c) = (2a^2 - ab - bc)k^2 + 4c(a-b)k + 2(b+c)^2 - 4b(a+c) \\ &\geq 4(2a^2 - ab - bc) + 2(b+c)^2 - 4b(a+c) = 4a(a-b) + (b-c)^2 \geq 0. \end{aligned}$$

We have

$$\begin{aligned} \frac{F(S, S, S, d, e, f) - F(S, S, S, d, s, s)}{4k} &= s^2 - ef + d(s-e) + S(s-f) \\ &= \frac{(e-f)^2}{4} + \frac{(e-f)(S-d)}{2} \geq 0. \end{aligned}$$

We have

$$\begin{aligned} F(S, S, S, d, s, s) &= [(k+2)S + d + 2s]^2 - 4k(2S^4 + Sd + ds + s^2 + sS) \\ &= -As^2 + B(S, d)s + C(S, d), \end{aligned}$$

where $A = 4(k-1)$. Since $A > 0$ and $0 \leq s \leq d$, to prove the inequality $F(S, S, S, d, s, s) \geq 0$, it suffices to consider the cases $s = 0$ and $s = d$. For $s = 0$, we need to show that

$$[(k+2)S + d]^2 - 4k(2S^2 + Sd) \geq 0,$$

which is equivalent to

$$[(k-2)S - d]^2 \geq 0.$$

For $s = d$, we need to show that

$$[(k+2)S + 3d]^2 - 8k(S^2 + Sd + d^2) \geq 0,$$

that is

$$(k-2)S^2 + 2(6-k)Sd - (8k-9)d^2 \geq 0.$$

Indeed, we have

$$(k-2)S^2 + 2(6-k)Sd - (8k-9)d^2 \geq (k-2)d^2 + 2(6-k)d^2 - (8k-9)d^2 = (k^2 - 14k + 25)d^2 = 0.$$

The equality occurs for $a = b = c = d = e = f$. If $k = 7 - 2\sqrt{6}$, then the equality also occurs for $a = b = c = d/(k-2)$ and $e = f = 0$.

□

P 2.114. If $a_1 \geq a_2 \geq \cdots \geq a_9 \geq 0$, then

$$\left(\frac{4a_1 + a_2 + \cdots + a_9}{12} \right)^2 \geq \frac{a_1a_2 + a_2a_3 + \cdots + a_9a_1}{9}.$$

(Vasile Cîrtoaje, *Math. Reflections*, 6, 2023)

Solution. Write the inequality as $F(a_1, a_2, \dots, a_9) \geq 0$, where

$$F(a_1, a_2, \dots, a_9) = (4a_1 + a_2 + \cdots + a_9)^2 - 16(a_1a_2 + a_2a_3 + \cdots + a_9a_1).$$

We will show that

$$F(a_1, a_2, a_3, \dots, a_9) \geq F(a_2, a_2, a_3, \dots, a_9) \geq \cdots \geq F(a_8, a_8, \dots, a_8, a_9) \geq F(a_9, a_9, \dots, a_9, a_9) = 0,$$

that is

$$F(a_i, \dots, a_i, a_{i+1}, \dots, a_9) \geq F(a_{i+1}, \dots, a_{i+1}, a_{i+2}, \dots, a_9), \quad i \in \{1, 2, \dots, 8\}.$$

Write this inequality as follows:

$$\begin{aligned} & [(i+3)a_i + a_{i+1} + \cdots + a_9]^2 - 16[(i-1)a_i^2 + a_ia_{i+1} + \cdots + a_9a_i] \geq \\ & \geq [(i+4)a_{i+1} + a_{i+2} + \cdots + a_9]^2 - 16[ia_{i+1}^2 + a_{i+1}a_{i+2} + \cdots + a_9a_{i+1}], \end{aligned}$$

$$\begin{aligned} & (i+3)(a_i - a_{i+1})[(i+3)a_i + (i+5)a_{i+1} + 2a_{i+2} + \cdots + 2a_9] \\ & - 16[(i-1)(a_i^2 - a_{i+1}^2) + a_{i+1}(a_i - a_{i+1}) + a_9(a_i - a_{i+1})] \geq 0, \end{aligned}$$

$$(a_i - a_{i+1})E_i \geq 0,$$

where

$$E_i = (i-5)^2a_i + (i^2 - 8i + 15)a_{i+1} + 2(i+3)(a_{i+2} + \cdots + a_8) + 2(i-5)a_9.$$

Since

$$(i-5)^2a_i + (i^2 - 8i + 15)a_{i+1} \geq (i-5)^2a_{i+1} + (i^2 - 8i + 15)a_{i+1} = 2(i-4)(i-5)a_{i+1} \geq 0,$$

it suffices to show that

$$(i+3)(a_{i+2} + \cdots + a_8) + (i-5)a_9 \geq 0.$$

This is true for $i \geq 5$, while for $i \leq 4$ we have

$$(i+3)(a_{i+2} + \cdots + a_8) + (i-5)a_9 \geq (i+3)(7-i)a_9 + (i-5)a_9 \geq 3(i+3)a_9 + (i-5)a_9 = 4(i+1)a_9 \geq 0.$$

The equality occurs for $a_1 = a_2 = \cdots = a_9 = 1$, and also for $a_1 = \cdots = a_5 = \frac{3}{2}$ and $a_6 = a_7 = a_8 = a_9 = 0$.

Remark. Similarly, we can prove the following generalization:

• Let $n \geq 4$ be a perfect square. Then, $k_0 = (\sqrt{n} - 1)^2$ is the least positive value of the constant k such that

$$\left(\frac{ka_1 + a_2 + \cdots + a_n}{k + n - 1} \right)^2 \geq \frac{a_1a_2 + a_2a_3 + \cdots + a_na_1}{n}$$

whenever $a_1 \geq a_2 \geq \cdots \geq a_n \geq 0$.

For $a_1 = \cdots = a_{k_0+1} = 1$ and $a_{k_0+2} = \cdots = a_n = 0$, the inequality becomes

$$\left(\frac{k + k_0}{k + n - 1} \right)^2 \geq \frac{k_0}{n}, \quad \frac{k + k_0}{k + n - 1} \geq \frac{\sqrt{n} - 1}{\sqrt{n}}, \quad k \geq k_0.$$

To show that k_0 is the least positive value of k , it suffices to prove the inequality for $k = k_0$, that is to show that $F(a_1, a_2, \dots, a_n) \geq 0$, where

$$F(a_1, a_2, \dots, a_n) = n(ka_1 + a_2 + \cdots + a_n)^2 - (k + n - 1)^2(a_1a_2 + a_2a_3 + \cdots + a_na_1).$$

We will show that

$$\begin{aligned} F(a_1, a_2, a_3, \dots, a_n) &\geq F(a_2, a_2, a_3, \dots, a_n) \geq \cdots \\ &\geq F(a_{n-1}, a_{n-1}, \dots, a_{n-1}, a_n) \geq F(a_n, a_n, \dots, a_n, a_n) = 0, \end{aligned}$$

that is

$$F(a_i, \dots, a_i, a_{i+1}, \dots, a_n) \geq F(a_{i+1}, \dots, a_{i+1}, a_{i+2}, \dots, a_n), \quad i \in \{1, 2, \dots, n-1\}.$$

Write this inequality as follows:

$$\begin{aligned} &n[(i+k-1)a_i + a_{i+1} + \cdots + a_n]^2 - (k+n-1)^2[(i-1)a_i^2 + a_ia_{i+1} + \cdots + a_na_i] \geq \\ &\geq n[(i+k)a_{i+1} + a_{i+2} + \cdots + a_n]^2 - (k+n-1)2[ia_{i+1}^2 + a_{i+1}a_{i+2} + \cdots + a_na_{i+1}], \end{aligned}$$

$$\begin{aligned} &n(i+k-1)(a_i - a_{i+1})[(i+k-1)a_i + (i+k+1)a_{i+1} + 2a_{i+2} + \cdots + 2a_n] \\ &- (k+n-1)^2[(i-1)(a_i^2 - a_{i+1}^2) + a_{i+1}(a_i - a_{i+1}) + a_n(a_i - a_{i+1})] \geq 0, \end{aligned}$$

$$(a_i - a_{i+1})E_i \geq 0,$$

with

$$E_i = A_ia_i + A_{i+1}a_{i+1} + 2n(i+k-1)(a_{i+2} + \cdots + a_{n-1}) + 2n(i-k-1)a_n,$$

where

$$A_i = n(i + k - 1)^2 - (i - 1)(k + n - 1)^2, \quad A_{i+1} = n(i + k - 1)(i + k + 1) - i(k + n - 1)^2.$$

Since

$$(k + n - 1)^2 = 4(n - \sqrt{n})^2 = 4nk,$$

we have

$$\begin{aligned} A_i &= n(i + k - 1)^2 - 4nk(i - 1) = n(i - k - 1)^2 \geq 0, \\ A_{i+1} &= n(i + k - 1)(i + k + 1) - 4nik = n(i - k - 1)(i - k + 1). \end{aligned}$$

Since

$$A_i a_i + A_{i+1} a_{i+1} \geq (A_i + A_{i+1}) a_{i+1} = 2n(i - k - 1)(i - k) \geq 0,$$

it suffices to show that

$$2n(i + k - 1)(a_{i+2} + \cdots + a_{n-1}) + 2n(i - k - 1)a_n \geq 0.$$

This is true for $i \geq k + 1$, while for $i \leq k$ we have

$$\begin{aligned} 2n(i + k - 1)(a_{i+2} + \cdots + a_{n-1}) + 2n(i - k - 1)a_n &\geq 2n(i + k - 1)(n - i - 2)a_n + 2n(i - k - 1)a_n \\ &\geq 2n(i + k - 1)(n - k - 2)a_n + 2n(i - k - 1)a_n = 2n[(i - 1)(n - k - 1) + k(n - k - 3)]a_n \\ &\geq 2nk(n - k - 3)a_n = 4nk(\sqrt{n} - 2) \geq 0. \end{aligned}$$

For $k = k_0$, the equality occurs when $a_1 = a_2 = \cdots = a_n = 1$, and also for $a_1 = \cdots = a_{k+1}$ and $a_{k+2} = \cdots = a_n = 0$. □

P 2.115. Prove that $\frac{3}{4}$ is the least positive value of k such that

$$\left(\frac{ka + b + c + d}{k + 3} \right)^2 \geq \frac{ab + bc + cd + de + ea}{5}$$

whenever $a \geq b \geq c \geq d \geq e \geq 0$.

(Vasile Cîrtoaje, *Math. Reflections*, 3, 2024)

Solution. Setting $b = c = d = e = 1$, which involves and $a \geq 1$, the inequality becomes

$$\left(\frac{ka + 3}{k + 3} \right)^2 \geq \frac{2a + 3}{5}, \quad \left(\frac{ka + 3}{k + 3} \right)^2 - 1 \geq \frac{2a + 3}{5} - 1,$$

$$(a - 1)(5k^2 a + 3k^2 + 18k - 18) \geq 0.$$

It is true for $a \geq 1$ only if

$$5k^2 a + 3k^2 + 18k - 18 \geq 0.$$

Setting $a = 1$, we get the necessary condition $(4k - 3)(k + 3) \geq 0$, i.e. $k \geq \frac{3}{4}$. To show that $\frac{3}{4}$ is the least positive value of k , we need to prove the original inequality for $k = \frac{3}{4}$. Since

$$ab + bc + cd + de + ea \leq ab + bc + cd + d^2 + da,$$

it suffices to prove that $F(a, b, c, d) \geq 0$, where

$$F(a, b, c, d) = (3a + 4b + 4c + 4d)^2 - 45(ab + bc + cd + d^2 + da).$$

We will show that

$$F(a, b, c, d) \geq F(a, b, s, s) \geq 0,$$

where $s = \frac{c+d}{2}$, $s \geq \sqrt{cd} \geq d$. We have

$$\begin{aligned} \frac{F(a, b, c, d) - F(a, b, s, s)}{45} &= (ab + bs + s^2 + s^2 + sa) - (ab + bc + cd + d^2 + da) \\ &= b(s - c) + (s^2 - cd) + (s^2 - d^2) + a(s - d) \geq b(s - c) + a(s - d) = \frac{(c - d)(a - b)}{2} \geq 0. \end{aligned}$$

Next, for fixed a and b , we write the inequality $F(a, b, s, s) \geq 0$ as $f(s) \geq 0$, where

$$f(s) = (3a + 4b + 8s)^2 - 45[2s^2 + (a + b)s + ab].$$

Since $f(s)$ is concave and $s \in [0, b]$, it suffices to show that $f(0) \geq 0$ and $f(b) \geq 0$. Indeed,

$$f(0) = (3a + 4b)^2 - 45ab = (3a - 4b)^2 + 3ab > 0$$

and

$$f(b) = (3a + 12b)^2 - 45(2ab + 3b^2) = 9(a - b)^2 \geq 0.$$

For $k = \frac{3}{4}$, the equality occurs when $a = b = c = d = e \geq 0$.

□

P 2.116. If $a_1 \geq a_2 \geq \cdots \geq a_8 \geq 0$, then

$$(2a_1 + a_2 + \cdots + a_7)^2 \geq 8(a_1a_2 + a_2a_3 + \cdots + a_8a_1).$$

(Vasile Cîrtoaje, *Mathproblems*, 1, 2024)

Solution. Since

$$a_1a_2 + a_2a_3 + \cdots + a_8a_1 \leq a_1a_2 + a_2a_3 + \cdots + a_6a_7 + a_7^2 + a_7a_1,$$

it suffices to prove that $F(a_1, a_2, \dots, a_7) \geq 0$, where

$$F(a_1, a_2, \dots, a_7) = (2a_1 + a_2 + \cdots + a_7)^2 - 8(a_1a_2 + a_2a_3 + \cdots + a_6a_7 + a_7^2 + a_7a_1).$$

We will show that

$$F(a_1, a_2, a_3, a_4, a_5, a_6, a_7) \geq F(a_2, a_2, a_3, a_4, a_5, a_6, a_7) \geq \cdots \geq F(a_6, a_6, a_6, a_6, a_6, a_6, a_7) \geq 0.$$

Since

$$F(a_6, a_6, a_6, a_6, a_6, a_6, a_7) = (7a_6 + a_7)^2 - 8(5a_6^2 + 2a_6a_7 + a_7^2) = (a_6 - a_7)(9a_6 + 7a_7) \geq 0,$$

we only need to show that

$$F(a_i, \dots, a_i, a_{i+1}, a_{i+2}, \dots, a_7) \geq F(a_{i+1}, \dots, a_{i+1}, a_{i+1}, a_{i+2}, \dots, a_7)$$

for $i = 1, \dots, 5$. Write the inequality as follows:

$$\begin{aligned} [(i+1)a_i + a_{i+1} + a_{i+2} + \cdots + a_7]^2 - 8[(i-1)a_i^2 + a_ia_{i+1} + a_{i+1}a_{i+2} + \cdots + a_6a_7 + a_7^2 + a_7a_i] &\geq \\ &\geq [(i+2)a_{i+1} + a_{i+2} + \cdots + a_7]^2 - 8[ia_{i+1}^2 + a_{i+1}a_{i+2} + \cdots + a_6a_7 + a_7^2 + a_7a_{i+1}], \end{aligned}$$

$$(i+1)(a_i - a_{i+1})[(i+1)a_i + (i+3)a_{i+1} + 2a_{i+2} + \cdots + 2a_7] \geq 8(a_i - a_{i+1})[(i-1)a_i + ia_{i+1} + a_7].$$

Since $a_i - a_{i+1} \geq 0$, the inequality holds if

$$(i+1)[(i+1)a_i + (i+3)a_{i+1} + 2a_{i+2} + \cdots + 2a_7] \geq 8[(i-1)a_i + ia_{i+1} + a_7],$$

that is

$$(i-3)^2a_i + (i-1)(i-3)a_{i+1} + 2(i+1)(a_{i+2} + \cdots + a_6) + 2(i-3)a_7 \geq 0.$$

This inequality is clearly true for $i \geq 3$. It also holds for $i = 1$ and $i = 2$, because

$$(i-3)^2a_i + (i-1)(i-3)a_{i+1} \geq (i-3)^2a_{i+1} + (i-1)(i-3)a_{i+1} = 2(2-i)(3-i)a_{i+1} \geq 0$$

and

$$2(i+1)a_6 + 2(i-3)a_7 \geq 2(i+1)a_7 + 2(i-3)a_7 = 4(i-1)a_7 \geq 0.$$

The equality occurs when $a_1 = a_2 = \cdots = a_8$, and also when $a_1 = a_2 = a_3$ and $a_4 = \cdots = a_8 = 0$.

Remark. Similarly, we can prove the following generalization:

• Let $n \geq 3$ be an integer such that $2n$ is a perfect square. Then, $k_0 = (\sqrt{n} - 2)^2$ is the least positive value of the constant k such that

$$\left(\frac{ka_1 + a_2 + \cdots + a_{n-1}}{k + n - 2} \right)^2 \geq \frac{a_1a_2 + a_2a_3 + \cdots + a_na_1}{n}$$

whenever $a_1 \geq a_2 \geq \cdots \geq a_n \geq 0$.

Setting $a_1 = a_2 = \cdots = a_{k_0+1} = 1$ and $a_{k_0+2} = \cdots = a_n = 0$, the desired inequality becomes

$$\left(\frac{k + k_0}{k + n - 2} \right)^2 \geq \frac{k_0}{n}, \quad \frac{k + k_0}{k + n - 2} \geq \frac{\sqrt{n} - \sqrt{2}}{\sqrt{n}}, \quad k \geq k_0.$$

To show that k_0 is the smallest positive value of k , we need to show that the original inequality holds for $k = k_0$. Since

$$(k + n - 2)^2 = 4kn$$

and

$$a_1a_2 + a_2a_3 + \cdots + a_na_1 \leq a_1a_2 + a_2a_3 + \cdots + a_{n-2}a_{n-1} + a_{n-1}^2 + a_{n-1}a_1,$$

it suffices to prove that $F(a_1, a_2, \dots, a_{n-1}) \geq 0$, where

$$F(a_1, a_2, \dots, a_{n-1}) = (ka_1 + a_2 + \cdots + a_{n-2} + a_{n-1})^2 - 4k(a_1a_2 + a_2a_3 + \cdots + a_{n-2}a_{n-1} + a_{n-1}^2 + a_{n-1}a_1).$$

We will show that

$$F(a_1, a_2, a_3, \dots, a_{n-1}) \geq F(a_2, a_2, a_3, \dots, a_{n-1}) \geq \cdots \geq F(a_{n-2}, a_{n-2}, \dots, a_{n-2}, a_{n-1}) \geq 0.$$

Since

$$\begin{aligned} F(a_{n-2}, a_{n-2}, \dots, a_{n-2}, a_{n-1}) &= [(n-3+k)a_{n-2} + a_{n-1}]^2 - 4k[(n-3)a_{n-2}^2 + 2a_{n-2}a_{n-1} + a_{n-1}^2] \\ &= (a_{n-2} - a_{n-1})[(n-3-k)^2a_{n-2} + (4k-1)a_{n-1}] \geq 0, \end{aligned}$$

we only need to show that

$$F(a_i, \dots, a_i, a_{i+1}, a_{i+2}, \dots, a_{n-1}) \geq F(a_{i+1}, \dots, a_{i+1}, a_{i+1}, a_{i+2}, \dots, a_{n-1})$$

for $i = 1, \dots, n-3$. Write the inequality as follows:

$$\begin{aligned} &[(i-1+k)a_i + a_{i+1} + a_{i+2} + \cdots + a_{n-1}]^2 - 4k[(i-1)a_i^2 + a_ia_{i+1} + a_{i+1}a_{i+2} + \cdots + a_{n-2}a_{n-1} + a_{n-1}^2 + a_{n-1}a_i] \geq \\ &\geq [(i+k)a_{i+1} + a_{i+2} + \cdots + a_{n-1}]^2 - 4k[ia_{i+1}^2 + a_{i+1}a_{i+2} + \cdots + a_{n-2}a_{n-1} + a_{n-1}^2 + a_{n-1}a_{i+1}], \\ &(i-1+k)(a_i - a_{i+1})[(i-1+k)a_i + (i+1+k)a_{i+1} + 2a_{i+2} + \cdots + 2a_{n-1}]^2 \geq 4k(a_i - a_{i+1})[(i-1)(a_i + a_{i+1}) + a_{n-1}], \\ &(a_i - a_{i+1})[(i-1-k)^2a_i + (i-1-k)(i+1-k)a_{i+1} + 2(i-1+k)a_{i+2} + \cdots + 2(i-1+k)a_{n-2} + 2(i-1-k)a_{n-1}] \geq 0. \end{aligned}$$

Since

$$(i-1-k)^2 a_i + (i-1-k)(i+1-k) a_{i+1} \geq (i-1-k)^2 a_{i+1} + (i-1-k)(i+1-k) a_{i+1} = 2(i-k-1)(i-k) a_{i+1} \geq 0$$

and

$$2(i-1+k) a_{n-2} + 2(i-1-k) a_{n-1} \geq 2(i-1+k) a_{n-1} + 2(i-1-k) a_{n-1} = 4(i-1) a_{n-1},$$

the last inequality is true and the proof is completed. For $k = k_0$, the equality occurs when $a_1 = a_2 = \dots = a_n$, and also when $a_1 = a_2 = \dots = a_{k+1}$ and $a_{k+2} = \dots = a_n = 0$.

□

P 2.117. Let a, b, c, d be nonnegative real numbers such that $ab + bc + cd = 7$. Prove that

$$\frac{1}{a+1} + \frac{1}{b+1} + \frac{1}{c+1} + \frac{1}{d+1} \geq \frac{3}{2}.$$

(Vasile Cîrtoaje, *Crux Mathematicorum*, 1, 2025)

Solution. By the Cauchy-Schwarz inequality, we have

$$[(a+1)b + (d+1)c] \left(\frac{1}{a+1} + \frac{1}{d+1} \right) \geq (\sqrt{b} + \sqrt{c})^2,$$

$$\frac{1}{a+1} + \frac{1}{d+1} \geq \frac{b+c+2\sqrt{bc}}{b+c-bc+7}.$$

So, it suffices to show that

$$\frac{1}{b+1} + \frac{1}{c+1} + \frac{b+c+2\sqrt{bc}}{b+c-bc+7} \geq \frac{3}{2}.$$

Let

$$s = \frac{b+c}{2}, \quad p = \sqrt{bc}, \quad s \geq p.$$

We need to show that

$$\frac{2s+2}{2s+p^2+1} + \frac{2s+2p}{2s-p^2+7} \geq \frac{3}{2},$$

which is equivalent to $F \geq 0$, where

$$\begin{aligned} F &= 4s^2 + 8(p-1)s + 3p^4 + 4p^3 - 22p^2 + 4p + 7 \\ &= 4(s+p-1)^2 + 3p^4 + 4p^3 - 26p^2 + 12p + 3. \end{aligned}$$

For $p \leq \frac{1}{2}$, we have

$$F \geq 3p^4 + 4p^3 - 26p^2 + 12p + 3 > -28p^2 + 12p + 1 = (1-2p)(1+14p) \geq 0.$$

For $p \geq \frac{1}{2}$, we have $s + p - 1 \geq 2p - 1 \geq 0$, therefore

$$\begin{aligned} F &\geq 4(2p - 1)^2 + 3p^4 + 4p^3 - 26p^2 + 12p + 3 \\ &= 3p^4 + 4p^3 - 10p^2 - 4p + 7 = (p - 1)^2(p + 1)(3p + 7) \geq 0. \end{aligned}$$

The equality occurs for $a = d = 3$ and $b = c = 1$.

□

Appendix A

Glosar

1. AM-GM (ARITHMETIC MEAN-GEOMETRIC MEAN) INEQUALITY

If a_1, a_2, \dots, a_n are nonnegative real numbers, then

$$a_1 + a_2 + \cdots + a_n \geq n \sqrt[n]{a_1 a_2 \cdots a_n},$$

with equality if and only if $a_1 = a_2 = \cdots = a_n$.

2. WEIGHTED AM-GM INEQUALITY

Let p_1, p_2, \dots, p_n be positive real numbers satisfying

$$p_1 + p_2 + \cdots + p_n = 1.$$

If a_1, a_2, \dots, a_n are nonnegative real numbers, then

$$p_1 a_1 + p_2 a_2 + \cdots + p_n a_n \geq a_1^{p_1} a_2^{p_2} \cdots a_n^{p_n},$$

with equality if and only if $a_1 = a_2 = \cdots = a_n$.

3. AM-HM (ARITHMETIC MEAN-HARMONIC MEAN) INEQUALITY

If a_1, a_2, \dots, a_n are positive real numbers, then

$$(a_1 + a_2 + \cdots + a_n) \left(\frac{1}{a_1} + \frac{1}{a_2} + \cdots + \frac{1}{a_n} \right) \geq n^2,$$

with equality if and only if $a_1 = a_2 = \cdots = a_n$.

4. POWER MEAN INEQUALITY

The power mean of order k of positive real numbers a_1, a_2, \dots, a_n ,

$$M_k = \begin{cases} \left(\frac{a_1^k + a_2^k + \dots + a_n^k}{n} \right)^{\frac{1}{k}}, & k \neq 0 \\ \sqrt[n]{a_1 a_2 \dots a_n}, & k = 0 \end{cases},$$

is an increasing function with respect to $k \in \mathbb{R}$. For instant, $M_2 \geq M_1 \geq M_0 \geq M_{-1}$ is equivalent to

$$\sqrt{\frac{a_1^2 + a_2^2 + \dots + a_n^2}{n}} \geq \frac{a_1 + a_2 + \dots + a_n}{n} \geq \sqrt[n]{a_1 a_2 \dots a_n} \geq \frac{n}{\frac{1}{a_1} + \frac{1}{a_2} + \dots + \frac{1}{a_n}}.$$

5. BERNOULLI'S INEQUALITY

For any real number $x \geq -1$, we have

- a) $(1+x)^r \geq 1+rx$ for $r \geq 1$ and $r \leq 0$;
- b) $(1+x)^r \leq 1+rx$ for $0 \leq r \leq 1$.

If a_1, a_2, \dots, a_n are real numbers such that either $a_1, a_2, \dots, a_n \geq 0$ or

$$-1 \leq a_1, a_2, \dots, a_n \leq 0,$$

then

$$(1+a_1)(1+a_2) \dots (1+a_n) \geq 1+a_1+a_2+\dots+a_n.$$

6. SCHUR'S INEQUALITY

For any nonnegative real numbers a, b, c and any positive number k , the inequality holds

$$a^k(a-b)(a-c) + b^k(b-c)(b-a) + c^k(c-a)(c-b) \geq 0,$$

with equality for $a = b = c$, and for $a = 0$ and $b = c$ (or any cyclic permutation).

For $k = 1$, we get the third degree Schur's inequality, which can be rewritten as follows

$$a^3 + b^3 + c^3 + 3abc \geq ab(a+b) + bc(b+c) + ca(c+a),$$

$$(a+b+c)^3 + 9abc \geq 4(a+b+c)(ab+bc+ca),$$

$$a^2 + b^2 + c^2 + \frac{9abc}{a+b+c} \geq 2(ab+bc+ca),$$

$$(b-c)^2(b+c-a) + (c-a)^2(c+a-b) + (a-b)^2(a+b-c) \geq 0.$$

For $k = 2$, we get the fourth degree Schur's inequality, which holds for any real numbers a, b, c , and can be rewritten as follows

$$\begin{aligned} a^4 + b^4 + c^4 + abc(a + b + c) &\geq ab(a^2 + b^2) + bc(b^2 + c^2) + ca(c^2 + a^2), \\ a^4 + b^4 + c^4 - a^2b^2 - b^2c^2 - c^2a^2 &\geq (ab + bc + ca)(a^2 + b^2 + c^2 - ab - bc - ca), \\ (b - c)^2(b + c - a)^2 + (c - a)^2(c + a - b)^2 + (a - b)^2(a + b - c)^2 &\geq 0, \\ 6abcp &\geq (p^2 - q)(4q - p^2), \quad p = a + b + c, \quad q = ab + bc + ca. \end{aligned}$$

A generalization of the fourth degree Schur's inequality, which holds for any real numbers a, b, c and any real number m , is the following (Vasile Cîrtoaje, 2004)

$$\sum (a - mb)(a - mc)(a - b)(a - c) \geq 0,$$

where the equality holds for $a = b = c$, and for $a/m = b = c$ (or any cyclic permutation). This inequality is equivalent to

$$\begin{aligned} \sum a^4 + m(m + 2) \sum a^2b^2 + (1 - m^2)abc \sum a &\geq (m + 1) \sum ab(a^2 + b^2), \\ \sum (b - c)^2(b + c - a - ma)^2 &\geq 0. \end{aligned}$$

A more general result is given by the following theorem (Vasile Cîrtoaje, 2004).

Theorem. *Let*

$$f_4(a, b, c) = \sum a^4 + \alpha \sum a^2b^2 + \beta abc \sum a - \gamma \sum ab(a^2 + b^2),$$

where α, β, γ are real constants such that $1 + \alpha + \beta = 2\gamma$. Then,

(a) $f_4(a, b, c) \geq 0$ for all $a, b, c \in \mathbb{R}$ if and only if

$$1 + \alpha \geq \gamma^2;$$

(b) $f_4(a, b, c) \geq 0$ for all $a, b, c \geq 0$ if and only if

$$\alpha \geq (\gamma - 1) \max\{2, \gamma + 1\}.$$

7. CAUCHY-SCHWARZ INEQUALITY

If a_1, a_2, \dots, a_n and b_1, b_2, \dots, b_n are real numbers, then

$$(a_1^2 + a_2^2 + \dots + a_n^2)(b_1^2 + b_2^2 + \dots + b_n^2) \geq (a_1b_1 + a_2b_2 + \dots + a_nb_n)^2,$$

with equality for

$$\frac{a_1}{b_1} = \frac{a_2}{b_2} = \dots = \frac{a_n}{b_n}.$$

Notice that the equality conditions are also valid for $a_i = b_i = 0$, where $1 \leq i \leq n$.

8. HÖLDER'S INEQUALITY

If x_{ij} ($i = 1, 2, \dots, m; j = 1, 2, \dots, n$) are nonnegative real numbers, then

$$\prod_{i=1}^m \left(\sum_{j=1}^n x_{ij} \right) \geq \left(\sum_{j=1}^n \sqrt[m]{\prod_{i=1}^m x_{ij}} \right)^m.$$

9. CHEBYSHEV'S INEQUALITY

Let $a_1 \geq a_2 \geq \dots \geq a_n$ be real numbers.

a) If $b_1 \geq b_2 \geq \dots \geq b_n$, then

$$n \sum_{i=1}^n a_i b_i \geq \left(\sum_{i=1}^n a_i \right) \left(\sum_{i=1}^n b_i \right);$$

b) If $b_1 \leq b_2 \leq \dots \leq b_n$, then

$$n \sum_{i=1}^n a_i b_i \leq \left(\sum_{i=1}^n a_i \right) \left(\sum_{i=1}^n b_i \right).$$

10. REARRANGEMENT INEQUALITY

(1) If a_1, a_2, \dots, a_n and b_1, b_2, \dots, b_n are two increasing (or decreasing) real sequences, and (i_1, i_2, \dots, i_n) is an arbitrary permutation of $(1, 2, \dots, n)$, then

$$a_1 b_1 + a_2 b_2 + \dots + a_n b_n \geq a_1 b_{i_1} + a_2 b_{i_2} + \dots + a_n b_{i_n}.$$

(2) If a_1, a_2, \dots, a_n is decreasing and b_1, b_2, \dots, b_n is increasing, then

$$a_1 b_1 + a_2 b_2 + \dots + a_n b_n \leq a_1 b_{i_1} + a_2 b_{i_2} + \dots + a_n b_{i_n}.$$

(3) Let b_1, b_2, \dots, b_n and c_1, c_2, \dots, c_n be two real sequences such that

$$b_1 + \dots + b_k \geq c_1 + \dots + c_k, \quad k = 1, 2, \dots, n.$$

If $a_1 \geq a_2 \geq \dots \geq a_n \geq 0$, then

$$a_1 b_1 + a_2 b_2 + \dots + a_n b_n \geq a_1 c_1 + a_2 c_2 + \dots + a_n c_n.$$

11. CONVEX FUNCTIONS

A function f defined on a real interval \mathbb{I} is said to be *convex* if

$$f(\alpha x + \beta y) \leq \alpha f(x) + \beta f(y)$$

for all $x, y \in \mathbb{I}$ and any $\alpha, \beta \geq 0$ with $\alpha + \beta = 1$. If the inequality is reversed, then f is said to be concave.

If f is differentiable on \mathbb{I} , then f is (strictly) convex if and only if the derivative f' is (strictly) increasing. If $f'' \geq 0$ on \mathbb{I} , then f is convex on \mathbb{I} . Also, if $f'' \geq 0$ on (a, b) and f is continuous on $[a, b]$, then f is convex on $[a, b]$.

Jensen's inequality. *Let p_1, p_2, \dots, p_n be positive real numbers. If f is a convex function on a real interval \mathbb{I} , then for any $a_1, a_2, \dots, a_n \in \mathbb{I}$, the inequality holds*

$$\frac{p_1 f(a_1) + p_2 f(a_2) + \dots + p_n f(a_n)}{p_1 + p_2 + \dots + p_n} \geq f\left(\frac{p_1 a_1 + p_2 a_2 + \dots + p_n a_n}{p_1 + p_2 + \dots + p_n}\right).$$

For $p_1 = p_2 = \dots = p_n$, Jensen's inequality becomes

$$f(a_1) + f(a_2) + \dots + f(a_n) \geq n f\left(\frac{a_1 + a_2 + \dots + a_n}{n}\right).$$

12. SQUARE PRODUCT INEQUALITY

Let a, b, c be real numbers, and let

$$\begin{aligned} p &= a + b + c, & q &= ab + bc + ca, & r &= abc, \\ s &= \sqrt{p^2 - 3q} = \sqrt{a^2 + b^2 + c^2 - ab - bc - ca}. \end{aligned}$$

From the identity

$$(a - b)^2(b - c)^2(c - a)^2 = -27r^2 + 2(9pq - 2p^3)r + p^2q^2 - 4q^3,$$

it follows that

$$\frac{-2p^3 + 9pq - 2(p^2 - 3q)\sqrt{p^2 - 3q}}{27} \leq r \leq \frac{-2p^3 + 9pq + 2(p^2 - 3q)\sqrt{p^2 - 3q}}{27},$$

which is equivalent to

$$\frac{p^3 - 3ps^2 - 2s^3}{27} \leq r \leq \frac{p^3 - 3ps^2 + 2s^3}{27}.$$

Therefore, for constant p and q , the product r is minimal and maximal when two of a, b, c are equal.

13. KARAMATA'S MAJORIZATION INEQUALITY

Let f be a convex function on a real interval \mathbb{I} . If a decreasingly ordered sequence

$$A = (a_1, a_2, \dots, a_n), \quad a_i \in \mathbb{I},$$

Notice that

$$\begin{aligned} \frac{4}{S}f_4(a, b, c) = & (U + V + C + D)^2 + 3 \left(U - V + \frac{C - D}{3} \right)^2 \\ & + \frac{4}{3}(3 + 3A - C^2 - CD - D^2), \end{aligned}$$

where

$$\begin{aligned} S &= \sum a^2b^2 - \sum a^2bc, \\ U &= \frac{\sum a^3b - \sum a^2bc}{S}, \\ V &= \frac{\sum ab^3 - \sum a^2bc}{S}. \end{aligned}$$

For $A = B = 0$, $C = -2$ and $D = 1$, we get the following inequality

$$a^4 + b^4 + c^4 + ab^3 + bc^3 + ca^3 \geq 2(a^3b + b^3c + c^3a),$$

with equality for $a = b = c$, and also for

$$\frac{a}{\sin \frac{\pi}{9}} = \frac{b}{\sin \frac{7\pi}{9}} = \frac{c}{\sin \frac{13\pi}{9}}$$

(or any cyclic permutation) - Vasile Cîrtoaje, 1991.

15. CYCLIC INEQUALITIES OF DEGREE THREE AND FOUR

Consider the third degree cyclic homogeneous polynomial

$$f_3(a, b, c) = \sum a^3 + Babc + C \sum a^2b + D \sum ab^2,$$

where B, C, D are real constants. The following theorem holds.

Theorem 1. *The cyclic inequality $f_3(a, b, c) \geq 0$ holds for all nonnegative numbers a, b, c if and only if*

$$f_3(1, 1, 1) \geq 0$$

and

$$f_3(a, 1, 0) \geq 0$$

for all $a \geq 0$.

Consider now the fourth degree cyclic homogeneous polynomial

$$f_4(a, b, c) = \sum a^4 + A \sum a^2b^2 + Babc \sum a + C \sum a^3b + D \sum ab^3,$$

where A, B, C, D are real constants.

The following theorem states the necessary and sufficient conditions that $f_4(a, b, c) \geq 0$ for all real numbers a, b, c .

Theorem 2 (Vasile Cîrtoaje, 2012). *The inequality $f_4(a, b, c) \geq 0$ holds for all real numbers a, b, c if and only if $g_4(t) \geq 0$ for all $t \geq 0$, where*

$$g_4(t) = 3(2 + A - C - D)t^4 - Ft^3 + 3(4 - B + C + D)t^2 + 1 + A + B + C + D,$$

$$F = \sqrt{27(C - D)^2 + E^2}, \quad E = 8 - 4A + 2B - C - D.$$

Note that in the special case $f_4(1, 1, 1) = 0$ (when $1 + A + B + C + D = 0$), Theorem 1 yields Theorem 0 from the preceding section 21.

The following theorem states some strong sufficient conditions that $f_4(a, b, c) \geq 0$ for all real numbers a, b, c .

Theorem 3 (Vasile Cîrtoaje, 2012). *The inequality $f_4(a, b, c) \geq 0$ holds for all real numbers a, b, c if the following two conditions are satisfied:*

- (a) $1 + A + B + C + D \geq 0$;
- (b) *there exists a real number $t \in (-\sqrt{3}, \sqrt{3})$ such that $f(t) \geq 0$, where*

$$f(t) = 2Gt^3 - (6 + 2A + B + 3C + 3D)t^2 + 2(1 + C + D)Gt + H,$$

$$G = \sqrt{1 + A + B + C + D}, \quad H = 2 + 2A - B - C - D - C^2 - CD - D^2.$$

The following theorem states the necessary and sufficient conditions that $f_4(a, b, c) \geq 0$ for all $a, b, c \geq 0$.

Theorem 4 (Vasile Cîrtoaje, 2013). *Let*

$$E = 8 - 4A + 2B - C - D, \quad F = \sqrt{27(C - D)^2 + E^2},$$

$$g_4(t) = 3(2 + A - C - D)t^4 - Ft^3 + 3(4 - B + C + D)t^2 + 1 + A + B + C + D,$$

$$g_3(t) = \frac{2E}{F}t^3 + 3t^2 - 1.$$

For $F = 0$, the inequality $f_4(a, b, c) \geq 0$ holds for all $a, b, c \geq 0$ if and only if $g_4(t) \geq 0$ for all $t \in [0, 1]$.

For $F \neq 0$, the inequality $f_4(a, b, c) \geq 0$ holds for all $a, b, c \geq 0$ if and only if the following two conditions are satisfied:

- (a) $g_4(t) \geq 0$ for all $t \in [0, t_1]$, where $t_1 \in [1/2, 1]$ such that $g_3(t_1) = 0$;
- (b) $f_4(a, 1, 0) \geq 0$ for all $a \geq 0$.

The following theorem states some strong sufficient conditions that $f_4(a, b, c) \geq 0$ for all $a, b, c \geq 0$.

Theorem 5 (Vasile Cîrtoaje, 2013). *The inequality $f_4(a, b, c) \geq 0$ holds for all $a, b, c \geq 0$ if*

$$1 + A + B + C + D \geq 0$$

and one of the following two conditions is satisfied:

- (a) $3(1 + A) \geq C^2 + CD + D^2$;
- (b) $3(1 + A) < C^2 + CD + D^2$, and there exists $t \geq 0$ such that

$$(C + 2D)t^2 + 6t + 2C + D \geq 2\sqrt{(t^4 + t^2 + 1)(C^2 + CD + D^2 - 3 - 3A)}.$$

16. VASC'S EXPONENTIAL INEQUALITY

Let $0 < k \leq e$.

- (a) If $a, b > 0$, then (Vasile Cîrtoaje, 2006)

$$a^{ka} + b^{kb} \geq a^{kb} + b^{ka};$$

- (b) If $a, b \in (0, 1]$, then (Vasile Cîrtoaje, 2010)

$$2\sqrt{a^{ka}b^{kb}} \geq a^{kb} + b^{ka}.$$

Appendix B

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